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Vocabulary Builder Reference from...

Dan Shipper: The unexpected key to boosting your productivity | TED Talk

https://www.ted.com/talks/dan_shipper_the_unexpected_key_to_boosting_your_productivity

All Words

IMPORTANT

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Session 1: Word List

crack

- v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym : snap, burst, break

- (1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

tick

- n. a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

synonym : sound, noise, beat

- (1) **tick** of the clock, (2) **tick** fever

I always put a **tick** mark next to the items on my grocery list after buying them.

newsletter

- n. a periodic publication containing news, updates, and information about a particular topic or organization, typically distributed to members or subscribers via email, print, or digital media; a bulletin or report that provides relevant and up-to-date information on a specific subject or area of interest

synonym : bulletin, periodical

(1) monthly **newsletter**, (2) digital **newsletter**

I subscribed to the company **newsletter** to stay updated on their latest products and promotions.

increment

n. a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important

synonym: increase, expansion, addendum

(1) steady **incremental** growth, (2) small **increments**

The bid **increment** for this auction is \$100.

investor

n. someone who puts money or capital into something to gain financial returns

synonym: financier, banker, stockholder

(1) **investor** lawsuit, (2) a real estate **investor**

Institutional **investors** refrained from buying stocks amid the booming economy.

spreadsheet

n. a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns

(1) a **spreadsheet** program, (2) plug numbers into a **spreadsheet**

I accidentally deleted all the contents of the **spreadsheet**.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym: cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

- tap**
- v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
- synonym*: knock, exploit, use
- (1) **tap** a new market, (2) **tap** keyboard with an index finger
- To expand the company, we must **tap** new human resources.
- sunlamp**
- n.* a device that produces ultraviolet light for tanning, improving one's skin color, or treating certain medical conditions; a lamp that emits light similar to that of the sun
- synonym*: tanning bed, UV light, solarium
- (1) tanning **sunlamp**, (2) indoor **sunlamp**
- The doctor prescribed **sunlamp** therapy to help alleviate my skin condition.
- visual**
- adj.* relating to seeing or sight
- synonym*: optical, graphical, visible
- (1) **visual** navigation, (2) field of **visual** arts
- The building makes a remarkable **visual** impact.
- compassionate**
- adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
- synonym*: empathetic, sympathetic, merciful
- (1) a **compassionate** heart, (2) **compassionate** leave
- My father has a serious and **compassionate** personality.
- supplement**
- n.* something that is added to something else to make it better or complete it
- synonym*: complement, addendum, accessory
- (1) wage **supplement**, (2) use of dietary **supplements**
- Certain **supplements** may promote tumor growth.
- chemistry**
- n.* the branch of the natural sciences dealing with the composition of substances and their properties and reactions
- (1) professor of **chemistry**, (2) the **chemistry** of soil

He is familiar with **chemistry** and biology.

ridiculous

adj. very silly or unreasonable and deserving to be laughed at

synonym : absurd, fatuous, foolish

(1) a **ridiculous** amount of money, (2) a **ridiculous** suggestion

Everyone regarded the theory he advocated as **ridiculous** but was later proven correct.

explore

v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym : analyze, delve into, examine

(1) **explore** the world, (2) **explore** our options

The management must **explore** strategies to increase office security.

trap

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

synonym : catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

blind

adj. unable to see; unable or unwilling to perceive or understand the true nature of something

synonym : sightless, unseeing, random

(1) **blind** to the beauties, (2) **blind** spot

She was nearly **blind** due to severe diabetes.

emotional

adj. relating to people's feelings

synonym : affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

guilt

n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

synonym: regret, remorse, blame

(1) criminal **guilt**, (2) feeling of **guilt**

Shame and **guilt** have significant social influences.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

underneath

adv. under or below something else

synonym: below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell **underneath** the piano.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym: watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

flexibility

n. the quality of changing or being changed easily according to new conditions or situations

synonym: elasticity, adaptability, resilience

(1) mental **flexibility**, (2) the **flexibility** of the body

We dealt with those problems with speed and **flexibility**.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym: conclusion, decision, determination

(1) an emotional **judgment**, (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

twist

v. to bend or turn something into a certain shape

synonym: wrench, turn, twirl

(1) **twist** around to the left, (2) **twist** a wet towel

He **twisted** pieces of rope out of straw.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

mastery

n. complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity

synonym: proficiency, aptitude, domination

(1) **mastery** of mathematics, (2) strive for **mastery**

The country finally gained **mastery** over the whole land of its neighbors.

awareness

n. the fact or state of knowing something exists and is important

synonym: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

ignore

v. to intentionally not listen or pay attention to

synonym: neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym: meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm

I'm prepared to **encounter** challenges throughout this adventure.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

ordinary

adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree

synonym: mundane, prosaic, average

(1) an **ordinary** school, (2) **ordinary** annual revenue

The **ordinary** session of the Diet opened.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

journal

n. a newspaper or magazine specialized in a specific topic or profession

synonym: periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles

The physician is reading the **journals** related to medicine

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

inbox

n. an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

(1) **inbox** full of emails, (2) **inbox** folder

After you register, you will receive an email with a coupon shortly in your **inbox**.

