

# Englist.me



## Vocabulary Builder Reference from...

*Nina Westbrook: How to support yourself (and others) through grief | TED Talk*

[https://www.ted.com/talks/nina\\_westbrook\\_how\\_to\\_support\\_yourself\\_and\\_others\\_through\\_grief](https://www.ted.com/talks/nina_westbrook_how_to_support_yourself_and_others_through_grief)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### curator

*n.* a person whose job is to manage the objects or artworks in a museum, art gallery, etc.

*synonym*: conservator, custodian, administrator

(1) **curator** of a library, (2) interim **curator**

The museum **curator** conserved the ancient manuscripts.

### grieve

*v.* to feel or show great sadness or sorrow, especially for someone who has died

*synonym*: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

### correlate

*v.* to have a connection or relationship in which one thing affects or depends on another

*synonym*: associate, liken, connect

(1) **correlate** closely with the quality, (2) **correlate** to the size

We may frequently **correlate** age with the frequency of disease.

### determinant

*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

*synonym* : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

## astronaut

*n.* a person trained by a space agency to travel outside the Earth's atmosphere

*synonym* : spaceman, cosmonaut

(1) **astronaut** mission, (2) **astronaut** in training

The shuttle **astronaut** trained for months before embarking on the space mission.

## infertile

*adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

*synonym* : barren, sterile, unproductive

(1) **infertile** woman, (2) **infertile** land

The soil in the desert is **infertile**, making it difficult to grow crops.

## propel

*v.* to move, drive or push something forward or in a particular direction, often with a lot of force

*synonym* : drive, push, move

(1) **propel** growth, (2) **propel** the ship

An increase in employment helps **propel** economic growth.

## distracted

*adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

*synonym* : preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

## reassure

*v.* to cause someone to feel sure; to give or restore confidence

*synonym* :

comfort, soothe, bolster

(1) **reassure** anxious patients, (2) **reassure** market

The pilot tried to **reassure** the customers that the planes were safe.

## coworker

*n.* a person who works with another in the same company or organization

*synonym*: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

## mourning

*n.* the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving

*synonym*: grieving, sorrow, lamentation

(1) **mourning** period, (2) **mourning** ritual

She wore black clothing as a symbol of **mourning** for her grandmother.

## detach

*v.* to separate or disjoin something from something else; to disengage

*synonym*: separate, disengage, disconnect

(1) **detach** a ticket from its stub, (2) **detach** you from the matter

She **detached** the trailer from the truck before driving away.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## pivot

*n.* a change in direction or focus, especially in a business or political strategy; a fixed point that supports something that turns or balances

*synonym*: center point, fulcrum, heart

(1) center- **pivot** irrigation, (2) **pivot** point

The team needed to come up with a **pivot** strategy to turn things around.

## **well-being**

*n.* the state of being happy and healthy and prosperous  
*synonym*: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

## Session 2: Spelling

- |                                  |      |  |
|----------------------------------|------|--|
| 1. gr___e at the sad news        | v.   | to feel or show great sadness or sorrow, especially for someone who has died                     |
| 2. op_____ne occasion            | adj. | suitable or happening at a time that is suitable or convenient for a particular purpose          |
| 3. de___h a ticket from its stub | v.   | to separate or disjoin something from something else; to disengage                               |
| 4. interim cu_____r              | n.   | a person whose job is to manage the objects or artworks in a museum, art gallery, etc.           |
| 5. re_____re anxious patients    | v.   | to cause someone to feel sure; to give or restore confidence                                     |
| 6. a sense of wel_____ng         | n.   | the state of being happy and healthy and prosperous  |
| 7. re_____re market              | v.   | to cause someone to feel sure; to give or restore confidence                                     |
| 8. pr___l growth                 | v.   | to move, drive or push something forward or in a particular direction, often with a lot of force |
| 9. an op_____ne remark           | adj. | suitable or happening at a time that is suitable or convenient for a particular purpose          |
| 10. de___h you from the matter   | v.   | to separate or disjoin something from something else; to disengage                               |
| 11. the wel_____ng of a nation   | n.   | the state of being happy and healthy and prosperous  |

ANSWERS: 1. grieve, 2. opportune, 3. detach, 4. curator, 5. reassure, 6. well-being, 7. reassure, 8. propel, 9. opportune, 10. detach, 11. well-being

