

# Englist.me



## Vocabulary Builder Reference from...

Charles P. Smith: How the US can address the tragedy of veteran suicide | TED Talk

[https://www.ted.com/talks/charles\\_p\\_smith\\_how\\_the\\_us\\_can\\_address\\_the\\_tragedy\\_of\\_veteran\\_suicide](https://www.ted.com/talks/charles_p_smith_how_the_us_can_address_the_tragedy_of_veteran_suicide)

### All Words

#### IMPORTANT

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## Session 1: Word List

### puffy

*adj.* swollen or distended, especially with air or gas;

*synonym* : swollen, distended, inflated

(1) **puffy** off-shore winds, (2) **puffy** eyes

His cheeks looked **puffy** after he overate junk food.

### lieutenant

*n.* a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer

*synonym* : second-in-command, adjutant, deputy

(1) **lieutenant** general, (2) second **lieutenant**

After years of hard work, he finally got promoted to

**lieutenant**.

### fog

*n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water

*synonym* : cloud, mist, smog

(1) a dense **fog**, (2) front **fog** lights

The **fog** cleared away, and the star-filled sky appeared.

### communicate

*v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

*synonym* : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

## process

*n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

*synonym* : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

## veteran

*n.* a person who has had long experience in a particular area or activity

*synonym* : expert, pro, vet

(1) A 20-year **veteran** in the industry, (2) **veteran** teacher

The **veteran** soldiers have the role of teaching recruits the stringencies of training.

## communal

*adj.* belonging to or used by a group rather than individuals; for common use

*synonym* : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

**Communal** elections were held in several European countries.

## defend

*v.* to protect someone or something from attack, criticism, danger, etc.

*synonym* : protect, guard, support

(1) **defend** my country, (2) **defend** against a threat

International law allows each nation to **defend** itself when its rights and interests are illegally violated.

## nation

*n.* a large organized community of people living in a particular country or region and having a particular culture

*synonym* : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## associate

*v.* to mentally connect someone or something with someone or something else

*synonym* : tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

## suicide

*n.* the act of killing yourself intentionally

*synonym* : self-destruction, self-annihilation, felo-de-se

(1) commit **suicide**, (2) **suicide** attack

In an economically prosperous country, most male **suicide** is due to child support problems.

## priority

*n.* something that is more important than other things and should be dealt with first

*synonym* : importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly

Her **priority** is to be a mother.

## calculated

*adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

*synonym* : premeditated, willful, deliberate

(1) **calculated** bankruptcy, (2) **calculated** crime

The company made a **calculated** decision to invest in new technology.

## terror

*n.* intense fear; a state of intense fear or alarm

*synonym* : fear, alarm, horror

(1) **terror** attack, (2) **terror** group

The bomb blast spread **terror** among the people.

## approximate

*adj.* nearly accurate or correct, but not completely so

*synonym*: rough, close, near

(1) linear **approximate** equation, (2) **approximate** time

The **approximate** cost of the project was estimated to be around \$500,000.

## casualty

*n.* a person who has been killed or injured in a war, accident, or other disasters; a victim

*synonym*: victim, injured, fatality

(1) civilian **casualty**, (2) military **casualty**

Unfortunately, the driver was the only **casualty** in the car accident.

## specifically

*adv.* only associated with or meant for one thing

*synonym*: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

## frame

*n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

*synonym*: body, skeleton, scaffolding

(1) a picture **frame**, (2) the **frame** of the policy

The detective looked for fingerprints on the window **frame**.

## approximately

*adv.* close to a specific number or time but not exactly that number or time

*synonym*: about, around, roughly

(1) **approximately** 3 feet long, (2) **approximately** same

This trail takes **approximately** 2.5 hours.

## staggering

*adj.* so shocking as to stun or overwhelm

*synonym*: astounding, astonishing, stunning

(1) **staggering** number, (2) a **staggering** defeat  
The amount of money required was **staggering**.

## genetic

*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes

*synonym* : hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder

Understanding protein folding is a vital step in deciphering the **genetic** code.

## traumatic

*adj.* relating to or caused by injury, especially emotional injury

*synonym* : distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

## disorder

*n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

*synonym* : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

## evaluate

*v.* to assess or estimate the quality, significance, quantity, or value of something

*synonym* : assess, estimate, consider

(1) **evaluate** the grant proposal, (2) **evaluate** a situation

The meeting aims to **evaluate** possible choices.

