

Englist.me



Vocabulary Builder Reference from...

Susan Cain: Why bittersweet emotions underscore life's beauty | TED Talk

https://www.ted.com/talks/susan_cain_why_bittersweet_emotions_underscore_life_s_beauty

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

bittersweet

adj. having a mixture of both positive and negative emotions or experiences; simultaneously pleasant and painful

synonym: semisweet, ambivalent, mixed

(1) **bittersweet** ending, (2) a **bittersweet** memory

The graduation ceremony was **bittersweet** as the students said goodbye to their classmates and teachers.

constant

adj. happening repeatedly or all the time

synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

simultaneously

adv. at the same time

synonym: concurrently, coincidentally, together

(1) **simultaneously** affected, (2) take several inputs

simultaneously

Two students answered the teacher's question

simultaneously.

sorrow

n. a feeling of deep sadness, grief, or regret, especially for something lost or ending

synonym: grief, heartache, melancholy

(1) deep **sorrow**, (2) **sorrow** for sin

The death of her best friend filled her with **sorrow**.

awareness

n. the fact or state of knowing something exists and is important

synonym: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

impermanent

adj. not lasting or enduring; temporary, transitory, or fleeting

synonym: temporary, fleeting

(1) **impermanent** tattoo, (2) **impermanent** hair color

The **impermanent** nature of life should remind us to cherish every moment.

piercing

adj. going through something; appearing to notice things about another person that would typically go unnoticed, especially in a way that causes that individual to feel uncomfortable

synonym: sharp, acute, biting

(1) **piercing** laughter, (2) **piercing** pain

A **piercing** scream filled the room.

attune

v. to make receptive or aware; to bring into harmony or alignment

synonym: align, harmonize, acclimate

(1) **attune** to nature, (2) **attune** myself to the rhythm

It is important to **attune** yourself to your customers' needs to provide the best service possible.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

stoic

adj. calm and unemotional, especially in difficult situations;
(noun) a member of the ancient Greek school of philosophy founded by Zeno

synonym : unflappable, resigned, unemotional

(1) **stoic** courage, (2) do **stoic** strength training

He was known for his **stoic** demeanor, never showing emotion or weakness.

memento

n. an object or item that serves to remind someone of a person, event, or experience; a keepsake or souvenir

synonym : souvenir, keepsake, reminder

(1) symbolic **memento**, (2) a small **memento**

The photo album was filled with **mementos** from their trip around the world.

calm

adj. not excited, angry, or nervous; free from wind, large waves

synonym : quiet, peaceful, tranquility

(1) **calm** sea, (2) **calm** manner

It was the first time in a long time that I felt truly **calm** and at peace.

precious

adj. uncommon and extremely valuable

synonym : adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

explicit

adj. stated clearly and in detail, leaving no room for confusion or doubt

synonym : clear, unambiguous, unequivocal

(1) **explicit** content, (2) **explicit** instructions

The movie had an **explicit** sex scene that some viewers might find offensive.

fragility

n. the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable

synonym : delicacy, weakness, frailty

(1) **fragility** of life, (2) emotional **fragility**

The **fragility** of the glass required careful handling during shipping.

situ

adj. short for "situated," meaning located or placed in a particular position or circumstance

synonym: situational, contextual, circumstantial

(1) ex- **situ** conservation, (2) in- **situ** control

Melanoma in **situ** is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights

Human behavior has **fundamental** characteristics.

aspect

n. one part or feature of a situation, problem, subject, etc.

synonym: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

wizard

n. a person who is skilled in magic or a particular technical field

synonym: sorcerer, magician, alchemist

(1) a **wizard** at chess, (2) financial **wizard**

He was a **wizard** at solving complex mathematical equations.

rainbow

n. an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain

synonym: spectrum, iridescence, prism

(1) marine **rainbow**, (2) **rainbow** after a storm

She was mesmerized by the **rainbow's** colors.

