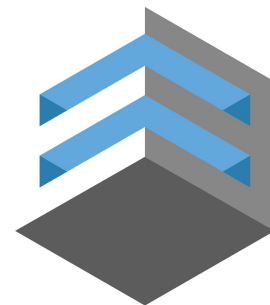


Englist.me



Vocabulary Builder Reference from...

Jiaying Zhao: How to feng shui your fridge -- and other happy climate hacks | TED Talk

https://www.ted.com/talks/jiaying_zhao_how_to_feng_shui_your_fridge_and_other_happy_climate_hacks

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

- rap** *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
synonym : hip-hop, emceeing, MCing
(1) **rap** music, (2) get a **rap**
The new **rap** album is getting a lot of attention.
- planet** *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
synonym : earth, world, globe
(1) **planet** like the Earth, (2) save the **planet**
Mercury is the closest **planet** to the sun.
- assignment** *n.* a duty or task given to someone, usually as part of their job or studies
synonym : task, duty, designation
(1) finish the **assignment**, (2) **assignment** of interest
My **assignment** was overwhelming and complicated, but it was also exciting.
- individual** *n.* a single person or thing, as distinct from a group
synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

greenhouse

n. a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

synonym: conservatory

(1) exotic plants in a **greenhouse**, (2) emissions of **greenhouse** gases

The **greenhouse** effect is a phenomenon that happens naturally.

emission

n. the act of production or sending out gas, heat, light, etc.

synonym: emanation, radiation, discharge

(1) global **emissions** of greenhouse gases, (2) the **emission** of light

There are five distinct **emissions** at five unique wavelengths.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

climate

n. the weather in a particular location averaged over some long period

synonym: atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

default

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

synonym: fail, neglect, omit

(1) **default** settings, (2) **default** on the mortgage

If you don't specify a different option, the computer will **default** to its original settings.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

ingrained

adj. deeply rooted in someone's mind or behavior; difficult to change due to being established for a long time

synonym: inborn, embedded, deep-seated

(1) **ingrained** habit, (2) **ingrained** prejudice

Her fear of dogs was **ingrained** after a traumatic experience in childhood.

narrative

n. a story or a description of a series of events or process of telling a story

synonym: the tale, chronology, annals

(1) **narrative** poetry, (2) personal **narrative**

The **narrative** handles multiple plot lines and has unpredictable ends.

sacrifice

n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

synonym: forfeit, immolation, gift

(1) small **sacrifice** for a great cause, (2) **sacrifice** anything to get ahead

You cannot accomplish great things without a **sacrifice** of your time or money.

frame

n. a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

synonym: body, skeleton, scaffolding

(1) a picture **frame**, (2) the **frame** of the policy

The detective looked for fingerprints on the window **frame**.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym: culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

conducive

adj. tending to make something likely or possible

synonym: beneficial, advantageous, helpful

(1) **conducive** question, (2) **conducive** to growth

The quiet and peaceful environment was **conducive** to concentration and productivity.

retreat

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym: escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

disengage

v. to withdraw or separate oneself from a situation or relationship

synonym: withdraw, separate, detach

(1) **disengage** the clutch, (2) **disengage** socially
He **disengaged** from the conversation and walked away.

faculty

n. an inborn or natural ability to hear, see, think, move, etc.; a department or group of the university concerned with a major division of knowledge

synonym: capability, talent, aptitude

(1) a member of the **faculty**, (2) the illative **faculty** of the mind

This university's computer science **faculty** is world distinguished.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**
I decided to seek counseling on the advice of my **colleague**.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience
She felt **miserable** after her dog passed away.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym: hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

carbon

n. a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals

(1) **carbon** dioxide, (2) **carbon** emission

Trees absorb **carbon** dioxide and give off oxygen.

calculator

n. a small electronic device for making arithmetic calculations

synonym: computer, machine, estimator

(1) **calculator** app, (2) analog **calculator**

I left my alpha **calculator** at home, so I had to borrow one from a classmate to finish my math homework.

substantially

adv. to a great extent or degree

synonym: considerably, essentially, largely

(1) the price went up **substantially**, (2) the house was **substantially** built

The proportion of female engineers has **substantially** increased.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym: dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

trivial

adj. of little value or importance

synonym: insignificant, minor, unimportant

(1) a **trivial** man, (2) for **trivial** reasons

The problem seemed **trivial** initially, but it became a significant issue.

large-scale

adj. involving many people or things and involving a lot of change or activity

synonym: big, massive, grand

(1) **large-scale** project, (2) **large-scale** agriculture

The company is planning to make a **large-scale** expansion of its factory.

embody

v. to represent or exemplify something; to give tangible form to an abstract idea

synonym: represent, exemplify, personify

(1) **embody** my goal, (2) **embody** a spirit of charity

The company's new products **embody** the values of innovation and sustainability.

ripple

n. a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

synonym: wave, undulation, fluctuation

(1) a **ripple** of laughter, (2) **ripple** in the water

Many businesses felt the **ripple** effect of the economy's decline.

instigate

v. to initiate, start or incite something, often to cause trouble, conflict, or violence; to urge or stir someone to take a particular action or behavior

synonym: provoke, incite, raise

(1) **instigate** a conflict, (2) **instigate** a discussion

The protesters tried to **instigate** change and promote equality in their community.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

broad

adj. very wide; general

synonym: wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind

He accumulated wealth across a **broad** spectrum of assets.

structural

adj. associated with the way on construction or organization of anything

synonym : architectural, basic, anatomical

(1) **structural** analyses, (2) **structural** reorganization

The earthquake resulted in significant **structural** destruction.

institutional

adj. of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.

synonym : corporate, governmental

(1) **institutional** bank, (2) address **institutional** constraints

We have to discuss the **institutional** reforms of our country.

