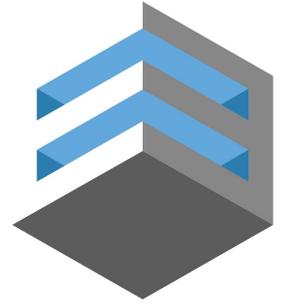


Englist.me



Vocabulary Builder Reference from...

Luvvie Ajayi Jones: How to be a professional troublemaker | TED Talk

https://www.ted.com/talks/luvvie_ajayi_jones_how_to_be_a_professional_troublemaker

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

intersection

n. a point where two or more roads, lines, etc., cross each other

synonym: crossroad, junction, hub

(1) busy **intersection**, (2) the **intersection** of coordinate axes

Take a right turn at the next **intersection**.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

accomplish

v. to finish or achieve something successfully

synonym: achieve, complete, execute

(1) **accomplish** a goal, (2) **accomplish** military operations

Humankind took centuries to **accomplish** true democracy.

troublemaker

n. a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy

synonym: troublemonger, instigator, agitator

(1) **troublemaker** kid, (2) accused **troublemaker**

The teacher had to reprimand the **troublemaker** in class constantly.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

lens

n. a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

synonym: glass

(1) a convex **lens**, (2) a **lens** with a wide angle

The photographer took this photo using a telephoto **lens**.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym: interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep

I'm so sorry to **disrupt** you when you're pretty busy.

quo

n. the existing state or condition of something, especially in relation to a particular situation or issue

synonym : status, condition, state

(1) status **quo** politician, (2) **quo** warranto

The company has been successful in maintaining the status **quo**.

contrarian

n. a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy

synonym : dissenter, maverick, rebel

(1) **contrarian** investor, (2) **contrarian** philosophy

The politician's **contrarian** stance on immigration has earned him a lot of supporters and detractors alike.

random

adj. made, done, or happening without method, conscious decision, or any regular pattern

synonym : incidental, arbitrary, unanticipated

(1) a **random** choice, (2) bombs fell at **random**

To find drunk drivers, police conduct **random** tests.

troll

n. a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat

synonym : provocateur, antagonist, troublemaker

(1) feed a **troll**, (2) copyright **troll**

He was banned from the online forum for being a **troll** and causing trouble.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym : comfortless, discomforting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

honor

n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality;

(verb) to show respect towards someone

synonym : integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my **honor** that it is true.

obligation

n. the state of being morally or legally bound to do or pay something

synonym : burden, commitment, debt

(1) a deep **obligation**, (2) pay an **obligation**

You are under no **obligation** to finish the job.

elevate

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

synonym : lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym : support, buttress, column

(1) emotional **prop**, (2) **prop** stick

We have finally lost our last **prop**.

opposed

adj. being completely different from something or disagreeing strongly with something

synonym : anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

outline

v. to describe the main facts or aspects involved in something

synonym : recap, summarize, digest

(1) **outlined** the plan, (2) **outline** the findings
This page **outlines** our response planning for an emergency.

slogan

n. a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea

synonym: catchphrase, tagline, motto

(1) catchy **slogan**, (2) advertising **slogan**

The company spent months researching and testing different brand **slogans** before finally settling on 'Just Do It' as their new tagline.

dissipate

v. to disperse or scatter widely

synonym: scatter, disperse, evaporate

(1) **dissipate** heat, (2) **dissipate** stress

The fog **dissipated**, and the air cleared up.

contrary

n. acting in opposition to what is expected or desired

synonym: opposing, contradictory, conflicting

(1) the clear **contrary**, (2) **contrary** evidence

The two sides argued their points, but the judge ultimately sided with the **contrary** viewpoint.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat

International law allows each nation to **defend** itself when its rights and interests are illegally violated.

receipt

n. a written or printed statement acknowledging that something has been paid for or received; the act of receiving something

synonym: acknowledgement, record, invoice

(1) a **receipt** slip, (2) **receipt** date

Please make sure to keep your **receipt** as proof of purchase.

mitigate

v. to make less severe or less intense; to alleviate or lessen the adverse effects of something

synonym: alleviate, relieve, reduce

(1) **mitigate** risk, (2) **mitigate** a natural disaster

Efforts to **mitigate** the effects of climate change require a coordinated and sustained effort by governments, businesses, and individuals.