religion

n. a deep conviction in a supernatural power that controls human destiny

synonym : faith, creed, belief

(1) **religion** sociology, (2) freedom of **religion**

Their **religion** strictly prohibits them from drinking or gambling.

beloved

adj. loved very much

synonym : adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people

I am here to save my **beloved**.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym : imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym : sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

gap

n. a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.

synonym : opening, lacuna, spread

(1) the **gap** between ideal and reality, (2) distance **gap**

Many people are working together to close the gender **gap**.

violin

n. a four-stringed wooden musical instrument held against the neck and played by passing a bow across the strings

synonym : fiddle

(1) **violin** soloist, (2) play the **violin**

The cello is a member of the **violin** family.

rocket

n. a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

synonym : projectile, missile

(1) **rocket** attack against the enemy, (2) **rocket** fuel

The **rocket** launch platform is visible from this hill.

mar

v. to damage or spoil the appearance or surface of something

synonym : damage, deface, disfigure

(1) **mar** a proper relationship, (2) **mar** the reputation

The scratches on the car **marred** its otherwise perfect appearance.

etymology

n. the study of the origin and history of words, including changes in meaning and form over time; the history of a particular word or phrase

(1) **etymology** dictionary, (2) the **etymology** of a word

The study of **etymology** helps us to understand the origins of words.

hasten

v. to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up

synonym : accelerate, hurry, rush

(1) **hasten** the process, (2) **hasten** the arrival

I need to **hasten** my speed to finish the race on time.

compose

v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it

synonym : compile, constitute, build

(1) **compose** an essay, (2) **compose** my thoughts

The structure is **composed** of three main components.

symphony

n. a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

synonym : orchestra, harmony, concert

(1) a **symphony** orchestra, (2) a beautiful **symphony**

The frequent performances of the **symphony** prove its popularity.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym : otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

manifestation

n. a visible or tangible form of something, especially a particular sign of a disease or condition

synonym : expression, embodiment, presentation

(1) **manifestation** of a deeper problem, (2) **manifestation** of psychological stress

The **manifestation** of his anxiety was evident in his shaking hands.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym : characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

tap

v. to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

synonym : knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger

To expand the company, we must **tap** new human resources.

quotation

n. a group of words taken from a text or speech and repeated by someone other than the original author or speaker

synonym : excerpt, passage, quote

(1) double **quotation** marks, (2) take a **quotation**

He included a **quotation** from the book in his essay.

poet

n. a person who writes poetry

synonym : versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym : cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

context

n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym : background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

poem

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

synonym : ballad, lyric, verse

(1) a narrative **poem**, (2) **poem** to the dead

A great **poem** is a fountain forever overflowing with the waters of wisdom and delight.

pray

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

synonym: implore, supplicate, entreat

(1) **pray** devoutly, (2) **pray** for rain

She closed her eyes and **prayed** for strength to overcome difficult times.

cynical

adj. believing that people are motivated by self-interest; distrustful of human sincerity or integrity

synonym: skeptical, mistrustful, doubtful

(1) **cynical** remarks, (2) **cynical** worldview

He was very **cynical** and didn't believe anything anyone said unless he saw evidence for himself.

observation

n. the act or activity of carefully examining or monitoring something or someone

synonym: watching, notice, reflection

(1) class **observation** day, (2) **observation** instrument

In the hospital, she will remain under constant **observation**.

grief

n. a very great sadness, especially when somebody dies

synonym: anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

union

n. a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together

synonym: alliance, coalition, confederation

(1) bank and credit **unions**, (2) a craft **union**

The trade **union** remained adamant about its demands.

purity

n. the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

synonym: sinlessness, innocence, cleanliness

(1) the degree of **purity**, (2) high **purity**

Higher **purity** requires additional equipment and energy.

atheist

n. a person who denies or disbelieves the existence of a deity or deities

synonym: nonbeliever, unbeliever, secularist

(1) **atheist** community, (2) **atheist** belief

She was an **atheist** without any belief in a higher power.

