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Vocabulary Builder Reference from...

Anna Malaika Tubbs: The critical role of Black mothers -- and how to support all moms | TED Talk https://www.ted.com/talks/anna_malaika_tubbs_the_c ritical_role_of_black_mothers_and_how_to_support_ all_moms



Advanced Words Only

IMPORTANT

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Session 1: Word List

symbolize	 v. to represent or stand for something else, particularly an abstract concept or idea; to be an emblem or sign of something synonym: represent, signify, emblemize
	(1) symbolize hope, (2) symbolize freedom
	In many cultures, the color white symbolizes purity and innocence.
lovingly	 adv. in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love synonym: fondly, affectionately
	(1) lovingly crafted, (2) lovingly prepared
	She looked at him lovingly and knew he was the one for her.
uncover	 v. to remove the cover from something; to discover something previously unseen or hidden synonym: disclose, reveal, unveil
	 (1) uncover a potential problem, (2) uncover the truth He continued his investigation and soon uncovered another crime.

infuriate	 v. to make extremely angry, incite to rage, provoke intense anger or exasperation synonym: enrage, ire, provoke 		
	(1) infuriate customers, (2) infuriate employees		
	His rude behavior infuriated many people at the party.		
lineage	<i>n.</i> the ancestry of a person, group, or species <i>synonym</i> : ancestry, descent, heritage		
	(1) maternal lineage , (2) lineage tree		
	Scientists traced the lineage of the species back millions of		
	years by studying fossils.		
oppress	 v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people synonym: antagonize, distress, burden 		
	(1) oppress the minority, (2) oppress the people with force		
	Historically, many countries have often oppressed certain religions to gain the support of the majority of the population.		
reckon	v. to think or believe somethingsynonym: regard, imagine, suppose		
	(1) hard to reckon , (2) reckon the company as a rival		
	He reckons that corruption was rampant in the regime.		
moth	<i>n.</i> an insect with wings similar to a butterfly that travels at night and is attracted to light		
	(1) moth larva, (2) moth attracted to the light		
	The moth is a serious threat to the farm's output.		
unappreciated	adj. not adequately valued or acknowledged		
	<pre>synonym: unvalued, undervalued, unrecognized</pre>		
	(1) an unappreciated genius, (2) unappreciated effort		
	She felt unappreciated for all the hard work she had put in.		

unseen	<i>adj.</i> not seen or noticed; not perceived <i>synonym</i> : invisible, hidden, undercover	
	(1) unseen danger, (2) an unseen force	
	The consequences of the pandemic remain unseen as	
	scientists continue to research the virus.	
embarrass	<i>v.</i> to cause someone to feel awkward, worried, or ashamed <i>synonym</i> : disconcert, unsettle, agitate	
	(1) embarrass political enemy, (2) embarrass my project	
	He looked for an opportunity to embarrass that actor in public.	
devalue	<i>v.</i> to reduce the value or worth of something <i>synonym</i> : diminish, depreciate, reduce	
	(1) devalue the pound, (2) devalue a brand	
	Her negative comments about the project only devalued the	
	team's efforts.	
exacerbate	<i>v.</i> to make a situation, problem, or feeling worse <i>synonym</i> : worsen, aggravate, escalate	
	(1) exacerbate the situation, (2) exacerbate symptoms	
	The heat wave exacerbated the drought conditions.	
alarming	 adj. causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing synonym: forbidding, concerning, disturbing 	
	(1) alarming news, (2) alarming statistics	
	The sudden rise in crime rates in our neighborhood is quite	
	alarming.	
pandemic	<i>n.</i> an outbreak of a disease that affects many people over a very wide area	
	synonym: outbreak	
	(1) flu pandemic , (2) global pandemic	
	They fear a pandemic of a new type of virus.	

ripple	 <i>n</i>. a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind <i>synonym</i>: wave, undulation, fluctuation
	(1) a ripple of laughter, (2) ripple in the water
	Many businesses felt the ripple effect of the economy's decline.
matriarch	 a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
	synonym: leader, head, founder
	(1) ruled by a matriarch, (2) matriarch figure
	The matriarch of the family was known for her wisdom and guidance.
incarceration	<i>n.</i> the state of being confined in prison or jail <i>synonym</i> : confinement, imprisonment, detention
	(1) mass incarceration, (2) incarceration rates
	The judge sentenced him to five years of incarceration for
	embezzlement.
promiscuous	<i>adj.</i> having casual sexual relations frequently with different partners; indiscriminate in the choice of sexual partners; not selective of a single class or person <i>synonym</i> : indiscriminate, loose, promiscuous
	(1) promiscuous bathing, (2) promiscuous lifestyle
	He was known for his promiscuous behavior.
humanize	 v. to make something or someone more humane or compassionate; to make something more relatable or understandable to humans synonym: civilize, personalize
	(1) humanize my pet, (2) humanize a room
	The charity event aims to humanize the homeless rather than treat them as mere statistics.

