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Vocabulary Builder Reference from...

Melissa J. Moore: How mRNA medicine will change the world | TED Talk https://www.ted.com/talks/melissa_j_moore_how_mrn

a_medicine_will_change_the_world



All Words

IMPORTANT

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Session 1: Word List

messenger

 someone or something that carries a message, especially one sent to convey information, news, or an official document

synonym: courier, transmitter, envoy

(1) messenger app, (2) a secret messenger

An mRNA vaccine is a type of vaccine that uses a copy of a

molecule called messenger RNA.

vaccine

 a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)

synonym: vaccinum

(1) development of **vaccines**, (2) an oral **vaccine**The mRNA **vaccine** was approved in less than a year because it did not contain the fragments of the target virus.

remarkable

adj. worthy of attention because unusual or special *synonym*: outstanding, exceptional, extraordinary

(1) **remarkable** achievement, (2) the **remarkable** breadth of knowledge

The election was a **remarkable** success for the Whigs.

incredibly

 adv. in a way that is very difficult to believe; exceedingly or extremely

synonym: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

amazing

 adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

medicinal

adj. of or relating to the treatment or cure of disease synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**The **medicinal** properties of this herb have been known to help with various ailments.

instruction

 detailed direction, order, etc., on how to do or use something

synonym: education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**They needed further **instruction** to perform their duties efficiently.

advent

 the arrival or beginning of something; the coming of Jesus Christ at his birth synonym: coming, arrival, approach

(1) **advent** calendar, (2) celebrate the **advent** of spring
The **advent** of the internet has dramatically changed the way we communicate.

mRNA

- n. (an abbreviation for messenger RNA) a single-stranded molecule of RNA that corresponds to the genetic sequence of a gene, and is read by a ribosome in the process of synthesizing a protein
- (1) **mRNA** translation, (2) nuclear **mRNA**The **mRNA** vaccine can expedite many approval processes because it does not contain a virus.

herald

v. to be a sign or indication of something to come; to proclaim or announce something publicly, often with great enthusiasm or fanfare

synonym: announce, proclaim, declare

(1) herald the news, (2) herald a new era

The sound of the trumpet **heralded** the arrival of the king.

entirely

adv. completely

synonym: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

intractable

adj. difficult to manage or control; stubborn or obstinate synonym: obstinate, stubborn, unyielding

(1) **intractable** pain, (2) **intractable** situation The **intractable** problem defied a solution.

disorder

 an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the ment	:al
disorder.	

protein

- a molecule made up of a long chain of amino acids,
 which is essential for the structure and function of the body's tissues
- (1) stress protein, (2) protein synthesis

The body needs a certain amount of **protein** to build and repair tissues.

diet

 the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym: food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

fraction

 a small part or item forming a piece of a whole; the quotient of two rational numbers

synonym: piece, part, fragment

(1) a **fractional** share of the vote, (2) a numerator in a **fraction**

He spent only a **fraction** of his earnings.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym: complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

ecosystem

- all the plants and living creatures in an area and the way they affect each other and the environment
- (1) marine **ecosystem**, (2) change the **ecosystem**Human conservation efforts often fail unexpectedly because

they disturb the balance of the **ecosystem**.

myriad

adj. a very large number

synonym: numerous, countless, infinite

(1) myriad differences, (2) a myriad of choices

The artist featured **myriad** colors and patterns, creating a vibrant and dynamic piece.

interconnect

v. to connect similar things

synonym: interlink, complect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

structure

 the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym: construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

capture

v. to catch a person or an animal and confine them in an area which they cannot escape

synonym: catch, arrest, imprison

(1) **capture** a glimpse, (2) **capture** customers' hearts I was able to **capture** the moment on film.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) incredible amount, (2) at incredible speed

Her response revealed **incredible** idiocy.

generic

adj. not specific; not linked to a particular brand or product

synonym: common, ordinary, typical

(1) a **generic** product, (2) **generic** version

The **generic** aspirin brand was just as effective as the name brand but much cheaper.

clue

an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

synonym: hint, indication, inkling

(1) a **clue** about the crime, (2) a **clue** to the diagnosis The police couldn't find a **clue** to her whereabouts.

molecular

adj. of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)

synonym: microscopic, atomic

(1) molecular structure, (2) molecular biology **Molecular** weight is the sum of all the atoms.

architecture

the art and science of designing and constructing n. buildings

synonym: design, structure, layout

(1) architecture design, (2) classic architecture The city is known for its impressive architecture and beautiful old buildings.

monolithic

adj. characterized by massiveness, rigidity, and uniformity synonym: massive, monumental, hulking

(1) monolithic block, (2) monolithic system Big technology companies try to integrate customers' data into monolithic applications.

collagen

a fibrous protein that forms the connective tissues in animals, including skin, tendons, and bone; often used in cosmetic and medical treatments for its ability to add firmness and elasticity to skin or other tissues

synonym: gelatin, protein, tissue

(1) collagen supplement, (2) collagen production

Our natural **collagen** production decreases as we age, leading to wrinkles, sagging skin, and joint pain.

pliable

adj. flexible; easy to bend without breaking or cracking synonym: flexible, bendable, malleable

pliable dough, (2) keep the skin pliable
 Certain types of plastic become pliable when heated.

actin

 a protein found in muscle tissue that is involved in muscle contraction and movement

synonym: protein, molecule, filament

(1) actin protein, (2) actin polymerization

The **actin** filaments are responsible for maintaining cell shape and movement.

myosin

- n. a type of protein found in muscle tissue that is responsible for muscle contraction and movementsynonym: actin, myocyte, muscle fiber
- (1) myosin protein, (2) muscle myosinATP molecules power the motor activity of myosin.

hemoglobin

 a protein-based molecule found in red blood cells that transports oxygen throughout the body

synonym: red cell pigment, oxygen carrier

(1) hemoglobin level, (2) abnormal hemoglobin

The **hemoglobin** gene mutation can cause genetic disorders such as sickle cell disease.

ferry

 a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule

synonym: ferryboat, water taxi, barge

(1) ferry service, (2) ferry terminal

The **ferry** across the river offers a convenient transportation option for commuters.

oxygen

- n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
- (1) the hydrogen binds the **oxygen**, (2) lack of **oxygen** The passenger grabbed for the **oxygen** mask.

antibody

- n. a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease
- (1) produce **antibody**, (2) **antibody** against bacteria This pharmaceutical company is developing **antibody** drugs with fewer side effects.

clot

 a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

synonym: clump, coagulation, thrombus

(1) blood **clot**, (2) **clot** prevention

The **clot** in the blood vessel required immediate medical attention.

crack

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym: snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board He that would eat the kernel must **crack** the nut.

biochemical

adj. relating to the chemical processes and substances that occur within living organisms

synonym: molecular, biological

(1) **biochemical** reaction, (2) complex **biochemical Biochemical** research is essential to understanding the complex chemical reactions in living organisms.

metabolism

- the set of chemical reactions in cells or organisms that are necessary for life-sustaining
- (1) metabolism enzyme, (2) hemoglobin metabolism

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Better sleep leads to increased metabolism.

chart

 a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

synonym: diagram, graph, map

(1) a weather **chart**, (2) a statistical **chart** This pie **chart** represents our market share.

reaction

 a response that reveals a person's feelings or attitude;
 (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**There was a chemical **reaction** of the lime with the groundwater.

catalyst

 a person or thing that causes an important event to happen or changes the current situation rapidly; (chemistry) a substance that initiates or accelerates a chemical reaction without being changed itself

synonym: accelerator, stimulant, motivation

(1) a **catalyst** in the process of hydrolysis, (2) **catalyst** for reform

The global financial crisis acted as a **catalyst** to unite the country.

bulk

n. the quantity or size of something that is very large; the main part of something

synonym: majority, largeness, amount

(1) buy in **bulk**, (2) **bulk** data transfer

I received a parcel of great **bulk**.

tick

 a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis

synonym:

sound, noise, beat

(1) tick of the clock, (2) tick fever

I always put a **tick** mark next to the items on my grocery list after buying them.

arrange

- v. to plan, prepare for, and carry out something synonym: set up, order, organize
- (1) **arrange** the meeting, (2) the list was **arranged** alphabetically

I need to **arrange** plans with him for the celebration.

attach

- v. to fasten, join, or connect one thing to another synonym: fix, fasten, bind
- (1) **attach** firmly, (2) **attach** a file to an e-mail He does not **attach** importance to these rumors.

zoom

v. to move along very quickly; (noun) the act of rising upward into the air

synonym: move quickly, dive, buzz

(1) **zoom** in on a photo, (2) **zoom** lens

He **zoomed** back in time to the soccer game.

unravel

- v. undo twisted, knitted, or woven threads by separating it synonym: separate, unknot, ravel
- (1) unravel a knit, (2) unravel a plot

Detectives are still attempting to **unravel** the mystery of his death.

dimension

 a measurable extent of a particular kind, such as width, height, or length

synonym: extent, measurement, size

- (1) new **dimension**, (2) the crosswise **dimension**Overall **dimensions** are approximately 400x200mm.
- long, thin material used for tying things together, composed of several twisted threads

string

synonym: line, wire, rope

(1) retie the **string** and make it strong, (2) tense piano **strings**

She wore a **string** of pearls around her neck.

propensity

 a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion

synonym: tendency, inclination, disposition

propensity for violence, (2) propensity to procrastinate
 propensity for lying caused him to lose many friends.

interact

- v. to communicate or react with somebody
- synonym: cooperate, combine, collaborate
- (1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

chain

 a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym: series, string, link

(1) chain reaction, (2) supply chain

The **chain** on my bike broke, leaving me stranded.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) maintain order, (2) maintain good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

combine

- v. to join or merge to form a single thing or group synonym: coalesce, cohere, blend
- (1) combine chemically with another substance,
- (2) combine augmented reality