disbeliever

n. a person who does not believe in something, such as a religion or idea

synonym: non-believer, skeptic, doubter

(1) persuade a **disbeliever**, (2) stubborn **disbeliever**

Despite the evidence, she remained a **disbeliever** in the theory of evolution.

dichotomy

n. a division or contrast between two things that are or are represented as being opposed or entirely different; a sharp contrast between two opposing and mutually exclusive categories or concepts

synonym: division, duality, contrast

(1) moral **dichotomy**, (2) psychological **dichotomy**

The **dichotomy** between good and evil is common in literature and philosophy.

ultimate

adj. furthest or highest in degree or order

synonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

heritage

n. the culture and traditions that are passed down from previous generations

synonym: legacy, tradition, inheritance

(1) **heritage** site, (2) historical **heritage**

The **heritage** of the city is reflected in its architecture.

generation

n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity

synonym: cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

holocaust

n. the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction

synonym: genocide, mass murder, devastation

(1) nuclear **holocaust**, (2) the **holocaust** museum

Many **holocaust** survivors still suffer from the trauma they experienced during that time.

explore

v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it

synonym: analyze, delve into, examine

(1) **explore** the world, (2) **explore** our options

The management must **explore** strategies to increase office security.

phenomenon

n. something that exists and can be perceptible, especially one that is not fully understood

synonym: marvel, wonder, splendor

(1) natural **phenomenon**, (2) historical **phenomenon**

A rainbow is a natural **phenomenon**.

inherit

v. to receive money, property, or a title from someone after they have died

synonym: obtain, gain, acquire

(1) **inherit** estate, (2) **inherit** ancestral property

After his death, his sons **inherited** his business.

transmit

v. to send or forward an electronic signal; to pass something from one person or thing to another

synonym : convey, share, dispatch

(1) **transmit** the disease, (2) **transmit** information

Parents often **transmit** their characteristics to their children.

cult

n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

synonym : sect, faith, religion

(1) **cult** members, (2) **cult's** practices

The **cult** leader promised his followers that they would achieve enlightenment if they followed his teachings.

epigenetic

adj. relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity

synonym : environmental, hereditary, inherited

(1) **epigenetic** inheritance, (2) **epigenetic** markers

Epigenetic research has opened up new possibilities for the treatment of certain diseases.

unconscious

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

synonym : comatose, paralyzed, senseless

(1) **unconscious** bias, (2) a person who is **unconscious**

I know his **unconscious** habit that he touches his face when he lies.

backdrop

n. a painted or photographed scene or setting that is used as a background for a stage, film, or other performance

synonym : background, setting, context

(1) **backdrop** of poverty, (2) perfect **backdrop**

The lush green forest provided a picturesque **backdrop** for the photo shoot.

tragic

adj. causing great sadness or suffering; very unfortunate
synonym : calamitous, disastrous, catastrophic

(1) **tragic** love stories, (2) **tragic** death

The **tragic** events of the war left many families torn apart.

paradox

n. a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

synonym : incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym : sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym : custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me
The museum houses a **fascinating** collection of Celtic artifacts.

groundbreaking

adj. producing fresh findings; using novel techniques

synonym: innovative, revolutionary

(1) **groundbreaking** concept, (2) **groundbreaking** settlement

He has produced **groundbreaking** research on the subject.

compassionate

adj. feeling or showing sympathy and concern for the suffering or bad luck of others

synonym: empathetic, sympathetic, merciful

(1) a **compassionate** heart, (2) **compassionate** leave

My father has a serious and **compassionate** personality.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym: intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

evolutionary

adj. relating to or denoting how living things develop or change from earlier forms

synonym: developmental, mutative, transformative

(1) ecology and **evolutionary** biology, (2) the **evolutionary** process

Evolutionary algorithms can find ways to optimize that humans do not anticipate.

react

v. to take action in response to something

synonym: respond, reply, oppose

(1) **react** at a high temperature, (2) **react** against his way of thinking

How did he **react** to your idea?