demean

v. to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated

synonym: lower, degrade, humiliate

(1) **demean** the value, (2) **demean** the reputation

You shouldn't **demean** yourself by taking on tasks beneath your skill level.

rocky

adj. full of or abounding in rocks; of, relating to, or made of rock

synonym: stony, boulder-strewn, rough

(1) **rocky** terrain, (2) **rocky** relationship

The **rocky** road made it difficult to drive on.

intention

n. something you want to do and are going to do

synonym: purpose, connotation, will

(1) **intention** behind his decision, (2) clear **intention**

Our CEO's **intentions** are always transparent and straightforward.

thoughtful

adj. characterized by careful and considerate thinking; showing consideration for the feelings and needs of others; reflecting deep or serious thought

synonym: considerate, attentive, kind

(1) **thoughtful** consideration, (2) **thoughtful** gift

The company's CEO made a **thoughtful** decision to offer employees more flexibility in their work schedules.

- valid** *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
synonym : proper, reasonable, useful
(1) a **valid** contract, (2) a ticket **valid** for two days
Your credit card is no longer **valid**.
- checkpoint** *n.* a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
(1) **checkpoint** security, (2) military **checkpoint**
The airport security **checkpoint** was crowded with passengers waiting to board their flights.
- tenet** *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
synonym : dogma, creed, principle
(1) basic **tenets**, (2) a fundamental **tenet** of Judaism
This section explains a central **tenet** of economics.
- recognize** *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
synonym : acknowledge, identify, admit
(1) **recognize** talent, (2) **recognize** achievement
It's important to **recognize** your strengths and weaknesses.
- brave** *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
synonym : courageous, valiant, heroic
(1) **brave** soldier, (2) **brave** decision
The **brave** firefighter rescued the family from the burning building.
- scare** *v.* to frighten a person or animal, or to become frightened
synonym : frighten, spook, intimidate
(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym: apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless

I **regret** to say that you did not gain admission to the university.

silent

adj. without any or little sound

synonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

ultimate

adj. furthest or highest in degree or order

synonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me

She worked very hard not to **disappoint** her boss's expectations.

convict

v. to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison

synonym: condemn, sentence, judge

(1) **convict** him of manslaughter, (2) **convict** in a jail

He was **convicted** on fraud charges and sentenced to five years in prison.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

wipe

v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

synonym: clean, brush, swab

(1) **Wipe** off dirt, (2) **wipe** with water
Please **wipe** your sweat with this towel.

anonymous

adj. having no known name, identity, or known source
synonym: nameless, unidentified, unnamed

(1) **anonymous** letter, (2) **anonymous** house
She received several **anonymous** calls.

identify

v. to recognize someone or something and say or prove who or what they are
synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences
I will introduce you to how to **identify** the leading causes of the malfunction.

core

n. the most essential or fundamental part of something
synonym: center, basis, heart

(1) the **core** of an apple, (2) **core** business activity
These gas nebulas are merely newborn galactic **cores**.

chapter

n. a separate section of a written work usually numbered and titled
synonym: section, phase, episode

(1) an introductory **chapter**, (2) **chapter** of a political party
The final **chapter** provides a summary of the discussion.

doubly

adv. to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance

synonym: twice, twofold, in two ways

(1) **doubly** difficult, (2) **doubly** effective

The athlete faced a challenge that was **doubly** daunting because of her injury.

conviction

n. a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is

imposed

synonym: belief, certainty, faith

(1) moral **conviction**, (2) **conviction** for murder

She spoke with **conviction** about the importance of education.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior

The government should do more to **promote** sustainable agribusiness.

exclamation

n. a sudden outcry or shout, especially one expressing strong emotion

synonym: outcry, shout, yell

(1) an **exclamation** of surprise, (2) **exclamation** mark

Her sudden **exclamation** drew everyone's attention.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership
In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

currency

n. a system of money in general use in a particular country

synonym : money, tender, cash

(1) **currency** exchange, (2) digital **currency**

The **currency** used in this country is the Euro.

inexperienced

adj. lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity

synonym : novice, green, unseasoned

(1) **inexperienced** actor, (2) **inexperienced** employee

The young doctor was **inexperienced** in handling such a complicated case.

perceive

v. to become aware or conscious of something through the senses

synonym : sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light

Australia is widely **perceived** as having low levels of corruption.

