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Vocabulary Builder Reference from...

Cheryl Holder: The link between climate change, health and poverty | TED Talk

https://www.ted.com/talks/cheryl_holder_the_link_between_climate_change_health_and_poverty

All Words

IMPORTANT

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Session 1: Word List

cram

v. to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space

synonym : stuff, pack, jam

(1) **cram** more circuits into chips, (2) **cram** five people into a car

She had to **cram** for the final exam and stayed up all night studying.

walk-up

n. a type of apartment or building with residential units accessible only by stairs and lacking an elevator or lift

synonym : low-rise, apartment

(1) **walk-up** apartment, (2) **walk-up** bar

The apartment building only has a **walk-up** entrance, which can be difficult for people with mobility issues.

span

n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym : interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**

He slightly modified the **span** of training because it was just

before a match.

initially

adv. at the beginning; at first

synonym : originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor
This train departed later than **initially** scheduled.

rambunctious

adj. marked by uncontrollable exuberance or high spirits; boisterous and unruly; difficult to control or restrain

synonym : boisterous, rowdy, unruly

(1) **rambunctious** behavior, (2) **rambunctious** children
The **rambunctious** puppies played in the yard until they fell asleep.

hitch

v. to move something into a different position jerkily; to travel by getting free rides from motorists; to hook or entangle

synonym : fasten, jerk, tether

(1) **hitch** a ride, (2) **hitch** up my trousers

The mechanics **hitched** the trailer to the broken-down car.

rear

adj. at, toward, or near the back part of something; (verb) to look after a child until it is an adult

synonym : back, end, behind

(1) the **rear** gate, (2) **rear** children

The player quickly went to the **rear** side of the defender.

bumper

n. a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way

synonym : buffer, guard, fender

(1) **bumper** crop, (2) **bumper** sale

The **bumper** of my car was dented in the accident.

squeal

v. to make a high-pitched, shrill sound, usually as a result of pain, excitement, or surprise; to reveal something

secret or incriminating to an authority figure

synonym : scream, shriek, yelp

(1) **squeal** with delight, (2) **squeal** in agony

The children were playing and **squealing** with excitement in the park.

laughter

n. the act or sound of laughing

synonym : laugh, chuckle, giggle

(1) **laughter** all around, (2) bring **laughter**

Some doctor says **laughter** is the best medicine.

intersperse

v. to scatter or distribute among or between other things; to insert or place something at intervals

synonym : scatter, distribute, insert

(1) **intersperse** his speech, (2) **intersperse** exclamation marks

The author **interspersed** anecdotes throughout the book to break up the text and make it more engaging.

grab

v. to take hold of something or someone suddenly with a hand, especially in a violent way

synonym : clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity

Shall we **grab** a bite to eat?

roll

v. to move in a particular direction by turning over and over or from side to side

synonym : spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

scream

v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

synonym : cry, shout, yell

(1) **scream** a profanity, (2) **scream** at him to be quiet
She kept **screaming** for an ambulance.

abrupt

adj. sudden and unexpected

synonym: sudden, unexpected, quick

(1) **abrupt** departure, (2) speak in an **abrupt** manner

The sudden, **abrupt** change in weather caught everyone by surprise.

rider

n. a clause, amendment, or stipulation added to a legal document or bill; a person who rides on or operates a vehicle or animal; a person who travels a specified distance on horseback to deliver a message

synonym: passenger, commuter, traveler

(1) a motorcycle **rider**, (2) **rider** to a bill

The horse **rider** won first place in the equestrian competition.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym: adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror

You have to **adjust** your content to the age of the audience.

lurch

v. to make a sudden, abrupt movement; to stagger or sway unsteadily; to experience a sudden change or reversal;
(noun) a sudden, unsteady, or awkward movement or motion, often to one side or another

synonym: stumble, reel, stagger

(1) a **lurch** in the stock market, (2) **lurch** back and forth

The car suddenly **lurched** forward as we hit a pothole.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

ambulance

n. a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities

(1) dispatch an **ambulance**, (2) **ambulance** service

The **ambulance** crew quickly stabilized the patient before transporting them to the hospital.

AI

n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

synonym: robot, machine learning, neural network

(1) **AI** expert, (2) apply **AI** technology to art

The evolution of processors has dramatically improved the performance of **AI**.

frustrate

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym: hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym: raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

patrol

n. the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation

synonym: guard, watch, surveillance

(1) **patrol** car, (2) border **patrol**

The highway **patrol** officer pulled over the speeding vehicle on the freeway.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

underserved

adj. inadequately or insufficiently provided with help, products, or services

(1) **underserved** market, (2) traditionally **underserved**

This area is medically **underserved**.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

immigrate

v. to come to live permanently in a foreign country

synonym: migrate, relocate, settle

(1) **immigrate** to the country, (2) **immigrate** through available legal processes

He **immigrated** to the United States in search of a better life.

shocking

adj. extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust

synonym: startling, surprising, astounding

(1) **shocking** response, (2) **shocking** revelation

The news of the accident was **shocking** and left many in shock.

primarily

adv. mainly

synonym: largely, mainly, mostly

(1) intended **primarily** for young people, (2) **primarily** affect adults

All peaceful cooperation is based **primarily** on mutual trust.

infection

n. a condition in which pathogenic microorganisms or viruses have entered the body

synonym: contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial **infections**.

epidemic

n. the widespread outbreak of a particular disease in a large number of people at the same time

synonym: outbreak, contagion, plague

(1) a worldwide **epidemic**, (2) health **epidemic**

The disease is now reaching **epidemic** proportions in our country.

urge

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially

one that is difficult to control or resist

synonym: push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

fortunate

adj. having good luck or lucky

synonym: fortuitous, lucky, blessed

(1) **fortunate** situation, (2) less **fortunate** person

He was pretty **fortunate** to pass the exam.

advocate

n. a person who supports or suggests an idea, development, or way of doing something

synonym: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education

advocates

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

educator

n. a person who teaches or educates people

synonym: teacher, instructor, lecturer

(1) business **educator**, (2) duty as an **educator**

She is an **educator** with progressive ideas.

physician

n. a medical doctor who practices medicine

synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**

She visited the local **physician** to seek treatment for her persistent headache.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

massive

adj. enormous amount; very heavy and solid

synonym : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

transmission

n. the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

synonym : transportation, communication, broadcast

(1) **transmission** speed, (2) the **transmission** gears of a car

Education is the **transmission** of civilization.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym : anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread

People can pick out superior products **regardless** of the quality of the advertising.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym : cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

threaten

v. to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

chronic

adj. being long-lasting and recurrent or characterized by long suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

vaccine

n. a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)

synonym: vaccinum

(1) development of **vaccines**, (2) an oral **vaccine**

The mRNA **vaccine** was approved in less than a year because it did not contain the fragments of the target virus.

horizon

n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be

anticipated

synonym: skyline, view, visible boundary

(1) the event **horizon** of a black hole, (2) business **horizon**

As the sun set, the colors of the sky merged with the **horizon**, creating a beautiful orange and pink hue.

retire

v. to withdraw from one's position or occupation, especially because of age

synonym: relinquish, step down, withdraw

(1) **retire** voluntarily, (2) **retire** after four terms

After working for the company for 30 years, she decided to **retire** from her job.

clerical

adj. relating to the clergy (= the official leaders of the religious activities) or the work of a clerk; of or relating to the clergy

synonym: priestly, ecclesiastical, religious

(1) **clerical** power, (2) **clerical** duties

The **clerical** collar indicated that he was a member of the clergy.

refill

v. to replenish a container with a substance that it previously held; to top up a supply or amount of something

synonym: replenish, top up, recharge

(1) **refill** with oil, (2) **refill** ink cartridge

Please **refill** my water glass when you have a chance.

asthma

n. a chronic respiratory disease characterized by wheezing, coughing, and difficulty breathing

synonym: bronchial, bronchitis, respiratory ailment

(1) **asthma** attack, (2) **asthma** symptoms

He always had to carry an inhaler due to his severe **asthma**.

overlap

v. to partially cover something by going beyond its edge

synonym: overlay, cover, bespread

(1) **overlap** one another, (2) **overlap** in many areas
There was no **overlap** between their proposals.

obstruct

v. to block or interfere with the passage, movement, or action of something or someone

synonym: block, impede, hinder

(1) **obstruct** an airway, (2) **obstruct** a bill

The road was blocked by a fallen tree, **obstructing** the path for all vehicles.