creature

n. a living being, especially an animal

synonym: being, animal, organism

(1) **creature** of habit, (2) artificial **creature**

The deep sea **creature** was unlike anything the scientists had ever seen before.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

prime

adj. main or most important; basic

synonym: excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister

After a thorough investigation, she has been named as the **prime** suspect.

radiate

v. to spread out or emit something, such as light or heat, in all directions

synonym: give off, scatter, beam

(1) **radiate** an aura, (2) **radiate** in all directions

Roads **radiate** from the famous building in the center of the city.

definitely

adv. without any question and beyond doubt; clearly

synonym: absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**

The paper is **definitely** worth reading thoroughly.

obvious

adj. easy to see, discover or understand

synonym: apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

propensity

n. a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion

synonym: tendency, inclination, disposition

(1) **propensity** for violence, (2) **propensity** to procrastinate

His **propensity** for lying caused him to lose many friends.

astonishing

adj. surprising or shocking; difficult to believe

synonym: surprising, shocking, astounding

(1) **astonishing** achievement, (2) make **astonishing** gains

The news of her sudden death was **astonishing** to everyone who knew her.

cruel

adj. feeling or showing pleasure in causing pain or suffering to others

synonym: heartless, sadistic, vicious

(1) a **cruel** and unusual punishment, (2) **cruel** joke

The dictator was known for his **cruel** and oppressive regime.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

specifically

adv. only associated with or meant for one thing

synonym: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically**

American customers

This ad campaign is aimed **specifically** at young women.

hack

v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

synonym : cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

viral

adj. relating to or caused by a virus

(1) fight **viral** infections, (2) detect a **viral** code

This device can more accurately detect **viral** pathogens.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym : hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

caregiving

n. the act of providing care and support for someone who is ill, disabled, or elderly

synonym : nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities

She devoted her life to **caregiving**, looking after her aging parents.

corridor

n. a hallway or passageway, especially one connecting rooms or areas within a building or structure

synonym: hallway, passageway, aisle

(1) walk along a **corridor**, (2) air **corridor**

The long **corridor** was filled with people rushing to get to their rooms before the meeting began.

lingering

adj. continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave

synonym: prolonged, persistent, enduring

(1) **lingering** illness, (2) **lingering** doubts

The **lingering** smell of smoke clung to his clothes even after he left the campfire.

passerby

n. a person who is walking by or happens to be in the vicinity of a particular place or event, often without necessarily being involved in it in any way

synonym: spectator, onlooker

(1) curious **passerby**, (2) **passerby** in the street

The police officer questioned the **passerby** for any information they had about the suspect

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

caption

n. a title or brief explanation accompanying a photograph, illustration, or other images; a heading or inscription for a chapter, section, or document

synonym: heading, subheading, title

(1) **caption** text, (2) social media **caption**

The **caption** on the photograph helped to explain the image's content.

underneath

adv. under or below something else

synonym : below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell **underneath** the piano.

random

adj. made, done, or happening without method, conscious decision, or any regular pattern

synonym : incidental, arbitrary, unanticipated

(1) a **random** choice, (2) bombs fell at **random**

To find drunk drivers, police conduct **random** tests.

sensation

n. a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement

synonym : feeling, perception, mania

(1) cause a widespread **sensation**, (2) taste **sensation**

If you apply this ointment, you may feel a mild burning **sensation**.

expand

v. to increase or to make something greater in size, number, or importance

synonym : extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

vagus

n. the tenth of the twelve cranial nerves, which originates in the brainstem and innervates the throat, heart, and digestive tract; also known as the pneumogastric nerve

synonym : nerve, wandering nerve, tenth cranial nerve

(1) **vagus** activity, (2) **vagus** stimulation

The **vagus** nerve connects the brain to many different organs in the body.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**
He suffers from **nervous** breakdowns.

bundle

n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things

synonym : package, parcel, bale

(1) **bundle** of papers, (2) travel **bundle**

I tied up the **bundle** of newspapers and took them to the recycling center.

govern

v. to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services

synonym : control, rule, preside

(1) a nation's right to **govern**, (2) **govern** a public enterprise
The regulations **governing** medical malpractice claims are rigorous.

digestion

n. the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas

synonym : absorption, assimilation, metabolism

(1) poor **digestion**, (2) impaired **digestion**

Overeating can lead to discomfort and slower **digestion**.

distress

n. a feeling of great worry, sadness, pain, or discomfort

synonym : discomfort, despair, misery

(1) a signal of **distress**, (2) emotional **distress**

She has been in great **distress** since she was heartbroken.

impulse

n. a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber

synonym : stimulation, provocation, urge

(1) a combative **impulse**, (2) profound religious **impulses**
Nerve **impulses** cross a synapse through the action of neurotransmitters.

necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym : inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true
This accident was something that happened **necessarily**.

grocery

n. a shop that sells food and other household items

synonym : foodstuff, market

(1) the **grocery** business, (2) run a **grocery**
I will go to the **grocery** store to buy food for dinner.

interact

v. to communicate or react with somebody

synonym : cooperate, combine, collaborate

(1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym : outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

lockdown

n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

(1) go on **lockdown**, (2) **lockdown** area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

initially

adv. at the beginning; at first

synonym : originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor
This train departed later than **initially** scheduled.

envision

v. to imagine or expect what a situation will be like in the future

synonym : anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success
We cannot **envision** her as President.

grapple

v. to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons

synonym : brawl, scuffle, wrestle

(1) **grapple** with problem, (2) **grapple** with each other
He needed to **grapple** with structural reforms to improve the company's revenue.

illuminating

adj. making something clear or easy to understand; providing light

synonym : enlightening, informative, clarifying

(1) **illuminating** light, (2) an **illuminating** answer
The lecture was **illuminating** and gave me a new perspective on the topic.

crack

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym : snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board
He that would eat the kernel must **crack** the nut.

mystical

adj. relating to or characterized by spiritual powers; beyond ordinary understanding

synonym: occult, esoteric, enigmatic

(1) **mystical** intuition, (2) **mystical** belief

While meditating, he had a **mystical** experience and felt a sense of unity with the universe.

origin

n. the first existence or beginning of something

synonym: root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

divine

adj. of, from, or like a god; holy or sacred

synonym: godly, holy, sacred

(1) **divine** intervention, (2) **divine** grace

The view from the mountaintop was truly **divine**.

vessel

n. a ship or large boat

synonym: boat, ship, craft

(1) blood **vessels**, (2) naval **vessels**

The **vessel** arrived in port the following day.

shatter

v. to break suddenly into many pieces

synonym: break, crash, destroy

(1) **shatter** the plate, (2) **shatter** a world record

Her husband's death **shattered** her life entirely.

shard

n. a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal

synonym: break, fragment, shatter

(1) broken **shard**, (2) **shard** of pottery

The artist used a **shard** of glass to create intricate designs on her sculptures.

scatter

v. to cause to separate and go in different directions

synonym: disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

bury

v. to place a dead body in the ground, grave, or tomb
synonym: entomb, sink, forget

(1) **bury** in the earth, (2) **bury** emotion

There is plenty of space to **bury** everyone.

mud

n. a soft, wet, sticky earth or clay

synonym: muck, sludge, ooze

(1) **mud** wall, (2) **mud** volcano

The **mud** of the swamp made it difficult to walk through the field.

senseless

adj. lacking meaning, purpose, or reason; without sense or sensibility; foolish or irrational

synonym: meaningless, pointless, absurd

(1) **senseless** terror attack, (2) **senseless** slaughter

The **senseless** act of violence left the community in shock and mourning.

orchid

n. a plant with showy or unusual flowers, typically having either a single, complex flower or a cluster of small flowers, many of which are prized for their beauty and often cultivated as ornamental plants

(1) **orchid** garden, (2) **orchid** species

The **orchid** blooms were so delicate and beautiful.