Hydrogen and oxygen **combine** to form water.

mind-blowing

adj. extremely impressive in a way that affects someone's mind or emotions

synonym: amazing, incredible, shocking

(1) mind-blowing discovery, (2) a mind-blowing horror story

The **mind-blowing** effects of the psychedelic drug were unlike anything he had ever experienced.

trillion

- the number 1,000,000,000,000; a million million
- (1) **trillion** cubic feet, (2) many **trillions** of dollars One light year is nearly 6 **trillion** miles.

molecule

a group of two or more atoms held together by attractive forces known as chemical bonds

synonym: particle, element, atom

(1) small **molecules**, (2) **molecule** behavior The shape of the DNA **molecule** is a double helix.

universe

everything that exists, especially all physical matter, n. including planets, stars, galaxies, and all other forms of matter and energy

synonym: cosmos, macrocosm

- (1) theory of the **universe**, (2) expansion of the **universe** The **universe** is about 13.8 billion years old.
- a long, thin, straight piece of wood, metal, or other n. material used for support, as a weapon, or for punishment

synonym: stick, wand, staff

(1) rod cell, (2) curtain rod

He used a fishing **rod** to catch the biggest fish of the day.

cone

- a geometric shape that tapers to a point at one end and has a circular base at the other end
- (1) traffic **cone**, (2) ice cream **cone**

Cone-shaped cells in the eye's retina are responsible for color vision and visual acuity.

rod

detect

to find or recognize something, especially something difficult to see, hear, etc.

synonym: catch, observe, notice

(1) **detect** a bad event, (2) **detect** smuggling across borders The security camera has **detected** four intruders.

neuron

a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym: nerve cell

(1) excite the **neurons**, (2) **neuron** cell body Our body transfers information along each **neuron** using an electrical impulse.

brain

the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage X-rays revealed a small tumor in his **brain**.

interpret

to explain or assign the meaning of information, actions, etc.

synonym: decode, decipher, analyze

(1) **interpret** a graph, (2) **interpret** the question Different people might interpret this news differently.

unique

adj. being the only one of its kind; unlike anything else synonym: one-of-a-kind, unparalleled, incomparable

(1) a unique teacher, (2) unique design The painting is **unique**, and there is no other like it.

complexity

the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory The project's **complexity** made it difficult for the team to complete it on time.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**The **process** for applying for a visa can be lengthy and complicated.

synthesis

 the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements

synonym: combination, integration, compound

(1) **synthesis** of ammonia, (2) protein **synthesis** inhibitor The chemical **synthesis** of the new drug was a breakthrough in medical research.

tight

adj. fixed, fastened, or kept together firmly or closely synonym: closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget The national election was held amid **tight** security.

regulate

 to control something, especially by means of rules or laws

synonym: control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct We must manage to **regulate** our expenditure.

occasional

adj. happening or appearing at irregular intervals; not constant or regular

synonym: infrequent, sporadic, irregular

(1) **occasional** visitor, (2) **occasional** assistance She only visited her grandparents on **occasional** weekends.

algorithm

 a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation synonym: logic, method, rule

(1) the RSA **algorithm**, (2) **algorithm** for image processing We can evaluate the performance of an **algorithm** in terms of computation time.

estimate

 to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

lifelong

adj. lasting for the whole of someone's life synonym: enduring, eternal, permanent

(1) **lifelong** career, (2) **lifelong** commitment

He had a **lifelong** love of reading and spent hours daily with a book.

complication

 something that makes a situation or condition that is complex or confused

synonym: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

inborn

 adj. existing naturally from birth; innate or inherent; often used to refer to traits or characteristics that are genetically determined

synonym: innate, inherent, natural

(1) inborn talent, (2) inborn characteristics

The scientist's **inborn** sense of logic made her a rigorous and precise thinker.

glycogen

 a complex carbohydrate that is stored in the liver and muscles and broken down into glucose for energy when needed synonym: storage carbohydrate, energy reserve, animal starch

(1) **glycogen** storage, (2) **glycogen** synthesis

The liver produces and stores **glycogen** for the body to use as a source of energy.

storage

 the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information

synonym: storehouse, depository, warehousing

(1) a **storage** battery, (2) **storage** at low temperature We store customer data in cloud **storage**.

release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) **release** a prisoner, (2) **release** CO2 into the air The animal rights group worked to **release** the dolphins back into the wild.

constantly

adv. all the time

synonym: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind

The mobile application industry is **constantly** changing.

carbohydrate

 n. (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals

synonym: sugar, starch, cellulose

(1) complex **carbohydrate**, (2) **carbohydrate** metabolism Foods high in **carbohydrates** include bread, pasta, and rice.

cornstarch

 a fine, powdery flour made from the starch of corn kernels, used as a thickener in cooking or for other industrial purposes

synonym: corn flour, cornmeal, maize flour

(1) cornstarch slurry, (2) cornstarch pudding

A mixture of vinegar and **cornstarch** can be used to clean silverware.

toll

money that you have to pay to use a particular road,bridge, etc.; (verb) to ring slowly

synonym: fee, cost, expense

(1) a **toll** road, (2) **toll** a bell at his death

There is no **toll** car park nearby.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym: harsh, relentless, powerful

severe heat, (2) a severe case of pneumonia
 The senator received severe criticism from his opponent.

hypoglycemia

 a medical condition characterized by abnormally low blood sugar levels, often causing symptoms such as weakness, sweating, confusion, and dizziness

synonym: low blood sugar, insulin reaction, insulin shock

(1) **hypoglycemia** symptoms, (2) **hypoglycemia** diet The doctor recommended frequent monitoring of blood sugar levels to prevent **hypoglycemia**

seizure

 the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease

synonym: confiscation, expropriation, takeover

(1) **seizure** of a debtor's property, (2) a heart **seizure**Customs have made their biggest ever **seizure** of cocaine.

endless

adj. having no end or conclusion; infinitely very large in size or amount

synonym: infinite, ceaseless, boundless

(1) endless possibilities, (2) endless hoursHe looked out the window at the endless stream of people.

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cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym: revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material cycle.

plague

 any epidemic disease with a high death rate; (also called pest) a serious, sometimes fatal, infection spread by rats that causes fever and swellings on the body

synonym: epidemic, pandemic, pest

(1) catch the plague, (2) deadly plague

Our farm experienced a plague of locusts this year.

delay

v. to cause something to happen at a later time than originally intended or expected

synonym: block, adjourn, detain

(1) **delay** a flight three hours, (2) **delay** the new project We **delayed** the payment because of an incorrect invoice.

puberty

 n. the process of a person's physical changes through which their sexual organs develop and become capable of reproduction

synonym: adolescence, young adulthood

at the height of puberty ., (2) the onset of puberty
 this culture, men are initiated when they reach puberty.

frequent

adj. happening constantly

synonym: periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use His heartaches are less **frequent** now.

infection

 a condition in which pathogenic microorganisms or viruses have entered the body

synonym: contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial
infections.

kidney

- either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
- an artificial kidney,
 chronic kidney disease
 the surgeon removed the healthy kidney from the donor.

liver

- a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
- (1) liver disease, (2) fatty liverThe patient will undergo liver transplant surgery tomorrow.

symptom

 any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms** The patient displays a **symptom** of a side effect.

academic

- adj. associated with schools, colleges, and universities,especially studying and thinking, not with practical skillssynonym: educational, scholarly, theoretical
- (1) **academic** probation, (2) an **academic** discussion
 An excellent historian must possess an **academic** mentality.

curiosity

- n. a strong desire to know or learn about somethingsynonym: interest, inquisitiveness, novelty
- (1) boundless **curiosity**, (2) satisfy my intellectual **curiosity** We are motivated by **curiosity** rather than necessity.

fundamental

 adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) fundamental education, (2) fundamental rights

Human behavior has **fundamental** characteristics.

principle

 a fundamental law or truth that explains or controls how something happens or works

synonym: rule, creed, code

(1) **principle** of treatment, (2) **principle** in business Efficiency isn't an essential **principle** here; fairness is.

compose

v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it

synonym: compile, constitute, build

(1) **compose** an essay, (2) **compose** my thoughts

The structure is **composed** of three main components.

genetic

adj. of or relating to genes (= parts of the DNA in cells) or the science of genes

synonym: hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder Understanding protein folding is a vital step in deciphering the **genetic** code.

imply

v. to indicate the truth or existence of something without referring to it

synonym: hint, indicate, denote

(1) **imply** a strong correlation, (2) **imply** the presence of alien

The salespeople speak in technical terms to **imply** that they are more knowledgeable than the customer.

translate

- v. to convert or change words into another language synonym: convert, transcribe, render
- (1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

chock-full

adj. completely filled or crowded with something; having no space or room for additional things

synonym: full, crowded, jam-packed

(1) **chock-full** schedule, (2) **chock-full** of flavor

The picnic basket was **chock-full** of sandwiches, fruit, and drinks.

essential

adj. indispensable; fundamental synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life Trial and error is an **essential** part of education.

component

 one of several parts that combines with others to form something bigger

synonym: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity A smaller car will **consume** less fuel.

continually

adv. in a way that happens without interruption or repeatedly synonym: repeatedly, frequently, constantly

(1) **continually** access information, (2) **continually** changing world

Her tongue runs on **continually**.

destruction

- n. the act of causing so much damage to somethingsynonym: devastation, annihilation, ruin
- (1) path of **destruction**, (2) cyclonic **destruction**The extinction of several subspecies has been linked to climate change and habitat **destruction**.

rebuild

v. to build again or anew

synonym: reconstruct, renovate, restore

(1) **rebuild** a company, (2) **rebuild** communities

They are planning to **rebuild** the house after the fire.

