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Vocabulary Builder Reference from...

Sean Sherman: Why aren't there more Native

American restaurants? | TED Talk

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All Words

IMPORTANT

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Session 1: Word List

chef

n. a cook, especially the chief cook in a restaurant or hotel synonym: cook, culinary artist, gastronomer

(1) chef knife, (2) master chef

The **chef** at the restaurant was known for his creative and delicious dishes.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

native

adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

synonym: endemic, domestic, aboriginal

(1) native to Africa, (2) native language

The vegetation here is almost wholly **native**.

pine

 a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present

synonym: conifer, evergreen, (verb) long for

(1) **pine** needle, (2) **pine** away for him

The **pine** trees in the forest gave off a fresh and invigorating scent.

ridge

- n. a long, narrow, raised landform or rock formationsynonym: crest, summit, peak
- (1) top of the **ridge**, (2) the **ridge** of the nose The mountain range was full of rocky **ridges** and deep valleys.

indigenous

adj. someone or something that is native to or occurring naturally in a particular place

synonym: domestic, endemic, primitive

(1) indigenous crop, (2) indigenous peoples

The **indigenous** plants need to be pollinated by local insects.

absence

 the fact or condition of being away from a place where they are typically anticipated to be

synonym: dearth, scarcity, lack

(1) absence from work, (2) a leave of absence

Another critical factor of child poverty is the father's **absence**.

recipe

a set of instructions for preparing a dish, including the ingredients and the method of cooking

synonym: instructions, formula, method

(1) recipe book, (2) recipe collection

The **recipe** for the cake is passed down from generation to generation in her family.

mushroom

 a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap

synonym: fungus, toadstool

(1) **mushroom** spores, (2) **mushroom** cultivation

The **mushroom** risotto was delicious, but I couldn't identify all the mushrooms in it.

obvious

adj. easy to see, discover or understand synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious** There are **obvious** differences between the two wine-producing regions.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill synonym: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme Her excessive demands drove me **insane**.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering optionssynonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

precontact

adj. referring to a time or culture before the arrival and influence of foreign or outside groups, particularly about the indigenous peoples of a region or area
 synonym: precolonial, prehistoric, pre-European contact

precontact culture, (2) precontact lifestyles
 Precontact history refers to the time period before the arrival of Europeans in the Americas.

colonial

adj. of or relating to a colony (= a territory that is controlled by a more powerful country); to the period of time during which a country or region was a colony

synonym: imperial, immigrant, gregarious

(1) oppressive **colonial** rule, (2) **colonial** style The city has a rich **colonial** history, with many historic buildings and landmarks.

storyline

 the central narrative or plot of a story, often involving a series of events or conflicts that move the story forward; the overall structure or arc of a story

synonym: plot, narrative

(1) follow a **storyline**, (2) predictable **storyline**The **storyline** of the movie was predictable but still entertaining.

colon

- n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
- (1) **colon** examination, (2) the **colon** at the end of the sentence

Consumption of vegetables may aid in the prevention of **colon** cancer.

definition

 a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word Parallel lines are, by **definition**, lines on the same plane that never cross.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health policy, (2) foreign policy

The company's new **policy** on remote work has made it a more inclusive workplace.

acquire

v. to buy or obtain something such as an asset, object, knowledge, etc., for oneself

synonym: attain, earn, catch

(1) **acquire** knowledge, (2) **acquire** a new company Children **acquire** language at a fantastic rate.

occupy

- v. to consume all of someone's space, attention, or time synonym: inhabit, settle, populate
- (1) **occupy** his time, (2) **occupy** a position The young prince will soon **occupy** the throne.

settler

 a person who moved with a group of others to live in a different country or area

synonym: frontiersperson, immigrant, emigrant

(1) new **settlers**, (2) **settlers** on some foreign shore A large proportion of railway workers in **settler** colonies were white.

exploit

v. to make full use of and gain an advantage from resources, opportunities, etc.

synonym: use, abuse, control

(1) **exploit** a security hole, (2) **exploit** a valuable opportunity

We **exploit** our mining resources to strengthen our national power.

economical

- adj. providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessarysynonym: frugal, thrifty, parsimonious
- (1) **economical** use of her time, (2) an **economical** meal It is more **economical** to wash your plastic bottle and reuse it.

uniquely

adv. in a way that is different from all others; in a way that is not shared by others

synonym: singularly, exclusively, distinctively

(1) play a **uniquely** important role, (2) **uniquely** different The painting is **uniquely** painted with a combination of watercolors and oils.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**. His final goal is to sail around the **globe**.

smack

- v. to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebukesynonym: hit, slap, strike
- (1) **smack** on the lips, (2) **smack** his knee The baseball player **smacked** the ball out of the park, securing a home run.

dab

- v. to touch or apply something lightly, usually several times synonym: apply, pat, daub
- (1) **dab** my cheek with powder, (2) **dab** paint on the wall She **dabbed** her face with a puff.

statistics

- the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
- (1) **statistics** for cancer, (2) official **statistics**The **statistics** demonstrate that poverty and unemployment are genuine problems.

smudge

n. a blurry or dirty mark or stain left by rubbing or smearing something; also, a bundle of material, such as sage or incense, that is burned to produce smoke for purification or ritual purposes

synonym: blemish, mark, stain

(1) ink smudge, (2) lipstick smudge

She accidentally left a smudge on the newly painted wall.

manifest

v. to show something such as feeling, attitude, quality, etc. clearly through signs or actions

synonym: exhibit, make plain, demonstrate

manifest as the word, (2) manifest displeasure
 The Prime Minister manifested his regret for his neighbors

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destiny

 the events that will inevitably happen to a particular person or thing in the future

synonym: fate, future, outcome

(1) foreordained **destiny**, (2) **destiny** of the individual It is said that our **destiny** is written in the stars.

origin

n. the first existence or beginning of something

synonym: root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

doctrine

 a belief or set of ideas held and taught by a church, political party, or other groups

synonym: creed, principle, tenet

(1) religious **doctrine**, (2) **doctrine** of non-violence
The church **doctrine** teaches that all are equal in the eyes of God.

discovery

 the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important discovery.

brand

 a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym: trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car There's a new **brand** of hero in the movies now.

colony

 a country or an area that is governed by a more powerful country that is often far away

synonym: settlement, territory, plantation

(1) plant a **colony**, (2) a **colony** of bacteria The **colony** declared its independence and became a republic.

communal

adj. belonging to or used by a group rather than individuals;for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

diversity

 the quality or fact of many different types of things or people being included in something; a range of different things or people

synonym: variety, multiplicity, variousness

(1) the **diversity** policy of the university, (2) lingual **diversity** He was impressed by the range and **diversity** of the collection.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym: assert, declare, maintain

(1) claim responsibility, (2) false claim

He wants to claim ownership of the abandoned property.

sect

 a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) **sect** beliefs, (2) secret **sect**

The minority **sect** believed in a set of unconventional religious practices.

chunk

- n. a thick and solid mass or piece of somethingsynonym: block, lump, piece
- (1) a **chunk** of money, (2) a tiny **chunk** of meat The new start-up company carved out a large **chunk** of the market within a year.

grab

v. to take hold of something or someone suddenly with a hand, especially in a violent way

synonym: clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity Shall we **grab** a bite to eat?

mass

 a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym: abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**The **mass** of people who do not own property is politically impotent.

lifetime

- n. the duration of someone's life or something's existence;synonym: lifespan, duration
- (1) **lifetime** benefits, (2) **lifetime** ban from the sport She had lived through two world wars in her **lifetime**.