whirlwind

n. a very strong wind that moves rapidly in circles and causes a lot of damage

synonym : tornado, waterspout, dust devil

(1) economic **whirlwind**, (2) **whirlwind** of events

We went on a **whirlwind** visit to the sightseeing spot.

pet

n. an animal that you have at home as a companion and treated kindly

(1) a **pet** bird, (2) a teacher's **pet**

I have a parrot as a **pet**.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym : accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

vegan

n. a person who does not eat or use any animal products, typically for ethical or environmental reasons

(1) raw food **vegan**, (2) **vegan** lifestyle

The **vegan** diet is based on plant-based foods.

agriculture

n. the practice or science of cultivating the land or raising stock

synonym : farming, husbandry, agribusiness

(1) organic **agriculture**, (2) intensive **agriculture**

Agriculture is the foundation of our economy.

diet

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym : food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym : experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym : raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

vitamin

n. any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body

synonym : nutrient, micronutrient, dietary supplement

(1) rich in **vitamin D**, (2) **vitamin** deficiency

Vitamin C is important for immune system function and skin health.

phytochemical

n. a biologically active compound that occurs naturally in plants, capable of exhibiting therapeutic effects or health benefits in humans and animals

synonym: plant compound, phytonutrient, plant chemical

(1) **phytochemical** compounds, (2) **phytochemical** analysis

Eating a diet rich in **phytochemicals** may help to improve digestion and reduce the risk of digestive disorders.

antioxidant

n. a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

(1) high levels of **antioxidants**, (2) **antioxidant** behavior

Fruits and vegetables are good sources of **antioxidants**.

inflammation

n. a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

synonym: rash, hives, irritation

(1) reduce **inflammation** and pain, (2) **inflammation** of the lungs

The medicine soothes the pain of chronic **inflammation**.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

deprivation

n. a state of not having something, such as food or money, that you need for a pleasant life

synonym: poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty

Losing him is great **deprivation** to our team.

disaster

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

synonym: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

balance

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

synonym: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

maxim

n. a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

synonym: adage, proverb, aphorism

(1) old **maxim**, (2) act upon a **maxim**

A good **maxim** is never out of season.

gram

n. a metric unit of weight equal to one-thousandth of a kilogram

(1) centimeter- **gram-second** system, (2) **gram** amount

How much is it per one hundred **grams**?

emit

v. to give off or send out something such as light, heat, sound, gas, etc.

synonym: give off, radiate, expel

(1) **emit** a gamma ray, (2) **emit** air pollution

During the unloading, the container box **emits** a clicking sound.

roughly

adv. approximately but not precisely; with a violent manner

synonym : approximately, more or less, around

(1) **roughly** explain my idea, (2) **roughly** speaking

Five miles is **roughly** similar to eight kilometers.

poultry

n. domesticated birds kept by humans for their eggs, meat, or feathers

synonym : fowl, chicken, birds

(1) **poultry** farming, (2) a **poultry** walk

The **poultry** farm raised chickens and turkeys for meat and eggs.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym : cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

temporarily

adv. for a limited time only or not permanently

synonym : for a time

(1) a hut made **temporarily**, (2) **temporarily** suspend the production

Some athletes take anabolic steroids to increase muscle size **temporarily**.

renew

v. to begin or resume something again after an interruption

synonym : renovate, restore, revitalize

(1) **renew** a contract, (2) **renew** its corporate image

I have to **renew** my passport by the middle of September.

savor

v. to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or

season with a savory flavor

synonym : enjoy, relish, appreciate

(1) **savor** the moment, (2) **savor** the taste

I always like to **savor** a good cup of coffee in the morning.

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym : style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

jean

n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

synonym : denim, cotton, pants

(1) a **jean** skirt, (2) **jean** denim

She wore her favorite pair of **jeans** to the party.

underwear

n. clothes worn next to the skin under outer clothes

synonym : undergarments, lingerie, innerwear

(1) **underwear** clothing, (2) men's **underwear**

I want to buy new winter **underwear** because mine have holes in them.

messy

adj. disorganized and untidy

synonym : cluttered, disorganized, untidy

(1) **messy** data, (2) **messy** handling

His **messy** bedroom is always a source of frustration for his mother.

fridge

n. a piece of electrical equipment in which food can be stored at low temperatures so that it stays fresh

synonym : refrigerator

(1) **fridge** magnet, (2) fill the **fridge**

She left the **fridge** door open inadvertently.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

recommend

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

synonym : advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading

We **recommend** taking media training every six months.

condiment

n. a substance or mixture of substances, such as spices, sauce, salt, or other seasonings, used to enhance the flavor of food

synonym : seasoning, flavoring, spice

(1) **condiment** dispenser, (2) spicy **condiments**

Ketchup, mustard, and mayo are common **condiments** for burgers and sandwiches.

disagree

v. to have or express a different opinion, idea, etc.

synonym : discord, oppose, dissent

(1) **disagree** about a particular issue, (2) **disagree** with a plan

I **disagree** for reasons already stated above.

sight

n. the ability to see; anything that is seen

synonym : vision, spectacle, view

(1) an unexpected **sight**, (2) dull **sight**

Many famous **sights** are within walking distance.

rot

v. to decay, or cause something to decay, naturally and gradually

synonym : perish, decay, corrode

(1) begin to **rot**, (2) **rot** with age

Please refrigerate the meat, or it will **rot**.

carpool

n. a group of people who regularly travel together in one vehicle, typically to commute to work or school

synonym: ride-share, car-sharing, lift-share

(1) **carpool** lane, (2) **carpool** program

I'm looking for a **carpool** buddy to share the drive to the conference.

