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Vocabulary Builder Reference from...

Alex Smith: An NFL quarterback on overcoming setbacks and self-doubt | TED Talk

https://www.ted.com/talks/alex_smith_an_nfl_quarterback_on_overcoming_setbacks_and_self_doubt

All Words

IMPORTANT

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Session 1: Word List

surround

v. to be all around something or somebody

synonym : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace
On three sides, mountains **surround** the settlement.

hazy

adj. not clear due to a lack of recollection, comprehension, or detail; unsure or perplexed about something

synonym : blurred, clouded, foggy

(1) **hazy** dream, (2) **hazy** atmosphere
My memories of the holiday were **hazy**.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded
He became **conscious** that he was being followed.

infection

n. a condition in which pathogenic microorganisms or viruses have entered the body

synonym : contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial

infections.

operate

v. to work in a particular way; to supervise something
synonym : work, use, employ

(1) **operate** 24 hours a day, (2) manually **operate** a machine

This machine is too difficult to **operate** for me.

spike

n. a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something

synonym : end, spindle, point

(1) to **spike**, (2) to prevent blood sugar **spikes**

The recent **spike** in grain prices is partly due to the war in the producing countries.

immune

adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

synonym : resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

septic

adj. containing, infected by, or resulting from disease-causing organisms

synonym : infected, contaminated, unclean

(1) **septic** sewage, (2) **septic** system

The **septic** tank was not properly maintained and caused a health hazard.

flesh

n. the soft substance composing the body of a person or animal, as opposed to bones and other structures

synonym : meat, muscle, tissue

(1) grow in **flesh**, (2) **flesh** eating

The **flesh** of the fruit is sweet and juicy.

bacteria

n. single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

synonym: microorganism, microbe

(1) pathogenic **bacteria**, (2) harmless **bacteria**

Bacteria prevalent in hospitals are often resistant to antibiotics.

crawl

v. to move forward slowly, as people or animals with their bodies near the ground

synonym: creep, drag

(1) **crawl** across the floor, (2) **crawl** away from a car

Along the gravel roads, sizeable yellow school buses **crawl**.

vital

adj. necessary for the success or continued existence of something

synonym: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

quarterback

n. the player in American football who typically leads the offense and is responsible for calling plays, passing the ball, and directing the team's overall strategy on the field

synonym: signal caller, field general

(1) elite **quarterback**, (2) backup **quarterback**

The coach decided to bench the starting **quarterback** after multiple turnovers.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat

International law allows each nation to **defend** itself when its rights and interests are illegally violated.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

scare

v. to frighten a person or animal, or to become frightened

synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

compound

n. an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements

synonym: combination, mixture, blend

(1) aquatic **compound**, (2) harmful **compound**

Common salt is a sodium and chlorine **compound**.

spiral

n. a curve that coils around a central point and gets progressively farther away from it as it goes around

synonym: coil, helix, twist

(1) **spiral** staircase, (2) **spiral** design

The leaves of the fern were arranged in a **spiral** pattern.

fracture

n. the breaking or cracking of a rigid material or object such as bone

synonym : break, crack, rupture

(1) **fracture** test, (2) risk of bone **fractures**

X-ray inspection revealed many **fractures**.

twist

v. to bend or turn something into a certain shape

synonym : wrench, turn, twirl

(1) **twist** around to the left, (2) **twist** a wet towel

He **twisted** pieces of rope out of straw.

snap

v. to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands

synonym : break, crack, fracture

(1) **snap** a whip, (2) **snap** judgment

She **snapped** a quick picture of the beautiful sunset before it disappeared.

diagonally

adv. in an oblique or slanted direction or manner; at an angle between horizontal and vertical

synonym : obliquely, slantwise, askew

(1) **diagonally** opposite, (2) cut **diagonally**

I walked **diagonally** across the field to reach the other side faster.

corkscrew

n. a twisting device used for opening bottles or jars with a cork or other stopper, typically consisting of a spiral metal rod attached to a handle

synonym : spiral, bottle opener, wine opener

(1) **corkscrew** bottle opener, (2) **corkscrew** staircase

The gymnast executed a breathtaking **corkscrew** flip, landing perfectly on the mat.

gruesome

adj. causing horror or disgust

synonym : appalling, horrific, terrible

(1) hear **gruesome** details, (2) **gruesome** accident

The **gruesome** crime scene was difficult for the detectives to stomach.

injury

n. harm done to a person's or an animal's body caused by an accident or an attack

synonym : wound, damage, hurt

(1) without **injury**, (2) a fatal **injury**

My accidental **injury** got better right away.

playoff

n. a series of games or matches played among teams or individuals to determine the winner of a competition or championship, particularly in sports

synonym : elimination game, finals

(1) **playoff** game, (2) 18-hole **playoff**

The team made it to the **playoff** round and is one step closer to the championship.

rousing

adj. exciting, stimulating, or inspiring; causing a strong emotional or physical response; arousing enthusiasm or interest

synonym : exciting, stirring, invigorating

(1) **rousing** music, (2) **rousing** business

The **rousing** speech by the coach pumped up the team before the big game.

comeback

n. a return to popularity, success, or performance after a decline or period of inactivity; a quick, witty response to a criticism or insult

synonym : return, resurgence, revival

(1) political **comeback**, (2) career **comeback**

The musician made an impressive **comeback** with their latest album.

chant

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym : hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel
The soccer game crowd broke into a **chant** of "Go, team, go!"

athlete

n. a person who competes in one or more sports that involve physical strength, speed, or endurance
synonym: player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**
His dream is to become an Olympic **athlete**.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions
We need to **discuss** the next steps for the project during our meeting tomorrow.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge
She waited for her daughter with **anxiety**.

self-doubt

n. lack of confidence in one's abilities or oneself
synonym: insecurity, uncertainty, diffident

(1) overcome **self-doubt**, (2) spiral of **self-doubt**
I was filled with **self-doubt**.

recover

v. to return to a former condition, health, mind, or strength
synonym: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings
She is still **recovering** from a shot to her shoulder.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.
synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**
Your **conversation** reflects your thoughts.

thigh

n. the part of the human leg between the hip and the knee;
in animals, the corresponding upper part of the hind leg
synonym: thigh-bone, femur, upper leg

(1) **thigh** muscle, (2) chicken **thigh**

The marathon runner felt a cramp in her **thigh** at the 20th mile.

attach

v. to fasten, join, or connect one thing to another
synonym: fix, fasten, bind

(1) **attach** firmly, (2) **attach** a file to an e-mail

He does not **attach** importance to these rumors.

bust

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

synonym: ruin, fall apart, (noun) breast

(1) **bust** my leg, (2) the **bust** of the statue

I'm **bust** with preparation for tomorrow's meeting.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym : surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

gel

n. a semi-solid substance, often transparent or translucent, that is used in various products from personal care to food to medicine, and which typically consists of a gelling agent that thickens the liquid

synonym : jelly, goo, paste

(1) **gel** nail polish, (2) antibacterial **gel**

I must use hair **gel** to style my hair for the job interview.