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

crazy

adj. stupid or not sensible; very angrysynonym: insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme The rain and thunder are **crazy** today.

landmass

- a large area of land, especially one that is distinct from surrounding areas by its topography, geology, or biota
 synonym: continent, mainland, landform
- (1) large **landmass**, (2) continental **landmass**Australia is the world's smallest continent by **landmass**.

reserve

v. to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance

synonym: keep, hold, preserve

(1) **reserve** the right, (2) **reserve** a concert ticket You can easily **reserve** seats over the telephone.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym: distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

heal

- v. to make a wound or injury to become well again synonym: recover, bring around, mend
- (1) **heal** a broken bone, (2) **heal** the hurt mind It will take time for her mental scars to **heal**.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade Eyeless fish **evolved** in dark caves.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular movement, (2) movement of troops

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The **movement** of the dancers on stage was graceful and elegant.

removal

the act of taking something away or off from a particular place

synonym: extraction, elimination, eradication

(1) dental tartar removal, (2) removal truck

The **removal** of the statue caused much controversy in the community.

appropriation

n. the act of taking something for one's use or purpose, particularly without permission or legal right; the allocation or assignment of funds, resources, or property for a specific purpose or use

synonym: appropriating, seizure, taking

(1) budget appropriation, (2) land appropriation

The fashion industry has been criticized for its frequent **appropriation** of designs and patterns from traditional textiles of different cultures.

ward

- n. a room in a hospital for patients requiring special caresynonym: room, division, unit
- (1) a children's ward, (2) ward nurse

The patient was moved to the intensive care **ward** for further treatment.

entity

something that exists independently and has its own identity

synonym: body, object, existent

(1) legal **entity**, (2) government **entity**

A company is a distinct legal **entity**.

capture

v. to catch a person or an animal and confine them in an area which they cannot escape

synonym: catch, arrest, imprison

(1) **capture** a glimpse, (2) **capture** customers' hearts

I was able to capture the moment on film.

march

v. to walk militarily with stiff, regular steps

synonym: parade

(1) march against the war, (2) march east

The troops **marched** shoulder-to-shoulder.

president

 the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym: leader, CEO, chairperson

(1) **president** emeritus, (2) vice- **president** for finance The club **president** does not have absolute power.

destroy

 to ruin or damage severely or completely; to eradicate or eliminate completely

synonym: demolish, ruin, obliterate

destroy the ecosystem, (2) destroyed evidence
 The building was destroyed in the fire and had to be rebuilt.

devastate

- v. to wreck a place or an area or cause significant damage synonym: demolish, destroy, crush
- (1) **devastate** an area, (2) **devastate** the economy Earthquakes can also trigger tsunamis, which **devastate** coastal areas.

precedent

 a previous event or action that serves as an example or rule to authorize or justify similar events or actions in the future

synonym: example, model, pattern

break with precedent, (2) a bad precedent
 The court used previous precedents to make its decision.

- systematic
- adj. done or acting according to a determined set of systems or plans:

synonym: periodic, frequent, organized

(1) a systematic reformation, (2) systematic botany

Science is based on the **systematic** classification of experience.

destruction

- n. the act of causing so much damage to somethingsynonym: devastation, annihilation, ruin
- (1) path of **destruction**, (2) cyclonic **destruction**The extinction of several subspecies has been linked to climate change and habitat **destruction**.

bison

- a large wild animal of the cow family that has shaggy manes, large heads, and short horns, and there are American bison, also called buffalo, and European bison
- synonym: buffalo
- (1) endangered **bison**, (2) American **bison's** meat Large herds of **bison** used to live on the plains of this area.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

purposeful

- adj. having a specific aim or purpose; determinedsynonym: determined, resolved, resolute
- (1) **purposeful** series of actions, (2) at a **purposeful** pace She had a **purposeful** look and was determined to complete the task.

dam

 a wall constructed over a river to block the flow of water, mainly used to generate energy

synonym: barricade, barrier, embankment

(1) **dam-building** program, (2) **dam** collapsing The break in the **dam** threatened the valley.

generation

all the people born and living at about the same time,
 regarded collectively; the production of heat or electricity

synonym: cohort, age group, era

- (1) **generation** gap, (2) the **generation** of electricity

 The younger **generation** has different values and beliefs than the older one.
- n. the point or degree or area to which something extendssynonym: amount, degree, intensity
- certain extent, (2) the extent of the damage
 was amazed at the extent of her generosity.
- a person from whom one is descended; a forefather
 synonym: forebear, forefather, progenitor
- (1) **ancestor** language, (2) earliest human **ancestor**My remote **ancestor** immigrated to the United States from Ireland in the 1800s.
- n. something you want to do and are going to dosynonym: purpose, connotation, will
- (1) **intention** behind his decision, (2) clear **intention** Our CEO's **intentions** are always transparent and straightforward.
- v. to go after and try to catch wild animals to kill them for food, sport, or profit

synonym: chase, pursuit, quest

- (1) **hunt** a job, (2) **hunt** after knowledge Hounds **hunt** their prey by using their keen scent.
- v. to recognize someone or something and say or prove who or what they aresynonym: determine, specify, recognize
- (1) **identify** handwriting, (2) **identify** gene sequences I will introduce you to how to **identify** the leading causes of the malfunction.

extent

ancestor

intention

hunt

identify

sustainable

adj. able to continue or be continued for a long time *synonym*: continuable, endurable, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

utilize

v. to use something for a practical purpose in an effective way

synonym: employ, use, operate

(1) **utilize** a different approach, (2) **utilize** a catheter The cook **utilized** the leftover oxtail to make soup.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching That statement by the prime minister drew **intense** international criticism.

assimilate

v. to take in and understand information or ideas; to integrate

synonym: absorb, incorporate, integrate

- (1) **assimilate** into society, (2) **assimilate** a language The immigrant struggled to **assimilate** into the new culture.
- v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.

synonym: deprive, undress, (noun) ribbon

(1) **strip** a tire off, (2) coast **strip**

The doctor advised him to **strip** down for a check.

military

strip

adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare

synonym: armed, martial, warlike

(1) a military operation, (2) a military leader

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The **military** academy was known for its strict discipline and training.

religion

n. a deep conviction in a supernatural power that controls human destiny

synonym: faith, creed, belief

 religion sociology, (2) freedom of religion
 Their religion strictly prohibits them from drinking or gambling.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals The prime minister faced **harsh** criticism.

abuse

- n. the use of something in an incorrect or harmful mannersynonym: misuse, misconduct, vilification
- (1) the problem of drug **abuse**, (2) victim of sexual **abuse** Our company has an audit team that monitors directors for **abuse** of authority.

reel

 a cylinder on which film, wire, or other flexible materials that can be wound

synonym: spool, bobbin, winder

(1) cable reel, (2) a six- reel film

He put the fishing line on the **reel** and cast his line into the water.

trauma

 an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking

experience

synonym: agony, injury, ordeal

(1) psychic trauma, (2) trauma care

Many civilians have suffered **trauma** as a result of the war.

grandparent

- n. a parent of one's father or mother
- (1) great- **grandparent**, (2) person of **grandparent** age She was close to her paternal **grandparents** and often spent summers with them.

dismantle

v. to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment

synonym: take apart, demolish, take down

- (1) **dismantle** a machine, (2) **dismantle** a system The old building had to be **dismantled** because it was structurally unsound.
- a social group made up of members who live together,
 sharing the same language, culture, religion, etc.,

especially those who do not live in towns or cities

synonym: family, clan, kinsfolk

(1) aboriginal tribe, (2) mountain tribe

The **tribe** had distinctly defined gender roles.