dreadful

adj. very bad, unpleasant, or causing fear

synonym: terrible, horrible, awful

(1) **dreadful** accident, (2) **dreadful** news

The conditions of the prison were **dreadful** and inhumane.

ditch

n. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away

synonym: trench, channel, furrow

(1) agricultural **ditch**, (2) **ditch** my career

The farmers used **ditches** to drain water from their fields.

virtually

adv. almost completely

synonym: almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical

Virtually all the parties signed the contract.

moderate

adj. being within reasonable limits; not excessive or extreme

synonym: average, middle-of-the-road, tempered

(1) **moderate** growth, (2) **moderate** risk

He had a **moderate** understanding of the topic but needed further research.

cannabinoid

n. a class of chemical compounds found in cannabis plants that interact with the human body's endocannabinoid system, producing a range of biological effects, including pain relief, anti-inflammatory action, and mood alteration

synonym: cannabis compound, CBD, THC

(1) **cannabinoid** receptor, (2) **cannabinoid** extracts
Some researchers believe manipulating **cannabinoid** levels in the body could offer therapeutic benefits.

contribute

v. to give something, especially money or goods, to provide or achieve something together with other people
synonym: donate, devote, commit

(1) **contribute** a large sum of money to the fund,
(2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

euphoria

n. a feeling of intense happiness, excitement, or delight; a state of extreme joy or pleasure
synonym: elevation, bliss, elation

(1) experience **euphoria**, (2) **euphoria-inducing** drug
Winning the lottery brought a feeling of **euphoria** to the lucky winner.

well-being

n. the state of being happy and healthy and prosperous
synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**
We are responsible for the care and **well-being** of all our employees.

intensive

adj. involving a lot of work or activity in a short time
synonym: thorough, comprehensive, in-depth

(1) **intensive** agriculture, (2) **intensive** care
The construction industry is labor **intensive**, although it has been somewhat automated by introducing large machinery.

equivalent

n. having the same value, quality, meaning, purpose, etc.
synonym: equal, counterpart, match

(1) **equivalent** amounts, (2) **equivalent** in meaning
The European Central Bank is Europe's **equivalent** of the Federal Reserve.

exciting

adj. causing a lot of interest or excitement

synonym : exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

bundle

n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

synonym : package, parcel, bale

(1) **bundle** of papers, (2) travel **bundle**

I tied up the **bundle** of newspapers and took them to the recycling center.

combine

v. to join or merge to form a single thing or group

synonym : coalesce, cohere, blend

(1) **combine** chemically with another substance,

(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

sightseeing

n. the activity of visiting places of interest in a particular location or region as a tourist, often by walking or taking a guided tour

synonym : touring, visiting, exploring

(1) **sightseeing** tour, (2) **sightseeing** district

We went **sightseeing** in Paris and saw all the famous landmarks.

reap

v. to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done

synonym : collect, harvest, derive

(1) **reap** the benefits, (2) **reap** crops

He **reaped** a significant profit from the listing of his company's stock.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym: consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

unnecessary

adj. not needed or required; not essential or important

synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary** and removed to streamline production.

flee

v. to leave by running away, especially out of fear or danger

synonym: exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

affluence

n. an abundance of wealth, resources, or property; prosperity

synonym: wealth, prosperity, richness

(1) postwar **affluence**, (2) material **affluence**

She lived a life of **affluence**, with all the money and possessions she could ever want.

enhance

v. to increase or improve the quality, amount, or strength of someone or something

synonym: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla

The new strategy will **enhance** the profitability of our company.

autonomy

n. the right of an organization, country, or region to govern itself independently

synonym: independence, sovereignty, self-sufficiency

(1) regional **autonomy**, (2) establish **autonomy**

Demonstrators strongly demanded immediate **autonomy** for their country.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym: strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

enact

v. to make a law; to put something into practice

synonym: legislate, pass, decree

(1) **enact** new legislation, (2) **enact** the smoking ban

The government **enacted** this law in 1925.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

infrastructure

n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

synonym : foundation, framework

(1) IT **infrastructure**, (2) **infrastructure** cost

Aging societies tend to require huge costs for **infrastructure** maintenance.

lane

n. a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver

synonym : roadway, street, artery

(1) **lane** change, (2) first **lane**

We walked along a muddy **lane** to reach the farm.

urban

adj. relating to or located in a town or city

synonym : metropolitan, civic

(1) **urban** planning, (2) **urban** property owners

Only a small number of **urban** utilities offer sanitation services.

gist

n. the essence or main point of a text, speech, or situation

synonym : essence, core, summary

(1) the **gist** of a claim, (2) get the **gist**

The **gist** of the article was that technology is rapidly changing our world.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym : facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

Session 2: Spelling

1. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
2. lar_____le agriculture *adj.* involving many people or things and involving a lot of change or activity
3. exp_____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
4. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
5. finish the ass_____nt *n.* a duty or task given to someone, usually as part of their job or studies
6. write him an answer imm_____ly *adv.* now or without delay
7. even more unf_____ely *adv.* by bad luck; unluckily
8. di_____ge socially *v.* to withdraw or separate oneself from a situation or relationship
9. ur__n planning *adj.* relating to or located in a town or city
10. phy_____cal compounds *n.* a biologically active compound that occurs naturally in plants, capable of exhibiting therapeutic effects or health benefits in humans and animals
11. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
12. ca____n emission *n.* a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals

ANSWERS: 1. environment, 2. large-scale, 3. experiment, 4. identify, 5. assignment, 6. immediately, 7. unfortunately, 8. disengage, 9. urban, 10. phytochemical, 11. creative, 12. carbon

