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Vocabulary Builder Reference from...

Robert A. Belle: *The emotions behind your money habits* | TED Talk

https://www.ted.com/talks/robert_a_belle_the_emotions_behind_your_money_habits

All Words

IMPORTANT

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Session 1: Word List

translate

v. to convert or change words into another language

synonym: convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

mere

adj. used to emphasize how insignificant or minor someone or something is

synonym: bare, minor, sheer

(1) **mere** acquaintance, (2) **mere** incident

He lost the election by **mere** votes.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the

subject

He **dedicated** his life to helping others.

ultimate

adj. furthest or highest in degree or order

synonym : highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury
Management must take **ultimate** responsibility for the accident.

improve

v. to make or become better

synonym : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score
We want to **improve** ties between our two countries.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear
He's utterly **obsessed** with his promotion.

denial

n. a statement that something is not true or does not exist

synonym : refusal, rejection, veto

(1) state of **denial**, (2) an absolute **denial**
She gave us a categorical **denial** of the scandal.

obsession

n. the state in which a person's mind is filled with thoughts of one single object or particular person

synonym : compulsion, fixation, enthusiasm

(1) **obsession** with character, (2) national **obsession**
Gambling became an **obsession** for him, and he eventually lost everything.

blind

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

synonym : sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

lens

n. a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

synonym: glass

(1) a convex **lens**, (2) a **lens** with a wide angle

The photographer took this photo using a telephoto **lens**.

overstressed

adj. experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained

synonym: overworked, stressed out, overwhelmed

(1) **overstressed** employee, (2) **overstressed** muscles

I'm feeling **overstressed** and need to take a break to relax.

expense

n. the money, time, or effort incurred or required for something

synonym: cost, expenditure, outlay

(1) enormous **expenses**, (2) **expense** account

For this project to be successful, we must control **expenses** strictly.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the

job

He could not **struggle** against temptation.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

binge

n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence

synonym: spree, overindulgence, splurge

(1) **binge** on social media, (2) alcohol **binge**

She stayed up all night **binge-watching** her favorite TV show.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym: confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

diet

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym: food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

figurative

adj. using figures of speech, especially metaphors, to create a special effect; not literal

synonym: metaphorical, symbolic, allegorical

(1) in a **figurative** sense, (2) **figurative** painting

When he said he was starving to death, it was a **figurative** way of saying he was very hungry.

courage

n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous

synonym: bravery, valor, fearlessness

(1) mental **courage**, (2) inspire **courage**

It takes a lot of **courage** to stand up for what you believe is right.

devote

v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

synonym: commit, dedicate, apply

(1) **devote** all of my energies, (2) **devote** my own life

He **devoted** himself to studying the history of ancient civilizations.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

analyze

v. to think about in-depth and evaluate to discover essential features or meaning

synonym: explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

overlook

v. to fail to notice something; to watch over someone; to provide a view from above

synonym: disregard, look down, supervise

(1) **overlook** a street, (2) **overlook** that fact

We cannot **overlook** an opportunity for great success.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

minimal

adj. tiny in amount; the least possible

synonym : tiniest, essential, minimum

(1) **minimal** effort, (2) **minimal** amount

The process was carried out at **minimal** cost.

gap

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym : opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

identify

v. to recognize someone or something and say or prove who or what they are

synonym : determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym : facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

chart

n. a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

synonym : diagram, graph, map

(1) a weather **chart**, (2) a statistical **chart**

This pie **chart** represents our market share.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym : revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym : actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret

Is this painting **genuine** or forged?

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym : style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

remark

n. a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation

synonym : comment, observation, statement

(1) a flattering **remark**, (2) **remark** dripping with bitterness

His candid **remark** at the meeting sparked a lively discussion among the attendees.

impulsive

adj. acting suddenly without any planning and without considering the effects they may have

synonym : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym : endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

impressive

adj. arousing admiration due to size, quality, or skill

synonym : impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

synonym : self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

temporarily

adv. for a limited time only or not permanently

synonym : for a time

(1) a hut made **temporarily**, (2) **temporarily** suspend the production

Some athletes take anabolic steroids to increase muscle size **temporarily**.

boost

v. to improve, raise, or increase something

synonym : raise, advance, promote

(1) **boost** the economy, (2) **boost** flexibility

The new service helped **boost** net income by 10%.