heartbeat

n. the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

synonym : beat, pulse, force

(1) **heartbeat** abnormality, (2) a pounding **heartbeat**

New York is the commercial **heartbeat** of America.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym : sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

sight

n. the ability to see; anything that is seen

synonym : vision, spectacle, view

(1) an unexpected **sight**, (2) dull **sight**

Many famous **sights** are within walking distance.

essentially

adv. relating to the essential features or concepts of anything
synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same
Essentially, a society is an organism.

giant

adj. enormous; much bigger or more important than similar items usually are

synonym : big, gigantic, huge

(1) **giant** trees, (2) **giant** tech company

The **giant** jets gradually dominate the world's airlines.

cheer

v. to give a loud shout to show support, praise, or approval

synonym : comfort, encourage, hearten

(1) **cheer** for the home team, (2) **cheer** me up

Supporters in the stands **cheered** at every goal.

stomach

n. the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

synonym : belly, abdomen, gut

(1) upset **stomach**, (2) **stomach** virus

I have a **stomach** ache after overeating junk food.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

bound

v. to move forward by leaps and bounds; to form the boundary of something

synonym : jump, bounce, leap

(1) **bounded** with delight, (2) **bound** up a staircase

Canada **bounds** on the United States.

prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional **prop**, (2) **prop** stick

We have finally lost our last **prop**.

couch

n. a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

synonym: sofa, settee, divan

(1) leather **couch**, (2) a **couch** potato

I love to relax on the **couch** and watch movies on the weekends.

wrestling

n. a sport in which two contestants grapple and try to throw each other to the ground

synonym: grappling, fighting, brawling

(1) **wrestling** match, (2) arm **wrestling**

He had always been interested in sumo **wrestling** and decided to try it.

meaningless

adj. having no meaning, direction, or purpose

synonym: pointless, absurd, senseless

(1) a **meaningless** endeavor, (2) do a **meaningless** task

This experiment's results are **meaningless** because the other conditions are not identical.

possibility

n. a chance that something may happen or be true

synonym: chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym : raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

catapult

n. a device used to hurl an object a long distance

synonym : launcher, trebuchet, slingshot

(1) powerful **catapult**, (2) **catapult** mechanism

The army used a **catapult** to launch large rocks over the castle walls.

draft

n. a preliminary version of something that is not yet in its final form

synonym : blueprint, outline, rough drawing

(1) a working **draft**, (2) write the first **draft**

During debates in the legislature, the **draft** of the law caused a lot of controversies.

handle

v. to deal with a situation, problem, or strong emotion

synonym : control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

anxious

adj. worried and nervous

synonym : nervous, uneasy, afraid

(1) **anxious** about his health, (2) an **anxious** look

He cast **anxious** glances behind her.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

synonym : fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group

All the books in this section **belong** to the library's rare collection and must be handled carefully.

fraud

n. the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses

synonym : trickery, deceit, blackmail

(1) get money by **fraud**, (2) victim of **fraud**

The police arrested them for committing insurance **fraud**.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym : immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

terrify

v. to frighten someone very much

synonym : unnerve, scare, horrify

(1) **terrify** people, (2) the threats **terrify** him

It would be best not to **terrify** your associates into doing complex tasks.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym : anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

validate

v. to check or prove that something is true; to make something officially or legally acceptable or approved

synonym : approve, certify, verify

(1) **validate** a hypothesis, (2) **validate** a passport

To **validate** your purchase, please visit the following link.

constantly

adv. all the time

synonym : continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

nauseous

adj. causing a feeling of nausea or sickness, often due to an unpleasant taste or smell; affected by a feeling of nausea or discomfort

synonym : sickening, queasy, abhorrent

(1) become **nauseous**, (2) **nauseous** stomach

The smell of the fish made me feel **nauseous**.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym : accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

sink

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

synonym : descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater

The abandoned ship slowly began to **sink** into the murky waters of the harbor.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

pleat

n. a fold or crease made in cloth or paper by doubling or bending over one part of it and pressing it down; a ridge or a raised line on a surface

synonym : fold, plait, tuck

(1) **pleat** skirt, (2) accordion **pleat**

The dress had a **pleat** in the front that added some elegant detail.

khaki

n. a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name

synonym : tan, beige, sand

(1) **khaki** jacket, (2) **khaki** shorts

The safari guide wore a **khaki** hat to protect himself from the sun.

tuck

v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

synonym : insert, wrap, pinch

(1) **tuck** a baby in the blanket, (2) **tuck** into another cigarette

You should **tuck** your shirt into your trousers.

sweat

n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

synonym : perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

linebacker

n. a defensive player in American football whose primary responsibility is to tackle the ball carrier or block pass attempts by the opposing team

synonym : defensive back

(1) **linebacker** position, (2) rookie **linebacker**

The team's defensive strategy relied heavily on their **linebacker's** ability to read the opposing team's offense.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

counterweight

n. a weight that balances or opposes another weight to achieve stability or equilibrium; a weight that is used to offset the weight of another object or to provide mechanical advantage

synonym: balance, counterbalance, counterpoise

(1) **counterweight** system, (2) **counterweight** balance

The **counterweight** on the suspension bridge helped keep it stable during windy conditions.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

replace

v. to take the place of something

synonym: substitute, supersede, displace

(1) **replace** one word with another, (2) **replace** a phone

Eventually, the new design will **replace** all older models.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

ethic

n. a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

synonym: moral code, code of conduct, principles

(1) moral **ethic**, (2) professional **ethic**

Having a strong work **ethic** is important for success in any field.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

perspective

n. a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

drape

v. to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

synonym: cover, hang, arrange

(1) **drape** a coat, (2) **drape** a curtain

She **draped** a shawl over her shoulders to keep warm.

rehabilitate

v. to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

synonym: reform, restore, renovate

(1) **rehabilitate** prisoners, (2) **rehabilitate** wildlife

The organization works to **rehabilitate** drug addicts and help them rebuild their lives.

military

adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare

synonym : armed, martial, warlike

(1) a **military** operation, (2) a **military** leader

The **military** academy was known for its strict discipline and training.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym : building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

intrepid

adj. courageous and not afraid of danger or difficulties

synonym : unfearing, courageous, dauntless

(1) **intrepid** personality, (2) **intrepid** travelers

There were still **intrepid** pioneers who planned to start their businesses

unheard

adj. not heard, listened to, or noticed; not having been brought to public attention

synonym : unknown, obscure

(1) an **unheard** story, (2) previously **unheard-of** economic development

The **unheard** melody was beautiful and touched everyone's hearts.

eerily

adv. in a strange, weird, or unsettling manner; suggesting the presence of supernatural or mysterious elements

synonym : spookily, strangely, creepily

(1) **eerily** accurate, (2) **eerily** atmospheric

The abandoned house was **eerily** silent as if someone was watching from within.

warrior

n. a person who engaged in or experienced warfare, especially in the past

synonym : fighter, soldier, combatant

(1) armored **warrior**, (2) **warrior** spirit

The poem depicts the heroics of a legendary **warrior**.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym : detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

triple

adj. consisting of three items or people; three times as great or many

synonym : threefold

(1) a **triple** mirror, (2) **triple** digits

His coach is a **triple** Olympic champion.