pulmonary

adj. relating to the lungs or the respiratory system

synonym: pneumonic, respiratory, breath

(1) **pulmonary** embolism, (2) **pulmonary** function test

The patient was admitted to the hospital with **pulmonary** hypertension.

adherent

n. a person who supports a particular party, person, or set of ideas; the act or state of coming or being in close contact with something

synonym: follower, supporter, believer

(1) an **adherent** of the ideology, (2) non- **adherent** cell

He was a devout **adherent** of the religion.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

disconnect

v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

synonym: unplug, detach, take apart

(1) **disconnect** a plug, (2) **disconnect** the water supply

She finally decided to **disconnect** herself from the company.

device

n. a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

synonym: gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

qualify

v. to reach the standard or fulfill the requirement of ability or knowledge needed to do a particular job or receive a particular benefit or privilege

synonym: permit, authorize, allow

(1) **qualify** as a candidate, (2) **qualify** for membership

The top three teams in this tournament **qualify** for the Olympics.

rev *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
synonym: revolution, RPM, speed
(1) low- **rev** engine, (2) **rev** up the crowd
He stepped on the gas pedal, and the engine released a loud **rev**.

inhale *v.* to breathe in air or a different substance, such as smoke
synonym: breathe in, take in, draw in
(1) **inhale** the smoke, (2) **inhale** the aroma
He **inhaled** deeply, trying to calm down.

pile *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
synonym: accumulation, heap, stack
(1) a sand **pile**, (2) the height of a **pile**
After the party, they had to clean up **piles** of dirty dishes.

deny *v.* to state that one refuses to admit the existence or truth of something
synonym: refute, reject, repudiate
(1) adamantly **deny** killing, (2) **deny** the allegations
He is still **denying** stealing the money from the cash register.

clinic *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
synonym: hospital, infirmary
(1) visit to the veterinary **clinic**, (2) a dental **clinic**
She holds a **clinic** on Tuesday mornings.

worsen

v. to become or make something worse

synonym : languish, degenerate, degrade

(1) **worsen** a relation, (2) **worsen** the food problem

Unilateral import bans have **worsened** that country's terms of trade.

kidney

n. either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

(1) an artificial **kidney**, (2) chronic **kidney** disease

The surgeon removed the healthy **kidney** from the donor.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym : purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

dehydration

n. a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms

synonym : drying out, desiccation, moisture loss

(1) sign of **dehydration**, (2) **dehydration** as a result of diarrhea

He suffered from **dehydration** after spending the day in the hot sun.

damn

v. to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger

synonym : curse, condemn, denounce

(1) **damn** the consequences, (2) **damn** with faint praise

The company's poor financial performance is likely to **damn**

the CEO's chances of being re-elected to the board.

- fort** *n.* a military structure designed to be defended from attack
synonym : stronghold, bastion, fortress
(1) an isolated **fort**, (2) **fort** gate
The stone **fort** was built to protect the city from invading forces.
- arrest** *v.* to take into custody
synonym : capture, detain, imprison
(1) **arrest** the thief, (2) **arrest** the progress
A police officer has the authority to **arrest** a criminal.
- fan** *n.* a person who admires and supports a person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces
synonym : lover, devotee, blade
(1) a film **fan**, (2) engine cooling **fan**
I'm a big **fan** of French food.
- release** *v.* to set free or allow to escape from confinement
synonym : free, let go, discharge
(1) **release** a prisoner, (2) **release** CO2 into the air
The animal rights group worked to **release** the dolphins back into the wild.
- jail** *n.* a facility where criminals are kept to be punished for their crimes; a prison
synonym : prison, slammer, penitentiary
(1) county **jail**, (2) be in **jail**
The police escorted the prisoner to the **jail**.
- cough** *v.* to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound
synonym : hack, clear throat, wheeze

(1) **cough** several times, (2) persistent **cough**
I can't stop **coughing** and think I might have caught a cold.

nonstop

adj. without intermediate stops between source and destination

synonym: continuous, ceaseless, endless

(1) a **nonstop** run, (2) **nonstop** talk

We tend to choose **nonstop** flights when we travel.

allergy

n. a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs

synonym: hypersensitivity, reaction

(1) food **allergy**, (2) **allergy** treatment

The **allergy** test helped to determine the cause of her symptoms.

temperature

n. the degree of hotness or coldness of a thing or place

synonym: climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric **temperature**

Cities around the world set records for highest **temperatures** this summer.

mosquito

n. a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria

synonym: insect, bug, flea

(1) **mosquito** bite, (2) **mosquito** repellent

A stagnant water area are breeding ground for **mosquitos**.

dengue

n. a viral disease transmitted by mosquitoes, characterized by fever, severe joint and muscle pain, and a rash

synonym: breakbone fever, infectious tropical disease

(1) **dengue** mosquito, (2) **dengue** outbreak

Many people in this region have contracted **dengue** fever

from mosquito bites.

impending

adj. about to happen or occur; close in time; imminent

synonym : imminent, upcoming, approaching

(1) **impending** doom, (2) **impending** crisis

We must prepare for the **impending** storm expected to hit our area.

climate

n. the weather in a particular location averaged over some long period

synonym : atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

gentrify

v. to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses

synonym : revitalize, renovate, renew

(1) **gentrify** a community, (2) **gentrify** a street

The new coffee shops and high-end boutiques are starting to **gentrify** the neighborhood.

elevation

n. the height of something above sea level or above the ground; the event of something being raised upward

synonym : height, altitude, rise

(1) at an **elevation** of 1000 feet, (2) **elevation** in rank

The **elevation** of the mountain made it difficult to breathe.

flood

n. a large amount of water flowing beyond its normal limits; an overwhelming number or amount

synonym : deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

damage

- v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

anxious

adj. worried and nervous

synonym: nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

evict

- v. to expel someone from a property, especially with the support of the law

synonym: oust, expel, eject

(1) **evict** a person from his home, (2) **evict** squatter

The landlord may **evict** tenants for violations of the lease agreement.

luxury

- n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

synonym: extravagance, indulgence, opulence

(1) get into the **luxury** car market, (2) **luxury** hotel

His anti- **luxury** practices were quite strict.

complexity

- n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

develop

- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve

greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

undeniable

adj. not possible to deny; true or certain

synonym: absolute, definite, indubitable

(1) an **undeniable** fact, (2) an **undeniable** masterpiece

Her influence on teenagers is **undeniable**.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym: coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

trend

n. a general direction in which something is changing or developing

synonym: direction, movement, tendency

(1) an international **trend**, (2) the **trend** away from television

The oil price continued their downward **trend**.

emergency

n. a sudden unforeseen crisis usually involving danger that requires immediate action

synonym: crisis, trouble, difficulty

(1) **emergency** action, (2) acute **emergency**

The president declared a state of **emergency**.

clue

n. an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

synonym: hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis

The police couldn't find a **clue** to her whereabouts.

extreme

adj. very great in amount or degree

synonym : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

pollution

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

synonym : corrosion, deterioration, corruption

(1) environmental **pollution**, (2) high levels of air **pollution**

The **pollution** is endangering the local plants and animals.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym : interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep

I'm so sorry to **disrupt** you when you're pretty busy.

emotional

adj. relating to people's feelings

synonym : affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

well-being

n. the state of being happy and healthy and prosperous

synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

mnemonic

adj. aiding or designed to aid memory; relating to the use of memory techniques

synonym : memorable, unforgettable, mnemotechnical

(1) **mnemonic** technique, (2) **mnemonic** alphabet

We were taught a variety of **mnemonic** devices to help us remember important facts for the exam.

aid

n. things sent to help countries in need, notably food or money; support
synonym: helper, resource, assistance

(1) financial **aid**, (2) country-by-country **aid** programs
Pakistan's **aid** budget was still being reviewed.

heatwave

n. a prolonged period of hot and dry weather, often accompanied by high humidity and extreme temperatures; a sensation of intense heat, often caused by exposure to hot or humid conditions

(1) summer **heatwave**, (2) dangerous **heatwave**
The crops in the farming community have been significantly affected by the prolonged **heatwave**, leading to concerns about food security.

exacerbate

v. to make a situation, problem, or feeling worse
synonym: worsen, aggravate, escalate

(1) **exacerbate** the situation, (2) **exacerbate** symptoms
The heat wave **exacerbated** the drought conditions.

lung

n. either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation
He has terminal **lung** cancer.

traumatic

adj. relating to or caused by injury, especially emotional injury
synonym: distressing