sigh

- v. to emit a deep, audible breath or sound, often expressing feelings of tiredness, frustration, or relief; to express longing, wish, or regret; (noun) the act of exhaling audibly in a long, deep, and often melancholy way

synonym : breathe out, exhale, groan

(1) **sigh** deeply, (2) let out a **sigh**

He **sighed** in relief when he finally found his lost keys.

finance

- n. the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

synonym : banking, investment, fund

(1) **finance** act, (2) manage my **finances**

Our company decided to hire an advisor who specializes in **finance**.

bunch

- n. a grouping of several similar things which are growing or fastened together

synonym : group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls

One bad apple spoils the whole **bunch**.

urge

- v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

synonym : push for, advise, (noun) impulse

(1) **urge** a total ban, (2) a sexual **urge**

The lobbyist **urged** Congress not to approve the measure.

horizon

- n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated

synonym : skyline, view, visible boundary

(1) the event **horizon** of a black hole, (2) business **horizon**
As the sun set, the colors of the sky merged with the **horizon**, creating a beautiful orange and pink hue.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym: particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations
The scientist conducted a study that provided **specific** details about the species' behavior.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil
He is now fighting his **addiction** to drugs.

upcoming

adj. approaching or soon to happen; in the near future; pending or anticipated

synonym: forthcoming, approaching, imminent

(1) **upcoming** events, (2) **upcoming** election
I'm excited about the **upcoming** concert with my favorite band.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**
A suspension order from the court is effective **immediately**.

commit

v. to do something illegal or wrong

synonym: engage, carry out, execute

(1) **commit** suicide, (2) **commit** mistakes
The military has **committed** an abuse of human rights.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym : coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

spreadsheet

n. a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns

(1) a **spreadsheet** program, (2) plug numbers into a **spreadsheet**

I accidentally deleted all the contents of the **spreadsheet**.

confront

v. to face, meet or deal with a problem or difficult situation or person

synonym : engage, encounter, contend

(1) **confront** a global warming, (2) **confront** the issue

He finally decided to **confront** problems directly.

advance

v. to go or move forward; to develop in a positive way

synonym : progress, boost, come along

(1) **advance** the technology, (2) **advance** a cooperative relationship

Scientific knowledge will **advance** significantly with the power of AI.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

audit

n. an official inspection of the accounting procedures and records of business by a trained accountant or CPA that is independent of the subject; a methodical inspection or review of a specific condition or situation

synonym : review, examination, inspection

(1) **audit** the books, (2) **audit** accounts

Our company will be **audited** by an accountant next week.

categorize

v. to put people or things into groups according to their features, types, etc.

synonym : classify, pigeonhole, sort

(1) **categorize** the image, (2) **categorize** the cause of failure

The biologist **categorized** the viruses into four groups.

holistic

adj. relating to or dealing with the whole of something rather than just its parts

synonym : comprehensive, all-encompassing, total

(1) **holistic** education, (2) develop a **holistic** vision

The **holistic** approach to healthcare considers the person's physical, mental, and emotional well-being.

transport

n. a system for moving people or products from one location to another using automobiles, roads, and so on

synonym : shipment, transit, conveyance

(1) **transport** facilities, (2) access to public **transport**

Enhanced rail **transportation** is crucial for our business.

entertainment

n. public shows, films, television, or other performances or activities of enjoying people

synonym : amusement, recreation, enjoyment

(1) an elegant **entertainment**, (2) hour of **entertainment**

The hotel is famous for its **entertainment**, including the casino.

emerge

v. to move out of or away from something and become visible

synonym : arise, occur, appear

(1) **emerge** as a butterfly, (2) **emerge** from poverty

During colonial eras, new migratory patterns **emerged**.

inquisitive

adj. curious and interested in learning or finding out about things; questioning or prying into matters that are not one's concern; curious or nosy

synonym : curious, inquiring, nosy

(1) **inquisitive** mind, (2) **inquisitive** researcher

The **inquisitive** child asked endless questions about the world around her.

obvious

adj. easy to see, discover or understand

synonym : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

clue

n. an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

synonym : hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis

The police couldn't find a **clue** to her whereabouts.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

volume

n. the amount of space occupied by an object or substance; the magnitude of sound

synonym: capacity, amount, intensity

(1) **volume** of work, (2) high **volume**

This container has a **volume** of 10 cubic meters.

smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

bias

n. a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

synonym: inclination, partiality, predilection

(1) **bias** against a big company, (2) have a **bias** toward socialism

She researched gender **bias** in politics.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym: comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

evaluate

v. to assess or estimate the quality, significance, quantity, or value of something

synonym: assess, estimate, consider

(1) **evaluate** the grant proposal, (2) **evaluate** a situation

The meeting aims to **evaluate** possible choices.

priority

n. something that is more important than other things and should be dealt with first

synonym: importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly

Her **priority** is to be a mother.

payoff

n. the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk

synonym: reward, compensation, return

(1) financial **payoff**, (2) emotional **payoff**

The **payoff** for all my hard work was finally getting a promotion.

Session 2: Spelling

1. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
2. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
3. ev_____te a situation *v.* to assess or estimate the quality, significance, quantity, or value of something
4. tr_____te a document into English *v.* to convert or change words into another language
5. he is ob___sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
6. bi__e on social media *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
7. a l__s with a wide angle *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation
8. im_____e the test score *v.* to make or become better
9. em_____al health *adj.* relating to people's feelings
10. plug numbers into a spr_____et *n.* a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns

ANSWERS: 1. convinced, 2. strategy, 3. evaluate, 4. translate, 5. obsess, 6. binge, 7. lens, 8. improve, 9. emotional, 10. spreadsheet

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|---|--|
| 11. pro_____on of civilization | <i>n.</i> the act or process of changing to the next stage or phase or moving forward |
| 12. de___e my own life | <i>v.</i> to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose |
| 13. ad_____on to foreign oil | <i>n.</i> the inability to stop using or doing something as a habit, especially something harmful |
| 14. b__s against a big company | <i>n.</i> a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment |
| 15. imp_____ve performances | <i>adj.</i> arousing admiration due to size, quality, or skill |
| 16. a bu__h of trees | <i>n.</i> a grouping of several similar things which are growing or fastened together |
| 17. ob___s over her weight | <i>v.</i> to fill the mind of someone continually so that one can't think of anything else |
| 18. bl__d to the beauties | <i>adj.</i> unable to see; unable or unwilling to perceive or understand the true nature of something |
| 19. the characters that re_____nt numbers | <i>v.</i> to speak, act, or be present on behalf of another person or group; to form or constitute |
| 20. an unc_____ble silence | <i>adj.</i> providing or feeling physical discomfort or slight pain |
| 21. the at_____t to rescue the hostages | <i>n.</i> an act or effort of trying to do something, especially something difficult |
| 22. id_____fy gene sequences | <i>v.</i> to recognize someone or something and say or prove who or what they are |

ANSWERS: 11. progression, 12. devote, 13. addiction, 14. bias, 15. impressive, 16. bunch, 17. obsess, 18. blind, 19. represent, 20. uncomfortable, 21. attempt, 22. identify

23. state of de___l *n.* a statement that something is not true or does not exist
24. sp____ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
25. nu___e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
26. bo__t flexibility *v.* to improve, raise, or increase something
27. fi_____e act *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
28. vo___e of work *n.* the amount of space occupied by an object or substance; the magnitude of sound
29. get con_____nt results *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
30. co___t mistakes *v.* to do something illegal or wrong
31. his conclusion was ob____s *adj.* easy to see, discover or understand
32. ex_____e account *n.* the money, time, or effort incurred or required for something
33. co___t suicide *v.* to do something illegal or wrong

ANSWERS: 23. denial, 24. specific, 25. nurse, 26. boost, 27. finance, 28. volume, 29. consistent, 30. commit, 31. obvious, 32. expense, 33. commit

34. new fa_____n trends *n.* a style that is popular at a particular time or place; the state of being popular
35. an_____e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
36. a reckless at_____t *n.* an act or effort of trying to do something, especially something difficult
37. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
38. military st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
39. ob_____s reasons *adj.* easy to see, discover or understand
40. a convex l__s *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation
41. de___e all of my energies *v.* to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose
42. m__e incident *adj.* used to emphasize how insignificant or minor someone or something is
43. mi_____l amount *adj.* tiny in amount; the least possible
44. co_____nt a global warming *v.* to face, meet or deal with a problem or difficult situation or person

ANSWERS: 34. fashion, 35. analyze, 36. attempt, 37. represent, 38. strategy, 39. obvious, 40. lens, 41. devote, 42. mere, 43. minimal, 44. confront

