

# Englist.me



## Vocabulary Builder Reference from...

Nancy N. Chen: *The inaccurate link between body ideals and health* | TED Talk

[https://www.ted.com/talks/nancy\\_n\\_chen\\_the\\_inaccurate\\_link\\_between\\_body\\_ideals\\_and\\_health](https://www.ted.com/talks/nancy_n_chen_the_inaccurate_link_between_body_ideals_and_health)

### All Words

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### visual

*adj.* relating to seeing or sight

*synonym*: optical, graphical, visible

(1) **visual** navigation, (2) field of **visual** arts

The building makes a remarkable **visual** impact.

### rely

*v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

*synonym*: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

### perceive

*v.* to become aware or conscious of something through the senses

*synonym*: sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light

Australia is widely **perceived** as having low levels of corruption.

### depict

*v.* to illustrate someone or something in a photograph

*synonym*: illustrate, describe, express

(1) **depict** a scene, (2) **depict** a feeling of isolation

His son had accurately **depicted** the bloom.

## dwell

- v. to live or reside in a particular place; to think, speak, or write at length on a particular subject; to linger or remain as if unwilling to leave

*synonym*: reside, inhabit, occupy

- (1) **dwell** on a problem, (2) **dwell** on the past

I love to **dwell** in nature and feel its calming effects on me.

## interpret

- v. to explain or assign the meaning of information, actions, etc.

*synonym*: decode, decipher, analyze

- (1) **interpret** a graph, (2) **interpret** the question

Different people might **interpret** this news differently.

## gender

- n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

*synonym*: sexuality

- (1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

## ethnicity

- n. the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups

*synonym*: race, culture, heritage

- (1) with respect to **ethnicity**, (2) based on their **ethnicity**

The company has a diverse workforce representing different **ethnicity** and backgrounds.

## belong

- v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

*synonym*: fit, be appropriate, be suitable

- (1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

## modification

*n.* the act of changing something, usually to improve it, or something changed

*synonym*: change, amendment, alteration

(1) a **modification** of last year's model, (2) further

**modification**

As a result of this **modification**, we have revised our safety measures.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym*: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## anthropology

*n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species

(1) social **anthropology**, (2) **anthropology** of religion

The areas of **anthropology** and psychology are significantly related to one another.

## concept

*n.* an idea or principle associated with something abstract

*synonym*: idea, notion, vision

(1) learn new **concepts**, (2) **concept** car

One such rapidly growing **concept** is quantum cryptography.

## curve

*n.* a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape

*synonym*: bend, arc, turn

(1) learning **curve**, (2) yield **curve**

The **curve** in the road was so sharp that I had to slow down to navigate it safely.

## millennium

*n.* a span of 1000 years, or the 1000th anniversary (plural: millennia)

(1) past **millennium**, (2) **millennium** bottle of wine  
Our world is in the third **millennium**.

## **limestone**

*n.* a sedimentary rock that is composed mainly of calcium carbonate, which is the mineral calcite

*synonym*: calcareous rock, chalk

(1) sheer **limestone** cliffs, (2) **limestone** pavement

The Great Pyramid of Giza was built using blocks of **limestone**.

## **figurine**

*n.* a small ornamental figure, typically made of clay, porcelain, or plastic and often depicting a person or animal

*synonym*: statue, ornament, sculpture

(1) **figurine** collection, (2) anime **figurine**

My friend gifted me a miniature **figurine** of my favorite comic book character.

## **rank**

*n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

*synonym*: position, status, standing

(1) **rank** amateur, (2) high **rank**

He was promoted to the **rank** of captain in the military.

## **reproduction**

*n.* the process by which organisms create offspring; the production of something similar to an original work

*synonym*: procreation, replication, duplication

(1) **reproduction** rate, (2) **reproduction** system

The **reproduction** of the plant depends on the pollinators.

## **abundance**

*n.* a significant amount of something; the situation in which there is too much of something

*synonym*: plenty, affluence, plentitude

(1) an age of **abundance**, (2) an **abundance** of examples

A healthy farm provides an **abundance** of food.

## fertility

*n.* the state or quality of being able to produce babies, young animals, fruit, or new plants

*synonym*: richness, pregnancy, productivity

(1) soil **fertility**, (2) **fertility** above replacement

The sperm count is used as an indicator of male **fertility**.

## voluptuous

*adj.* having shapely and attractive curves, especially in a woman's figure; characterized by luxury, indulgence, or sensual pleasure; appealing to the senses in a sumptuous or hedonistic way

*synonym*: curvaceous, shapely, buxom

(1) **voluptuous** curves, (2) **voluptuous** beauty

The actress had a **voluptuous** figure that was admired by many.

## agrarian

*adj.* relating to the cultivation of land or the raising of crops and animals; characterized by a society that relies on agriculture as its primary means of sustenance

*synonym*: agricultural, farming, rural

(1) **agrarian** society, (2) **agrarian** reform

Most of the people in the **agrarian** community work in agriculture.

## waist

*n.* the part of the human body between the ribs and hips or the corresponding part in other animals

*synonym*: midriff, torso, abdomen

(1) **waist** measurement, (2) a slim **waist**

She cinched her dress at the **waist** to accentuate her hourglass figure.

## ratio

*n.* the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal

*synonym*: proportion, rate, quota

(1) debt-to-income **ratio**, (2) **ratio** of boys to girls

The **ratio** of water to sugar in the recipe is 1:2.

## hourglass

*n.* a device used for measuring time consisting of two glass bulbs, connected by a narrow waist, that contains sand or other granular material which takes a set amount of time to pass from one bulb to the other

*synonym*: sand clock, time glass, egg timer

(1) **hourglass** figure, (2) **hourglass** economy

The **hourglass** on the table was used to time the cooking of the cookies.

## attractive

*adj.* immensely appealing in look or sound; having characteristics or qualities that make something appealing and valuable

*synonym*: beautiful, fetching, alluring

(1) **attractive** men, (2) **attractive** opportunity

The growth of the "sharing economy" is **attractive** for tech companies.

## evolutionary

*adj.* relating to or denoting how living things develop or change from earlier forms

*synonym*: developmental, mutative, transformative

(1) ecology and **evolutionary** biology, (2) the **evolutionary** process

**Evolutionary** algorithms can find ways to optimize that humans do not anticipate.

## perspective

*n.* a confident attitude toward something; a particular style of thinking about something

*synonym*: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

## childbearing

*n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

*synonym*: accouchement, childbirth, maternity

(1) **childbearing** capacity, (2) **childbearing** at a later age

Many women delay **childbearing** until their careers are

established.

## shift

*n.* a slight transition in position, direction, or trend

*synonym*: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

## increasingly

*adv.* more and more

*synonym*: more and more, progressively

(1) **increasingly** become common, (2) face **increasingly** complicated challenges

Our company found it **increasingly** difficult to keep up with the competition.

## feat

*n.* a notable or impressive achievement, especially one that requires great skill or bravery

*synonym*: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

## mainstream

*n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

*synonym*: prevailing, average, common

(1) join the **mainstream**, (2) **mainstream** political beliefs

His thinking is **mainstream** in the country's culture.

## twig

*n.* a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual

*synonym*: branchlet, sprig, osier

(1) **twig** branch, (2) **twig** basket

The bird perched on a **twig** and sang a beautiful melody.

## shrink

*v.* to become smaller, or to make something smaller in size or amount

*synonym*: decrease, diminish, shy away

(1) **shrink** the tumor, (2) **shrink** with fear  
This shirt will **shrink** in the wash.

**gap**

*n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.  
*synonym*: opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**  
Many people are working together to close the gender **gap**.

**associate**

*v.* to mentally connect someone or something with someone or something else  
*synonym*: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely  
The majority of consumers **associate** this brand with quality.

**dominant**

*adj.* more important, influential, or easy to notice than anything else of the same type  
*synonym*: chief, predominant, prevailing

(1) achieve a **dominant** share, (2) **dominant** force  
Her company soon won a **dominant** market share.

**portrayal**

*n.* a representation or depiction of someone or something, especially in art, literature, or drama  
*synonym*: depiction, representation, characterization

(1) **portrayal** representation, (2) accurate **portrayal**  
Critics praised her **portrayal** of the character.

**prestige**

*n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality  
*synonym*: honor, distinction, reputation

(1) national **prestige**, (2) **prestige** company  
The university has great **prestige** in the academic community.



## addition

*n.* the act or process of adding something to something else; the process of adding numbers

*synonym*: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

## well-being

*n.* the state of being happy and healthy and prosperous

*synonym*: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

## systemic

*adj.* affecting or related to the whole of something, especially the human body or a society

(1) the **systemic** arteries, (2) **systemic** reforms of the organization

This vaccine causes mild **systemic** side effects.

## proliferation

*n.* a rapid or uncontrolled increase in the number or amount of something; the process of growing, producing, or spreading rapidly and excessively

*synonym*: spread, expansion, increase

(1) nuclear **proliferation**, (2) the **proliferation** of social media

The **proliferation** of fast-food restaurants has contributed to the obesity epidemic.

## circulate

*v.* to move continuously or freely around a place or closed system

*synonym*: flow, disperse, rotate

(1) **circulate** a rumor, (2) **circulate** an agenda before the meeting

The fan **circulates** the air in the room quickly.

## dysmorphia

*n.* abnormal development or malformations of anatomical structures in plants, animals, or humans; a mental health condition characterized by obsessive concern with one's

appearance and a preoccupation with perceived flaws or defects that are not noticeable or are only slight and which often leads to anxiety, depression, and avoidance behaviors

(1) gender **dysmorphia**, (2) muscle **dysmorphia**

Body **dysmorphia** can be a severe mental health condition that requires professional help.

## accompanying

*adj.* being in a position next to or near something or someone

*synonym*: attendant, concomitant, coexisting

(1) **accompanying** equipment, (2) **accompanying** documents

The **accompanying** music was soothing and added to the ambiance.

## disorder

*n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

*synonym*: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

## achievement

*n.* a thing that someone has accomplished, primarily through their effort and ability

*synonym*: accomplishment, attainment, triumph

(1) student **achievement**, (2) a remarkable **achievement**

This **achievement** has never been formally accepted.

## diet

*n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

*synonym*: food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

## regime

*n.* the organization, a system, or method that is the governing authority of a political unit

*synonym*: administration, establishment, government

(1) a puppet **regime**, (2) exercise **regime**

Totalitarian **regimes** are less likely to innovate because they deprive individuals of economic incentives.

## surgery

*n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

*synonym*: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

## orthorexia

*n.* an obsession with eating only healthy or "pure" foods, often rooted in a desire to improve overall health or avoid certain ingredients, but which can lead to social isolation, malnutrition, and other negative health consequences;

*synonym*: fixation on healthy eating, clean eating obsession, food neurosis

(1) **orthorexia** symptoms, (2) **orthorexia** nervosa

People with **orthorexia** may avoid a wide range of foods, including those considered healthy by most people.

## obsessive

*adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

*synonym*: compulsive, fixated, besetting

(1) **obsessive-compulsive** disorder, (2) **obsessive** thoughts

Her **obsessive** behavior towards perfectionism often led to

burnout.

## pandemic

*n.* an outbreak of a disease that affects many people over a very wide area

*synonym*: outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

## celebrity

*n.* someone who is well-known, particularly in the entertainment industry

*synonym*: figure, star, VIP

(1) baseball **celebrity**, (2) **celebrity** known worldwide

The popularity of the show made her an instant **celebrity**.

## transformation

*n.* a complete change in form, nature, or appearance of someone or something

*synonym*: change, conversion, renewal

(1) the **transformation** of a tadpole into a frog, (2) cast a **transformation** spell

Understanding unitary **transformations** of a normal matrix require considerable mathematical sophistication.