12. pr\_\_\_l the ship *v.* to move, drive or push something forward or in a particular direction, often with a lot of force
13. in\_\_\_\_\_le woman *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
14. gr\_\_\_e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
15. get dis\_\_\_\_\_ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
16. mo\_\_\_\_\_ng period *n.* the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving
17. mo\_\_\_\_\_ng ritual *n.* the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving
18. dis\_\_\_\_\_ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
19. co\_\_\_\_\_er relationship *n.* a person who works with another in the same company or organization
20. center-pi\_\_t irrigation *n.* a change in direction or focus, especially in a business or political strategy; a fixed point that supports something that turns or balances
21. in\_\_\_\_\_le land *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

ANSWERS: 12. propel, 13. infertile, 14. grieve, 15. distracted, 16. mourning, 17. mourning, 18. distracted, 19. coworker, 20. pivot, 21. infertile

22. argue with a co\_\_\_\_\_er *n.* a person who works with another in the same company or organization
23. a det\_\_\_\_\_nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
24. co\_\_\_\_\_te closely with the quality *v.* to have a connection or relationship in which one thing affects or depends on another
25. cu\_\_\_\_\_r of a library *n.* a person whose job is to manage the objects or artworks in a museum, art gallery, etc.
26. pi\_\_t point *n.* a change in direction or focus, especially in a business or political strategy; a fixed point that supports something that turns or balances
27. as\_\_\_\_\_ut mission *n.* a person trained by a space agency to travel outside the Earth's atmosphere
28. as\_\_\_\_\_ut in training *n.* a person trained by a space agency to travel outside the Earth's atmosphere
29. co\_\_\_\_\_te to the size *v.* to have a connection or relationship in which one thing affects or depends on another
30. environmental det\_\_\_\_\_nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 22. coworker, 23. determinant, 24. correlate, 25. curator, 26. pivot, 27. astronaut, 28. astronaut, 29. correlate, 30. determinant

## Session 3: Fill in the Blanks

1. We are responsible for the care and \_\_\_\_\_ of all our employees.  
*n.* the state of being happy and healthy and prosperous
2. We may frequently \_\_\_\_\_ age with the frequency of disease.  
*v.* to have a connection or relationship in which one thing affects or depends on another
3. The phone rang at the most \_\_\_\_\_ time.  
*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
4. She \_\_\_\_\_ the loss of her parents.  
*v.* to feel or show great sadness or sorrow, especially for someone who has died
5. The shuttle \_\_\_\_\_ trained for months before embarking on the space mission.  
*n.* a person trained by a space agency to travel outside the Earth's atmosphere
6. She wore black clothing as a symbol of \_\_\_\_\_ for her grandmother.  
*n.* the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving
7. One \_\_\_\_\_ of success is having a positive attitude and a strong work ethic.  
*n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

ANSWERS: 1. well-being, 2. correlate, 3. opportune, 4. grieved, 5. astronaut, 6. mourning, 7. determinant



8. My ex-\_\_\_\_\_ and I had different working styles but managed to get along.  
*n.* a person who works with another in the same company or organization
9. The pilot tried to \_\_\_\_\_ the customers that the planes were safe.  
*v.* to cause someone to feel sure; to give or restore confidence
10. The team needed to come up with a \_\_\_\_\_ strategy to turn things around.  
*n.* a change in direction or focus, especially in a business or political strategy; a fixed point that supports something that turns or balances
11. She \_\_\_\_\_ the trailer from the truck before driving away.  
*v.* to separate or disjoin something from something else; to disengage
12. The museum \_\_\_\_\_ conserved the ancient manuscripts.  
*n.* a person whose job is to manage the objects or artworks in a museum, art gallery, etc.
13. I was so \_\_\_\_\_ by my phone that I nearly walked into a lamppost.  
*adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
14. The soil in the desert is \_\_\_\_\_ making it difficult to grow crops.  
*adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
15. An increase in employment helps \_\_\_\_\_ economic growth.  
*v.* to move, drive or push something forward or in a particular direction, often with a lot of force

ANSWERS: 8. coworker, 9. reassure, 10. pivot, 11. detached, 12. curator, 13. distracted, 14. infertile, 15. propel

ANSWERS: