

# Englist.me



## Vocabulary Builder Reference from...

*Aparna Hegde: The life-saving tech helping mothers make healthy decisions | TED Talk*

[https://www.ted.com/talks/aparna\\_hegde\\_the\\_life\\_saving\\_tech\\_helping\\_mothers\\_make\\_healthy\\_decisions](https://www.ted.com/talks/aparna_hegde_the_life_saving_tech_helping_mothers_make_healthy_decisions)

### Advanced Words Only

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### trimester

*n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

*synonym* : quarter, three months, 13 weeks

(1) second **trimester** ends, (2) **trimester** system

The first **trimester** of pregnancy is the most crucial for the development of the fetus.

### antenatal

*adj.* relating to or occurring during the period before birth; prenatal

*synonym* : prenatal, antepartum, fetal

(1) **antenatal** appointment, (2) **antenatal** clinic

**Antenatal** care is crucial for a healthy pregnancy and delivery.

### dingy

*adj.* dark, gloomy, and dirty

*synonym* : gloomy, dirty, drab

(1) **dingy** apartment, (2) **dingy** lighting

The **dingy** room needed a fresh coat of paint.

### overcrowded

*adj.* containing too many people or things in a particular space, making it cramped or uncomfortable

*synonym* : packed, congested, jammed

(1) **overcrowded** refugee camp, (2) **overcrowded** with passengers

The school district is facing a problem with **overcrowded** classrooms.

## overwork

*v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness

*synonym* : overdo, overtax, exhaust

(1) die from **overwork**, (2) **overwork** to compensate

He **overworked** himself and ended up getting sick.

## wrack

*n.* wreckage or debris from a destroyed structure; (verb) to cause destruction or great pain

*synonym* : wreckage, ruins, debris

(1) go to **wrack**, (2) **wrack** my brain

The **wrack** left behind by the storm was immense and widespread.

## anemia

*n.* a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something

*synonym* : bloodlessness, pallor, weakness

(1) **anemia** symptoms, (2) **anemia** disease

The doctor diagnosed the patient with **anemia** due to a lack of iron in their blood.

## unjust

*adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

*synonym* : unfair, inequitable

(1) **unjust** verdict, (2) **unjust** accusation

The ruling was considered **unjust** by many people in the community.

## urogynecology

*n.* the branch of medicine that deals with the diagnosis and treatment of disorders related to the female urinary tract and reproductive system

*synonym* : urodynamics, pelvic floor dysfunction

(1) **urogynecology** clinic, (2) **urogynecology** disorders

She went to see a specialist in **urogynecology** to address her pelvic floor issues.

## yawn

*v.* to involuntarily open one's mouth wide and exhale due to tiredness, boredom, or a lack of oxygen; (noun) an involuntary reflex act of opening one's mouth wide and inhaling deeply due to tiredness, boredom, or a lack of oxygen

*synonym* : gape, stretch, open

(1) **yawn** in sleepiness, (2) lazy **yawn**

He couldn't help but **yawn** during the long and boring presentation.

## lifesaving

*n.* the act or process of rescuing someone else's life, especially from drowning

(1) **lifesaving** efforts, (2) **lifesaving** device

The patient needs a **lifesaving** transplant operation.

## infancy

*n.* the state or period of being a baby or very young child

*synonym* : childhood, babyhood, juvenescence

(1) **infancy** stage, (2) in early **infancy**

The technology is still in its **infancy** and has much room for improvement.

## constipation

*n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

*synonym* : congestion, blockage, obstruction

(1) **constipation** relief, (2) chronic **constipation**

The patient complained of **constipation**, and the doctor recommended increasing their daily fiber intake.

## empower

v. to give someone the power or authority to do something  
*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## upend

v. to turn or flip over; to overthrow or upset the established order

*synonym*: overturn, upset, invert

(1) **upend** a table, (2) **upend** a tradition

The sudden news **upended** their plans for the weekend.