(1) **traumatic** event, (2) **traumatic** brain injury
The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

injury

n. harm done to a person's or an animal's body caused by an accident or an attack

synonym : wound, damage, hurt

(1) without **injury**, (2) a fatal **injury**

My accidental **injury** got better right away.

foodborne

adj. relating to or caused by contaminated food or drink, often leading to illness or disease; pertaining to a pathogen or toxic substance that has been introduced into food or drink and has the potential to harm the consumer

(1) **foodborne** illness, (2) **foodborne** bacteria

There was a recall of **foodborne** products due to contamination with harmful bacteria.

proverb

n. a short saying that expresses a truth or gives advice based on practical experience

synonym : adage, saying, maxim

(1) a hackneyed **proverb**, (2) ancient **proverb**

The famous **proverb** "actions speak louder than words" reminds us to focus on deeds instead of words.

coal

n. a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat

synonym : ember

(1) a **coal-fired** ship, (2) construction of new **coal** plants

We combust **coal** and other fossil fuels to generate electricity.

oracle

n. a person or agency regarded as a source of wisdom, knowledge, or prophecy; an utterance, often ambiguous or obscure, that is considered to have prophetic or wise significance

synonym : prophet, seer, diviner

(1) **oracle** predictions, (2) ancient **oracle**

The company's CEO was considered the **oracle** of strategic decision-making, with a track record of successful business moves.

prophecy

n. a statement or prediction that something will happen in the future, typically one made by a religious leader

synonym : prediction, foretelling, divination

(1) **prophecy** fulfillment, (2) **prophecy** of doom

The fortune teller's **prophecy** that I would meet my soulmate next year has yet to come true.

crisis

n. a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym : concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

collaboration

n. the act or situation of working together to create or produce something

synonym : affiliation, alliance, coalition

(1) **collaboration** between companies, (2) **collaboration** platform

The partnership program requires a mutual **collaboration** between both agencies.

politician

n. a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.

synonym : congressperson, lawmaker, legislator

(1) a **politician** in the ruling party, (2) a corrupt **politician**

The **politician** lost his position in the end due to the scandal.

pharmaceutical

adj. relating to the production and selling of the medical drugs

synonym : drug, medication, prescription

(1) major **pharmaceutical** companies, (2) commercial **pharmaceutical** products

She gave money to help set up a **pharmaceutical** laboratory.

dam

n. a wall constructed over a river to block the flow of water, mainly used to generate energy

synonym : barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing

The break in the **dam** threatened the valley.

hand-in-hand

adv. working together cooperatively; in close association; simultaneously, or in a synchronized manner

synonym : together, united, side by side

(1) work **hand-in-hand**, (2) succeed **hand-in-hand**

We walked **hand-in-hand** along the beach as the sunset.

transition

n. the process or period of changing from one state or circumstance to another

synonym : change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

brutal

adj. harsh or cruel

synonym : harsh, cruel, barbarous

(1) **brutal** bully, (2) **brutal** honesty

The **brutal** attack left the victim with serious injuries.

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym : boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

clinician

n. a practitioner, especially of medicine or psychology, who has direct contact with patients

synonym : psychiatrist, therapist, doctor

(1) experienced **clinician**, (2) from a **clinician's** perspective

Some **clinicians** believe that psychological characteristics alone may cause mental disorders.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

encouraging

adj. giving hope, confidence, or support; inspiring

synonym: uplifting, inspiring, optimistic

(1) **encouraging** approval, (2) **encouraging** sign

The test results were **encouraging** and showed improvement.

profession

n. an occupation or vocation requiring advanced education or specialized training

synonym: occupation, vocation, trade

(1) **profession** choice, (2) healthcare **profession**

Being a doctor is considered a highly respected **profession**.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

pharmacy

n. a place where medicines are prepared and dispensed; a drugstore or chemist's

synonym: drugstore, chemist's, apothecary

(1) **pharmacy** chain, (2) online **pharmacy**

I need to go to the hospital **pharmacy** to pick up my

prescription.

amplify

v. to enhance something, particularly sound or brightness
synonym: intensify, boost, argument

(1) **amplify** a signal, (2) **amplify** the effect

You might need to **amplify** this point.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life

The former emperor had a particular **influence** even after he abdicated.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

frontline

adj. in the most critical or dangerous position; in the military line or part of an army closest to the enemy

synonym: battlefield, cutting edge

(1) **frontline** health workers, (2) at the **frontline** of the war

Within days, the new aircraft was in **frontline** service.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

lawmaker

n. a politician or legislator who is responsible for making and changing laws

synonym: lawgiver, legislator, solon

(1) female **lawmaker**, (2) incumbent **lawmaker**

This company has increased political contributions to federal **lawmakers**.

medically

adv. in a way that relates to the practice of medicine and the treatment of illness and injury

(1) **medically** endorsed method, (2) in a **medically** effective manner

A decade ago, it was **medically** impossible to cure this disease completely.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

incorporate

v. to include something as a part of a larger entity

synonym: contain, integrate, amalgamate

(1) **incorporate** the current trends, (2) **incorporate** technology into daily life

We will attempt to **incorporate** some of your suggestions into our future strategy.

economy

n. the system by which a country or region produces, manages, and distributes goods and services, including the money and finances involved in these activities; (of

an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

innovation

n. the creation of a new device or process resulting from study and experimentation

synonym : invention, initiation, creation

(1) **innovation** leader, (2) cutting-edge **innovation**

The vegetarian burger was an **innovation** that quickly spread to the United Kingdom.

survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym : endurance, continuity

(1) **survival** ability, (2) **survival** food

He evaluated his chances for **survival** rather pessimistically.

compel

v. to force or require someone to do something; to exert a strong, irresistible force or pressure that makes someone act in a certain way

synonym : force, oblige, coerce

(1) **compel** a person to submission, (2) **compel** attention

The strict deadlines will **compel** the team to work efficiently.

ignore

v. to intentionally not listen or pay attention to

synonym : neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

misunderstand

v. to interpret or understand something in the wrong way

synonym: misinterpret, misperceive, misapprehend

(1) **misunderstand** each other, (2) **misunderstand** entirely about her

You should not **misunderstand** the meaning of freedom.

behalf

n. represent; advantage, benefit, the interest of someone

synonym: benefit, advantage, favor

(1) on **behalf** of our management, (2) on his own **behalf**

I gave witness on her **behalf**.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

Session 2: Spelling

1. in_____ly anticipated *adv.* at the beginning; at first
2. chronic ki____y disease *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
3. el_____on in rank *n.* the height of something above sea level or above the ground; the event of something being raised upward
4. inc_____te technology into daily life *v.* to include something as a part of a larger entity
5. sh_____ng revelation *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
6. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
7. fr_____ne health workers *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
8. und_____ed market *adj.* inadequately or insufficiently provided with help, products, or services
9. am_____y a signal *v.* to enhance something, particularly sound or brightness
10. treat the in_____on with antibiotics *n.* a condition in which pathogenic microorganisms or viruses have entered the body

ANSWERS: 1. initially, 2. kidney, 3. elevation, 4. incorporate, 5. shocking, 6. resilient, 7. frontline, 8. underserved, 9. amplify, 10. infection

11. cutting-edge inn_____on *n.* the creation of a new device or process resulting from study and experimentation
12. traditional me_____al *adj.* of or relating to the treatment or cure of disease
13. an international tr__d *n.* a general direction in which something is changing or developing
14. im_____ng crisis *adj.* about to happen or occur; close in time; imminent
15. the event ho_____n of a black hole *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
16. su_____al ability *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
17. d_m collapsing *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
18. al_____y treatment *n.* a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs
19. ancient pr_____b *n.* a short saying that expresses a truth or gives advice based on practical experience
20. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are

ANSWERS: 11. innovation, 12. medicinal, 13. trend, 14. impending, 15. horizon, 16. survival, 17. dam, 18. allergy, 19. proverb, 20. identify

21. immune fu____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
22. ram_____ous children *adj.* marked by uncontrollable exuberance or high spirits; boisterous and unruly; difficult to control or restrain
23. on his own be____f *n.* represent; advantage, benefit, the interest of someone
24. de____e mosquito *n.* a viral disease transmitted by mosquitoes, characterized by fever, severe joint and muscle pain, and a rash
25. a hackneyed pr____b *n.* a short saying that expresses a truth or gives advice based on practical experience
26. pr____cy fulfillment *n.* a statement or prediction that something will happen in the future, typically one made by a religious leader
27. ma____e amounts *adj.* enormous amount; very heavy and solid
28. cl____al duties *adj.* relating to the clergy (= the official leaders of the religious activities) or the work of a clerk; of or relating to the clergy