## id

*n.* a part of the psyche that represents the unconscious desires and instincts of an individual; in psychoanalytic theory, it is believed to be the most basic and primal part of the human psyche; (also ID, short for identification) a document or card that proves a person's identity, such as a driver's license, passport, or national ID card

*synonym*: identity, ego, persona

(1) the **id** ego, (2) **ID** card

I forgot my **ID** at home and needed it to enter the club.

## lean

*adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

*synonym*: skinny, slender, (verb) slant

(1) a **lean** horse, (2) **lean** athletic figure

**Lean** operational improvements often lead to better

environmental performance.

## **muscular**

*adj.* of or relating to the muscles; having or suggesting great physical power or force

*synonym*: powerful, athletic, brawny

(1) a **muscular** person, (2) **muscular** contraction

She worked hard to treat her **muscular** dystrophy.

## **pursue**

*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

*synonym*: seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

## **locate**

*v.* to specify or determine the exact position of someone or something

*synonym*: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

## **bias**

*n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

*synonym*: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

## **embrace**

*v.* to accept something willingly and enthusiastically;  
(noun) the act of clasping another person in the arms as in greeting or affection

*synonym*: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

## ethnic

*adj.* relating or belonging to a group of people who share a cultural tradition

*synonym*: racial, ethnical, tribal

(1) **ethnic** minority, (2) single **ethnic** group

Each **ethnic** group has its unique rituals.

## indigenous

*adj.* someone or something that is native to or occurring naturally in a particular place

*synonym*: domestic, endemic, primitive

(1) **indigenous** crop, (2) **indigenous** peoples

The **indigenous** plants need to be pollinated by local insects.

## communal

*adj.* belonging to or used by a group rather than individuals; for common use

*synonym*: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

**Communal** elections were held in several European countries.

## moreover

*adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before

*synonym*: furthermore, besides, in addition

(1) **moreover**, she decided to go, (2) but **moreover**, they work well together

The company is environmentally conscious, and **moreover**, it uses sustainable materials in its products.

## differ

*v.* to be not like someone or something in some way

*synonym*: vary, diverge, disagree

(1) **differ** from the majority, (2) **differ** according to species

The two products **differed** in their quality and price.

## external

*adj.* belonging to or situated outside of someone or something

*synonym*: outside, exterior, foreign

(1) **external** factors, (2) **external** commerce

When a company discloses information to the market, an **external** auditor verifies them.

## rural

*adj.* of or relating to the countryside

*synonym*: agrarian, country, rustic

(1) **rural** accents, (2) people in **rural** areas

Many **rural** areas are still impoverished.

## relation

*n.* the way two persons or groups of people feel and act toward one another

*synonym*: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

## fluid

*n.* a substance that can flow and is not solid

*synonym*: liquid, aqua, sap

(1) plenty of **fluids**, (2) **fluid** assets

She was diagnosed with a **fluid** buildup in her lungs.

## plump

*adj.* rounded and full, especially in a pleasing way; pleasantly fat

*synonym*: rounded, full, pudgy

(1) get **plump**, (2) **plump** little pig

The baker added butter to the dough to make the rolls **plump** and soft.

## context

*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

*synonym*: background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

## desirable

*adj.* worth having or achieving; pleasing, attractive, or sought after

*synonym*: appealing, attractive, advisable

(1) **desirable** effect, (2) **desirable** result

The beachfront property had a **desirable** location with stunning ocean views.

## lovable

*adj.* deserving or inspiring love and affection

*synonym*: adorable, charming, dear

(1) **lovable** personality, (2) a **lovable** creature

The little puppy was **lovable** and had a playful personality.

## antisocial

*adj.* not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards

*synonym*: unsociable, withdrawn, reclusive

(1) **antisocial** tendencies, (2) **antisocial** personality disorder

The suspect's **antisocial** behavior and lack of remorse made the judge question their sanity.

## neglect

*v.* to not give enough care or attention to something; to leave something undone

*synonym*: delinquency, carelessness, decay

(1) **neglect** to call, (2) **neglect** ethical issues

He **neglected** his health to make the project a success.

## ample

*adj.* enough or more than enough; having plenty of something

*synonym*: plentiful, rich, sufficient

(1) **ample** opportunities, (2) **ample** evidence

We have **ample** time to finish the project before the deadline.

## ethnography

*n.* the study of social groups and cultures, often conducted through observation, interviews, and analysis of primary sources; a written account of such a study

*synonym*: anthropology, cultural analysis



(1) **ethnography** research, (2) **ethnography** methods  
The book is a rich and detailed **ethnography** of the cultural practices of a group of people.

## stigma

*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

*synonym*: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

## phobia

*n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder

*synonym*: fear, dread, terror

(1) **phobia** treatment, (2) social **phobia**

She has a **phobia** of spiders and always avoids them.

## obesity

*n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

*synonym*: overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity**

The prevalence of **obesity** has increased significantly in recent years.

## overweight

*adj.* weighing more than is considered normal, desirable, or healthy for a particular height and build

*synonym*: heavy, obese, fat

(1) dangerously **overweight**, (2) an **overweight** patient

The doctor advised him to lose weight and maintain a healthy diet to avoid becoming **overweight**.

## backfire

*v.* to have an opposite and undesirable effect to what was intended; to make a sudden noise like an explosion

*synonym*: recoil, boomerang, misfire

(1) **backfire** big time, (2) **backfire** spectacularly

The company's decision to lay off a large number of employees **backfired** as it led to a decrease in productivity.

## reinforce

*v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

*synonym*: strengthen, fortify, support

(1) **reinforce** the military, (2) **reinforce** good behavior

We should **reinforce** the troops at the front line.

## esteem

*n.* great respect and approval for or a good opinion of someone

*synonym*: respect, admiration, regard

(1) **esteem** for the other person, (2) boost my self- **esteem**

He is our loyal customer who should be held in high **esteem**.

## preference

*n.* a stronger liking or interest for something or someone than another thing or person

*synonym*: taste, choice, affection

(1) his meal **preferences**, (2) a particular **preference** for Chinese art

Her **preference** is comfortable clothing over fashionable ones.

## universal

*adj.* existing or affecting everywhere or everyone

*synonym*: common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

## impose

*v.* to officially force a new law, tax, duty, etc. to be obeyed or received

*synonym*: charge, levy, foist

(1) **impose** harsher sanctions, (2) **impose** tariffs

The problem with achievement tests is the narrowness they **impose** on students.

## conflate

- v.* to blend or fuse two or more things, often with the result of creating confusion or a loss of distinction between them; to mistakenly treat two separate entities as one

*synonym*: fuse, blend, merge

(1) **conflate** ideas, (2) **conflate** data

It's important not to **conflate** two issues when analyzing a complex situation.

## facilitate

- v.* to make something easier or more likely to happen

*synonym*: aid, assist, help

(1) **facilitate** a smooth transition, (2) **facilitate** the process

The company implemented a new software system to **facilitate** employee communication and collaboration.

## unhealthy

- adj.* not conducive to good health; detrimental to physical or mental well-being

*synonym*: unwholesome, detrimental, insalubrious

(1) **unhealthy** diet, (2) **unhealthy** habit

Sitting for long hours in front of the computer is considered **unhealthy**.

## sham

- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

*synonym*: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

## outdated

- adj.* no longer useful or valid because of being old-fashioned

*synonym*: obsolete, ancient, bygone

(1) become **outdated**, (2) **outdated** technology

We replaced **outdated** equipment to improve factory productivity.

## diversity

- n.* the quality or fact of many different types of things or people being included in something; a range of different things or people

*synonym*: variety, multiplicity, variousness

(1) the **diversity** policy of the university, (2) lingual **diversity**  
He was impressed by the range and **diversity** of the collection.

## recognize

*v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

*synonym*: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

## critic

*n.* someone who expresses opinions about the quality of books, music, etc.

*synonym*: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

## component

*n.* one of several parts that combines with others to form something bigger

*synonym*: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

## equity

*n.* the value of the shares issued by a company

*synonym*: fairness

(1) private **equity** firm, (2) **equity** capital market

That company is cautious when it comes to **equity** investment.

## inclusive

*adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

*synonym*: cover-all, all-embracing, comprehensive

(1) a fully **inclusive** price, (2) **inclusive** education  
The university has established a capacity for each nationality as part of its **inclusive** policy.

## diverse

*adj.* including numerous categories of individuals or entities;  
various

*synonym*: manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents  
New York is a city with a **diverse** ethnic population.

## queer

*adj.* strange or odd, typically in an interesting or attractive way

*synonym*: strange, odd, unusual

(1) **queer** money, (2) **queer** fashion  
The behavior of the clown at the party was quite **queer**.

## advocate

*n.* a person who supports or suggests an idea, development, or way of doing something

*synonym*: proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education  
**advocates**

**Advocates** of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

## retain

*v.* to keep or continue to possess or maintain something

*synonym*: possess, hold, keep on

(1) **retain** information, (2) **retain** a lawyer  
Computers help people **retain** specific memories.

## lens

*n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

*synonym*: glass

(1) a convex **lens**, (2) a **lens** with a wide angle

The photographer took this photo using a telephoto **lens**.

## advocacy

*n.* the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying

*synonym*: support, promotion, defense

(1) **advocacy** group, (2) consumer **advocacy** group

The group engages in **advocacy** through lobbying and campaigning for policy changes.

## nation

*n.* a large organized community of people living in a particular country or region and having a particular culture

*synonym*: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## hairstyle

*n.* the way in which a person's hair is cut, styled, or arranged on their head

*synonym*: hairdo, coiffure, haircut

(1) modern **hairstyle**, (2) bob **hairstyle**

My sister got a new **hairstyle** for her job interview.

## enhance

*v.* to increase or improve the quality, amount, or strength of someone or something

*synonym*: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla

The new strategy will **enhance** the profitability of our company.

## entail

*v.* to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something

*synonym*: involve, necessitate, require

(1) **entail** legal consequences, (2) **entail** risks

The job offer **entails** a lot of responsibility and hard work.

## expand

*v.* to increase or to make something greater in size, number, or importance

*synonym*: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

## instance

*n.* a particular example or single occurrence of something

*synonym*: example, sample, illustration

(1) for **instance**, (2) notable **instance**

These articles cite five **instances** of climate change.

## display

*v.* to exhibit or show something to others, often to attract attention or demonstrate its features, properties, or value

*synonym*: show, exhibit, present

(1) **display** merchandise, (2) **display** artwork

We need to **display** our products in an attractive way to attract customers.

## uniform

*adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification

*synonym*: livery, outfit

(1) at a **uniform** temperature, (2) our school **uniform**

This country has a nationally **uniform** culture.

## proportion

*n.* a part, share, or amount of something considered in comparative relation to a whole

*synonym*: ratio, balance, consonance

(1) direct **proportion**, (2) a building of vast **proportions**

He is more concerned about the **proportion** of his body fat than usual because of an upcoming bodybuilding competition.

## athlete

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

*synonym* : player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**  
His dream is to become an Olympic **athlete**.

## cosmetic

*adj.* relating to treatment aimed at restoring or improving a person's appearance and attractiveness; (noun) a substance that you put on your face or body to enhance its appearance and make it more attractive

*synonym* : adorning, embellishing, ornamental

(1) minor **cosmetic** changes, (2) **cosmetic** fenders on cars  
**Cosmetic** surgery is becoming more common in Asia due to lowering prices.

## ordinary

*adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

*synonym* : mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue  
The **ordinary** session of the Diet opened.

## consume

*v.* to spend something, especially fuel, energy, or time, in a large amount

*synonym* : absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity  
A smaller car will **consume** less fuel.

## represent

*v.* to speak, act, or be present on behalf of another person or group; to form or constitute

*synonym* : depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

## brand

*n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning



*synonym*: trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car  
There's a new **brand** of hero in the movies now.