start-up

n. a newly established company or business

(1) **start-up** business, (2) early-stage **start-up**

Our company's services are targeted at **start-up** executives.

indict

v. to formally charge or accuse someone of a crime, based on the decision of a grand jury or other legal authority; to bring a legal case against someone, typically to prosecute and punish them

synonym: accuse, charge, prosecute

(1) **indict** a suspect, (2) **indict** him of injuries

The FBI worked tirelessly to gather enough evidence to **indict** the corrupt politician.

mess

n. a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

synonym: disarray, confusion, predicament

(1) have a whole **mess**, (2) get into a **mess**

He made a frightful **mess** in his room.

backlog

n. a buildup of tasks or work that has accumulated over time and needs to be completed; a reserve of goods or materials that have not been processed or distributed yet

synonym: accumulation, pile-up, logjam

(1) **backlog** of work, (2) data **backlog**

The company needed help to keep up with the **backlog** of orders.

observation

n. the act or activity of carefully examining or monitoring something or someone

synonym: watching, notice, reflection

(1) class **observation** day, (2) **observation** instrument
In the hospital, she will remain under constant **observation**.

beneath

adv. in or to a lower place than someone or something

synonym: down, under, low

(1) the ground **beneath** my feet, (2) **beneath** contempt
A great stretch of the lake lay **beneath** them.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**
Could you help me **shift** some furniture?

giant

adj. enormous; much bigger or more important than similar items usually are

synonym: big, gigantic, huge

(1) **giant** trees, (2) **giant** tech company
The **giant** jets gradually dominate the world's airlines.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation
The incident **triggered** a political controversy.

pile

n. a collection of objects positioned one on top of another; a large sum of something, such as money

synonym: accumulation, heap, stack

(1) a sand **pile**, (2) the height of a **pile**
After the party, they had to clean up **piles** of dirty dishes.

vicious

adj. having or showing a desire to cause harm to others; having the nature of vice

synonym: malicious, spiteful, malevolent

(1) **vicious** attack, (2) **vicious** deflationary spiral
The **vicious** dog barked and growled at anyone who came

near its territory.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

intervene

v. to intentionally get involved in a situation to improve it or prevent it from getting worse

synonym: interfere, mediate, intercede

(1) **intervene** in a dispute, (2) **intervene** between quarreling parties

Following international law, our country does not **intervene** in the internal affairs of our neighbors.

contour

n. the outline of its shape or form; a line drawn on a map connecting points of equal height

synonym: outline, silhouette, shape

(1) the **contour** of the earth's surface, (2) **contour** lines

The **contour** of the Atlantic coast of America is very complicated.

preconceived

adj. (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

(1) a **preconceived** notion, (2) **preconceived** opinions

We should start a discussion from scratch with no **preconceived** ideas.

bound

v. to move forward by leaps and bounds; to form the boundary of something

synonym: jump, bounce, leap

(1) **bounded** with delight, (2) **bound** up a staircase

Canada **bounds** on the United States.

one-touch

adj. referring to a device, tool, or appliance that requires only a single touch or button press to accomplish a task or function; characterized by simplicity and ease of use

synonym: automatic, easy, effortless

(1) **one-touch** control, (2) **one-touch** access

This **one-touch** kitchen faucet makes washing dishes so much easier.

strategy

n. a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**

Our plan includes a comprehensive marketing **strategy**.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

desire

n. a strong feeling of wanting to have or do something

synonym: ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

split

v. to divide, or to make something divide into two or more parts, especially along a particular line

synonym: break, divide, break apart

(1) **split** a bill, (2) **split** a reward equally

Companies often **split** their shares to lower the stock price and encourage investors to buy.

virtual

adj. being actually such in almost every respect; existing in essence or effect though not in actual fact

synonym : practical

(1) a **virtual** image, (2) trading of **virtual** currencies

She is the **virtual** president of the company.

assistant

n. someone who helps or supports someone else to do a job

synonym : aide, helper, associate

(1) an unwilling **assistant**, (2) **assistant** professor

An executive **assistant** director administers each branch.

babysitter

n. a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

synonym : childcare provider, nanny, nurse

(1) need a trustworthy **babysitter**, (2) experienced **babysitter**

Our regular **babysitter** was sick, so we had to find a replacement at the last minute.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym : toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

propose

v. to make a proposal, declare a plan for something

synonym : suggest, offer, recommend

(1) **propose** the amendment, (2) **propose** changes

I want to **propose** a toast in honor of our longstanding relationship.

immediate

adj. happening or done without delay or occurring shortly after something else

synonym : prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past
Both forts were subject to **immediate** attacks.

reaction

n. a response that reveals a person's feelings or attitude;
(in chemistry) a process in which one or more
substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the
groundwater.

dread

v. to be very afraid of or worried about something that is
going to happen or that might happen

synonym: fear, cringe, apprehend

(1) **dread** failure, (2) **dread** getting old

We all **dread** to think about what will happen if the company
goes bankrupt.

