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Amber Hikes: Want to truly succeed? Lift others up while you climb | TED Talk

https://www.ted.com/talks/amber_hikes_want_to_truly_succeed_lift_others_up_while_you_climb

All Words

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Session 1: Word List

analogy

n. a comparison between similar things that have similar aspects, often used to help explain a principle or concept

synonym: metaphor, comparison, parallel

(1) draw **analogy**, (2) historical **analogy**

Some kinds of machine learning models show an **analogy** to how people learn.

diverse

adj. including numerous categories of individuals or entities; various

synonym: manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents

New York is a city with a **diverse** ethnic population.

inclusive

adj. including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

synonym: cover-all, all-embracing, comprehensive

(1) a fully **inclusive** price, (2) **inclusive** education

The university has established a capacity for each nationality as part of its **inclusive** policy.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym : raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym : depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

innovative

adj. introducing or using new methods, ideas, etc.

synonym : creative, ingenious, inventive

(1) use of **innovative** technology, (2) stylistically **innovative** works

The Prime Minister stressed the need to create **innovative** industries.

profitable

adj. making or likely to make material gain or profit

synonym : advantageous, beneficial, thriving

(1) a **profitable** job, (2) **profitable** trade

The Prohibition amendment made bootlegging **profitable**.

steer

v. to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

synonym : guide, direct, control

(1) **steer** a steady course, (2) **steer** a conversation

The captain told him to **steer** the ship north.

helm

n. the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boat

synonym : steering, control, direction

(1) **helm** of a ship, (2) steer the **helm**

The ship's captain took the **helm** and charted a course through the stormy waters.

folk

n. people in general, especially those of a particular group or type

synonym : community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

disability

n. a physical or mental condition that makes it difficult for someone to do some things that other people do

synonym : impairment, disadvantage, restriction

(1) a **disability** pension, (2) a learning **disability**

Listening to music at a high volume may lead to a hearing **disability**.

immigrant

n. a person who has come to a country where they were not born to live there permanently

synonym : settler, expatriate, emigrant

(1) **immigrant** communities, (2) an **immigrant** from the country

Police received a report of illegal **immigrants** in the area.

queer

adj. strange or odd, typically in an interesting or attractive way

synonym : strange, odd, unusual

(1) **queer** money, (2) **queer** fashion

The behavior of the clown at the party was quite **queer**.

hire

v. to give somebody a job

synonym: employ, engage, lease

(1) **hire** a guide, (2) **hire** a car by the hour

We should always be prepared to **hire** talented recruits.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

ambition

n. a strong wish to do or achieve something

synonym: purpose, aim, endeavor

(1) an **ambition** for political power, (2) boundless **ambition**

Greed and **ambition** composed his personality.

introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym: initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

concept

n. an idea or principle associated with something abstract

synonym: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

absolute

adj. perfect or complete or to the most considerable degree possible

synonym: complete, infrangible, indisputable

(1) **absolute** loyalty, (2) an **absolute** must

Gandhi had an **absolute** zeal for nonviolence.

powerhouse

n. an electrical generating station; a person, organization, or thing that is extremely successful or influential

synonym: center of power, fireball, human dynamo

(1) **powerhouse** actors, (2) **powerhouse** economy

The company has become a **powerhouse** in the tech industry with its innovative products and services.

advance

v. to go or move forward; to develop in a positive way

synonym: progress, boost, come along

(1) **advance** the technology, (2) **advance** a cooperative relationship

Scientific knowledge will **advance** significantly with the power of AI.

sake

n. purpose; reason for wanting something done

synonym: purpose, reason, interest

(1) for your own **sake**, (2) for the **sake** of argument

He got a new job for the **sake** of his family.

principal

adj. most important, main, or chief

synonym: main, leading, chief

(1) **principal** actor, (2) **principal** responsible

The **principal** reason for the company's success is its innovative products.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body;

the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

surround

v. to be all around something or somebody

synonym : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym : study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

disparity

n. a significant difference or inequality between two or more things

synonym : difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

interrupt

v. to say or do something that causes someone to stop in their speech or action

synonym : disturb, hinder, break in

(1) **interrupt** a call, (2) abruptly **interrupt**

Her sleep was **interrupted** by recurring pain.

