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## Vocabulary Builder Reference from...

Juliet Schor: The case for a 4-day work week | TED

Talk

https://www.ted.com/talks/juliet\_schor\_the\_case\_for\_

a\_4\_day\_work\_week



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## **Session 1: Word List**

#### quitter

 a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy quitter, (2) serial quitter

He was labeled as a **quitter** after he abandoned the project halfway.

#### pandemic

 an outbreak of a disease that affects many people over a very wide area

synonym: outbreak

(1) flu pandemic, (2) global pandemic

They fear a **pandemic** of a new type of virus.

## turbocharger

a device used to increase the power and efficiency of an internal combustion engine by compressing the air entering the engine, thereby increasing the amount of fuel that can be burned and the power that can be generated

synonym: supercharger, blower, compressor

(1) turbocharger boost, (2) turbocharger kit

The **turbocharger** in the truck's diesel engine forced more air into the combustion chamber.



#### rethink

v. to consider again a plan, idea, etc., especially to change it

synonym: reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

#### burnout

- n. the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking synonym: breakdown, exhaustion, fatigue
- (1) burnout syndrome, (2) mental burnoutHe suffered from job burnout because of hard work.

#### errand

 a short trip that is taken to perform a specified task, such as to take a message or to take or collect something

synonym: task, chore

(1) errand boy, (2) run an errand

He sent me on an errand.

#### pedicure

n. a cosmetic treatment of the feet and toenails, often involving the trimming and shaping of nails, the removal of dead skin or calluses, and the application of polish or other decorative elements

synonym: foot care, nail care, foot spa

(1) **pedicure** chair, (2) at-home **pedicure** 

The spa offered luxurious **pedicure** treatments using organic products.

## reorganize

v. to change to a more sufficient or suitable form of organization

synonym: rearrange, reconstruct, reshuffle

- (1) **reorganize** a department, (2) **reorganize** his debts
  The new CEO was appointed to **reorganize** their business.
- v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or

#### nod

#### confirmation

synonym: respond, acknowledge, greet

(1) **nod** at each other, (2) **nod** courteously

She **nodded** quietly in response to the question.

#### goofy

adj. silly or foolish

synonym: silly, crazy, dopey

(1) ware a goofy hat, (2) with a goofy expressionHe made a goofy face as he recalled this morning's events.

#### downtime

 a period of time when a person or system is not active or operating, often due to technical issues or maintenance work

*synonym*: interruption, break, outage

(1) unexpected **downtime**, (2) system **downtime**The factory had to schedule **downtime** for maintenance work, causing a temporary shutdown in production

snippet

- n. a small piece or brief extract of somethingsynonym: fragment, excerpt, brief
- (1) **snippet** of wisdom, (2) code **snippet**The journalist saved a **snippet** of the interview for later reference.

#### ethic

n. a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

synonym: moral code, code of conduct, principles

(1) moral **ethic**, (2) professional **ethic**Having a strong work **ethic** is important for success in any field.

## improvisation

 the act of making something up on the spot or creating or performing something without preparation

synonym: spontaneity, ad-lib, extemporization

# (1) **improvisation** on stage, (2) jazz **improvisation** He created a beautiful piece of music using only **improvisation**.

#### subsidize

v. to pay part of the cost of something to support an organization, activity, etc. financially

*synonym*: finance, endow, sponsor

(1) **subsidize** the project, (2) **subsidize** the cost Governments **subsidize** renewable energy generation in various ways.

#### outsize

- adj. larger or more extensive than what is considered average or normal; of an unusually large size or amount synonym: oversize, huge, massive
- (1) **outsize** impact, (2) **outsize** equipment The musician's **outsize** stage presence made her concerts an unforgettable experience.

#### intensify

v. to increase or make something increase in extent or strength

synonym: amplify, boost, strengthen

(1) **intensify** diplomatic efforts, (2) **intensify** a good relationship

Rebels have pledged to **intensify** the armed struggle against the dictatorship.

#### instructive

adj. serving to provide knowledge or information; tending to instruct or educate

synonym: educational, informative, enlightening

(1) instructive example, (2) instructive video

The book provided **instructive** advice on how to improve your public speaking skills.