45. the g_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
46. a bu__h of schoolgirls *n.* a grouping of several similar things which are growing or fastened together
47. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
48. alcohol bi__e *n.* a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
49. inspire co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
50. ce_____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
51. eat a vegetarian d__t *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
52. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 45. gap, 46. bunch, 47. encourage, 48. binge, 49. courage, 50. celebrate, 51. diet, 52. observe

53. ove_____sed muscles *adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained
54. show ge_____e regret *adj.* real and exactly; not pretended; sincerely felt or expressed
55. bo__t the economy *v.* to improve, raise, or increase something
56. develop a ho_____ic vision *adj.* relating to or dealing with the whole of something rather than just its parts
57. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
58. an absolute de___l *n.* a statement that something is not true or does not exist
59. boost my con_____ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
60. au__t the books *n.* an official inspection of the accounting procedures and records of business by a trained accountant or CPA that is independent of the subject; a methodical inspection or review of a specific condition or situation
61. a c__e to the diagnosis *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
62. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another

ANSWERS: 53. overstressed, 54. genuine, 55. boost, 56. holistic, 57. shock, 58. denial, 59. confidence, 60. audit, 61. clue, 62. relation

63. inq_____ve researcher *adj.* curious and interested in learning or finding out about things; questioning or prying into matters that are not one's concern; curious or nosy
64. the event ho_____n of a black hole *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
65. u__e a total ban *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist
66. tr_____rt facilities *n.* a system for moving people or products from one location to another using automobiles, roads, and so on
67. ov_____ok a street *v.* to fail to notice something; to watch over someone; to provide a view from above
68. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
69. bl__d spot *adj.* unable to see; unable or unwilling to perceive or understand the true nature of something
70. write him an answer imm_____ly *adv.* now or without delay
71. em___e as a butterfly *v.* to move out of or away from something and become visible

ANSWERS: 63. inquisitive, 64. horizon, 65. urge, 66. transport, 67. overlook, 68. develop, 69. blind, 70. immediately, 71. emerge

72. the ul____te goal in life *adj.* furthest or highest in degree or order
73. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
74. Doppler sh__t *n.* a slight transition in position, direction, or trend
75. a c__e about the crime *n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
76. inq______ve mind *adj.* curious and interested in learning or finding out about things; questioning or prying into matters that are not one's concern; curious or nosy
77. alcohol ad____on *n.* the inability to stop using or doing something as a habit, especially something harmful
78. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
79. national ob____on *n.* the state in which a person's mind is filled with thoughts of one single object or particular person
80. up____ng election *adj.* approaching or soon to happen; in the near future; pending or anticipated
81. fu____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 72. ultimate, 73. nurse, 74. shift, 75. clue, 76. inquisitive, 77. addiction,

78. shock, 79. obsession, 80. upcoming, 81. function

82. au__t accounts *n.* an official inspection of the accounting procedures and records of business by a trained accountant or CPA that is independent of the subject; a methodical inspection or review of a specific condition or situation
83. do im_____ve buying *adj.* acting suddenly without any planning and without considering the effects they may have
84. con_____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
85. ad_____e a cooperative relationship *v.* to go or move forward; to develop in a positive way
86. cat_____ze the image *v.* to put people or things into groups according to their features, types, etc.
87. have a b__s toward socialism *n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment
88. a spr_____et program *n.* a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns
89. re___k dripping with bitterness *n.* a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation
90. financial pa___f *n.* the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk

ANSWERS: 82. audit, 83. impulsive, 84. confidence, 85. advance, 86. categorize, 87. bias, 88. spreadsheet, 89. remark, 90. payoff

91. de_____te a few hours
v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
92. a ge_____e article
adj. real and exactly; not pretended; sincerely felt or expressed
93. em_____al distress
adj. relating to people's feelings
94. co_____nt the issue
v. to face, meet or deal with a problem or difficult situation or person
95. mi_____l effort
adj. tiny in amount; the least possible
96. tem_____ly suspend the production
adv. for a limited time only or not permanently
97. an im_____ve force
adj. acting suddenly without any planning and without considering the effects they may have
98. en_____ge antisocial behavior
v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
99. three-fourths of a po__d
n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
100. a hut made tem_____ly
adv. for a limited time only or not permanently
101. the ul_____te luxury
adj. furthest or highest in degree or order
102. st_____le to get the job
v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 91. dedicate, 92. genuine, 93. emotional, 94. confront, 95. minimal, 96. temporarily, 97. impulsive, 98. encourage, 99. pound, 100. temporarily, 101. ultimate, 102. struggle