tally

n. a record or count of a particular thing often used to keep track of scores, votes, or numbers

synonym : count, record, score

(1) keep a **tally**, (2) **tally** sheet

Let's keep a **tally** of the votes to see who won the election.

nonbinary

adj. someone who does not identify as a man or a woman; not relating to, composed of, or including only two things

synonym : pluralistic, polyphyletic

(1) **nonbinary** gender, (2) **nonbinary** identities

More and more people in various countries believe that the policymaker should change the marriage rules for **nonbinary** people.

discrepancy

n. a lack of consistency or agreement between two or more facts, figures, or sets of information; a disagreement, inconsistency, or divergence

synonym : inconsistency, difference, disparity

(1) significant **discrepancy**, (2) a **discrepancy** in the report

There is a **discrepancy** between the study's findings and the collected data.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

aim

v. to try or plan to get or achieve something
synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse
We **aim** for an overseas expansion.

sponsor

v. to provide funds for a particular event, program, individual, etc. as a way of advertising
synonym: back, fund, finance

(1) **sponsor** a contest, (2) **sponsor** a local group
Our company **sponsors** numerous disabled athletes.

mentorship

n. a relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person
synonym: guidance, coaching, tutorship

(1) **mentorship** program, (2) under his **mentorship**
He was grateful for the **mentorship** opportunity given to him by his supervisor.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior
The government should do more to **promote** sustainable agribusiness.

traditionally

adv. in accordance with tradition; typically or commonly done in a particular way
synonym: conventionally, commonly, generally

(1) **traditionally** accepted concept, (2) **traditionally** sung at a banquet
Traditionally, the ceremony was held outdoors.

exclude

v. to deny someone or something enter to a place or taking part in an activity

synonym : expel, ban, bar

(1) **exclude** a newcomer, (2) **exclude** all other possibilities

The cost for the trip **excludes** food and beverages.

excel

v. to be extremely good at or proficient in doing something

synonym : outdo, shine, surpass

(1) **excel** in description, (2) **excel** at communication

The company **excels** in customer service.

make-or-break

adj. relating to a critical moment or decision that will determine success or failure, often with high stakes or significant consequences

synonym : essential, critical, pivotal

(1) **make-or-break** decision, (2) **make-or-break** deal

The final exam was the **make-or-break** moment for the student's grades in the class.

thread

n. a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

synonym : filament, string, yarn

(1) **thread** a catheter, (2) start a new **thread**

The detective followed a **thread** of clues which ultimately led to the suspect's arrest.

platitude

n. a trite or overused remark or statement that is lacking in originality or insight often used to express a general truth or sentiment; an empty or insincere remark that is meant to sound comforting or supportive

synonym : cliché, truism, banality

(1) clichéd **platitude**, (2) utter **platitude**

The philosopher's speech was filled with **platitudes** and lacked any real substance.

glory

n. great honor or success won by notable achievements
synonym: acclaim, credit, recognition

(1) greatest **glory**, (2) former **glory**

It is preferable to die in **glory** than to live in dishonor.

panel

n. a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something

synonym: board, commission, discussion

(1) **panel** discussion, (2) cost of solar **panels**

A **panel** of economic advisers from the United States visited the country to help rebuild its economy.

bold

adj. brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

synonym: brave, courageous, fearless

(1) a **bold** design, (2) big, **bold** piano sounds

The effort to alleviate climate change needs **bold** action.

imaginative

adj. having or showing new and creative ideas

synonym: creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very **imaginative**.

overlook

v. to fail to notice something; to watch over someone; to provide a view from above

synonym: disregard, look down, supervise

(1) **overlook** a street, (2) **overlook** that fact

We cannot **overlook** an opportunity for great success.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym : sexuality

(1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

normally

adv. usually; under normal conditions

synonym : commonly, generally, naturally

(1) complete **normally**, (2) not **normally** drink much

I don't **normally** take a vacation in the middle of summer.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

ideate

v. to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort

synonym : conceive, think up, brainstorm

(1) **ideate** solutions, (2) **ideate** process

The team met to **ideate** new marketing strategies for the upcoming product launch.