feat

 a notable or impressive achievement, especially one that requires great skill or bravery

synonym: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

circadian

adj. relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones

synonym: daily, diurnal, day-to-day

(1) circadian clock, (2) circadian disruption

Having a consistent sleep schedule is important for maintaining a healthy **circadian** rhythm.

disappear

- v. to cease to exist or be visible
- synonym: fade, evaporate, vanish
- (1) **disappear** without a trace, (2) **disappear** after a week They watched the train **disappear** into the distance.

accomplished

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

synonym: achieved, finished, completed

(1) **accomplished** at a very early age, (2) **accomplished** goal

She felt accomplished after finishing her book.

encode

v. to convert information into a code or format suitable for storage or transmission

synonym: transcribe, convert

(1) encode data, (2) encode information

The software can **encode** and decode encrypted messages.

duration

- n. the length of time something lasts or continuessynonym: period, span, course
- the duration of insurance, (2) short duration
 military incarcerated him for the duration of the war.

dose

 a quantity or amount of medicine or a drug that is taken or administered at one time, typically measured out in specific units; a similar measure of exposure to a harmful substance or radiation

synonym: portion, amount, measure

(1) dose adjustment, (2) daily dose

She took the recommended **dose** of medication to treat her headache.

dependent

adj. relying on someone or something else for support or aid *synonym*: reliant, subject, subordinate

(1) dose- **dependent** induction, (2) a **dependent** person The small island nation is heavily **dependent** on tourism as its main source of income.

transient

adj. lasting only for a short time; not permanent or enduring synonym: temporary, fleeting, passing

(1) transient population, (2) transient feeling

The hotel is only suitable for **transient** stays, as it does not offer long-term accommodations.

induce

v. to persuade someone to do something; to cause to act in a specific manner

synonym: cause, encourage, persuade

(1) **induce** a crisis, (2) **induce** him to see a doctor The lack of sleep **induces** both physical and psychological diseases.

suffice

v. to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose

synonym: satisfy, meet, be enough

(1) **suffice** to live, (2) **suffice** as evidence Would one cup of flour **suffice** for this recipe?

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym: dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials She received special **clinical** training at the hospital.

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

tsunami

 a huge ocean wave caused by an earthquake, volcano, or other disturbance

synonym: tidal wave, seismic sea wave

(1) tsunami warning, (2) tsunami relief

The earthquake- **tsunami** caused widespread destruction along the coast.

surgery

 medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery** He had undergone heart **surgery** years before.

inject

 to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)

synonym: shoot, infiltrate, insinuate

(1) **inject** under the skin, (2) **inject** a personal opinion into a debate

Let's try to **inject** a bit of enthusiasm into your performance.

vessel

n. a ship or large boat

synonym: boat, ship, craft

(1) blood vessels, (2) naval vessels

The **vessel** arrived in port the following day.

clog

v. to obstruct or block up (a passage, pipe, or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something

synonym: block, jam, obstruct

(1) clog a filter, (2) clog artery

The drain was **clogged** with hair and needed to be cleaned out.

artery

n. one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

synonym: blood vessel, channel, roadway

(1) **artery** blockage, (2) risk of coronary **artery** disease Continuous consumption of fatty foods leads to the hardening of the **artery**.

repeatedly

adv. again and again; many times

synonym:

frequently, over and over, constantly

(1) use cell phone **repeatedly**, (2) **repeatedly** nod He claims that his legitimate requests were **repeatedly** ignored.

immune

adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

synonym: resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

aim

- v. to try or plan to get or achieve somethingsynonym: aspire, direct, target
- (1) **aim** at a specific target, (2) **aim** to be a nurse We **aim** for an overseas expansion.

turnaround

 the amount of time needed to prepare a vessel or ship for a return trip; a change or improvement in the condition, performance, or affairs of something

synonym: recovery, improvement, reversal

(1) miraculous **turnaround**, (2) **turnaround** strategy
The company's **turnaround** was a result of new management strategies.

manufacture

v. to make goods in large numbers, usually in a factory using machines

synonym: create, fabricate, assemble

(1) **manufacture** an enzyme, (2) **manufacture** a product The majority of synthetic vitamins are **manufactured** from oil.

know-how

 n. practical knowledge, skills, or experience in a particular field or area, often acquired through personal experience or training

synonym:

expertise, skill, knowledge

(1) **know-how** transfer, (2) share **know-how**Her culinary **know-how** helped her create an impressive menu for the party.

sequence

 a series of related events, actions, numbers, etc., which have a particular order

synonym: arrangement, succession, series

(1) the **sequence** of the seasons, (2) the DNA **sequence** We do move forward with those tasks in **sequence** next week.

virus

 a tiny infectious organic material that causes disease in people, animals, and plants

synonym: bacterium, germ, ailment

(1) spread of the **virus**, (2) a strain of **virus**An infected person in the hospital will likely pass the **virus** to others.

server

 a computer program or a device from which other computers get information; a person who serves food in a restaurant

synonym: computer, waiter, waitperson

(1) a mail **server**, (2) work as a **server** in a restaurant After the airing of the TV commercial, many people accessed the website, and the **server** went down.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

collaborate

v. to work with someone else to produce or achieve something

synonym: cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

spike

 a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something

synonym: end, spindle, point

(1) to **spike**, (2) to prevent blood sugar **spikes**

The recent **spike** in grain prices is partly due to the war in the producing countries.

equip

v. to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

approve

v. to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

synonym: accept, authorize, agree

(1) **approve** a measures, (2) unanimously **approve** a resolution

My boss wouldn't approve of the plan.

countless

adj. too numerous to be counted or very manysynonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions There are **countless** methods for dealing with stress.

goosebump

 a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps

synonym: horripilation, gooseflesh, pilomotor reflex

(1) **goosebump** sensation, (2) **goosebump** moment
The cold wind gave her **goosebumps** on her arms and legs.

regenerative

adj. tending to regrow or restore lost or injured tissue *synonym*: rejuvenating, restorative, healing

- (1) **regenerative** medicine, (2) **regenerative** therapy The **regenerative** properties of stem cells make them a promising area of research.
- a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
- (1) **tumor** growth, (2) **tumor** at remote sites

 The patient was diagnosed with a **tumor** in her lung.

beckon

tumor

v. to gesture or signal someone to come nearer or follow; to encourage or entice someone to do something; to seem attractive or desirable

synonym: signal, summon, gesture

synonym: neoplasm, mass, lump

(1) **beckon** with a hand, (2) **beckon** a taxi

The warm sun and gentle breeze **beckoned** us to spend the

day outside.

autoimmune

- adj. relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
- (1) insulin **autoimmune** syndrome, (2) **autoimmune** disorder

The presence of certain substances triggered the **autoimmune** response.

tamp

v. to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor

synonym: press, compact, ram

(1) tamp down fighting, (2) tamp tobacco into a pipe

Be sure to **tamp** down the soil around the newly planted tree to secure it in place.

overactive

adj. excessively active; showing an excess of activity or energy

synonym: hyperactive, frantic, restless

(1) **overactive** imagination, (2) **overactive** thyroid The medication caused an **overactive** immune system, resulting in adverse side effects.

suited

 adj. appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances

synonym: appropriate, fitting, suitable

(1) **suited** for the job, (2) well- **suited** personality The job offer was perfectly **suited** to her skills and experience.

emerging

adj. starting to exist, mature, or become well-known synonym: arising, occurring, state-of-the-art

(1) **emerging** country, (2) **emerging** technologies **Emerging** technologies have dramatically improved productivity in various industries.

influenza

 n. (formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics

synonym: grippe, flu

(1) an epidemic outbreak of **influenza**, (2) **influenza** B strain

The research institute allocated a lot of money to study the cause and prevention of **influenza**.

variant

n. something that is slightly different from others of the same type

synonym: variation, modification, variance

(1) **variant** types of pigeon, (2) a **variant** of the same word The first **variant** of the virus appeared in less than a month.

exciting

adj. causing a lot of interest or excitement synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news The findings of the experiment were both **exciting** and unexpected.

multiplex

n. a cinema complex with several screens or theaters showing different films at the same time; an electronic device that allows several signals to be transmitted or processed simultaneously through a single channel; (adjective) relating to or consisting of multiple interconnected parts or elements

synonym: multiplexer, complex, cinema

(1) **multiplex** telegraphy, (2) **multiplex** DNA analysis The new **multiplex** cinema has 12 screens showing the latest movies.

combination

a collection of things that have been combined; an assemblage of separate parts or qualities

synonym: blend, hybrid, compounding

genic combinations, (2) combination number
 The combination to the safe was a secret.

respiratory

adj. relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air

synonym: breathing, pulmonary, lung

(1) **respiratory** failure, (2) alleviate **respiratory** ailments Chronic **respiratory** disorders, such as asthma, can significantly impact a person's quality of life.

syncytial

 adj. relating to or characterized by a type of cell structure in which multiple nuclei are contained in a single cytoplasmic mass synonym: multinucleate, fused, united

(1) syncytial virus, (2) syncytial fusion

Syncytial cells have multiple nuclei and are often found in the placenta.

hospitalize

- v. to admit someone to a hospital for medical treatment synonym: admit, place in hospital
- (1) **hospitalize** patient, (2) **hospitalize** child She had to be **hospitalized** due to her injuries.

elderly

adj. (a polite word for) old
synonym: aged, old, senior

a home for the elderly,
 elderly woman
 elderly woman
 elderly woman

booster

 something or someone that supports, promotes, or enhances; a device or substance that improves the performance or effectiveness of something

synonym: promoter, supporter, advocate

(1) metabolism **booster**, (2) morale **booster**

The energy drink is marketed as a **booster** to help athletes perform better.

modest

 adj. having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions

synonym: unassuming, humble, unpretentious

(1) modest income, (2) only a modest fee

Despite his many achievements, he remained **modest** and down-to-earth.

footprint

- n. a mark of a foot, shoe, or animal's foot left on a surface synonym: footmark, imprint, impression
- (1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

extreme

adj. very great in amount or degree

synonym: farthermost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

defend

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat International law allows each nation to **defend** itself when its rights and interests are illegally violated.

miniature

adj. being on a very small scale synonym: mini, scaled-down, pint-sized

(1) **miniature** camera, (2) **miniature** version He did complicated pen-and-ink drawings like medieval **miniatures**.

deploy

- v. to move troops or weapons into a position or military action; to bring into something in an effective waysynonym: set up, expand, launch
- (1) **deploy** troops for battle, (2) **deploy** safety measures This country **deployed** its weapons in the east region.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religionsynonym: confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal The public is **convinced** that the prime minister has committed fraud.

distribute

v. to give something to a large number of individuals, or to spread or furnish something

synonym: broadcast, disperse, hand out

(1) **distribute** wealth evenly, (2) **distribute** video content His estate was **distributed** to his sons.

tap

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

synonym: knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger To expand the company, we must **tap** new human resources.