interrupt

v. to say or do something that causes someone to stop in their speech or action

synonym : disturb, hinder, break in

(1) **interrupt** a call, (2) abruptly **interrupt**

Her sleep was **interrupted** by recurring pain.

arrogant

adj. having or revealing an exaggerated sense of one's importance or abilities

synonym : haughty, supercilious, disdainful

(1) an **arrogant** attitude, (2) grow **arrogant**
He was so **arrogant** that he thought he was always right.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

exhaust

n. the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired

synonym: emission, fumes, (verb) deplete

(1) **exhaust** pipe, (2) **exhaust** a topic

The factory's **exhaust** fumes polluted the air and affected the health of the nearby residents.

weird

adj. extraordinary, unexpected, or difficult to explain

synonym: bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

attach

v. to fasten, join, or connect one thing to another

synonym: fix, fasten, bind

(1) **attach** firmly, (2) **attach** a file to an e-mail

He does not **attach** importance to these rumors.

worthwhile

adj. having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration

synonym: valuable, rewarding, significant

(1) **worthwhile** investment, (2) **worthwhile** endeavor

Volunteering for a **worthwhile** cause is important for building a sense of community.

absorb

v. to take in a fluid or other substance gradually

synonym: consume, soak, ingest

(1) **absorb** energy, (2) **absorb** a shock

The sponge **absorbs** water well.

fortify

v. to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

synonym: strengthen, reinforce, bolster

(1) **fortify** a building, (2) **fortify** an immune system

He drank a protein shake to **fortify** his muscles before the marathon.

affirm

v. to assert that something is true or real; to state positively

synonym: declare, avow, assert

(1) **affirm** old traditions, (2) **affirm** strong identity

I **affirm** that I will always stand by my beliefs.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

brilliant

adj. extremely clever, skilled, or impressive

synonym: luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

bate

v. to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions

synonym:

lower, diminish, decrease

(1) **bate** breath, (2) **bate** expectations

I tried to **bate** my fear of heights by gradually climbing higher daily.

breath

n. the air that is taken into and expelled from your lungs;
the process of taking into and expelling air from your
lungs

synonym: air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

Session 2: Spelling

1. pe____ve light *v.* to become aware or conscious of something through the senses
2. ma____in order *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
3. a va__d contract *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
4. ex____t a topic *n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
5. con_____an philosophy *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
6. de____n the reputation *v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
7. a fundamental te__t of Judaism *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
8. pay an obl_____on *n.* the state of being morally or legally bound to do or pay something
9. ou____ed the plan *v.* to describe the main facts or aspects involved in something
10. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 1. perceive, 2. maintain, 3. valid, 4. exhaust, 5. contrarian, 6. demean, 7. tenet, 8. obligation, 9. outline, 10. opportune

11. id____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
12. the state of being we__d *adj.* extraordinary, unexpected, or difficult to explain
13. b__e expectations *v.* to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions
14. ro__y terrain *adj.* full of or abounding in rocks; of, relating to, or made of rock
15. in_____pt a call *v.* to say or do something that causes someone to stop in their speech or action
16. a ticket va__d for two days *adj.* having a reasonable basis in logic or fact; still legally or officially acceptable
17. tho_____ul consideration *adj.* characterized by careful and considerate thinking; showing consideration for the feelings and needs of others; reflecting deep or serious thought
18. advertising sl____n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
19. id____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
20. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

ANSWERS: 11. identify, 12. weird, 13. bate, 14. rocky, 15. interrupt, 16. valid, 17. thoughtful, 18. slogan, 19. identify, 20. overcome

21. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
22. busy int_____ion *n.* a point where two or more roads, lines, etc., cross each other
23. re_____m a competitive position *v.* to take back something previously lost, given, or paid, or ask to have it back
24. tr_____rm an education system *v.* to change in outward structure or looks;
25. af___m old traditions *v.* to assert that something is true or real; to state positively
26. an_____us letter *adj.* having no known name, identity, or known source
27. an exc_____on of surprise *n.* a sudden outcry or shout, especially one expressing strong emotion
28. an ar_____nt attitude *adj.* having or revealing an exaggerated sense of one's importance or abilities
29. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
30. a ra___m choice *adj.* made, done, or happening without method, conscious decision, or any regular pattern
31. pr_____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
32. the c___e of an apple *n.* the most essential or fundamental part of something
33. ro__y relationship *adj.* full of or abounding in rocks; of, relating to, or made of rock