misrepresent	 v. to present a false or misleading interpretation or impression of something or someone synonym: distort, misinterpret, falsify 		
	(1) misrepresent a company's policies, (2) misrepresent the situation		
	The article misrepresents the true intentions of the author's argument.		
kudos	 <i>n.</i> praise, honor, or recognition for an achievement or accomplishment <i>synonym</i>: acclaim, praise, congratulations 		
	(1) gain kudos , (2) kudos to the team		
	She received kudos from her boss for her exceptional work on the project.		
snippet	<i>n.</i> a small piece or brief extract of something <i>synonym</i> : fragment, excerpt, brief		
	(1) snippet of wisdom, (2) code snippet		
	The journalist saved a snippet of the interview for later		
	reference.		
selfless	 adj. concerned more with the needs and desires of others than with one's own; unselfish; altruistic synonym: unselfish, altruistic, generous 		
	(1) selfless act, (2) selfless devotion		
	Her selfless dedication to the community earned her a		
	prestigious award.		
caretaker	<i>n</i> . a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away		
	synonym: custodian, caregiver		
	(1) welfare caretaker , (2) the role of caretaker		
	He acted as a caretaker until a new president was elected.		

reiterate	 v. to repeat something, typically for emphasis or clarity; to say or do something again and again synonym: repeat, iterate, restate
	(1) reiterate a point, (2) reiterate their commitment
	I need to reiterate the importance of submitting your report
	by the deadline.
vigilant	<i>adj.</i> keeping careful watch for possible danger or difficulties <i>synonym</i> : watchful, attentive, alert
	(1) vigilant watch, (2) vigilant about hand-washing
	The guards had to remain vigilant to ensure the safety of the high-security facility.
grieve	 v. to feel or show great sadness or sorrow, especially for someone who has died
	synonym: mourn, lament, sorrow
	(1) grieve for loss, (2) grieve at the sad news
	She grieved the loss of her parents.
stepfather	<i>n.</i> a man who is married to one's mother but is not one's biological father
	synonym: stepdad, father figure, dad-in-law
	(1) supportive stepfather , (2) stepfather role
	I didn't get along with my stepfather when I was young, but now we're like best friends.
harass	 v. to annoy, torment, or pester persistently; to subject someone to repeated or chronic attacks or unwelcome attention
	synonym: pester, annoy, bother
	(1) harass the enemy, (2) harass with constant criticism
	She was constantly harassed by her ex-boyfriend and had to get a restraining order.
institutionalize	 v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.) synonym: formalize, establish, regularize

 (1) institutionalize a system, (2) institutionalize customary laws The new policy aims to institutionalize the use of renewable energy sources.
 <i>n.</i> the state, condition, or position of being superior to all others in authority, power, or status <i>synonym</i>: dominance, superiority, preeminence (1) a race for supremacy, (2) supremacy of a country
The empire's military power ensured its supremacy over the neighboring states.
 <i>n</i>. a severe decline in cognitive function, especially memory, as a result of disease or injury <i>synonym</i>: cognitive decline, memory loss, Alzheimer's disease (1) dementia patients, (2) probably have dementia
The study found that regular exercise can help to prevent the onset of dementia in older age.
<i>v.</i> to interpret or understand something in the wrong way <i>synonym</i> : misinterpret, misperceive, misapprehend
(1) misunderstand each other, (2) misunderstand entirely about her
You should not misunderstand the meaning of freedom.
 <i>n</i>. a person who tends to expect the best in all things and to be hopeful and confident about the future <i>synonym</i>: positive thinker, dreamer, idealist
(1) optimist by nature, (2) excessive optimist
She is a confident optimist who always looks on the bright side.
 <i>n</i>. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation <i>synonym</i>: positiveness, sanguinity, bullishness

	(1) sense of optimism , (2) political optimism		
	There is considerable optimism that the economy will		
	recover soon.		
envision	 v. to imagine or expect what a situation will be like in the future synonym: anticipate, foresee, picture 		
	(1) envision the future, (2) envision the project's success		
	We cannot envision her as President.		
disrespect	 <i>n</i>. an expression of lack of regard or contempt for someone or something <i>synonym</i>: impoliteness, rudeness, insult 		
	(1) mean no disrespect, (2) disrespect for a customer		
	His disrespectful behavior towards his elders earned him a		
	stern warning from his parents.		
provoke	 v. to stimulate or give rise to a particular reaction or have a particular effect synonym: stimulate, incite, encourage 		
	(1) provoke a disease, (2) provoke a reaction		
	Her behavior provoked a quarrel between the couple.		