## divergence

*n.* the act or process of separating and moving in different directions; a difference or variance between two or more things or ideas; a deviation from a common or shared path or goal

*synonym*: divergency, deviation, discrepancy

(1) **divergence** angle, (2) ideological **divergence**

The **divergence** in opinions among the team members led to a delay in completing the project.

## advertise

*v.* to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it

*synonym*: publicize, announce, promote

(1) **advertise** the campaign, (2) **advertise** on social media

We want to **advertise** our company through your media.

## nonetheless

*adv.* in spite of what has just been said or done; nevertheless

*synonym*: nevertheless, regardless, still

(1) we are **nonetheless** confident, (2) love him  
**nonetheless**

They each choose **nonetheless** to battle.

## opposed

*adj.* being completely different from something or disagreeing strongly with something

*synonym*: anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

## externality

*n.* a cost or benefit that affects a third party who did not choose to incur that cost or benefit

*synonym*: impact, consequence, effect

(1) **externality** costs, (2) network **externality**

The negative **externality** of pollution affects not just the polluter but also people living in the surrounding area.

## medicinal

*adj.* of or relating to the treatment or cure of disease

*synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

## comparative

*adj.* relating to the comparison of different things or groups; denoting a degree of difference or comparison between two or more things; characterized by comparison or contrast

*synonym*: relative, approximate, correlative

(1) **comparative** viewpoint, (2) **comparative** analysis

The **comparative** study of different cultures is fascinating and informative.

## insight

*n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

*synonym*: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

## examine

*v.* to study or consider a person or object attentively and thoroughly to learn something about them

*synonym*: study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

## healing

*n.* the process of becoming or making somebody or something well again

*synonym*: recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

## environment

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym*: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## energetic

*adj.* possessing or exerting or displaying energy

*synonym*: active, animated, lively

(1) **energetic** density, (2) **energetic** dog

This process caused an **energetic** chemical reaction.

## dosha

*n.* a concept in Ayurvedic medicine that refers to a type of bodily humor or energy, believed to determine one's physical and mental characteristics, as well as susceptibility to disease

(1) patient's **dosha** type, (2) Ayurvedic **dosha**

Regular yoga practice and meditation can help to balance the **doshas** and promote physical and emotional wellness.

## vital

*adj.* necessary for the success or continued existence of something

*synonym*: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

## essence

*n.* the basic or most important part or quality of something that makes it what it is

*synonym*: core, nature, disposition

(1) vanilla **essence**, (2) universal **essence**

University teaches the art of understanding the **essence** of the matter.

## interior

*n.* the inside or inner part of something; the space within the walls of a building

*synonym*: inner, inside, internal

(1) **interior** decoration, (2) plenty of **interior** space

The painter focused on the moody **interiors** of abandoned buildings in his work.

## balance

*n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

*synonym*: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

## harmonize

*v.* to bring into agreement or concord; to make compatible

*synonym*: reconcile, balance, match

(1) **harmonize** with others, (2) **harmonize** two different opinions

The musicians attempted to **harmonize** their voices for the chorus.

## dynamic

*adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)

*synonym*: energetic, active, vital

(1) a **dynamic** market, (2) **dynamic** person

The sprinter has a **dynamic** way of running.

## substance

*n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

*synonym*: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem

The **substance** of the argument was well-presented.

## immune

*adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

*synonym*: resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

## microbiome

*n.* the community of microorganisms (= living things too small to be seen) that can usually be found living together in any given environment or the human body

*synonym*: flora

(1) skin **microbiome**, (2) have a diverse **microbiome**

The gut **microbiome** is a major producer of serotonin, which is necessary for human mental stability.

## contemporary

*adj.* belonging to the same or present time

*synonym*: modern, stylish, coetaneous

(1) field of **contemporary** art, (2) **contemporary** leaders

**Contemporary** music has gained different followers from existing music.

## entity

*n.* something that exists independently and has its own identity

*synonym*: body, object, existent

(1) legal **entity**, (2) government **entity**

A company is a distinct legal **entity**.

## bacteria

*n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

*synonym*: microorganism, microbe

(1) pathogenic **bacteria**, (2) harmless **bacteria**

**Bacteria** prevalent in hospitals are often resistant to antibiotics.

## microbe

*n.* a tiny living thing that can only be seen with a microscope and that may cause disease

*synonym*: germ, microorganism, bacterium

(1) pathogenic **microbe**, (2) **microbes** sterilizer  
**Microbes** thrive on the surface of the human skin.

## pathogen

*n.* a bacterium, virus, or other microorganism that causes disease

*synonym*: germ, microbe, bacterium

(1) plant **pathogen**, (2) the **pathogen** in the air  
mRNA vaccines are approved faster because they do not contain inactivated **pathogens**.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark  
The phone rang at the most **opportune** time.

## reframe

*v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

*synonym*: redefine, restructure, reposition

(1) **reframe** resource allocation, (2) **reframe** problem  
The therapist tried to **reframe** his negative thoughts.

## engage

*v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

*synonym*: confront, employ, amuse

(1) **engage** in environmental protection activities,  
(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

## vitality

*n.* the state of being strong and active; energy

*synonym*: energy, life, vigor

(1) **vitality** of youth, (2) the **vitality** of the company

The new gym membership has improved his **vitality** and overall health.

## metabolism

*n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining

(1) **metabolism** enzyme, (2) hemoglobin **metabolism**

Better sleep leads to increased **metabolism**.

## representation

*n.* the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting

*synonym*: delegacy, manifestation, expression

(1) sales **representation**, (2) binary **representation**

A person who has been declared incompetent should have legal **representation**.

## dire

*adj.* extremely serious or urgent; critical, grave, or disastrous

*synonym*: serious, critical, desperate

(1) suffer **dire** poverty, (2) **dire** situation

The **dire** economic straits called for immediate action.

## internal

*adj.* of or relating to the inside of something

*synonym*: interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

## heal

*v.* to make a wound or injury to become well again

*synonym*: recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

## thrive

*v.* to grow vigorously; to make steady progress

*synonym*: bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure

Without investment, a business cannot **thrive**.

## Session 2: Spelling

- |                              |  |
|------------------------------|--|
| 1. the professor of su____y  | <i>n.</i> medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures |
| 2. learn new co____ts        | <i>n.</i> an idea or principle associated with something abstract  |
| 3. become ou____ed           | <i>adj.</i> no longer useful or valid because of being old-fashioned   |
| 4. su_____ce abuse problem   | <i>n.</i> the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug   |
| 5. ho_____ss economy         | <i>n.</i> a device used for measuring time consisting of two glass bulbs, connected by a narrow waist, that contains sand or other granular material which takes a set amount of time to pass from one bulb to the other               |
| 6. major paradigm sh__t      | <i>n.</i> a slight transition in position, direction, or trend   |
| 7. spare co_____nts for cars | <i>n.</i> one of several parts that combines with others to form something bigger  |
| 8. a mu____ar person         | <i>adj.</i> of or relating to the muscles; having or suggesting great physical power or force  |

ANSWERS: 1. surgery, 2. concept, 3. outdated, 4. substance, 5. hourglass, 6. shift, 7. component, 8. muscular



- |                                       |   |
|---------------------------------------|---|
| 9. a mod_____ion of last year's model | <i>n.</i> the act of changing something, usually to improve it, or something changed  |
| 10. boost my self-es___m              | <i>n.</i> great respect and approval for or a good opinion of someone   |
| 11. h___l a broken bone               | <i>v.</i> to make a wound or injury to become well again  |
| 12. gender dys_____ia                 | <i>n.</i> abnormal development or malformations of anatomical structures in plants, animals, or humans; a mental health condition characterized by obsessive concern with one's appearance and a preoccupation with perceived flaws or defects that are not noticeable or are only slight and which often leads to anxiety, depression, and avoidance behaviors |
| 13. do_____nt force                   | <i>adj.</i> more important, influential, or easy to notice than anything else of the same type  |
| 14. ba_____re spectacularly           | <i>v.</i> to have an opposite and undesirable effect to what was intended; to make a sudden noise like an explosion   |
| 15. join the mai_____am               | <i>n.</i> the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people   |
| 16. have a diverse mic_____me         | <i>n.</i> the community of microorganisms (= living things too small to be seen) that can usually be found living together in any given environment or the human body   |

ANSWERS: 9. modification, 10. esteem, 11. heal, 12. dysmorphia, 13. dominant, 14. backfire, 15. mainstream, 16. microbiome

- |                                     |  |
|-------------------------------------|--|
| 17. Ayurvedic do__a                 | <i>n.</i> a concept in Ayurvedic medicine that refers to a type of bodily humor or energy, believed to determine one's physical and mental characteristics, as well as susceptibility to disease |
| 18. ha_____ze with others           | <i>v.</i> to bring into agreement or concord; to make compatible   |
| 19. con_____ary leaders             | <i>adj.</i> belonging to the same or present time  |
| 20. po_____al representation        | <i>n.</i> a representation or depiction of someone or something, especially in art, literature, or drama   |
| 21. the vi_____ty of the company    | <i>n.</i> the state of being strong and active; energy   |
| 22. de_____le effect                | <i>adj.</i> worth having or achieving; pleasing, attractive, or sought after   |
| 23. the br__d of the new car        | <i>n.</i> a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning          |
| 24. debt-to-income ra__o            | <i>n.</i> the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal  |
| 25. ant_____al personality disorder | <i>adj.</i> not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards   |
| 26. a warm em_____e                 | <i>v.</i> to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection  |

ANSWERS: 17. dosha, 18. harmonize, 19. contemporary, 20. portrayal, 21. vitality, 22. desirable, 23. brand, 24. ratio, 25. antisocial, 26. embrace

- |                                 |  |
|---------------------------------|--|
| 27. eth_____hy methods          | <i>n.</i> the study of social groups and cultures, often conducted through observation, interviews, and analysis of primary sources; a written account of such a study   |
| 28. a slim wa__t                | <i>n.</i> the part of the human body between the ribs and hips or the corresponding part in other animals  |
| 29. im___e harsher sanctions    | <i>v.</i> to officially force a new law, tax, duty, etc. to be obeyed or received  |
| 30. ho_____ss figure            | <i>n.</i> a device used for measuring time consisting of two glass bulbs, connected by a narrow waist, that contains sand or other granular material which takes a set amount of time to pass from one bulb to the other   |
| 31. public education ad_____tes | <i>n.</i> a person who supports or suggests an idea, development, or way of doing something  |
| 32. dw__l on a problem          | <i>v.</i> to live or reside in a particular place; to think, speak, or write at length on a particular subject; to linger or remain as if unwilling to leave   |
| 33. a convex l__s               | <i>n.</i> a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation |

ANSWERS: 27. ethnography, 28. waist, 29. impose, 30. hourglass, 31. advocate, 32. dwell, 33. lens

- |  |   |
|--|---|
| 34. create a br__d logo                    | <i>n.</i> a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning   |
| 35. key co_____nt                          | <i>n.</i> one of several parts that combines with others to form something bigger   |
| 36. the di_____ty policy of the university | <i>n.</i> the quality or fact of many different types of things or people being included in something; a range of different things or people  |
| 37. com_____ve analysis                    | <i>adj.</i> relating to the comparison of different things or groups; denoting a degree of difference or comparison between two or more things; characterized by comparison or contrast   |
| 38. network ext_____ty                     | <i>n.</i> a cost or benefit that affects a third party who did not choose to incur that cost or benefit   |
| 39. our school un_____m                    | <i>adj.</i> always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification  |
| 40. suffer from ob_____y                   | <i>n.</i> the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.  |
| 41. the id ego                             | <i>n.</i> a part of the psyche that represents the unconscious desires and instincts of an individual; in psychoanalytic theory, it is believed to be the most basic and primal part of the human psyche; (also ID, short for identification) a document or card that proves a person's identity, such as a driver's license, passport, or national ID card |