ANSWERS: 21. decide, 22. intersection, 23. reclaim, 24. transform, 25. affirm, 26. anonymous, 27. exclamation, 28. arrogant, 29. critic, 30. random, 31. promote, 32. core, 33. rocky

34. W__e off dirt *v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
35. co____t in a jail *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
36. co____ry evidence *n.* acting in opposition to what is expected or desired
37. Doppler sh__t *n.* a slight transition in position, direction, or trend
38. ine_____ced actor *adj.* lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity
39. re_____m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back
40. ma_____in good health *v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
41. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
42. di_____te stress *v.* to disperse or scatter widely
43. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
44. el_____e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

ANSWERS: 34. wipe, 35. convict, 36. contrary, 37. shift, 38. inexperienced, 39. reclaim, 40. maintain, 41. uncomfortable, 42. dissipate, 43. regret, 44. elevate

45. military che_____nt *n.* a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
46. af___m strong identity *v.* to assert that something is true or real; to state positively
47. pr_____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
48. p__p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
49. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
50. br___h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
51. don't dis_____nt me *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
52. status q_o politician *n.* the existing state or condition of something, especially in relation to a particular situation or issue
53. acc_____sh military operations *v.* to finish or achieve something successfully

ANSWERS: 45. checkpoint, 46. affirm, 47. promote, 48. prop, 49. recognize, 50. breath, 51. disappoint, 52. quo, 53. accomplish

54. catchy sl___n *n.* a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
55. el_____e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
56. wor_____le investment *adj.* having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration
57. abruptly in_____pt *v.* to say or do something that causes someone to stop in their speech or action
58. exc_____on mark *n.* a sudden outcry or shout, especially one expressing strong emotion
59. con_____an investor *n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
60. b__e breath *v.* to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions
61. a convex l__s *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

ANSWERS: 54. slogan, 55. elevate, 56. worthwhile, 57. interrupt, 58. exclamation, 59. contrarian, 60. abate, 61. lens

62. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
63. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
64. co_____t him of manslaughter *v.* to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison
65. ab___b a shock *v.* to take in a fluid or other substance gradually
66. an introductory ch_____r *n.* a separate section of a written work usually numbered and titled
67. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
68. ch_____r of a political party *n.* a separate section of a written work usually numbered and titled
69. fo_____y a building *v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support
70. the ul_____te luxury *adj.* furthest or highest in degree or order
71. tr_____rm heat into power *v.* to change in outward structure or looks;
72. clear in_____on *n.* something you want to do and are going to do
73. fo_____y an immune system *v.* to make something stronger or more resistant to attack or damage; to give someone or something more strength or support

ANSWERS: 62. decide, 63. opposition, 64. convict, 65. absorb, 66. chapter, 67. weird, 68. chapter, 69. fortify, 70. ultimate, 71. transform, 72. intention, 73. fortify

74. major paradigm sh__t *n.* a slight transition in position, direction, or trend
75. digital cu____cy *n.* a system of money in general use in a particular country
76. ov____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
77. cu____cy exchange *n.* a system of money in general use in a particular country
78. dis____nt the audience *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
79. a l__s with a wide angle *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation
80. copyright tr__l *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
81. ine____ced employee *adj.* lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity

ANSWERS: 74. shift, 75. currency, 76. overcome, 77. currency, 78. disappoint, 79. lens, 80. troll, 81. inexperienced

82. pe____ve a threat *v.* to become aware or conscious of something through the senses
83. q_o warranto *n.* the existing state or condition of something, especially in relation to a particular situation or issue
84. re____t date *n.* a written or printed statement acknowledging that something has been paid for or received; the act of receiving something
85. pe____t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
86. moral con_____on *n.* a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed
87. work pe____t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
88. the ul____te goal in life *adj.* furthest or highest in degree or order
89. br__e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
90. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
91. di____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 82. perceive, 83. quo, 84. receipt, 85. permit, 86. conviction, 87. permit, 88. ultimate, 89. brave, 90. privilege, 91. disrupt

92. womanly ho__r *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
93. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
94. con_____on for murder *n.* a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed
95. bombs fell at ra___m *adj.* made, done, or happening without method, conscious decision, or any regular pattern
96. at___h a file to an e-mail *v.* to fasten, join, or connect one thing to another
97. w__e with water *v.* to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
98. do___y effective *adv.* to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance
99. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
100. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something