ANSWERS: 21. function, 22. rambunctious, 23. behalf, 24. dengue, 25. proverb, 26. prophecy, 27. massive, 28. clerical

29. an ad_____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
30. duty as an ed_____or *n.* a person who teaches or educates people
31. health po_____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
32. de_____e outbreak *n.* a viral disease transmitted by mosquitoes, characterized by fever, severe joint and muscle pain, and a rash
33. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
34. ancient or_____e *n.* a person or agency regarded as a source of wisdom, knowledge, or prophecy; an utterance, often ambiguous or obscure, that is considered to have prophetic or wise significance
35. effects of cl_____e change *n.* the weather in a particular location averaged over some long period
36. ob_____ct an airway *v.* to block or interfere with the passage, movement, or action of something or someone
37. in_____e a feeling of curiosity *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

ANSWERS: 29. advocate, 30. educator, 31. policy, 32. dengue, 33. professional, 34. oracle, 35. climate, 36. obstruct, 37. inspire

38. tra_____ion speed *n.* the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television
39. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
40. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
41. in_____n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
42. as_____a symptoms *n.* a chronic respiratory disease characterized by wheezing, coughing, and difficulty breathing
43. business ed_____or *n.* a person who teaches or educates people
44. in_____e the smoke *v.* to breathe in air or a different substance, such as smoke
45. wa_____p bar *n.* a type of apartment or building with residential units accessible only by stairs and lacking an elevator or lift
46. work han_____and *adv.* working together cooperatively; in close association; simultaneously, or in a synchronized manner
47. AI expert *n.* (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

ANSWERS: 38. transmission, 39. identify, 40. physically, 41. intern, 42. asthma, 43. educator, 44. inhale, 45. walk-up, 46. hand-in-hand, 47. AI

48. pu_____ry function test *adj.* relating to the lungs or the respiratory system
49. get con_____nt results *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
50. incumbent la_____er *n.* a politician or legislator who is responsible for making and changing laws
51. medical in____n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
52. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
53. dispatch an am_____ce *n.* a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
54. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
55. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
56. cr____s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

ANSWERS: 48. pulmonary, 49. consistent, 50. lawmaker, 51. intern, 52. clinic, 53. ambulance, 54. roll, 55. resilient, 56. crisis

57. intended pr_____ly for young people *adv.* mainly
58. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
59. fo_____ne bacteria *adj.* relating to or caused by contaminated food or drink, often leading to illness or disease; pertaining to a pathogen or toxic substance that has been introduced into food or drink and has the potential to harm the consumer
60. non-ad_____nt cell *n.* a person who supports a particular party, person, or set of ideas; the act or state of coming or being in close contact with something
61. sq___l in agony *v.* to make a high-pitched, shrill sound, usually as a result of pain, excitement, or surprise; to reveal something secret or incriminating to an authority figure
62. u__e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
63. da___e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 57. primarily, 58. rev, 59. foodborne, 60. adherent, 61. squeal, 62. urge, 63. damage

64. diagnosed in_____ly as a tumor *adv.* at the beginning; at first
65. the tr__d away from television *n.* a general direction in which something is changing or developing
66. ma_____e stars *adj.* enormous amount; very heavy and solid
67. bring la_____er *n.* the act or sound of laughing
68. in_____e him to write a novel *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
69. col_____ion between companies *n.* the act or situation of working together to create or produce something
70. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
71. ensure a smooth tra_____on *n.* the process or period of changing from one state or circumstance to another
72. less fo_____te person *adj.* having good luck or lucky
73. at an el_____on of 1000 feet *n.* the height of something above sea level or above the ground; the event of something being raised upward
74. d__n with faint praise *v.* to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
75. country-by-country a_d programs *n.* things sent to help countries in need, notably food or money; support
76. the average life s__n *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers

ANSWERS: 64. initially, 65. trend, 66. massive, 67. laughter, 68. inspire, 69. collaboration, 70. nurse, 71. transition, 72. fortunate, 73. elevation, 74. damn, 75. aid, 76. span

77. pa____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
78. at the fr_____ne of the war *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
79. pro_____on choice *n.* an occupation or vocation requiring advanced education or specialized training
80. re___e after four terms *v.* to withdraw from one's position or occupation, especially because of age
81. tracking de___e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
82. or___e predictions *n.* a person or agency regarded as a source of wisdom, knowledge, or prophecy; an utterance, often ambiguous or obscure, that is considered to have prophetic or wise significance
83. a fl__d of questions *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
84. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
85. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 77. patient, 78. frontline, 79. profession, 80. retire, 81. device, 82. oracle, 83. flood, 84. transition, 85. professional

86. major pha_____cal companies *adj.* relating to the production and selling of the medical drugs
87. summer he_____ve *n.* a prolonged period of hot and dry weather, often accompanied by high humidity and extreme temperatures; a sensation of intense heat, often caused by exposure to hot or humid conditions
88. sc___m at him to be quiet *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
89. online ph_____cy *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
90. l__g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
91. construction of new c__l plants *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
92. l__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
93. c__m more circuits into chips *v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space
94. ad___t a schedule *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

ANSWERS: 86. pharmaceutical, 87. heatwave, 88. scream, 89. pharmacy, 90. lung, 91. coal, 92. lift, 93. cram, 94. adjust

95. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
96. la_____er all around *n.* the act or sound of laughing
97. tr_____rm heat into power *v.* to change in outward structure or looks;
98. an artificial ki____y *n.* either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
99. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
100. g__b an audience *v.* to take hold of something or someone suddenly with a hand, especially in a violent way
101. am_____ce service *n.* a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities
102. ge_____fy a community *v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
103. extreme tem_____res *n.* the degree of hotness or coldness of a thing or place
104. speak in an ab____t manner *adj.* sudden and unexpected

ANSWERS: 95. release, 96. laughter, 97. transform, 98. kidney, 99. pave, 100. grab, 101. ambulance, 102. gentrify, 103. temperature, 104. abrupt

105. the atmospheric tem_____re *n.* the degree of hotness or coldness of a thing or place
106. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
107. ig___e a ban *v.* to intentionally not listen or pay attention to
108. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
109. wo___n the food problem *v.* to become or make something worse
110. ex_____e weather events *adj.* very great in amount or degree
111. im_____ng doom *adj.* about to happen or occur; close in time; imminent
112. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
113. co___l a person to submission *v.* to force or require someone to do something; to exert a strong, irresistible force or pressure that makes someone act in a certain way
114. re___e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
115. mis_____and entirely about her *v.* to interpret or understand something in the wrong way
116. exa_____te the situation *v.* to make a situation, problem, or feeling worse

ANSWERS: 105. temperature, 106. vulnerable, 107. ignore, 108. medical, 109. worsen, 110. extreme, 111. impending, 112. well-being, 113. compel, 114. relate, 115. misunderstand, 116. exacerbate

117. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
118. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
119. g__b an opportunity *v.* to take hold of something or someone suddenly with a hand, especially in a violent way
120. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
121. be in j__l *n.* a facility where criminals are kept to be punished for their crimes; a prison
122. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
123. the s__n of a bird's wings *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
124. br___l honesty *adj.* harsh or cruel
125. eq__p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity

ANSWERS: 117. well-being, 118. patient, 119. grab, 120. pave, 121. jail, 122. economy, 123. span, 124. brutal, 125. equip

126. mis_____and each other *v.* to interpret or understand something in the wrong way
127. no_____p talk *adj.* without intermediate stops between source and destination
128. im_____te through available legal processes *v.* to come to live permanently in a foreign country
129. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
130. a motorcycle ri__r *n.* a clause, amendment, or stipulation added to a legal document or bill; a person who rides on or operates a vehicle or animal; a person who travels a specified distance on horseback to deliver a message
131. pa___l car *n.* the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
132. ram_____ous behavior *adj.* marked by uncontrollable exuberance or high spirits; boisterous and unruly; difficult to control or restrain
133. exa_____te symptoms *v.* to make a situation, problem, or feeling worse
134. r__r children *adj.* at, toward, or near the back part of something; (verb) to look after a child until it is an adult

ANSWERS: 126. misunderstand, 127. nonstop, 128. immigrate, 129. medication, 130. rider, 131. patrol, 132. rambunctious, 133. exacerbate, 134. rear