#### well-being

- n. the state of being happy and healthy and prosperous synonym: health, welfare, happiness
- (1) the well-being of a nation, (2) a sense of well-being

We are responsible for the care and **well-being** of all our employees.

#### dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

*synonym*: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

#### scarcity

the state of being in short supply; a small and inadequate amount

synonym: lack, absence, dearth

(1) fuel scarcity, (2) scarcity of capital

Some research says that a relative decline in teacher salaries is causing labor **scarcity**.

#### commute

 to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work

synonym: travel, journey, trip

(1) commute to work, (2) daily commute

He had to **commute** two hours each way to get to work.

#### decarbonize

v. to stop or reduce emitting carbon gases, especially carbon dioxide, by replacing energy made from fossil fuels with renewable energy

synonym: decoke, decarburise, decarburize

- (1) **decarbonize** their manufacturing process,
- (2) decarbonize its energy system

We have to seek methods to **decarbonize** its fossil fuel economy.

#### pollute

 to make an area or substance, such as land, air, water, etc., dirty or harmful to living things by adding waste matter or harmful chemicals synonym: contaminate, corrupt, degrade

(1) **pollute** the air, (2) **pollute** the thread

We should do our best not to **pollute** the environment.

#### footprint

- n. a mark of a foot, shoe, or animal's foot left on a surfacesynonym: footmark, imprint, impression
- (1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

#### squarely

adv. directly and firmly; in a square shape synonym: honestly, justly, straightforwardly

(1) look **squarely** at reality, (2) a **squarely** cut piece of paper

We must **squarely** address the problem.

#### earner

 an individual who earns money through their work or employment

synonym: breadwinner, provider, supporter

(1) self-employed earner, (2) high earner tax

As a full-time earner, I must work hard to support my family.

#### opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

### ingenuity

 the quality of inventing things or solving problems in clever new ways

synonym: creativity, invention, originality

(1) the infinite **ingenuity** of man, (2) abound in **ingenuity** Creativity and **ingenuity** are often brought about by extreme concentration.

## **Session 2: Spelling**

1.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
2.	suze the cost	v.	to pay part of the cost of something to support an organization, activity, etc. financially
3.	turger kit	n.	a device used to increase the power and efficiency of an internal combustion engine by compressing the air entering the engine, thereby increasing the amount of fuel that can be burned and the power that can be generated
4.	flu paic	n.	an outbreak of a disease that affects many people over a very wide area
5.	at-home pere	n.	a cosmetic treatment of the feet and toenails, often involving the trimming and shaping of nails, the removal of dead skin or calluses, and the application of polish or other decorative elements
6.	ware a goy hat	adj.	silly or foolish
7.	daily coe	<i>v</i> .	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
8.	suze the project	v.	to pay part of the cost of something to support an organization, activity, etc. financially

ANSWERS: 1. opportune, 2. subsidize, 3. turbocharger, 4. pandemic, 5. pedicure, 6. goofy, 7. commute, 8. subsidize

9.	high ear tax	n.	an individual who earns money through their work or employment
10.	look sqly at reality	adv.	directly and firmly; in a square shape
11.	rek the role of the manager	<i>v</i> .	to consider again a plan, idea, etc., especially to change it
12.	turger boost	n.	a device used to increase the power and efficiency of an internal combustion engine by compressing the air entering the engine, thereby increasing the amount of fuel that can be burned and the power that can be generated
13.	professional etc	n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
14.	reoze a department	<i>v</i> .	to change to a more sufficient or suitable form of organization
15.	serial qur	n.	a person who gives up easily or does not have the determination to finish what they have started
16.	oue equipment	adj.	larger or more extensive than what is considered average or normal; of an unusually large size or amount
17.	insve example	adj.	serving to provide knowledge or information; tending to instruct or educate
18.	impion on stage	n.	the act of making something up on the spot or creating or performing something without preparation

ANSWERS: 9. earner, 10. squarely, 11. rethink, 12. turbocharger, 13. ethic, 14. reorganize, 15. quitter, 16. outsize, 17. instructive, 18. improvisation