amputee

n. a person who has had an arm or a leg cut off

(1) quadruple **amputee**, (2) **amputee** runner

Amputees often experience an illusion of a phantom limb.

rejoin

v. to return to someone or something

synonym : come back, return, reunite

(1) **rejoin** their mother ship, (2) **rejoin** the party

After the battle, the soldier managed to **rejoin** his unit.

naval

adj. of or relating to ships, sailors, or the navy

synonym : marine, seafaring, maritime

(1) **naval** battles, (2) **naval** base

The **naval** officer was responsible for the safety and well-being of the crew on his ship.

awe

n. a feeling of respect and wonder inspired by someone or something greatly admired

synonym : wonder, amazement, reverence

(1) a feeling of **awe**, (2) in **awe** of the situation
The **awe-inspiring** mountains dominate the landscape.

literally

adv. in the real or original meaning of a word or phrase; in a literal sense or way; not figuratively

synonym: actually, truly, verily

(1) translate **literally**, (2) bite his tongue **literally**

He **literally** jumped out of his chair when he heard the news.

balance

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

synonym: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

shove

v. to push someone or something in a rough way

synonym: push, jab, elbow

(1) **shove** a person aside, (2) **shove** hamburger into my mouth

He forcibly **shoved** the flyer into my bag.

limb

n. an arm and leg of a person or animal

synonym: arm, appendage, branch

(1) a prosthetic **limb**, (2) **limb** amputation

You should wrap the bandage carefully and firmly around the injured **limb**.

zip

n. a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

synonym : fastener, postcode, slide

(1) **zip** code, (2) **zip** file

She put her phone in the **zip** pocket of her backpack.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym : allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

numerous

adj. amounting to a large indefinite number

synonym : many, considerable, countless

(1) **numerous** countries, (2) as **numerous** as the sand

These descriptions are based on a number of **numerous** assumptions.

setback

n. an unfortunate happening that hinders or impedes; a reversal or check in progress

synonym : obstacle, hindrance, difficulty

(1) major **setback**, (2) suffer a **setback**

The team experienced a **setback** when their star player was injured during the game.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

roster

n. a list of people's names, often who are available to do a job

synonym: listing, enrollment, registration

(1) **roster** index, (2) **roster** of cabinet

The club has notable celebrities on the **roster**.

helmet

n. a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress

synonym: headgear, head protector, safety hat

(1) **helmet** size, (2) safety **helmet**

The worker survived the impact because they were wearing sturdy **helmets**.

coronavirus

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

synonym: covid

(1) **coronavirus** antibody test kit, (2) **coronavirus**

bankruptcy

Considering the situation of **coronavirus**, organized stopped this year's beer festival.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next

month.

liberate

v. to set free; to release or rescue from captivity or oppression

synonym: emancipate, release, set free

(1) **liberate** people from oppression, (2) **liberate** potential
The prisoners were **liberated** after the war ended.

inflict

v. to cause harm, injury, or suffering to someone or something

synonym: impose, levy, administer

(1) **inflict** a heavier tax, (2) **inflict** a hard blow
The storm **inflicted** significant damage on the town.

maniac

adj. behaving in an extremely wild or violent way; (noun) a person who is extremely enthusiastic about or devoted to a particular thing

synonym: lunatic, maniacal, mad

(1) **maniac** about things, (2) a homicidal **maniac**
He was a **maniac** for collecting stamps.

eccentric

adj. weird or unusual, sometimes in a funny way

synonym: bizarre, abnormal, curious

(1) display **eccentric** behavior, (2) **eccentric** characters
He was **eccentric**, but he was also a genius.

grotesque

adj. bizarre or fantastic in shape, appearance, or character; fantastic; bizarre

synonym: bizarre, deformed, monstrous

(1) have **grotesque** design, (2) **grotesque** appearance
The **grotesque** sculpture made me feel uneasy.

deformity

n. a physical abnormality or distortion

synonym: abnormality, malformation, disfigurement

(1) **deformity** of character, (2) physical **deformity**
The **deformity** in the steel beam caused the bridge to

collapse.

purple

adj. of a color intermediate between red and blue

synonym : violet

(1) deep **purple**, (2) **purple** sweet potatoes

The plant has a stunning **purple** blossom.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym : alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

graphic

adj. relating to visual art or involving the use of diagrams or illustrations; very clear and powerful

synonym : illustrative, picturesque, visual

(1) **graphic** design, (2) a **graphic** description of an accident

The **graphic** novel was a masterpiece with stunning illustrations that brought the story to life.

tissue

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

synonym : structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**

The researcher separated the nervous **tissue** for microscopic examinations.

rebuild

v. to build again or anew

synonym : reconstruct, renovate, restore

(1) **rebuild** a company, (2) **rebuild** communities

They are planning to **rebuild** the house after the fire.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym : depict, express, describe

(1) **represent** by a diagram, (2) the characters that

represent numbers

We elected him to **represent** us at the international conference.

scar

n. a mark that remains on the skin after a wound has healed

synonym: blemish, imperfection, blotch

(1) burn **scar**, (2) carry a **scar**

Even after the wound has healed, a **scar** remains.

challenging

adj. difficult, demanding, or requiring a high degree of skill or effort; presenting a difficult problem or obstacle

synonym: difficult, demanding, arduous

(1) **challenging** task, (2) mentally **challenging**

The advanced math problem was **challenging**, but the student was determined to solve it.

bet

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

synonym: stake, wager, gamble

(1) **bet** on a race, (2) **bet** my future

I **bet** that you know it.

Session 2: Spelling

- | | |
|--|--|
| 1. cr__h coffee beans | <i>v.</i> to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller |
| 2. do a mea_____ss task | <i>adj.</i> having no meaning, direction, or purpose |
| 3. major se_____k | <i>n.</i> an unfortunate happening that hinders or impedes; a reversal or check in progress |
| 4. aquatic co_____nd | <i>n.</i> an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements |
| 5. sp____l design | <i>n.</i> a curve that coils around a central point and gets progressively farther away from it as it goes around |
| 6. asset on the company's ba_____e sheet | <i>n.</i> a condition in which everything has the same weight or force; something left after other parts have been taken away |
| 7. in_____id travelers | <i>adj.</i> courageous and not afraid of danger or difficulties |
| 8. de____d my country | <i>v.</i> to protect someone or something from attack, criticism, danger, etc. |
| 9. an_____y for knowledge | <i>n.</i> a feeling of worry, nervousness, or unease about something that is happening or might happen in the future |
| 10. a stone wall su_____nds the palace | <i>v.</i> to be all around something or somebody |

ANSWERS: 1. crush, 2. meaningless, 3. setback, 4. compound, 5. spiral, 6. balance, 7. intrepid, 8. defend, 9. anxiety, 10. surround

11. am____e runner *n.* a person who has had an arm or a leg cut off
12. burn s__r *n.* a mark that remains on the skin after a wound has healed
13. play a vi__l role *adj.* necessary for the success or continued existence of something
14. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
15. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
16. p__p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
17. a mi____ry operation *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
18. a prosthetic l__b *n.* an arm and leg of a person or animal
19. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
20. pos______ty of a major earthquake *n.* a chance that something may happen or be true
21. dr__e a curtain *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