135. ig___e her advice *v.* to intentionally not listen or pay attention to
136. a c__l-fired ship *n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
137. an oral va_____e *n.* a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)
138. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
139. mn_____ic technique *adj.* aiding or designed to aid memory; relating to the use of memory techniques
140. me_____ly endorsed method *adv.* in a way that relates to the practice of medicine and the treatment of illness and injury
141. commercial pha_____cal products *adj.* relating to the production and selling of the medical drugs
142. tr_____ic event *adj.* relating to or caused by injury, especially emotional injury
143. the r__r gate *adj.* at, toward, or near the back part of something; (verb) to look after a child until it is an adult
144. re___l ink cartridge *v.* to replenish a container with a substance that it previously held; to top up a supply or amount of something

ANSWERS: 135. ignore, 136. coal, 137. vaccine, 138. medication, 139. mnemonic, 140. medically, 141. pharmaceutical, 142. traumatic, 143. rear, 144. refill

145. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
146. foreign po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
147. ph_____cy chain *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
148. the advice of the ph_____an *n.* a medical doctor who practices medicine
149. ov_____p one another *v.* to partially cover something by going beyond its edge
150. mo_____to repellent *n.* a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria
151. c__m five people into a car *v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space
152. adamantly d__y killing *v.* to state that one refuses to admit the existence or truth of something
153. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 145. planet, 146. policy, 147. pharmacy, 148. physician, 149. overlap, 150. mosquito, 151. cram, 152. deny, 153. develop

154. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
155. from a cl_____an's perspective *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
156. consult with a ph_____an *n.* a medical doctor who practices medicine
157. d_m-building program *n.* a wall constructed over a river to block the flow of water, mainly used to generate energy
158. sc___m a profanity *v.* to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice
159. wo___n a relation *v.* to become or make something worse
160. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
161. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
162. an und_____le masterpiece *adj.* not possible to deny; true or certain
163. pu_____ry embolism *adj.* relating to the lungs or the respiratory system
164. dangerous he_____ve *n.* a prolonged period of hot and dry weather, often accompanied by high humidity and extreme temperatures; a sensation of intense heat, often caused by exposure to hot or humid conditions

ANSWERS: 154. roll, 155. clinician, 156. physician, 157. dam, 158. scream, 159. worsen, 160. disease, 161. complexity, 162. undeniable, 163. pulmonary, 164. heatwave

165. pr_____ly affect adults *adv.* mainly
166. environmental po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
167. financial cr____s *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
168. th_____en national security *v.* to utter intentions of injury or punishment against someone
169. pr_____cy of doom *n.* a statement or prediction that something will happen in the future, typically one made by a religious leader
170. bu____r crop *n.* a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way
171. ri__r to a bill *n.* a clause, amendment, or stipulation added to a legal document or bill; a person who rides on or operates a vehicle or animal; a person who travels a specified distance on horseback to deliver a message
172. the tra_____ion gears of a car *n.* the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

ANSWERS: 165. primarily, 166. pollution, 167. crisis, 168. threaten, 169. prophecy, 170. bumper, 171. rider, 172. transmission

173. ch____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
174. d__y the allegations *v.* to state that one refuses to admit the existence or truth of something
175. financial a_d *n.* things sent to help countries in need, notably food or money; support
176. health ep____ic *n.* the widespread outbreak of a particular disease in a large number of people at the same time
177. business ho____n *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
178. fr____te other team members *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
179. tr____rm an education system *v.* to change in outward structure or looks;
180. env____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
181. me____al chemistry *adj.* of or relating to the treatment or cure of disease
182. a pol____an in the ruling party *n.* a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.
183. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 173. chronic, 174. deny, 175. aid, 176. epidemic, 177. horizon, 178. frustrate, 179. transform, 180. environment, 181. medicinal, 182. politician, 183.

develop

184. sq___l with delight *v.* to make a high-pitched, shrill sound, usually as a result of pain, excitement, or surprise; to reveal something secret or incriminating to an authority figure
185. in a co_____ed relationship *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
186. mo_____to bite *n.* a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria
187. re___e voluntarily *v.* to withdraw from one's position or occupation, especially because of age
188. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
189. do l__g transplantation *n.* either of the two organs in the chest that people and some animals use for breathing
190. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
191. an und_____le fact *adj.* not possible to deny; true or certain

ANSWERS: 184. squeal, 185. committed, 186. mosquito, 187. retire, 188. medical, 189. lung, 190. function, 191. undeniable

192. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
193. visit to the veterinary cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
194. healthcare pro_____on *n.* an occupation or vocation requiring advanced education or specialized training
195. an ad_____nt of the ideology *n.* a person who supports a particular party, person, or set of ideas; the act or state of coming or being in close contact with something
196. ev__t squatter *v.* to expel someone from a property, especially with the support of the law
197. di_____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
198. strong and co_____ed sales staff *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
199. fl__d advisory *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
200. a corrupt pol_____an *n.* a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.

ANSWERS: 192. nurse, 193. clinic, 194. profession, 195. adherent, 196. evict, 197. diabetes, 198. committed, 199. flood, 200. politician

201. inn_____on leader *n.* the creation of a new device or process resulting from study and experimentation
202. a cold cl_____e *n.* the weather in a particular location averaged over some long period
203. the height of a p___e *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
204. eq__p our children with some special skills *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
205. a c__e to the diagnosis *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
206. a worldwide ep_____ic *n.* the widespread outbreak of a particular disease in a large number of people at the same time
207. apply AI technology to art *n.* (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation
208. di_____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 201. innovation, 202. climate, 203. pile, 204. equip, 205. clue, 206. epidemic, 207. AI, 208. disrupt

209. co___l attention *v.* to force or require someone to do something; to exert a strong, irresistible force or pressure that makes someone act in a certain way
210. ex_____e sports *adj.* very great in amount or degree
211. electronic de___e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
212. el_____fy the audience *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
213. a film f_n *n.* a person who admires and supports a person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces
214. risk of ch_____c disease *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
215. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
216. high levels of air po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
217. without in___y *n.* harm done to a person's or an animal's body caused by an accident or an attack
218. enc_____ng sign *adj.* giving hope, confidence, or support; inspiring

ANSWERS: 209. compel, 210. extreme, 211. device, 212. electrify, 213. fan, 214. chronic, 215. physically, 216. pollution, 217. injury, 218. encouraging

219. re_____e a prisoner	<i>v.</i>	to set free or allow to escape from confinement
220. deh_____on as a result of diarrhea	<i>n.</i>	a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms
221. ev__t a person from his home	<i>v.</i>	to expel someone from a property, especially with the support of the law
222. f__t gate	<i>n.</i>	a military structure designed to be defended from attack
223. am_____y the effect	<i>v.</i>	to enhance something, particularly sound or brightness
224. l__t sagging skin	<i>v.</i>	to raise something to a higher position or level; to pick up something or somebody and move them to a different position
225. ar__t the thief	<i>v.</i>	to take into custody
226. enc_____ng approval	<i>adj.</i>	giving hope, confidence, or support; inspiring
227. get into the lu___y car market	<i>n.</i>	a state of great comfort or sophistication, mainly provided by expensive and beautiful things
228. a vul_____le bridge	<i>adj.</i>	capable of being hurt or influenced physically or mentally
229. r_v up the crowd	<i>n.</i>	a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 219. release, 220. dehydration, 221. evict, 222. fort, 223. amplify, 224. lift, 225. arrest, 226. encouraging, 227. luxury, 228. vulnerable, 229. rev

230. sh_____ng response *adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
231. reg_____ss tread *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
232. an isolated f__t *n.* a military structure designed to be defended from attack
233. int_____se his speech *v.* to scatter or distribute among or between other things; to insert or place something at intervals
234. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
235. in_____ce a child's future *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
236. ov_____p in many areas *v.* to partially cover something by going beyond its edge
237. border pa____l *n.* the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
238. di_____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
239. ab____t departure *adj.* sudden and unexpected

ANSWERS: 230. shocking, 231. regardless, 232. fort, 233. intersperse, 234. traumatic, 235. influence, 236. overlap, 237. patrol, 238. disrupt, 239. abrupt

240. lu___y hotel *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
241. ad___t the rearview mirror *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
242. em_____al health *adj.* relating to people's feelings
243. wa_____p apartment *n.* a type of apartment or building with residential units accessible only by stairs and lacking an elevator or lift
244. as___a attack *n.* a chronic respiratory disease characterized by wheezing, coughing, and difficulty breathing
245. female la_____er *n.* a politician or legislator who is responsible for making and changing laws
246. ge_____fy a street *v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
247. mn_____ic alphabet *adj.* aiding or designed to aid memory; relating to the use of memory techniques
248. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 240. luxury, 241. adjust, 242. emotional, 243. walk-up, 244. asthma, 245. lawmaker, 246. gentrify, 247. mnemonic, 248. environment