13. de____t on the mortgage *v.* to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options
14. fr___e magnet *n.* a piece of electrical equipment in which food can be stored at low temperatures so that it stays fresh
15. afraid to show em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
16. eu____ia-inducing drug *n.* a feeling of intense happiness, excitement, or delight; a state of extreme joy or pleasure
17. g__m amount *n.* a metric unit of weight equal to one-thousandth of a kilogram
18. co____ve to growth *adj.* tending to make something likely or possible
19. tr____r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
20. the house was sub_____lly built *adv.* to a great extent or degree
21. f__e abroad *v.* to leave by running away, especially out of fear or danger

ANSWERS: 13. default, 14. fridge, 15. emotion, 16. euphoria, 17. gram, 18. conducive, 19. trigger, 20. substantially, 21. flee

22. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
23. a po_____y walk *n.* domesticated birds kept by humans for their eggs, meat, or feathers
24. re_____nd reading *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
25. em____y my goal *v.* to represent or exemplify something; to give tangible form to an abstract idea
26. a ne_____ve number *adj.* having the quality of something bad or harmful; expressing refusal
27. di_____ee with a plan *v.* to have or express a different opinion, idea, etc.
28. can_____id extracts *n.* a class of chemical compounds found in cannabis plants that interact with the human body's endocannabinoid system, producing a range of biological effects, including pain relief, anti-inflammatory action, and mood alteration
29. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
30. begin to r_t *v.* to decay, or cause something to decay, naturally and gradually

ANSWERS: 22. medical, 23. poultry, 24. recommend, 25. embody, 26. negative, 27. disagree, 28. cannabinoid, 29. function, 30. rot

31. en____e the flavor of the vanilla *v.* to increase or improve the quality, amount, or strength of someone or something
32. a teacher's p_t *n.* an animal that you have at home as a companion and treated kindly
33. a member of the fa____y *n.* an inborn or natural ability to hear, see, think, move, etc.; a department or group of the university concerned with a major division of knowledge
34. ro____y explain my idea *adv.* approximately but not precisely; with a violent manner
35. con____te a large sum of money to the fund *v.* to give something, especially money or goods, to provide or achieve something together with other people
36. a br__d mind *adj.* very wide; general
37. sa__r the moment *v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor
38. military st____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
39. re____t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
40. f__e their homes *v.* to leave by running away, especially out of fear or danger
41. ex____ng news *adj.* causing a lot of interest or excitement
42. effects of cl____e change *n.* the weather in a particular location averaged over some long period

ANSWERS: 31. enhance, 32. pet, 33. faculty, 34. roughly, 35. contribute, 36. broad, 37. savor, 38. strategy, 39. recruit, 40. flee, 41. exciting, 42. climate

43. j__n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
44. regional au____my *n.* the right of an organization, country, or region to govern itself independently
45. sig_____ng tour *n.* the activity of visiting places of interest in a particular location or region as a tourist, often by walking or taking a guided tour
46. imm_____ly recall a product *adv.* now or without delay
47. a s__t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
48. feel a bit gu___y *adj.* feeling responsible for or having done something wrong or criminal
49. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
50. in___t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
51. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular
52. gu___y verdict *adj.* feeling responsible for or having done something wrong or criminal
53. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
54. fill the fr___e *n.* a piece of electrical equipment in which food can be stored at low temperatures so that it stays fresh

ANSWERS: 43. jean, 44. autonomy, 45. sightseeing, 46. immediately, 47. spot, 48. guilty, 49. well-being, 50. invest, 51. fashion, 52. guilty, 53. strike, 54. fridge

55. vi_____ly identical *adv.* almost completely
56. ass_____nt of interest *n.* a duty or task given to someone, usually as part of their job or studies
57. en_____e value *v.* to increase or improve the quality, amount, or strength of someone or something
58. ve__n lifestyle *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
59. inf_____ure cost *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
60. dr_____ul accident *adj.* very bad, unpleasant, or causing fear
61. a picture fr__e *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
62. ca_____l program *n.* a group of people who regularly travel together in one vehicle, typically to commute to work or school
63. gov_____nt funding *n.* the group of people with authority to control a country or state
64. in___t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
65. high levels of ant_____nts *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products

ANSWERS: 55. virtually, 56. assignment, 57. enhance, 58. vegan, 59. infrastructure, 60. dreadful, 61. frame, 62. carpool, 63. government, 64. invest, 65. antioxidant

66. the g__t of a claim *n.* the essence or main point of a text, speech, or situation
67. en_____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
68. wh_____nd of events *n.* a very strong wind that moves rapidly in circles and causes a lot of damage
69. men's un_____ar *n.* clothes worn next to the skin under outer clothes
70. an unexpected si__t *n.* the ability to see; anything that is seen
71. ind_____al freedom *n.* a single person or thing, as distinct from a group
72. foreign po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
73. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
74. barren of cr_____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
75. intensive agr_____re *n.* the practice or science of cultivating the land or raising stock
76. organic agr_____re *n.* the practice or science of cultivating the land or raising stock

ANSWERS: 66. gist, 67. encourage, 68. whirlwind, 69. underwear, 70. sight, 71. individual, 72. policy, 73. well-being, 74. creative, 75. agriculture, 76. agriculture

77. unn_____ry hassle *adj.* not needed or required; not essential or important
78. di__h my career *n.* a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
79. mi_____le weather *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
80. the em_____on of light *n.* the act of production or sending out gas, heat, light, etc.
81. centimeter-g__m-second system *n.* a metric unit of weight equal to one-thousandth of a kilogram
82. inf_____ion of the lungs *n.* a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury
83. ca____n dioxide *n.* a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
84. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
85. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state

ANSWERS: 77. unnecessary, 78. ditch, 79. miserable, 80. emission, 81. gram, 82. inflammation, 83. carbon, 84. function, 85. government