ANSWERS: 34. brand, 35. component, 36. diversity, 37. comparative, 38. externality,

39. uniform, 40. obesity, 41. id

- |                                       |   |
|---------------------------------------|---|
| 42. co____t car                       | <i>n.</i> an idea or principle associated with something abstract   |
| 43. the g_p between ideal and reality | <i>n.</i> a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.                               |
| 44. ex____d agricultural output       | <i>v.</i> to increase or to make something greater in size, number, or importance   |
| 45. an age of ab____ce                | <i>n.</i> a significant amount of something; the situation in which there is too much of something  |
| 46. r__k amateur                      | <i>n.</i> a position in a hierarchy of status or authority; (verb) to take or have a position relative to others  |
| 47. a l__n horse                      | <i>adj.</i> having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture                                       |
| 48. people with bipolar di____er      | <i>n.</i> an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions |
| 49. sales rep_____ion                 | <i>n.</i> the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting   |
| 50. re____e problem                   | <i>v.</i> to reinterpret, rephrase, or redefine an issue, situation, or question in a different way   |
| 51. student ach____nt                 | <i>n.</i> a thing that someone has accomplished, primarily through their effort and ability   |

ANSWERS: 42. concept, 43. gap, 44. expand, 45. abundance, 46. rank, 47. lean, 48. disorder, 49. representation, 50. reframe, 51. achievement

- |                                   |   |
|-----------------------------------|---|
| 52. hemoglobin met_____sm         | <i>n.</i> the set of chemical reactions in cells or organisms that are necessary for life-sustaining  |
| 53. em_____e an opportunity       | <i>v.</i> to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection                               |
| 54. ba_____re big time            | <i>v.</i> to have an opposite and undesirable effect to what was intended; to make a sudden noise like an explosion   |
| 55. eat a vegetarian d__t         | <i>n.</i> the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan                   |
| 56. love him non_____ss           | <i>adv.</i> in spite of what has just been said or done; nevertheless   |
| 57. ad_____on of vectors          | <i>n.</i> the act or process of adding something to something else; the process of adding numbers   |
| 58. t__g basket                   | <i>n.</i> a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual  |
| 59. lo_____e personality          | <i>adj.</i> deserving or inspiring love and affection   |
| 60. ob_____ve-compulsive disorder | <i>adj.</i> relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors |
| 61. an op_____ne remark           | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose   |

ANSWERS: 52. metabolism, 53. embrace, 54. backfire, 55. diet, 56. nonetheless, 57. addition, 58. twig, 59. lovable, 60. obsessive, 61. opportune

- |                                      |  |
|--------------------------------------|--|
| 62. baseball ce_____ty               | <i>n.</i> someone who is well-known, particularly in the entertainment industry  |
| 63. pathogenic ba_____ia             | <i>n.</i> single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease |
| 64. ha_____ze two different opinions | <i>v.</i> to bring into agreement or concord; to make compatible   |
| 65. ind_____us crop                  | <i>adj.</i> someone or something that is native to or occurring naturally in a particular place  |
| 66. fac_____te a smooth transition   | <i>v.</i> to make something easier or more likely to happen  |
| 67. in_____et a graph                | <i>v.</i> to explain or assign the meaning of information, actions, etc.   |
| 68. social ph____a                   | <i>n.</i> an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder   |
| 69. att_____ve men                   | <i>adj.</i> immensely appealing in look or sound; having characteristics or qualities that make something appealing and valuable   |
| 70. get pl__p                        | <i>adj.</i> rounded and full, especially in a pleasing way; pleasantly fat   |
| 71. co_____te data                   | <i>v.</i> to blend or fuse two or more things, often with the result of creating confusion or a loss of distinction between them; to mistakenly treat two separate entities as one   |

ANSWERS: 62. celebrity, 63. bacteria, 64. harmonize, 65. indigenous, 66. facilitate, 67. interpret, 68. phobia, 69. attractive, 70. plump, 71. conflate



- |                                    |   |
|------------------------------------|---|
| 72. mai_____am political beliefs   | <i>n.</i> the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people   |
| 73. fi_____ne collection           | <i>n.</i> a small ornamental figure, typically made of clay, porcelain, or plastic and often depicting a person or animal   |
| 74. mil_____um bottle of wine      | <i>n.</i> a span of 1000 years, or the 1000th anniversary (plural: millennia)   |
| 75. chi_____ing capacity           | <i>n.</i> the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy   |
| 76. become a professional at_____e | <i>n.</i> a person who competes in one or more sports that involve physical strength, speed, or endurance   |
| 77. government en____y             | <i>n.</i> something that exists independently and has its own identity  |
| 78. accurate po_____al             | <i>n.</i> a representation or depiction of someone or something, especially in art, literature, or drama  |
| 79. h__l the hurt mind             | <i>v.</i> to make a wound or injury to become well again  |
| 80. social ant_____ogy             | <i>n.</i> the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species |
| 81. co_____e a large of alcohol    | <i>v.</i> to spend something, especially fuel, energy, or time, in a large amount   |

ANSWERS: 72. mainstream, 73. figurine, 74. millennium, 75. childbearing, 76. athlete, 77. entity, 78. portrayal, 79. heal, 80. anthropology, 81. consume

- |                                     |             |   |
|-------------------------------------|-------------|---|
| 82. re___n a lawyer                 | <i>v.</i>   | to keep or continue to possess or maintain something  |
| 83. the pro_____ion of social media | <i>n.</i>   | a rapid or uncontrolled increase in the number or amount of something; the process of growing, producing, or spreading rapidly and excessively                  |
| 84. binary rep_____ion              | <i>n.</i>   | the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting                 |
| 85. pe____ve light                  | <i>v.</i>   | to become aware or conscious of something through the senses  |
| 86. re____e resource allocation     | <i>v.</i>   | to reinterpret, rephrase, or redefine an issue, situation, or question in a different way   |
| 87. en_____ic dog                   | <i>adj.</i> | possessing or exerting or displaying energy   |
| 88. the in____al economy            | <i>adj.</i> | of or relating to the inside of something   |
| 89. pathogenic mi____e              | <i>n.</i>   | a tiny living thing that can only be seen with a microscope and that may cause disease  |
| 90. en___l risks                    | <i>v.</i>   | to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something |
| 91. an explosive su_____ce          | <i>n.</i>   | the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug                      |

ANSWERS: 82. retain, 83. proliferation, 84. representation, 85. perceive, 86. reframe, 87. energetic, 88. internal, 89. microbe, 90. entail, 91. substance

- |                             |   |
|-----------------------------|---|
| 92. re_____ce good behavior | <i>v.</i> to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger   |
| 93. f__t accomplishment     | <i>n.</i> a notable or impressive achievement, especially one that requires great skill or bravery  |
| 94. op_____ne occasion      | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose   |
| 95. legal co_____t          | <i>n.</i> the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning  |
| 96. ge____r-blind policies  | <i>n.</i> the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology |
| 97. et____c minority        | <i>adj.</i> relating or belonging to a group of people who share a cultural tradition   |
| 98. qu__r fashion           | <i>adj.</i> strange or odd, typically in an interesting or attractive way   |
| 99. ag_____an reform        | <i>adj.</i> relating to the cultivation of land or the raising of crops and animals; characterized by a society that relies on agriculture as its primary means of sustenance                         |
| 100. plant pa_____en        | <i>n.</i> a bacterium, virus, or other microorganism that causes disease  |

ANSWERS: 92. reinforce, 93. feat, 94. opportune, 95. context, 96. gender, 97. ethnic, 98. queer, 99. agrarian, 100. pathogen

101. ou____ed technology	<i>adj.</i> no longer useful or valid because of being old-fashioned
102. ideological div_____ce	<i>n.</i> the act or process of separating and moving in different directions; a difference or variance between two or more things or ideas; a deviation from a common or shared path or goal
103. for in_____ce	<i>n.</i> a particular example or single occurrence of something
104. single et___c group	<i>adj.</i> relating or belonging to a group of people who share a cultural tradition
105. eq___y capital market	<i>n.</i> the value of the shares issued by a company
106. ecology and evo_____ary biology	<i>adj.</i> relating to or denoting how living things develop or change from earlier forms
107. cast a tra_____ion spell	<i>n.</i> a complete change in form, nature, or appearance of someone or something
108. a me_____l opinion	<i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine
109. modern ha_____le	<i>n.</i> the way in which a person's hair is cut, styled, or arranged on their head
110. anime fi_____ne	<i>n.</i> a small ornamental figure, typically made of clay, porcelain, or plastic and often depicting a person or animal
111. social st___a	<i>n.</i> a mark of shame or disgrace associated with a particular circumstance, quality, or person
112. am__e opportunities	<i>adj.</i> enough or more than enough; having plenty of something

ANSWERS: 101. outdated, 102. divergence, 103. instance, 104. ethnic, 105. equity, 106. evolutionary, 107. transformation, 108. medical, 109. hairstyle, 110. figurine, 111. stigma, 112. ample

- |                                    |   |
|------------------------------------|---|
| 113. di____y merchandise           | <i>v.</i> to exhibit or show something to others, often to attract attention or demonstrate its features, properties, or value  |
| 114. co____al swimming pool        | <i>adj.</i> belonging to or used by a group rather than individuals; for common use   |
| 115. principles of un____al design | <i>adj.</i> existing or affecting everywhere or everyone  |
| 116. a s__m battle                 | <i>n.</i> something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not                   |
| 117. di____e backgrounds           | <i>adj.</i> including numerous categories of individuals or entities; various   |
| 118. qu__r money                   | <i>adj.</i> strange or odd, typically in an interesting or attractive way   |
| 119. notable in____ce              | <i>n.</i> a particular example or single occurrence of something  |
| 120. en____l legal consequences    | <i>v.</i> to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something |
| 121. an ad____te of disarmament    | <i>n.</i> a person who supports or suggests an idea, development, or way of doing something   |
| 122. the evo____ary process        | <i>adj.</i> relating to or denoting how living things develop or change from earlier forms  |
| 123. people in ru__l areas         | <i>adj.</i> of or relating to the countryside   |

ANSWERS: 113. display, 114. communal, 115. universal, 116. sham, 117. diverse, 118. queer, 119. instance, 120. entail, 121. advocate, 122. evolutionary, 123. rural

- |                                       |  |
|---------------------------------------|--|
| 124. we are non_____ss confident      | <i>adv.</i> in spite of what has just been said or done; nevertheless  |
| 125. high r__k                        | <i>n.</i> a position in a hierarchy of status or authority; (verb) to take or have a position relative to others                       |
| 126. historical co_____t              | <i>n.</i> the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning   |
| 127. play a vi__l role                | <i>adj.</i> necessary for the success or continued existence of something  |
| 128. soil fe_____ty                   | <i>n.</i> the state or quality of being able to produce babies, young animals, fruit, or new plants                                    |
| 129. im___e from criminal prosecution | <i>adj.</i> protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells |
| 130. en_____e value                   | <i>v.</i> to increase or improve the quality, amount, or strength of someone or something  |
| 131. pl__p little pig                 | <i>adj.</i> rounded and full, especially in a pleasing way; pleasantly fat   |
| 132. be___g to different species      | <i>v.</i> to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place      |
| 133. absolutely op_____d to abortion  | <i>adj.</i> being completely different from something or disagreeing strongly with something   |

ANSWERS: 124. nonetheless, 125. rank, 126. context, 127. vital, 128. fertility, 129. immune, 130. enhance, 131. plump, 132. belong, 133. opposed