249. em_____al distress *adj.* relating to people's feelings
250. succeed han_____and *adv.* working together cooperatively; in close association; simultaneously, or in a synchronized manner
251. col_____ion platform *n.* the act or situation of working together to create or produce something
252. cognitive com_____ty *n.* the state or quality of being complicated or intricate and difficult to understand
253. a fatal in___y *n.* harm done to a person's or an animal's body caused by an accident or an attack
254. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
255. hi__h up my trousers *v.* to move something into a different position jerkily; to travel by getting free rides from motorists; to hook or entangle
256. su_____al food *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
257. co__h several times *v.* to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound
258. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something

ANSWERS: 249. emotional, 250. hand-in-hand, 251. collaboration, 252. complexity, 253. injury, 254. threaten, 255. hitch, 256. survival, 257. cough, 258. advocate

259. in___e the aroma
v. to breathe in air or a different substance, such as smoke
260. bu___r sale
n. a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way
261. juvenile di____es
n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
262. re___e a story
v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
263. qu____y as a candidate
v. to reach the standard or fulfill the requirement of ability or knowledge needed to do a particular job or receive a particular benefit or privilege
264. reg_____ss of the difficulties
adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties
265. fo_____te situation
adj. having good luck or lucky
266. re___l with oil
v. to replenish a container with a substance that it previously held; to top up a supply or amount of something
267. food al____y
n. a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs

ANSWERS: 259. inhale, 260. bumper, 261. diabetes, 262. relate, 263. qualify, 264. regardless, 265. fortunate, 266. refill, 267. allergy

268. fr_____te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
269. cl_____al power *adj.* relating to the clergy (= the official leaders of the religious activities) or the work of a clerk; of or relating to the clergy
270. inc_____te the current trends *v.* to include something as a part of a larger entity
271. a sexual u__e *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
272. dis_____ct the water supply *v.* to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
273. a sand p__e *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
274. ec_____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
275. county j__l *n.* a facility where criminals are kept to be punished for their crimes; a prison

ANSWERS: 268. frustrate, 269. clerical, 270. incorporate, 271. urge, 272. disconnect, 273. pile, 274. economy, 275. jail

276. br___l bully *adj.* harsh or cruel
277. qu_____y for membership *v.* to reach the standard or fulfill the requirement of ability or knowledge needed to do a particular job or receive a particular benefit or privilege
278. in a me_____ly effective manner *adv.* in a way that relates to the practice of medicine and the treatment of illness and injury
279. d__n the consequences *v.* to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
280. engine cooling f_n *n.* a person who admires and supports a person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces
281. int_____se exclamation marks *v.* to scatter or distribute among or between other things; to insert or place something at intervals
282. im_____te to the country *v.* to come to live permanently in a foreign country
283. pl___t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
284. da___e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 276. brutal, 277. qualify, 278. medically, 279. damn, 280. fan, 281. intersperse, 282. immigrate, 283. planet, 284. damage

285. hi__h a ride *v.* to move something into a different position jerkily; to travel by getting free rides from motorists; to hook or entangle
286. lu__h back and forth *v.* to make a sudden, abrupt movement; to stagger or sway unsteadily; to experience a sudden change or reversal; (noun) a sudden, unsteady, or awkward movement or motion, often to one side or another
287. ar___t the progress *v.* to take into custody
288. an_____s about his health *adj.* worried and nervous
289. traditionally und_____ed *adj.* inadequately or insufficiently provided with help, products, or services
290. a c__e about the crime *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
291. acute em_____cy *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
292. sign of deh_____on *n.* a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms
293. a no_____p run *adj.* without intermediate stops between source and destination
294. development of va_____es *n.* a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)

ANSWERS: 285. hitch, 286. lurch, 287. arrest, 288. anxious, 289. underserved, 290. clue, 291. emergency, 292. dehydration, 293. nonstop, 294. vaccine

295. persistent co__h
v. to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound
296. a lu__h in the stock market
v. to make a sudden, abrupt movement; to stagger or sway unsteadily; to experience a sudden change or reversal; (noun) a sudden, unsteady, or awkward movement or motion, often to one side or another
297. ob_____ct a bill
v. to block or interfere with the passage, movement, or action of something or someone
298. do on a con_____nt basis
adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.
299. dis_____ct a plug
v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment
300. on be___f of our management
n. represent; advantage, benefit, the interest of someone
301. a bacterial in_____on
n. a condition in which pathogenic microorganisms or viruses have entered the body
302. fo_____ne illness
adj. relating to or caused by contaminated food or drink, often leading to illness or disease; pertaining to a pathogen or toxic substance that has been introduced into food or drink and has the potential to harm the consumer

ANSWERS: 295. cough, 296. lurch, 297. obstruct, 298. consistent, 299. disconnect, 300. behalf, 301. infection, 302. foodborne

303. experienced cl_____an *n.* a practitioner, especially of medicine or psychology, who has direct contact with patients
304. an an_____s look *adj.* worried and nervous
305. el_____fy a manufacturing process *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
306. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
307. em_____cy action *n.* a sudden unforeseen crisis usually involving danger that requires immediate action
308. in_____ce the daily life *n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself

ANSWERS: 303. clinician, 304. anxious, 305. electrify, 306. disease, 307. emergency, 308. influence

Session 3: Fill in the Blanks

1. I'm a big ____ of French food.
n. a person who admires and supports a person, group, sport, sports team, etc.; a device for creating a current of air by the movement of a surface or surfaces

2. Infants and pregnant women are particularly _____.
adj. capable of being hurt or influenced physically or mentally

3. She finally decided to _____ herself from the company.
v. to unfasten or disjoin something, especially to break the connection between a supply of gas, water, or electricity and a piece of equipment

4. The children were playing and _____ with excitement in the park.
v. to make a high-pitched, shrill sound, usually as a result of pain, excitement, or surprise; to reveal something secret or incriminating to an authority figure

5. Being a doctor is considered a highly respected _____.
n. an occupation or vocation requiring advanced education or specialized training

6. The _____ team worked quickly to save the patient's life.
adj. relating to the treatment of illness or injuries; relating to the practice of medicine

7. All peaceful cooperation is based _____ on mutual trust.
adv. mainly

8. The player quickly went to the ____ side of the defender.
adj. at, toward, or near the back part of something; (verb) to look after a child until it is an adult

ANSWERS: 1. fan, 2. vulnerable, 3. disconnect, 4. squealing, 5. profession, 6. medical, 7. primarily, 8. rear

9. The sudden, _____ change in weather caught everyone by surprise.
adj. sudden and unexpected
10. Hospitals must meet various standards to prevent nosocomial _____.
n. a condition in which pathogenic microorganisms or viruses have entered the body
11. There was no _____ between their proposals.
v. to partially cover something by going beyond its edge
12. Our company is strongly _____ to meeting customers' needs.
adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something
13. Every human is responsible for taking care of the Earth's _____.
n. the natural world such as air, water, and land in which humans, animals, and plants live
14. I gave witness on her _____.
n. represent; advantage, benefit, the interest of someone
15. He was pretty _____ to pass the exam.
adj. having good luck or lucky
16. _____ hyperglycemia is a trigger for a variety of serious diseases.
adj. being long-lasting and recurrent or characterized by long suffering; habitual
17. I'm so sorry to _____ you when you're pretty busy.
v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 9. abrupt, 10. infections, 11. overlap, 12. committed, 13. environment, 14. behalf, 15. fortunate, 16. Chronic, 17. disrupt

18. Shall we _____ a bite to eat?

- v. to take hold of something or someone suddenly with a hand, especially in a violent way

19. The car suddenly _____ forward as we hit a pothole.

- v. to make a sudden, abrupt movement; to stagger or sway unsteadily; to experience a sudden change or reversal; (noun) a sudden, unsteady, or awkward movement or motion, often to one side or another

20. He _____ to the United States in search of a better life.

- v. to come to live permanently in a foreign country

21. The road was blocked by a fallen tree, _____ the path for all vehicles.

- v. to block or interfere with the passage, movement, or action of something or someone