103. pr____ty seating for elderly *n.* something that is more important than other things and should be dealt with first
104. hour of ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
105. ov____ok that fact *v.* to fail to notice something; to watch over someone; to provide a view from above
106. ob____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
107. pr____ty call *n.* something that is more important than other things and should be dealt with first
108. sma_____ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
109. ove_____sed employee *adj.* experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained
110. let out a s__h *v.* to emit a deep, audible breath or sound, often expressing feelings of tiredness, frustration, or relief; to express longing, wish, or regret; (noun) the act of exhaling audibly in a long, deep, and often melancholy way
111. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 103. priority, 104. entertainment, 105. overlook, 106. observe, 107. priority, 108. smartphone, 109. overstressed, 110. sigh, 111. develop

112. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
113. mental co_____e *n.* the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
114. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
115. business ho_____n *n.* the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
116. sma_____ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
117. a statistical ch____t *n.* a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
118. im_____e a process *v.* to make or become better
119. severe cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
120. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
121. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
122. ob_____on with character *n.* the state in which a person's mind is filled with thoughts of one single object or particular person

ANSWERS: 112. convinced, 113. courage, 114. identify, 115. horizon, 116. smartphone, 117. chart, 118. improve, 119. critic, 120. progression, 121. uncomfortable, 122. obsession

123. an elegant ent_____ent *n.* public shows, films, television, or other performances or activities of enjoying people
124. do on a con_____nt basis *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
125. ho_____ic education *adj.* relating to or dealing with the whole of something rather than just its parts
126. manage my fi_____es *n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
127. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
128. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
129. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 123. entertainment, 124. consistent, 125. holistic, 126. finance, 127. struggle, 128. function, 129. pound

130. in a fig_____ve sense *adj.* using figures of speech, especially metaphors, to create a special effect; not literal
131. a flattering re____k *n.* a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation
132. high vo____e *n.* the amount of space occupied by an object or substance; the magnitude of sound
133. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
134. emotional pa____f *n.* the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk
135. art cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
136. tr____te the emotion to a movement *v.* to convert or change words into another language
137. cat____ze the cause of failure *v.* to put people or things into groups according to their features, types, etc.
138. a sexual u__e *v.* to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

ANSWERS: 130. figurative, 131. remark, 132. volume, 133. rev, 134. payoff, 135. critic, 136. translate, 137. categorize, 138. urge

139. ad_____e the technology *v.* to go or move forward; to develop in a positive way
140. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
141. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
142. access to public tr_____rt *n.* a system for moving people or products from one location to another using automobiles, roads, and so on
143. fig_____ve painting *adj.* using figures of speech, especially metaphors, to create a special effect; not literal
144. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
145. enormous ex_____es *n.* the money, time, or effort incurred or required for something
146. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
147. up_____ng events *adj.* approaching or soon to happen; in the near future; pending or anticipated
148. an_____e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning
149. an imp_____ve array of facts *adj.* arousing admiration due to size, quality, or skill

ANSWERS: 139. advance, 140. specific, 141. dedicate, 142. transport, 143. figurative, 144. relation, 145. expense, 146. rev, 147. upcoming, 148. analyze, 149. impressive

159. go out of fa____n

n. a style that is popular at a particular time or place; the state of being popular

160. imm_____ly recall a product

adv. now or without delay

ANSWERS: 159. fashion, 160. immediately

Session 3: Fill in the Blanks

1. The car's front bumper cost fifteen hundred _____.
n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

2. It is important to _____ safety procedures in the workplace to prevent accidents.
v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

3. He got an electric _____ at work.
n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

4. During colonial eras, new migratory patterns _____.
v. to move out of or away from something and become visible

5. The _____ approach to healthcare considers the person's physical, mental, and emotional well-being.
adj. relating to or dealing with the whole of something rather than just its parts

6. I will introduce you to how to _____ the leading causes of the malfunction.
v. to recognize someone or something and say or prove who or what they are

7. The military has _____ an abuse of human rights.
v. to do something illegal or wrong

ANSWERS: 1. pounds, 2. observe, 3. shock, 4. emerged, 5. holistic, 6. identify, 7. committed