## determinant

*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym* : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop

yields

One **determinant** of success is having a positive attitude and a strong work ethic.

## detect

v. to find or recognize something, especially something difficult to see, hear, etc.

*synonym*: catch, observe, notice

(1) **detect** a bad event, (2) **detect** smuggling across borders

The security camera has **detected** four intruders.

## suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym*: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## military

*adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare

*synonym*: armed, martial, warlike

(1) a **military** operation, (2) a **military** leader

The **military** academy was known for its strict discipline and training.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym*: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## vocational

*adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job

*synonym*: occupational, technical, specialized

(1) **vocational** training, (2) **vocational** school

The in-house system provided traineeships in **vocational**

rehabilitation.

## recruit

*v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

*synonym*: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

## attend

*v.* to be present at an event, to go to a place

*synonym*: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

## mandatory

*adj.* required by a rule or law, compulsory

*synonym*: compulsory, obligatory, required

(1) a **mandatory** clause, (2) **mandatory** training

Attendance at the meeting is **mandatory** for all employees.

## terminal

*n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route

*synonym*: endpoint, final, concluding

(1) **terminal** disease, (2) a **terminal** syllable

The **terminal** at the airport is where passengers catch their flights.

## discharge

*v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

*synonym*: release, emit, expel

(1) **discharge** water, (2) **discharge** a contract

The hospital will **discharge** the patient as soon as their condition stabilizes.

## in-person

*adv.* taking place with someone physically present together in the same place rather than on the phone, e-mail, or video link:

*synonym* : directly, physically, personally

(1) **in-person** performance, (2) get an **in-person** appointment

The virtual world is quite different from the **in-person** world.

## improve

*v.* to make or become better

*synonym* : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

## medication

*n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

*synonym* : cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

## alcohol

*n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

*synonym* : booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**

There is a clear association between **alcohol** consumption and cognitive decline.

## abuse

*n.* the use of something in an incorrect or harmful manner

*synonym* : misuse, misconduct, vilification

(1) the problem of drug **abuse**, (2) victim of sexual **abuse**

Our company has an audit team that monitors directors for **abuse** of authority.

## opioid

*n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted



(1) an **opioid** analgesic, (2) **opioid** receptor  
Treatment for **opioid** dependence may be a long-term process.

## epidemic

*n.* the widespread outbreak of a particular disease in a large number of people at the same time  
*synonym*: outbreak, contagion, plague

(1) a worldwide **epidemic**, (2) health **epidemic**  
The disease is now reaching **epidemic** proportions in our country.

## marine

*adj.* relating to the sea and the creatures and plants that live there  
*synonym*: sea-dwelling, maritime, aquatic

(1) **marine** insurance, (2) variety of **marine** life  
Seals and whales are **marine** animals beloved by the people.

## alarming

*adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing  
*synonym*: forbidding, concerning, disturbing

(1) **alarming** news, (2) **alarming** statistics  
The sudden rise in crime rates in our neighborhood is quite **alarming**.

## prescribe

*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something  
*synonym*: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph  
Federal bankruptcy laws **prescribed** the reorganization process.

## addict

*n.* a person who cannot stop using or doing something as a habit, especially something harmful  
*synonym*: devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

## **painkiller**

*n.* medicine used to relieve physical pain

*synonym*: anesthetic, anodyne, analgesic

(1) a strong **painkiller**, (2) take a **painkiller** beforehand

Over-the-counter **painkillers** are less effective for patients who have taken many in the past.

## **mask**

*v.* to conceal something; (noun) a covering that you wear over your face to hide it

*synonym*: disguise, camouflage, conceal

(1) **mask** body odor, (2) an oxygen **mask**

The politician tried to **mask** the corruption.

## **horrific**

*adj.* causing horror or disgust; gruesome and terrifying

*synonym*: terrifying, alarming, shocking

(1) **horrific** experience, (2) **horrific** condition

The accident scene was **horrific**, with bodies and debris scattered everywhere.

## **eventually**

*adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

*synonym*: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

## **overdose**

*n.* excessive and dangerous ingestion or application of a drug

*synonym*: superfluousness, exuberance, excessiveness

(1) **overdose** of alcohol, (2) opioid **overdose**

It would help if you refrained from an **overdose** of caffeine.