22. The _____ properties of this herb have been known to help with various ailments.

- adj.* of or relating to the treatment or cure of disease

23. The animal rights group worked to _____ the dolphins back into the wild.

- v. to set free or allow to escape from confinement

24. My father was tested for _____.

- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

25. Pakistan's ___ budget was still being reviewed.

- n.* things sent to help countries in need, notably food or money; support

ANSWERS: 18. grab, 19. lurched, 20. immigrated, 21. obstructing, 22. medicinal, 23. release, 24. diabetes, 25. aid

26. He is still _____ stealing the money from the cash register.
v. to state that one refuses to admit the existence or truth of something
27. She is a _____ person and has always bounced back from setbacks.
adj. able to withstand or recover quickly from difficult conditions
28. The apartment building only has a _____ entrance, which can be difficult for people with mobility issues.
n. a type of apartment or building with residential units accessible only by stairs and lacking an elevator or lift
29. People can pick out superior products _____ of the quality of the advertising.
adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties
30. The company's poor financial performance is likely to _____ the CEO's chances of being re-elected to the board.
v. to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
31. The product developed through years of research continues to _____ the market.
v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
32. We were taught a variety of _____ devices to help us remember important facts for the exam.
adj. aiding or designed to aid memory; relating to the use of memory techniques

ANSWERS: 26. denying, 27. resilient, 28. walk-up, 29. regardless, 30. damn, 31. electrify, 32. mnemonic

33. _____ and weather have an impact on every part of our lifestyles.
n. the weather in a particular location averaged over some long period
34. My accidental _____ got better right away.
n. harm done to a person's or an animal's body caused by an accident or an attack
35. She gave money to help set up a _____ laboratory.
adj. relating to the production and selling of the medical drugs
36. The partnership program requires a mutual _____ between both agencies.
n. the act or situation of working together to create or produce something
37. He stepped on the gas pedal, and the engine released a loud _____.
n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
38. She is an _____ with progressive ideas.
n. a person who teaches or educates people
39. This company has increased political contributions to federal _____.
n. a politician or legislator who is responsible for making and changing laws
40. She visited the local _____ to seek treatment for her persistent headache.
n. a medical doctor who practices medicine
41. I can't stop _____ and think I might have caught a cold.
v. to expel air from the lungs suddenly and noisily, often as a reaction to irritation, illness, or some other physical condition; (noun) a sudden, forceful expulsion of air from the lungs, often accompanied by a distinctive sound

ANSWERS: 33. Climate, 34. injury, 35. pharmaceutical, 36. collaboration, 37. rev, 38. educator, 39. lawmakers, 40. physician, 41. coughing

42. You might need to _____ this point.
v. to enhance something, particularly sound or brightness
43. The fortune teller's _____ that I would meet my soulmate next year has yet to come true.
n. a statement or prediction that something will happen in the future, typically one made by a religious leader
44. The break in the ____ threatened the valley.
n. a wall constructed over a river to block the flow of water, mainly used to generate energy
45. He cast _____ glances behind her.
adj. worried and nervous
46. The company's new _____ on remote work has made it a more inclusive workplace.
n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
47. The construction company _____ the building with an earthquake-resistant device.
v. to provide a person or a place with the things that are needed for a particular purpose or activity
48. She kept _____ for an ambulance.
v. to give a loud, high shout suddenly, especially because of fear, anger, excitement, etc.; to utter or declare in a very loud voice

ANSWERS: 42. amplify, 43. prophecy, 44. dam, 45. anxious, 46. policy, 47. equipped, 48. screaming

49. This area is medically _____.

adj. inadequately or insufficiently provided with help, products, or services

50. The night shift _____ checked my vital signs before administering the medication.

n. a healthcare professional who is trained to provide care for the sick or injured;
(verb) to try to cure by special care or treatment of an illness or injury

51. He has terminal _____ cancer.

n. either of the two organs in the chest that people and some animals use for breathing

52. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

53. We will attempt to _____ some of your suggestions into our future strategy.

v. to include something as a part of a larger entity

54. The recent economic downturn has resulted in _____ layoffs.

adj. enormous amount; very heavy and solid

55. The mRNA _____ was approved in less than a year because it did not contain the fragments of the target virus.

n. a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)

56. The _____ of the country is struggling due to the recent political instability.

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 49. underserved, 50. nurse, 51. lung, 52. rolled, 53. incorporate, 54. massive, 55. vaccine, 56. economy

57. The pharmacist not only prescribes the _____ but also guides its proper use.
- n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
58. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.
- v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
59. He _____ deeply, trying to calm down.
- v.* to breathe in air or a different substance, such as smoke
60. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.
- n.* a person who supports or suggests an idea, development, or way of doing something
61. He slightly modified the _____ of training because it was just before a match.
- n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
62. We tend to choose _____ flights when we travel.
- adj.* without intermediate stops between source and destination
63. The strict deadlines will _____ the team to work efficiently.
- v.* to force or require someone to do something; to exert a strong, irresistible force or pressure that makes someone act in a certain way

ANSWERS: 57. medication, 58. damage, 59. inhaled, 60. Advocates, 61. span, 62. nonstop, 63. compel

64. The drought _____ the prices of grain globally.
- v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
65. The author _____ anecdotes throughout the book to break up the text and make it more engaging.
- v. to scatter or distribute among or between other things; to insert or place something at intervals
66. The lobbyist _____ Congress not to approve the measure.
- v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
67. Please _____ my water glass when you have a chance.
- v. to replenish a container with a substance that it previously held; to top up a supply or amount of something
68. The landlord may _____ tenants for violations of the lease agreement.
- v. to expel someone from a property, especially with the support of the law
69. The company's CEO was considered the _____ of strategic decision-making, with a track record of successful business moves.
- n. a person or agency regarded as a source of wisdom, knowledge, or prophecy; an utterance, often ambiguous or obscure, that is considered to have prophetic or wise significance
70. We must prepare for the _____ storm expected to hit our area.
- adj.* about to happen or occur; close in time; imminent
71. He always had to carry an inhaler due to his severe _____.
- n. a chronic respiratory disease characterized by wheezing, coughing, and difficulty breathing

ANSWERS: 64. lifted, 65. interspersed, 66. urged, 67. refill, 68. evict, 69. oracle, 70. impending, 71. asthma

72. Her influence on teenagers is _____.

adj. not possible to deny; true or certain

73. Some _____ believe that psychological characteristics alone may cause mental disorders.

n. a practitioner, especially of medicine or psychology, who has direct contact with patients

74. The evolution of processors has dramatically improved the performance of ____.

n. (abbreviation for artificial intelligence) the theory and development of computer systems capable of doing activities that would ordinarily need human intelligence, such as object recognition, speech recognition, decision-making, and language translation

75. The unique style of this martial arts _____ many action film producers.

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

76. The stone _____ was built to protect the city from invading forces.

n. a military structure designed to be defended from attack

77. You should not _____ the meaning of freedom.

v. to interpret or understand something in the wrong way

78. The disease is now reaching _____ proportions in our country.

n. the widespread outbreak of a particular disease in a large number of people at the same time

79. Various artificially induced causes are _____ our ecosystem.

v. to utter intentions of injury or punishment against someone

ANSWERS: 72. undeniable, 73. clinicians, 74. AI, 75. inspired, 76. fort, 77. misunderstand, 78. epidemic, 79. threatening

80. Human _____ responses vary widely depending on the society to which they belong.
adj. relating to people's feelings
81. The _____ test helped to determine the cause of her symptoms.
n. a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs
82. The new coffee shops and high-end boutiques are starting to _____ the neighborhood.
v. to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
83. Since independence, the area has been completely _____.
v. to intentionally not listen or pay attention to
84. The mechanics _____ the trailer to the broken-down car.
v. to move something into a different position jerkily; to travel by getting free rides from motorists; to hook or entangle
85. He tried to _____ his experience to the group, but they couldn't understand.
v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
86. Education is the _____ of civilization.
n. the act or process of sending something from one person or place to another; the process of broadcasting over the airwaves, as in radio or television

ANSWERS: 80. emotional, 81. allergy, 82. gentrify, 83. ignored, 84. hitched, 85. relate, 86. transmission