ANSWERS: 11. amputee, 12. scar, 13. vital, 14. warn, 15. launch, 16. prop, 17. military, 18. limb, 19. handle, 20. possibility, 21. drape

22. abs_____ly against *adv.* without restriction or limitation; completely or utterly
23. fl__h eating *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
24. th__h muscle *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
25. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
26. a homicidal ma____c *adj.* behaving in an extremely wild or violent way; (noun) a person who is extremely enthusiastic about or devoted to a particular thing
27. harmless ba_____ia *n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
28. ca_____lt mechanism *n.* a device used to hurl an object a long distance
29. rookie lin_____er *n.* a defensive player in American football whose primary responsibility is to tackle the ball carrier or block pass attempts by the opposing team
30. an unexpected si__t *n.* the ability to see; anything that is seen
31. ex_____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open

ANSWERS: 22. absolutely, 23. flesh, 24. thigh, 25. represent, 26. maniac, 27. bacteria, 28. catapult, 29. linebacker, 30. sight, 31. explode

32. pl__t skirt *n.* a fold or crease made in cloth or paper by doubling or bending over one part of it and pressing it down; a ridge or a raised line on a surface
33. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
34. cou_____ght balance *n.* a weight that balances or opposes another weight to achieve stability or equilibrium; a weight that is used to offset the weight of another object or to provide mechanical advantage
35. h__y dream *adj.* not clear due to a lack of recollection, comprehension, or detail; unsure or perplexed about something
36. physical de_____ty *n.* a physical abnormality or distortion
37. cor_____us bankruptcy *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
38. display ec_____ic behavior *adj.* weird or unusual, sometimes in a funny way
39. bo__ded with delight *v.* to move forward by leaps and bounds; to form the boundary of something
40. ess_____ly correct *adv.* relating to the essential features or concepts of anything
41. a mi_____ry leader *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare

ANSWERS: 32. pleat, 33. conscious, 34. counterweight, 35. hazy, 36. deformity, 37. coronavirus, 38. eccentric, 39. bound, 40. essentially, 41. military

42. the professor of su____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
43. overcome sel_____bt *n.* lack of confidence in one's abilities or oneself
44. dull si__t *n.* the ability to see; anything that is seen
45. the threats te_____y him *v.* to frighten someone very much
46. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
47. in a_e of the situation *n.* a feeling of respect and wonder inspired by someone or something greatly admired
48. a cell phone with an internet
fa_____ty *n.* a building or place that provides a particular service or is used for a particular industry
49. pe____t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
50. a gr_____c description of an
accident *adj.* relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
51. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 42. surgery, 43. self-doubt, 44. sight, 45. terrify, 46. anxiety, 47. awe, 48. facility, 49. permit, 50. graphic, 51. emotion

52. lin_____er position *n.* a defensive player in American football whose primary responsibility is to tackle the ball carrier or block pass attempts by the opposing team
53. write the first dr__t *n.* a preliminary version of something that is not yet in its final form
54. s__p a whip *v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands
55. li_____te people from oppression *v.* to set free; to release or rescue from captivity or oppression
56. sh__e a person aside *v.* to push someone or something in a rough way
57. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
58. bite his tongue li_____ly *adv.* in the real or original meaning of a word or phrase; in a literal sense or way; not figuratively
59. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
60. cut dia_____ly *adv.* in an oblique or slanted direction or manner; at an angle between horizontal and vertical
61. kh__i jacket *n.* a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name

ANSWERS: 52. linebacker, 53. draft, 54. snap, 55. liberate, 56. shove, 57. doubt, 58. literally, 59. launch, 60. diagonally, 61. khaki

62. n__m of action *n.* something that is regarded as usual, typical, or standard
63. ha___ed the incident *v.* to deal with a situation, problem, or strong emotion
64. s__p judgment *v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands
65. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
66. gr_____ue appearance *adj.* bizarre or fantastic in shape, appearance, or character; fantastic; bizarre
67. ec_____ic characters *adj.* weird or unusual, sometimes in a funny way
68. tr___e digits *adj.* consisting of three items or people; three times as great or many
69. re_____e a phone *v.* to take the place of something
70. dia_____ly opposite *adv.* in an oblique or slanted direction or manner; at an angle between horizontal and vertical
71. cr__h a revolt *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
72. he_____at abnormality *n.* the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

ANSWERS: 62. norm, 63. handle, 64. snap, 65. achieve, 66. grotesque, 67. eccentric, 68. triple, 69. replace, 70. diagonally, 71. crush, 72. heartbeat

73. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
74. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
75. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
76. be___g to different species *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
77. become ess_____ly same *adv.* relating to the essential features or concepts of anything
78. re_____t a new hire *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
79. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
80. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
81. arm wr_____ng *n.* a sport in which two contestants grapple and try to throw each other to the ground
82. re_____d communities *v.* to build again or anew
83. loss of muscle ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function

ANSWERS: 73. eventually, 74. cycle, 75. doubt, 76. belong, 77. essentially, 78. recruit, 79. facility, 80. emotion, 81. wrestling, 82. rebuild, 83. tissue

84. ee___y atmospheric *adv.* in a strange, weird, or unsettling manner; suggesting the presence of supernatural or mysterious elements
85. reh_____ate wildlife *v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
86. gr_____c design *adj.* relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
87. sp___l staircase *n.* a curve that coils around a central point and gets progressively farther away from it as it goes around
88. political co_____ck *n.* a return to popularity, success, or performance after a decline or period of inactivity; a quick, witty response to a criticism or insult
89. her de_____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
90. the cell of the im___e system *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
91. leather co___h *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
92. t__k into another cigarette *v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

ANSWERS: 84. eerily, 85. rehabilitate, 86. graphic, 87. spiral, 88. comeback, 89. desperate, 90. immune, 91. couch, 92. tuck

93. de___d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
94. an un____d story *adj.* not heard, listened to, or noticed; not having been brought to public attention
95. ex____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
96. ch__r me up *v.* to give a loud shout to show support, praise, or approval
97. harmful co____nd *n.* an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements
98. get money by fr__d *n.* the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses
99. ac____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
100. the per____ve of the battle *n.* a confident attitude toward something; a particular style of thinking about something
101. electric-powered whe____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
102. li____te potential *v.* to set free; to release or rescue from captivity or oppression
103. reh____ate prisoners *v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

ANSWERS: 93. defend, 94. unheard, 95. explode, 96. cheer, 97. compound, 98. fraud, 99. achieve, 100. perspective, 101. wheelchair, 102. liberate, 103. rehabilitate

104. deep pu___e *adj.* of a color intermediate between red and blue
105. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
106. co_____us effort *adj.* being aware of and able to respond to what is happening around you
107. grow in fl__h *n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures
108. pos_____ty for growth *n.* a chance that something may happen or be true
109. co_____ew staircase *n.* a twisting device used for opening bottles or jars with a cork or other stopper, typically consisting of a spiral metal rod attached to a handle
110. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
111. fr_____re test *n.* the breaking or cracking of a rigid material or object such as bone
112. suffer a se_____k *n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
113. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
114. se___c system *adj.* containing, infected by, or resulting from disease-causing organisms