conversation

n. an informal talk between two or more people to
exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

decide

v. to make up someone's mind about something; to come
to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta
for dinner.

interaction

n. the act of connecting with someone, mainly when
working, playing, or spending time with them

synonym: dealings, exchange, relations

(1) the **interaction** between man and his environment,

(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

gigantic

adj. extremely large

synonym: huge, enormous, immense

(1) **gigantic** proportions, (2) **gigantic** monsters

He was so hungry from the long journey that he had a **gigantic** appetite.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym: coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

basis

n. the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged

synonym: foundation, base, ground

(1) on an equal **basis**, (2) **basis** for calculation

This evidence will form the **basis** for our discussion.

transfer

v. to move, pass, or change from one person, place, or situation to another

synonym: move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym: study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue

Initially, we must **examine** all project-related expenses.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym: culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

ashamed

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

synonym: regretful, repentant, mortified

(1) feel **ashamed** of him, (2) cast **ashamed** eyes

You don't have to be **ashamed**.

software

n. a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software**

The company specializes in both hardware and **software**.

framework

n. the structural components of a building or object that support its weight and give it form; the underlying structure of a system, concept, or text

synonym: structure, scheme, foundation

(1) legal **framework**, (2) the **framework** of a house

He devised a new analytical **framework** to capture the phenomenon.

schedule

n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

synonym: agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**

So far, the meeting is going according to **schedule**.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

Session 2: Spelling

- | | |
|--------------------------------------|--|
| 1. ob____e wildlife | <i>v.</i> to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion |
| 2. or____ry annual revenue | <i>adj.</i> not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree |
| 3. t_p keyboard with an index finger | <i>v.</i> to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc. |
| 4. bo__ded with delight | <i>v.</i> to move forward by leaps and bounds; to form the boundary of something |
| 5. con_____ion in English | <i>n.</i> an informal talk between two or more people to exchange their views, ideas, information, etc. |
| 6. cast as____d eyes | <i>adj.</i> feeling guilt, embarrassment, or remorse about something because of something you have done |
| 7. turn out to be all s__m | <i>n.</i> something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not |
| 8. ex____e the data studiously | <i>v.</i> to study or consider a person or object attentively and thoroughly to learn something about them |

ANSWERS: 1. observe, 2. ordinary, 3. tap, 4. bound, 5. conversation, 6. ashamed, 7. sham, 8. examine

- | | |
|------------------------------------|--|
| 9. em_____al health | <i>adj.</i> relating to people's feelings |
| 10. feeling of gu__t | <i>n.</i> the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong |
| 11. tr____r a biochemical response | <i>v.</i> to make something happen suddenly; to cause something such as a device, machine, etc. to function |
| 12. tanning su____p | <i>n.</i> a device that produces ultraviolet light for tanning, improving one's skin color, or treating certain medical conditions; a lamp that emits light similar to that of the sun |
| 13. gi____ic monsters | <i>adj.</i> extremely large |
| 14. dispel do__ts | <i>n.</i> a feeling of being uncertain about something, especially about how good or accurate it is |
| 15. fleshly de___e | <i>n.</i> a strong feeling of wanting to have or do something |
| 16. pr____e changes | <i>v.</i> to make a proposal, declare a plan for something |
| 17. a spr____et program | <i>n.</i> a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns |
| 18. ig___e a ban | <i>v.</i> to intentionally not listen or pay attention to |
| 19. mental fle____ty | <i>n.</i> the quality of changing or being changed easily according to new conditions or situations |

ANSWERS: 9. emotional, 10. guilt, 11. trigger, 12. sunlamp, 13. gigantic, 14. doubt, 15. desire, 16. propose, 17. spreadsheet, 18. ignore, 19. flexibility

20. data ba____g	<i>n.</i> a buildup of tasks or work that has accumulated over time and needs to be completed; a reserve of goods or materials that have not been processed or distributed yet
21. basic br__n function	<i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling
22. so____re architect	<i>n.</i> a set of computer programs and associated documentation and data for doing particular computational jobs
23. a sand p__e	<i>n.</i> a collection of objects positioned one on top of another; a large sum of something, such as money
24. th____y for a patient	<i>n.</i> the act of caring for someone through medication, remedial training, etc.
25. field of gene th____y	<i>n.</i> the act of caring for someone through medication, remedial training, etc.
26. st____le to get the job	<i>v.</i> to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
27. fire st__k	<i>v.</i> to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
28. indoor su____p	<i>n.</i> a device that produces ultraviolet light for tanning, improving one's skin color, or treating certain medical conditions; a lamp that emits light similar to that of the sun

ANSWERS: 20. backlog, 21. brain, 22. software, 23. pile, 24. therapy, 25. therapy, 26. struggle, 27. stick, 28. sunlamp