celebrate

tribe

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

- (1) **celebrate** his election, (2) **celebrate** Christmas He **celebrated** the 10th anniversary of his tenure.
- a large species of deer native to North America and eastern Asia, known for its large antlers and imposing size

synonym: moose, deer, stag

(1) elk population, (2) elk hunting

We saw a group of **elk** grazing in the field near our cabin in

elk

the mountains.

slingshot

a Y-shaped stick with an elastic band attached for shooting small stones or other projectiles

synonym: catapult, launcher, trebuchet

(1) **slingshot** projectile, (2) **slingshot** aim

The kids used a **slingshot** to launch small stones into the pond.

feast

- a large meal, typically one served on a special occasion synonym: banquet, celebration, dinner
- (1) a **feast** for the eyes, (2) a nightly **feast** The royal **feast** celebrated the harvest, and the community enjoyed it.

commodity

a product or a raw material that can be traded, bought, or sold

synonym: merchandise, goods, entity

(1) commodity tax, (2) international commodity

The government announced a policy to control the rise in commodity prices.

diverse

adj. including numerous categories of individuals or entities; various

synonym: manifold, various, myriad

- (1) diverse backgrounds, (2) a person of diverse talents New York is a city with a **diverse** ethnic population.
- a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

nation

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

immense

adj. extremely large or great

synonym: enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

awesome

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

synonym: miraculous, marvelous, astounding

(1) **awesome** mental faculty, (2) have an **awesome** birthday There is a lot of **awesome** nature and food in Hawaii.

territory

- n. an area under the control of a ruler or state
- synonym: domain, region, realm
- (1) acquire territory, (2) territory in charge

They incorporated the conquered **territory** into their nation.

permaculture

 a system of agricultural and ecological design that aims to create sustainable, self-sufficient ecosystems by working with natural processes and relying on renewable resources

synonym: sustainable agriculture, natural farming

(1) **permaculture** principles, (2) **permaculture** garden
The **permaculture** community emphasizes the importance of working with, not against, nature.

agriculture

 the practice or science of cultivating the land or raising stock

synonym: farming, husbandry, agribusiness

organic agriculture, (2) intensive agriculture
 Agriculture is the foundation of our economy.

oceanography

the scientific study of oceans and other bodies of saltwater, including their physical, chemical, and biological characteristics, as well as their interactions with the atmosphere and land

synonym: marine science, oceanology, oceanic research

(1) oceanography data, (2) oceanography expedition The **oceanography** research center is dedicated to studying the impacts of climate change on the ocean's ecosystem.

butcher

a person who prepares and sells meat, especially at a retail shop; a person who kills or slaughters animals, especially for food; a person who engages in the relentless or brutal treatment of others

synonym: butcherer, meat cutter, slaughterer

(1) butcher knife, (2) local butcher

He's a vegetarian and was shocked to see so much meat in the **butcher** shop.

mycology

the scientific study of fungi, including their taxonomy, biological properties, and uses in medicine, industry, and agriculture

synonym: fungi study, mushroom science, mold research

- (1) mycology research, (2) mycology laboratory The study of **mycology** also involves the identification of fungal toxins and their effects on human health.
- craft an activity that requires a particular skill in making things with one's hands

synonym: art, skill, workmanship

(1) craft arts of Japan, (2) craft manufacture His hometown was where he first acquired the craft of wood carving.

steward

a person responsible for the management and care of n. another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc.

synonym: caretaker, manager, custodian

(1) **steward** duties, (2) **steward** service

The **steward** on the flight was very helpful in assisting passengers with their needs.

metallurgy

- n. a branch of materials science and engineering that stands at metals' physical and chemical properties, their compounds with other metals, and their mixtures, called alloys.
- (1) nickel **metallurgy**, (2) welding **metallurgy** He taught engineering and **metallurgy** classes.

tradition

 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

medicinal

adj. of or relating to the treatment or cure of diseasesynonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**The **medicinal** properties of this herb have been known to help with various ailments.

preservation

 the act of keeping something in its original state or of preventing it from being damaged

synonym: conserving, protection, conservancy

(1) wildlife **preservation**, (2) the **preservation** of food The museum had kept the paintings in remarkable **preservation**.

fermentation

 n. the chemical breakdown of a substance by bacteria, yeasts, or other microorganisms, typically involving effervescence and the giving off of the heat

synonym: brewing, culturing, pickling

(1) oxidative **fermentation**, (2) **fermentation** tank
The process of **fermentation** is used to make beer, wine, and many other products.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym: alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym: otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym: sexuality

(1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

protein

- a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
- (1) stress **protein**, (2) **protein** synthesis

The body needs a certain amount of **protein** to build and repair tissues.

privilege

 a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

wasteful

adj. characterized by excessive or unnecessary use or consumption; using resources or materials inefficiently or inappropriately, resulting in unnecessary waste or expense

synonym: uneconomical, extravagant, profligate

(1) wasteful practices, (2) wasteful habits

Buying new clothes every week is a **wasteful** use of money and resources.

resourceful

adj. showing creativity and ability to find quick and practical solutions to problems

synonym: inventive, imaginative, clever

- (1) **resourceful** thinker, (2) **resourceful** cook in town She was **resourceful** and found a solution to the problem on her own.
- a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat

synonym: bovine, cattle, kine

(1) cow herd, (2) dairy cow

The farmer milked the **cows** every morning before breakfast.

insect

- any small creature that has six legs and a body divided into three sections
- (1) **insect** antenna, (2) **insect** biology

These **insects** are more prevalent above a certain latitude.

norm

- something that is regarded as usual, typical, or standard synonym: criterion, mean, standard
- (1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry norms.

COW

diet

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym: food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval A balanced **diet** is more important for health than supplements.

biology

- the scientific study of life and the natural processes of living things
- (1) evolutionary **biology**, (2) cell and molecular **biology** In junior high school, we had to dissect a frog in **biology** class.

surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

staple

adj. essential, crucial, or regularly used synonym: essential, fundamental, pivotal

staple commodities, (2) staple crop
 Rice and beans are a staple food in many cultures.

prairie

 a large open grassland or meadow, typically in North America

synonym: grassland, savanna, meadow

(1) prairie landscape, (2) prairie dogs

The early morning dew on the **prairie** made the grass glisten like diamonds.

turnip

 a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside

synonym: rutabaga, swede, neep

(1) pickled turnip,(2) roasted turnipI plan on making a delicious turnip soup with fresh

vegetables from my garden.

plain

adj. without being decorated in any way; (Noun) a vast expanse of flat land with few trees

synonym: basic, straight, bare

(1) plain answer, (2) delta plain

The lowest lowland region is mostly flat plain.

seaweed

 a plant that grows in the sea or on land very close to the sea, especially marine algae

synonym: kelp, algae

(1) floating seaweed, (2) seaweed broth

She soaked **seaweed** in water until tender.

desert

- arid land with little or no vegetation often covered with sand or rocks
- desert basin, (2) oasis in the desert
 This region is predominantly desert.

maim

v. to injure or wound someone seriously, particularly by permanently disabling or disfiguring a body part

synonym: injure, incapacitate, wound

(1) maim a victim, (2) maim his hand

The reckless driver **maimed** several pedestrians after losing control of the vehicle.

domesticate

v. to take control of animals or plants to provide food, power, or company

synonym: tame, naturalize, cultivate

(1) easy to **domesticate**, (2) **domesticate** the plant We **domesticate** cows to gain milk and meat.

scary

adj. causing fear or fright; frightening; intimidating synonym: terrifying, frightening, alarming

(1) scary dream, (2) scary story

The horror movie was so **scary** that I couldn't watch it alone.