86. in_____ve care *adj.* involving a lot of work or activity in a short time
87. a_m to be a nurse *v.* to try or plan to get or achieve something
88. na_____ve poetry *n.* a story or a description of a series of events or process of telling a story
89. sa_____ce anything to get ahead *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
90. save the pl____t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
91. vi_____ly all countries *adv.* almost completely
92. vi_____n deficiency *n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
93. personal na_____ve *n.* a story or a description of a series of events or process of telling a story
94. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
95. act upon a ma__m *n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

ANSWERS: 86. intensive, 87. aim, 88. narrative, 89. sacrifice, 90. planet, 91. virtually, 92. vitamin, 93. narrative, 94. negative, 95. maxim

108. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
109. ca_____l lane *n.* a group of people who regularly travel together in one vehicle, typically to commute to work or school
110. h__k into the program *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
111. mi_____le experience *adj.* very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
112. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
113. e__t a gamma ray *v.* to give off or send out something such as light, heat, sound, gas, etc.
114. re_____t deeper into their territory *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
115. exotic plants in a gre_____se *n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
116. address ins_____nal constraints *adj.* of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.
117. flexible mi_____t *n.* the established set of attitudes or fixed ideas held by someone

ANSWERS: 108. emotion, 109. carpool, 110. hack, 111. miserable, 112. colleague, 113. emit, 114. retreat, 115. greenhouse, 116. institutional, 117. mindset

118. co____e chemically with another substance *v.* to join or merge to form a single thing or group
119. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
120. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
121. ri___e in the water *n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
122. establish au____my *n.* the right of an organization, country, or region to govern itself independently
123. health po___y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
124. get the g__t *n.* the essence or main point of a text, speech, or situation
125. attract br__d attention *adj.* very wide; general
126. raw food ve__n *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
127. former co____ue *n.* one of a group of a coworker, especially in a profession or a business

ANSWERS: 118. combine, 119. spot, 120. sham, 121. ripple, 122. autonomy, 123. policy, 124. gist, 125. broad, 126. vegan, 127. colleague

128. cal_____or app *n.* a small electronic device for making arithmetic calculations
129. a private ind_____al *n.* a single person or thing, as distinct from a group
130. D__t approval *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
131. travel bu___e *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
132. the mi_____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
133. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
134. a_m at a specific target *v.* to try or plan to get or achieve something
135. e__t air pollution *v.* to give off or send out something such as light, heat, sound, gas, etc.
136. the ba_____e of power *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
137. id_____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
138. un_____ar clothing *n.* clothes worn next to the skin under outer clothes

ANSWERS: 128. calculator, 129. individual, 130. diet, 131. bundle, 132. mindset, 133. encourage, 134. aim, 135. emit, 136. balance, 137. identify, 138. underwear

139. eat a vegetarian d__t *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
140. a tr____l man *adj.* of little value or importance
141. tr____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
142. r__p crops *v.* to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done
143. con_____te to society *v.* to give something, especially money or goods, to provide or achieve something together with other people
144. rich in vi_____n D *n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
145. co___r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
146. di_____ge the clutch *v.* to withdraw or separate oneself from a situation or relationship
147. co_____nt dispenser *n.* a substance or mixture of substances, such as spices, sauce, salt, or other seasonings, used to enhance the flavor of food

ANSWERS: 139. diet, 140. trivial, 141. trigger, 142. reap, 143. contribute, 144. vitamin, 145. confer, 146. disengage, 147. condiment

148. dr____ul news *adj.* very bad, unpleasant, or causing fear
149. the fr__e of the policy *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
150. em____y a spirit of charity *v.* to represent or exemplify something; to give tangible form to an abstract idea
151. co____ve question *adj.* tending to make something likely or possible
152. st____e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
153. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
154. ro____y speaking *adv.* approximately but not precisely; with a violent manner
155. new fa____n trends *n.* a style that is popular at a particular time or place; the state of being popular
156. for tr____l reasons *adj.* of little value or importance
157. str____al analyses *adj.* associated with the way on construction or organization of anything
158. a me____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
159. sa__r the taste *v.* to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor

ANSWERS: 148. dreadful, 149. frame, 150. embody, 151. conducive, 152. strike, 153. planet, 154. roughly, 155. fashion, 156. trivial, 157. structural, 158. medical, 159. savor

160. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
161. l__e change *n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver
162. ins_____nal bank *adj.* of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.
163. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
164. reduce inf_____ion and pain *n.* a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury
165. dull si__t *n.* the ability to see; anything that is seen
166. in_____te a conflict *v.* to initiate, start or incite something, often to cause trouble, conflict, or violence; to urge or stir someone to take a particular action or behavior
167. di_____ee about a particular issue *v.* to have or express a different opinion, idea, etc.
168. unn_____ry expense *adj.* not needed or required; not essential or important
169. r_t with age *v.* to decay, or cause something to decay, naturally and gradually

ANSWERS: 160. sham, 161. lane, 162. institutional, 163. brain, 164. inflammation, 165. sight, 166. instigate, 167. disagree, 168. unnecessary, 169. rot

170. ant_____nt behavior *n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
171. a hut made tem_____ly *adv.* for a limited time only or not permanently
172. analog cal_____or *n.* a small electronic device for making arithmetic calculations
173. agricultural di__h *n.* a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
174. first l__e *n.* a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver
175. en__t new legislation *v.* to make a law; to put something into practice
176. ad__t a child *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
177. in_____ve agriculture *adj.* involving a lot of work or activity in a short time
178. the price went up sub_____lly *adv.* to a great extent or degree
179. a j__n skirt *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
180. ur__n property owners *adj.* relating to or located in a town or city
181. postwar af_____ce *n.* an abundance of wealth, resources, or property; prosperity
182. me__y data *adj.* disorganized and untidy