19.	coe to work	ν.	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
20.	run an erd	n.	a short trip that is taken to perform a specified task, such as to take a message or to take or collect something
21.	with a goy expression	adj.	silly or foolish
22.	poe the thread	v.	to make an area or substance, such as land, air, water, etc., dirty or harmful to living things by adding waste matter or harmful chemicals
23.	jazz impion	n.	the act of making something up on the spot or creating or performing something without preparation
24.	unexpected dome	n.	a period of time when a person or system is not active or operating, often due to technical issues or maintenance work
25.	code snt	n.	a small piece or brief extract of something
26.	the infinite inty of man	n.	the quality of inventing things or solving problems in clever new ways
27.	moral etc	n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

ANSWERS: 19. commute, 20. errand, 21. goofy, 22. pollute, 23. improvisation, 24. downtime, 25. snippet, 26. ingenuity, 27. ethic

28.	n_d courteously	v.	to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
29.	pere chair	n.	a cosmetic treatment of the feet and toenails, often involving the trimming and shaping of nails, the removal of dead skin or calluses, and the application of polish or other decorative elements
30.	global paic	n.	an outbreak of a disease that affects many people over a very wide area
31.	n_d at each other	v.	to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
32.	the fonts of an earlier civilization	n.	a mark of a foot, shoe, or animal's foot left on a surface
33.	erd boy	n.	a short trip that is taken to perform a specified task, such as to take a message or to take or collect something
34.	mental but	n.	the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
35.	infy diplomatic efforts	v.	to increase or make something increase in extent or strength
36.	but syndrome	n.	the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking

ANSWERS: 28. nod, 29. pedicure, 30. pandemic, 31. nod, 32. footprint, 33. errand, 34. burnout, 35. intensify, 36. burnout

37.	self-employed ear	n.	an individual who earns money through their work or employment
38.	abound in inty	n.	the quality of inventing things or solving problems in clever new ways
39.	easy qur	n.	a person who gives up easily or does not have the determination to finish what they have started
40.	oue impact	adj.	larger or more extensive than what is considered average or normal; of an unusually large size or amount
41.	a sense of welng	n.	the state of being happy and healthy and prosperous
42.	scty of capital	n.	the state of being in short supply; a small and inadequate amount
43.	decze their manufacturing process	ν.	to stop or reduce emitting carbon gases, especially carbon dioxide, by replacing energy made from fossil fuels with renewable energy
44.	infy a good relationship	<i>v</i> .	to increase or make something increase in extent or strength
45.	a sqly cut piece of paper	adv.	directly and firmly; in a square shape
46.	opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
47.	the welng of a nation	n.	the state of being happy and healthy and prosperous
48.	rek a marketing plan	<i>v</i> .	to consider again a plan, idea, etc., especially to change it

ANSWERS: 37. earner, 38. ingenuity, 39. quitter, 40. outsize, 41. well-being, 42. scarcity, 43. decarbonize, 44. intensify, 45. squarely, 46. opportune, 47. well-being, 48. rethink

49.	system dome	n.	a period of time when a person or system is not active or operating, often due to technical issues or maintenance work
50.	snt of wisdom	n.	a small piece or brief extract of something
51.	poe the air	<i>v</i> .	to make an area or substance, such as land, air, water, etc., dirty or harmful to living things by adding waste matter or harmful chemicals
52.	fuel scty	n.	the state of being in short supply; a small and inadequate amount
53.	fonts in the snow	n.	a mark of a foot, shoe, or animal's foot left on a surface
54.	dete a chapter to the subject	<i>v</i> .	to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
55.	insve video	adj.	serving to provide knowledge or information; tending to instruct or educate
56.	decze its energy system	ν.	to stop or reduce emitting carbon gases, especially carbon dioxide, by replacing energy made from fossil fuels with renewable energy
57.	reoze his debts	v.	to change to a more sufficient or suitable form of organization
58.	dete a few hours	<i>v</i> .	to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

ANSWERS: 49. downtime, 50. snippet, 51. pollute, 52. scarcity, 53. footprint, 54. dedicate, 55. instructive, 56. decarbonize, 57. reorganize, 58. dedicate