## diagnose

*v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

*synonym*: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

## transition

*n.* the process or period of changing from one state or circumstance to another

*synonym*: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

## affair

*n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship

*synonym*: matter, incident, fling

(1) current **affairs**, (2) domestic **affairs**

Some critics say this exhibition will be a big **affair**.

## privacy

*n.* someone's right to keep their personal matters and relationships not watched or interrupted by other people

*synonym*: seclusion, aloneness, solitariness

(1) **privacy** abuse, (2) trespass on a person's **privacy**

This conduct would be an invasion of **privacy**.

## legislate

*v.* to make or enact laws; to exert control or influence through the creation or enforcement of laws

*synonym*: enact, pass, establish

(1) **legislate** gun control, (2) **legislate** against discrimination

The government needs to **legislate** stricter laws to protect the environment.

## database

*n.* a large amount of data stored in a computer system in such a way that it can be searched and updated easily

(1) **database** administrator, (2) employee **database**

Each country's officials can access the central **database**.

## excess

*n.* an amount or quantity beyond what is acceptable, expected, or reasonable

*synonym*: exuberance, glut, surplus

(1) lose **excess** weight, (2) an **excess** of exports

The road of **excess** leads to the palace of wisdom.

## committed

*adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something

*synonym*: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

## battalion

*n.* a large, organized military unit composed of several companies, typically commanded by a lieutenant colonel or a major

*synonym*: unit, regiment, squad

(1) infantry **battalion**, (2) armored **battalion**

The enemy forces were no match for the well-trained **battalion**.

## estimate

*v.* to guess or calculate the cost, size, value, etc. of something

*synonym*: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

## identify

*v.* to recognize someone or something and say or prove who or what they are

*synonym*: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of

the malfunction.

## contingency

*n.* a future event or circumstance that is possible but not certain; an eventuality; a plan or strategy that is put into place in the event that a particular situation arises

*synonym*: backup, emergency, plan B

(1) emergency **contingency**, (2) **contingency** fund

We need to have a **contingency** plan in case of an emergency.

## participate

*v.* to take part in something

*synonym*: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## susceptible

*adj.* easily influenced, harmed, or affected by something

*synonym*: exposed, liable, gullible

(1) a **susceptible** young woman, (2) **susceptible** of proof

Well-stretched muscles are less **susceptible** to injury.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym*: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## deploy

*v.* to move troops or weapons into a position or military action; to bring into something in an effective way

*synonym*: set up, expand, launch

(1) **deploy** troops for battle, (2) **deploy** safety measures

This country **deployed** its weapons in the east region.

## **counseling**

*n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

*synonym*: therapy, guidance, advice

(1) **counseling** about risk management, (2) career **counseling**

I am going to **counseling** to work through my anxiety and depression.

## **discuss**

*v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

*synonym*: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

## Session 2: Spelling

1. cal\_\_\_\_\_ed bankruptcy *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
2. lose ex\_\_\_s weight *n.* an amount or quantity beyond what is acceptable, expected, or reasonable
3. id\_\_\_\_\_fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
4. infantry ba\_\_\_\_\_on *n.* a large, organized military unit composed of several companies, typically commanded by a lieutenant colonel or a major
5. sus\_\_\_\_\_le of proof *adj.* easily influenced, harmed, or affected by something
6. linear app\_\_\_\_\_te equation *adj.* nearly accurate or correct, but not completely so
7. a drug ad\_\_\_\_t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
8. par\_\_\_\_\_te in the program *v.* to take part in something
9. de\_\_\_\_\_p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 1. calculated, 2. excess, 3. identify, 4. battalion, 5. susceptible, 6. approximate, 7. addict, 8. participate, 9. develop

10. im\_\_\_\_\_e the test score      *v.* to make or become better
11. ho\_\_\_\_\_ic experience      *adj.* causing horror or disgust; gruesome and terrifying
12. ma\_\_\_\_\_e insurance      *adj.* relating to the sea and the creatures and plants that live there
13. re\_\_\_\_\_t a new hire      *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
14. co\_\_\_\_\_al swimming pool      *adj.* belonging to or used by a group rather than individuals; for common use
15. es\_\_\_\_\_te a fair value      *v.* to guess or calculate the cost, size, value, etc. of something
16. ev\_\_\_\_\_te a situation      *v.* to assess or estimate the quality, significance, quantity, or value of something
17. com\_\_\_\_\_te his anxieties to the psychiatrist      *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
18. current af\_\_\_\_\_rs      *n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship
19. a sta\_\_\_\_\_ng defeat      *adj.* so shocking as to stun or overwhelm
20. di\_\_\_\_\_se the problem      *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
21. people with bipolar di\_\_\_\_\_er      *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