ANSWERS: 170. antioxidant, 171. temporarily, 172. calculator, 173. ditch, 174. lane, 175. enact, 176. adopt, 177. intensive, 178. substantially, 179. jean, 180. urban, 181. affluence, 182. messy

183. economic wh_____nd *n.* a very strong wind that moves rapidly in circles and causes a lot of damage
184. re_____t a new hire *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
185. in_____ed habit *adj.* deeply rooted in someone's mind or behavior; difficult to change due to being established for a long time
186. equ_____nt amounts *n.* having the same value, quality, meaning, purpose, etc.
187. chronic sleep dep_____on *n.* a state of not having something, such as food or money, that you need for a pleasant life
188. r__p the benefits *v.* to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done
189. lar_____le project *adj.* involving many people or things and involving a lot of change or activity
190. co___r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
191. re__w its corporate image *v.* to begin or resume something again after an interruption
192. a ri___e of laughter *n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
193. spicy co_____nts *n.* a substance or mixture of substances, such as spices, sauce, salt, or other seasonings, used to enhance the flavor of food

ANSWERS: 183. whirlwind, 184. recruit, 185. ingrained, 186. equivalent, 187. deprivation, 188. reap, 189. large-scale, 190. confer, 191. renew, 192. ripple, 193. condiment

194. str_____al reorganization *adj.* associated with the way on construction or organization of anything
195. old ma__m *n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior
196. small sa_____ce for a great cause *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
197. dep_____on of liberty *n.* a state of not having something, such as food or money, that you need for a pleasant life
198. bu___e of papers *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
199. co_____e augmented reality *v.* to join or merge to form a single thing or group
200. re__w a contract *v.* to begin or resume something again after an interruption
201. material af_____ce *n.* an abundance of wealth, resources, or property; prosperity
202. develop a st_____gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
203. en__t the smoking ban *v.* to make a law; to put something into practice
204. global di_____er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life

ANSWERS: 194. structural, 195. maxim, 196. sacrifice, 197. deprivation, 198. bundle, 199. combine, 200. renew, 201. affluence, 202. strategy, 203. enact, 204. disaster

205. IT inf_____ure *n.* the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies
206. in_____te a discussion *v.* to initiate, start or incite something, often to cause trouble, conflict, or violence; to urge or stir someone to take a particular action or behavior
207. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
208. emissions of gre_____se gases *n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
209. po_____y farming *n.* domesticated birds kept by humans for their eggs, meat, or feathers
210. phy_____cal analysis *n.* a biologically active compound that occurs naturally in plants, capable of exhibiting therapeutic effects or health benefits in humans and animals
211. the illative fa_____y of the mind *n.* an inborn or natural ability to hear, see, think, move, etc.; a department or group of the university concerned with a major division of knowledge
212. global em_____ons of greenhouse gases *n.* the act of production or sending out gas, heat, light, etc.
213. ad__t a bill *v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own

ANSWERS: 205. infrastructure, 206. instigate, 207. brain, 208. greenhouse, 209. poultry, 210. phytochemical, 211. faculty, 212. emission, 213. adopt

214. mo____te growth *adj.* being within reasonable limits; not excessive or extreme
215. tem____ly suspend the production *adv.* for a limited time only or not permanently
216. r_p music *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
217. h__k through the jungle *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
218. sig____ng district *n.* the activity of visiting places of interest in a particular location or region as a tourist, often by walking or taking a guided tour
219. mo____te risk *adj.* being within reasonable limits; not excessive or extreme
220. equ____nt in meaning *n.* having the same value, quality, meaning, purpose, etc.
221. de____t settings *v.* to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

ANSWERS: 214. moderate, 215. temporarily, 216. rap, 217. hack, 218. sightseeing, 219. moderate, 220. equivalent, 221. default

222. can_____id receptor *n.* a class of chemical compounds found in cannabis plants that interact with the human body's endocannabinoid system, producing a range of biological effects, including pain relief, anti-inflammatory action, and mood alteration
223. asset on the company's ba_____e sheet *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
224. in_____ed prejudice *adj.* deeply rooted in someone's mind or behavior; difficult to change due to being established for a long time

ANSWERS: 222. cannabinoid, 223. balance, 224. ingrained

Session 3: Fill in the Blanks

1. Ketchup, mustard, and mayo are common _____ for burgers and sandwiches.
 - n.* a substance or mixture of substances, such as spices, sauce, salt, or other seasonings, used to enhance the flavor of food
2. The _____ handles multiple plot lines and has unpredictable ends.
 - n.* a story or a description of a series of events or process of telling a story
3. Her fear of dogs was _____ after a traumatic experience in childhood.
 - adj.* deeply rooted in someone's mind or behavior; difficult to change due to being established for a long time
4. The colonial government _____ militia support when civil war broke out.
 - v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
5. _____ C is important for immune system function and skin health.
 - n.* any of a group of organic compounds that are essential in small quantities to the diet and are present in natural foodstuffs or sometimes produced within the body
6. Trees absorb _____ dioxide and give off oxygen.
 - n.* a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
7. The _____ farm raised chickens and turkeys for meat and eggs.
 - n.* domesticated birds kept by humans for their eggs, meat, or feathers

ANSWERS: 1. condiments, 2. narrative, 3. ingrained, 4. recruited, 5. Vitamin, 6. carbon, 7. poultry

8. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
9. Many people go on a _____ to recharge and reconnect with themselves.
- n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
10. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
11. Please refrigerate the meat, or it will _____.
- v.* to decay, or cause something to decay, naturally and gradually
12. The data he prepared was completely _____.
- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
13. Fruits and vegetables are good sources of _____.
- n.* a substance that inhibits oxidation, especially one used to counteract the deterioration of stored food products
14. She wore her favorite pair of _____ to the party.
- n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
15. A suspension order from the court is effective _____.
- adv.* now or without delay

