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Vocabulary Builder Reference from...

Angela Garbes: What working parents really need from workplaces | TED Talk

https://www.ted.com/talks/angela_garbes_what_working_parents_really_need_from_workplaces

Advanced Words Only

IMPORTANT

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Session 1: Word List

excrement

n. the waste matter discharged from the body, particularly that which is evacuated through the bowels or urinary tract

synonym : waste, feces, dung

(1) animal **excrement**, (2) human **excrement**

As a dog owner, cleaning up your pet's **excrement** is responsible.

oatmeal

n. a type of cereal made from oats that have been ground or steel-cut

synonym : porridge, grits, meal

(1) **oatmeal** cookies, (2) **oatmeal** breakfast

I love starting my day with a bowl of warm **oatmeal** and fresh fruit.

outsource

v. to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure

synonym : delegate, contract out, farm out

(1) **outsource** a non-core function, (2) **outsource** to India

The company decided to **outsource** its IT services to a third-party provider.

industrialize

v. to organize the production of something into an industry
synonym : motorize

(1) **industrialize** service, (2) **industrialized** textile production

The nations of South East Asia will quickly **industrialize** and catch up with the West.

envy

v. to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success

synonym : covet, resent, grudge

(1) **envy** his success, (2) feeling **envy** toward him

I can't help but **envy** my friend's ability to stay calm in stressful situations.

paternity

n. the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father

synonym : fatherhood, fathering, parenthood

(1) **paternity** suit, (2) **paternity** test

The **paternity** leave policy at his workplace allowed him to take time off to bond with his new baby

disempower

v. to deprive of power, authority, or influence, to make someone or something less powerful or effective

synonym : disenfranchise, weaken, undermine

(1) **disempower** the employees, (2) **disempower** the opposition

The politician's efforts to **disempower** marginalized communities were met with widespread criticism.

discotheque

n. a nightclub or restaurant where recorded music is played, and people dance

synonym : nightclub, dance club, disco

(1) **discotheque** party, (2) **discotheque** scene

He couldn't wait to hit the **discotheque** and dance the night away.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

breastfeeding

n. the act of feeding a baby with milk produced by the mother's breasts

synonym: nursing, lactation, suckling

(1) **breastfeeding** mother, (2) **breastfeeding** support

Getting the hang of **breastfeeding** at first can be challenging, but with patience and practice, it gets easier.

petrify

v. to turn to stone; to make hard and unyielding

synonym: fossilize, mineralize, calcify

(1) **petrify** with fear, (2) **petrify** into stone

The thought of public speaking will **petrify** her.

Session 2: Spelling

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|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. dis_____ue scene | <i>n.</i> a nightclub or restaurant where recorded music is played, and people dance |
| 2. pe_____y into stone | <i>v.</i> to turn to stone; to make hard and unyielding |
| 3. ind_____ized textile production | <i>v.</i> to organize the production of something into an industry |
| 4. bre_____ing support | <i>n.</i> the act of feeding a baby with milk produced by the mother's breasts |
| 5. ou_____ce to India | <i>v.</i> to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure |
| 6. bre_____ing mother | <i>n.</i> the act of feeding a baby with milk produced by the mother's breasts |
| 7. dis_____ue party | <i>n.</i> a nightclub or restaurant where recorded music is played, and people dance |
| 8. argue with a co_____er | <i>n.</i> a person who works with another in the same company or organization |
| 9. feeling e__y toward him | <i>v.</i> to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success |

ANSWERS: 1. discotheque, 2. petrify, 3. industrialize, 4. breastfeeding, 5. outsource, 6. breastfeeding, 7. discotheque, 8. coworker, 9. envy

10. oa_____l breakfast *n.* a type of cereal made from oats that have been ground or steel-cut
11. ou_____ce a non-core function *v.* to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure
12. pa_____ty test *n.* the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father
13. pa_____ty suit *n.* the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father
14. e__y his success *v.* to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success
15. dis_____er the employees *v.* to deprive of power, authority, or influence, to make someone or something less powerful or effective
16. dis_____er the opposition *v.* to deprive of power, authority, or influence, to make someone or something less powerful or effective
17. human ex_____nt *n.* the waste matter discharged from the body, particularly that which is evacuated through the bowels or urinary tract

ANSWERS: 10. oatmeal, 11. outsource, 12. paternity, 13. paternity, 14. envy, 15. disempower, 16. disempower, 17. excrement

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|---------------------------|-----------|---------------------------------------------------------------------------------------------------------------------|
| 18. pe____y with fear | <i>v.</i> | to turn to stone; to make hard and unyielding |
| 19. co____er relationship | <i>n.</i> | a person who works with another in the same company or organization |
| 20. animal ex_____nt | <i>n.</i> | the waste matter discharged from the body, particularly that which is evacuated through the bowels or urinary tract |
| 21. ind_____ize service | <i>v.</i> | to organize the production of something into an industry |
| 22. oa_____l cookies | <i>n.</i> | a type of cereal made from oats that have been ground or steel-cut |

ANSWERS: 18. petrify, 19. coworker, 20. excrement, 21. industrialize, 22. oatmeal

Session 3: Fill in the Blanks

1. The politician's efforts to _____ marginalized communities were met with widespread criticism.
 - v. to deprive of power, authority, or influence, to make someone or something less powerful or effective
2. The thought of public speaking will _____ her.
 - v. to turn to stone; to make hard and unyielding
3. Getting the hang of _____ at first can be challenging, but with patience and practice, it gets easier.
 - n. the act of feeding a baby with milk produced by the mother's breasts
4. The _____ leave policy at his workplace allowed him to take time off to bond with his new baby.
 - n. the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father
5. I can't help but _____ my friend's ability to stay calm in stressful situations.
 - v. to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success
6. My ex-_____ and I had different working styles but managed to get along.
 - n. a person who works with another in the same company or organization
7. As a dog owner, cleaning up your pet's _____ is responsible.
 - n. the waste matter discharged from the body, particularly that which is evacuated through the bowels or urinary tract

ANSWERS: 1. disempower, 2. petrify, 3. breastfeeding, 4. paternity, 5. envy, 6. coworker, 7. excrement

8. The company decided to _____ its IT services to a third-party provider.
- v. to contract out or transfer a job, task, or service to an external organization or party, often as a cost-saving measure
9. The nations of South East Asia will quickly _____ and catch up with the West.
- v. to organize the production of something into an industry
10. I love starting my day with a bowl of warm _____ and fresh fruit.
- n. a type of cereal made from oats that have been ground or steel-cut
11. He couldn't wait to hit the _____ and dance the night away.
- n. a nightclub or restaurant where recorded music is played, and people dance

ANSWERS: 8. outsource, 9. industrialize, 10. oatmeal, 11. discotheque