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Vocabulary Builder Reference from...

Mona Chalabi: How long does it take to get over a breakup? | TED Talk

https://www.ted.com/talks/mona_chalabi_how_long_does_it_take_to_get_over_a_breakup

Advanced Words Only

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Session 1: Word List

breakup

n. the end of a relationship between persons or nations; the separation of something into several pieces or sections

synonym: breakdown, divorce, separation

(1) a **breakup** hug, (2) air **breakup**

He got over the big **breakup** with his wife.

tout

v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

synonym: promote, advertise, publicize

(1) **tout** products, (2) **tout** services

The travel agency is trying to **tout** their new tour packages to attract more customers.

depress

v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active

synonym: sadden, discourage, deflate

(1) **depress** their spirits, (2) **depress** crop prices

The economic recession **depressed** the housing market.

swipe

v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

synonym : flick, brush, pinch

(1) **swipe** a card, (2) **swipe** left on a dating app

He tried to **swipe** the phone from my hand, but I held on tight.

app

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym : application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay the **app's** release.

drastic

adj. radical and extreme; likely to have a significant or far-reaching impact

synonym : extreme, fierce, radical

(1) **drastic** measures, (2) make **drastic** revision

The global community is undergoing **drastic** changes at present.

misrepresent

v. to present a false or misleading interpretation or impression of something or someone

synonym : distort, misinterpret, falsify

(1) **misrepresent** a company's policies, (2) **misrepresent** the situation

The article **misrepresents** the true intentions of the author's argument.

aftereffect

n. a consequence or result that follows after an event, experience, or action, sometimes with a delayed onset, often used to describe the lingering impact of traumatic experiences or medical treatments

synonym : consequence, aftermath, outcome

(1) **aftereffect** of an earthquake, (2) **aftereffect** of a drug

I still experience **aftereffects** from the car accident I was in last year.

anecdotal

adj. based on personal accounts or stories that may not be verifiable or representative of a larger population; characterized by anecdotes or casual observations rather than scientific data or empirical evidence

synonym: hearsay, informal, unreliable

(1) **anecdotal** evidence, (2) **anecdotal** example

My friend shared an **anecdotal** story about her experience in customer service.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym: preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

zen

n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

synonym: meditative, peaceful, tranquil

(1) **zen** garden, (2) **zen** meditation

Daily yoga helped her achieve a **zen** state of mind and calmness.

muse

n. a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists

synonym: source of inspiration, minstrel, versifier

(1) **muse** inspiration, (2) creative **muse**

She gazed out the window, deep in thought, as if waiting for her **muse** to strike.

reconnect

v. to connect again after a break or interruption

synonym: reopen, rejoin, link up

(1) **reconnect** a telephone, (2) **reconnect** with family

After a long period of estrangement, they **reconnected** with each other.

unpack

v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

synonym: dissect, unwrap, unbox

(1) **unpack** a crate, (2) **unpack** a concept

I need to **unpack** my suitcase and put my clothes away.

Session 2: Spelling

1. z_n garden
n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
2. aft_____ct of a drug
n. a consequence or result that follows after an event, experience, or action, sometimes with a delayed onset, often used to describe the lingering impact of traumatic experiences or medical treatments
3. un___k a crate
v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
4. dr_____c measures
adj. radical and extreme; likely to have a significant or far-reaching impact
5. re_____ct with family
v. to connect again after a break or interruption
6. t__t products
v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

ANSWERS: 1. zen, 2. aftereffect, 3. unpack, 4. drastic, 5. reconnect, 6. tout

7. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
8. m__e inspiration *n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
9. make dr_____c revision *adj.* radical and extreme; likely to have a significant or far-reaching impact
10. mis_____ent a company's policies *v.* to present a false or misleading interpretation or impression of something or someone
11. air br_____p *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
12. aft_____ct of an earthquake *n.* a consequence or result that follows after an event, experience, or action, sometimes with a delayed onset, often used to describe the lingering impact of traumatic experiences or medical treatments
13. mis_____ent the situation *v.* to present a false or misleading interpretation or impression of something or someone
14. re_____ct a telephone *v.* to connect again after a break or interruption
15. sw__e left on a dating app *v.* to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

ANSWERS: 7. distracted, 8. muse, 9. drastic, 10. misrepresent, 11. breakup, 12. aftereffect, 13. misrepresent, 14. reconnect, 15. swipe

16. di____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
17. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
18. t__t services *v.* to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation
19. di____ct public opinion *v.* to draw someone's attention away from what they are trying to do
20. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
21. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
22. de____s their spirits *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
23. an_____al example *adj.* based on personal accounts or stories that may not be verifiable or representative of a larger population; characterized by anecdotes or casual observations rather than scientific data or empirical evidence

ANSWERS: 16. distract, 17. app, 18. tout, 19. distract, 20. distracted, 21. app, 22. depress, 23. anecdotal

24. un___k a concept *v.* to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better
25. creative m___e *n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
26. a br____p hug *n.* the end of a relationship between persons or nations; the separation of something into several pieces or sections
27. z_n meditation *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
28. de____s crop prices *v.* to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
29. an____al evidence *adj.* based on personal accounts or stories that may not be verifiable or representative of a larger population; characterized by anecdotes or casual observations rather than scientific data or empirical evidence

ANSWERS: 24. unpack, 25. muse, 26. breakup, 27. zen, 28. depress, 29. anecdotal

30. sw__e a card

v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort

ANSWERS: 30. swipe

Session 3: Fill in the Blanks

1. I still experience _____ from the car accident I was in last year.
n. a consequence or result that follows after an event, experience, or action, sometimes with a delayed onset, often used to describe the lingering impact of traumatic experiences or medical treatments
2. The global community is undergoing _____ changes at present.
adj. radical and extreme; likely to have a significant or far-reaching impact
3. Daily yoga helped her achieve a ____ state of mind and calmness.
n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
4. The travel agency is trying to _____ their new tour packages to attract more customers.
v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation
5. I was so _____ by my phone that I nearly walked into a lamppost.
adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
6. He got over the big _____ with his wife.
n. the end of a relationship between persons or nations; the separation of something into several pieces or sections

ANSWERS: 1. aftereffects, 2. drastic, 3. zen, 4. tout, 5. distracted, 6. breakup

7. After a long period of estrangement, they _____ with each other.
v. to connect again after a break or interruption
8. She gazed out the window, deep in thought, as if waiting for her _____ to strike.
n. a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
9. The discovery of a critical bug caused the company to delay the _____ release.
n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
10. My friend shared an _____ story about her experience in customer service.
adj. based on personal accounts or stories that may not be verifiable or representative of a larger population; characterized by anecdotes or casual observations rather than scientific data or empirical evidence
11. The article _____ the true intentions of the author's argument.
v. to present a false or misleading interpretation or impression of something or someone
12. He tried to _____ the phone from my hand, but I held on tight.
v. to strike, hit, or slap with a sweeping motion; to pass a magnetic stripe or barcode through a scanner to read data; to steal or take something quickly and with little effort
13. The economic recession _____ the housing market.
v. to make someone feel sad, low in spirits, or without hope; to make markets, businesses, etc., less active
14. I need to _____ my suitcase and put my clothes away.
v. to open and remove stored items from a container or package; to analyze or examine something in detail, often to clarify or understand it better

ANSWERS: 7. reconnected, 8. muse, 9. app's, 10. anecdotal, 11. misrepresents, 12. swipe, 13. depressed, 14. unpack

15. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

ANSWERS: 15. distract