8. Our company decided to hire an advisor who specializes in _____.
- n.* the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
9. He lost the election by _____ votes.
- adj.* used to emphasize how insignificant or minor someone or something is
10. Enhanced rail _____ is crucial for our business.
- n.* a system for moving people or products from one location to another using automobiles, roads, and so on
11. When he said he was starving to death, it was a _____ way of saying he was very hungry.
- adj.* using figures of speech, especially metaphors, to create a special effect; not literal
12. He's utterly _____ with his promotion.
- v.* to fill the mind of someone continually so that one can't think of anything else
13. His abusive words made me _____.
- adj.* providing or feeling physical discomfort or slight pain
14. Scientific knowledge will _____ significantly with the power of AI.
- v.* to go or move forward; to develop in a positive way
15. She researched gender _____ in politics.
- n.* a strong feeling in favor of or against one group of people, an idea, or thing, often not based on fair judgment

ANSWERS: 8. finance, 9. mere, 10. transportation, 11. figurative, 12. obsessed, 13. uncomfortable, 14. advance, 15. bias

16. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

17. Her _____ is to be a mother.

n. something that is more important than other things and should be dealt with first

18. The night shift _____ checked my vital signs before administering the medication.

n. a healthcare professional who is trained to provide care for the sick or injured;
(verb) to try to cure by special care or treatment of an illness or injury

19. The meeting aims to _____ possible choices.

v. to assess or estimate the quality, significance, quantity, or value of something

20. For this project to be successful, we must control _____ strictly.

n. the money, time, or effort incurred or required for something

21. The scientist conducted a study that provided _____ details about the species' behavior.

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

22. The third _____ was far more successful.

n. an act or effort of trying to do something, especially something difficult

23. Internet traffic volumes have increased significantly with the advent of _____.

n. a mobile phone that functions as a computer and connects to the Internet

ANSWERS: 16. impressive, 17. priority, 18. nurse, 19. evaluate, 20. expenses, 21. specific, 22. attempt, 23. smartphones

24. _____ the text from Italian into English.
- v. to convert or change words into another language
25. The _____ for all my hard work was finally getting a promotion.
- n. the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk
26. She stayed up all night _____ her favorite TV show.
- n. a period of excessive or uncontrolled consumption, often of food or alcohol; a spree or bout of reckless behavior or indulgence
27. As the sun set, the colors of the sky merged with the _____ creating a beautiful orange and pink hue.
- n. the line at which the earth's surface and the sky appear to meet; the range of interest or activity that can be anticipated
28. He _____ in relief when he finally found his lost keys.
- v. to emit a deep, audible breath or sound, often expressing feelings of tiredness, frustration, or relief; to express longing, wish, or regret; (noun) the act of exhaling audibly in a long, deep, and often melancholy way
29. A suspension order from the court is effective _____.
- adv. now or without delay
30. The biologist _____ the viruses into four groups.
- v. to put people or things into groups according to their features, types, etc.
31. He stepped on the gas pedal, and the engine released a loud ____.
- n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 24. Translate, 25. payoff, 26. binge-watching, 27. horizon, 28. sighed, 29. immediately, 30. categorized, 31. rev

32. That style is no longer in _____.

n. a style that is popular at a particular time or place; the state of being popular

33. We cannot _____ an opportunity for great success.

v. to fail to notice something; to watch over someone; to provide a view from above

34. The lobbyist _____ Congress not to approve the measure.

v. to spur on or encourage someone, especially by cheers and shouts; (noun) a strong desire or impulse, especially one that is difficult to control or resist

35. We elected him to _____ us at the international conference.

v. to speak, act, or be present on behalf of another person or group; to form or constitute

36. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

37. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

38. I'm feeling _____ and need to take a break to relax.

adj. experiencing a level of stress or anxiety that exceeds one's capacity to cope; feeling overwhelmed or mentally strained

39. He regrets the _____ behavior he took in his drunken state.

adj. acting suddenly without any planning and without considering the effects they may have

ANSWERS: 32. fashion, 33. overlook, 34. urged, 35. represent, 36. develop, 37. obvious, 38. overstressed, 39. impulsive