session

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym : conference, gathering

(1) the morning **session**, (2) the court **session**

Parliament is now in **session**.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym : ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

intact

adj. undamaged and complete

synonym : flawless, unchanged, entire

(1) **intact** brain, (2) **intact** forestland

Despite the scandals, his reputation remained **intact**.

institutional

adj. of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.

synonym : corporate, governmental

(1) **institutional** bank, (2) address **institutional** constraints

We have to discuss the **institutional** reforms of our country.

equitably

adv. in a just, fair, and impartial manner; without showing favoritism or bias towards any particular individual or group

synonym : fairly, justly, impartially

(1) **equitably** distributed, (2) **equitably** allocated

The company's HR department emphasized the importance of treating all employees **equitably**.

employee

n. a person who is hired to work for a business or organization in exchange for wages or salary; a worker

synonym : worker, staff, personnel

(1) **employee** benefits, (2) **employee** evaluation

The **employee** handbook outlines the rules and regulations that all employees must follow.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym : praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

amplify

v. to enhance something, particularly sound or brightness

synonym: intensify, boost, argument

(1) **amplify** a signal, (2) **amplify** the effect

You might need to **amplify** this point.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

fin

n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym: flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym: courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

chase

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for

decorative purposes

synonym : pursue, hunt, track

(1) **chase** a dream, (2) wild goose **chase**

The police officer **chased** the suspect through the crowded streets until they finally caught him.

afford

v. to have enough money or time to be able to buy or do something

(1) **afford** to buy a new car, (2) **afford** a high travel cost

He cannot **afford** a holiday.

uplift

n. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

synonym : upthrust, upheaval, (verb) raise

(1) **uplift** mountains, (2) **uplift** my spirit

The **uplift** in the stock market has been a relief to investors.

accomplished

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

synonym : achieved, finished, completed

(1) **accomplished** at a very early age, (2) **accomplished** goal

She felt **accomplished** after finishing her book.

commitment

n. a promise or firm decision to do something or to behave in a certain way

synonym : burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his **commitments**

His business **commitments** took him to the United States.

equity

n. the value of the shares issued by a company

synonym : fairness

(1) private **equity** firm, (2) **equity** capital market

That company is cautious when it comes to **equity** investment.

essential

adj. indispensable; fundamental

synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

Session 2: Spelling

1. in_____ve education *adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
2. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
3. pr_____al responsible *adj.* most important, main, or chief
4. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
5. former gl__y *n.* great honor or success won by notable achievements
6. em_____ee evaluation *n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
7. acc_____hed at a very early age *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
8. ce_____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
9. ta__y sheet *n.* a record or count of a particular thing often used to keep track of scores, votes, or numbers
10. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

ANSWERS: 1. inclusive, 2. consequence, 3. principal, 4. folk, 5. glory, 6. employee, 7. accomplished, 8. celebrate, 9. tally, 10. invite

11. private eq___y firm *n.* the value of the shares issued by a company
12. an im_____nt from the country *n.* a person who has come to a country where they were not born to live there permanently
13. boundless am_____on *n.* a strong wish to do or achieve something
14. income di_____ty *n.* a significant difference or inequality between two or more things
15. h__e a car by the hour *v.* to give somebody a job
16. mak_____eak deal *adj.* relating to a critical moment or decision that will determine success or failure, often with high stakes or significant consequences
17. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of claspng another person in the arms as in greeting or affection
18. up___t mountains *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
19. a b__d design *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
20. no_____ry gender *adj.* someone who does not identify as a man or a woman; not relating to, composed of, or including only two things
21. wild goose ch__e *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

ANSWERS: 11. equity, 12. immigrant, 13. ambition, 14. disparity, 15. hire, 16.

make-or-break, 17. embrace, 18. uplift, 19. bold, 20. nonbinary, 21. chase

22. ex__l at communication *v.* to be extremely good at or proficient in doing something
23. a pro_____le job *adj.* making or likely to make material gain or profit
24. significant dis_____cy *n.* a lack of consistency or agreement between two or more facts, figures, or sets of information; a disagreement, inconsistency, or divergence
25. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
26. id___e process *v.* to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
27. utter pl_____de *n.* a trite or overused remark or statement that is lacking in originality or insight often used to express a general truth or sentiment; an empty or insincere remark that is meant to sound comforting or supportive
28. ge___r-blind policies *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
29. start a new th___d *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