ANSWERS: 104. purple, 105. scare, 106. conscious, 107. flesh, 108. possibility, 109. corkscrew, 110. discuss, 111. fracture, 112. setback, 113. represent, 114. septic

115. an an____s look *adj.* worried and nervous
116. pathogenic ba____ia *n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
117. a feeling of a_e *n.* a feeling of respect and wonder inspired by someone or something greatly admired
118. a friendly con______ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
119. va____te a hypothesis *v.* to check or prove that something is true; to make something officially or legally acceptable or approved
120. con______ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
121. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
122. z_p code *n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

ANSWERS: 115. anxious, 116. bacteria, 117. awe, 118. conversation, 119. validate, 120. conversation, 121. stick, 122. zip

123. na__l battles *adj.* of or relating to ships, sailors, or the navy
124. mentally cha_____ng *adj.* difficult, demanding, or requiring a high degree of skill or effort; presenting a difficult problem or obstacle
125. co_____ew bottle opener *n.* a twisting device used for opening bottles or jars with a cork or other stopper, typically consisting of a spiral metal rod attached to a handle
126. op_____e 24 hours a day *v.* to work in a particular way; to supervise something
127. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
128. to sp__e *n.* a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something
129. a per_____ve view *n.* a confident attitude toward something; a particular style of thinking about something
130. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
131. su_____nd a town *v.* to be all around something or somebody
132. t__k a baby in the blanket *v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

ANSWERS: 123. naval, 124. challenging, 125. corkscrew, 126. operate, 127. nurse, 128. spike, 129. perspective, 130. wrap, 131. surround, 132. tuck

133. a prodigious vi___n
n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
134. va_____te a passport
v. to check or prove that something is true; to make something officially or legally acceptable or approved
135. abs_____ly obsessed with the girl
adv. without restriction or limitation; completely or utterly
136. a pounding he_____at
n. the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force
137. sw__t bath
n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
138. te_____y people
v. to frighten someone very much
139. meet with opp_____on
n. the act of disagreeing or resisting; the state of strong disagreement
140. at___h a file to an e-mail
v. to fasten, join, or connect one thing to another
141. se___c sewage
adj. containing, infected by, or resulting from disease-causing organisms
142. cha_____ng task
adj. difficult, demanding, or requiring a high degree of skill or effort; presenting a difficult problem or obstacle
143. risk of bone fr_____res
n. the breaking or cracking of a rigid material or object such as bone
144. antibacterial g_l
n. a semi-solid substance, often transparent or translucent, that is used in various products from personal care to food to medicine, and which typically consists of a gelling agent that thickens the liquid

ANSWERS: 133. vision, 134. validate, 135. absolutely, 136. heartbeat, 137. sweat, 138. terrify, 139. opposition, 140. attach, 141. septic, 142. challenging, 143. fracture, 144. gel

145. elite qua_____ck *n.* the player in American football who typically leads the offense and is responsible for calling plays, passing the ball, and directing the team's overall strategy on the field
146. a con_____ly innovative enterprise *adv.* all the time
147. work pe____t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
148. cou_____ght system *n.* a weight that balances or opposes another weight to achieve stability or equilibrium; a weight that is used to offset the weight of another object or to provide mechanical advantage
149. re_____t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
150. s__k a buzzer-beater *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
151. 18-hole pl_____f *n.* a series of games or matches played among teams or individuals to determine the winner of a competition or championship, particularly in sports
152. hear gr_____me details *adj.* causing horror or disgust
153. im____e from criminal prosecution *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

ANSWERS: 145. quarterback, 146. constantly, 147. permit, 148. counterweight, 149. recruit, 150. sink, 151. playoff, 152. gruesome, 153. immune

154. gi__t trees *adj.* enormous; much bigger or more important than similar items usually are
155. high school at_____es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
156. armored wa_____r *n.* a person who engaged in or experienced warfare, especially in the past
157. powerful ca_____lt *n.* a device used to hurl an object a long distance
158. cr__l away from a car *v.* to move forward slowly, as people or animals with their bodies near the ground
159. ch__t in the chapel *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
160. he____t size *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
161. the b__t of the statue *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
162. gr_____me accident *adj.* causing horror or disgust
163. re_____d a company *v.* to build again or anew
164. ee____y accurate *adv.* in a strange, weird, or unsettling manner; suggesting the presence of supernatural or mysterious elements

ANSWERS: 154. giant, 155. athlete, 156. warrior, 157. catapult, 158. crawl, 159. chant, 160. helmet, 161. bust, 162. gruesome, 163. rebuild, 164. eerily

165. st____h virus *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
166. in____t a computer with a virus *v.* to affect a person, an animal, or a plant with a disease-causing organism
167. z_p file *n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently
168. to prevent blood sugar sp__es *n.* a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something
169. manually op_____e a machine *v.* to work in a particular way; to supervise something
170. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
171. cr__l across the floor *v.* to move forward slowly, as people or animals with their bodies near the ground
172. pu___e sweet potatoes *adj.* of a color intermediate between red and blue
173. de_____ty of character *n.* a physical abnormality or distortion

ANSWERS: 165. stomach, 166. infect, 167. zip, 168. spike, 169. operate, 170. scare, 171. crawl, 172. purple, 173. deformity

174. de_____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
175. w__ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
176. translate li_____ly *adv.* in the real or original meaning of a word or phrase; in a literal sense or way; not figuratively
177. ro_____g music *adj.* exciting, stimulating, or inspiring; causing a strong emotional or physical response; arousing enthusiasm or interest
178. professional et__c *n.* a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
179. treat the in_____on with antibiotics *n.* a condition in which pathogenic microorganisms or viruses have entered the body
180. di_____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
181. wr_____ng match *n.* a sport in which two contestants grapple and try to throw each other to the ground
182. na__l base *adj.* of or relating to ships, sailors, or the navy

ANSWERS: 174. desperate, 175. warn, 176. literally, 177. rousing, 178. ethic, 179. infection, 180. discuss, 181. wrestling, 182. naval

183. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
184. chicken th__h *n.* the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg
185. upset st_____h *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
186. ch__t melodies *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
187. without in____y *n.* harm done to a person's or an animal's body caused by an accident or an attack
188. a mea_____ss endeavor *adj.* having no meaning, direction, or purpose
189. in_____t a hard blow *v.* to cause harm, injury, or suffering to someone or something
190. safety he____t *n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
191. victim of fr__d *n.* the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses
192. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
193. cardiac su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

ANSWERS: 183. physically, 184. thigh, 185. stomach, 186. chant, 187. injury, 188. meaningless, 189. inflict, 190. helmet, 191. fraud, 192. eventually, 193. surgery

194. re___n the party *v.* to return to someone or something
195. accordion pl__t *n.* a fold or crease made in cloth or paper by doubling or bending over one part of it and pressing it down; a ridge or a raised line on a surface
196. a tr___e mirror *adj.* consisting of three items or people; three times as great or many
197. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
198. a co__h potato *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
199. a fatal in___y *n.* harm done to a person's or an animal's body caused by an accident or an attack
200. w__p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
201. the ba_____e of power *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
202. a facial ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
203. tw__t around to the left *v.* to bend or turn something into a certain shape
204. kh__i shorts *n.* a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name