ANSWERS: 10. improve, 11. horrific, 12. marine, 13. recruit, 14. communal, 15. estimate, 16. evaluate, 17. communicate, 18. affair, 19. staggering, 20. diagnose, 21. disorder



22. a dense f\_g *n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
23. de\_\_\_\_p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
24. di\_\_\_\_\_ge water *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
25. in\_\_\_\_\_on performance *adv.* taking place with someone physically present together in the same place rather than on the phone, e-mail, or video link:
26. app\_\_\_\_\_ely same *adv.* close to a specific number or time but not exactly that number or time
27. al\_\_\_\_\_ng news *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
28. de\_\_\_d my country *v.* to protect someone or something from attack, criticism, danger, etc.
29. a mi\_\_\_\_\_ry leader *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare

ANSWERS: 22. fog, 23. develop, 24. discharge, 25. in-person, 26. approximately, 27. alarming, 28. defend, 29. military

30. a worldwide ep\_\_\_\_ic *n.* the widespread outbreak of a particular disease in a large number of people at the same time
31. pu\_\_y eyes *adj.* swollen or distended, especially with air or gas;
32. an op\_\_\_\_d analgesic *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
33. op\_\_\_\_d receptor *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
34. con\_\_\_\_cy fund *n.* a future event or circumstance that is possible but not certain; an eventuality; a plan or strategy that is put into place in the event that a particular situation arises
35. a seafaring na\_\_\_\_n *n.* a large organized community of people living in a particular country or region and having a particular culture
36. eve\_\_\_\_ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
37. a sus\_\_\_\_le young woman *adj.* easily influenced, harmed, or affected by something
38. app\_\_\_\_te time *adj.* nearly accurate or correct, but not completely so

ANSWERS: 30. epidemic, 31. puffy, 32. opioid, 33. opioid, 34. contingency, 35. nation, 36. eventually, 37. susceptible, 38. approximate

39. tr\_\_\_\_\_ic event *adj.* relating to or caused by injury, especially emotional injury
40. eve\_\_\_\_\_ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
41. te\_\_\_\_r group *n.* intense fear; a state of intense fear or alarm
42. an oxygen m\_\_k *v.* to conceal something; (noun) a covering that you wear over your face to hide it
43. stop drinking al\_\_\_\_\_l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
44. variety of ma\_\_\_\_e life *adj.* relating to the sea and the creatures and plants that live there
45. ve\_\_\_\_\_n teacher *n.* a person who has had long experience in a particular area or activity
46. strong and co\_\_\_\_\_ed sales staff *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
47. cou\_\_\_\_\_ng about risk management *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
48. med\_\_\_\_\_on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
49. career cou\_\_\_\_\_ng *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

ANSWERS: 39. traumatic, 40. eventually, 41. terror, 42. mask, 43. alcohol, 44. marine, 45. veteran, 46. committed, 47. counseling, 48. medication, 49. counseling

50. environmental det\_\_\_\_\_nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
51. for spe\_\_\_\_\_lly American customers *adv.* only associated with or meant for one thing
52. Internet ad\_\_\_\_t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
53. designed spe\_\_\_\_\_lly for men *adv.* only associated with or meant for one thing
54. domestic af\_\_\_\_rs *n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship
55. co\_\_\_\_\_al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
56. tr\_\_\_\_\_ic brain injury *adj.* relating to or caused by injury, especially emotional injury
57. de\_\_\_\_y troops for battle *v.* to move troops or weapons into a position or military action; to bring into something in an effective way
58. de\_\_\_\_d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
59. a strong pai\_\_\_\_\_er *n.* medicine used to relieve physical pain
60. te\_\_\_\_r attack *n.* intense fear; a state of intense fear or alarm
61. a me\_\_\_\_\_l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 50. determinant, 51. specifically, 52. addict, 53. specifically, 54. affair, 55. communal, 56. traumatic, 57. deploy, 58. defend, 59. painkiller, 60. terror, 61. medical