87. These heavy rains caused flash _____ on several islands.
- n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
88. Mercury is the closest _____ to the sun.
- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
89. He was a devout _____ of the religion.
- n.* a person who supports a particular party, person, or set of ideas; the act or state of coming or being in close contact with something
90. The president declared a state of _____.
- n.* a sudden unforeseen crisis usually involving danger that requires immediate action
91. I always carry a backup _____ in case my phone runs out of battery.
- n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
92. A decade ago, it was _____ impossible to cure this disease completely.
- adv.* in a way that relates to the practice of medicine and the treatment of illness and injury
93. Many people in this region have contracted _____ fever from mosquito bites.
- n.* a viral disease transmitted by mosquitoes, characterized by fever, severe joint and muscle pain, and a rash
94. The _____ of the mountain made it difficult to breathe.
- n.* the height of something above sea level or above the ground; the event of something being raised upward

ANSWERS: 87. floods, 88. planet, 89. adherent, 90. emergency, 91. device, 92. medically, 93. dengue, 94. elevation

95. The project's _____ made it difficult for the team to complete it on time.
n. the state or quality of being complicated or intricate and difficult to understand
96. The highway _____ officer pulled over the speeding vehicle on the freeway.
n. the act of guarding an area or conducting surveillance of an area to maintain order, perform security functions, or prevent crime; a group of officers or soldiers that conducts such an operation
97. The famous _____ "actions speak louder than words" reminds us to focus on deeds instead of words.
n. a short saying that expresses a truth or gives advice based on practical experience
98. The doctor carefully examined the _____ medical history.
n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
99. As the sun set, the colors of the sky merged with the _____ creating a beautiful orange and pink hue.
n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
100. The heat wave _____ the drought conditions.
v. to make a situation, problem, or feeling worse
101. The _____ collar indicated that he was a member of the clergy.
adj. relating to the clergy (= the official leaders of the religious activities) or the work of a clerk; of or relating to the clergy

ANSWERS: 95. complexity, 96. patrol, 97. proverb, 98. patient's, 99. horizon, 100. exacerbated, 101. clerical

102. There was a recall of _____ products due to contamination with harmful bacteria.
- adj.* relating to or caused by contaminated food or drink, often leading to illness or disease; pertaining to a pathogen or toxic substance that has been introduced into food or drink and has the potential to harm the consumer
103. I will introduce you to how to _____ the leading causes of the malfunction.
- v.* to recognize someone or something and say or prove who or what they are
104. The former emperor had a particular _____ even after he abdicated.
- n.* the ability to affect someone's or something's character, growth, or behavior, or the effect itself
105. The _____ puppies played in the yard until they fell asleep.
- adj.* marked by uncontrollable exuberance or high spirits; boisterous and unruly; difficult to control or restrain
106. The police couldn't find a _____ to her whereabouts.
- n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
107. The oil price continued their downward _____.
- n.* a general direction in which something is changing or developing
108. We combust _____ and other fossil fuels to generate electricity.
- n.* a combustible black or brownish-black sedimentary rock that is found below the ground and burnt to produce heat
109. She had to _____ for the final exam and stayed up all night studying.
- v.* to force or try to fit a large amount of information into a short time, especially in preparation for an examination; to force or try to fit a large amount of something into a small space

ANSWERS: 102. foodborne, 103. identify, 104. influence, 105. rambunctious, 106. clue, 107. trend, 108. coal, 109. cram

110. The doctor diagnosed him with a rare _____ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
111. Unilateral import bans have _____ that country's terms of trade.
- v.* to become or make something worse
112. The news of the accident was _____ and left many in shock.
- adj.* extremely or surprisingly bad, or causing a strong emotional response such as surprise or disgust
113. The _____ of my car was dented in the accident.
- n.* a device, typically made of rubber or metal, that projects from the front or rear of a vehicle and absorbs impact in the event of a collision; a metal bar on a vehicle used to push objects out of the way
114. The police escorted the prisoner to the _____.
- n.* a facility where criminals are kept to be punished for their crimes; a prison
115. The coach explained a strategy to _____ the opponent's schemes to the players.
- v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
116. After working for the company for 30 years, she decided to _____ from her job.
- v.* to withdraw from one's position or occupation, especially because of age
117. The top three teams in this tournament _____ for the Olympics.
- v.* to reach the standard or fulfill the requirement of ability or knowledge needed to do a particular job or receive a particular benefit or privilege

ANSWERS: 110. disease, 111. worsened, 112. shocking, 113. bumper, 114. jail, 115. frustrate, 116. retire, 117. qualify

118. We are responsible for the care and _____ of all our employees.

n. the state of being happy and healthy and prosperous

119. A police officer has the authority to _____ a criminal.

v. to take into custody

120. The surgeon removed the healthy _____ from the donor.

n. either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

121. The experience was so _____ that it left a lasting impact on the survivor's mental health.

adj. relating to or caused by injury, especially emotional injury

122. He has a _____ demeanor and always presents himself in a polished manner.

adj. having or showing the skill appropriate to a particular job; competent or skillful

123. The crops in the farming community have been significantly affected by the prolonged _____ leading to concerns about food security.

n. a prolonged period of hot and dry weather, often accompanied by high humidity and extreme temperatures; a sensation of intense heat, often caused by exposure to hot or humid conditions

124. The nation's healthcare system is in _____ at the moment.

n. the process or period of changing from one state or circumstance to another

125. After the party, they had to clean up _____ of dirty dishes.

n. a collection of objects positioned one on top of another; a large sum of something, such as money

ANSWERS: 118. well-being, 119. arrest, 120. kidney, 121. traumatic, 122. professional, 123. heatwave, 124. transition, 125. piles

126. The Chinese word for _____ comprises two characters, one for danger and the other for opportunity.
- n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
127. They _____ the courtyard with bricks, giving it a more polished appearance.
- v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
128. He suffered from _____ after spending the day in the hot sun.
- n.* a condition in which the body lacks sufficient water and fluids, leading to thirst and other symptoms
129. A stagnant water area are breeding ground for _____.
- n.* a small flying insect whose female bites people and animals and sucks their blood, and sometimes transmits serious diseases such as malaria
130. He evaluated his chances for _____ rather pessimistically.
- n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
131. You have to _____ your content to the age of the audience.
- v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
132. Having a _____ healthy physique is essential for a great life.
- adv.* in a way related to a person's body or appearance rather than their mind
133. The brain is an incredibly complex organ that controls the body's _____.
- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 126. crisis, 127. paved, 128. dehydration, 129. mosquitos, 130. survival,

131. adjust, 132. physically, 133. function

134. The _____ attack left the victim with serious injuries.

adj. harsh or cruel

135. She holds a _____ on Tuesday mornings.

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

136. His anti-_____ practices were quite strict.

n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

137. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

138. The navy _____ ships of defeated nations.

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

139. I need to go to the hospital _____ to pick up my prescription.

n. a place where medicines are prepared and dispensed; a drugstore or chemist's

140. Within days, the new aircraft was in _____ service.

adj. in the most critical or dangerous position; in the military line or part of an army closest to the enemy

141. The _____ is endangering the local plants and animals.

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

ANSWERS: 134. brutal, 135. clinic, 136. luxury, 137. develop, 138. interned, 139. pharmacy, 140. frontline, 141. pollution

142. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

143. Some doctor says _____ is the best medicine.

n. the act or sound of laughing

144. The _____ crew quickly stabilized the patient before transporting them to the hospital.

n. a vehicle specifically designed and equipped to transport sick or injured people to and from hospitals and other medical facilities

145. My father's death _____ my life completely.

v. to change in outward structure or looks;

146. We walked _____ along the beach as the sunset.

adv. working together cooperatively; in close association; simultaneously, or in a synchronized manner

147. The horse _____ won first place in the equestrian competition.

n. a clause, amendment, or stipulation added to a legal document or bill; a person who rides on or operates a vehicle or animal; a person who travels a specified distance on horseback to deliver a message

148. The vegetarian burger was an _____ that quickly spread to the United Kingdom.

n. the creation of a new device or process resulting from study and experimentation

149. The _____ lost his position in the end due to the scandal.

n. a person who is a member of a government or law-making organization, especially as an elected member of parliament, etc.

ANSWERS: 142. extreme, 143. laughter, 144. ambulance, 145. transformed, 146. hand-in-hand, 147. rider, 148. innovation, 149. politician

150. You are not _____ in your behavior.

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

151. Cities around the world set records for highest _____ this summer.

n. the degree of hotness or coldness of a thing or place

152. This train departed later than _____ scheduled.

adv. at the beginning; at first

153. The patient was admitted to the hospital with _____ hypertension.

adj. relating to the lungs or the respiratory system

154. The test results were _____ and showed improvement.

adj. giving hope, confidence, or support; inspiring

ANSWERS: 150. consistent, 151. temperatures, 152. initially, 153. pulmonary, 154. encouraging