40. She was nearly _____ due to severe diabetes.

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

41. The brain is an incredibly complex organ that controls the body's _____.

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

42. His candid _____ at the meeting sparked a lively discussion among the attendees.

n. a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation

43. Some athletes take anabolic steroids to increase muscle size _____.

adv. for a limited time only or not permanently

44. Is this painting _____ or forged?

adj. real and exactly; not pretended; sincerely felt or expressed

45. Gambling became an _____ for him, and he eventually lost everything.

n. the state in which a person's mind is filled with thoughts of one single object or particular person

46. The _____ child asked endless questions about the world around her.

adj. curious and interested in learning or finding out about things; questioning or prying into matters that are not one's concern; curious or nosy

ANSWERS: 40. blind, 41. function, 42. remark, 43. temporarily, 44. genuine, 45. obsession, 46. inquisitive

47. The police couldn't find a _____ to her whereabouts.
- n.* an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
48. The company has made great strides in its _____ toward sustainability.
- n.* the act or process of changing to the next stage or phase or moving forward
49. Many people are working together to close the gender _____.
- n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
50. The photographer took this photo using a telephoto _____.
- n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation
51. Management must take _____ responsibility for the accident.
- adj.* furthest or highest in degree or order
52. Our company will be _____ by an accountant next week.
- n.* an official inspection of the accounting procedures and records of business by a trained accountant or CPA that is independent of the subject; a methodical inspection or review of a specific condition or situation
53. Human _____ responses vary widely depending on the society to which they belong.
- adj.* relating to people's feelings
54. He _____ his life to helping others.
- v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

ANSWERS: 47. clue, 48. progression, 49. gap, 50. lens, 51. ultimate, 52. audited, 53. emotional, 54. dedicated

55. He is now fighting his _____ to drugs.

n. the inability to stop using or doing something as a habit, especially something harmful

56. Advocates for legal reform hear less harsh words from their _____.

n. someone who expresses opinions about the quality of books, music, etc.

57. He finally decided to _____ problems directly.

v. to face, meet or deal with a problem or difficult situation or person

58. The public is _____ that the prime minister has committed fraud.

adj. completely certain about something; having a strong belief or conviction in a particular religion

59. I'm excited about the _____ concert with my favorite band.

adj. approaching or soon to happen; in the near future; pending or anticipated

60. You are not _____ in your behavior.

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

61. I accidentally deleted all the contents of the _____.

n. a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns

62. She gave us a categorical _____ of the scandal.

n. a statement that something is not true or does not exist

63. Could you help me _____ some furniture?

n. a slight transition in position, direction, or trend

ANSWERS: 55. addiction, 56. critics, 57. confront, 58. convinced, 59. upcoming, 60. consistent, 61. spreadsheet, 62. denial, 63. shift

64. They _____ customers with a premium for loyal patronage.
- v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
65. The teacher attempted to _____ the root cause of our mistake.
- v. to think about in-depth and evaluate to discover essential features or meaning
66. It takes a lot of _____ to stand up for what you believe is right.
- n. the ability to face danger, difficulty, uncertainty, or pain without being overcome by fear or despair; the quality of being brave or courageous
67. The process was carried out at _____ cost.
- adj. tiny in amount; the least possible
68. The industrial _____ laws were passed with little to no alteration.
- n. the way two persons or groups of people feel and act toward one another
69. He _____ the 10th anniversary of his tenure.
- v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
70. Skill and _____ are an unconquered army.
- n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
71. He could not _____ against temptation.
- v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 64. encouraged, 65. analyze, 66. courage, 67. minimal, 68. relations, 69. celebrated, 70. confidence, 71. struggle

72. The new service helped _____ net income by 10%.

v. to improve, raise, or increase something

73. One bad apple spoils the whole _____.

n. a grouping of several similar things which are growing or fastened together

74. He _____ himself to studying the history of ancient civilizations.

v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

75. A balanced _____ is more important for health than supplements.

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

76. This container has a _____ of 10 cubic meters.

n. the amount of space occupied by an object or substance; the magnitude of sound

77. This pie _____ represents our market share.

n. a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

78. The hotel is famous for its _____ including the casino.

n. public shows, films, television, or other performances or activities of enjoying people

79. We want to _____ ties between our two countries.

v. to make or become better

ANSWERS: 72. boost, 73. bunch, 74. devoted, 75. diet, 76. volume, 77. chart, 78. entertainment, 79. improve

80. Our plan includes a comprehensive marketing _____.

n. a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 80. strategy