ANSWERS: 22. excel, 23. profitable, 24. discrepancy, 25. brave, 26. ideate, 27. platitude, 28. gender, 29. thread

30. keep a ta__y *n.* a record or count of a particular thing often used to keep track of scores, votes, or numbers
31. ins_____nal bank *adj.* of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.
32. am____y a signal *v.* to enhance something, particularly sound or brightness
33. sp__t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
34. in__t forestland *adj.* undamaged and complete
35. learn new co_____ts *n.* an idea or principle associated with something abstract
36. greatest gl__y *n.* great honor or success won by notable achievements
37. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
38. cost of solar pa__ls *n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something

ANSWERS: 30. tally, 31. institutional, 32. amplify, 33. spirit, 34. intact, 35. concept, 36. glory, 37. opportune, 38. panel

39. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
40. co____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
41. address ins_____nal constraints *adj.* of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.
42. a private ind_____al *n.* a single person or thing, as distinct from a group
43. a dis_____ty pension *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
44. in_____pt a call *v.* to say or do something that causes someone to stop in their speech or action
45. l__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
46. acc_____hed goal *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
47. h__e a guide *v.* to give somebody a job
48. steer the h__m *n.* the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boat

ANSWERS: 39. lift, 40. communal, 41. institutional, 42. individual, 43. disability, 44. interrupt, 45. lift, 46. accomplished, 47. hire, 48. helm

49. st__r a steady course *v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
50. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
51. ex_____e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
52. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
53. under his men_____ip *n.* a relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person
54. st__r a conversation *v.* to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone
55. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
56. ex_____e the data studiously *v.* to study or consider a person or object attentively and thoroughly to learn something about them
57. em_____ee benefits *n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker

ANSWERS: 49. steer, 50. colleague, 51. examine, 52. identity, 53. mentorship, 54. steer, 55. represent, 56. examine, 57. employee

58. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
59. pr____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
60. an am____on for political power *n.* a strong wish to do or achieve something
61. the characters that re____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
62. op____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
63. a stone wall su____nds the palace *v.* to be all around something or somebody
64. big, b__d piano sounds *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
65. up___t my spirit *n.* the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
66. ad____e a cooperative relationship *v.* to go or move forward; to develop in a positive way
67. th___d a catheter *n.* a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

ANSWERS: 58. brave, 59. promote, 60. ambition, 61. represent, 62. opportune, 63.

surround, 64. bold, 65. uplift, 66. advance, 67. thread

68. the court se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
69. an indomitable sp____t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
70. ab_____te loyalty *adj.* perfect or complete or to the most considerable degree possible
71. draw an_____y *n.* a comparison between similar things that have similar aspects, often used to help explain a principle or concept
72. a person of di_____e talents *adj.* including numerous categories of individuals or entities; various
73. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
74. ce_____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
75. no_____ry identities *adj.* someone who does not identify as a man or a woman; not relating to, composed of, or including only two things
76. eq_____ly allocated *adv.* in a just, fair, and impartial manner; without showing favoritism or bias towards any particular individual or group

ANSWERS: 68. session, 69. spirit, 70. absolute, 71. analogy, 72. diverse, 73. observe, 74. celebrate, 75. nonbinary, 76. equitably

77. ex__l in description *v.* to be extremely good at or proficient in doing something
78. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
79. dual ge___r *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
80. id___e solutions *v.* to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
81. pow_____se actors *n.* an electrical generating station; a person, organization, or thing that is extremely successful or influential
82. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
83. tra_____lly sung at a banquet *adv.* in accordance with tradition; typically or commonly done in a particular way
84. a learning dis_____ty *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
85. ima_____ve as a child *adj.* having or showing new and creative ideas
86. pa__l discussion *n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something

ANSWERS: 77. excel, 78. fin, 79. gender, 80. ideate, 81. powerhouse, 82. communal, 83. traditionally, 84. disability, 85. imaginative, 86. panel