62. na\_\_\_n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
63. diluted al\_\_\_\_\_l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
64. app\_\_\_\_\_ely 3 feet long *adv.* close to a specific number or time but not exactly that number or time
65. m\_\_k body odor *v.* to conceal something; (noun) a covering that you wear over your face to hide it
66. su\_\_\_r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
67. di\_\_\_\_\_ge a contract *v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy
68. armored ba\_\_\_\_\_on *n.* a large, organized military unit composed of several companies, typically commanded by a lieutenant colonel or a major
69. a det\_\_\_\_\_nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
70. da\_\_\_\_\_se administrator *n.* a large amount of data stored in a computer system in such a way that it can be searched and updated easily

ANSWERS: 62. nation, 63. alcohol, 64. approximately, 65. mask, 66. suffer, 67. discharge, 68. battalion, 69. determinant, 70. database

71. pr\_\_\_\_ty call *n.* something that is more important than other things and should be dealt with first
72. a picture fr\_\_e *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
73. de\_\_\_t smuggling across borders *v.* to find or recognize something, especially something difficult to see, hear, etc.
74. lie\_\_\_\_\_nt general *n.* a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer
75. re\_\_\_\_t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
76. su\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
77. the files are in complete di\_\_\_\_\_er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
78. voc\_\_\_\_\_al training *adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job
79. a mi\_\_\_\_\_ry operation *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare

ANSWERS: 71. priority, 72. frame, 73. detect, 74. lieutenant, 75. recruit, 76. suffer, 77. disorder, 78. vocational, 79. military

80. su\_\_\_\_\_e attack *n.* the act of killing yourself intentionally
81. di\_\_\_\_\_se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
82. ho\_\_\_\_\_ic condition *adj.* causing horror or disgust; gruesome and terrifying
83. com\_\_\_\_\_te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
84. front f\_g lights *n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
85. sta\_\_\_\_\_ng number *adj.* so shocking as to stun or overwhelm
86. cal\_\_\_\_\_ed crime *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
87. ensure a smooth tra\_\_\_\_\_on *n.* the process or period of changing from one state or circumstance to another
88. in a co\_\_\_\_\_ed relationship *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
89. le\_\_\_\_\_te gun control *v.* to make or enact laws; to exert control or influence through the creation or enforcement of laws
90. ma\_\_\_\_\_ry training *adj.* required by a rule or law, compulsory

ANSWERS: 80. suicide, 81. diagnose, 82. horrific, 83. communicate, 84. fog, 85. staggering, 86. calculated, 87. transition, 88. committed, 89. legislate, 90. mandatory

91. im\_\_\_\_\_e a process                      *v.*    to make or become better
92. voc\_\_\_\_\_al school                      *adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job
93. health ep\_\_\_\_\_ic                      *n.*    the widespread outbreak of a particular disease in a large number of people at the same time
94. par\_\_\_\_\_te fully in conversation                      *v.*    to take part in something
95. A 20-year ve\_\_\_\_\_n in the industry                      *n.*    a person who has had long experience in a particular area or activity
96. temporary me\_\_\_\_\_l treatment                      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
97. a ge\_\_\_\_\_c disorder                      *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
98. victim of sexual ab\_\_\_e                      *n.*    the use of something in an incorrect or harmful manner
99. emergency con\_\_\_\_\_cy                      *n.*    a future event or circumstance that is possible but not certain; an eventuality; a plan or strategy that is put into place in the event that a particular situation arises
100. id\_\_\_\_\_fy handwriting                      *v.*    to recognize someone or something and say or prove who or what they are
101. le\_\_\_\_\_te against discrimination                      *v.*    to make or enact laws; to exert control or influence through the creation or enforcement of laws

ANSWERS: 91. improve, 92. vocational, 93. epidemic, 94. participate, 95. veteran, 96. medical, 97. genetic, 98. abuse, 99. contingency, 100. identify, 101. legislate



102. di\_\_\_\_s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
103. second lie\_\_\_\_\_nt *n.* a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer
104. pu\_\_y off-shore winds *adj.* swollen or distended, especially with air or gas;
105. the fr\_\_e of the policy *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
106. an ex\_\_\_s of exports *n.* an amount or quantity beyond what is acceptable, expected, or reasonable
107. a te\_\_\_\_\_al syllable *n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route
108. di\_\_\_\_s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
109. decision-making pr\_\_\_\_s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 102. discuss, 103. lieutenant, 104. puffy, 105. frame, 106. excess, 107. terminal, 108. discuss, 109. process