Session 2: Spelling

11. el____y woman

1.	ling commitment	adj.	lasting for the whole of someone's life
2.	see heat	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
3.	rete blood sugar levels	<i>v</i> .	to control something, especially by means of rules or laws
4.	moar structure	adj.	of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)
5.	emng technologies	adj.	starting to exist, mature, or become well-known
6.	acn protein	n.	a protein found in muscle tissue that is involved in muscle contraction and movement
7.	path of deson	n.	the act of causing so much damage to something
8.	the onset of puy	n.	the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
9.	satisfy my intellectual cuty	n.	a strong desire to know or learn about something
10.	trnt population	adj.	lasting only for a short time; not permanent or enduring

ANSWERS: 1. lifelong, 2. severe, 3. regulate, 4. molecular, 5. emerging, 6. actin, 7. destruction, 8. puberty, 9. curiosity, 10. transient, 11. elderly

adj. (a polite word for) old

12.	clal surgery	adj.	of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
13.	zm in on a photo	<i>v</i> .	to move along very quickly; (noun) the act of rising upward into the air
14.	eqp our children with some special skills	ν.	to provide a person or a place with the things that are needed for a particular purpose or activity
15.	a secret meer	n.	someone or something that carries a message, especially one sent to convey information, news, or an official document
16.	incly cheerful character	adv.	in a way that is very difficult to believe; exceedingly or extremely
17.	retie the stg and make it strong	n.	long, thin material used for tying things together, composed of several twisted threads
18.	buy in bk	n.	the quantity or size of something that is very large; the main part of something
19.	esal commodities of life	adj.	indispensable; fundamental
20.	key cont	n.	one of several parts that combines with others to form something bigger
21.	see of a debtor's property	n.	the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease
22.	det a bad event	<i>v</i> .	to find or recognize something, especially something difficult to see, hear, etc.

ANSWERS: 12. clinical, 13. zoom, 14. equip, 15. messenger, 16. incredibly, 17. string, 18. bulk, 19. essential, 20. component, 21. seizure, 22. detect

23.	coe electricity	<i>v</i> .	to spend something, especially fuel, energy, or time, in a large amount
24.	meal chemistry	adj.	of or relating to the treatment or cure of disease
25.	cognitive comty	n.	the state or quality of being complicated or intricate and difficult to understand
26.	student on a tit budget	adj.	fixed, fastened, or kept together firmly or closely
27.	occal assistance	adj.	happening or appearing at irregular intervals; not constant or regular
28.	red a company	ν.	to build again or anew
29.	a mining horror story	adj.	extremely impressive in a way that affects someone's mind or emotions
30.	metabolism bor	n.	something or someone that supports, promotes, or enhances; a device or substance that improves the performance or effectiveness of something
31.	a conly varying mind	adv.	all the time
32.	fatty lir	n.	a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
33.	dose-dent induction	adj.	relying on someone or something else for support or aid
34.	ape a measures	ν.	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.

ANSWERS: 23. consume, 24. medicinal, 25. complexity, 26. tight, 27. occasional, 28. rebuild, 29. mind-blowing, 30. booster, 31. constantly, 32. liver, 33. dependent, 34. approve

- 35. a c__e about the crime

 36. in___e a crisis

 37. catch the pl___e
 - 38. hem____in level
 - 39. muscle my___n
 - 40. a my___d of choices
 - 41. my d differences
 - 42. the hydrogen binds the ox___n
 - 43. ex e weather events
 - 44. a va____t of the same word
 - 45. co ss hours

- an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
- v. to persuade someone to do something; to cause to act in a specific manner
- n. any epidemic disease with a high death rate; (also called pest) a serious, sometimes fatal, infection spread by rats that causes fever and swellings on the body
- a protein-based molecule found in red blood cells that transports oxygen throughout the body
- a type of protein found in muscle tissue that is responsible for muscle contraction and movement
- adj. a very large number
- adj. a very large number
- n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
- adj. very great in amount or degree
- n. something that is slightly different from others of the same type
- adj. too numerous to be counted or very many

ANSWERS: 35. clue, 36. induce, 37. plague, 38. hemoglobin, 39. myosin, 40. myriad, 41. myriad, 42. oxygen, 43. extreme, 44. variant, 45. countless

46.	inet the question	<i>v</i> .	to explain or assign the meaning of information, actions, etc.
47.	a dent person	adj.	relying on someone or something else for support or aid
48.	become increasingly comed	adj.	involving a lot of different things or parts in a way that is difficult to understand or analyze
49.	excite the nens	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
50.	theory of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
51.	a gec disorder	adj.	of or relating to genes (= parts of the DNA in cells) or the science of genes
52.	sue to live	<i>v</i> .	to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose
53.	exng football player	adj.	causing a lot of interest or excitement
54.	chronic kiy disease	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
55.	frnt absence	adj.	happening constantly
56.	mole behavior	n.	a group of two or more atoms held together by attractive forces known as chemical bonds

ANSWERS: 46. interpret, 47. dependent, 48. complicated, 49. neuron, 50. universe, 51. genetic, 52. suffice, 53. exciting, 54. kidney, 55. frequent, 56. molecule

57.	corch pudding	n.	a fine, powdery flour made from the starch of corn kernels, used as a thickener in cooking or for other industrial purposes
58.	cae customers' hearts	v.	to catch a person or an animal and confine them in an area which they cannot escape
59.	fey service	n.	a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule
60.	traffic ce	n.	a geometric shape that tapers to a point at one end and has a circular base at the other end
61.	a cast in the process of hydrolysis	n.	a person or thing that causes an important event to happen or changes the current situation rapidly; (chemistry) a substance that initiates or accelerates a chemical reaction without being changed itself
62.	neurotic syms	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
63.	colte on a press release	<i>v</i> .	to work with someone else to produce or achieve something
64.	the fonts of an earlier civilization	n.	a mark of a foot, shoe, or animal's foot left on a surface
65.	ct prevention	n.	a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force

ANSWERS: 57. cornstarch, 58. capture, 59. ferry, 60. cone, 61. catalyst, 62. symptom, 63. collaborate, 64. footprint, 65. clot

ANSWERS: 66. hemoglobin, 67. process, 68. instruction, 69. fundamental, 70. imply, 71. disappear, 72. cornstarch, 73. influenza, 74. release

75.	D_t approval	n.	the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
76.	cae a glimpse	v.	to catch a person or an animal and confine them in an area which they cannot escape
77.	syms of low testosterone	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
78.	ice cream ce	n.	a geometric shape that tapers to a point at one end and has a circular base at the other end
79.	manre an enzyme	<i>v</i> .	to make goods in large numbers, usually in a factory using machines
80.	syis of ammonia	n.	the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements
81.	follow his insons	n.	detailed direction, order, etc., on how to do or use something
82.	at the height of puy.	n.	the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
83.	diste wealth evenly	v.	to give something to a large number of individuals, or to spread or furnish something

ANSWERS: 75. diet, 76. capture, 77. symptom, 78. cone, 79. manufacture, 80. synthesis, 81. instruction, 82. puberty, 83. distribute

84.	the DNA sece	n.	a series of related events, actions, numbers, etc., which have a particular order
85.	adt calendar	n.	the arrival or beginning of something; the coming of Jesus Christ at his birth
86.	risk of coronary ary disease	n.	one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
87.	development of vaes	n.	a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)
88.	este a fair value	<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
89.	lack of oxn	n.	the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
90.	ling career	adj.	lasting for the whole of someone's life
91.	protein syis inhibitor	n.	the combination of components or elements to form a more complex whole; the creation of something new through combining parts or elements
92.	proty for violence	n.	a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion

ANSWERS: 84. sequence, 85. advent, 86. artery, 87. vaccine, 88. estimate, 89. oxygen, 90. lifelong, 91. synthesis, 92. propensity

93. trigger a reon	n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
94. mot income	adj.	having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions
95. a bacterial inon	n.	a condition in which pathogenic microorganisms or viruses have entered the body
96. ac_n polymerization	n.	a protein found in muscle tissue that is involved in muscle contraction and movement
97. acched goal	adj.	having completed a task or achieved a goal successfully; skilled or proficient at something
98. syal virus	adj.	relating to or characterized by a type of cell structure in which multiple nuclei are contained in a single cytoplasmic mass
99. turnd strategy	n.	the amount of time needed to prepare a vessel or ship for a return trip; a change or improvement in the condition, performance, or affairs of something
100. only a mot fee	adj.	having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions
101. an artificial kiy	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine

ANSWERS: 93. reaction, 94. modest, 95. infection, 96. actin, 97. accomplished, 98. syncytial, 99. turnaround, 100. modest, 101. kidney

a substance produced in the blood that 102. produce an dy n. attacks and kills harmful bacteria, viruses, etc., to fight disease to try or plan to get or achieve 103. a m to be a nurse ν. something the quantity or size of something that is 104. b k data transfer n. very large; the main part of something an untidy state or a lack of organization; 105. people with bipolar di er n. a physical condition or illness that causes problems with how a section of the body or brain functions a tiny infectious organic material that 106. a strain of vi s n. causes disease in people, animals, and plants a computer program or a device from 107. a mail se r n. which other computers get information; a person who serves food in a restaurant 108. pro____ty to procrastinate a natural inclination, preference, or n. tendency toward a particular activity, behavior, or opinion 109. en e data to convert information into a code or format suitable for storage or transmission 110. the crosswise di____on a measurable extent of a particular kind, n. such as width, height, or length 111. ar___y blockage one of the thick tubes in humans and n. most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

ANSWERS: 102. antibody, 103. aim, 104. bulk, 105. disorder, 106. virus, 107. server, 108. propensity, 109. encode, 110. dimension, 111. artery

	gainst bacteria	n.	a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease
113. coe my	thoughts	ν.	to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
114. an oral va	e	n.	a substance that is put into the body and protects them from disease by causing them to produce antibodies (= proteins that attack harmful bacteria, viruses, etc.)
115. cian c	lock	adj.	relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones
116. short du	on	n.	the length of time something lasts or continues
117. tk of the c	lock	n.	a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
118. permanent br	n damage	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
119. celebrate the	e adt of spring	n.	the arrival or beginning of something; the coming of Jesus Christ at his birth
120. diste v	video content	ν.	to give something to a large number of individuals, or to spread or furnish something

ANSWERS: 112. antibody, 113. compose, 114. vaccine, 115. circadian, 116. duration, 117. tick, 118. brain, 119. advent, 120. distribute

121. bioal reaction	adj.	relating to the chemical processes and substances that occur within living organisms
122. ded my country	v.	to protect someone or something from attack, criticism, danger, etc.
123. the remle breadth of knowledge	adj.	worthy of attention because unusual or special
124. ene information	v.	to convert information into a code or format suitable for storage or transmission
125. coed criminal	adj.	completely certain about something; having a strong belief or conviction in a particular religion
126. govnt bureaucracy	n.	the group of people with authority to control a country or state
127. spare conts for cars	n.	one of several parts that combines with others to form something bigger
128. nuclear mA	n.	(an abbreviation for messenger RNA) a single-stranded molecule of RNA that corresponds to the genetic sequence of a gene, and is read by a ribosome in the process of synthesizing a protein
129. many trons of dollars	n.	the number 1,000,000,000,000; a million million
130. decision-making prs	n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other

ANSWERS: 121. biochemical, 122. defend, 123. remarkable, 124. encode, 125. convinced, 126. government, 127. component, 128. mRNA, 129. trillion, 130. process

dairy products

131. coe a large of alcohol	ν.	to spend something, especially fuel, energy, or time, in a large amount
132. mire version	adj.	being on a very small scale
133. complex carate	n.	(also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals
134. ret a good worker	ν.	to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
135. dey troops for battle	v.	to move troops or weapons into a position or military action; to bring into something in an effective way
136. a_m at a specific target	<i>v</i> .	to try or plan to get or achieve something
137. manre a product	<i>v</i> .	to make goods in large numbers, usually in a factory using machines
138. ste at low temperature	n.	the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information
139. gomp sensation	n.	a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps
140. classic arcure	n.	the art and science of designing and constructing buildings

ANSWERS: 131. consume, 132. miniature, 133. carbohydrate, 134. recruit, 135. deploy, 136. aim, 137. manufacture, 138. storage, 139. goosebump, 140. architecture

141.	int a personal opinion into a debate	<i>v</i> .	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
142.	go to the workplace by cye	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
143.	a heart see	n.	the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease
144.	inza B strain	n.	(formal for flu) a highly contagious viral disease that causes fever, severe aching, and catarrh and often occurs in epidemics
145.	miraculous turnd	n.	the amount of time needed to prepare a vessel or ship for a return trip; a change or improvement in the condition, performance, or affairs of something
146.	t_p keyboard with an index finger	<i>v</i> .	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
147.	ben with a hand	<i>v</i> .	to gesture or signal someone to come nearer or follow; to encourage or entice someone to do something; to seem attractive or desirable
148.	tsi warning	n.	a huge ocean wave caused by an earthquake, volcano, or other disturbance

ANSWERS: 141. inject, 142. cycle, 143. seizure, 144. influenza, 145. turnaround, 146. tap, 147. beckon, 148. tsunami

149. frnt use	adj.	happening constantly
150. the duon of insurance	n.	the length of time something lasts or continues
151. resry failure	adj.	relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
152. dey a flight three hours	v.	to cause something to happen at a later time than originally intended or expected
153. genic comons	n.	a collection of things that have been combined; an assemblage of separate parts or qualities
154. exe sports	adj.	very great in amount or degree
155. tl a bell at his death	n.	money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly
156. to spe	n.	a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something
157. choll schedule	adj.	completely filled or crowded with something; having no space or room for additional things
158. the list was ared alphabetically	v.	to plan, prepare for, and carry out something
159. intle pain	adj.	difficult to manage or control; stubborn or obstinate
160. diar after a week	v.	to cease to exist or be visible

ANSWERS: 149. frequent, 150. duration, 151. respiratory, 152. delay, 153. combination, 154. extreme, 155. toll, 156. spike, 157. chock-full, 158. arrange, 159. intractable, 160. disappear

161. eqp an army	<i>v</i> .	to provide a person or a place with the things that are needed for a particular purpose or activity
162. he was enly to blame	adv.	completely
163. supply chn	n.	a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
164. expansion of the unse	n.	everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
165. chemical reon	n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
166. insulin autne syndrome	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
167. coen supplement	n.	a fibrous protein that forms the connective tissues in animals, including skin, tendons, and bone; often used in cosmetic and medical treatments for its ability to add firmness and elasticity to skin or other tissues
168. traditional meal	adj.	of or relating to the treatment or cure of disease
169. incle amount	adj.	unbelievable; enormous
170. hosze patient	ν.	to admit someone to a hospital for medical treatment

ANSWERS: 161. equip, 162. entirely, 163. chain, 164. universe, 165. reaction, 166. autoimmune, 167. collagen, 168. medicinal, 169. incredible, 170. hospitalize

171. fey terminal	n.	a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule
172. tur at remote sites	n.	a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
173. tsi relief	n.	a huge ocean wave caused by an earthquake, volcano, or other disturbance
174. complex bioal	adj.	relating to the chemical processes and substances that occur within living organisms
175. use cell phone reply	adv.	again and again; many times
176. inct directly with customers	<i>v</i> .	to communicate or react with somebody
177. cian disruption	adj.	relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones
178. glen storage	n.	a complex carbohydrate that is stored in the liver and muscles and broken down into glucose for energy when needed
179. monic block	adj.	characterized by massiveness, rigidity, and uniformity
180. reply nod	adv.	again and again; many times
181. inn characteristics	adj.	existing naturally from birth; innate or inherent; often used to refer to traits or characteristics that are genetically determined

ANSWERS: 171. ferry, 172. tumor, 173. tsunami, 174. biochemical, 175. repeatedly, 176. interact, 177. circadian, 178. glycogen, 179. monolithic, 180. repeatedly, 181. inborn

182. main good health	v.	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
183. ens possibilities	adj.	having no end or conclusion; infinitely very large in size or amount
184. a numerator in a fron	n.	a small part or item forming a piece of a whole; the quotient of two rational numbers
185. acic probation	adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
186. funal education	adj.	forming an essential base or core from which everything else develops or is affected
187. treat the inon with antibiotics	n.	a condition in which pathogenic microorganisms or viruses have entered the body
188. a conly innovative enterprise	adv.	all the time
189. coen production	n.	a fibrous protein that forms the connective tissues in animals, including skin, tendons, and bone; often used in cosmetic and medical treatments for its ability to add firmness and elasticity to skin or other tissues
190. choIl of flavor	adj.	completely filled or crowded with something; having no space or room for additional things
191. eat a vegetarian dt	n.	the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

ANSWERS: 182. maintain, 183. endless, 184. fraction, 185. academic, 186. fundamental, 187. infection, 188. constantly, 189. collagen, 190. chock-full, 191. diet

192. emng country	adj.	starting to exist, mature, or become well-known
193. unanimously ape a resolution	v.	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
194. hosze child	<i>v</i> .	to admit someone to a hospital for medical treatment
195. die prevention	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
196. a une teacher	adj.	being the only one of its kind; unlike anything else
197. conly access information	adv.	in a way that happens without interruption or repeatedly
198. coed of the idea	adj.	completely certain about something; having a strong belief or conviction in a particular religion
199. morale bor	n.	something or someone that supports, promotes, or enhances; a device or substance that improves the performance or effectiveness of something
200. inn talent	adj.	existing naturally from birth; innate or inherent; often used to refer to traits or characteristics that are genetically determined
201. moar biology	adj.	of or relating to molecules (= a group of two or more atoms held together by attractive forces known as chemical bonds)

ANSWERS: 192. emerging, 193. approve, 194. hospitalize, 195. disease, 196. unique, 197. continually, 198. convinced, 199. booster, 200. inborn, 201. molecular