ANSWERS: 8. brain, 9. retreat, 10. environment, 11. rot, 12. sham, 13. antioxidants, 14. jeans, 15. immediately

16. Mercury is the closest _____ to the sun.

- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

17. The conditions of the prison were _____ and inhumane.

- adj.* very bad, unpleasant, or causing fear

18. This blog offers a variety of tips for _____ everyday life.

- v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

19. They _____ customers with a premium for loyal patronage.

- v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

20. The government should view children as national assets and actively _____ in them.

- v.* to put money, effort, time, etc. into something to make a profit or achieve a result

21. The leaders of the two countries met to _____ on the issue.

- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

22. I'm looking for a _____ buddy to share the drive to the conference.

- n.* a group of people who regularly travel together in one vehicle, typically to commute to work or school

23. Many businesses felt the _____ effect of the economy's decline.

- n.* a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

ANSWERS: 16. planet, 17. dreadful, 18. hacking, 19. encouraged, 20. invest, 21. confer, 22. carpool, 23. ripple

24. The movie has received almost universally _____ criticism.

adj. having the quality of something bad or harmful; expressing refusal

25. The new ____ album is getting a lot of attention.

n. a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

26. The new strategy will _____ the profitability of our company.

v. to increase or improve the quality, amount, or strength of someone or something

27. I always like to _____ a good cup of coffee in the morning.

v. to enjoy or appreciate something fully; to relish or delight in something delicious or enjoyable; to preserve or season with a savory flavor

28. The findings of the experiment were both _____ and unexpected.

adj. causing a lot of interest or excitement

29. We went _____ in Paris and saw all the famous landmarks.

n. the activity of visiting places of interest in a particular location or region as a tourist, often by walking or taking a guided tour

30. A good _____ is never out of season.

n. a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

31. Try to keep a _____ between work and off.

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

ANSWERS: 24. negative, 25. rap, 26. enhance, 27. savor, 28. exciting, 29. sightseeing, 30. maxim, 31. balance

32. The incident _____ a political controversy.
- v. to make something happen suddenly; to cause something such as a device, machine, etc. to function
33. You cannot accomplish great things without a _____ of your time or money.
- n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
34. _____ all the parties signed the contract.
- adv. almost completely
35. The protesters tried to _____ change and promote equality in their community.
- v. to initiate, start or incite something, often to cause trouble, conflict, or violence; to urge or stir someone to take a particular action or behavior
36. My _____ was overwhelming and complicated, but it was also exciting.
- n. a duty or task given to someone, usually as part of their job or studies
37. He _____ a significant profit from the listing of his company's stock.
- v. to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done
38. During the unloading, the container box _____ a clicking sound.
- v. to give off or send out something such as light, heat, sound, gas, etc.
39. Eating a diet rich in _____ may help to improve digestion and reduce the risk of digestive disorders.
- n. a biologically active compound that occurs naturally in plants, capable of exhibiting therapeutic effects or health benefits in humans and animals

ANSWERS: 32. triggered, 33. sacrifice, 34. Virtually, 35. instigate, 36. assignment, 37. reaped, 38. emits, 39. phytochemicals

40. Only a small number of _____ utilities offer sanitation services.

adj. relating to or located in a town or city

41. The medicine soothes the pain of chronic _____.

n. a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

42. We walked along a muddy _____ to reach the farm.

n. a narrow road in the countryside; a well-defined track or path for someone such as a swimmer or driver

43. There are five distinct _____ at five unique wavelengths.

n. the act of production or sending out gas, heat, light, etc.

44. The _____ diet is based on plant-based foods.

n. a person who does not eat or use any animal products, typically for ethical or environmental reasons

45. Government workers cannot _____ to political campaigns.

v. to give something, especially money or goods, to provide or achieve something together with other people

46. She felt _____ after her dog passed away.

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

47. I have to _____ my passport by the middle of September.

v. to begin or resume something again after an interruption

48. Some athletes take anabolic steroids to increase muscle size _____.

adv. for a limited time only or not permanently

ANSWERS: 40. urban, 41. inflammation, 42. lane, 43. emissions, 44. vegan, 45. contribute, 46. miserable, 47. renew, 48. temporarily

49. We _____ to achieve more wages and safer working conditions.
v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
50. The farmers used _____ to drain water from their fields.
n. a long, narrow, and shallow depression or channel that is dug into the ground; (verb) to throw away
51. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
52. I will introduce you to how to _____ the leading causes of the malfunction.
v. to recognize someone or something and say or prove who or what they are
53. Our plan includes a comprehensive marketing _____.
n. a detailed plan of action designed to achieve a long-term or overall goal.
54. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
55. The national assembly has _____ the budget.
v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own
56. He accumulated wealth across a _____ spectrum of assets.
adj. very wide; general
57. The _____ team worked quickly to save the patient's life.
adj. relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 49. strike, 50. ditches, 51. government, 52. identify, 53. strategy, 54. experiments, 55. adopted, 56. broad, 57. medical

58. The construction industry is labor _____ although it has been somewhat automated by introducing large machinery.
adj. involving a lot of work or activity in a short time
59. He _____ from the conversation and walked away.
v. to withdraw or separate oneself from a situation or relationship
60. This university's computer science _____ is world distinguished.
n. an inborn or natural ability to hear, see, think, move, etc.; a department or group of the university concerned with a major division of knowledge
61. The quiet and peaceful environment was _____ to concentration and productivity.
adj. tending to make something likely or possible
62. The European Central Bank is Europe's _____ of the Federal Reserve.
n. having the same value, quality, meaning, purpose, etc.
63. As an _____ he had the right to make his own decisions and live his life as he saw fit.
n. a single person or thing, as distinct from a group
64. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
65. It is a basic instinct to _____ from a dangerous situation.
v. to leave by running away, especially out of fear or danger
66. The detective looked for fingerprints on the window _____.
n. a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