Session 2: Spelling

1.	inte employees	<i>v</i> .	to make extremely angry, incite to rage, provoke intense anger or exasperation
2.	exate the situation	v.	to make a situation, problem, or feeling worse
3.	alng statistics	adj.	causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
4.	supportive steer	n.	a man who is married to one's mother but is not one's biological father
5.	syze hope	v.	to represent or stand for something else, particularly an abstract concept or idea; to be an emblem or sign of something
6.	sense of opsm	n.	a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
7.	snt of wisdom	n.	a small piece or brief extract of something
8.	mass incion	n.	the state of being confined in prison or jail
9.	exate symptoms	v.	to make a situation, problem, or feeling worse
10.	has with constant criticism	v.	to annoy, torment, or pester persistently; to subject someone to repeated or chronic attacks or unwelcome attention

ANSWERS: 1. infuriate, 2. exacerbate, 3. alarming, 4. stepfather, 5. symbolize, 6. optimism, 7. snippet, 8. incarceration, 9. exacerbate, 10. harass

11. gain kus	n.	praise, honor, or recognition for an achievement or accomplishment
12. insize a system	v.	to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
13. emss my project	ν.	to cause someone to feel awkward, worried, or ashamed
14. lie tree	n.	the ancestry of a person, group, or species
15. sess act	adj.	concerned more with the needs and desires of others than with one's own; unselfish; altruistic
16. unn danger	adj.	not seen or noticed; not perceived
17. steer role	n.	a man who is married to one's mother but is not one's biological father
18. an unated genius	adj.	not adequately valued or acknowledged
19. gre at the sad news	ν.	to feel or show great sadness or sorrow, especially for someone who has died
20. prous lifestyle	adj.	having casual sexual relations frequently with different partners; indiscriminate in the choice of sexual partners; not selective of a single class or person
21. global paic	n.	an outbreak of a disease that affects many people over a very wide area
22. unr the truth	v.	to remove the cover from something; to discover something previously unseen or hidden

ANSWERS: 11. kudos, 12. institutionalize, 13. embarrass, 14. lineage, 15. selfless, 16. unseen, 17. stepfather, 18. unappreciated, 19. grieve, 20. promiscuous, 21. pandemic, 22. uncover

23. code snt	n.	a small piece or brief extract of something
24. alng news	adj.	causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
25. hard to ren	<i>v</i> .	to think or believe something
26. disct for a customer	n.	an expression of lack of regard or contempt for someone or something
27. enon the project's success	v.	to imagine or expect what a situation will be like in the future
28. a rie of laughter	n.	a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
29. inte customers	v.	to make extremely angry, incite to rage, provoke intense anger or exasperation
30. prous bathing	adj.	having casual sexual relations frequently with different partners; indiscriminate in the choice of sexual partners; not selective of a single class or person
31. rete their commitment	v.	to repeat something, typically for emphasis or clarity; to say or do something again and again
32. mh attracted to the light	n.	an insect with wings similar to a butterfly that travels at night and is attracted to light
33. deia patients	n.	a severe decline in cognitive function, especially memory, as a result of disease or injury

ANSWERS: 23. snippet, 24. alarming, 25. reckon, 26. disrespect, 27. envision, 28. ripple, 29. infuriate, 30. promiscuous, 31. reiterate, 32. moth, 33. dementia

34. huze a room	v.	to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
35. maternal lie	n.	the ancestry of a person, group, or species
36. ops the minority	ν.	to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
37. pre a disease	ν.	to stimulate or give rise to a particular reaction or have a particular effect
38. misent the situation	v.	to present a false or misleading interpretation or impression of something or someone
39. incion rates	n.	the state of being confined in prison or jail
40. huze my pet	ν.	to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
41. the role of caer	n.	a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
42. political opsm	n.	a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

ANSWERS: 34. humanize, 35. lineage, 36. oppress, 37. provoke, 38. misrepresent, 39. incarceration, 40. humanize, 41. caretaker, 42. optimism