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headline

a heading at the top of a newspaper or magazine story or page

synonym: title, caption

(1) headline article, (2) banner headline

The engagement of the two golf players became **headline** news.

glyphosate

 a widely used herbicide and crop desiccant that is considered controversial due to its potential environmental and health impacts

synonym: weedkiller, herbicide, pesticide

(1) **glyphosate-based** herbicide, (2) **glyphosate** toxicity Recent studies suggest that **glyphosate** residues may pose health risks to humans and wildlife.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm scared of insects.

nasty

adj. very bad, unpleasant, or offensive

synonym: disgusting, offensive, foul

(1) a nasty smell, (2) receive a nasty surprise

The weather turned **nasty**.

sustained

adj. lasting for a long time or continuing for a long time without becoming weaker or less intense

synonym: prolonged, extended, continual

(1) **sustained** economic growth, (2) **sustained** release medication

The company experienced **sustained** growth over the past decade.

wipe

v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

synonym: clean, brush, swab

(1) Wipe off dirt, (2) wipe with water

Please **wipe** your sweat with this towel.

disappear

- v. to cease to exist or be visible synonym: fade, evaporate, vanish
- (1) **disappear** without a trace, (2) **disappear** after a week They watched the train **disappear** into the distance.

pantry

 a small room, closet, or cupboard used for the storage of food, particularly non-perishable items such as canned goods, dry goods, and spices; a supply of food stored in this manner

synonym: larder, store, cupboard

(1) pantry items, (2) kitchen pantry

I need to clean out the **pantry** and throw away any expired food.

unique

adj. being the only one of its kind; unlike anything else synonym: one-of-a-kind, unparalleled, incomparable

(1) a **unique** teacher, (2) **unique** design

The painting is **unique**, and there is no other like it.

explore

 to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym: analyze, delve into, examine

(1) explore the world, (2) explore our options

The management must **explore** strategies to increase office security.

flavor

the taste sensation produced by a substance in the mouth

synonym: taste, savor, essence

(1) a delicate **flavor**, (2) **flavor** enhancer

The **flavor** of the coffee was rich and full-bodied.

tribal

adj. relating to a social group or tribe, especially a preliterate society

synonym: indigenous, ethnic, traditional

(1) tribal culture, (2) tribal community

The **tribal** leaders gathered for a summit to discuss important issues.

cycle

an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material cycle.

reliance

the state of depending on or needing something or someone

synonym: dependence, support, confidence

(1) **reliance** on social media, (2) self- **reliance** and solidarity He acted in **reliance** on her naked promises.

diabetes

- a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
- (1) juvenile **diabetes**, (2) **diabetes** patient My father was tested for **diabetes**.

obesity

 the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

synonym: overweight, corpulence, fattiness

(1) **obesity-related** diseases, (2) suffer from **obesity** The prevalence of **obesity** has increased significantly in recent years.

disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

nutritional

adj. of or relating to the substance required by the body to maintain health and growth

synonym: nourishing, healthy, wholesome

(1) **nutritional** supplement, (2) bit of **nutritional** yeast The **nutritional** value of the food should be clearly labeled on the packaging.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym: adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror You have to **adjust** your content to the age of the audience.

landscape

an expanse of scenery that can be seen in a single view;
 a large area of land, especially in the country and relating to its appearance

synonym: geography, terrain, topography

(1) a peaceful **landscape**, (2) **landscape** painting Recent electoral shocks have shaken the political **landscape** in Europe.

palm

n. the inner surface of the hand from the wrist to the base of the fingers; any plant of the family Palmae having an unbranched trunk crowned by large pinnate or palmate leaves

synonym: hand, fist

(1) the **palm** side of the forearm, (2) coconut **palm** trees This high-performance camera is compact enough to fit in the **palm** of your hand.

organic

adj. of or derived from biological substance; producing plants and animals for food and other items without the use of

synthetic chemicals

synonym: biological

(1) organic soils, (2) eat organic food

The kidney is an **organic** component of the body.

carbohydrate

 (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals

synonym: sugar, starch, cellulose

(1) complex **carbohydrate**, (2) **carbohydrate** metabolism Foods high in **carbohydrates** include bread, pasta, and rice.

paleolithic

- adj. of or relating to the second period of the Stone Age, which represents almost the entire period of prehistoric human technology
- (1) paleolithic cave painting, (2) the Paleolithic eraThe scientist found paleolithic artifacts in the historic site.

untapped

adj. not yet used or exploited

synonym: unexplored, untouched, untried

(1) untapped market, (2) untapped potential

The forest held many **untapped** resources that could be used for commercial purposes.

structure

 the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

environment

 the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**Every human is responsible for taking care of the Earth's **environment**.

symbiotic

- adj. involving two varieties of animal or plant, each of which supplies the conditions for the other to exist
- (1) **symbiotic** economy, (2) **symbiotic** bacteria We have a mutually **symbiotic** connection with them.

relation

 the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

exciting

- adj. causing a lot of interest or excitement synonym: exhilarating, stimulating, thrilling
- (1) **exciting** football player, (2) **exciting** news The findings of the experiment were both **exciting** and unexpected.

evolution

- n. a gradual process of transformation of living thingssynonym: elaboration, expansion, transition
- (1) human **evolution**, (2) **evolution** theory They study the **evolution** of the universe.

revolution

 a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

Session 2: Spelling

official sta____cs

2. sta cs for cancer

3. de____te the economy

4. suffer from ob____y

5. break with pr____nt

6. na___e language

7. de e a question

8. gly____te toxicity

the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

v. to wreck a place or an area or cause significant damage

n. the condition of being significantly overweight, typically defined as having a body mass index (BMI) of 30 or greater.

 a previous event or action that serves as an example or rule to authorize or justify similar events or actions in the future

adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

 a widely used herbicide and crop desiccant that is considered controversial due to its potential environmental and health impacts

ANSWERS: 1. statistics, 2. statistics, 3. devastate, 4. obesity, 5. precedent, 6. native, 7. decide, 8. glyphosate

9.	resul cook in town	adj.	showing creativity and ability to find quick and practical solutions to problems
10.	nuon intake	n.	the substances or the process that organisms take into their bodies as food for their growth and health
11.	banner hene	n.	a heading at the top of a newspaper or magazine story or page
12.	pre landscape	n.	a large open grassland or meadow, typically in North America
13.	we with water	<i>v</i> .	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
14.	inon behind his decision	<i>n</i> .	something you want to do and are going to do
15.	hah climate	adj.	severe and unkind; extremely tough and unpleasant to inhabit
16.	the preion of food	n.	the act of keeping something in its original state or of preventing it from being damaged
17.	e_k hunting	n.	a large species of deer native to North America and eastern Asia, known for its large antlers and imposing size
18.	self-rece and solidarity	n.	the state of depending on or needing something or someone
19.	great-grant	n.	a parent of one's father or mother
20.	indus crop	adj.	someone or something that is native to or occurring naturally in a particular place

ANSWERS: 9. resourceful, 10. nutrition, 11. headline, 12. prairie, 13. wipe, 14. intention, 15. harsh, 16. preservation, 17. elk, 18. reliance, 19. grandparent, 20. indigenous

adj. essential, crucial, or regularly used 21. st e commodities the inner surface of the hand from the 22. coconut p__m trees n. wrist to the base of the fingers; any plant of the family Palmae having an unbranched trunk crowned by large pinnate or palmate leaves 23. wa___ul habits adj. characterized by excessive or unnecessary use or consumption; using resources or materials inefficiently or inappropriately, resulting in unnecessary waste or expense 24. sy____ic economy adj. involving two varieties of animal or plant, each of which supplies the conditions for the other to exist the point or degree or area to which 25. the ex t of the damage n. something extends 26. a six-r I film a cylinder on which film, wire, or other n. flexible materials that can be wound 27. per____ure principles a system of agricultural and ecological n. design that aims to create sustainable, self-sufficient ecosystems by working with natural processes and relying on renewable resources 28. have an aw____e birthday adj. inspiring fear, admiration, or respect; very good, nice, fun, etc. 29. c f knife a cook, especially the chief cook in a n. restaurant or hotel 30. car ate metabolism (also carb) any of a class of organic n.