ANSWERS: 58. intensive, 59. disengaged, 60. faculty, 61. conducive, 62. equivalent, 63. individual, 64. well-being, 65. flee, 66. frame

67. _____ is the foundation of our economy.

n. the practice or science of cultivating the land or raising stock

68. Five miles is _____ similar to eight kilometers.

adv. approximately but not precisely; with a violent manner

69. That style is no longer in _____.

n. a style that is popular at a particular time or place; the state of being popular

70. This remote _____ is rarely visited.

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

71. The company's new _____ on remote work has made it a more inclusive workplace.

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

72. We have to discuss the _____ reforms of our country.

adj. of, in, or relating to a large important organization, such as a university or bank; organized as or forming part of the standard systems, practices, etc.

73. How much is it per one hundred _____

n. a metric unit of weight equal to one-thousandth of a kilogram

74. The company is planning to make a _____ expansion of its factory.

adj. involving many people or things and involving a lot of change or activity

ANSWERS: 67. Agriculture, 68. roughly, 69. fashion, 70. spot, 71. policy, 72. institutional, 73. grams?, 74. large-scale

75. We went on a _____ visit to the sightseeing spot.

n. a very strong wind that moves rapidly in circles and causes a lot of damage

76. A balanced _____ is more important for health than supplements.

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

77. The earthquake resulted in significant _____ destruction.

adj. associated with the way on construction or organization of anything

78. Demonstrators strongly demanded immediate _____ for their country.

n. the right of an organization, country, or region to govern itself independently

79. The brain is an incredibly complex organ that controls the body's _____.

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

80. I tied up the _____ of newspapers and took them to the recycling center.

n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

81. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

82. His _____ bedroom is always a source of frustration for his mother.

adj. disorganized and untidy

ANSWERS: 75. whirlwind, 76. diet, 77. structural, 78. autonomy, 79. function, 80. bundle, 81. creative, 82. messy

83. The problem seemed _____ initially, but it became a significant issue.

adj. of little value or importance

84. Many famous _____ are within walking distance.

n. the ability to see; anything that is seen

85. We _____ taking media training every six months.

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

86. Aging societies tend to require huge costs for _____ maintenance.

n. the basic systems, services, or features that are necessary for an organization or country, such as transport and power supplies

87. I decided to seek counseling on the advice of my _____.

n. one of a group of a coworker, especially in a profession or a business

88. The proportion of female engineers has _____ increased.

adv. to a great extent or degree

89. Winning the lottery brought a feeling of _____ to the lucky winner.

n. a feeling of intense happiness, excitement, or delight; a state of extreme joy or pleasure

90. The company's new products _____ the values of innovation and sustainability.

v. to represent or exemplify something; to give tangible form to an abstract idea

91. The extra steps in the process were deemed _____ and removed to streamline production.

adj. not needed or required; not essential or important

ANSWERS: 83. trivial, 84. sights, 85. recommend, 86. infrastructure, 87. colleague, 88. substantially, 89. euphoria, 90. embody, 91. unnecessary

92. He had a _____ understanding of the topic but needed further research.

adj. being within reasonable limits; not excessive or extreme

93. I want to buy new winter _____ because mine have holes in them.

n. clothes worn next to the skin under outer clothes

94. If you don't specify a different option, the computer will _____ to its original settings.

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

95. I _____ for reasons already stated above.

v. to have or express a different opinion, idea, etc.

96. The _____ effect is a phenomenon that happens naturally.

n. a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

97. The _____ response team worked around the clock to aid those affected by the earthquake.

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

98. Hydrogen and oxygen _____ to form water.

v. to join or merge to form a single thing or group

ANSWERS: 92. moderate, 93. underwear, 94. default, 95. disagree, 96. greenhouse, 97. disaster, 98. combine

99. She left the _____ door open inadvertently.

n. a piece of electrical equipment in which food can be stored at low temperatures so that it stays fresh

100. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.

n. the established set of attitudes or fixed ideas held by someone

101. Losing him is great _____ to our team.

n. a state of not having something, such as food or money, that you need for a pleasant life

102. The treatments were done but, _____ were unsuccessful.

adv. by bad luck; unluckily

103. We ____ for an overseas expansion.

v. to try or plan to get or achieve something

104. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

105. The ____ of the article was that technology is rapidly changing our world.

n. the essence or main point of a text, speech, or situation

106. I left my alpha _____ at home, so I had to borrow one from a classmate to finish my math homework.

n. a small electronic device for making arithmetic calculations

ANSWERS: 99. fridge, 100. mindset, 101. deprivation, 102. unfortunately, 103. aim, 104. emotions, 105. gist, 106. calculator

107. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

108. The government _____ this law in 1925.

v. to make a law; to put something into practice

109. I have a parrot as a _____.

n. an animal that you have at home as a companion and treated kindly

110. She lived a life of _____ with all the money and possessions she could ever want.

n. an abundance of wealth, resources, or property; prosperity

111. _____ and weather have an impact on every part of our lifestyles.

n. the weather in a particular location averaged over some long period

112. Some researchers believe manipulating _____ levels in the body could offer therapeutic benefits.

n. a class of chemical compounds found in cannabis plants that interact with the human body's endocannabinoid system, producing a range of biological effects, including pain relief, anti-inflammatory action, and mood alteration

ANSWERS: 107. guilty, 108. enacted, 109. pet, 110. affluence, 111. Climate, 112. cannabinoid