Vocab-Builder Re	ef from "Juliet Schor:	The case for a 4-day	work week   TED T	alk" (29 words)	
ANSWERS:					

## **Session 3: Fill in the Blanks**

1.	He had to two hours each way to get to work.
v.	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
2.	He his life to helping others.
v.	to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
3.	The journalist saved a of the interview for later reference.
n.	a small piece or brief extract of something
4.	Having a strong work is important for success in any field.
n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
5.	They fear a of a new type of virus.
n.	an outbreak of a disease that affects many people over a very wide area
6.	He created a beautiful piece of music using only
n.	the act of making something up on the spot or creating or performing something without preparation
7.	Some research says that a relative decline in teacher salaries is causing labor
n.	the state of being in short supply; a small and inadequate amount
	SWERS: 1. commute, 2. dedicated, 3. snippet, 4. ethic, 5. pandemic, 6. provisation, 7. scarcity

8.	We must	_ address the problem.	
adv	directly and firmly	; in a square shape	
9.	Thecombustion chamb		ngine forced more air into the
n.	engine by compre	essing the air entering t	l efficiency of an internal combustion he engine, thereby increasing the ne power that can be generated
10.	The new CEO was	appointed to	their business.
ν.	to change to a mo	ore sufficient or suitable	e form of organization
11.	The phone rang at	the most tir	me.
adj	suitable or happe purpose	ning at a time that is su	itable or convenient for a particular
12.	We have to seek m	ethods to	_ its fossil fuel economy.
v.	•	emitting carbon gases, made from fossil fuels	especially carbon dioxide, by with renewable energy
13.	He suffered from jo	b because of	hard work.
n.	-	exceedingly exhausted sult of overworking	d or unwell, either physically or
14.	She quietly	in response to the que	estion.
<i>v</i> .		e one's head, sometime ing, or confirmation	s several times, as to show approval,
15.	We are responsible	for the care and	of all our employees.
n.	the state of being	happy and healthy and	d prosperous
	•	y, 9. turbocharger, 10. ı ut, 14. nodded, 15. wel	reorganize, 11. opportune, 12. Il-being

16.	We should do our best not to the environment.
ν.	to make an area or substance, such as land, air, water, etc., dirty or harmful to living things by adding waste matter or harmful chemicals
17.	He was labeled as a after he abandoned the project halfway.
n.	a person who gives up easily or does not have the determination to finish what they have started
18.	We have to our company's product lineup for further growth.
<i>v</i> .	to consider again a plan, idea, etc., especially to change it
19.	The spa offered luxurious treatments using organic products.
n.	a cosmetic treatment of the feet and toenails, often involving the trimming and shaping of nails, the removal of dead skin or calluses, and the application of polish or other decorative elements
20.	Creativity and are often brought about by extreme concentration.
n.	the quality of inventing things or solving problems in clever new ways
21.	The factory had to schedule for maintenance work, causing a temporary shutdown in production
n.	a period of time when a person or system is not active or operating, often due to technical issues or maintenance work
22.	He sent me on an
n.	a short trip that is taken to perform a specified task, such as to take a message or to take or collect something
23.	Governments renewable energy generation in various ways.
v.	to pay part of the cost of something to support an organization, activity, etc. financially
	SWERS: 16. pollute, 17. quitter, 18. rethink, 19. pedicure, 20. ingenuity, 21. vntime, 22. errand, 23. subsidize

24. He made a face as he recalled this morning's events.  adj. silly or foolish
25. As a full-time I must work hard to support my family.  n. an individual who earns money through their work or employment
26. The book provided advice on how to improve your public speaking skills.
adj. serving to provide knowledge or information; tending to instruct or educate
27. The musician's stage presence made her concerts an unforgettable experience.
adj. larger or more extensive than what is considered average or normal; of an unusually large size or amount
28. Rebels have pledged to the armed struggle against the dictatorship.
v. to increase or make something increase in extent or strength
29. We choose transportation that has a smaller carbon
n. a mark of a foot, shoe, or animal's foot left on a surface
ANSWERS: 24. goofy, 25. earner, 26. instructive, 27. outsize, 28. intensify, 29. footprint