- |                                  |  |
|----------------------------------|--|
| 134. patient's do__a type        | <i>n.</i> a concept in Ayurvedic medicine that refers to a type of bodily humor or energy, believed to determine one's physical and mental characteristics, as well as susceptibility to disease |
| 135. pu___e freedoms             | <i>v.</i> to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them   |
| 136. fe_____ty above replacement | <i>n.</i> the state or quality of being able to produce babies, young animals, fruit, or new plants  |
| 137. ex_____al factors           | <i>adj.</i> belonging to or situated outside of someone or something   |
| 138. dw__l on the past           | <i>v.</i> to live or reside in a particular place; to think, speak, or write at length on a particular subject; to linger or remain as if unwilling to leave                                     |
| 139. co_____te ideas             | <i>v.</i> to blend or fuse two or more things, often with the result of creating confusion or a loss of distinction between them; to mistakenly treat two separate entities as one               |
| 140. th___e on pressure          | <i>v.</i> to grow vigorously; to make steady progress  |
| 141. global pa_____ic            | <i>n.</i> an outbreak of a disease that affects many people over a very wide area  |
| 142. nuclear pro_____ion         | <i>n.</i> a rapid or uncontrolled increase in the number or amount of something; the process of growing, producing, or spreading rapidly and excessively   |

ANSWERS: 134. dosha, 135. pursue, 136. fertility, 137. external, 138. dwell, 139. conflate, 140. thrive, 141. pandemic, 142. proliferation

- |   |  |
|---|--|
| 143. sh___k with fear                       | <i>v.</i> to become smaller, or to make something smaller in size or amount  |
| 144. b__s against a big company             | <i>n.</i> a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment   |
| 145. but mo_____er, they work well together | <i>adv.</i> indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before  |
| 146. the characters that re_____nt numbers  | <i>v.</i> to speak, act, or be present on behalf of another person or group; to form or constitute   |
| 147. rep_____ion system                     | <i>n.</i> the process by which organisms create offspring; the production of something similar to an original work   |
| 148. r__y entirely on him                   | <i>v.</i> to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.   |
| 149. un_____al life                         | <i>adj.</i> existing or affecting everywhere or everyone   |
| 150. universal es_____e                     | <i>n.</i> the basic or most important part or quality of something that makes it what it is  |
| 151. di___r from the majority               | <i>v.</i> to be not like someone or something in some way  |
| 152. a dy_____c market                      | <i>adj.</i> having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies) |

ANSWERS: 143. shrink, 144. bias, 145. moreover, 146. represent, 147. reproduction, 148. rely, 149. universal, 150. essence, 151. differ, 152. dynamic



- |                                   |   |
|-----------------------------------|---|
| 153. an ove_____ht patient        | <i>adj.</i> weighing more than is considered normal, desirable, or healthy for a particular height and build  |
| 154. ex_____e the data studiously | <i>v.</i> to study or consider a person or object attentively and thoroughly to learn something about them  |
| 155. consumer ad_____cy group     | <i>n.</i> the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying  |
| 156. dangerously ove_____ht       | <i>adj.</i> weighing more than is considered normal, desirable, or healthy for a particular height and build  |
| 157. a sense of wel_____ng        | <i>n.</i> the state of being happy and healthy and prosperous   |
| 158. national pr_____ge           | <i>n.</i> respect and admiration felt or shown for someone or something based on a perception of their achievements or quality  |
| 159. legal en_____y               | <i>n.</i> something that exists independently and has its own identity  |
| 160. acc_____ing documents        | <i>adj.</i> being in a position next to or near something or someone  |
| 161. com_____ve viewpoint         | <i>adj.</i> relating to the comparison of different things or groups; denoting a degree of difference or comparison between two or more things; characterized by comparison or contrast |
| 162. the sy_____ic arteries       | <i>adj.</i> affecting or related to the whole of something, especially the human body or a society  |

ANSWERS: 153. overweight, 154. examine, 155. advocacy, 156. overweight, 157. well-being, 158. prestige, 159. entity, 160. accompanying, 161. comparative, 162. systemic

163. learning cu__e	<i>n.</i> a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
164. ne____t to call	<i>v.</i> to not give enough care or attention to something; to leave something undone
165. field of vi___l arts	<i>adj.</i> relating to seeing or sight
166. severe cr___c	<i>n.</i> someone who expresses opinions about the quality of books, music, etc.
167. di___r according to species	<i>v.</i> to be not like someone or something in some way
168. the pa_____en in the air	<i>n.</i> a bacterium, virus, or other microorganism that causes disease
169. at a un_____m temperature	<i>adj.</i> always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification
170. sh___k the tumor	<i>v.</i> to become smaller, or to make something smaller in size or amount
171. eth_____hy research	<i>n.</i> the study of social groups and cultures, often conducted through observation, interviews, and analysis of primary sources; a written account of such a study
172. li_____ne pavement	<i>n.</i> a sedimentary rock that is composed mainly of calcium carbonate, which is the mineral calcite
173. un_____hy habit	<i>adj.</i> not conducive to good health; detrimental to physical or mental well-being

ANSWERS: 163. curve, 164. neglect, 165. visual, 166. critic, 167. differ, 168. pathogen, 169. uniform, 170. shrink, 171. ethnography, 172. limestone, 173. unhealthy

- |  |   |
|--|---|
| 174. based on their et_____ty              | <i>n.</i> the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups           |
| 175. lingual di_____ty                     | <i>n.</i> the quality or fact of many different types of things or people being included in something; a range of different things or people                |
| 176. the files are in complete di_____er   | <i>n.</i> an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions |
| 177. sy_____ic reforms of the organization | <i>adj.</i> affecting or related to the whole of something, especially the human body or a society  |
| 178. temporary me_____l treatment          | <i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine  |
| 179. intellectual f____t                   | <i>n.</i> a notable or impressive achievement, especially one that requires great skill or bravery  |
| 180. the wel_____ng of a nation            | <i>n.</i> the state of being happy and healthy and prosperous   |
| 181. achieve a do_____nt share             | <i>adj.</i> more important, influential, or easy to notice than anything else of the same type  |
| 182. further mod_____ion                   | <i>n.</i> the act of changing something, usually to improve it, or something changed  |
| 183. ind_____us peoples                    | <i>adj.</i> someone or something that is native to or occurring naturally in a particular place   |

ANSWERS: 174. ethnicity, 175. diversity, 176. disorder, 177. systemic, 178. medical, 179. feat, 180. well-being, 181. dominant, 182. modification, 183. indigenous

184. pe____ve a threat	<i>v.</i> to become aware or conscious of something through the senses
185. direct pro____on	<i>n.</i> a part, share, or amount of something considered in comparative relation to a whole
186. re____n information	<i>v.</i> to keep or continue to possess or maintain something
187. a l__s with a wide angle	<i>n.</i> a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation
188. chi____ing at a later age	<i>n.</i> the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
189. his meal pre____ces	<i>n.</i> a stronger liking or interest for something or someone than another thing or person
190. in____et the question	<i>v.</i> to explain or assign the meaning of information, actions, etc.
191. ne____t ethical issues	<i>v.</i> to not give enough care or attention to something; to leave something undone
192. a fully in____ve price	<i>adj.</i> including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something

ANSWERS: 184. perceive, 185. proportion, 186. retain, 187. lens, 188. childbearing, 189. preference, 190. interpret, 191. neglect, 192. inclusive

193. two op____d characters	<i>adj.</i> being completely different from something or disagreeing strongly with something
194. vanilla es____e	<i>n.</i> the basic or most important part or quality of something that makes it what it is
195. vi____l navigation	<i>adj.</i> relating to seeing or sight
196. pu____e a goal	<i>v.</i> to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
197. part of the he____g process	<i>n.</i> the process of becoming or making somebody or something well again
198. a per____ve view	<i>n.</i> a confident attitude toward something; a particular style of thinking about something
199. a seafaring na____n	<i>n.</i> a large organized community of people living in a particular country or region and having a particular culture
200. att____ve opportunity	<i>adj.</i> immensely appealing in look or sound; having characteristics or qualities that make something appealing and valuable
201. a remarkable ach____nt	<i>n.</i> a thing that someone has accomplished, primarily through their effort and ability
202. cardiac su____y	<i>n.</i> medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

ANSWERS: 193. opposed, 194. essence, 195. visual, 196. pursue, 197. healing, 198. perspective, 199. nation, 200. attractive, 201. achievement, 202. surgery

203. un_____hy diet	<i>adj.</i> not conducive to good health; detrimental to physical or mental well-being
204. im___e tariffs	<i>v.</i> to officially force a new law, tax, duty, etc. to be obeyed or received
205. art cr___c	<i>n.</i> someone who expresses opinions about the quality of books, music, etc.
206. co_____ic fenders on cars	<i>adj.</i> relating to treatment aimed at restoring or improving a person's appearance and attractiveness; (noun) a substance that you put on your face or body to enhance its appearance and make it more attractive
207. asset on the company's ba_____e sheet	<i>n.</i> a condition in which everything has the same weight or force; something left after other parts have been taken away
208. turn out to be all s__m	<i>n.</i> something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
209. ob_____y-related diseases	<i>n.</i> the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.
210. bob ha_____le	<i>n.</i> the way in which a person's hair is cut, styled, or arranged on their head
211. an ab_____ce of examples	<i>n.</i> a significant amount of something; the situation in which there is too much of something

ANSWERS: 203. unhealthy, 204. impose, 205. critic, 206. cosmetic, 207. balance, 208. sham, 209. obesity, 210. hairstyle, 211. abundance

212. re\_\_\_\_\_ze talent      *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
213. dy\_\_\_\_\_c person      *adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)
214. re\_\_\_\_\_on between cause and effect      *n.* the way two persons or groups of people feel and act toward one another
215. ort\_\_\_\_\_ia nervosa      *n.* an obsession with eating only healthy or "pure" foods, often rooted in a desire to improve overall health or avoid certain ingredients, but which can lead to social isolation, malnutrition, and other negative health consequences;
216. private eq\_\_\_\_\_y firm      *n.* the value of the shares issued by a company
217. ob\_\_\_\_\_ve thoughts      *adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors
218. as\_\_\_\_\_te with people widely      *v.* to mentally connect someone or something with someone or something else
219. a profound in\_\_\_\_\_t      *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

ANSWERS: 212. recognize, 213. dynamic, 214. relation, 215. orthorexia, 216. equity, 217. obsessive, 218. associate, 219. insight

220. de___t a scene	<i>v.</i> to illustrate someone or something in a photograph
221. st___a against obesity	<i>n.</i> a mark of shame or disgrace associated with a particular circumstance, quality, or person
222. chaotic env_____nt	<i>n.</i> the natural world such as air, water, and land in which humans, animals, and plants live
223. th___e in a society	<i>v.</i> to grow vigorously; to make steady progress
224. ex_____e the issue	<i>v.</i> to study or consider a person or object attentively and thoroughly to learn something about them
225. en_____e the flavor of the vanilla	<i>v.</i> to increase or improve the quality, amount, or strength of someone or something
226. an or_____ry school	<i>adj.</i> not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
227. the tra_____ion of a tadpole into a frog	<i>n.</i> a complete change in form, nature, or appearance of someone or something
228. de_____le result	<i>adj.</i> worth having or achieving; pleasing, attractive, or sought after
229. lo___e a tumor	<i>v.</i> to specify or determine the exact position of someone or something
230. with respect to et_____ty	<i>n.</i> the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups

ANSWERS: 220. depict, 221. stigma, 222. environment, 223. thrive, 224. examine, 225. enhance, 226. ordinary, 227. transformation, 228. desirable, 229. locate, 230. ethnicity



