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Vocabulary Builder Reference from...

Luvvie Ajayi Jones: How to be a professional troublemaker | TED Talk

https://www.ted.com/talks/luvvie_ajayi_jones_how_to_be_a_professional_troublemaker

Advanced Words Only

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Session 1: Word List

troublemaker

n. a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy

synonym: troublemonger, instigator, agitator

(1) **troublemaker** kid, (2) accused **troublemaker**

The teacher had to reprimand the **troublemaker** in class constantly.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym: interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep

I'm so sorry to **disrupt** you when you're pretty busy.

- quo** *n.* the existing state or condition of something, especially in relation to a particular situation or issue
synonym: status, condition, state
(1) status **quo** politician, (2) **quo** warranto
The company has been successful in maintaining the status **quo**.
- contrarian** *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
synonym: dissenter, maverick, rebel
(1) **contrarian** investor, (2) **contrarian** philosophy
The politician's **contrarian** stance on immigration has earned him a lot of supporters and detractors alike.
- troll** *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
synonym: provocateur, antagonist, troublemaker
(1) feed a **troll**, (2) copyright **troll**
He was banned from the online forum for being a **troll** and causing trouble.
- elevate** *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
synonym: lift, heighten, promote
(1) **elevate** educational standards, (2) **elevate** a close relationship
Eating food in a hurry **elevates** blood glucose levels.
- slogan** *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
synonym: catchphrase, tagline, motto
(1) catchy **slogan**, (2) advertising **slogan**

The company spent months researching and testing different brand **slogans** before finally settling on 'Just Do It' as their new tagline.

dissipate

v. to disperse or scatter widely
synonym: scatter, disperse, evaporate

(1) **dissipate** heat, (2) **dissipate** stress

The fog **dissipated**, and the air cleared up.

demean

v. to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated

synonym: lower, degrade, humiliate

(1) **demean** the value, (2) **demean** the reputation

You shouldn't **demean** yourself by taking on tasks beneath your skill level.

checkpoint

n. a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check

(1) **checkpoint** security, (2) military **checkpoint**

The airport security **checkpoint** was crowded with passengers waiting to board their flights.

tenet

n. one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded

synonym: dogma, creed, principle

(1) basic **tenets**, (2) a fundamental **tenet** of Judaism

This section explains a central **tenet** of economics.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

disappoint

v. to fail to meet someone or their hopes or expectations;
to make someone feel sad

synonym: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me

She worked very hard not to **disappoint** her boss's expectations.

convict

v. to prove or declare someone to be guilty of a crime;
(noun) a person serving a sentence in a jail or prison

synonym: condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

doubly

adv. to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance

synonym: twice, twofold, in two ways

(1) **doubly** difficult, (2) **doubly** effective

The athlete faced a challenge that was **doubly** daunting because of her injury.

exclamation

n. a sudden outcry or shout, especially one expressing strong emotion

synonym: outcry, shout, yell

(1) an **exclamation** of surprise, (2) **exclamation** mark

Her sudden **exclamation** drew everyone's attention.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

inexperienced

adj. lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity

synonym : novice, green, unseasoned

(1) **inexperienced** actor, (2) **inexperienced** employee

The young doctor was **inexperienced** in handling such a complicated case.

arrogant

adj. having or revealing an exaggerated sense of one's importance or abilities

synonym : haughty, supercilious, disdainful

(1) an **arrogant** attitude, (2) grow **arrogant**

He was so **arrogant** that he thought he was always right.

fortify

v. to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

synonym : strengthen, reinforce, bolster

(1) **fortify** a building, (2) **fortify** an immune system

He drank a protein shake to **fortify** his muscles before the marathon.

bate

v. to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions

synonym : lower, diminish, decrease

(1) **bate** breath, (2) **bate** expectations

I tried to **bate** my fear of heights by gradually climbing higher daily.

Session 2: Spelling

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|----------------------------|--|
| 1. flexible mi_____t | <i>n.</i> the established set of attitudes or fixed ideas held by someone |
| 2. tro_____ker kid | <i>n.</i> a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy |
| 3. an op_____ne remark | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 4. b__e breath | <i>v.</i> to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions |
| 5. di_____te stress | <i>v.</i> to disperse or scatter widely |
| 6. dis_____nt the audience | <i>v.</i> to fail to meet someone or their hopes or expectations; to make someone feel sad |
| 7. an ar_____nt attitude | <i>adj.</i> having or revealing an exaggerated sense of one's importance or abilities |
| 8. copyright tr__l | <i>n.</i> a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat |

ANSWERS: 1. mindset, 2. troublemaker, 3. opportune, 4. bate, 5. dissipate, 6. disappoint, 7. arrogant, 8. troll

9. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
10. di____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
11. el____e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
12. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
13. an exc_____on of surprise *n.* a sudden outcry or shout, especially one expressing strong emotion
14. co____t him of manslaughter *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
15. re____m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back
16. de___n the value *v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
17. di_____te heat *v.* to disperse or scatter widely
18. b__e expectations *v.* to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions
19. ine_____ced actor *adj.* lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity

ANSWERS: 9. quo, 10. disrupt, 11. elevate, 12. opportune, 13. exclamation, 14. convict, 15. reclaim, 16. demean, 17. dissipate, 18. bate, 19. inexperienced

20. feed a tr__l *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
21. con_____an philosophy *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
22. do___y effective *adv.* to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance
23. the mi_____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
24. co_____t in a jail *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
25. accused tro_____ker *n.* a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy
26. exc_____on mark *n.* a sudden outcry or shout, especially one expressing strong emotion
27. fo_____y an immune system *v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

ANSWERS: 20. troll, 21. contrarian, 22. doubly, 23. mindset, 24. convict, 25. troublemaker, 26. exclamation, 27. fortify

28. de___n the reputation *v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
29. grow ar_____nt *adj.* having or revealing an exaggerated sense of one's importance or abilities
30. che_____nt security *n.* a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
31. basic te__ts *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
32. don't dis_____nt me *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
33. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
34. catchy sl___n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
35. a fundamental te__t of Judaism *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
36. con_____an investor *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy

ANSWERS: 28. demean, 29. arrogant, 30. checkpoint, 31. tenet, 32. disappoint, 33. quo, 34. slogan, 35. tenet, 36. contrarian

37. military che_____nt *n.* a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
38. di_____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
39. do____y difficult *adv.* to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance
40. re_____m a competitive position *v.* to take back something previously lost, given, or paid, or ask to have it back
41. ine_____ced employee *adj.* lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity
42. advertising sl____n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
43. fo_____y a building *v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support
44. el_____e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

ANSWERS: 37. checkpoint, 38. disrupt, 39. doubly, 40. reclaim, 41. inexperienced, 42. slogan, 43. fortify, 44. elevate

Session 3: Fill in the Blanks

1. She worked very hard not to _____ her boss's expectations.
v. to fail to meet someone or their hopes or expectations; to make someone feel sad

2. I'm so sorry to _____ you when you're pretty busy.
v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

3. He drank a protein shake to _____ his muscles before the marathon.
v. to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

4. Her sudden _____ drew everyone's attention.
n. a sudden outcry or shout, especially one expressing strong emotion

5. The teacher had to reprimand the _____ in class constantly.
n. a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy

6. This section explains a central _____ of economics.
n. one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded

7. The politician's _____ stance on immigration has earned him a lot of supporters and detractors alike.
n. a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy

ANSWERS: 1. disappoint, 2. disrupt, 3. fortify, 4. exclamation, 5. troublemaker, 6. tenet, 7. contrarian

8. The young doctor was _____ in handling such a complicated case.
adj. lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity
9. I tried to _____ my fear of heights by gradually climbing higher daily.
v. to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions
10. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
11. The airport security _____ was crowded with passengers waiting to board their flights.
n. a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
12. The company has been successful in maintaining the status _____.
n. the existing state or condition of something, especially in relation to a particular situation or issue
13. He was _____ on fraud charges and sentenced to five years in prison.
v. to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
14. Eating food in a hurry _____ blood glucose levels.
v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
15. You may be entitled to _____ some tax.
v. to take back something previously lost, given, or paid, or ask to have it back

ANSWERS: 8. inexperienced, 9. abate, 10. opportune, 11. checkpoint, 12. quo, 13. convicted, 14. elevates, 15. reclaim

16. He was banned from the online forum for being a _____ and causing trouble.
n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
17. You shouldn't _____ yourself by taking on tasks beneath your skill level.
v. to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
18. The athlete faced a challenge that was _____ daunting because of her injury.
adv. to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance
19. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
n. the established set of attitudes or fixed ideas held by someone
20. He was so _____ that he thought he was always right.
adj. having or revealing an exaggerated sense of one's importance or abilities
21. The company spent months researching and testing different brand _____ before finally settling on 'Just Do It' as their new tagline.
n. a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
22. The fog _____ and the air cleared up.
v. to disperse or scatter widely

ANSWERS: 16. troll, 17. demean, 18. doubly, 19. mindset, 20. arrogant, 21. slogans, 22. dissipated,