ANSWERS: 21. staple, 22. palm, 23. wasteful, 24. symbiotic, 25. extent, 26. reel, 27. permaculture, 28. awesome, 29. chef, 30. carbohydrate

compounds that includes sugars,

starch, and cellulose and are a principal source of energy in the diet of animals 31. re on of inclusion the way two persons or groups of n. people feel and act toward one another 32. pl t like the Earth any of the nine large celestial bodies n. that circle in the solar system; any celestial body that revolves around a star 33. easy to dom____te to take control of animals or plants to ν. provide food, power, or company 34. g_b an audience to take hold of something or someone suddenly with a hand, especially in a violent way 35. land app____ion the act of taking something for one's n. use or purpose, particularly without permission or legal right; the allocation or assignment of funds, resources, or property for a specific purpose or use 36. ce____te Christmas to acknowledge a memorable or good ν. day or event with a social gathering or enjoyable activity a special right or advantage that only 37. a breach of pr ge n. one person or group of people has, usually because they are rich and powerful in a society a wall constructed over a river to block 38. d m collapsing n. the flow of water, mainly used to generate energy 39. sl ot projectile a Y-shaped stick with an elastic band attached for shooting small stones or other projectiles

ANSWERS: 31. relation, 32. planet, 33. domesticate, 34. grab, 35. appropriation, 36. celebrate, 37. privilege, 38. dam, 39. slingshot

ANSWERS: 40. maim, 41. reserve, 42. destiny, 43. palm, 44. communal, 45. biology, 46. pantry, 47. fermentation, 48. headline

ANSWERS: 49. traumatic, 50. dab, 51. obesity, 52. diverse, 53. claim, 54. landscape, 55. cow, 56. commodity, 57. acquire

oneself

asset, object, knowledge, etc., for

adj. relating to a social group or tribe, 58. tr | I community especially a preliterate society a long, narrow, raised landform or rock 59. the ri e of the nose formation 60. tr___a care an emotional wound or shock often has n. long-lasting effects caused by a highly upsetting or shocking experience 61. de____yed evidence to ruin or damage severely or completely; to eradicate or eliminate completely 62. predictable st____ne the central narrative or plot of a story, often involving a series of events or conflicts that move the story forward; the overall structure or arc of a story any of the nine large celestial bodies 63. save the pl t n. that circle in the solar system; any celestial body that revolves around a star a molecule made up of a long chain of 64. stress pr___n n. amino acids, which is essential for the structure and function of the body's tissues 65. tr____ic brain injury adj. relating to or caused by injury, especially emotional injury 66. sc___d dog adj. afraid or frightened 67. su ed release medication adj. lasting for a long time or continuing for a long time without becoming weaker or less intense adj. being the only one of its kind; unlike 68. a un e teacher anything else

ANSWERS: 58. tribal, 59. ridge, 60. trauma, 61. destroy, 62. storyline, 63. planet, 64. protein, 65. traumatic, 66. scared, 67. sustained, 68. unique

the fact or condition of being away from n. a place where they are typically anticipated to be

an expanse of scenery that can be seen n. in a single view; a large area of land, especially in the country and relating to its appearance

to take control of animals or plants to provide food, power, or company

adj. of or relating to the substance required by the body to maintain health and growth

ANSWERS: 69. bison, 70. butcher, 71. entity, 72. nutritional, 73. immense, 74. purposeful, 75. absence, 76. landscape, 77. domesticate, 78. nutritional

75. a leave of ab e

76. la____pe painting

77. dom____te the plant

78. bit of nut al yeast

79. std duties	n.	a person responsible for the management and care of another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc.
80. d_m-building program	n.	a wall constructed over a river to block the flow of water, mainly used to generate energy
81. exe the world	v.	to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
82. muom cultivation	n.	a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
83. vice-prnt for finance	n.	the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
84. int biology	n.	any small creature that has six legs and a body divided into three sections
85. floating sed	n.	a plant that grows in the sea or on land very close to the sea, especially marine algae
86. the con at the end of the sentence	n.	the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system

ANSWERS: 79. steward, 80. dam, 81. explore, 82. mushroom, 83. president, 84. insect, 85. seaweed, 86. colon

87. de e on a course of action to make up someone's mind about ν. something; to come to a conclusion or judgment after considering options 88. di____le a machine to take apart or demolish (a structure, ν. machine, system, or the like); to strip off fittings or equipment 89. oce____phy expedition the scientific study of oceans and other n. bodies of saltwater, including their physical, chemical, and biological characteristics, as well as their interactions with the atmosphere and land the scientific study of fungi, including 90. my___gy laboratory their taxonomy, biological properties, and uses in medicine, industry, and agriculture 91. su ed economic growth adj. lasting for a long time or continuing for a long time without becoming weaker or less intense a person from whom one is descended; 92. an or language a forefather 93. his conclusion was ob___s adj. easy to see, discover or understand 94. co al style adj. of or relating to a colony (= a territory that is controlled by a more powerful country); to the period of time during which a country or region was a colony to develop gradually, or to cause the 95. ev e development of something or someone gradually

ANSWERS: 87. decide, 88. dismantle, 89. oceanography, 90. mycology, 91. sustained, 92. ancestor, 93. obvious, 94. colonial, 95. evolve

96. the genon of electricity	n.	all the people born and living at about the same time, regarded collectively; the production of heat or electricity
97. wd nurse	n.	a room in a hospital for patients requiring special care
98. lipstick sme	n.	a blurry or dirty mark or stain left by rubbing or smearing something; also, a bundle of material, such as sage or incense, that is burned to produce smoke for purification or ritual purposes
99. a scientific diry	n.	the act or process of finding information, a place, or an object, or learning about something that was previously not known
100. envnt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live
101. g_b an opportunity	v.	to take hold of something or someone suddenly with a hand, especially in a violent way
102. nickel metgy	n.	a branch of materials science and engineering that stands at metals' physical and chemical properties, their compounds with other metals, and their mixtures, called alloys.
103. a children's wd	n.	a room in a hospital for patients requiring special care
104. use of hah chemicals	adj.	severe and unkind; extremely tough and unpleasant to inhabit

ANSWERS: 96. generation, 97. ward, 98. smudge, 99. discovery, 100. environment, 101. grab, 102. metallurgy, 103. ward, 104. harsh