231. plenty of in____or space	<i>n.</i> the inside or inner part of something; the space within the walls of a building
232. ad____cy group	<i>n.</i> the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying
233. re____on of inclusion	<i>n.</i> the way two persons or groups of people feel and act toward one another
234. high school at____es	<i>n.</i> a person who competes in one or more sports that involve physical strength, speed, or endurance
235. in____or decoration	<i>n.</i> the inside or inner part of something; the space within the walls of a building
236. a building of vast pro____ons	<i>n.</i> a part, share, or amount of something considered in comparative relation to a whole
237. distance g_p	<i>n.</i> a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
238. face inc____gly complicated challenges	<i>adv.</i> more and more
239. ru__l accents	<i>adj.</i> of or relating to the countryside
240. ad____se on social media	<i>v.</i> to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
241. muscle dys____ia	<i>n.</i> abnormal development or malformations of anatomical structures in plants, animals, or humans; a mental health condition characterized by obsessive concern with one's appearance and a preoccupation with perceived flaws or defects that are not noticeable or are only slight and which often leads to anxiety, depression, and avoidance behaviors

ANSWERS: 231. interior, 232. advocacy, 233. relation, 234. athlete, 235. interior,

236. proportion, 237. gap, 238. increasingly, 239. rural, 240. advertise, 241. dysmorphia

242. a particular pre\_\_\_\_\_ce for Chinese art      *n.* a stronger liking or interest for something or someone than another thing or person
243. mo\_\_\_\_\_er, she decided to go      *adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
244. ant\_\_\_\_\_al tendencies      *adj.* not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards
245. vol\_\_\_\_\_us beauty      *adj.* having shapely and attractive curves, especially in a woman's figure; characterized by luxury, indulgence, or sensual pleasure; appealing to the senses in a sumptuous or hedonistic way
246. yield cu\_\_\_e      *n.* a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
247. dual ge\_\_\_r      *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
248. the cell of the im\_\_\_e system      *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

ANSWERS: 242. preference, 243. moreover, 244. antisocial, 245. voluptuous, 246. curve, 247. gender, 248. immune

249. fac_____te the process	<i>v.</i> to make something easier or more likely to happen
250. ci_____te an agenda before the meeting	<i>v.</i> to move continuously or freely around a place or closed system
251. r___y on convenience stores	<i>v.</i> to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
252. di_____y artwork	<i>v.</i> to exhibit or show something to others, often to attract attention or demonstrate its features, properties, or value
253. wa__t measurement	<i>n.</i> the part of the human body between the ribs and hips or the corresponding part in other animals
254. vi__l for a healthy society	<i>adj.</i> necessary for the success or continued existence of something
255. in_____ve education	<i>adj.</i> including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
256. es___m for the other person	<i>n.</i> great respect and approval for or a good opinion of someone
257. pr_____ge company	<i>n.</i> respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
258. re_____nt by a diagram	<i>v.</i> to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 249. facilitate, 250. circulate, 251. rely, 252. display, 253. waist, 254. vital, 255. inclusive, 256. esteem, 257. prestige, 258. represent

259. chemical ad____on	<i>n.</i> the act or process of adding something to something else; the process of adding numbers
260. suffer d__e poverty	<i>adj.</i> extremely serious or urgent; critical, grave, or disastrous
261. a person of di____e talents	<i>adj.</i> including numerous categories of individuals or entities; various
262. ex____d a lineup	<i>v.</i> to increase or to make something greater in size, number, or importance
263. co____e electricity	<i>v.</i> to spend something, especially fuel, energy, or time, in a large amount
264. vol____us curves	<i>adj.</i> having shapely and attractive curves, especially in a woman's figure; characterized by luxury, indulgence, or sensual pleasure; appealing to the senses in a sumptuous or hedonistic way
265. mi____es sterilizer	<i>n.</i> a tiny living thing that can only be seen with a microscope and that may cause disease
266. the ba____e of power	<i>n.</i> a condition in which everything has the same weight or force; something left after other parts have been taken away
267. field of con____ary art	<i>adj.</i> belonging to the same or present time
268. ID card	<i>n.</i> a part of the psyche that represents the unconscious desires and instincts of an individual; in psychoanalytic theory, it is believed to be the most basic and primal part of the human psyche; (also ID, short for identification) a document or card that proves a person's identity, such as a driver's license, passport, or national ID card

ANSWERS: 259. addition, 260. dire, 261. diverse, 262. expand, 263. consume, 264. voluptuous, 265. microbe, 266. balance, 267. contemporary, 268. id

- |  |           |   |
|--|-----------|---|
| 269. be___g to a group                             | <i>v.</i> | to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place   |
| 270. div_____ce angle                              | <i>n.</i> | the act or process of separating and moving in different directions; a difference or variance between two or more things or ideas; a deviation from a common or shared path or goal |
| 271. en___e in environmental protection activities | <i>v.</i> | to attract and keep someone's attention and interest; to participate in or obtain services of something   |
| 272. met_____sm enzyme                             | <i>n.</i> | the set of chemical reactions in cells or organisms that are necessary for life-sustaining  |
| 273. sheer li_____ne cliffs                        | <i>n.</i> | a sedimentary rock that is composed mainly of calcium carbonate, which is the mineral calcite   |
| 274. plenty of fl__ds                              | <i>n.</i> | a substance that can flow and is not solid  |
| 275. de___t a feeling of isolation                 | <i>v.</i> | to illustrate someone or something in a photograph  |
| 276. the per_____ve of the battle                  | <i>n.</i> | a confident attitude toward something; a particular style of thinking about something   |
| 277. share my in_____ts                            | <i>n.</i> | the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like  |

ANSWERS: 269. belong, 270. divergence, 271. engage, 272. metabolism, 273. limestone, 274. fluid, 275. depict, 276. perspective, 277. insight

278. D__t approval	<i>n.</i> the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
279. exercise re___e	<i>n.</i> the organization, a system, or method that is the governing authority of a political unit
280. en___e a new employee	<i>v.</i> to attract and keep someone's attention and interest; to participate in or obtain services of something
281. Doppler sh__t	<i>n.</i> a slight transition in position, direction, or trend
282. have a b__s toward socialism	<i>n.</i> a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
283. in____al organs	<i>adj.</i> of or relating to the inside of something
284. am__e evidence	<i>adj.</i> enough or more than enough; having plenty of something
285. ra__o of boys to girls	<i>n.</i> the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal
286. harmless ba____ia	<i>n.</i> single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
287. minor co____ic changes	<i>adj.</i> relating to treatment aimed at restoring or improving a person's appearance and attractiveness; (noun) a substance that you put on your face or body to enhance its appearance and make it more attractive

ANSWERS: 278. diet, 279. regime, 280. engage, 281. shift, 282. bias, 283. internal, 284. ample, 285. ratio, 286. bacteria, 287. cosmetic

288. en_____ic density	<i>adj.</i> possessing or exerting or displaying energy
289. as_____te alcohol with gambling	<i>v.</i> to mentally connect someone or something with someone or something else
290. ext_____ty costs	<i>n.</i> a cost or benefit that affects a third party who did not choose to incur that cost or benefit
291. rep_____ion rate	<i>n.</i> the process by which organisms create offspring; the production of something similar to an original work
292. traditional me_____al	<i>adj.</i> of or relating to the treatment or cure of disease
293. flu pa_____ic	<i>n.</i> an outbreak of a disease that affects many people over a very wide area
294. ce_____ty known worldwide	<i>n.</i> someone who is well-known, particularly in the entertainment industry
295. co_____al combination of funds	<i>adj.</i> belonging to or used by a group rather than individuals; for common use
296. na___n-state	<i>n.</i> a large organized community of people living in a particular country or region and having a particular culture
297. l___n athletic figure	<i>adj.</i> having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture
298. d__e situation	<i>adj.</i> extremely serious or urgent; critical, grave, or disastrous
299. natural he_____g ability	<i>n.</i> the process of becoming or making somebody or something well again

ANSWERS: 288. energetic, 289. associate, 290. externality, 291. reproduction, 292. medicinal, 293. pandemic, 294. celebrity, 295. communal, 296. nation, 297. lean, 298. dire, 299. healing



- |                              |   |
|------------------------------|---|
| 300. re_____ce the military  | <i>v.</i> to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger   |
| 301. acc_____ing equipment   | <i>adj.</i> being in a position next to or near something or someone  |
| 302. ph___a treatment        | <i>n.</i> an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder  |
| 303. ci_____te a rumor       | <i>v.</i> to move continuously or freely around a place or closed system  |
| 304. past mil_____um         | <i>n.</i> a span of 1000 years, or the 1000th anniversary (plural: millennia)   |
| 305. ort_____ia symptoms     | <i>n.</i> an obsession with eating only healthy or "pure" foods, often rooted in a desire to improve overall health or avoid certain ingredients, but which can lead to social isolation, malnutrition, and other negative health consequences; |
| 306. ant_____ogy of religion | <i>n.</i> the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species   |
| 307. a puppet re___e         | <i>n.</i> the organization, a system, or method that is the governing authority of a political unit   |
| 308. a lo_____e creature     | <i>adj.</i> deserving or inspiring love and affection   |
| 309. env_____nt affairs      | <i>n.</i> the natural world such as air, water, and land in which humans, animals, and plants live  |

ANSWERS: 300. reinforce, 301. accompanying, 302. phobia, 303. circulate, 304. millennium, 305. orthorexia, 306. anthropology, 307. regime, 308. lovable, 309. environment

310. fl__d assets	<i>n.</i> a substance that can flow and is not solid
311. re_____ze achievement	<i>v.</i> to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
312. vi_____ty of youth	<i>n.</i> the state of being strong and active; energy
313. t__g branch	<i>n.</i> a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual
314. skin mic_____me	<i>n.</i> the community of microorganisms (= living things too small to be seen) that can usually be found living together in any given environment or the human body
315. or_____ry annual revenue	<i>adj.</i> not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
316. ex_____al commerce	<i>adj.</i> belonging to or situated outside of someone or something
317. lo___e a missing pet	<i>v.</i> to specify or determine the exact position of someone or something
318. ad_____se the campaign	<i>v.</i> to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
319. ag_____an society	<i>adj.</i> relating to the cultivation of land or the raising of crops and animals; characterized by a society that relies on agriculture as its primary means of sustenance

ANSWERS: 310. fluid, 311. recognize, 312. vitality, 313. twig, 314. microbiome, 315. ordinary, 316. external, 317. locate, 318. advertise, 319. agrarian

320. inc\_\_\_\_\_gly become common

*adv.* more and more

321. mu\_\_\_\_\_ar contraction

*adj.* of or relating to the muscles; having or suggesting great physical power or force

322. me\_\_\_\_\_al chemistry

*adj.* of or relating to the treatment or cure of disease

ANSWERS: 320. increasingly, 321. muscular, 322. medicinal

## Session 3: Fill in the Blanks

1. The sprinter has a \_\_\_\_\_ way of running.  
*adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)
2. There's a new \_\_\_\_\_ of hero in the movies now.  
*n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
3. All the books in this section \_\_\_\_\_ to the library's rare collection and must be handled carefully.  
*v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
4. The doctor advised him to lose weight and maintain a healthy diet to avoid becoming \_\_\_\_\_.  
*adj.* weighing more than is considered normal, desirable, or healthy for a particular height and build
5. Understanding unitary \_\_\_\_\_ of a normal matrix require considerable mathematical sophistication.  
*n.* a complete change in form, nature, or appearance of someone or something
6. \_\_\_\_\_ algorithms can find ways to optimize that humans do not anticipate.  
*adj.* relating to or denoting how living things develop or change from earlier forms

ANSWERS: 1. dynamic, 2. brand, 3. belong, 4. overweight, 5. transformations, 6. Evolutionary