## patriarchal

*adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

*synonym*: male-dominated, paternalistic

(1) **patriarchal** society, (2) **patriarchal** government

The **patriarchal** system that many societies have is outdated and unfair to women.

## entrenched

*adj.* established firmly and securely

*synonym*: deep-rooted, confirmed, ingrained

(1) **entrenched** ideas, (2) **entrenched** positions

The monarch exploited the peasants using its **entrenched** power.

## preach

v. to deliver a religious or moral message to an audience

*synonym*: expound, advocate, sermonize

(1) **preach** the gospel, (2) **preach** to the masses

The pastor **preached** about the importance of forgiveness.

## intergenerational

*adj.* relating to, involving, or affecting different generations

(1) **intergenerational** conflict, (2) promote **intergenerational** ties

The results of that survey clearly show **intergenerational**

differences in attitudes toward LGBTQ.

## **underprivileged**

*adj.* lacking resources, opportunities, or advantages that are necessary for success

*synonym* : poor, disadvantaged, destitute

(1) poor and **underprivileged** elderly, (2) **underprivileged** communities

The **underprivileged** children were in dire need of food, clothing, and shelter.

## **psychosocial**

*adj.* relating to the interplay between psychological and social factors, especially when it comes to mental health, personality development, and social behavior

*synonym* : psychological, social, mental

(1) **psychosocial** factors, (2) **psychosocial** well-being  
**Psychosocial** therapy can be beneficial for individuals with mental health conditions.

## **womb**

*n.* the organ of a woman or female mammal in which a baby develops before birth

*synonym* : uterus, matrice

(1) tumor of **womb**, (2) **womb** transplant

The fertilized egg implanted itself in the **womb**.

## **testament**

*n.* a thing that proves the existence or truth of something else

*synonym* : proof, testimony, testimonial

(1) give properties by **testament**, (2) **testament** to the superior quality

His wealth is a **testament** to his success.

## **frontline**

*adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy

*synonym* : battlefield, cutting edge

(1) **frontline** health workers, (2) at the **frontline** of the war  
Within days, the new aircraft was in **frontline** service.

## scaffold

*n.* a temporary platform or structure used to support workers and materials during construction or maintenance work

*synonym* : platform, staging, framework

(1) **scaffold** construction, (2) go to the **scaffold**

The construction workers set up the **scaffold** to reach the top of the building.

## nimble

*adj.* quick and light in movement or action

*synonym* : agile, quick, flexible

(1) **nimble** handling, (2) **nimble-minded** person

His **nimble** movements allowed him to navigate the crowded streets with ease.

## lockdown

*n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

(1) go on **lockdown**, (2) **lockdown** area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

## slum

*n.* a heavily populated urban area characterized by poor, run-down housing and infrastructure, often associated with poverty and social neglect

*synonym* : shantytown, slumdwelling, ghetto

(1) **slum** area, (2) **slum** dwellers

The government needs to invest more in affordable housing options to reduce the number of people living in **slums**.

## repurpose

*v.* to use something again for a different purpose than it was originally intended

*synonym* : reutilize, recycle, reuse

(1) **repurpose** an old building, (2) **repurpose** a used car

The old barn was **repurposed** into a modern event space.

## pediatrics

*n.* the branch of medicine that deals with the care and treatment of children

*synonym* : pedology, child health

(1) **pediatrics** department, (2) **pediatrics** clinic

I am studying **pediatrics** in medical school because I love working with children.

## **pandemic**

*n.* an outbreak of a disease that affects many people over a very wide area

*synonym* : outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

## **implacable**

*adj.* incapable of being appeased or pacified; relentless, unstoppable, or unyielding

*synonym* : inflexible, relentless, unyielding

(1) **implacable** criticism, (2) **implacable** hatred

Despite multiple negotiations, the opposing sides remained **implacable** and unwilling to compromise.