ANSWERS: 92. honor, 93. privilege, 94. conviction, 95. random, 96. attach, 97. wipe, 98. doubly, 99. define, 100. define

101. ex____t pipe *n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
102. ou____e the findings *v.* to describe the main facts or aspects involved in something
103. the int_____ion of coordinate axes *n.* a point where two or more roads, lines, etc., cross each other
104. br__e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
105. tho_____ul gift *adj.* characterized by careful and considerate thinking; showing consideration for the feelings and needs of others; reflecting deep or serious thought
106. give si____t consent *adj.* without any or little sound
107. br_____nt performance *adj.* extremely clever, skilled, or impressive
108. art cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
109. feed a tr__l *n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat
110. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 101. exhaust, 102. outline, 103. intersection, 104. brave, 105. thoughtful, 106. silent, 107. brilliant, 108. critic, 109. troll, 110. recognize

111. che_____nt security *n.* a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
112. de____d against a threat *v.* to protect someone or something from attack, criticism, danger, etc.
113. ab____b energy *v.* to take in a fluid or other substance gradually
114. di_____te heat *v.* to disperse or scatter widely
115. a deep obl_____on *n.* the state of being morally or legally bound to do or pay something
116. in_____on behind his decision *n.* something you want to do and are going to do
117. at____h firmly *v.* to fasten, join, or connect one thing to another
118. basic te____ts *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
119. a con_____ly varying mind *adv.* all the time
120. mi_____te risk *v.* to make less severe or less intense; to alleviate or lessen the adverse effects of something
121. hold your br____h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
122. si____t reading *adj.* without any or little sound
123. do____y difficult *adv.* to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance

ANSWERS: 111. checkpoint, 112. defend, 113. absorb, 114. dissipate, 115. obligation, 116. intention, 117. attach, 118. tenet, 119. constantly, 120. mitigate, 121. breath, 122. silent, 123. doubly

124. the mi____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
125. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
126. grow ar_____nt *adj.* having or revealing an exaggerated sense of one's importance or abilities
127. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
128. br_____nt idea *adj.* extremely clever, skilled, or impressive
129. di____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
130. a re____t slip *n.* a written or printed statement acknowledging that something has been paid for or received; the act of receiving something
131. de___n the value *v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
132. accused tro_____ker *n.* a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy
133. emotional p__p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 124. mindset, 125. opportune, 126. arrogant, 127. scare, 128. brilliant, 129. disrupt, 130. receipt, 131. demean, 132. troublemaker, 133. prop

134. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
135. mi_____te a natural disaster *v.* to make less severe or less intense; to alleviate or lessen the adverse effects of something
136. wor_____le endeavor *adj.* having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration
137. c__e business activity *n.* the most essential or fundamental part of something
138. a con_____ly innovative enterprise *adv.* all the time
139. de___d my country *v.* to protect someone or something from attack, criticism, danger, etc.
140. an unc_____ble silence *adj.* providing or feeling physical discomfort or slight pain
141. tro_____ker kid *n.* a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy
142. the clear co_____ry *n.* acting in opposition to what is expected or desired
143. meet with opp_____on *n.* the act of disagreeing or resisting; the state of strong disagreement
144. an_____us house *adj.* having no known name, identity, or known source
145. two op_____d characters *adj.* being completely different from something or disagreeing strongly with something

ANSWERS: 134. scare, 135. mitigate, 136. worthwhile, 137. core, 138. constantly, 139. defend, 140. uncomfortable, 141. troublemaker, 142. contrary, 143. opposition, 144. anonymous, 145. opposed

146. ho__r our ancestors *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
147. absolutely op____d to abortion *adj.* being completely different from something or disagreeing strongly with something
148. flexible mi____t *n.* the established set of attitudes or fixed ideas held by someone
149. re___t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
150. acc_____sh a goal *v.* to finish or achieve something successfully

ANSWERS: 146. honor, 147. opposed, 148. mindset, 149. regret, 150. accomplish

Session 3: Fill in the Blanks

1. Volunteering for a _____ cause is important for building a sense of community.
adj. having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration
2. I tried to _____ my fear of heights by gradually climbing higher daily.
v. to lessen the intensity or force of something; to moderate or restrain one's feelings or emotions
3. He drank a protein shake to _____ his muscles before the marathon.
v. to make something stronger or more resistant to attack or damage; to give someone or something more strength or support
4. Her sudden _____ drew everyone's attention.
n. a sudden outcry or shout, especially one expressing strong emotion
5. Humankind took centuries to _____ true democracy.
v. to finish or achieve something successfully
6. She worked very hard not to _____ her boss's expectations.
v. to fail to meet someone or their hopes or expectations; to make someone feel sad
7. We have finally lost our last _____.
n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 1. worthwhile, 2. bate, 3. fortify, 4. exclamation, 5. accomplish, 6. disappoint, 7. prop