7. Our company found it \_\_\_\_\_ difficult to keep up with the competition.  
*adv.* more and more
8. It will take time for her mental scars to \_\_\_\_\_.  
*v.* to make a wound or injury to become well again
9. The painter focused on the moody \_\_\_\_\_ of abandoned buildings in his work.  
*n.* the inside or inner part of something; the space within the walls of a building
10. The Great Pyramid of Giza was built using blocks of \_\_\_\_\_.  
*n.* a sedimentary rock that is composed mainly of calcium carbonate, which is the mineral calcite
11. The university has established a capacity for each nationality as part of its \_\_\_\_\_ policy.  
*adj.* including much or everything, and especially including stated limits; not excluding any of the people, things, ideas, etc. involved in something
12. Her \_\_\_\_\_ is comfortable clothing over fashionable ones.  
*n.* a stronger liking or interest for something or someone than another thing or person
13. We want to \_\_\_\_\_ our company through your media.  
*v.* to draw attention to something such as a product, service, or event in public to encourage people to buy, use, or attend it
14. The mental health \_\_\_\_\_ often prevents people from seeking treatment.  
*n.* a mark of shame or disgrace associated with a particular circumstance, quality, or person

ANSWERS: 7. increasingly, 8. heal, 9. interiors, 10. limestone, 11. inclusive, 12. preference, 13. advertise, 14. stigma

15. The industrial \_\_\_\_\_ laws were passed with little to no alteration.  
*n.* the way two persons or groups of people feel and act toward one another
16. His thinking is \_\_\_\_\_ in the country's culture.  
*n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
17. Her company soon won a \_\_\_\_\_ market share.  
*adj.* more important, influential, or easy to notice than anything else of the same type
18. The baker added butter to the dough to make the rolls \_\_\_\_\_ and soft.  
*adj.* rounded and full, especially in a pleasing way; pleasantly fat
19. The \_\_\_\_\_ of water to sugar in the recipe is 1:2.  
*n.* the relative size or amount of one thing to another, typically expressed in the form of a fraction or decimal
20. The company has a diverse workforce representing different \_\_\_\_\_ and backgrounds.  
*n.* the cultural characteristics of a particular group, such as language, religion, and traditions, that distinguish them from other groups
21. The \_\_\_\_\_ properties of this herb have been known to help with various ailments.  
*adj.* of or relating to the treatment or cure of disease
22. New York is a city with a \_\_\_\_\_ ethnic population.  
*adj.* including numerous categories of individuals or entities; various

ANSWERS: 15. relations, 16. mainstream, 17. dominant, 18. plump, 19. ratio, 20. ethnicity, 21. medicinal, 22. diverse

23. The \_\_\_\_\_ session of the Diet opened.

*adj.* not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

24. He had undergone heart \_\_\_\_\_ years before.

*n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

25. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.

*n.* a large organized community of people living in a particular country or region and having a particular culture

26. A person who has been declared incompetent should have legal \_\_\_\_\_.

*n.* the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting

27. The woods \_\_\_\_\_ the house.

*v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

28. The \_\_\_\_\_ plants need to be pollinated by local insects.

*adj.* someone or something that is native to or occurring naturally in a particular place

29. It's important not to \_\_\_\_\_ two issues when analyzing a complex situation.

*v.* to blend or fuse two or more things, often with the result of creating confusion or a loss of distinction between them; to mistakenly treat two separate entities as one

ANSWERS: 23. ordinary, 24. surgery, 25. nation, 26. representation, 27. embrace, 28. indigenous, 29. conflate

30. I forgot my \_\_\_ at home and needed it to enter the club.

- n.* a part of the psyche that represents the unconscious desires and instincts of an individual; in psychoanalytic theory, it is believed to be the most basic and primal part of the human psyche; (also ID, short for identification) a document or card that proves a person's identity, such as a driver's license, passport, or national ID card

31. We should \_\_\_\_\_ the troops at the front line.

- v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

32. The majority of consumers \_\_\_\_\_ this brand with quality.

- v.* to mentally connect someone or something with someone or something else

33. It is an incredible \_\_\_\_\_ to climb Mount Everest, the highest mountain in the world.

- n.* a notable or impressive achievement, especially one that requires great skill or bravery

34. Initially, we must \_\_\_\_\_ all project-related expenses.

- v.* to study or consider a person or object attentively and thoroughly to learn something about them

35. \_\_\_\_\_ prevalent in hospitals are often resistant to antibiotics.

- n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

36. The \_\_\_\_\_ music was soothing and added to the ambiance.

- adj.* being in a position next to or near something or someone

ANSWERS: 30. ID, 31. reinforce, 32. associate, 33. feat, 34. examine, 35. Bacteria, 36. accompanying



37. The data he prepared was completely \_\_\_\_\_.

- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

38. The photographer took this photo using a telephoto \_\_\_\_\_.

- n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

39. I love to \_\_\_\_\_ in nature and feel its calming effects on me.

- v.* to live or reside in a particular place; to think, speak, or write at length on a particular subject; to linger or remain as if unwilling to leave

40. \_\_\_\_\_ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

- n.* a person who supports or suggests an idea, development, or way of doing something

41. The group engages in \_\_\_\_\_ through lobbying and campaigning for policy changes.

- n.* the act of supporting or promoting a particular cause or point of view, often through public campaigning or lobbying

42. She has a \_\_\_\_\_ of spiders and always avoids them.

- n.* an extreme or irrational fear of a particular object, person, situation, or activity; a type of anxiety disorder

43. Sitting for long hours in front of the computer is considered \_\_\_\_\_.

- adj.* not conducive to good health; detrimental to physical or mental well-being

ANSWERS: 37. sham, 38. lens, 39. dwell, 40. Advocates, 41. advocacy, 42. phobia, 43. unhealthy

44. The new strategy will \_\_\_\_\_ the profitability of our company.  
*v.* to increase or improve the quality, amount, or strength of someone or something
45. A company is a distinct legal \_\_\_\_\_.  
*n.* something that exists independently and has its own identity
46. They fear a \_\_\_\_\_ of a new type of virus.  
*n.* an outbreak of a disease that affects many people over a very wide area
47. In \_\_\_\_\_ private corporations provide healthcare services.  
*n.* the act or process of adding something to something else; the process of adding numbers
48. Perseverance and optimism are \_\_\_\_\_ to success.  
*adj.* necessary for the success or continued existence of something
49. The sperm count is used as an indicator of male \_\_\_\_\_.  
*n.* the state or quality of being able to produce babies, young animals, fruit, or new plants
50. The vaccination does not necessarily make you completely \_\_\_\_\_.  
*adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
51. Totalitarian \_\_\_\_\_ are less likely to innovate because they deprive individuals of economic incentives.  
*n.* the organization, a system, or method that is the governing authority of a political unit

ANSWERS: 44. enhance, 45. entity, 46. pandemic, 47. addition, 48. vital, 49. fertility, 50. immune, 51. regimes

52. The phone rang at the most \_\_\_\_\_ time.

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

53. Many \_\_\_\_\_ areas are still impoverished.

*adj.* of or relating to the countryside

54. His son had accurately \_\_\_\_\_ the bloom.

*v.* to illustrate someone or something in a photograph

55. A balanced \_\_\_\_\_ is more important for health than supplements.

*n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

56. When a company discloses information to the market, an \_\_\_\_\_ auditor verifies them.

*adj.* belonging to or situated outside of someone or something

57. Most of the people in the \_\_\_\_\_ community work in agriculture.

*adj.* relating to the cultivation of land or the raising of crops and animals; characterized by a society that relies on agriculture as its primary means of sustenance

58. The prevalence of \_\_\_\_\_ has increased significantly in recent years.

*n.* the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

59. \_\_\_\_\_ surgery is becoming more common in Asia due to lowering prices.

*adj.* relating to treatment aimed at restoring or improving a person's appearance and attractiveness; (noun) a substance that you put on your face or body to enhance its appearance and make it more attractive

ANSWERS: 52. opportune, 53. rural, 54. depicted, 55. diet, 56. external, 57. agrarian, 58. obesity, 59. Cosmetic

60. The prime minister canceled visits to other countries to resolve \_\_\_\_\_ disputes.

*adj.* of or relating to the inside of something

61. We have \_\_\_\_\_ time to finish the project before the deadline.

*adj.* enough or more than enough; having plenty of something

62. The \_\_\_\_\_ of the argument was well-presented.

*n.* the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

63. His father's death changed his whole \_\_\_\_\_ on life.

*n.* a confident attitude toward something; a particular style of thinking about something

64. She intends to \_\_\_\_\_ a political career.

*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

65. My sister got a new \_\_\_\_\_ for her job interview.

*n.* the way in which a person's hair is cut, styled, or arranged on their head

66. Body \_\_\_\_\_ can be a severe mental health condition that requires professional help.

*n.* abnormal development or malformations of anatomical structures in plants, animals, or humans; a mental health condition characterized by obsessive concern with one's appearance and a preoccupation with perceived flaws or defects that are not noticeable or are only slight and which often leads to anxiety, depression, and avoidance behaviors

ANSWERS: 60. internal, 61. ample, 62. substance, 63. perspective, 64. pursue, 65. hairstyle, 66. dysmorphia

67. People with \_\_\_\_\_ may avoid a wide range of foods, including those considered healthy by most people.
- n.* an obsession with eating only healthy or "pure" foods, often rooted in a desire to improve overall health or avoid certain ingredients, but which can lead to social isolation, malnutrition, and other negative health consequences;
68. This \_\_\_\_\_ has never been formally accepted.
- n.* a thing that someone has accomplished, primarily through their effort and ability
69. We need to \_\_\_\_\_ our products in an attractive way to attract customers.
- v.* to exhibit or show something to others, often to attract attention or demonstrate its features, properties, or value
70. The little puppy was \_\_\_\_\_ and had a playful personality.
- adj.* deserving or inspiring love and affection
71. The bird perched on a \_\_\_\_\_ and sang a beautiful melody.
- n.* a small, thin, flexible branch or shoot of a tree or shrub; a slender, fragile, or delicate object or individual
72. The therapist tried to \_\_\_\_\_ his negative thoughts.
- v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
73. This country has a nationally \_\_\_\_\_ culture.
- adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification
74. He \_\_\_\_\_ his health to make the project a success.
- v.* to not give enough care or attention to something; to leave something undone

ANSWERS: 67. orthorexia, 68. achievement, 69. display, 70. lovable, 71. twig, 72. reframe, 73. uniform, 74. neglected

75. She researched gender \_\_\_\_\_ in politics.

- n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

76. We replaced \_\_\_\_\_ equipment to improve factory productivity.

- adj.* no longer useful or valid because of being old-fashioned

77. mRNA vaccines are approved faster because they do not contain inactivated \_\_\_\_\_.

- n.* a bacterium, virus, or other microorganism that causes disease

78. The company's decision to lay off a large number of employees \_\_\_\_\_ as it led to a decrease in productivity.

- v.* to have an opposite and undesirable effect to what was intended; to make a sudden noise like an explosion

79. The robot can accurately \_\_\_\_\_ construction material.

- v.* to specify or determine the exact position of someone or something

80. The actress had a \_\_\_\_\_ figure that was admired by many.

- adj.* having shapely and attractive curves, especially in a woman's figure; characterized by luxury, indulgence, or sensual pleasure; appealing to the senses in a sumptuous or hedonistic way

81. This process caused an \_\_\_\_\_ chemical reaction.

- adj.* possessing or exerting or displaying energy

82. He is more concerned about the \_\_\_\_\_ of his body fat than usual because of an upcoming bodybuilding competition.