87. clichéd pl_____de *n.* a trite or overused remark or statement that is lacking in originality or insight often used to express a general truth or sentiment; an empty or insincere remark that is meant to sound comforting or supportive
88. im_____nt communities *n.* a person who has come to a country where they were not born to live there permanently
89. su_____nd a town *v.* to be all around something or somebody
90. int_____ion education *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
91. es_____al commodities of life *adj.* indispensable; fundamental
92. use of inn_____ve technology *adj.* introducing or using new methods, ideas, etc.
93. di_____e backgrounds *adj.* including numerous categories of individuals or entities; various
94. qu__r fashion *adj.* strange or odd, typically in an interesting or attractive way
95. for your own s__e *n.* purpose; reason for wanting something done
96. qu__r money *adj.* strange or odd, typically in an interesting or attractive way
97. ad_____e the technology *v.* to go or move forward; to develop in a positive way

ANSWERS: 87. platitude, 88. immigrant, 89. surround, 90. introduction, 91. essential, 92. innovative, 93. diverse, 94. queer, 95. sake, 96. queer, 97. advance

110. men_____ip program *n.* a relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person
111. self-int_____ion *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
112. af____d to buy a new car *v.* to have enough money or time to be able to buy or do something
113. in____e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
114. a com_____nt to an alliance *n.* a promise or firm decision to do something or to behave in a certain way
115. historical an_____y *n.* a comparison between similar things that have similar aspects, often used to help explain a principle or concept
116. the morning se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
117. a_m at a specific target *v.* to try or plan to get or achieve something
118. ex_____e a newcomer *v.* to deny someone or something enter to a place or taking part in an activity

ANSWERS: 110. mentorship, 111. introduction, 112. afford, 113. invite, 114. commitment, 115. analogy, 116. session, 117. aim, 118. exclude

119. eq_____ly distributed *adv.* in a just, fair, and impartial manner; without showing favoritism or bias towards any particular individual or group
120. in____t brain *adj.* undamaged and complete
121. ov_____ok a street *v.* to fail to notice something; to watch over someone; to provide a view from above
122. pr_____al actor *adj.* most important, main, or chief
123. abruptly in_____pt *v.* to say or do something that causes someone to stop in their speech or action
124. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
125. ch__e a dream *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
126. complete no_____ly *adv.* usually; under normal conditions
127. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

ANSWERS: 119. equitably, 120. intact, 121. overlook, 122. principal, 123. interrupt, 124. privilege, 125. chase, 126. normally, 127. privilege

128. capable of ima_____ve creation *adj.* having or showing new and creative ideas
129. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
130. for the s___e of argument *n.* purpose; reason for wanting something done
131. af___d a high travel cost *v.* to have enough money or time to be able to buy or do something
132. ex_____e all other possibilities *v.* to deny someone or something enter to a place or taking part in an activity
133. id_____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
134. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
135. ind_____al freedom *n.* a single person or thing, as distinct from a group
136. es_____al amino acid *adj.* indispensable; fundamental
137. a f_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
138. an ab_____te must *adj.* perfect or complete or to the most considerable degree possible
139. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 128. imaginative, 129. embrace, 130. sake, 131. afford, 132. exclude, 133. identity, 134. colleague, 135. individual, 136. essential, 137. fin, 138. absolute, 139. observe

140. sp_____r a contest *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
141. eq___y capital market *n.* the value of the shares issued by a company
142. a dis_____cy in the report *n.* a lack of consistency or agreement between two or more facts, figures, or sets of information; a disagreement, inconsistency, or divergence
143. am_____y the effect *v.* to enhance something, particularly sound or brightness
144. pow_____se economy *n.* an electrical generating station; a person, organization, or thing that is extremely successful or influential
145. a fully in_____ve price *adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
146. tra_____lly accepted concept *adv.* in accordance with tradition; typically or commonly done in a particular way
147. pro_____le trade *adj.* making or likely to make material gain or profit
148. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual

ANSWERS: 140. sponsor, 141. equity, 142. discrepancy, 143. amplify, 144. powerhouse, 145. inclusive, 146. traditionally, 147. profitable, 148. consequence

Session 3: Fill in the Blanks

1. _____ the ceremony was held outdoors.
adv. in accordance with tradition; typically or commonly done in a particular way
2. The company has become a _____ in the tech industry with its innovative products and services.
n. an electrical generating station; a person, organization, or thing that is extremely successful or influential
3. More and more people in various countries believe that the policymaker should change the marriage rules for _____ people.
adj. someone who does not identify as a man or a woman; not relating to, composed of, or including only two things
4. We want to _____ you to our annual charity event.
v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
5. A _____ of economic advisers from the United States visited the country to help rebuild its economy.
n. a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something
6. The shark's powerful _____ allowed it to swim at high speeds.
n. a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
7. Our company _____ numerous disabled athletes.
v. to provide funds for a particular event, program, individual, etc. as a way of advertising