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|----------------------------------|--|
| 29. a rid_____us amount of money | <i>adj.</i> very silly or unreasonable and deserving to be laughed at |
| 30. military st_____gy | <i>n.</i> a detailed plan of action designed to achieve a long-term or overall goal. |
| 31. en_____er a crisis | <i>v.</i> to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly |
| 32. t__p an animal | <i>n.</i> a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping |
| 33. a friendly con_____ion | <i>n.</i> an informal talk between two or more people to exchange their views, ideas, information, etc. |
| 34. in___t him of injuries | <i>v.</i> to formally charge or accuse someone of a crime, based on the decision of a grand jury or other legal authority; to bring a legal case against someone, typically to prosecute and punish them |
| 35. pro_____on of disease | <i>n.</i> the act or process of changing to the next stage or phase or moving forward |
| 36. pre_____ved opinions | <i>adj.</i> (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness |
| 37. bo__d up a staircase | <i>v.</i> to move forward by leaps and bounds; to form the boundary of something |
| 38. ba_____g of work | <i>n.</i> a buildup of tasks or work that has accumulated over time and needs to be completed; a reserve of goods or materials that have not been processed or distributed yet |

ANSWERS: 29. ridiculous, 30. strategy, 31. encounter, 32. trap, 33. conversation, 34. indict, 35. progression, 36. preconceived, 37. bound, 38. backlog

- | | |
|---------------------------|---|
| 39. dr__d getting old | <i>v.</i> to be very afraid of or worried about something that is going to happen or that might happen |
| 40. series of exp_____nts | <i>n.</i> the scientific test conducted to observe what happens and gain new knowledge |
| 41. a vi_____l image | <i>adj.</i> being actually such in almost every respect; existing in essence or effect though not in actual fact |
| 42. feel a bit gu___y | <i>adj.</i> feeling responsible for or having done something wrong or criminal |
| 43. gu___y verdict | <i>adj.</i> feeling responsible for or having done something wrong or criminal |
| 44. h__k into the program | <i>v.</i> to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks |
| 45. a s__m battle | <i>n.</i> something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not |
| 46. develop a st_____gy | <i>n.</i> a detailed plan of action designed to achieve a long-term or overall goal. |
| 47. ba__s for calculation | <i>n.</i> the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged |
| 48. ex_____e the issue | <i>v.</i> to study or consider a person or object attentively and thoroughly to learn something about them |

ANSWERS: 39. dread, 40. experiment, 41. virtual, 42. guilty, 43. guilty, 44. hack, 45. sham, 46. strategy, 47. basis, 48. examine

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|-----------------------------------|---|
| 49. trigger a re____on | <i>n.</i> a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others |
| 50. st____up business | <i>n.</i> a newly established company or business |
| 51. a com_____ate heart | <i>adj.</i> feeling or showing sympathy and concern for the suffering or bad luck of others |
| 52. copyrighted so____re | <i>n.</i> a set of computer programs and associated documentation and data for doing particular computational jobs |
| 53. the cy__e of the seasons | <i>n.</i> an interval during which a recurring sequence of events occurs; a bicycle or motorcycle |
| 54. pr____e the amendment | <i>v.</i> to make a proposal, declare a plan for something |
| 55. monthly new_____er | <i>n.</i> a periodic publication containing news, updates, and information about a particular topic or organization, typically distributed to members or subscribers via email, print, or digital media; a bulletin or report that provides relevant and up-to-date information on a specific subject or area of interest |
| 56. flexible mi____t | <i>n.</i> the established set of attitudes or fixed ideas held by someone |
| 57. trading of vi____l currencies | <i>adj.</i> being actually such in almost every respect; existing in essence or effect though not in actual fact |

ANSWERS: 49. reaction, 50. start-up, 51. compassionate, 52. software, 53. cycle, 54. propose, 55. newsletter, 56. mindset, 57. virtual

58. bl__d spot	<i>adj.</i> unable to see; unable or unwilling to perceive or understand the true nature of something
59. vi___l navigation	<i>adj.</i> relating to seeing or sight
60. de___e on a course of action	<i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options
61. tw__t around to the left	<i>v.</i> to bend or turn something into a certain shape
62. gi__t trees	<i>adj.</i> enormous; much bigger or more important than similar items usually are
63. class obs_____on day	<i>n.</i> the act or activity of carefully examining or monitoring something or someone
64. do on a con_____nt basis	<i>adj.</i> always behaving or happening in the same way, or having the same thoughts, standards, etc.
65. in_____ne in a dispute	<i>v.</i> to intentionally get involved in a situation to improve it or prevent it from getting worse
66. on_____ch access	<i>adj.</i> referring to a device, tool, or appliance that requires only a single touch or button press to accomplish a task or function; characterized by simplicity and ease of use
67. an emotional ju_____nt	<i>n.</i> the ability to form valuable opinions and make reasonable decisions
68. get con_____nt results	<i>adj.</i> always behaving or happening in the same way, or having the same thoughts, standards, etc.