- n.* a part, share, or amount of something considered in comparative relation to a whole

ANSWERS: 75. bias, 76. outdated, 77. pathogens, 78. backfired, 79. locate, 80. voluptuous, 81. energetic, 82. proportion

83. These articles cite five \_\_\_\_\_ of climate change.

*n.* a particular example or single occurrence of something

84. The beachfront property had a \_\_\_\_\_ location with stunning ocean views.

*adj.* worth having or achieving; pleasing, attractive, or sought after

85. My friend gifted me a miniature \_\_\_\_\_ of my favorite comic book character.

*n.* a small ornamental figure, typically made of clay, porcelain, or plastic and often depicting a person or animal

86. The book is a rich and detailed \_\_\_\_\_ of the cultural practices of a group of people.

*n.* the study of social groups and cultures, often conducted through observation, interviews, and analysis of primary sources; a written account of such a study

87. The building makes a remarkable \_\_\_\_\_ impact.

*adj.* relating to seeing or sight

88. The job offer \_\_\_\_\_ a lot of responsibility and hard work.

*v.* to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something

89. This vaccine causes mild \_\_\_\_\_ side effects.

*adj.* affecting or related to the whole of something, especially the human body or a society

90. A smaller car will \_\_\_\_\_ less fuel.

*v.* to spend something, especially fuel, energy, or time, in a large amount

ANSWERS: 83. instances, 84. desirable, 85. figurine, 86. ethnography, 87. visual, 88. entails, 89. systemic, 90. consume

91. The \_\_\_\_\_ on the table was used to time the cooking of the cookies.
- n.* a device used for measuring time consisting of two glass bulbs, connected by a narrow waist, that contains sand or other granular material which takes a set amount of time to pass from one bulb to the other
92. The musicians attempted to \_\_\_\_\_ their voices for the chorus.
- v.* to bring into agreement or concord; to make compatible
93. The popularity of the show made her an instant \_\_\_\_\_.
- n.* someone who is well-known, particularly in the entertainment industry
94. Regular yoga practice and meditation can help to balance the \_\_\_\_\_ and promote physical and emotional wellness.
- n.* a concept in Ayurvedic medicine that refers to a type of bodily humor or energy, believed to determine one's physical and mental characteristics, as well as susceptibility to disease
95. Different people might \_\_\_\_\_ this news differently.
- v.* to explain or assign the meaning of information, actions, etc.
96. Without investment, a business cannot \_\_\_\_\_.
- v.* to grow vigorously; to make steady progress
97. The areas of \_\_\_\_\_ and psychology are significantly related to one another.
- n.* the scientific study of humanity, concerned with human behavior, human biology, cultures, societies, and linguistics in both the present and past, including past human species
98. The picture earned near-\_\_\_\_\_ acclaim from critics.
- adj.* existing or affecting everywhere or everyone

ANSWERS: 91. hourglass, 92. harmonize, 93. celebrity, 94. doshas, 95. interpret, 96. thrive, 97. anthropology, 98. universal



99. We elected him to \_\_\_\_\_ us at the international conference.

- v.* to speak, act, or be present on behalf of another person or group; to form or constitute

100. Every human is responsible for taking care of the Earth's \_\_\_\_\_.

- n.* the natural world such as air, water, and land in which humans, animals, and plants live

101. They each choose \_\_\_\_\_ to battle.

- adv.* in spite of what has just been said or done; nevertheless

102. \_\_\_\_\_ elections were held in several European countries.

- adj.* belonging to or used by a group rather than individuals; for common use

103. We are responsible for the care and \_\_\_\_\_ of all our employees.

- n.* the state of being happy and healthy and prosperous

104. This shirt will \_\_\_\_\_ in the wash.

- v.* to become smaller, or to make something smaller in size or amount

105. Our world is in the third \_\_\_\_\_.

- n.* a span of 1000 years, or the 1000th anniversary (plural: millennia)

106. The problem with achievement tests is the narrowness they \_\_\_\_\_ on students.

- v.* to officially force a new law, tax, duty, etc. to be obeyed or received

107. The doctor prescribed some medicine for the mental \_\_\_\_\_.

- n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

ANSWERS: 99. represent, 100. environment, 101. nonetheless, 102. Communal, 103. well-being, 104. shrink, 105. millennium, 106. impose, 107. disorder

108. The gut \_\_\_\_\_ is a major producer of serotonin, which is necessary for human mental stability.
- n.* the community of microorganisms (= living things too small to be seen) that can usually be found living together in any given environment or the human body
109. The \_\_\_\_\_ team worked quickly to save the patient's life.
- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
110. The \_\_\_\_\_ economic straits called for immediate action.
- adj.* extremely serious or urgent; critical, grave, or disastrous
111. The company is environmentally conscious, and \_\_\_\_\_ it uses sustainable materials in its products.
- adv.* indicating that what follows is an additional or supplementary point; furthermore; in addition to what has been said before
112. She worked hard to treat her \_\_\_\_\_ dystrophy.
- adj.* of or relating to the muscles; having or suggesting great physical power or force
113. Better sleep leads to increased \_\_\_\_\_.
- n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
114. We gained various \_\_\_\_\_ by analyzing the vast amount of data owned by the company.
- n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
115. Try to keep a \_\_\_\_\_ between work and off.
- n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

ANSWERS: 108. microbiome, 109. medical, 110. dire, 111. moreover, 112. muscular, 113. metabolism, 114. insights, 115. balance

116. \_\_\_\_ operational improvements often lead to better environmental performance.

*adj.* having a noticeably small amount of body fat; (verb) to bend or move from a straight to a sloping posture

117. His dream is to become an Olympic \_\_\_\_.

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

118. Cultural norms strongly influence \_\_\_\_ expectations.

*n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

119. Each ancient tribe has its \_\_\_\_ traditions.

*n.* the process of becoming or making somebody or something well again

120. \_\_\_\_ thrive on the surface of the human skin.

*n.* a tiny living thing that can only be seen with a microscope and that may cause disease

121. He is our loyal customer who should be held in high \_\_\_\_.

*n.* great respect and approval for or a good opinion of someone

122. The suspect's \_\_\_\_ behavior and lack of remorse made the judge question their sanity.

*adj.* not wanting to be around or spend time with other people; unwilling or unable to conform to accepted social norms or standards

123. One such rapidly growing \_\_\_\_ is quantum cryptography.

*n.* an idea or principle associated with something abstract

ANSWERS: 116. Lean, 117. athlete, 118. gender, 119. healing, 120. Microbes, 121. esteem, 122. antisocial, 123. concept

124. It's important to \_\_\_\_\_ your strengths and weaknesses.

- v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

125. Advocates for legal reform hear less harsh words from their \_\_\_\_\_.

- n.* someone who expresses opinions about the quality of books, music, etc.

126. Babies heavily \_\_\_\_\_ on others for food.

- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

127. He was promoted to the \_\_\_\_\_ of captain in the military.

- n.* a position in a hierarchy of status or authority; (verb) to take or have a position relative to others

128. The behavior of the clown at the party was quite \_\_\_\_\_.

- adj.* strange or odd, typically in an interesting or attractive way

129. They hope to \_\_\_\_\_ their business worldwide.

- v.* to increase or to make something greater in size, number, or importance

130. The new gym membership has improved his \_\_\_\_\_ and overall health.

- n.* the state of being strong and active; energy

131. Each \_\_\_\_\_ group has its unique rituals.

- adj.* relating or belonging to a group of people who share a cultural tradition

132. The two products \_\_\_\_\_ in their quality and price.

- v.* to be not like someone or something in some way

ANSWERS: 124. recognize, 125. critics, 126. rely, 127. rank, 128. queer, 129. expand, 130. vitality, 131. ethnic, 132. differed

133. The \_\_\_\_\_ in the road was so sharp that I had to slow down to navigate it safely.  
*n.* a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
134. The negative \_\_\_\_\_ of pollution affects not just the polluter but also people living in the surrounding area.  
*n.* a cost or benefit that affects a third party who did not choose to incur that cost or benefit
135. \_\_\_\_\_ music has gained different followers from existing music.  
*adj.* belonging to the same or present time
136. She cinched her dress at the \_\_\_\_\_ to accentuate her hourglass figure.  
*n.* the part of the human body between the ribs and hips or the corresponding part in other animals
137. I'm strongly \_\_\_\_\_ to that plan.  
*adj.* being completely different from something or disagreeing strongly with something
138. The growth of the "sharing economy" is \_\_\_\_\_ for tech companies.  
*adj.* immensely appealing in look or sound; having characteristics or qualities that make something appealing and valuable
139. That company is cautious when it comes to \_\_\_\_\_ investment.  
*n.* the value of the shares issued by a company
140. It's important to understand the \_\_\_\_\_ of a situation before making a decision.  
*n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

ANSWERS: 133. curve, 134. externality, 135. Contemporary, 136. waist, 137. opposed, 138. attractive, 139. equity, 140. context

141. Computers help people \_\_\_\_\_ specific memories.

- v.* to keep or continue to possess or maintain something

142. The \_\_\_\_\_ in opinions among the team members led to a delay in completing the project.

- n.* the act or process of separating and moving in different directions; a difference or variance between two or more things or ideas; a deviation from a common or shared path or goal

143. A healthy farm provides an \_\_\_\_\_ of food.

- n.* a significant amount of something; the situation in which there is too much of something

144. Many multinational companies are \_\_\_\_\_ in the reconstruction of that country.

- v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

145. Could you help me \_\_\_\_\_ some furniture?

- n.* a slight transition in position, direction, or trend

146. University teaches the art of understanding the \_\_\_\_\_ of the matter.

- n.* the basic or most important part or quality of something that makes it what it is

147. The \_\_\_\_\_ of the plant depends on the pollinators.

- n.* the process by which organisms create offspring; the production of something similar to an original work

148. Her \_\_\_\_\_ behavior towards perfectionism often led to burnout.

- adj.* relating to or characterized by an obsession or excessive interest in a particular thing or activity; tending to dwell on or repeat certain thoughts or behaviors

ANSWERS: 141. retain, 142. divergence, 143. abundance, 144. engaged, 145. shift, 146. essence, 147. reproduction, 148. obsessive

149. The university has great \_\_\_\_\_ in the academic community.

- n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

150. The \_\_\_\_\_ study of different cultures is fascinating and informative.

- adj.* relating to the comparison of different things or groups; denoting a degree of difference or comparison between two or more things; characterized by comparison or contrast

151. The researchers try to discover a common \_\_\_\_\_ in all types of successful organizations.

- n.* one of several parts that combines with others to form something bigger

152. Many people are working together to close the gender \_\_\_\_.

- n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

153. The fan \_\_\_\_\_ the air in the room quickly.

- v.* to move continuously or freely around a place or closed system

154. The company implemented a new software system to \_\_\_\_\_ employee communication and collaboration.

- v.* to make something easier or more likely to happen

155. She was diagnosed with a \_\_\_\_\_ buildup in her lungs.

- n.* a substance that can flow and is not solid

156. Australia is widely \_\_\_\_\_ as having low levels of corruption.

- v.* to become aware or conscious of something through the senses

ANSWERS: 149. prestige, 150. comparative, 151. component, 152. gap, 153. circulates, 154. facilitate, 155. fluid, 156. perceived

157. The \_\_\_\_\_ of fast-food restaurants has contributed to the obesity epidemic.

- n.* a rapid or uncontrolled increase in the number or amount of something; the process of growing, producing, or spreading rapidly and excessively

158. As a result of this \_\_\_\_\_ we have revised our safety measures.

- n.* the act of changing something, usually to improve it, or something changed

159. Many women delay \_\_\_\_\_ until their careers are established.

- n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

160. Critics praised her \_\_\_\_\_ of the character.

- n.* a representation or depiction of someone or something, especially in art, literature, or drama

161. He was impressed by the range and \_\_\_\_\_ of the collection.

- n.* the quality or fact of many different types of things or people being included in something; a range of different things or people

ANSWERS: 157. proliferation, 158. modification, 159. childbearing, 160. portrayal, 161. diversity