110. ev\_\_\_\_\_te the grant proposal      *v.* to assess or estimate the quality, significance, quantity, or value of something
111. pr\_\_\_\_\_be in the preceding paragraph      *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
112. at\_\_\_\_d a meeting      *v.* to be present at an event, to go to a place
113. trespass on a person's pr\_\_\_\_\_y      *n.* someone's right to keep their personal matters and relationships not watched or interrupted by other people
114. ov\_\_\_\_\_se of alcohol      *n.* excessive and dangerous ingestion or application of a drug
115. as\_\_\_\_\_te alcohol with gambling      *v.* to mentally connect someone or something with someone or something else
116. civilian ca\_\_\_\_\_ty      *n.* a person who has been killed or injured in a war, accident, or other disasters; a victim
117. opioid ov\_\_\_\_\_se      *n.* excessive and dangerous ingestion or application of a drug
118. military ca\_\_\_\_\_ty      *n.* a person who has been killed or injured in a war, accident, or other disasters; a victim
119. have ge\_\_\_\_\_c testing      *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
120. pr\_\_\_\_\_ty seating for elderly      *n.* something that is more important than other things and should be dealt with first

ANSWERS: 110. evaluate, 111. prescribe, 112. attend, 113. privacy, 114. overdose, 115. associate, 116. casualty, 117. overdose, 118. casualty, 119. genetic, 120. priority

121. commit su\_\_\_\_e *n.* the act of killing yourself intentionally
122. es\_\_\_\_te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
123. get an in\_\_\_\_\_on appointment *adv.* taking place with someone physically present together in the same place rather than on the phone, e-mail, or video link:
124. pr\_\_\_\_\_s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
125. the problem of drug ab\_\_e *n.* the use of something in an incorrect or harmful manner
126. at\_\_\_\_d service *v.* to be present at an event, to go to a place
127. te\_\_\_\_\_al disease *n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route
128. pr\_\_\_\_\_y abuse *n.* someone's right to keep their personal matters and relationships not watched or interrupted by other people
129. tra\_\_\_\_\_on phase *n.* the process or period of changing from one state or circumstance to another

ANSWERS: 121. suicide, 122. estimate, 123. in-person, 124. process, 125. abuse, 126. attend, 127. terminal, 128. privacy, 129. transition

130. pr\_\_\_\_\_be a drug                      *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
131. employee da\_\_\_\_\_se                      *n.* a large amount of data stored in a computer system in such a way that it can be searched and updated easily
132. de\_\_\_\_y safety measures                      *v.* to move troops or weapons into a position or military action; to bring into something in an effective way
133. antibiotic med\_\_\_\_\_on                      *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
134. take a pai\_\_\_\_\_er beforehand                      *n.* medicine used to relieve physical pain
135. al\_\_\_\_\_ng statistics                      *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
136. as\_\_\_\_\_te with people widely                      *v.* to mentally connect someone or something with someone or something else
137. de\_\_\_\_t a bad event                      *v.* to find or recognize something, especially something difficult to see, hear, etc.
138. a ma\_\_\_\_\_ry clause                      *adj.* required by a rule or law, compulsory

ANSWERS: 130. prescribe, 131. database, 132. deploy, 133. medication, 134. painkiller, 135. alarming, 136. associate, 137. detect, 138. mandatory

## Session 3: Fill in the Blanks

1. We must \_\_\_\_\_ to this matter.  
*v.* to be present at an event, to go to a place
2. I am going to \_\_\_\_\_ to work through my anxiety and depression.  
*n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
3. The bomb blast spread \_\_\_\_\_ among the people.  
*n.* intense fear; a state of intense fear or alarm
4. We need to \_\_\_\_\_ the next steps for the project during our meeting tomorrow.  
*v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
5. The politician tried to \_\_\_\_\_ the corruption.  
*v.* to conceal something; (noun) a covering that you wear over your face to hide it
6. The \_\_\_\_\_ cost of the project was estimated to be around \$500,000.  
*adj.* nearly accurate or correct, but not completely so
7. The meeting aims to \_\_\_\_\_ possible choices.  
*v.* to assess or estimate the quality, significance, quantity, or value of something
8. The \_\_\_\_\_ team worked quickly to save the patient's life.  
*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 1. attend, 2. counseling, 3. terror, 4. discuss, 5. mask, 6. approximate, 7. evaluate, 8. medical