ANSWERS: 58. blind, 59. visual, 60. decide, 61. twist, 62. giant, 63. observation, 64. consistent, 65. intervene, 66. one-touch, 67. judgment, 68. consistent

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|-----------------------------|---|
| 69. no do__t about the news | <i>n.</i> a feeling of being uncertain about something, especially about how good or accurate it is |
| 70. st__k a key in a lock | <i>v.</i> to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material |
| 71. take im_____te effect | <i>adj.</i> happening or done without delay or occurring shortly after something else |
| 72. early-stage st_____up | <i>n.</i> a newly established company or business |
| 73. a ma__c spell | <i>n.</i> beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers |
| 74. ma_____in good health | <i>v.</i> to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true |
| 75. digital new_____er | <i>n.</i> a periodic publication containing news, updates, and information about a particular topic or organization, typically distributed to members or subscribers via email, print, or digital media; a bulletin or report that provides relevant and up-to-date information on a specific subject or area of interest |
| 76. in__x folder | <i>n.</i> an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept |

ANSWERS: 69. doubt, 70. stick, 71. immediate, 72. start-up, 73. magic, 74. maintain, 75. newsletter, 76. inbox

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| 77. share my in_____ts | <i>n.</i> the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like |
| 78. the fr_____rk of a house | <i>n.</i> the structural components of a building or object that support its weight and give it form; the underlying structure of a system, concept, or text |
| 79. an unwilling as_____nt | <i>n.</i> someone who helps or supports someone else to do a job |
| 80. st_____le against discrimination | <i>v.</i> to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction |
| 81. und_____th the surface of the water | <i>adv.</i> under or below something else |
| 82. in__x full of emails | <i>n.</i> an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept |
| 83. the height of a p__e | <i>n.</i> a collection of objects positioned one on top of another; a large sum of something, such as money |
| 84. in_____or lawsuit | <i>n.</i> someone who puts money or capital into something to gain financial returns |
| 85. int_____on among human beings | <i>n.</i> the act of connecting with someone, mainly when working, playing, or spending time with them |
| 86. control my em_____n | <i>n.</i> a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others |

ANSWERS: 77. insight, 78. framework, 79. assistant, 80. struggle, 81. underneath, 82. inbox, 83. pile, 84. investor, 85. interaction, 86. emotion

87. the mi____t in an education system	<i>n.</i>	the established set of attitudes or fixed ideas held by someone
88. tw__t a wet towel	<i>v.</i>	to bend or turn something into a certain shape
89. co____r lines	<i>n.</i>	the outline of its shape or form; a line drawn on a map connecting points of equal height
90. Doppler sh__t	<i>n.</i>	a slight transition in position, direction, or trend
91. legal fr____rk	<i>n.</i>	the structural components of a building or object that support its weight and give it form; the underlying structure of a system, concept, or text
92. t__k fever	<i>n.</i>	a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
93. plug numbers into a spr____et	<i>n.</i>	a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns
94. cr__k an eggshell	<i>v.</i>	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
95. sp__t a bill	<i>v.</i>	to divide, or to make something divide into two or more parts, especially along a particular line
96. use of dietary sup____nts	<i>n.</i>	something that is added to something else to make it better or complete it

ANSWERS: 87. mindset, 88. twist, 89. contour, 90. shift, 91. framework, 92. tick, 93. spreadsheet, 94. crack, 95. split, 96. supplement

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| 97. wage sup_____nt | <i>n.</i> something that is added to something else to make it better or complete it |
| 98. de___e a question | <i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options |
| 99. ex_____e our options | <i>v.</i> to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it |
| 100. be_____h contempt | <i>adv.</i> in or to a lower place than someone or something |
| 101. jo_____l articles | <i>n.</i> a newspaper or magazine specialized in a specific topic or profession |
| 102. unsatisfied de___e | <i>n.</i> a strong feeling of wanting to have or do something |
| 103. und_____th the laughter | <i>adv.</i> under or below something else |
| 104. pro_____on of civilization | <i>n.</i> the act or process of changing to the next stage or phase or moving forward |
| 105. the int_____on between man and his environment | <i>n.</i> the act of connecting with someone, mainly when working, playing, or spending time with them |
| 106. arrange my sc_____le | <i>n.</i> a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done |
| 107. t_p a new market | <i>v.</i> to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc. |

ANSWERS: 97. supplement, 98. decide, 99. explore, 100. beneath, 101. journal, 102. desire, 103. underneath, 104. progression, 105. interaction, 106. schedule, 107. tap

108. field of vi___l arts	<i>adj.</i> relating to seeing or sight
109. raise public aw_____ss	<i>n.</i> the fact or state of knowing something exists and is important
110. t__k of the clock	<i>n.</i> a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
111. permanent br__n damage	<i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling
112. have a whole m__s	<i>n.</i> a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy
113. a profound in_____t	<i>n.</i> the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
114. vi_____s attack	<i>adj.</i> having or showing a desire to cause harm to others; having the nature of vice
115. feel as_____d of him	<i>adj.</i> feeling guilt, embarrassment, or remorse about something because of something you have done
116. professor of ch_____ry	<i>n.</i> the branch of the natural sciences dealing with the composition of substances and their properties and reactions
117. tr_____er a file	<i>v.</i> to move, pass, or change from one person, place, or situation to another

