

# Englist.me



## Vocabulary Builder Reference from...

*Jen Gunter: What really happens to your body during menopause | TED Talk*

[https://www.ted.com/talks/jen\\_gunter\\_what\\_really\\_happens\\_to\\_your\\_body\\_during\\_menopause](https://www.ted.com/talks/jen_gunter_what_really_happens_to_your_body_during_menopause)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### menopause

*n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55

*synonym* : climacteric, midlife transition

(1) **menopause** symptoms, (2) before **menopause**

The onset of **menopause** can bring about various physical and emotional changes in women.

### puberty

*n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

*synonym* : adolescence, young adulthood

(1) at the height of **puberty** ., (2) the onset of **puberty**

In this culture, men are initiated when they reach **puberty**.

### chant

*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

*synonym* : hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

## rivet

*n.* a short metal pin or bolt with a flat head used for joining things together

*synonym* : bolt, fastener, clinch

(1) **rivet** gun, (2) button-head **rivet**

The **rivets** on the airplane's wings were inspected to ensure they were secure.

## menstrual

*adj.* of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month

*synonym* : catamenial

(1) a **menstrual** period, (2) **menstrual** blood

The average length of a woman's **menstrual** cycle is 21 to 35 days.

## afterward

*adv.* after the time mentioned

*synonym* : later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

## bookend

*n.* an object, often decorative or functional, placed at either end of a row of books on a shelf to help keep them upright and organized; something that serves as the beginning and end of a series or a period of time.

*synonym* : book stop, end piece, support

(1) wooden **bookend**, (2) **bookend** design

The movie starts and ends with a panoramic shot of the city, serving as a great **bookend** to the story.

## immature

*adj.* not fully developed or grown; not fully mature

*synonym* : young, inexperienced, undeveloped

(1) an **immature** youth, (2) developmentally **immature**

His **immature** behavior often gets him into trouble.

## encase

*v.* to enclose or cover something in a protective or decorative layer

*synonym* : encircle, enclose, enclasp

(1) **encase** in glass, (2) **encase** his feet

They **encased** the fragile vase in bubble wrap to protect it during shipping.

## follicle

*n.* a small sac or cavity in the body, especially in the skin or scalp, that contains and nourishes a hair or feather; a small gland or sac that produces and releases a bodily secretion

(1) **follicle** cell, (2) damaged **follicle**

The pigments in your hair **follicles** determine the color of your hair.

## ovary

*n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

(1) **ovary** atrophy, (2) salted **ovary** of walleye pollack

They found **ovary** cancer in an early stage.

## hypothalamus

*n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones

(1) anterior **hypothalamus**, (2) **hypothalamus** hemorrhage

Oxytocin is also produced in the nucleus of the **hypothalamus**.

## dormant

*adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances

*synonym*: inactive, sleeping, quiescent

(1) **dormant** volcano, (2) **dormant** account

The disease can remain **dormant** for years before it presents any symptoms.

## ovulation

*n.* the process in a woman's menstrual cycle during which an ovary releases an egg

*synonym*: egg-releasing, ovary-releasing, ovum-releasing

(1) **ovulation** cycle, (2) inhibit **ovulation**

The woman tracked her **ovulation** using a fertility app on her

smartphone.

## **fallopian**

*n.* one of a pair of tubes that connect the ovaries to the uterus in female reproductive systems, through which eggs travel from the ovaries to the uterus

*synonym* : uterine, oviductal, tubal

(1) ruptured **fallopian** tube, (2) **fallopian** cancer

Tubal ligation is a permanent birth control method that involves blocking or cutting the **fallopian** tubes.

## **uterus**

*n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

*synonym* : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

## **endometrium**

*n.* the inner mucous membrane that lines the uterus (= the organ in which a fetus develops)

(1) **endometrium** inflammation, (2) menstrual **endometrium**

The physician took a sample of the epithelial tissue of the **endometrium** for detailed examination.

## **fertilize**

*v.* to cause an egg, female animal, or plant to develop by joining sperm from the male with them; to add a natural or chemical substance to land to make plants grow well

*synonym* : pollinate, inseminate, enrich

(1) **fertilize** the soil, (2) **fertilize** the female egg

The couple decided to use the non-husband sperm to **fertilize** a wife.