ANSWERS: 1. Traditionally, 2. powerhouse, 3. nonbinary, 4. invite, 5. panel, 6. fins, 7. sponsors

8. It is preferable to die in _____ than to live in dishonor.
n. great honor or success won by notable achievements
9. Initially, we must _____ all project-related expenses.
v. to study or consider a person or object attentively and thoroughly to learn something about them
10. Scientific knowledge will _____ significantly with the power of AI.
v. to go or move forward; to develop in a positive way
11. The Prime Minister stressed the need to create _____ industries.
adj. introducing or using new methods, ideas, etc.
12. The police officer _____ the suspect through the crowded streets until they finally caught him.
v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
13. He _____ the 10th anniversary of his tenure.
v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
14. There is a _____ between the study's findings and the collected data.
n. a lack of consistency or agreement between two or more facts, figures, or sets of information; a disagreement, inconsistency, or divergence
15. We should always be prepared to _____ talented recruits.
v. to give somebody a job

ANSWERS: 8. glory, 9. examine, 10. advance, 11. innovative, 12. chased, 13. celebrated, 14. discrepancy, 15. hire

16. I decided to seek counseling on the advice of my _____.
- n.* one of a group of a coworker, especially in a profession or a business
17. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
18. The effort to alleviate climate change needs _____ action.
- adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
19. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
20. The Prohibition amendment made bootlegging _____.
- adj.* making or likely to make material gain or profit
21. The _____ handbook outlines the rules and regulations that all employees must follow.
- n.* a person who is hired to work for a business or organization in exchange for wages or salary; a worker
22. We elected him to _____ us at the international conference.
- v.* to speak, act, or be present on behalf of another person or group; to form or constitute
23. The drought _____ the prices of grain globally.
- v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

ANSWERS: 16. colleague, 17. Communal, 18. bold, 19. privilege, 20. profitable, 21. employee, 22. represent, 23. lifted

24. Some kinds of machine learning models show an _____ to how people learn.
- n.* a comparison between similar things that have similar aspects, often used to help explain a principle or concept
25. He got a new job for the _____ of his family.
- n.* purpose; reason for wanting something done
26. One such rapidly growing _____ is quantum cryptography.
- n.* an idea or principle associated with something abstract
27. Despite their tragic loss, the family is showing great _____.
- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
28. The final exam was the _____ moment for the student's grades in the class.
- adj.* relating to a critical moment or decision that will determine success or failure, often with high stakes or significant consequences
29. You might need to _____ this point.
- v.* to enhance something, particularly sound or brightness
30. There is a significant _____ in pay between men and women in the company.
- n.* a significant difference or inequality between two or more things
31. Cultural norms strongly influence _____ expectations.
- n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

ANSWERS: 24. analogy, 25. sake, 26. concept, 27. spirit, 28. make-or-break, 29. amplify, 30. disparity, 31. gender

32. His business _____ took him to the United States.
n. a promise or firm decision to do something or to behave in a certain way
33. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
34. The team met to _____ new marketing strategies for the upcoming product launch.
v. to conceive of and develop an idea or concept in one's mind, often as part of a creative process or a problem-solving effort
35. The company _____ in customer service.
v. to be extremely good at or proficient in doing something
36. I don't _____ take a vacation in the middle of summer.
adv. usually; under normal conditions
37. It is important to _____ safety procedures in the workplace to prevent accidents.
v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
38. The government should do more to _____ sustainable agribusiness.
v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
39. Some seaweed was used as _____ medicine in ancient times.
n. people in general, especially those of a particular group or type

ANSWERS: 32. commitments, 33. surround, 34. ideate, 35. excels, 36. normally, 37. observe, 38. promote, 39. folk

40. She is a hard worker but not very _____.

adj. having or showing new and creative ideas

41. The phone rang at the most _____ time.

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

42. The captain told him to _____ the ship north.

v. to control the direction or movement of a vehicle; to direct a course of action; to guide or motivate someone

43. Despite the scandals, his reputation remained _____.

adj. undamaged and complete

44. Her sleep was _____ by recurring pain.

v. to say or do something that causes someone to stop in their speech or action

45. The university has established a capacity for each nationality as part of its _____ policy.

adj. including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

46. That company is cautious when it comes to _____ investment.

n. the value of the shares issued by a company

47. The detective followed a _____ of clues which ultimately led to the suspect's arrest.

n. a fine cord of natural or synthetic fibers or filaments, such as cotton or nylon, used in sewing, knitting, or weaving; a series of connected messages or comments on a social media platform or online forum, often related to a particular topic; a sequence or line of events, ideas, or actions that are connected or related; (verb) to pass a thread through a needle or other small opening, in preparation for sewing or stitching

ANSWERS: 40. imaginative, 41. opportune, 42. steer, 43. intact, 44. interrupted, 45. inclusive, 46. equity, 47. thread

48. The _____ in the stock market has been a relief to investors.

- n.* the process of raising land to a higher elevation, or the result of this process;
(verb) fill with high spirits

49. The behavior of the clown at the party was quite _____.

- adj.* strange or odd, typically in an interesting or attractive way

50. Listening to music at a high volume may lead to a hearing _____.

- n.* a physical or mental condition that makes it difficult for someone to do some things that other people do

51. She felt _____ after finishing her book.

- adj.* having completed a task or achieved a goal successfully; skilled or proficient at something

52. The terrorist's _____ remains unknown.

- n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

53. The cost for the trip _____ food and beverages.

- v.* to deny someone or something enter to a place or taking part in an activity

54. Gandhi had an _____ zeal for nonviolence.

- adj.* perfect or complete or to the most considerable degree possible

55. He was grateful for the _____ opportunity given to him by his supervisor.

- n.* a relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person

ANSWERS: 48. uplift, 49. queer, 50. disability, 51. accomplished, 52. identity, 53. excludes, 54. absolute, 55. mentorship

56. The ship's captain took the _____ and charted a course through the stormy waters.
- n.* the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boat
57. We cannot _____ an opportunity for great success.
- v.* to fail to notice something; to watch over someone; to provide a view from above
58. As an _____ he had the right to make his own decisions and live his life as he saw fit.
- n.* a single person or thing, as distinct from a group
59. Let's keep a _____ of the votes to see who won the election.
- n.* a record or count of a particular thing often used to keep track of scores, votes, or numbers
60. The _____ reason for the company's success is its innovative products.
- adj.* most important, main, or chief
61. These economic activities had disastrous environmental _____.
- n.* the outcome of a particular action or event, especially relative to an individual
62. Trial and error is an _____ part of education.
- adj.* indispensable; fundamental
63. Parliament is now in _____.
- n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

ANSWERS: 56. helm, 57. overlook, 58. individual, 59. tally, 60. principal, 61. consequences, 62. essential, 63. session

64. The _____ firefighter rescued the family from the burning building.
adj. showing courage or fearlessness in the face of danger, difficulty, or adversity
65. New York is a city with a _____ ethnic population.
adj. including numerous categories of individuals or entities; various
66. The _____ to the new class was informative and engaging.
n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
67. Police received a report of illegal _____ in the area.
n. a person who has come to a country where they were not born to live there permanently
68. We have to discuss the _____ reforms of our country.
adj. of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.
69. We ___ for an overseas expansion.
v. to try or plan to get or achieve something
70. He cannot _____ a holiday.
v. to have enough money or time to be able to buy or do something
71. The philosopher's speech was filled with _____ and lacked any real substance.
n. a trite or overused remark or statement that is lacking in originality or insight often used to express a general truth or sentiment; an empty or insincere remark that is meant to sound comforting or supportive

ANSWERS: 64. brave, 65. diverse, 66. introduction, 67. immigrants, 68. institutional, 69. aim, 70. afford, 71. platitudes

72. Greed and _____ composed his personality.

n. a strong wish to do or achieve something

73. The company's HR department emphasized the importance of treating all employees _____.

adv. in a just, fair, and impartial manner; without showing favoritism or bias towards any particular individual or group

74. The woods _____ the house.

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

ANSWERS: 72. ambition, 73. equitably, 74. embrace