8. He does not _____ importance to these rumors.
v. to fasten, join, or connect one thing to another
9. Efforts to _____ the effects of climate change require a coordinated and sustained effort by governments, businesses, and individuals.
v. to make less severe or less intense; to alleviate or lessen the adverse effects of something
10. I will introduce you to how to _____ the leading causes of the malfunction.
v. to recognize someone or something and say or prove who or what they are
11. Management must take _____ responsibility for the accident.
adj. furthest or highest in degree or order
12. Please _____ your sweat with this towel.
v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
13. Australia is widely _____ as having low levels of corruption.
v. to become aware or conscious of something through the senses
14. The airport security _____ was crowded with passengers waiting to board their flights.
n. a designated location or point along a route or journey where travelers are required to stop and undergo a security or documentation check
15. Please make sure to keep your _____ as proof of purchase.
n. a written or printed statement acknowledging that something has been paid for or received; the act of receiving something

ANSWERS: 8. attach, 9. mitigate, 10. identify, 11. ultimate, 12. wipe, 13. perceived, 14. checkpoint, 15. receipt

16. Eating food in a hurry _____ blood glucose levels.
v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
17. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
18. The teacher will not _____ any students to leave the classroom early.
v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
19. I claim on my _____ that it is true.
n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
20. I _____ to say that you did not gain admission to the university.
v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
21. Advocates for legal reform hear less harsh words from their _____.
n. someone who expresses opinions about the quality of books, music, etc.
22. The company has been successful in maintaining the status _____.
n. the existing state or condition of something, especially in relation to a particular situation or issue
23. The _____ party strongly disagreed with the government's proposed legislation.
n. the act of disagreeing or resisting; the state of strong disagreement

ANSWERS: 16. elevates, 17. shift, 18. permit, 19. honor, 20. regret, 21. critics, 22. quo, 23. opposition

24. The fog _____ and the air cleared up.

v. to disperse or scatter widely

25. It's important to _____ your strengths and weaknesses.

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

26. Your credit card is no longer _____.

adj. having a reasonable basis in logic or fact; still legally or officially acceptable

27. She received several _____ calls.

adj. having no known name, identity, or known source

28. The sponge _____ water well.

v. to take in a fluid or other substance gradually

29. The _____ firefighter rescued the family from the burning building.

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

30. He was so _____ that he thought he was always right.

adj. having or revealing an exaggerated sense of one's importance or abilities

31. To advance this discussion, we must _____ "success" rigorously.

v. to state or explain precisely the nature, scope, or meaning of something

32. My computer has been acting _____ recently.

adj. extraordinary, unexpected, or difficult to explain

33. I'm so sorry to _____ you when you're pretty busy.

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 24. dissipated, 25. recognize, 26. valid, 27. anonymous, 28. absorbs, 29. brave, 30. arrogant, 31. define, 32. weird, 33. disrupt

34. The two sides argued their points, but the judge ultimately sided with the _____ viewpoint.
n. acting in opposition to what is expected or desired
35. The mobile application industry is _____ changing.
adv. all the time
36. My father's death _____ my life completely.
v. to change in outward structure or looks;
37. Her sleep was _____ by recurring pain.
v. to say or do something that causes someone to stop in their speech or action
38. These gas nebulas are merely newborn galactic _____.
n. the most essential or fundamental part of something
39. Take a right turn at the next _____.
n. a point where two or more roads, lines, etc., cross each other
40. He bated his _____ when talking about this affair.
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
41. The photographer took this photo using a telephoto _____.
n. a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

ANSWERS: 34. contrary, 35. constantly, 36. transformed, 37. interrupted, 38. cores, 39. intersection, 40. breath, 41. lens