43. loly prepared	adv.	in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love
44. loly crafted	adv.	in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love
45. an unn force	adj.	not seen or noticed; not perceived
46. ops the people with force	v.	to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
47. mach figure	n.	a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
48. opst by nature	n.	a person who tends to expect the best in all things and to be hopeful and confident about the future
49. unr a potential problem	v.	to remove the cover from something; to discover something previously unseen or hidden
50. unated effort	adj.	not adequately valued or acknowledged
51. welfare caer	n.	a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
52. probably have deia	n.	a severe decline in cognitive function, especially memory, as a result of disease or injury

ANSWERS: 43. lovingly, 44. lovingly, 45. unseen, 46. oppress, 47. matriarch, 48. optimist, 49. uncover, 50. unappreciated, 51. caretaker, 52. dementia

53	3. enon the future	<i>v</i> .	to imagine or expect what a situation will be like in the future
54	4. pre a reaction	v.	to stimulate or give rise to a particular reaction or have a particular effect
55	5. ren the company as a rival	v.	to think or believe something
56	6. flu paic	n.	an outbreak of a disease that affects many people over a very wide area
57	7. misand each other	<i>v</i> .	to interpret or understand something in the wrong way
58	 sess devotion 	adj.	concerned more with the needs and desires of others than with one's own; unselfish; altruistic
59	9. emss political enemy	v.	to cause someone to feel awkward, worried, or ashamed
60	0. m_h larva	n.	an insect with wings similar to a butterfly that travels at night and is attracted to light
6-	1. rete a point	v.	to repeat something, typically for emphasis or clarity; to say or do something again and again
62	2. kus to the team	n.	praise, honor, or recognition for an achievement or accomplishment
63	3. gre for loss	v.	to feel or show great sadness or sorrow, especially for someone who has died
64	4. dee the pound	v.	to reduce the value or worth of something
65	5. rie in the water	n.	a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

ANSWERS: 53. envision, 54. provoke, 55. reckon, 56. pandemic, 57. misunderstand, 58. selfless, 59. embarrass, 60. moth, 61. reiterate, 62. kudos, 63. grieve, 64. devalue, 65. ripple

66. mean no disct	n.	an expression of lack of regard or contempt for someone or something
67. ruled by a mach	n.	a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
68. has the enemy	v.	to annoy, torment, or pester persistently; to subject someone to repeated or chronic attacks or unwelcome attention
69. a race for sucy	n.	the state, condition, or position of being superior to all others in authority, power, or status
70. misent a company's policies	v.	to present a false or misleading interpretation or impression of something or someone
71. sucy of a country	n.	the state, condition, or position of being superior to all others in authority, power, or status
72. vint watch	adj.	keeping careful watch for possible danger or difficulties
73. syze freedom	v.	to represent or stand for something else, particularly an abstract concept or idea; to be an emblem or sign of something
74. dee a brand	v.	to reduce the value or worth of something
75. vint about hand-washing	adj.	keeping careful watch for possible danger or difficulties
76. insize customary laws	v.	to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

ANSWERS: 66. disrespect, 67. matriarch, 68. harass, 69. supremacy, 70. misrepresent, 71. supremacy, 72. vigilant, 73. symbolize, 74. devalue, 75. vigilant, 76. institutionalize

77. excessive op____st *n.* a person who tends to expect the best in all things and to be hopeful and confident about the future
78. mis_____and entirely about her *v.* to interpret or understand something in the wrong way

ANSWERS: 77. optimist, 78. misunderstand

Session 3: Fill in the Blanks

- 1. Her negative comments about the project only _____ the team's efforts.
- *v.* to reduce the value or worth of something
- I didn't get along with my _____ when I was young, but now we're like best friends.
- *n.* a man who is married to one's mother but is not one's biological father
- 3. His rude behavior _____ many people at the party.
- *v.* to make extremely angry, incite to rage, provoke intense anger or exasperation
- 4. She received _____ from her boss for her exceptional work on the project.
- *n.* praise, honor, or recognition for an achievement or accomplishment
- 5. The new policy aims to ______ the use of renewable energy sources.
- v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
- 6. The heat wave ______ the drought conditions.
- v. to make a situation, problem, or feeling worse
- 7. There is considerable ______ that the economy will recover soon.
- *n.* a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
- 8. The guards had to remain ______ to ensure the safety of the high-security facility.
- adj. keeping careful watch for possible danger or difficulties

ANSWERS: 1. devalued, 2. stepfather, 3. infuriated, 4. kudos, 5. institutionalize, 6. exacerbated, 7. optimism, 8. vigilant