105. new sers	n.	a person who moved with a group of others to live in a different country or area
106. secret st	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
107. follow a stne	n.	the central narrative or plot of a story, often involving a series of events or conflicts that move the story forward; the overall structure or arc of a story
108. mont of troops	n.	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
109. ste crop	adj.	essential, crucial, or regularly used
110. nuon condition	n.	the substances or the process that organisms take into their bodies as food for their growth and health
111. abe from work	n.	the fact or condition of being away from a place where they are typically anticipated to be
112. a tiny chk of meat	n.	a thick and solid mass or piece of something
113. ace a new company	v.	to buy or obtain something such as an asset, object, knowledge, etc., for oneself

ANSWERS: 105. settler, 106. sect, 107. storyline, 108. movement, 109. staple, 110. nutrition, 111. absence, 112. chunk, 113. acquire

114. ger-blind policies	n.	the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
115. pickled tup	n.	a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
116. an ecoal meal	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
117. intensive agrre	n.	the practice or science of cultivating the land or raising stock
118. obs reasons	adj.	easy to see, discover or understand
119. reon between cause and effect	n.	the way two persons or groups of people feel and act toward one another
120. glyte-based herbicide	n.	a widely used herbicide and crop desiccant that is considered controversial due to its potential environmental and health impacts
121. mast as the word	v.	to show something such as feeling, attitude, quality, etc. clearly through signs or actions
122. foreign poy	n.	a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual

ANSWERS: 114. gender, 115. turnip, 116. economical, 117. agriculture, 118. obvious, 119. relation, 120. glyphosate, 121. manifest, 122. policy

to achieve a goal or objective

123. oc y a position to consume all of someone's space, ν. attention, or time 124. ev e over the past decade to develop gradually, or to cause the development of something or someone gradually 125. the cy_e of the seasons an interval during which a recurring n. sequence of events occurs; a bicycle or motorcycle the group of people with authority to 126. gov____nt funding control a country or state 127. do____ne of non-violence a belief or set of ideas held and taught n. by a church, political party, or other groups a deep conviction in a supernatural 128. freedom of re____on n. power that controls human destiny 129. ut e a different approach ν.

130. su e a plane crash

132. the st____re of a machine

131. di____es patient

133. un____ly different

134. re I truck

- to use something for a practical purpose in an effective way
- to live or exist despite a dangerous ν. event or period
- a medical condition in which the body n. cannot produce enough insulin to control the glucose levels in the blood
- the way of construction of something n. and the arrangement of its parts, or a complex thing constructed of many parts
- adv. in a way that is different from all others; in a way that is not shared by others
- the act of taking something away or off n. from a particular place

ANSWERS: 123. occupy, 124. evolve, 125. cycle, 126. government, 127. doctrine, 128. religion, 129. utilize, 130. survive, 131. diabetes, 132. structure, 133. uniquely, 134. removal

135. a political revon	n.	a large-scale attempt to overthrow the government of a country, often using violence or war;
136. smk on the lips	v.	to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
137. a chk of money	n.	a thick and solid mass or piece of something
138. critical ms	n.	a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
139. slot aim	n.	a Y-shaped stick with an elastic band attached for shooting small stones or other projectiles
140. genon gap	n.	all the people born and living at about the same time, regarded collectively; the production of heat or electricity
141. amg advances	adj.	extremely surprising, especially in a way that you like or admire
142. pln answer	adj.	without being decorated in any way; (Noun) a vast expanse of flat land with few trees
143. roasted tup	n.	a root vegetable similar to rutabaga, usually with a round or oblong shape and white or yellow flesh inside
144. a fet for the eyes	n.	a large meal, typically one served on a special occasion
145. ocephy data	n.	the scientific study of oceans and other bodies of saltwater, including their physical, chemical, and biological characteristics, as well as their interactions with the atmosphere and land

ANSWERS: 135. revolution, 136. smack, 137. chunk, 138. mass, 139. slingshot, 140. generation, 141. amazing, 142. plain, 143. turnip, 144. feast, 145. oceanography

entire period of prehistoric human technology

155. the great di____ry of the century

n. the act or process of finding information,

a place, or an object, or learning about something that was previously not

Stone Age, which represents almost the

known

n. a parent of one's father or mother

ANSWERS: 146. communal, 147. sustainable, 148. devastate, 149. tribal, 150. butcher, 151. purposeful, 152. lifetime, 153. diabetes, 154. paleolithic, 155. discovery, 156. grandparent

156. person of gra nt age

157. diar without a trace	<i>v</i> .	to cease to exist or be visible
158. adt a schedule	v.	to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
159. prect culture	adj.	referring to a time or culture before the arrival and influence of foreign or outside groups, particularly about the indigenous peoples of a region or area
160. a tron of a culture	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
161. cae customers' hearts	v.	to catch a person or an animal and confine them in an area which they cannot escape
162. ecoal use of her time	adj.	providing a satisfactory return on the money, time, or effort; not using more money, fuel, etc. than necessary
163. ree collection	n.	a set of instructions for preparing a dish, including the ingredients and the method of cooking
164. oasis in the det	n.	arid land with little or no vegetation often covered with sand or rocks
165. orc soils	adj.	of or derived from biological substance; producing plants and animals for food and other items without the use of synthetic chemicals
166. continental lass	n.	a large area of land, especially one that is distinct from surrounding areas by its topography, geology, or biota

ANSWERS: 157. disappear, 158. adjust, 159. precontact, 160. tradition, 161. capture, 162. economical, 163. recipe, 164. desert, 165. organic, 166. landmass

167. smk his knee	v.	to hit something or someone with force, often making a loud noise; to deliver a sharp criticism or rebuke
168. an ine scheme	adj.	extremely stupid, crazy, or dangerous; mentally ill
169. palic cave painting	adj.	of or relating to the second period of the Stone Age, which represents almost the entire period of prehistoric human technology
170. exng football player	adj.	causing a lot of interest or excitement
171. perure garden	n.	a system of agricultural and ecological design that aims to create sustainable, self-sufficient ecosystems by working with natural processes and relying on renewable resources
172. human evon	n.	a gradual process of transformation of living things
173. waul practices	adj.	characterized by excessive or unnecessary use or consumption; using resources or materials inefficiently or inappropriately, resulting in unnecessary waste or expense
174. budget appion	n.	the act of taking something for one's use or purpose, particularly without permission or legal right; the allocation or assignment of funds, resources, or property for a specific purpose or use
175. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire

ANSWERS: 167. smack, 168. insane, 169. paleolithic, 170. exciting, 171. permaculture, 172. evolution, 173. wasteful, 174. appropriation, 175. amazing

- 176. racial or___n
- 177. W__e off dirt
- 178. mountain tr e
- 179. sc__y dream
- 180. se____d broth
- 181. fer____ion tank
- 182. cable r l
- 183. ev____on theory
- 184. re____e the right
- 185. in tantenna

- n. the first existence or beginning of something
- v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
- a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
- adj. causing fear or fright; frightening; intimidating
- a plant that grows in the sea or on land very close to the sea, especially marine algae
- n. the chemical breakdown of a substance by bacteria, yeasts, or other microorganisms, typically involving effervescence and the giving off of the heat
- a cylinder on which film, wire, or other flexible materials that can be wound
- n. a gradual process of transformation of living things
- v. to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
- any small creature that has six legs and a body divided into three sections

ANSWERS: 176. origin, 177. wipe, 178. tribe, 179. scary, 180. seaweed, 181. fermentation, 182. reel, 183. evolution, 184. reserve, 185. insect