42. The factory's _____ fumes polluted the air and affected the health of the nearby residents.
- n.* the system in a vehicle that removes waste gases from the engine; (verb) to make someone completely tired
43. The young doctor was _____ in handling such a complicated case.
- adj.* lacking experience or knowledge in a particular field or situation; not accustomed to a specific kind of work or activity
44. She spoke with _____ about the importance of education.
- n.* a strong belief or opinion, especially one that is based on principles or evidence; (criminal law) a final judgment of guilty in a criminal case and the punishment that is imposed
45. The politician's _____ stance on immigration has earned him a lot of supporters and detractors alike.
- n.* a person who tends to oppose or reject commonly held beliefs or opinions, often for the sake of being different or creating controversy
46. The athlete faced a challenge that was _____ daunting because of her injury.
- adv.* to twice the extent or degree; in a way that involves two things at once; with twice as much force, effect, or significance
47. This page _____ our response planning for an emergency.
- v.* to describe the main facts or aspects involved in something
48. The teacher had to reprimand the _____ in class constantly.
- n.* a person who intentionally causes difficulties or problems for others, often by disruptive or provocative behavior; a person who tends to create or attract trouble or controversy

ANSWERS: 42. exhaust, 43. inexperienced, 44. conviction, 45. contrarian, 46. doubly, 47. outlines, 48. troublemaker

49. The company's CEO made a _____ decision to offer employees more flexibility in their work schedules.
adj. characterized by careful and considerate thinking; showing consideration for the feelings and needs of others; reflecting deep or serious thought
50. The company spent months researching and testing different brand _____ before finally settling on 'Just Do It' as their new tagline.
n. a short, catchy phrase or motto that is used by a person, organization, or company to promote a particular product, cause, or idea
51. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
52. I'm strongly _____ to that plan.
adj. being completely different from something or disagreeing strongly with something
53. His abusive words made me _____.
adj. providing or feeling physical discomfort or slight pain
54. The _____ used in this country is the Euro.
n. a system of money in general use in a particular country
55. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
56. You are under no _____ to finish the job.
n. the state of being morally or legally bound to do or pay something

ANSWERS: 49. thoughtful, 50. slogans, 51. privilege, 52. opposed, 53. uncomfortable, 54. currency, 55. opportune, 56. obligation

57. The government should do more to _____ sustainable agribusiness.
- v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
58. You shouldn't _____ yourself by taking on tasks beneath your skill level.
- v.* to lower or damage someone's dignity, honor, or reputation; to treat someone disrespectfully, often in a way that makes them feel inferior or humiliated
59. The _____ road made it difficult to drive on.
- adj.* full of or abounding in rocks; of, relating to, or made of rock
60. The final _____ provides a summary of the discussion.
- n.* a separate section of a written work usually numbered and titled
61. You may be entitled to _____ some tax.
- v.* to take back something previously lost, given, or paid, or ask to have it back
62. I need to _____ my car regularly to prevent any major mechanical issues.
- v.* to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
63. To find drunk drivers, police conduct _____ tests.
- adj.* made, done, or happening without method, conscious decision, or any regular pattern
64. Our CEO's _____ are always transparent and straightforward.
- n.* something you want to do and are going to do
65. He was banned from the online forum for being a _____ and causing trouble.
- n.* a person who makes inflammatory or off-topic posts on the internet; a supernatural creature often portrayed as a giant or dwarf that lives in isolated areas; (verb) to fish by dragging a baited line through the water behind a boat

ANSWERS: 57. promote, 58. demean, 59. rocky, 60. chapter, 61. reclaim, 62. maintain, 63. random, 64. intentions, 65. troll

66. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

67. He was _____ on fraud charges and sentenced to five years in prison.

v. to prove or declare someone to be guilty of a crime; (noun) a person serving a sentence in a jail or prison

68. I _____ that I will always stand by my beliefs.

v. to assert that something is true or real; to state positively

69. International law allows each nation to _____ itself when its rights and interests are illegally violated.

v. to protect someone or something from attack, criticism, danger, etc.

70. He tried to _____ a bad reputation and win the election.

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

71. We hit the ground to _____ out the rabbits.

v. to frighten a person or animal, or to become frightened

72. This section explains a central _____ of economics.

n. one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded

73. The more _____ you are, the more people around you look at you with envy and jealousy.

adj. extremely clever, skilled, or impressive

ANSWERS: 66. silent, 67. convicted, 68. affirm, 69. defend, 70. overcome, 71. scare, 72. tenet, 73. brilliant

74. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.

n. the established set of attitudes or fixed ideas held by someone

75. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 74. mindset, 75. decide