## **erratic**

*adj.* characterized by lack of consistency, regularity, or predictable behavior; unpredictable or inconsistent in movement, behavior, or quality

*synonym* : unpredictable, irregular, unstable

(1) **erratic** behavior, (2) **erratic** movements

The stock market has been behaving in an **erratic** manner, making it difficult for investors to predict future trends.

## stabilize

*v.* to become or cause to become steady or unlikely to give way

*synonym*: brace, steady, secure

(1) **stabilize** prices, (2) **stabilize** blood sugar levels

The raising of interest rates **stabilizes** the inflation rate.

## osteoporosis

*n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures

(1) **osteoporosis** treatment, (2) **osteoporosis** prevention

As we age, we become more at risk for **osteoporosis**, a condition that weakens the bones in our bodies.

## irritable

*adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events

*synonym*: cranky, grumpy, touchy

(1) **irritable** bowel syndrome, (2) **irritable** mood

Lack of sleep can make me **irritable** and easily annoyed.

## crank

*n.* a mechanical device that converts rotary motion into linear motion or vice versa; an eccentric or unpredictable person

*synonym*: eccentric, oddball, kook

(1) **crank** handle, (2) **crank** caller

The fishing reel had a **crank** that made it easy to reel in the catch.

## kilter

*n.* a state of proper balance or adjustment, a state of good order or organization

*synonym*: balance, alignment, equilibrium

(1) off- **kilter**, (2) in good **kilter**

The door was out of **kilter** and wouldn't close properly.

## palpitation

*n.* a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly

*synonym*: flutter, pulsation, throb

(1) irregular **palpitation**, (2) anxiety **palpitations**

She experienced **palpitations** and had to go to the hospital for tests.

## cramp

*n.* a sudden, painful contraction or spasm of a muscle, typically in the leg or abdomen; a feeling of tightness or discomfort in a muscle caused by prolonged use or stress

*synonym*: crick, spasm, twinge

(1) hand **cramp**, (2) stomach **cramp**

I had to stop running because of a severe **cramp** in my leg.

## unintended

*adj.* not planned or meant

*synonym*: accidental, unconsenting, involuntary

(1) **unintended** bias, (2) **unintended** misunderstanding

Excessive human interference in the global environment may bring **unintended** consequences.

## quitter

*n.* a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

## jog

*v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose

*synonym*: run, sprint, trot

(1) **jog** in place, (2) **jog** my memory

She decided to **jog** around the park to clear her head.

## unproven

*adj.* not tested or proved

(1) **unproven** efficacy, (2) scientifically **unproven**

The new treatment's long-term advantages are still **unproven**.

## permutation

*n.* the act or process of rearranging or reordering a set of elements or objects in a different sequence or configuration; a specific arrangement or order of a set of elements or objects

*synonym*: variation, transformation, alteration

(1) **permutation** formula, (2) **permutation** test

Scientists study the **permutations** of chemical elements and compounds to better understand their properties and potential uses.

## mantra

*n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

*synonym*: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

## Session 2: Spelling

- |                                 |  |
|---------------------------------|--|
| 1. fa_____an cancer             | <i>n.</i> one of a pair of tubes that connect the ovaries to the uterus in female reproductive systems, through which eggs travel from the ovaries to the uterus |
| 2. st_____ze prices             | <i>v.</i> to become or cause to become steady or unlikely to give way  |
| 3. me_____se symptoms           | <i>n.</i> the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55  |
| 4. a me_____al period           | <i>adj.</i> of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month  |
| 5. st_____ze blood sugar levels | <i>v.</i> to become or cause to become steady or unlikely to give way  |
| 6. ov__y atrophy                | <i>n.</i> either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower            |
| 7. ri__t gun                    | <i>n.</i> a short metal pin or bolt with a flat head used for joining things together  |
| 8. j_g in place                 | <i>v.</i> to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose                  |
| 9. campaign ma___a              | <i>n.</i> a word or phrase, often repeated, that is used as a focus for the mind during meditation   |