9. The corporation \_\_\_\_\_ dominated the entire tobacco business.  
*adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
10. Some critics say this exhibition will be a big \_\_\_\_\_.  
*n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship
11. The road of \_\_\_\_\_ leads to the palace of wisdom.  
*n.* an amount or quantity beyond what is acceptable, expected, or reasonable
12. This country \_\_\_\_\_ its weapons in the east region.  
*v.* to move troops or weapons into a position or military action; to bring into something in an effective way
13. In an economically prosperous country, most male \_\_\_\_\_ is due to child support problems.  
*n.* the act of killing yourself intentionally
14. The \_\_\_\_\_ at the airport is where passengers catch their flights.  
*n.* a building or place where buses, trains, or airplanes stop and where passengers or goods can be picked up or dropped off; (adjective) of or situated at the ends of a delivery route
15. Understanding protein folding is a vital step in deciphering the \_\_\_\_\_ code.  
*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
16. Our company has an audit team that monitors directors for \_\_\_\_\_ of authority.  
*n.* the use of something in an incorrect or harmful manner

ANSWERS: 9. eventually, 10. affair, 11. excess, 12. deployed, 13. suicide, 14. terminal, 15. genetic, 16. abuse

17. This device is used to \_\_\_\_\_ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

18. We \_\_\_\_\_ the season's total trade deficit at \$50 billion.

- v.* to guess or calculate the cost, size, value, etc. of something

19. Seals and whales are \_\_\_\_\_ animals beloved by the people.

- adj.* relating to the sea and the creatures and plants that live there

20. \_\_\_\_\_ elections were held in several European countries.

- adj.* belonging to or used by a group rather than individuals; for common use

21. Her \_\_\_\_\_ is to be a mother.

- n.* something that is more important than other things and should be dealt with first

22. The government needs to \_\_\_\_\_ stricter laws to protect the environment.

- v.* to make or enact laws; to exert control or influence through the creation or enforcement of laws

23. The detective looked for fingerprints on the window \_\_\_\_\_.

- n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

24. The \_\_\_\_\_ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 17. diagnose, 18. estimated, 19. marine, 20. Communal, 21. priority, 22. legislate, 23. frame, 24. process

25. We need to have a \_\_\_\_\_ plan in case of an emergency.  
*n.* a future event or circumstance that is possible but not certain; an eventuality; a plan or strategy that is put into place in the event that a particular situation arises
26. The colonial government \_\_\_\_\_ militia support when civil war broke out.  
*v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
27. The company made a \_\_\_\_\_ decision to invest in new technology.  
*adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
28. Federal bankruptcy laws \_\_\_\_\_ the reorganization process.  
*v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
29. It would help if you refrained from an \_\_\_\_\_ of caffeine.  
*n.* excessive and dangerous ingestion or application of a drug
30. Attendance at the meeting is \_\_\_\_\_ for all employees.  
*adj.* required by a rule or law, compulsory
31. Well-stretched muscles are less \_\_\_\_\_ to injury.  
*adj.* easily influenced, harmed, or affected by something
32. The accident scene was \_\_\_\_\_ with bodies and debris scattered everywhere.  
*adj.* causing horror or disgust; gruesome and terrifying

ANSWERS: 25. contingency, 26. recruited, 27. calculated, 28. prescribed, 29. overdose, 30. mandatory, 31. susceptible, 32. horrific,



33. We want to \_\_\_\_\_ ties between our two countries.

*v.* to make or become better

34. The \_\_\_\_\_ soldiers have the role of teaching recruits the stringencies of training.

*n.* a person who has had long experience in a particular area or activity

35. The virtual world is quite different from the \_\_\_\_\_ world.

*adv.* taking place with someone physically present together in the same place rather than on the phone, e-mail, or video link:

36. Over-the-counter \_\_\_\_\_ are less effective for patients who have taken many in the past.

*n.* medicine used to relieve physical pain

37. This ad campaign is aimed \_\_\_\_\_ at young women.

*adv.* only associated with or meant for one thing

38. The hospital will \_\_\_\_\_ the patient as soon as their condition stabilizes.

*v.* to release or let go of something or someone; to dismiss or terminate an employee or member of an organization; to emit or give off a substance or energy

39. The in-house system provided traineeships in \_\_\_\_\_ rehabilitation.

*adj.* of or relating to an occupation or employment; providing or undergoing training in special skills that prepare you for a particular job

40. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 33. improve, 34. veteran, 35. in-person, 36. painkillers, 37. specifically, 38. discharge, 39. vocational, 40. suffers

41. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
42. The pharmacist not only prescribes the \_\_\_\_\_ but also guides its proper use.
- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
43. Unfortunately, the driver was the only \_\_\_\_\_ in the car accident.
- n.* a person who has been killed or injured in a war, accident, or other disasters; a victim
44. The amount of money required was \_\_\_\_\_.
- adj.* so shocking as to stun or overwhelm
45. One \_\_\_\_\_ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
46. The enemy forces were no match for the well-trained \_\_\_\_\_.
- n.* a large, organized military unit composed of several companies, typically commanded by a lieutenant colonel or a major
47. The sudden rise in crime rates in our neighborhood is quite \_\_\_\_\_.
- adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
48. Dolphins use sound to \_\_\_\_\_ with each other.
- v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 41. nation, 42. medication, 43. casualty, 44. staggering, 45. determinant, 46. battalion, 47. alarming, 48. communicate

49. This trail takes \_\_\_\_\_ 2.5 hours.

*adv.* close to a specific number or time but not exactly that number or time

50. The nation's healthcare system is in \_\_\_\_\_ at the moment.

*n.* the process or period of changing from one state or circumstance to another

51. This conduct would be an invasion of \_\_\_\_\_.

*n.* someone's right to keep their personal matters and relationships not watched or interrupted by other people

52. After years of hard work, he finally got promoted to \_\_\_\_\_.

*n.* a deputy or subordinate officer; a military officer ranking below a captain; a naval rank or officer

53. The security camera has \_\_\_\_\_ four intruders.

*v.* to find or recognize something, especially something difficult to see, hear, etc.

54. Our company is strongly \_\_\_\_\_ to meeting customers' needs.

*adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something

55. The experience was so \_\_\_\_\_ that it left a lasting impact on the survivor's mental health.

*adj.* relating to or caused by injury, especially emotional injury

56. International law allows each nation to \_\_\_\_\_ itself when its rights and interests are illegally violated.

*v.* to protect someone or something from attack, criticism, danger, etc.

ANSWERS: 49. approximately, 50. transition, 51. privacy, 52. lieutenant, 53. detected, 54. committed, 55. traumatic, 56. defend

57. The doctor prescribed some medicine for the mental \_\_\_\_\_.
- n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
58. The \_\_\_\_ cleared away, and the star-filled sky appeared.
- n.* a thick cloud consisting of tiny water droplets or ice crystals suspended in the air at or near the Earth's surface; a weather condition in which visibility is reduced because of a cloud of water
59. I will introduce you to how to \_\_\_\_\_ the leading causes of the malfunction.
- v.* to recognize someone or something and say or prove who or what they are
60. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.
- v.* to take part in something
61. The majority of consumers \_\_\_\_\_ this brand with quality.
- v.* to mentally connect someone or something with someone or something else
62. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
63. The \_\_\_\_\_ academy was known for its strict discipline and training.
- adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
64. There is a clear association between \_\_\_\_\_ consumption and cognitive decline.
- n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

ANSWERS: 57. disorder, 58. fog, 59. identify, 60. participated, 61. associate, 62. develop, 63. military, 64. alcohol

65. His cheeks looked \_\_\_\_\_ after he overate junk food.

*adj.* swollen or distended, especially with air or gas;

66. We have become TV \_\_\_\_\_ due to video streaming services.

*n.* a person who cannot stop using or doing something as a habit, especially something harmful

67. The disease is now reaching \_\_\_\_\_ proportions in our country.

*n.* the widespread outbreak of a particular disease in a large number of people at the same time

68. Treatment for \_\_\_\_\_ dependence may be a long-term process.

*n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

69. Each country's officials can access the central \_\_\_\_\_.

*n.* a large amount of data stored in a computer system in such a way that it can be searched and updated easily

ANSWERS: 65. puffy, 66. addicts, 67. epidemic, 68. opioid, 69. database