ANSWERS: 194. rejoin, 195. pleat, 196. triple, 197. opposition, 198. couch, 199. injury, 200. wrap, 201. balance, 202. tissue, 203. twist, 204. khaki

205. re____e one word with another *v.* to take the place of something
206. a con_____ly varying mind *adv.* all the time
207. ro____r index *n.* a list of people's names, often who are available to do a job
208. an____s about his health *adj.* worried and nervous
209. l__b amputation *n.* an arm and leg of a person or animal
210. h__y atmosphere *adj.* not clear due to a lack of recollection, comprehension, or detail; unsure or perplexed about something
211. quadruple am_____e *n.* a person who has had an arm or a leg cut off
212. a bacterial in_____on *n.* a condition in which pathogenic microorganisms or viruses have entered the body
213. s__k a lot of capital *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
214. re____r approval ratings *v.* to return to a former condition, health, mind, or strength
215. a working dr__t *n.* a preliminary version of something that is not yet in its final form
216. spiral of sel_____bt *n.* lack of confidence in one's abilities or oneself
217. have gr_____ue design *adj.* bizarre or fantastic in shape, appearance, or character; fantastic; bizarre

ANSWERS: 205. replace, 206. constantly, 207. roster, 208. anxious, 209. limb, 210. hazy, 211. amputee, 212. infection, 213. sink, 214. recover, 215. draft, 216. self-doubt, 217. grotesque

218. ro____g business *adj.* exciting, stimulating, or inspiring; causing a strong emotional or physical response; arousing enthusiasm or interest
219. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
220. in____id personality *adj.* courageous and not afraid of danger or difficulties
221. telescopic vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
222. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
223. ch__r for the home team *v.* to give a loud shout to show support, praise, or approval
224. pa____ze a city *v.* to cause a person or part of the body to become unable to move or feel
225. career co____ck *n.* a return to popularity, success, or performance after a decline or period of inactivity; a quick, witty response to a criticism or insult
226. emotional p__p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 218. rousing, 219. cycle, 220. intrepid, 221. vision, 222. pound, 223. cheer, 224. paralyze, 225. comeback, 226. prop

227. na____us stomach *adj.* causing a feeling of nausea or sickness, often due to an unpleasant taste or smell; affected by a feeling of nausea or discomfort
228. become na____us *adj.* causing a feeling of nausea or sickness, often due to an unpleasant taste or smell; affected by a feeling of nausea or discomfort
229. re____n their mother ship *v.* to return to someone or something
230. become a professional at____e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
231. carry a s__r *n.* a mark that remains on the skin after a wound has healed
232. whe_____ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
233. be____g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
234. re____r a loss *v.* to return to a former condition, health, mind, or strength
235. dr__e a coat *v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material
236. in____t other animal species *v.* to affect a person, an animal, or a plant with a disease-causing organism

ANSWERS: 227. nauseous, 228. nauseous, 229. rejoin, 230. athlete, 231. scar, 232. wheelchair, 233. belong, 234. recover, 235. drape, 236. infect

237. moral et__c *n.* a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
238. pl_____f game *n.* a series of games or matches played among teams or individuals to determine the winner of a competition or championship, particularly in sports
239. sh__e hamburger into my mouth *v.* to push someone or something in a rough way
240. wa_____r spirit *n.* a person who engaged in or experienced warfare, especially in the past
241. cultural n__m *n.* something that is regarded as usual, typical, or standard
242. b_t my future *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
243. ma__c about things *adj.* behaving in an extremely wild or violent way; (noun) a person who is extremely enthusiastic about or devoted to a particular thing
244. g_l nail polish *n.* a semi-solid substance, often transparent or translucent, that is used in various products from personal care to food to medicine, and which typically consists of a gelling agent that thickens the liquid

ANSWERS: 237. ethic, 238. playoff, 239. shove, 240. warrior, 241. norm, 242. bet, 243. maniac, 244. gel

245. nu____us countries *adj.* amounting to a large indefinite number
246. cor_____us antibody test kit *n.* a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2
247. tw__t a wet towel *v.* to bend or turn something into a certain shape
248. vi__l for a healthy society *adj.* necessary for the success or continued existence of something
249. backup qua_____ck *n.* the player in American football who typically leads the offense and is responsible for calling plays, passing the ball, and directing the team's overall strategy on the field
250. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
251. gi__t tech company *adj.* enormous; much bigger or more important than similar items usually are
252. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
253. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
254. at__h firmly *v.* to fasten, join, or connect one thing to another

ANSWERS: 245. numerous, 246. coronavirus, 247. twist, 248. vital, 249. quarterback, 250. nurse, 251. giant, 252. pound, 253. physically, 254. attach

255. previously un_____d-of economic development *adj.* not heard, listened to, or noticed; not having been brought to public attention
256. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
257. ro____r of cabinet *n.* a list of people's names, often who are available to do a job
258. as nu____us as the sand *adj.* amounting to a large indefinite number
259. all in a sw__t *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
260. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
261. b__t my leg *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
262. pa____ze a person *v.* to cause a person or part of the body to become unable to move or feel
263. in____t a heavier tax *v.* to cause harm, injury, or suffering to someone or something
264. bo__d up a staircase *v.* to move forward by leaps and bounds; to form the boundary of something

ANSWERS: 255. unheard, 256. stick, 257. roster, 258. numerous, 259. sweat, 260. bet, 261. bust, 262. paralyze, 263. inflict, 264. bound

ANSWERS:

Session 3: Fill in the Blanks

1. Having a strong work _____ is important for success in any field.
n. a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
2. These descriptions are based on a number of _____ assumptions.
adj. amounting to a large indefinite number
3. Supporters in the stands _____ at every goal.
v. to give a loud shout to show support, praise, or approval
4. To _____ your purchase, please visit the following link.
v. to check or prove that something is true; to make something officially or legally acceptable or approved
5. The club has notable celebrities on the _____.
n. a list of people's names, often who are available to do a job
6. _____ often experience an illusion of a phantom limb.
n. a person who has had an arm or a leg cut off
7. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
8. He _____ pieces of rope out of straw.
v. to bend or turn something into a certain shape

ANSWERS: 1. ethic, 2. numerous, 3. cheered, 4. validate, 5. roster, 6. Amputees, 7. surround, 8. twisted

9. The leaves of the fern were arranged in a _____ pattern.
- n.* a curve that coils around a central point and gets progressively farther away from it as it goes around
10. We elected him to _____ us at the international conference.
- v.* to speak, act, or be present on behalf of another person or group; to form or constitute
11. I love to relax on the _____ and watch movies on the weekends.
- n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
12. I walked _____ across the field to reach the other side faster.
- adv.* in an oblique or slanted direction or manner; at an angle between horizontal and vertical
13. This experiment's results are _____ because the other conditions are not identical.
- adj.* having no meaning, direction, or purpose
14. He was a _____ for collecting stamps.
- adj.* behaving in an extremely wild or violent way; (noun) a person who is extremely enthusiastic about or devoted to a particular thing
15. This company has an entire recycling _____ including major reprocessing plants.
- n.* a building or place that provides a particular service or is used for a particular industry
16. We have finally lost our last _____.
- n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 9. spiral, 10. represent, 11. couch, 12. diagonally, 13. meaningless, 14. maniac, 15. facility, 16. prop