ANSWERS: 1. fallopian, 2. stabilize, 3. menopause, 4. menstrual, 5. stabilize, 6. ovary, 7. rivet, 8. jog, 9. mantra



10. go there af\_\_\_\_\_rd  
*adv.* after the time mentioned
11. fo\_\_\_\_\_le cell  
*n.* a small sac or cavity in the body, especially in the skin or scalp, that contains and nourishes a hair or feather; a small gland or sac that produces and releases a bodily secretion
12. er\_\_\_\_\_c behavior  
*adj.* characterized by lack of consistency, regularity, or predictable behavior; unpredictable or inconsistent in movement, behavior, or quality
13. damaged fo\_\_\_\_\_le  
*n.* a small sac or cavity in the body, especially in the skin or scalp, that contains and nourishes a hair or feather; a small gland or sac that produces and releases a bodily secretion
14. ch\_\_t melodies  
*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
15. an im\_\_\_\_\_re youth  
*adj.* not fully developed or grown; not fully mature
16. j\_g my memory  
*v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose
17. me\_\_\_\_\_al blood  
*adj.* of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month

ANSWERS: 10. afterward, 11. follicle, 12. erratic, 13. follicle, 14. chant, 15. immature, 16. jog, 17. menstrual

18. bo\_\_\_\_d design *n.* an object, often decorative or functional, placed at either end of a row of books on a shelf to help keep them upright and organized; something that serves as the beginning and end of a series or a period of time.
19. easy qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
20. anxiety pal\_\_\_\_ons *n.* a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly
21. hyp\_\_\_\_mus hemorrhage *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
22. uni\_\_\_\_ed bias *adj.* not planned or meant
23. fe\_\_\_\_ze the female egg *v.* to cause an egg, female animal, or plant to develop by joining sperm from the male with them; to add a natural or chemical substance to land to make plants grow well
24. inhibit ov\_\_\_\_on *n.* the process in a woman's menstrual cycle during which an ovary releases an egg
25. per\_\_\_\_on test *n.* the act or process of rearranging or reordering a set of elements or objects in a different sequence or configuration; a specific arrangement or order of a set of elements or objects

ANSWERS: 18. bookend, 19. quitter, 20. palpitation, 21. hypothalamus, 22. unintended, 23. fertilize, 24. ovulation, 25. permutation

26. do\_\_\_\_t volcano *adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
27. un\_\_\_\_en efficacy *adj.* not tested or proved
28. button-head ri\_\_t *n.* a short metal pin or bolt with a flat head used for joining things together
29. wooden bo\_\_\_\_d *n.* an object, often decorative or functional, placed at either end of a row of books on a shelf to help keep them upright and organized; something that serves as the beginning and end of a series or a period of time.
30. menstrual end\_\_\_\_um *n.* the inner mucous membrane that lines the uterus (= the organ in which a fetus develops)
31. cr\_\_k caller *n.* a mechanical device that converts rotary motion into linear motion or vice versa; an eccentric or unpredictable person
32. ov\_\_\_\_on cycle *n.* the process in a woman's menstrual cycle during which an ovary releases an egg
33. hand cr\_\_p *n.* a sudden, painful contraction or spasm of a muscle, typically in the leg or abdomen; a feeling of tightness or discomfort in a muscle caused by prolonged use or stress
34. a few years af\_\_\_\_rd *adv.* after the time mentioned

ANSWERS: 26. dormant, 27. unproven, 28. rivet, 29. bookend, 30. endometrium, 31. crank, 32. ovulation, 33. cramp, 34. afterward

35. scientifically un\_\_\_\_\_en *adj.* not tested or proved
36. before me\_\_\_\_\_se *n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
37. en\_\_\_e in glass *v.* to enclose or cover something in a protective or decorative layer
38. en\_\_\_e his feet *v.* to enclose or cover something in a protective or decorative layer
39. per\_\_\_\_\_on formula *n.* the act or process of rearranging or reordering a set of elements or objects in a different sequence or configuration; a specific arrangement or order of a set of elements or objects
40. ost\_\_\_\_\_sis treatment *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
41. ch\_\_t in the chapel *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
42. ost\_\_\_\_\_sis prevention *n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
43. irregular pal\_\_\_\_\_on *n.* a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly

ANSWERS: 35. unproven, 36. menopause, 37. encase, 38. encase, 39. permutation, 40. osteoporosis, 41. chant, 42. osteoporosis, 43. palpitation

44. stomach cr\_\_p *n.* a sudden, painful contraction or spasm of a muscle, typically in the leg or abdomen; a feeling of tightness or discomfort in a muscle caused by prolonged use or stress
45. off-ki\_\_\_r *n.* a state of proper balance or adjustment, a state of good order or organization
46. bleeding from ut\_\_\_s *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
47. cr\_\_k handle *n.* a mechanical device that converts rotary motion into linear motion or vice versa; an eccentric or unpredictable person
48. er\_\_\_\_c movements *adj.* characterized by lack of consistency, regularity, or predictable behavior; unpredictable or inconsistent in movement, behavior, or quality
49. in good ki\_\_\_r *n.* a state of proper balance or adjustment, a state of good order or organization
50. fe\_\_\_\_\_ze the soil *v.* to cause an egg, female animal, or plant to develop by joining sperm from the male with them; to add a natural or chemical substance to land to make plants grow well
51. at the height of pu\_\_\_\_y. *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

ANSWERS: 44. cramp, 45. kilter, 46. uterus, 47. crank, 48. erratic, 49. kilter, 50. fertilize, 51. puberty

52. uni\_\_\_\_\_ed misunderstanding      *adj.* not planned or meant
53. ut\_\_\_s cancer      *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
54. ir\_\_\_\_\_le bowel syndrome      *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
55. developmentally im\_\_\_\_\_re      *adj.* not fully developed or grown; not fully mature
56. chant the ma\_\_\_a of structural reform      *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
57. the onset of pu\_\_\_\_\_y      *n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
58. anterior hyp\_\_\_\_\_mus      *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
59. end\_\_\_\_\_um inflammation      *n.* the inner mucous membrane that lines the uterus (= the organ in which a fetus develops)
60. ruptured fa\_\_\_\_\_an tube      *n.* one of a pair of tubes that connect the ovaries to the uterus in female reproductive systems, through which eggs travel from the ovaries to the uterus

ANSWERS: 52. unintended, 53. uterus, 54. irritable, 55. immature, 56. mantra, 57. puberty, 58. hypothalamus, 59. endometrium, 60. fallopian

61. ir\_\_\_\_\_le mood *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
62. serial qu\_\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
63. salted ov\_\_y of walleye pollack *n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
64. do\_\_\_\_\_t account *adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances

ANSWERS: 61. irritable, 62. quitter, 63. ovary, 64. dormant

## Session 3: Fill in the Blanks

1. The fishing reel had a \_\_\_\_\_ that made it easy to reel in the catch.  
*n.* a mechanical device that converts rotary motion into linear motion or vice versa; an eccentric or unpredictable person
  
2. The couple decided to use the non-husband sperm to \_\_\_\_\_ a wife.  
*v.* to cause an egg, female animal, or plant to develop by joining sperm from the male with them; to add a natural or chemical substance to land to make plants grow well
  
3. The pigments in your hair \_\_\_\_\_ determine the color of your hair.  
*n.* a small sac or cavity in the body, especially in the skin or scalp, that contains and nourishes a hair or feather; a small gland or sac that produces and releases a bodily secretion
  
4. Excessive human interference in the global environment may bring \_\_\_\_\_ consequences.  
*adj.* not planned or meant
  
5. They \_\_\_\_\_ the fragile vase in bubble wrap to protect it during shipping.  
*v.* to enclose or cover something in a protective or decorative layer
  
6. The soccer game crowd broke into a \_\_\_\_\_ of "Go, team, go!"  
*n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
  
7. Oxytocin is also produced in the nucleus of the \_\_\_\_\_.  
*n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones

ANSWERS: 1. crank, 2. fertilize, 3. follicles, 4. unintended, 5. encased, 6. chant, 7. hypothalamus