ANSWERS: 108. visual, 109. awareness, 110. tick, 111. brain, 112. mess, 113. insight, 114. vicious, 115. ashamed, 116. chemistry, 117. transfer

118. major paradigm sh__t	<i>n.</i> a slight transition in position, direction, or trend
119. gi____ic proportions	<i>adj.</i> extremely large
120. en_____er a storm	<i>v.</i> to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
121. on an equal ba__s	<i>n.</i> the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
122. a cr__k in a board	<i>v.</i> to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
123. on_____ch control	<i>adj.</i> referring to a device, tool, or appliance that requires only a single touch or button press to accomplish a task or function; characterized by simplicity and ease of use
124. com_____ate leave	<i>adj.</i> feeling or showing sympathy and concern for the suffering or bad luck of others
125. need a trustworthy bab_____er	<i>n.</i> a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

ANSWERS: 118. shift, 119. gigantic, 120. encounter, 121. basis, 122. crack, 123. one-touch, 124. compassionate, 125. babysitter

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| 126. in_____ne between quarreling parties | <i>v.</i> to intentionally get involved in a situation to improve it or prevent it from getting worse |
| 127. an or_____ry school | <i>adj.</i> not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree |
| 128. experienced bab_____er | <i>n.</i> a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians |
| 129. small in_____nts | <i>n.</i> a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important |
| 130. dr__d failure | <i>v.</i> to be very afraid of or worried about something that is going to happen or that might happen |
| 131. a rid_____us suggestion | <i>adj.</i> very silly or unreasonable and deserving to be laughed at |
| 132. vi_____s deflationary spiral | <i>adj.</i> having or showing a desire to cause harm to others; having the nature of vice |
| 133. steady in_____ntal growth | <i>n.</i> a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important |
| 134. get into a m__s | <i>n.</i> a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy |

ANSWERS: 126. intervene, 127. ordinary, 128. babysitter, 129. increment, 130. dread, 131. ridiculous, 132. vicious, 133. increment, 134. mess

135. in___t a suspect *v.* to formally charge or accuse someone of a crime, based on the decision of a grand jury or other legal authority; to bring a legal case against someone, typically to prosecute and punish them
136. the ground be____h my feet *adv.* in or to a lower place than someone or something
137. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
138. afraid to show em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
139. ob____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
140. the im____te past *adj.* happening or done without delay or occurring shortly after something else
141. tr____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
142. a heavy sc____le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
143. ex____e the world *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

ANSWERS: 135. indict, 136. beneath, 137. magic, 138. emotion, 139. observe, 140. immediate, 141. trigger, 142. schedule, 143. explore

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| 144. as_____nt professor | <i>n.</i> someone who helps or supports someone else to do a job |
| 145. ma_____in order | <i>v.</i> to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true |
| 146. ig____e her advice | <i>v.</i> to intentionally not listen or pay attention to |
| 147. bl__d to the beauties | <i>adj.</i> unable to see; unable or unwilling to perceive or understand the true nature of something |
| 148. h__k through the jungle | <i>v.</i> to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks |
| 149. ma_____y of mathematics | <i>n.</i> complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity |
| 150. sp__t a reward equally | <i>v.</i> to divide, or to make something divide into two or more parts, especially along a particular line |
| 151. the ch_____ry of soil | <i>n.</i> the branch of the natural sciences dealing with the composition of substances and their properties and reactions |
| 152. em_____al distress | <i>adj.</i> relating to people's feelings |
| 153. chemical re_____on | <i>n.</i> a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others |

ANSWERS: 144. assistant, 145. maintain, 146. ignore, 147. blind, 148. hack, 149. mastery, 150. split, 151. chemistry, 152. emotional, 153. reaction

154. scientific jo____l	<i>n.</i> a newspaper or magazine specialized in a specific topic or profession
155. tr____er power	<i>v.</i> to move, pass, or change from one person, place, or situation to another
156. the fle____ty of the body	<i>n.</i> the quality of changing or being changed easily according to new conditions or situations
157. aw____ss of my ignorance	<i>n.</i> the fact or state of knowing something exists and is important
158. criminal gu__t	<i>n.</i> the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong
159. strive for ma____y	<i>n.</i> complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity
160. deliver a ju____nt	<i>n.</i> the ability to form valuable opinions and make reasonable decisions
161. obs____on instrument	<i>n.</i> the act or activity of carefully examining or monitoring something or someone
162. set a t__p	<i>n.</i> a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
163. exp____nt design	<i>n.</i> the scientific test conducted to observe what happens and gain new knowledge
164. a pre____ved notion	<i>adj.</i> (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

ANSWERS: 154. journal, 155. transfer, 156. flexibility, 157. awareness, 158. guilt, 159. mastery, 160. judgment, 161. observation, 162. trap, 163. experiment, 164. preconceived