17. The police arrested them for committing insurance _____.
- n.* the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses
18. She _____ a quick picture of the beautiful sunset before it disappeared.
- v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands
19. Your _____ reflects your thoughts.
- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
20. The _____ tank was not properly maintained and caused a health hazard.
- adj.* containing, infected by, or resulting from disease-causing organisms
21. She waited for her daughter with _____.
- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
22. The organization works to _____ drug addicts and help them rebuild their lives.
- v.* to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
23. The _____ of getting the disease will drastically increase.
- n.* a chance that something may happen or be true
24. The musician made an impressive _____ with their latest album.
- n.* a return to popularity, success, or performance after a decline or period of inactivity; a quick, witty response to a criticism or insult

ANSWERS: 17. fraud, 18. snapped, 19. conversation, 20. septic, 21. anxiety, 22. rehabilitate, 23. possibility, 24. comeback

25. The team's defensive strategy relied heavily on their _____ ability to read the opposing team's offense.
- n.* a defensive player in American football whose primary responsibility is to tackle the ball carrier or block pass attempts by the opposing team
26. The _____ in the steel beam caused the bridge to collapse.
- n.* a physical abnormality or distortion
27. The venom from the snake bite _____ his arm.
- v.* to cause a person or part of the body to become unable to move or feel
28. Try to keep a _____ between work and off.
- n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
29. She put her phone in the ____ pocket of her backpack.
- n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently
30. All the books in this section _____ to the library's rare collection and must be handled carefully.
- v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
31. The prisoners were _____ after the war ended.
- v.* to set free; to release or rescue from captivity or oppression

ANSWERS: 25. linebacker's, 26. deformity, 27. paralyzed, 28. balance, 29. zip, 30. belong, 31. liberated

32. The food chain causes a material _____.

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

33. Children often _____ parents with this head cold.

v. to affect a person, an animal, or a plant with a disease-causing organism

34. The _____ on the suspension bridge helped keep it stable during windy conditions.

n. a weight that balances or opposes another weight to achieve stability or equilibrium; a weight that is used to offset the weight of another object or to provide mechanical advantage

35. I am _____ opposed to his idea because of morality.

adv. without restriction or limitation; completely or utterly

36. The _____ crime scene was difficult for the detectives to stomach.

adj. causing horror or disgust

37. The _____ melody was beautiful and touched everyone's hearts.

adj. not heard, listened to, or noticed; not having been brought to public attention

38. Considering the situation of _____ organized stopped this year's beer festival.

n. a large family of viruses that can cause illness in humans and animals, which name comes from the crown-like spikes on the surface of the virus, which can be seen under a microscope, and COVID-19 is caused by a specific type of coronavirus known as SARS-CoV-2

39. The team made it to the _____ round and is one step closer to the championship.

n. a series of games or matches played among teams or individuals to determine the winner of a competition or championship, particularly in sports

ANSWERS: 32. cycle, 33. infect, 34. counterweight, 35. absolutely, 36. gruesome, 37. unheard, 38. coronavirus, 39. playoff

40. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
41. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
42. The _____ jets gradually dominate the world's airlines.
adj. enormous; much bigger or more important than similar items usually are
43. He was _____ when he lost all his money by gambling.
adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
44. The company is set to _____ its new product line next month.
v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
45. The coach decided to bench the starting _____ after multiple turnovers.
n. the player in American football who typically leads the offense and is responsible for calling plays, passing the ball, and directing the team's overall strategy on the field
46. The car's front bumper cost fifteen hundred _____.
n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
47. You should _____ your shirt into your trousers.
v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

ANSWERS: 40. emotions, 41. physically, 42. giant, 43. desperate, 44. launch, 45. quarterback, 46. pounds, 47. tuck

48. You _____ a bill in the change machine, and the coins pop out.

- v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

49. The _____ officer was responsible for the safety and well-being of the crew on his ship.

- adj. of or relating to ships, sailors, or the navy

50. There were still _____ pioneers who planned to start their businesses

- adj. courageous and not afraid of danger or difficulties

51. I _____ that you know it.

- v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

52. The systems we have developed has accepted as industry _____.

- n. something that is regarded as usual, typical, or standard

53. I'm _____ with preparation for tomorrow's meeting.

- v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

54. The recent _____ in grain prices is partly due to the war in the producing countries.

- n. a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something

55. The storm _____ significant damage on the town.

- v. to cause harm, injury, or suffering to someone or something

ANSWERS: 48. stick, 49. naval, 50. intrepid, 51. bet, 52. norms, 53. bust, 54. spike, 55. inflicted

56. The night shift _____ checked my vital signs before administering the medication.
- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
57. This machine is too difficult to _____ for me.
- v.* to work in a particular way; to supervise something
58. _____ a society is an organism.
- adv.* relating to the essential features or concepts of anything
59. You should wrap the bandage carefully and firmly around the injured _____.
- n.* an arm and leg of a person or animal
60. We hit the ground to _____ out the rabbits.
- v.* to frighten a person or animal, or to become frightened
61. The _____ party strongly disagreed with the government's proposed legislation.
- n.* the act of disagreeing or resisting; the state of strong disagreement
62. The advanced math problem was _____ but the student was determined to solve it.
- adj.* difficult, demanding, or requiring a high degree of skill or effort; presenting a difficult problem or obstacle
63. He had undergone heart _____ years before.
- n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

ANSWERS: 56. nurse, 57. operate, 58. Essentially, 59. limb, 60. scare, 61. opposition, 62. challenging, 63. surgery

64. The worker survived the impact because they were wearing sturdy _____.
- n.* a protective covering for the head, worn for safety or as part of a uniform or ceremonial dress
65. International law allows each nation to _____ itself when its rights and interests are illegally violated.
- v.* to protect someone or something from attack, criticism, danger, etc.
66. It would be best not to _____ your associates into doing complex tasks.
- v.* to frighten someone very much
67. I have a _____ ache after overeating junk food.
- n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
68. The _____ sculpture made me feel uneasy.
- adj.* bizarre or fantastic in shape, appearance, or character; fantastic; bizarre
69. Along the gravel roads, sizeable yellow school buses _____.
- v.* to move forward slowly, as people or animals with their bodies near the ground
70. Canada _____ on the United States.
- v.* to move forward by leaps and bounds; to form the boundary of something
71. They are planning to _____ the house after the fire.
- v.* to build again or anew
72. Many famous _____ are within walking distance.
- n.* the ability to see; anything that is seen

ANSWERS: 64. helmets, 65. defend, 66. terrify, 67. stomach, 68. grotesque, 69. crawl, 70. bounds, 71. rebuild, 72. sights

73. _____ is the start, not the end, of intelligence.