202. hypmia diet	n.	a medical condition characterized by abnormally low blood sugar levels, often causing symptoms such as weakness, sweating, confusion, and dizziness
203. prle in business	n.	a fundamental law or truth that explains or controls how something happens or works
204. ple dough	adj.	flexible; easy to bend without breaking or cracking
205. tp down fighting	v.	to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor
206. nen cell body	n.	a cell that is specialized to carry information within the brain and between the brain and other parts of the body
207. change the ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment
208. regive therapy	adj.	tending to regrow or restore lost or injured tissue
209. a see case of pneumonia	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
210. daily de	n.	a quantity or amount of medicine or a drug that is taken or administered at one time, typically measured out in specific units; a similar measure of exposure to a harmful substance or radiation

ANSWERS: 202. hypoglycemia, 203. principle, 204. pliable, 205. tamp, 206. neuron, 207. ecosystem, 208. regenerative, 209. severe, 210. dose

211. sue as evidence	v.	to be enough or sufficient; to meet the needs or requirements of something or someone; to satisfy or fulfill a purpose
212. coe an essay	v.	to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
213. to prevent blood sugar spes	n.	a narrow, thin, pointed piece of metal, wood, etc.; a sudden large increase in the magnitude or concentration of something
214. comon number	n.	a collection of things that have been combined; an assemblage of separate parts or qualities
215. ath a file to an e-mail	ν.	to fasten, join, or connect one thing to another
216. hemoglobin metsm	n.	the set of chemical reactions in cells or organisms that are necessary for life-sustaining
217. deadly ple	n.	any epidemic disease with a high death rate; (also called pest) a serious, sometimes fatal, infection spread by rats that causes fever and swellings on the body
218. ath firmly	<i>v</i> .	to fasten, join, or connect one thing to another
219. blood vels	n.	a ship or large boat
220. zm lens	<i>v</i> .	to move along very quickly; (noun) the act of rising upward into the air
221. a tl road	n.	money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly

ANSWERS: 211. suffice, 212. compose, 213. spike, 214. combination, 215. attach, 216. metabolism, 217. plague, 218. attach, 219. vessel, 220. zoom, 221. toll

222. basic brn function	n.	the organ inside the head that is responsible for one's movement, thought, memory, and feeling
223. ine him to see a doctor	v.	to persuade someone to do something; to cause to act in a specific manner
224. glen synthesis	n.	a complex carbohydrate that is stored in the liver and muscles and broken down into glucose for energy when needed
225. comty theory	n.	the state or quality of being complicated or intricate and difficult to understand
226. metsm enzyme	n.	the set of chemical reactions in cells or organisms that are necessary for life-sustaining
227. stre and function of the brain	n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
228. tp tobacco into a pipe	v.	to pack down or compress tightly using a tool or instrument; to suppress or reduce something, such as an emotion, a conflict, or a rumor
229. boundless cuty	n.	a strong desire to know or learn about something
230. alhm for image processing	n.	a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
231. marine ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment

ANSWERS: 222. brain, 223. induce, 224. glycogen, 225. complexity, 226. metabolism, 227. structure, 228. tamp, 229. curiosity, 230. algorithm, 231. ecosystem

232. the professor of suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
233. imy a strong correlation	<i>v</i> .	to indicate the truth or existence of something without referring to it
234. the RSA alhm	n.	a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
235. intellectual ft	n.	a notable or impressive achievement, especially one that requires great skill or bravery
236. work as a ser in a restaurant	n.	a computer program or a device from which other computers get information; a person who serves food in a restaurant
237. monic system	adj.	characterized by massiveness, rigidity, and uniformity
238. alleviate resry ailments	adj.	relating to the organs and processes involved in breathing, such as the lungs and the act of inhaling and exhaling air
239. occal visitor	adj.	happening or appearing at irregular intervals; not constant or regular
240. die control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 232. surgery, 233. imply, 234. algorithm, 235. feat, 236. server, 237. monolithic, 238. respiratory, 239. occasional, 240. disease

241. a	acched at a very early age	adj.	having completed a task or achieved a goal successfully; skilled or proficient at something
242. ł	nave gec testing	adj.	of or relating to genes (= parts of the DNA in cells) or the science of genes
243. t	ur growth	n.	a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
244. €	ens hours	adj.	having no end or conclusion; infinitely very large in size or amount
245. a	a statistical cht	n.	a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
246. r	main order	v.	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
247. c	comion of structure	n.	something that makes a situation or condition that is complex or confused
248. a	a home for the ely	adj.	(a polite word for) old
249. c	carate metabolism	n.	(also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals
250. s	sud for the job	adj.	appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances
251. v	write him an answer immly	adv.	now or without delay

ANSWERS: 241. accomplished, 242. genetic, 243. tumor, 244. endless, 245. chart, 246. maintain, 247. complication, 248. elderly, 249. carbohydrate, 250. suited, 251. immediately

252. c_g artery	ν.	to obstruct or block up (a passage, pipe, or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something
253. cyclonic deson	n.	the act of causing so much damage to something
254. new dion	n.	a measurable extent of a particular kind, such as width, height, or length
255. human activities intect with the environment	v.	to connect similar things
256. share know	n.	practical knowledge, skills, or experience in a particular field or area, often acquired through personal experience or training
257. amg advances	adj.	extremely surprising, especially in a way that you like or admire
258. trnt feeling	adj.	lasting only for a short time; not permanent or enduring
259. blood ct	n.	a thick mass or lump of coagulated liquid, especially blood; a group of people or things that form an obstructive, unsympathetic, or resistant force
260. oveve imagination	adj.	excessively active; showing an excess of activity or energy
261. keep the skin ple	adj.	flexible; easy to bend without breaking or cracking
262. hed a new era	<i>v</i> .	to be a sign or indication of something to come; to proclaim or announce something publicly, often with great enthusiasm or fanfare

ANSWERS: 252. clog, 253. destruction, 254. dimension, 255. interconnect, 256. know-how, 257. amazing, 258. transient, 259. clot, 260. overactive, 261. pliable, 262. herald

263. ret a new hire	v.	to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
264. ree a prisoner	ν.	to set free or allow to escape from confinement
265. resolve without comion	n.	something that makes a situation or condition that is complex or confused
266. the stre of a machine	n.	the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
267. tk fever	n.	a light, sharp, repetitive sound or action; a mark indicating that something is correct or has been done; any of two families of small parasitic arachnids with barbed proboscis
268. the sece of the seasons	n.	a series of related events, actions, numbers, etc., which have a particular order
269. prn synthesis	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
270. prle of treatment	n.	a fundamental law or truth that explains or controls how something happens or works
271. cast for reform	n.	a person or thing that causes an important event to happen or changes the current situation rapidly; (chemistry) a substance that initiates or accelerates a chemical reaction without being changed itself

ANSWERS: 263. recruit, 264. release, 265. complication, 266. structure, 267. tick, 268. sequence, 269. protein, 270. principle, 271. catalyst

272. a	arcure design	n.	the art and science of designing and constructing buildings
273. a	at incle speed	adj.	unbelievable; enormous
274. a	a crk in a board	<i>v</i> .	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
275. k	know transfer	n.	practical knowledge, skills, or experience in a particular field or area, often acquired through personal experience or training
	rte the emotion to a novement	ν.	to convert or change words into another language
277. c	dey safety measures	<i>v</i> .	to move troops or weapons into a position or military action; to bring into something in an effective way
278. p	participate in clal trials	adj.	of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
279. v	vell-sud personality	adj.	appropriate, fitting, or acceptable for a particular purpose or occasion; matched or corresponding to a specific person, dress, or circumstances
280. tl	he most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
281. ir	mmly recall a product	adv.	now or without delay
282. ir	ntle situation	adj.	difficult to manage or control; stubborn or obstinate

ANSWERS: 272. architecture, 273. incredible, 274. crack, 275. know-how, 276. translate, 277. deploy, 278. clinical, 279. suited, 280. amazing, 281. immediately, 282. intractable

283. the cye of the seasons	n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
284. curtain r_d	n.	a long, thin, straight piece of wood, metal, or other material used for support, as a weapon, or for punishment
285. de adjustment	n.	a quantity or amount of medicine or a drug that is taken or administered at one time, typically measured out in specific units; a similar measure of exposure to a harmful substance or radiation
286. get incly insecure	adv.	in a way that is very difficult to believe; exceedingly or extremely
287. naval vels	n.	a ship or large boat
288. r_d cell	n.	a long, thin, straight piece of wood, metal, or other material used for support, as a weapon, or for punishment
289. regive medicine	adj.	tending to regrow or restore lost or injured tissue
290. an acic discussion	adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
291. det smuggling across borders	v.	to find or recognize something, especially something difficult to see, hear, etc.
292. hypmia symptoms	n.	a medical condition characterized by abnormally low blood sugar levels, often causing symptoms such as weakness, sweating, confusion, and dizziness

ANSWERS: 283. cycle, 284. rod, 285. dose, 286. incredibly, 287. vessel, 288. rod, 289. regenerative, 290. academic, 291. detect, 292. hypoglycemia

293. lir disease	n.	a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
294. a ti_t game	adj.	fixed, fastened, or kept together firmly or closely
295. remle achievement	adj.	worthy of attention because unusual or special
296. myn protein	n.	a type of protein found in muscle tissue that is responsible for muscle contraction and movement
297. spread of the vi_s	n.	a tiny infectious organic material that causes disease in people, animals, and plants
298. este this chicken to weigh three pounds	<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
299. chn reaction	n.	a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
300. inct with one another	<i>v</i> .	to communicate or react with somebody
301. answer coss questions	adj.	too numerous to be counted or very many
302. unI a knit	<i>v</i> .	undo twisted, knitted, or woven threads by separating it
303. t_p a new market	v.	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

ANSWERS: 293. liver, 294. tight, 295. remarkable, 296. myosin, 297. virus, 298. estimate, 299. chain, 300. interact, 301. countless, 302. unravel, 303. tap