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| 165. go to the workplace by cy__e | <i>n.</i> an interval during which a recurring sequence of events occurs; a bicycle or motorcycle |
| 166. a real estate in____or | <i>n.</i> someone who puts money or capital into something to gain financial returns |
| 167. gi__t tech company | <i>adj.</i> enormous; much bigger or more important than similar items usually are |
| 168. the co____r of the earth's surface | <i>n.</i> the outline of its shape or form; a line drawn on a map connecting points of equal height |

ANSWERS: 165. cycle, 166. investor, 167. giant, 168. contour

Session 3: Fill in the Blanks

1. The enemy fell right into the _____.
n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
2. Her _____ are consistently rational and sensible.
n. the ability to form valuable opinions and make reasonable decisions
3. An executive _____ director administers each branch.
n. someone who helps or supports someone else to do a job
4. The _____ of the two groups is good for brainstorming.
n. the act of connecting with someone, mainly when working, playing, or spending time with them
5. The doctor prescribed _____ therapy to help alleviate my skin condition.
n. a device that produces ultraviolet light for tanning, improving one's skin color, or treating certain medical conditions; a lamp that emits light similar to that of the sun
6. She _____ the money from her savings account to her checking account.
v. to move, pass, or change from one person, place, or situation to another
7. She was nearly _____ due to severe diabetes.
adj. unable to see; unable or unwilling to perceive or understand the true nature of something
8. The data he prepared was completely _____.
n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

ANSWERS: 1. trap, 2. judgments, 3. assistant, 4. interaction, 5. sunlamp, 6. transferred, 7. blind, 8. sham

9. Since independence, the area has been completely _____.
v. to intentionally not listen or pay attention to
10. I underwent aversion _____ for my addiction to alcohol.
n. the act of caring for someone through medication, remedial training, etc.
11. Companies often _____ their shares to lower the stock price and encourage investors to buy.
v. to divide, or to make something divide into two or more parts, especially along a particular line
12. This blog offers a variety of tips for _____ everyday life.
v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
13. We all _____ to think about what will happen if the company goes bankrupt.
v. to be very afraid of or worried about something that is going to happen or that might happen
14. Human _____ responses vary widely depending on the society to which they belong.
adj. relating to people's feelings
15. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
16. Our regular _____ was sick, so we had to find a replacement at the last minute.
n. a person hired to look after a child or children while the parents are away or occupied; someone who provides temporary care and supervision for children in the absence of their parents or guardians

ANSWERS: 9. ignored, 10. therapy, 11. split, 12. hacking, 13. dread, 14. emotional, 15. experiments, 16. babysitter

17. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
18. The _____ jets gradually dominate the world's airlines.
adj. enormous; much bigger or more important than similar items usually are
19. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
20. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
n. the established set of attitudes or fixed ideas held by someone
21. The FBI worked tirelessly to gather enough evidence to _____ the corrupt politician.
v. to formally charge or accuse someone of a crime, based on the decision of a grand jury or other legal authority; to bring a legal case against someone, typically to prosecute and punish them
22. He performed _____ tricks with sophisticated moves.
n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
23. The _____ session of the Diet opened.
adj. not different, exceptional, or unexpected in any way, especially in quality, ability, size, or degree
24. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward

ANSWERS: 17. emotions, 18. giant, 19. decide, 20. mindset, 21. indict, 22. magic, 23. ordinary, 24. progression

25. I subscribed to the company _____ to stay updated on their latest products and promotions.
- n.* a periodic publication containing news, updates, and information about a particular topic or organization, typically distributed to members or subscribers via email, print, or digital media; a bulletin or report that provides relevant and up-to-date information on a specific subject or area of interest
26. He is familiar with _____ and biology.
- n.* the branch of the natural sciences dealing with the composition of substances and their properties and reactions
27. I always put a _____ mark next to the items on my grocery list after buying them.
- n.* a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
28. Low sexual _____ typically correlates with low testosterone levels.
- n.* a strong feeling of wanting to have or do something
29. He could not _____ against temptation.
- v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
30. Could you help me _____ some furniture?
- n.* a slight transition in position, direction, or trend
31. Our company's services are targeted at _____ executives.
- n.* a newly established company or business
32. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 25. newsletter, 26. chemistry, 27. tick, 28. desire, 29. struggle, 30. shift, 31. start-up, 32. brain

33. The building makes a remarkable _____ impact.

adj. relating to seeing or sight

34. She is the _____ president of the company.

adj. being actually such in almost every respect; existing in essence or effect though not in actual fact

35. Your _____ reflects your thoughts.

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

36. It is important to _____ safety procedures in the workplace to prevent accidents.

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

37. My father has a serious and _____ personality.

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

38. I accidentally deleted all the contents of the _____.

n. a computer program that is used for displaying and dealing with numbers by arranging them in rows and columns

39. The country finally gained _____ over the whole land of its neighbors.

n. complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity

40. I need to _____ my car regularly to prevent any major mechanical issues.

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

ANSWERS: 33. visual, 34. virtual, 35. conversation, 36. observe, 37. compassionate, 38. spreadsheet, 39. mastery, 40. maintain

41. This _____ kitchen faucet makes washing dishes so much easier.

adj. referring to a device, tool, or appliance that requires only a single touch or button press to accomplish a task or function; characterized by simplicity and ease of use