- 9. The sudden rise in crime rates in our neighborhood is quite _____.
 - *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
- 10. He acted as a _____ until a new president was elected.
- *n.* a person employed to take care of a large building such as a school and who deals with the cleaning, repairs, etc.; a person employed to look after a house or land while the owner is away
- 11. The journalist saved a ______ of the interview for later reference.
- *n.* a small piece or brief extract of something
- 12. She is a confident ______ who always looks on the bright side.
- *n*. a person who tends to expect the best in all things and to be hopeful and confident about the future
- 13. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
- *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
- 14. The charity event aims to ______ the homeless rather than treat them as mere statistics.
 - *v.* to make something or someone more humane or compassionate; to make something more relatable or understandable to humans
- 15. The judge sentenced him to five years of ______ for embezzlement.
- *n.* the state of being confined in prison or jail
- 16. Many businesses felt the _____ effect of the economy's decline.
- *n*. a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

ANSWERS: 9. alarming, 10. caretaker, 11. snippet, 12. optimist, 13. oppressed, 14. humanize, 15. incarceration, 16. ripple

- 17. They fear a _____ of a new type of virus.
 - *n.* an outbreak of a disease that affects many people over a very wide area
- 18. We cannot ______ her as President.
- *v*. to imagine or expect what a situation will be like in the future
- 19. She looked at him _____ and knew he was the one for her.
- *adv.* in a manner showing deep affection or care; with fondness and warmth; in a way that expresses or suggests love
- 20. In many cultures, the color white _____ purity and innocence.
 - v. to represent or stand for something else, particularly an abstract concept or idea; to be an emblem or sign of something
- 21. His ______ behavior towards his elders earned him a stern warning from his parents.
- *n.* an expression of lack of regard or contempt for someone or something
- 22. The consequences of the pandemic remain _____ as scientists continue to research the virus.
- adj. not seen or noticed; not perceived
- 23. Her ______ dedication to the community earned her a prestigious award.
- *adj.* concerned more with the needs and desires of others than with one's own; unselfish; altruistic
- 24. She felt ______ for all the hard work she had put in.
- *adj.* not adequately valued or acknowledged

ANSWERS: 17. pandemic, 18. envision, 19. lovingly, 20. symbolizes, 21. disrespectful, 22. unseen, 23. selfless, 24. unappreciated

- 25. The _____ is a serious threat to the farm's output.
- *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
- 26. He looked for an opportunity to _____ that actor in public.
- *v*. to cause someone to feel awkward, worried, or ashamed
- - *n.* a severe decline in cognitive function, especially memory, as a result of disease or injury
- 28. He continued his investigation and soon ______ another crime.
 - *v.* to remove the cover from something; to discover something previously unseen or hidden
- 29. I need to ______ the importance of submitting your report by the deadline.
- *v.* to repeat something, typically for emphasis or clarity; to say or do something again and again
- 30. He was known for his _____ behavior.
- *adj.* having casual sexual relations frequently with different partners; indiscriminate in the choice of sexual partners; not selective of a single class or person
- 31. The ______ of the family was known for her wisdom and guidance.
- *n*. a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
- Scientists traced the _____ of the species back millions of years by studying fossils.
- *n.* the ancestry of a person, group, or species

ANSWERS: 25. moth, 26. embarrass, 27. dementia, 28. uncovered, 29. reiterate, 30. promiscuous, 31. matriarch, 32. lineage

- 33. She was constantly _____ by her ex-boyfriend and had to get a restraining order.
 - *v.* to annoy, torment, or pester persistently; to subject someone to repeated or chronic attacks or unwelcome attention
- 34. Her behavior ______ a quarrel between the couple.
- v. to stimulate or give rise to a particular reaction or have a particular effect
- 35. He ______ that corruption was rampant in the regime.
- *v.* to think or believe something
- 36. You should not ______ the meaning of freedom.
 - *v.* to interpret or understand something in the wrong way
- 37. The article ______ the true intentions of the author's argument.
 - *v.* to present a false or misleading interpretation or impression of something or someone
- 38. She _____ the loss of her parents.
- *v.* to feel or show great sadness or sorrow, especially for someone who has died
- 39. The empire's military power ensured its ______ over the neighboring states.
 - *n.* the state, condition, or position of being superior to all others in authority, power, or status

ANSWERS: 33. harassed, 34. provoked, 35. reckons, 36. misunderstand, 37. misrepresents, 38. grieved, 39. supremacy