- n.* a feeling of being uncertain about something, especially about how good or accurate it is

74. The mobile application industry is _____ changing.

- adv.* all the time

75. The poem depicts the heroics of a legendary _____.

- n.* a person who engaged in or experienced warfare, especially in the past

76. His father's death changed his whole _____ on life.

- n.* a confident attitude toward something; a particular style of thinking about something

77. She wiped the _____ off her forehead with a towel.

- n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

78. His coach is a _____ Olympic champion.

- adj.* consisting of three items or people; three times as great or many

79. She _____ a shawl over her shoulders to keep warm.

- v.* to arrange or hang cloth or clothing loosely over something, typically in a decorative way; to cover or decorate loosely with material

80. The safari guide wore a _____ hat to protect himself from the sun.

- n.* a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name

ANSWERS: 73. Doubt, 74. constantly, 75. warrior, 76. perspective, 77. sweat, 78. triple, 79. draped, 80. khaki

81. Common salt is a sodium and chlorine _____.

- n.* an item composed of two or more distinct elements combined; a chemical formed by the combination of two or more elements

82. My accidental _____ got better right away.

- n.* harm done to a person's or an animal's body caused by an accident or an attack

83. _____ the bandage tightly around the injured arm.

- v.* to cover or enclose something entirely with paper, cloth, or other material

84. The _____ of the fruit is sweet and juicy.

- n.* the soft substance composing the body of a person or animal, as opposed to bones and other structures

85. Eventually, the new design will _____ all older models.

- v.* to take the place of something

86. The colonial government _____ militia support when civil war broke out.

- v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

87. He cast _____ glances behind her.

- adj.* worried and nervous

88. The vaccination does not necessarily make you completely _____.

- adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

ANSWERS: 81. compound, 82. injury, 83. Wrap, 84. flesh, 85. replace, 86. recruited, 87. anxious, 88. immune

89. The abandoned house was _____ silent as if someone was watching from within.

adv. in a strange, weird, or unsettling manner; suggesting the presence of supernatural or mysterious elements

90. His dream is to become an Olympic _____.

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

91. The corporation _____ dominated the entire tobacco business.

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

92. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

93. The researcher separated the nervous _____ for microscopic examinations.

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

94. He _____ jumped out of his chair when he heard the news.

adv. in the real or original meaning of a word or phrase; in a literal sense or way; not figuratively

95. He forcibly _____ the flyer into my bag.

v. to push someone or something in a rough way

96. This library rents out various types of folding _____ for visitors.

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

ANSWERS: 89. eerily, 90. athlete, 91. eventually, 92. conscious, 93. tissue, 94. literally, 95. shoved, 96. wheelchairs

97. Even after the wound has healed, a _____ remains.

n. a mark that remains on the skin after a wound has healed

98. Perseverance and optimism are _____ to success.

adj. necessary for the success or continued existence of something

99. The army used a _____ to launch large rocks over the castle walls.

n. a device used to hurl an object a long distance

100. I attempted to _____ him, but he ignored me.

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

101. He had always been interested in sumo _____ and decided to try it.

n. a sport in which two contestants grapple and try to throw each other to the ground

102. During debates in the legislature, the _____ of the law caused a lot of controversies.

n. a preliminary version of something that is not yet in its final form

103. Driving is difficult for me because of my poor _____.

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

104. The _____ academy was known for its strict discipline and training.

adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare

ANSWERS: 97. scar, 98. vital, 99. catapult, 100. warn, 101. wrestling, 102. draft, 103. vision, 104. military

105. The _____ speech by the coach pumped up the team before the big game.

adj. exciting, stimulating, or inspiring; causing a strong emotional or physical response; arousing enthusiasm or interest

106. The abandoned ship slowly began to _____ into the murky waters of the harbor.

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

107. The gymnast executed a breathtaking _____ flip, landing perfectly on the mat.

n. a twisting device used for opening bottles or jars with a cork or other stopper, typically consisting of a spiral metal rod attached to a handle

108. New York is the commercial _____ of America.

n. the regular movement or sound of the heart as it sends blood around the body; an animating or vital unifying force

109. The marathon runner felt a cramp in her _____ at the 20th mile.

n. the part of the human leg between the hip and the knee; in animals, the corresponding upper part of the hind leg

110. The soccer game crowd broke into a _____ of "Go, team, go!"

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

111. The plant has a stunning _____ blossom.

adj. of a color intermediate between red and blue

112. She is still _____ from a shot to her shoulder.

v. to return to a former condition, health, mind, or strength

ANSWERS: 105. rousing, 106. sink, 107. corkscrew, 108. heartbeat, 109. thigh, 110. chant, 111. purple, 112. recovering

113. We need to _____ the next steps for the project during our meeting tomorrow.

- v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

114. The old building _____ in a fiery inferno.

- v.* to burst or break open violently and noisily; to cause something to burst or break open

115. Hospitals must meet various standards to prevent nosocomial _____.

- n.* a condition in which pathogenic microorganisms or viruses have entered the body

116. We all should learn how to _____ stress.

- v.* to deal with a situation, problem, or strong emotion

117. I must use hair ____ to style my hair for the job interview.

- n.* a semi-solid substance, often transparent or translucent, that is used in various products from personal care to food to medicine, and which typically consists of a gelling agent that thickens the liquid

118. _____ prevalent in hospitals are often resistant to antibiotics.

- n.* single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

119. The team experienced a _____ when their star player was injured during the game.

- n.* an unfortunate happening that hinders or impedes; a reversal or check in progress

ANSWERS: 113. discuss, 114. exploded, 115. infections, 116. handle, 117. gel, 118. Bacteria, 119. setback

120. I was filled with _____.

n. lack of confidence in one's abilities or oneself

121. He does not _____ importance to these rumors.

v. to fasten, join, or connect one thing to another

122. The car was completely _____ in the accident.

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

123. The dress had a _____ in the front that added some elegant detail.

n. a fold or crease made in cloth or paper by doubling or bending over one part of it and pressing it down; a ridge or a raised line on a surface

124. He was _____ but he was also a genius.

adj. weird or unusual, sometimes in a funny way

125. The smell of the fish made me feel _____.

adj. causing a feeling of nausea or sickness, often due to an unpleasant taste or smell; affected by a feeling of nausea or discomfort

126. X-ray inspection revealed many _____.

n. the breaking or cracking of a rigid material or object such as bone

127. My memories of the holiday were _____.

adj. not clear due to a lack of recollection, comprehension, or detail; unsure or perplexed about something

128. The teacher will not _____ any students to leave the classroom early.

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

ANSWERS: 120. self-doubt, 121. attach, 122. crushed, 123. pleat, 124. eccentric, 125. nauseous, 126. fractures, 127. hazy, 128. permit

129. The _____ mountains dominate the landscape.

n. a feeling of respect and wonder inspired by someone or something greatly admired

130. After the battle, the soldier managed to _____ his unit.

v. to return to someone or something

131. The _____ novel was a masterpiece with stunning illustrations that brought the story to life.

adj. relating to visual art or involving the use of diagrams or illustrations; very clear and powerful

132. I will work hard to _____ my goals and realize my dreams.

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

ANSWERS: 129. awe-inspiring, 130. rejoin, 131. graphic, 132. achieve