8. The physician took a sample of the epithelial tissue of the \_\_\_\_\_ for detailed examination.
- n.* the inner mucous membrane that lines the uterus (= the organ in which a fetus develops)
9. His \_\_\_\_\_ behavior often gets him into trouble.
- adj.* not fully developed or grown; not fully mature
10. The disease can remain \_\_\_\_\_ for years before it presents any symptoms.
- adj.* in a state of temporary inactivity, rest, or sleep; not growing or progressing but capable of doing so under the right circumstances
11. The stock market has been behaving in an \_\_\_\_\_ manner, making it difficult for investors to predict future trends.
- adj.* characterized by lack of consistency, regularity, or predictable behavior; unpredictable or inconsistent in movement, behavior, or quality
12. The onset of \_\_\_\_\_ can bring about various physical and emotional changes in women.
- n.* the natural cessation of menstruation and fertility in women, typically occurring between the ages of 45 and 55
13. The new treatment's long-term advantages are still \_\_\_\_\_.
- adj.* not tested or proved
14. We will explain the countermeasure concerning this problem \_\_\_\_\_.
- adv.* after the time mentioned
15. The movie starts and ends with a panoramic shot of the city, serving as a great \_\_\_\_\_ to the story.
- n.* an object, often decorative or functional, placed at either end of a row of books on a shelf to help keep them upright and organized; something that serves as the beginning and end of a series or a period of time.

ANSWERS: 8. endometrium, 9. immature, 10. dormant, 11. erratic, 12. menopause, 13. unproven, 14. afterward, 15. bookend

16. In this culture, men are initiated when they reach \_\_\_\_\_.
- n.* the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
17. As we age, we become more at risk for \_\_\_\_\_ a condition that weakens the bones in our bodies.
- n.* a medical condition characterized by a loss of bone density or mass, resulting in fragile and porous bones that are at increased risk for fractures
18. Lack of sleep can make me \_\_\_\_\_ and easily annoyed.
- adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
19. Scientists study the \_\_\_\_\_ of chemical elements and compounds to better understand their properties and potential uses.
- n.* the act or process of rearranging or reordering a set of elements or objects in a different sequence or configuration; a specific arrangement or order of a set of elements or objects
20. She repeated her personal \_\_\_\_\_ to herself to stay motivated.
- n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
21. The raising of interest rates \_\_\_\_\_ the inflation rate.
- v.* to become or cause to become steady or unlikely to give way
22. The \_\_\_\_\_ on the airplane's wings were inspected to ensure they were secure.
- n.* a short metal pin or bolt with a flat head used for joining things together
23. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.
- n.* a person who gives up easily or does not have the determination to finish what they have started

ANSWERS: 16. puberty, 17. osteoporosis, 18. irritable, 19. permutations, 20. mantra, 21. stabilizes, 22. rivets, 23. quitter

24. I had to stop running because of a severe \_\_\_\_\_ in my leg.
- n.* a sudden, painful contraction or spasm of a muscle, typically in the leg or abdomen; a feeling of tightness or discomfort in a muscle caused by prolonged use or stress
25. The woman tracked her \_\_\_\_\_ using a fertility app on her smartphone.
- n.* the process in a woman's menstrual cycle during which an ovary releases an egg
26. She experienced \_\_\_\_\_ and had to go to the hospital for tests.
- n.* a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly
27. Tubal ligation is a permanent birth control method that involves blocking or cutting the \_\_\_\_\_ tubes.
- n.* one of a pair of tubes that connect the ovaries to the uterus in female reproductive systems, through which eggs travel from the ovaries to the uterus
28. The door was out of \_\_\_\_\_ and wouldn't close properly.
- n.* a state of proper balance or adjustment, a state of good order or organization
29. She decided to \_\_\_\_\_ around the park to clear her head.
- v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose
30. They found \_\_\_\_\_ cancer in an early stage.
- n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
31. The average length of a woman's \_\_\_\_\_ cycle is 21 to 35 days.
- adj.* of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month

ANSWERS: 24. cramp, 25. ovulation, 26. palpitations, 27. fallopian, 28. kilter, 29. jog, 30. ovary, 31. menstrual

32. The physician prescribed medication to relieve the contraction of the \_\_\_\_\_.
- n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

ANSWERS: 32. uterus