42. So far, the meeting is going according to _____.

n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

43. The _____ of the Atlantic coast of America is very complicated.

n. the outline of its shape or form; a line drawn on a map connecting points of equal height

44. Following international law, our country does not _____ in the internal affairs of our neighbors.

v. to intentionally get involved in a situation to improve it or prevent it from getting worse

45. Certain _____ may promote tumor growth.

n. something that is added to something else to make it better or complete it

46. The incident _____ a political controversy.

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

47. The physician is reading the _____ related to medicine

n. a newspaper or magazine specialized in a specific topic or profession

48. To expand the company, we must ____ new human resources.

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

ANSWERS: 41. one-touch, 42. schedule, 43. contour, 44. intervene, 45. supplements, 46. triggered, 47. journals, 48. tap

49. You don't have to be _____.

adj. feeling guilt, embarrassment, or remorse about something because of something you have done

50. Everyone regarded the theory he advocated as _____ but was later proven correct.

adj. very silly or unreasonable and deserving to be laughed at

51. A great stretch of the lake lay _____ them.

adv. in or to a lower place than someone or something

52. He devised a new analytical _____ to capture the phenomenon.

n. the structural components of a building or object that support its weight and give it form; the underlying structure of a system, concept, or text

53. The _____ dog barked and growled at anyone who came near its territory.

adj. having or showing a desire to cause harm to others; having the nature of vice

54. In the hospital, she will remain under constant _____.

n. the act or activity of carefully examining or monitoring something or someone

55. He was so hungry from the long journey that he had a _____ appetite.

adj. extremely large

56. There has been a gradual but steady rise in environmental _____.

n. the fact or state of knowing something exists and is important

57. I want to _____ a toast in honor of our longstanding relationship.

v. to make a proposal, declare a plan for something

ANSWERS: 49. ashamed, 50. ridiculous, 51. beneath, 52. framework, 53. vicious, 54. observation, 55. gigantic, 56. awareness, 57. propose

58. Both forts were subject to _____ attacks.

adj. happening or done without delay or occurring shortly after something else

59. We should start a discussion from scratch with no _____ ideas.

adj. (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

60. Our plan includes a comprehensive marketing _____.

n. a detailed plan of action designed to achieve a long-term or overall goal.

61. The company needed help to keep up with the _____ of orders.

n. a buildup of tasks or work that has accumulated over time and needs to be completed; a reserve of goods or materials that have not been processed or distributed yet

62. We gained various _____ by analyzing the vast amount of data owned by the company.

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

63. We dealt with those problems with speed and _____.

n. the quality of changing or being changed easily according to new conditions or situations

64. Shame and _____ have significant social influences.

n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

65. You are not _____ in your behavior.

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

ANSWERS: 58. immediate, 59. preconceived, 60. strategy, 61. backlog, 62. insights, 63. flexibility, 64. guilt, 65. consistent

66. After the party, they had to clean up _____ of dirty dishes.
n. a collection of objects positioned one on top of another; a large sum of something, such as money
67. The food chain causes a material _____.
n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
68. The company specializes in both hardware and _____.
n. a set of computer programs and associated documentation and data for doing particular computational jobs
69. He that would eat the kernel must _____ the nut.
v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
70. After you register, you will receive an email with a coupon shortly in your _____.
n. an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
71. Canada _____ on the United States.
v. to move forward by leaps and bounds; to form the boundary of something
72. I'm prepared to _____ challenges throughout this adventure.
v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
73. Initially, we must _____ all project-related expenses.
v. to study or consider a person or object attentively and thoroughly to learn something about them

ANSWERS: 66. piles, 67. cycle, 68. software, 69. crack, 70. inbox, 71. bounds, 72. encounter, 73. examine

74. _____ is the start, not the end, of intelligence.

- n.* a feeling of being uncertain about something, especially about how good or accurate it is

75. Institutional _____ refrained from buying stocks amid the booming economy.

- n.* someone who puts money or capital into something to gain financial returns

76. The bid _____ for this auction is \$100.

- n.* a regular increase in the amount of something, such as money; a process of becoming larger, longer, or more important

77. He _____ pieces of rope out of straw.

- v.* to bend or turn something into a certain shape

78. He made a frightful _____ in his room.

- n.* a state of confusion, dirtiness, or untidiness; (verb) to fail to do something or to make something dirty or untidy

79. The penny fell _____ the piano.

- adv.* under or below something else

80. After much contemplation, the suspect decided to plead _____ to the theft charge.

- adj.* feeling responsible for or having done something wrong or criminal

81. You _____ a bill in the change machine, and the coins pop out.

- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 74. Doubt, 75. investors, 76. increment, 77. twisted, 78. mess, 79. underneath, 80. guilty, 81. stick

82. This evidence will form the _____ for our discussion.

- n.* the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged

83. The management must _____ strategies to increase office security.

- v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

84. There was a chemical _____ of the lime with the groundwater.

- n.* a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others

ANSWERS: 82. basis, 83. explore, 84. reaction