## **improvisation**

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym* : spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

## **ripple**

*n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

*synonym* : wave, undulation, fluctuation

(1) a **ripple** of laughter, (2) **ripple** in the water

Many businesses felt the **ripple** effect of the economy's decline.

## **ailment**

*n.* a slight but often persistent illness

*synonym* : illness, disorder, infection

(1) heart **ailment**, (2) age-related **ailment**

He got timely treatment for his physical **ailment** of severe

back pain.

## **implore**

v. to beg earnestly or desperately; to plead urgently for assistance or mercy

*synonym*: beg, beseech, plead

(1) **implore** forgiveness, (2) **implore** assistance

I **implore** you to reconsider your decision before it's too late.

## **amplify**

v. to enhance something, particularly sound or brightness

*synonym*: intensify, boost, argument

(1) **amplify** a signal, (2) **amplify** the effect

You might need to **amplify** this point.



## Session 2: Spelling

1. con\_\_\_\_\_ion relief *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
2. an\_\_\_\_\_al clinic *adj.* relating to or occurring during the period before birth; prenatal
3. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
4. at the fr\_\_\_\_\_ne of the war *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
5. im\_\_\_\_\_e assistance *v.* to beg earnestly or desperately; to plead urgently for assistance or mercy
6. ped\_\_\_\_\_cs clinic *n.* the branch of medicine that deals with the care and treatment of children
7. und\_\_\_\_\_ged communities *adj.* lacking resources, opportunities, or advantages that are necessary for success
8. go to the sc\_\_\_\_\_ld *n.* a temporary platform or structure used to support workers and materials during construction or maintenance work
9. pr\_\_\_\_h the gospel *v.* to deliver a religious or moral message to an audience
10. poor and und\_\_\_\_\_ged elderly *adj.* lacking resources, opportunities, or advantages that are necessary for success

ANSWERS: 1. constipation, 2. antenatal, 3. empower, 4. frontline, 5. implore, 6. pediatrics, 7. underprivileged, 8. scaffold, 9. preach, 10. underprivileged

11. te\_\_\_\_\_nt to the superior quality      *n.* a thing that proves the existence or truth of something else
12. y\_\_n in sleepiness      *v.* to involuntarily open one's mouth wide and exhale due to tiredness, boredom, or a lack of oxygen; (noun) an involuntary reflex act of opening one's mouth wide and inhaling deeply due to tiredness, boredom, or a lack of oxygen
13. s\_\_m area      *n.* a heavily populated urban area characterized by poor, run-down housing and infrastructure, often associated with poverty and social neglect
14. ni\_\_\_e handling      *adj.* quick and light in movement or action
15. s\_\_m dwellers      *n.* a heavily populated urban area characterized by poor, run-down housing and infrastructure, often associated with poverty and social neglect
16. go to wr\_\_k      *n.* wreckage or debris from a destroyed structure; (verb) to cause destruction or great pain
17. chronic con\_\_\_\_\_ion      *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
18. ove\_\_\_\_\_ed with passengers      *adj.* containing too many people or things in a particular space, making it cramped or uncomfortable

ANSWERS: 11. testament, 12. yawn, 13. slum, 14. nimble, 15. slum, 16. wrack, 17. constipation, 18. overcrowded

19. a ri\_\_\_e of laughter *n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
20. pr\_\_\_h to the masses *v.* to deliver a religious or moral message to an audience
21. global pa\_\_\_\_ic *n.* an outbreak of a disease that affects many people over a very wide area
22. second tr\_\_\_\_\_er ends *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
23. pat\_\_\_\_\_al government *adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated
24. ent\_\_\_\_\_ed ideas *adj.* established firmly and securely
25. in\_\_\_\_\_y stage *n.* the state or period of being a baby or very young child
26. flu pa\_\_\_\_ic *n.* an outbreak of a disease that affects many people over a very wide area
27. int\_\_\_\_\_nal conflict *adj.* relating to, involving, or affecting different generations
28. pat\_\_\_\_\_al society *adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated
29. jazz imp\_\_\_\_\_ion *n.* the act of making something up on the spot or creating or performing something without preparation

ANSWERS: 19. ripple, 20. preach, 21. pandemic, 22. trimester, 23. patriarchal, 24. entrenched, 25. infancy, 26. pandemic, 27. intergenerational, 28. patriarchal, 29. improvisation

30. an\_\_\_\_\_al appointment *adj.* relating to or occurring during the period before birth; prenatal
31. am\_\_\_\_\_y a signal *v.* to enhance something, particularly sound or brightness
32. an\_\_\_a symptoms *n.* a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something
33. an\_\_\_a disease *n.* a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something
34. imp\_\_\_\_\_le hatred *adj.* incapable of being appeased or pacified; relentless, unstoppable, or unyielding
35. give properties by te\_\_\_\_\_nt *n.* a thing that proves the existence or truth of something else
36. die from ov\_\_\_\_\_rk *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
37. imp\_\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
38. go on lo\_\_\_\_\_wn *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

ANSWERS: 30. antenatal, 31. amplify, 32. anemia, 33. anemia, 34. implacable, 35. testament, 36. overwork, 37. improvisation, 38. lockdown

39. up\_\_d a tradition *v.* to turn or flip over; to overthrow or upset the established order
40. lif\_\_\_\_\_ng device *n.* the act or process of rescuing someone else's life, especially from drowning
41. promote int\_\_\_\_\_nal ties *adj.* relating to, involving, or affecting different generations
42. uro\_\_\_\_\_ogy clinic *n.* the branch of medicine that deals with the diagnosis and treatment of disorders related to the female urinary tract and reproductive system
43. lo\_\_\_\_\_wn area *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
44. sc\_\_\_\_\_ld construction *n.* a temporary platform or structure used to support workers and materials during construction or maintenance work
45. im\_\_\_\_\_e forgiveness *v.* to beg earnestly or desperately; to plead urgently for assistance or mercy
46. in early in\_\_\_\_\_y *n.* the state or period of being a baby or very young child
47. di\_\_y apartment *adj.* dark, gloomy, and dirty
48. un\_\_\_t accusation *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong
49. ri\_\_\_e in the water *n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

ANSWERS: 39. upend, 40. lifesaving, 41. intergenerational, 42. urogynecology, 43. lockdown, 44. scaffold, 45. implore, 46. infancy, 47. dingy, 48. unjust, 49. ripple

50. am\_\_\_\_\_y the effect      *v.* to enhance something, particularly sound or brightness
51. ov\_\_\_\_\_rk to compensate      *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
52. lif\_\_\_\_\_ng efforts      *n.* the act or process of rescuing someone else's life, especially from drowning
53. re\_\_\_\_\_se an old building      *v.* to use something again for a different purpose than it was originally intended
54. tumor of w\_\_b      *n.* the organ of a woman or female mammal in which a baby develops before birth
55. uro\_\_\_\_\_ogy disorders      *n.* the branch of medicine that deals with the diagnosis and treatment of disorders related to the female urinary tract and reproductive system
56. ni\_\_\_e-minded person      *adj.* quick and light in movement or action
57. di\_\_y lighting      *adj.* dark, gloomy, and dirty
58. ped\_\_\_\_\_cs department      *n.* the branch of medicine that deals with the care and treatment of children
59. age-related ai\_\_\_\_\_t      *n.* a slight but often persistent illness
60. ove\_\_\_\_\_ed refugee camp      *adj.* containing too many people or things in a particular space, making it cramped or uncomfortable
61. un\_\_\_t verdict      *adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

ANSWERS: 50. amplify, 51. overwork, 52. lifesaving, 53. repurpose, 54. womb, 55. urogynecology, 56. nimble, 57. dingy, 58. pediatrics, 59. ailment, 60. overcrowded, 61. unjust

62. fr\_\_\_\_\_ne health workers *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
63. re\_\_\_\_\_se a used car *v.* to use something again for a different purpose than it was originally intended
64. w\_\_b transplant *n.* the organ of a woman or female mammal in which a baby develops before birth
65. psy\_\_\_\_\_ial factors *adj.* relating to the interplay between psychological and social factors, especially when it comes to mental health, personality development, and social behavior
66. em\_\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something
67. imp\_\_\_\_\_le criticism *adj.* incapable of being appeased or pacified; relentless, unstoppable, or unyielding
68. up\_\_d a table *v.* to turn or flip over; to overthrow or upset the established order
69. tr\_\_\_\_\_er system *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
70. psy\_\_\_\_\_ial well-being *adj.* relating to the interplay between psychological and social factors, especially when it comes to mental health, personality development, and social behavior

ANSWERS: 62. frontline, 63. repurpose, 64. womb, 65. psychosocial, 66. empower, 67. implacable, 68. upend, 69. trimester, 70. psychosocial

71. heart ai\_\_\_\_t                      *n.* a slight but often persistent illness
72. wr\_\_k my brain                    *n.* wreckage or debris from a destroyed structure; (verb) to cause destruction or great pain
73. lazy y\_\_n                          *v.* to involuntarily open one's mouth wide and exhale due to tiredness, boredom, or a lack of oxygen; (noun) an involuntary reflex act of opening one's mouth wide and inhaling deeply due to tiredness, boredom, or a lack of oxygen
74. ent\_\_\_\_\_ed positions            *adj.* established firmly and securely

ANSWERS: 71. ailment, 72. wrack, 73. yawn, 74. entrenched



## Session 3: Fill in the Blanks

1. His \_\_\_\_\_ movements allowed him to navigate the crowded streets with ease.  
*adj.* quick and light in movement or action
  
2. The first \_\_\_\_\_ of pregnancy is the most crucial for the development of the fetus.  
*n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
  
3. He couldn't help but \_\_\_\_\_ during the long and boring presentation.  
*v.* to involuntarily open one's mouth wide and exhale due to tiredness, boredom, or a lack of oxygen; (noun) an involuntary reflex act of opening one's mouth wide and inhaling deeply due to tiredness, boredom, or a lack of oxygen
  
4. He got timely treatment for his physical \_\_\_\_\_ of severe back pain.  
*n.* a slight but often persistent illness
  
5. The old barn was \_\_\_\_\_ into a modern event space.  
*v.* to use something again for a different purpose than it was originally intended
  
6. \_\_\_\_\_ therapy can be beneficial for individuals with mental health conditions.  
*adj.* relating to the interplay between psychological and social factors, especially when it comes to mental health, personality development, and social behavior
  
7. \_\_\_\_\_ care is crucial for a healthy pregnancy and delivery.  
*adj.* relating to or occurring during the period before birth; prenatal

ANSWERS: 1. nimble, 2. trimester, 3. yawn, 4. ailment, 5. repurposed, 6. Psychosocial, 7. Antenatal

8. The technology is still in its \_\_\_\_\_ and has much room for improvement.  
*n.* the state or period of being a baby or very young child
9. The patient needs a \_\_\_\_\_ transplant operation.  
*n.* the act or process of rescuing someone else's life, especially from drowning
10. The \_\_\_\_\_ children were in dire need of food, clothing, and shelter.  
*adj.* lacking resources, opportunities, or advantages that are necessary for success
11. Within days, the new aircraft was in \_\_\_\_\_ service.  
*adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
12. You might need to \_\_\_\_\_ this point.  
*v.* to enhance something, particularly sound or brightness
13. The fertilized egg implanted itself in the \_\_\_\_\_.  
*n.* the organ of a woman or female mammal in which a baby develops before birth
14. The government needs to invest more in affordable housing options to reduce the number of people living in \_\_\_\_\_.  
*n.* a heavily populated urban area characterized by poor, run-down housing and infrastructure, often associated with poverty and social neglect
15. Many businesses felt the \_\_\_\_\_ effect of the economy's decline.  
*n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
16. The ruling was considered \_\_\_\_\_ by many people in the community.  
*adj.* not fair or equitable; lacking in justice or impartiality; morally unacceptable or wrong