186. kitchen pa y a small room, closet, or cupboard used n. for the storage of food, particularly non-perishable items such as canned goods, dry goods, and spices; a supply of food stored in this manner to assert that something is true; to 187. false cl m ν. demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true adj. including numerous categories of 188. di e backgrounds individuals or entities; various 189. ex___t a valuable opportunity to make full use of and gain an ν . advantage from resources, opportunities, etc. 190. e k population a large species of deer native to North n. America and eastern Asia, known for its large antlers and imposing size 191. cr t manufacture an activity that requires a particular skill n. in making things with one's hands 192. pr____ge of membership a special right or advantage that only n. one person or group of people has, usually because they are rich and powerful in a society a coniferous tree of the Pinaceae 193. p__e needle family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present

ANSWERS: 186. pantry, 187. claim, 188. diverse, 189. exploit, 190. elk, 191. craft, 192. privilege, 193. pine

194. li me ban from the sport the duration of someone's life or n. something's existence; 195. h t after knowledge to go after and try to catch wild animals to kill them for food, sport, or profit 196. ca___e a glimpse to catch a person or an animal and ν. confine them in an area which they cannot escape 197. un____ed potential adj. not yet used or exploited 198. clear in on something you want to do and are going n. to do 199. di____le a system to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment to remove the surface from something; 200. coast st__p (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc. adj. stupid or not sensible; very angry 201. cr y about cars and racing 202. sys____ic botany adj. done or acting according to a determined set of systems or plans: 203. d b my cheek with powder to touch or apply something lightly, usually several times a type of product, service, etc., made by 204. the br__d of the new car n. a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made

ANSWERS: 194. lifetime, 195. hunt, 196. capture, 197. untapped, 198. intention, 199. dismantle, 200. strip, 201. crazy, 202. systematic, 203. dab, 204. brand, 205. disappear

ν.

205. di ar after a week

by burning

to cease to exist or be visible

206. go to the workplace by cye	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
207. lingual dity	n.	the quality or fact of many different types of things or people being included in something; a range of different things or people
208. a stone wall sunds the palace	<i>v</i> .	to be all around something or somebody
209. legal eny	n.	something that exists independently and has its own identity
210. sund a town	<i>v</i> .	to be all around something or somebody
211. susle alternative fuel	adj.	able to continue or be continued for a long time
212. dual ger	n.	the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
213. aboriginal tre	n.	a social group made up of members who live together, sharing the same language, culture, religion, etc., especially those who do not live in towns or cities
214. psychic tra	n.	an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 206. cycle, 207. diversity, 208. surround, 209. entity, 210. surround, 211. sustainable, 212. gender, 213. tribe, 214. trauma

215. id____fy gene sequences
216. re____ce on social media
217. oppressive co___al rule
218. fl___r enhancer
219. beginning of the industrial rev____on
220. cr__t arts of Japan
221. res____ul thinker
222. a na__y smell
223. ex t a security hole

224. foreordained de____y

225. st____d service

- v. to recognize someone or something and say or prove who or what they are
- *n*. the state of depending on or needing something or someone
- adj. of or relating to a colony (= a territory that is controlled by a more powerful country); to the period of time during which a country or region was a colony
- *n.* the taste sensation produced by a substance in the mouth
- a large-scale attempt to overthrow the government of a country, often using violence or war;
- n. an activity that requires a particular skill in making things with one's hands
- adj. showing creativity and ability to find quick and practical solutions to problems
- adj. very bad, unpleasant, or offensive
- v. to make full use of and gain an advantage from resources, opportunities, etc.
- the events that will inevitably happen to a particular person or thing in the future
- n. a person responsible for the management and care of another's property or for the supervision of the domestic staff of a large household or organization; a person in charge of arranging for the supply of food to a college, club, etc.

ANSWERS: 215. identify, 216. reliance, 217. colonial, 218. flavor, 219. revolution, 220. craft, 221. resourceful, 222. nasty, 223. exploit, 224. destiny, 225. steward

226. awe mental faculty	adj.	inspiring fear, admiration, or respect; very good, nice, fun, etc.
227. stre and function of the brain	n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
228. the dity policy of the university	n.	the quality or fact of many different types of things or people being included in something; a range of different things or people
229. ine heat	adj.	(especially of a feeling) very strong; extremely sharp or severe
230. pre dogs	n.	a large open grassland or meadow, typically in North America
231. cete his election	v.	to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
232. religious done	n.	a belief or set of ideas held and taught by a church, political party, or other groups
233. top of the rie	n.	a long, narrow, raised landform or rock formation
234. govnt bureaucracy	n.	the group of people with authority to control a country or state
235. st beliefs	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

ANSWERS: 226. awesome, 227. structure, 228. diversity, 229. intense, 230. prairie, 231. celebrate, 232. doctrine, 233. ridge, 234. government, 235. sect

236. organic agr____re
237. ex____e our options
238. h__t a job

239. welding met gy

- 240. h__l a broken bone
- 241. sp____al leader
- 242. receive a na__y surprise
- 243. a bad pr____nt
- 244. na___n-state
- 245. sc___d all the time
- 246. certain ex___t

- *n.* the practice or science of cultivating the land or raising stock
- v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
- v. to go after and try to catch wild animals to kill them for food, sport, or profit
- n. a branch of materials science and engineering that stands at metals' physical and chemical properties, their compounds with other metals, and their mixtures, called alloys.
- to make a wound or injury to become well again
- adj. relating to or affecting the human spirit or soul as opposed to material or physical things
- adj. very bad, unpleasant, or offensive
- a previous event or action that serves as an example or rule to authorize or justify similar events or actions in the future
- a large organized community of people living in a particular country or region and having a particular culture
- adj. afraid or frightened
- *n*. the point or degree or area to which something extends

ANSWERS: 236. agriculture, 237. explore, 238. hunt, 239. metallurgy, 240. heal, 241. spiritual, 242. nasty, 243. precedent, 244. nation, 245. scared, 246. extent

247. c_w herd	n.	a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
248. dey the ecosystem	ν.	to ruin or damage severely or completely; to eradicate or eliminate completely
249. path of deson	n.	the act of causing so much damage to something
250. large lass	n.	a large area of land, especially one that is distinct from surrounding areas by its topography, geology, or biota
251. a miry operation	adj.	relating to or characteristic of members of the armed forces; of or relating to war or warfare
252. m_m a victim	ν.	to injure or wound someone seriously, particularly by permanently disabling or disfiguring a body part
253. a sysic reformation	adj.	done or acting according to a determined set of systems or plans:
254. cyclonic deson	n.	the act of causing so much damage to something
255. dental tartar reI	n.	the act of taking something away or off from a particular place
256. reon sociology	n.	a deep conviction in a supernatural power that controls human destiny
257. a miry leader	adj.	relating to or characteristic of members of the armed forces; of or relating to war or warfare

ANSWERS: 247. cow, 248. destroy, 249. destruction, 250. landmass, 251. military, 252. maim, 253. systematic, 254. destruction, 255. removal, 256. religion, 257. military

258. complex carate	n.	(also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals
259. ree book	n.	a set of instructions for preparing a dish, including the ingredients and the method of cooking
260. against tron	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
261. play a unly important role	adv.	in a way that is different from all others; in a way that is not shared by others
262. eat orc food	adj.	of or derived from biological substance; producing plants and animals for food and other items without the use of synthetic chemicals
263. idfy handwriting	v.	to recognize someone or something and say or prove who or what they are
264. ime pressure	adj.	extremely large or great
265. orn of information	n.	the first existence or beginning of something
266. tery in charge	n.	an area under the control of a ruler or state
267. asste a language	v.	to take in and understand information or ideas; to integrate
268. con examination	n.	the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone

ANSWERS: 258. carbohydrate, 259. recipe, 260. tradition, 261. uniquely, 262. organic, 263. identify, 264. immense, 265. origin, 266. territory, 267. assimilate, 268. colon

has said; a significant part of the large

intestine, the final section of the

digestive system

269. unf	ely caught in a shower	adv.	by bad luck; unluckily
270. even mo	ore unfely	adv.	by bad luck; unluckily
271. prı	n synthesis	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
272. master	cf	n.	a cook, especially the chief cook in a restaurant or hotel
273. ass	te into society	v.	to take in and understand information or ideas; to integrate
274. mu	om spores	n.	a type of fungus that grows on dead or decaying organic matter and typically has a stalk and an umbrella-shaped cap
275. di€	e control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
276. go in	_e with pleasure	adj.	extremely stupid, crazy, or dangerous; mentally ill
277. mah	against the war	ν.	to walk militarily with stiff, regular steps
278. det	basin	n.	arid land with little or no vegetation often covered with sand or rocks
279. cultural	nm	n.	something that is regarded as usual, typical, or standard
280. ma	_st displeasure	v.	to show something such as feeling, attitude, quality, etc. clearly through signs or actions

ANSWERS: 269. unfortunately, 270. unfortunately, 271. protein, 272. chef, 273. assimilate, 274. mushroom, 275. disease, 276. insane, 277. march, 278. desert, 279. norm, 280. manifest

281. ma__h east

- ν . to walk militarily with stiff, regular steps
- 282. se____rs on some foreign shore
- a person who moved with a group of others to live in a different country or area

283. a co___y of bacteria

 a country or an area that is governed by a more powerful country that is often far away

284. wildlife pre____ion

 the act of keeping something in its original state or of preventing it from being damaged

285. traditional me al

adj. of or relating to the treatment or cure of disease

286. a m__s of molten rock

 a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

287. American bi n's meat

 a large wild animal of the cow family that has shaggy manes, large heads, and short horns, and there are American bison, also called buffalo, and European bison

288. p e away for him

n. a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present

289. n m of action

n. something that is regarded as usual, typical, or standard

ANSWERS: 281. march, 282. settler, 283. colony, 284. preservation, 285. medicinal, 286. mass, 287. bison, 288. pine, 289. norm

- 290. st_p a tire off
- 291. around the gl e
- 292. the def____on of a word
- 293. D t approval
- 294. eat a vegetarian d__t
- 295. victim of sexual ab__e
- 296. delta pl__n
- 297. a cr y scheme
- 298. constant sp al striving
- 299. su___e a blizzard
- 300. a nightly fe__t

- v. to remove the surface from something; (noun) a sizeable narrow piece of something such as paper, metal, cloth, etc., or area of land, sea, etc.
- n. the earth or world, mainly used to emphasize its vastness
- a concise explanation of the meaning of a word, phrase, or symbol
- the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
- n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
- n. the use of something in an incorrect or harmful manner
- adj. without being decorated in any way;(Noun) a vast expanse of flat land with few trees
- adj. stupid or not sensible; very angry
- adj. relating to or affecting the human spirit or soul as opposed to material or physical things
- v. to live or exist despite a dangerous event or period
- a large meal, typically one served on a special occasion

ANSWERS: 290. strip, 291. globe, 292. definition, 293. diet, 294. diet, 295. abuse, 296. plain, 297. crazy, 298. spiritual, 299. survive, 300. feast

301. cell and molecular biy	n.	the scientific study of life and the natural processes of living things
302. a delicate flr	n.	the taste sensation produced by a substance in the mouth
303. plant a coy	n.	a country or an area that is governed by a more powerful country that is often far away
304. exng news	adj.	causing a lot of interest or excitement
305. acquire tery	n.	an area under the control of a ruler or state
306. ute a catheter	<i>v</i> .	to use something for a practical purpose in an effective way
307. indus peoples	adj.	someone or something that is native to or occurring naturally in a particular place
308. meal chemistry	adj.	of or relating to the treatment or cure of disease
309. adt the rearview mirror	ν.	to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
310. chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
311. ink sme	n.	a blurry or dirty mark or stain left by rubbing or smearing something; also, a bundle of material, such as sage or incense, that is burned to produce smoke for purification or ritual purposes

ANSWERS: 301. biology, 302. flavor, 303. colony, 304. exciting, 305. territory, 306. utilize, 307. indigenous, 308. medicinal, 309. adjust, 310. environment, 311. smudge

312. syic bacteria	adj.	involving two varieties of animal or plant, each of which supplies the conditions for the other to exist
313. une design	adj.	being the only one of its kind; unlike anything else
314. prect lifestyles	adj.	referring to a time or culture before the arrival and influence of foreign or outside groups, particularly about the indigenous peoples of a region or area
315. uned market	adj.	not yet used or exploited
316. nae to Africa	adj.	connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
317. hI the hurt mind	<i>v</i> .	to make a wound or injury to become well again
318. a precise defon	n.	a concise explanation of the meaning of a word, phrase, or symbol
319. international coty	n.	a product or a raw material that can be traded, bought, or sold
320. terrestrial gle	n.	the earth or world, mainly used to emphasize its vastness
321. mygy research	n.	the scientific study of fungi, including their taxonomy, biological properties, and uses in medicine, industry, and agriculture
322. earliest human anor	n.	a person from whom one is descended; a forefather

ANSWERS: 312. symbiotic, 313. unique, 314. precontact, 315. untapped, 316. native, 317. heal, 318. definition, 319. commodity, 320. globe, 321. mycology, 322. ancestor

323. die	prevention
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324. develop in___e itching

325. a seafaring na___n

326. pr____nt emeritus

327. oc y his time

328. a circular mo____nt

329. sc y story

330. create a br d logo

331. health po y

- a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
- adj. (especially of a feeling) very strong; extremely sharp or severe
- a large organized community of people living in a particular country or region and having a particular culture
- the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
- v. to consume all of someone's space, attention, or time
- n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
- adj. causing fear or fright; frightening; intimidating
- n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
- n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 323. disease, 324. intense, 325. nation, 326. president, 327. occupy, 328. movement, 329. scary, 330. brand, 331. policy

332. the problem of drug ab__e

n. the use of something in an incorrect or harmful manner

ANSWERS: 332. abuse

Session 3: Fill in the Blanks

1.	The old building had to be	because it was structurally unsound.		
v.	to take apart or demolish (a structure, fittings or equipment	machine, system, or the like); to strip off		
2.	The early morning dew on the	made the grass glisten like diamonds.		
n.	a large open grassland or meadow, ty	pically in North America		
3.	The company's new on remote workplace.	work has made it a more inclusive		
n.	or action, often used in the context of	r procedures that govern decision-making business or government; a course of owed by an organization or individual to		
4.	The community emphasiagainst, nature.	sizes the importance of working with, not		
n.	a system of agricultural and ecologica self-sufficient ecosystems by working renewable resources	I design that aims to create sustainable, with natural processes and relying on		
5.	The government announced a policy to	control the rise in prices.		
n.	a product or a raw material that can be	e traded, bought, or sold		
6.	His final goal is to sail around the			
n.	the earth or world, mainly used to emp	phasize its vastness		
7.	You can easily seats over the	telephone.		
v.	to keep something for future use or co something, such as a meeting, seat, e			
ANSWERS: 1. dismantled, 2. prairie, 3. policy, 4. permaculture, 5. commodity, 6. globe, 7. reserve				

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crazy, 48. nutritional, 49. metallurgy