304. red communities	<i>v</i> .	to build again or anew
305. trte a document into English	ν.	to convert or change words into another language
306. dey the new project	v.	to cause something to happen at a later time than originally intended or expected
307. mire camera	adj.	being on a very small scale
308. the files are in complete dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
309. ime from criminal prosecution	adj.	protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
310. coe augmented reality	<i>v</i> .	to join or merge to form a single thing or group
311. unl a plot	<i>v</i> .	undo twisted, knitted, or woven threads by separating it
312. oveve thyroid	adj.	excessively active; showing an excess of activity or energy
313. mining discovery	adj.	extremely impressive in a way that affects someone's mind or emotions
314. a gec product	adj.	not specific; not linked to a particular brand or product
315. crk an eggshell	v.	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

ANSWERS: 304. rebuild, 305. translate, 306. delay, 307. miniature, 308. disorder, 309. immune, 310. combine, 311. unravel, 312. overactive, 313. mind-blowing, 314. generic, 315. crack

316. esal amino acid	adj.	indispensable; fundamental
317. ft accomplishment	n.	a notable or impressive achievement, especially one that requires great skill or bravery
318. tense piano stgs	n.	long, thin material used for tying things together, composed of several twisted threads
319. vat types of pigeon	n.	something that is slightly different from others of the same type
320. a weather cht	n.	a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
321. coe chemically with another substance	<i>v</i> .	to join or merge to form a single thing or group
322. rete our conduct	v.	to control something, especially by means of rules or laws
323. mA translation	n.	(an abbreviation for messenger RNA) a single-stranded molecule of RNA that corresponds to the genetic sequence of a gene, and is read by a ribosome in the process of synthesizing a protein
324. int under the skin	v.	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
325. a ste battery	n.	the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information

ANSWERS: 316. essential, 317. feat, 318. string, 319. variant, 320. chart, 321. combine, 322. regulate, 323. mRNA, 324. inject, 325. storage

326. meer app	n.	someone or something that carries a message, especially one sent to convey information, news, or an official document
327. une design	adj.	being the only one of its kind; unlike anything else
328. ded against a threat	<i>v</i> .	to protect someone or something from attack, criticism, danger, etc.
329. muex telegraphy	n.	a cinema complex with several screens or theaters showing different films at the same time; an electronic device that allows several signals to be transmitted or processed simultaneously through a single channel; (adjective) relating to or consisting of multiple interconnected parts or elements
330. are the meeting	<i>v</i> .	to plan, prepare for, and carry out something
331. directly intect with those systems	v.	to connect similar things
332. cg a filter	v.	to obstruct or block up (a passage, pipe or system) with an accumulation of thick or sticky matter; to impede or hinder the progress or movement of something
333. a fronal share of the vote	n.	a small part or item forming a piece of a whole; the quotient of two rational numbers
334. tron cubic feet	n.	the number 1,000,000,000,000; a million million

ANSWERS: 326. messenger, 327. unique, 328. defend, 329. multiplex, 330. arrange, 331. interconnect, 332. clog, 333. fraction, 334. trillion

335. syal fusion	adj.	relating to or characterized by a type of cell structure in which multiple nuclei are contained in a single cytoplasmic mass
336. small moles	n.	a group of two or more atoms held together by attractive forces known as chemical bonds
337. exng news	adj.	causing a lot of interest or excitement
338. cardiac suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
339. gec version	adj.	not specific; not linked to a particular brand or product
340. hed the news	<i>v</i> .	to be a sign or indication of something to come; to proclaim or announce something publicly, often with great enthusiasm or fanfare
341. ben a taxi	ν.	to gesture or signal someone to come nearer or follow; to encourage or entice someone to do something; to seem attractive or desirable
342. a ce to the diagnosis	n.	an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery

ANSWERS: 335. syncytial, 336. molecule, 337. exciting, 338. surgery, 339. generic, 340. herald, 341. beckon, 342. clue

343. inet a graph	<i>v</i> .	to explain or assign the meaning of information, actions, etc.
344. autne disorder	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
345. conly changing world	adv.	in a way that happens without interruption or repeatedly
346. gomp moment	n.	a small bump that appears on the skin due to cold, fear, or excitement; a physiological response that causes the skin to contract and produce small bumps
347. muex DNA analysis	n.	a cinema complex with several screens or theaters showing different films at the same time; an electronic device that allows several signals to be transmitted or processed simultaneously through a single channel; (adjective) relating to or consisting of multiple interconnected parts or elements
348. a comed process	adj.	involving a lot of different things or parts in a way that is difficult to understand or analyze
349. govnt funding	n.	the group of people with authority to control a country or state
350. stress prn	n.	a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

ANSWERS: 343. interpret, 344. autoimmune, 345. continually, 346. goosebump, 347. multiplex, 348. complicated, 349. government, 350. protein

351. the cell of the ime sys	tem
352. fonts in the snow	
353. enly satisfied with the	e meal
354. colte with the police	e

351, the cell of the im

- adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
- a mark of a foot, shoe, or animal's foot n. left on a surface
- adv. completely
- to work with someone else to produce or achieve something

ANSWERS: 351. immune, 352. footprint, 353. entirely, 354. collaborate

Session 3: Fill in the Blanks

1. T	The in the blood vessel required immediate medical attention. a thick mass or lump of coagulated liquid, especially blood; a group of people
	or things that form an obstructive, unsympathetic, or resistant force
2. V	Ve the season's total trade deficit at \$50 billion.
v.	to guess or calculate the cost, size, value, etc. of something
3. H	le does not importance to these rumors.
ν.	to fasten, join, or connect one thing to another
4. T	he national election was held amid security.
adj.	fixed, fastened, or kept together firmly or closely
5. E	Efficiency isn't an essential here; fairness is.
n.	a fundamental law or truth that explains or controls how something happens or works
	Ve can evaluate the performance of an in terms of computation me.
n.	a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
7. T	rial and error is an part of education.
adj.	indispensable; fundamental
	he extinction of several subspecies has been linked to climate change and abitat
n.	the act of causing so much damage to something
	WERS: 1. clot, 2. estimated, 3. attach, 4. tight, 5. principle, 6. algorithm, 7. ntial, 8. destruction

9.	His heartaches are less now.
adj	happening constantly
10.	The company's was a result of new management strategies.
n.	the amount of time needed to prepare a vessel or ship for a return trip; a change or improvement in the condition, performance, or affairs of something
11.	Hospitals must meet various standards to prevent nosocomial
n.	a condition in which pathogenic microorganisms or viruses have entered the body
12.	We choose transportation that has a smaller carbon
n.	a mark of a foot, shoe, or animal's foot left on a surface
13.	My boss wouldn't of the plan.
<i>v</i> .	to think that someone or something is favorable, acceptable, or appropriate; to officially accept a plan, request, etc.
14.	The public is that the prime minister has committed fraud.
adj	completely certain about something; having a strong belief or conviction in a particular religion
15.	An mRNA vaccine is a type of vaccine that uses a copy of a molecule called RNA.
n.	someone or something that carries a message, especially one sent to convey information, news, or an official document
16.	The city is known for its impressive and beautiful old buildings.
n.	the art and science of designing and constructing buildings
	SWERS: 9. frequent, 10. turnaround, 11. infections, 12. footprint, 13. approve, 14 vinced, 15. messenger, 16. architecture

20. The election was a _____ success for the Whigs.
adj. worthy of attention because unusual or special
21. I was able to _____ the moment on film.

- v. to catch a person or an animal and confine them in an area which they cannot escape
- 22. Big technology companies try to integrate customers' data into ______ applications.
 - adj. characterized by massiveness, rigidity, and uniformity
- 23. The energy drink is marketed as a _____ to help athletes perform better.
- *n.* something or someone that supports, promotes, or enhances; a device or substance that improves the performance or effectiveness of something
- 24. His estate was _____ to his sons.
 - v. to give something to a large number of individuals, or to spread or furnish something

ANSWERS: 17. storage, 18. inborn, 19. continually, 20. remarkable, 21. capture, 22. monolithic, 23. booster, 24. distributed

25. The doctor recom	mended frequent mor	nitoring of blood su	gar levels to prevent
	ion characterized by a	•	od sugar levels, often ion, and dizziness
26. The job offer was	perfectly to h	er skills and exper	ience.
*	ng, or acceptable for a g to a specific person,	•	e or occasion; matched cances
27. The global financi	al crisis acted as a	to unite th	e country.
current situation	g that causes an impo rapidly; (chemistry) a n without being chang	substance that ini	pen or changes the tiates or accelerates a
28. A balanced	s more important for l	health than supple	ments.
	nk that a person, anim lative assembly in cer	•	
29. There are	methods for deal	ing with stress.	
adj. too numerous to	be counted or very m	nany	
30. He that would eat	the kernel must	_ the nut.	
	e to break without div omething along which	•	parts; (noun) a line on rithout breaking
31. The first	of the virus appeared	l in less than a mo	nth.
n. something that is	s slightly different fron	n others of the san	ne type
32 cells h	nave multiple nuclei ar	nd are often found	in the placenta.
adj. relating to or cha	aracterized by a type of a single cytoplasmic		which multiple nuclei
ANSWERS: 25. hypog crack, 31. variant, 32.	- -	27. catalyst, 28. die	et, 29. countless, 30.