ANSWERS: 8. infancy, 9. lifesaving, 10. underprivileged, 11. frontline, 12. amplify, 13. womb, 14. slums, 15. ripple, 16. unjust

17. The \_\_\_\_\_ room needed a fresh coat of paint.

*adj.* dark, gloomy, and dirty

18. The \_\_\_\_\_ system that many societies have is outdated and unfair to women.

*adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

19. Despite multiple negotiations, the opposing sides remained \_\_\_\_\_ and unwilling to compromise.

*adj.* incapable of being appeased or pacified; relentless, unstoppable, or unyielding

20. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.

*v.* to give someone the power or authority to do something

21. They fear a \_\_\_\_\_ of a new type of virus.

*n.* an outbreak of a disease that affects many people over a very wide area

22. I \_\_\_\_\_ you to reconsider your decision before it's too late.

*v.* to beg earnestly or desperately; to plead urgently for assistance or mercy

23. The construction workers set up the \_\_\_\_\_ to reach the top of the building.

*n.* a temporary platform or structure used to support workers and materials during construction or maintenance work

24. She went to see a specialist in \_\_\_\_\_ to address her pelvic floor issues.

*n.* the branch of medicine that deals with the diagnosis and treatment of disorders related to the female urinary tract and reproductive system

ANSWERS: 17. dingy, 18. patriarchal, 19. implacable, 20. empowered, 21. pandemic, 22. implore, 23. scaffold, 24. urogynecology

25. The school district is facing a problem with \_\_\_\_\_ classrooms.  
*adj.* containing too many people or things in a particular space, making it cramped or uncomfortable
26. I am studying \_\_\_\_\_ in medical school because I love working with children.  
*n.* the branch of medicine that deals with the care and treatment of children
27. The sudden news \_\_\_\_\_ their plans for the weekend.  
*v.* to turn or flip over; to overthrow or upset the established order
28. The monarch exploited the peasants using its \_\_\_\_\_ power.  
*adj.* established firmly and securely
29. He \_\_\_\_\_ himself and ended up getting sick.  
*v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
30. The patient complained of \_\_\_\_\_ and the doctor recommended increasing their daily fiber intake.  
*n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
31. The results of that survey clearly show \_\_\_\_\_ differences in attitudes toward LGBTQ.  
*adj.* relating to, involving, or affecting different generations
32. The doctor diagnosed the patient with \_\_\_\_\_ due to a lack of iron in their blood.  
*n.* a medical condition in which the body lacks enough red blood cells or hemoglobin, causing fatigue, weakness, or difficulty breathing; a lack of vitality or liveliness in something

ANSWERS: 25. overcrowded, 26. pediatrics, 27. upended, 28. entrenched, 29. overworked, 30. constipation, 31. intergenerational, 32. anemia

33. The country's prime minister has decided to implement a nationwide \_\_\_\_\_ measure.
- n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
34. The pastor \_\_\_\_\_ about the importance of forgiveness.
- v.* to deliver a religious or moral message to an audience
35. His wealth is a \_\_\_\_\_ to his success.
- n.* a thing that proves the existence or truth of something else
36. The \_\_\_\_\_ left behind by the storm was immense and widespread.
- n.* wreckage or debris from a destroyed structure; (verb) to cause destruction or great pain
37. He created a beautiful piece of music using only \_\_\_\_\_.
- n.* the act of making something up on the spot or creating or performing something without preparation

ANSWERS: 33. lockdown, 34. preached, 35. testament, 36. wrack, 37. improvisation