Vocab-Builder Ref from "Melissa J. Moore: How mRNA medicine will change the world | TED Talk" (177 words)

ANSWERS: 41. chain, 42. virus, 43. repeatedly, 44. pliable, 45. trillion, 46. curiosity, 47. brain, 48. consume, 49. autoimmune

50.	Human conservation efforts often fail unexpectedly because they disturb the balance of the
n.	all the plants and living creatures in an area and the way they affect each other and the environment
51.	cells in the eye's retina are responsible for color vision and visual acuity.
n.	a geometric shape that tapers to a point at one end and has a circular base at the other end
52.	Human behavior has characteristics.
adj	forming an essential base or core from which everything else develops or is affected
53.	The across the river offers a convenient transportation option for commuters.
n.	a boat or ship used to transport people, vehicles, or goods across a body of water, especially on a regular schedule
54.	A mixture of vinegar and can be used to clean silverware.
n.	a fine, powdery flour made from the starch of corn kernels, used as a thickener in cooking or for other industrial purposes
55.	The colonial government militia support when civil war broke out.
v.	to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
56.	The researchers try to discover a common in all types of successful organizations.
n.	one of several parts that combines with others to form something bigger
	SWERS: 50. ecosystem, 51. Cone-shaped, 52. fundamental, 53. ferry, 54. nstarch, 55. recruited, 56. component

63. protein

ANSWERS: 64. mRNA, 65. liver, 66. accomplished, 67. modest, 68. clogged, 69. zoomed, 70. string

71. The doctor diagnosed him with a rare that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
72. The project's made it difficult for the team to complete it on time.
n. the state or quality of being complicated or intricate and difficult to understand
73. Having a consistent sleep schedule is important for maintaining a healthy rhythm.
adj. relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones
74. Solar gravity creates pressures and temperatures.
adj. very great in amount or degree
75. He should more with his colleagues.
v. to communicate or react with somebody
76. The effects of the psychedelic drug were unlike anything he had ever experienced.
adj. extremely impressive in a way that affects someone's mind or emotions
77. They watched the train into the distance.
v. to cease to exist or be visible
78. Her response revealed idiocy.
adj. unbelievable; enormous
ANSWERS: 71. disease, 72. complexity, 73. circadian, 74. extreme, 75. interact, 76 mind-blowing, 77. disappear, 78. incredible

ANSWERS: 79. rebuild, 80. interpret, 81. defend, 82. server, 83. propensity, 84. glycogen, 85. carbohydrates, 86. synthesis

87.	ATP molecules power the motor activity of
n.	a type of protein found in muscle tissue that is responsible for muscle contraction and movement
88.	There was a chemical of the lime with the groundwater.
n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
89.	To expand the company, we must new human resources.
<i>v</i> .	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
90.	The construction company the building with an earthquake-resistant device.
<i>v</i> .	to provide a person or a place with the things that are needed for a particular purpose or activity
91.	the text from Italian into English.
ν.	to convert or change words into another language
92.	Hydrogen and oxygen to form water.
v.	to join or merge to form a single thing or group
93.	The to the safe was a secret.
n.	a collection of things that have been combined; an assemblage of separate parts or qualities
94.	Better sleep leads to increased
n.	the set of chemical reactions in cells or organisms that are necessary for life-sustaining
	SWERS: 87. myosin, 88. reaction, 89. tap, 90. equipped, 91. Translate, 92. nbine, 93. combination, 94. metabolism

ANSWERS: 95. deployed, 96. goosebumps, 97. Emerging, 98. amazing, 99. immediately, 100. influenza, 101. duration, 102. incredibly

ANSWERS: 103. collagen, 104. beckoned, 105. immune, 106. heralded, 107. constantly, 108. clinical, 109. neuron, 110. hospitalized

111.	Continuous consumption of fatty foods leads to the hardening of the
n.	one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
112.	The police couldn't find a to her whereabouts.
n.	an object, a piece of evidence, or some information that helps someone to find the answer to a problem, question, or mystery
113.	Later, his claim was found to be false.
adv.	completely
114.	The of the internet has dramatically changed the way we communicate.
n.	the arrival or beginning of something; the coming of Jesus Christ at his birth
115.	The food chain causes a material
n.	an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
	The small island nation is heavily on tourism as its main source of income.
adj.	relying on someone or something else for support or aid
117.	The artist featured colors and patterns, creating a vibrant and dynamic piece.
adj.	a very large number
118.	He had undergone heart years before.
n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
	WERS: 111. artery, 112. clue, 113. entirely, 114. advent, 115. cycle, 116. endent, 117. myriad, 118. surgery

119.	Overall are approximately 400x200mm.
n.	a measurable extent of a particular kind, such as width, height, or length
120.	We the payment because of an incorrect invoice.
v.	to cause something to happen at a later time than originally intended or expected
121.	The picnic basket was of sandwiches, fruit, and drinks.
adj.	completely filled or crowded with something; having no space or room for additional things
122.	The structure is of three main components.
v.	to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
123.	The surgeon removed the healthy from the donor.
n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
124.	The problem defied a solution.
adj.	difficult to manage or control; stubborn or obstinate
125.	The new cinema has 12 screens showing the latest movies.
n.	a cinema complex with several screens or theaters showing different films at the same time; an electronic device that allows several signals to be transmitted or processed simultaneously through a single channel; (adjective) relating to or consisting of multiple interconnected parts or elements
126.	The for applying for a visa can be lengthy and complicated.
n.	a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
۵NS	VERS: 119 dimensions 120 delayed 121 chock-full 122 composed 123

kidney, 124. intractable, 125. multiplex, 126. process

ANSWERS: 127. detected, 128. universe, 129. respiratory, 130. government, 131. spike, 132. Molecular, 133. encode, 134. aim

to try or plan to get or achieve something

	He did complicated pen-and-ink drawings like medieval being on a very small scale
136. v.	Detectives are still attempting to the mystery of his death. undo twisted, knitted, or woven threads by separating it
	The painting is and there is no other like it. being the only one of its kind; unlike anything else
138.	The gene mutation can cause genetic disorders such as sickle cell disease.
n.	a protein-based molecule found in red blood cells that transports oxygen throughout the body
139.	The patient was diagnosed with a in her lung.
n.	a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
140.	He had a love of reading and spent hours daily with a book.
adj.	lasting for the whole of someone's life
141.	This pharmaceutical company is developing drugs with fewer side effects.
n.	a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease
142.	Let's try to a bit of enthusiasm into your performance.
v.	to put a liquid such as a drug or other substance into a person's or an animal's body using a needle and syringe (= small tube)
	SWERS: 135. miniatures, 136. unravel, 137. unique, 138. hemoglobin, 139. tumor lifelong, 141. antibody, 142. inject

143.	The filaments are responsible for maintaining cell shape and movement.
n.	a protein found in muscle tissue that is involved in muscle contraction and movement
144.	I received a parcel of great
n.	the quantity or size of something that is very large; the main part of something
145.	The findings of the experiment were both and unexpected.
adj.	causing a lot of interest or excitement
	The properties of this herb have been known to help with various ailments.
adj.	of or relating to the treatment or cure of disease
147.	The lack of sleep both physical and psychological diseases.
<i>v</i> .	to persuade someone to do something; to cause to act in a specific manner
148.	I need to my car regularly to prevent any major mechanical issues.
<i>v</i> .	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
149.	Our system can now with other databases.
<i>v</i> .	to connect similar things
150.	We must manage to our expenditure.
<i>v</i> .	to control something, especially by means of rules or laws
151.	Customs have made their biggest ever of cocaine.
n.	the action of taking something from somebody by the use of legal authority; a sudden occurrence or recurrence of a disease
	WERS: 143. actin, 144. bulk, 145. exciting, 146. medicinal, 147. induces, 148. atain, 149. interconnect, 150. regulate, 151. seizure

154. Her culinary _____ helped her create an impressive menu for the party.

a notable or impressive achievement, especially one that requires great skill or

- n. practical knowledge, skills, or experience in a particular field or area, often acquired through personal experience or training
- 155. There is no ____ car park nearby.

n.

bravery

- n. money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly
- 156. The animal rights group worked to _____ the dolphins back into the wild.
 - v. to set free or allow to escape from confinement
- 157. She agreed to _____ with him in creating new artwork.
 - v. to work with someone else to produce or achieve something
- 158. The hotel is only suitable for _____ stays, as it does not offer long-term accommodations.
 - adj. lasting only for a short time; not permanent or enduring
- 159. He spent only a _____ of his earnings.
 - n. a small part or item forming a piece of a whole; the quotient of two rational numbers

ANSWERS: 152. elderly, 153. feat, 154. know-how, 155. toll, 156. release, 157. collaborate, 158. transient, 159. fraction

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severe, 166. genetic, 167. imply

168.	In this culture, men are initiated when they reach
n.	the process of a person's physical changes through which their sexual organs develop and become capable of reproduction
169.	The doctor prescribed some medicine for the mental
n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
170.	Our farm experienced a of locusts this year.
n.	any epidemic disease with a high death rate; (also called pest) a serious, sometimes fatal, infection spread by rats that causes fever and swellings on the body
171.	She only visited her grandparents on weekends.
adj.	happening or appearing at irregular intervals; not constant or regular
172.	The arrived in port the following day.
n.	a ship or large boat
173.	The shape of the DNA is a double helix.
n.	a group of two or more atoms held together by attractive forces known as chemical bonds
174.	They needed further to perform their duties efficiently.
n.	detailed direction, order, etc., on how to do or use something
175.	An excellent historian must possess an mentality.
adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
	WERS: 168. puberty, 169. disorder, 170. plague, 171. occasional, 172. vessel, molecule, 174. instruction, 175. academic

176.	The passenger grabbed for the mask. the chemical element with the symbol O that is present in air and water and is
	necessary for people, animals, and plants to live
177.	The majority of synthetic vitamins are from oil.
v.	to make goods in large numbers, usually in a factory using machines

Vocab-Builder Ref from "Melissa J. Moore: How mRNA medicine will change the world | TED Talk" (177 words)

ANSWERS: 176. oxygen, 177. manufactured