greenhouse

n. a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

synonym: conservatory

(1) exotic plants in a **greenhouse**, (2) emissions of **greenhouse** gases

The **greenhouse** effect is a phenomenon that happens naturally.

basement

n. a room or a part of a building that is partly or entirely below ground level

synonym: cellar, storage, vault

(1) four **basement** floor, (2) church **basement**

Underground rivers flow over a **basement** layer that is impervious to water.

gaze

v. to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else

synonym : stare, gawk, look

(1) **gaze** steadily at his face, (2) **gaze** absently out a window
The youngster was **gazed** at by the beast.

frame

n. a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

synonym : body, skeleton, scaffolding

(1) a picture **frame**, (2) the **frame** of the policy

The detective looked for fingerprints on the window **frame**.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

shyness

n. the quality or state of being worried or embarrassed about meeting and speaking to other people

synonym : bashfulness, timidity, modesty

(1) lose some of my **shyness**, (2) **shyness** barrier

He finally overcame his **shyness**.

privately

adv. in a private manner; not publicly; secretly

synonym : secretly, in confidence, behind closed doors

(1) a **privately-owned** railway, (2) import things **privately**

The couple **privately** exchanged their vows before the ceremony began.

corral

n. a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence

synonym : pen, enclosure, yard

(1) **corral** fence, (2) enclose in a **corral**

The farmer used a high **corral** to keep the cattle from wandering off.

zoom

v. to move along very quickly; (noun) the act of rising upward into the air

synonym: move quickly, dive, buzz

(1) **zoom** in on a photo, (2) **zoom** lens

He **zoomed** back in time to the soccer game.

introversion

n. the quality or state of being predominantly focused on one's inner mental life, feelings, and thoughts rather than on external stimulation and social interaction; a personality trait characterized by shyness, introspection, and a preference for solitary activities

synonym: introspection, shyness, reflection

(1) social **introversion**, (2) **introversion** as a personality trait

She didn't enjoy attending parties or large gatherings due to her **introversion**.

introvert

n. a shy and reticent person

synonym: observer, loner, solitary

(1) **introvert** personality, (2) **introvert** behavior

Being an **introvert** is not a weakness, and it's just a different way of interacting with the world.

awesome

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

synonym: miraculous, marvelous, astounding

(1) **awesome** mental faculty, (2) have an **awesome** birthday

There is a lot of **awesome** nature and food in Hawaii.

accurate

adj. correct and exact in all details

synonym: exact, precise, proper

(1) provide **accurate** information, (2) **accurate**

measurements

The official transcript contains **accurate** academic records.

anonymous

adj. having no known name, identity, or known source

synonym: nameless, unidentified, unnamed

(1) **anonymous** letter, (2) **anonymous** house

She received several **anonymous** calls.

whiteboard

n. a smooth, hard writing surface, typically white, that can be written on with dry-erase markers and easily erased

(1) **whiteboard** marker, (2) **whiteboard** animation

Let's brainstorm ideas on the **whiteboard** for the new project.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed

Her response revealed **incredible** idiocy.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

provoke

v. to stimulate or give rise to a particular reaction or have a particular effect

synonym: stimulate, incite, encourage

(1) **provoke** a disease, (2) **provoke** a reaction

Her behavior **provoked** a quarrel between the couple.

Session 2: Spelling

- | | |
|--|---|
| 1. a lot of gr__f | <i>n.</i> a very great sadness, especially when somebody dies |
| 2. broken sh__d | <i>n.</i> a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal |
| 3. an____us letter | <i>adj.</i> having no known name, identity, or known source |
| 4. me____n in a report | <i>v.</i> to speak or write about something or someone briefly |
| 5. a theoretical concept in neu____nce | <i>n.</i> the scientific study of the function, structure, and disorder of the brain and the nervous system |
| 6. in____ct for self-preservation | <i>n.</i> an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true |
| 7. ast____ng achievement | <i>adj.</i> surprising or shocking; difficult to believe |
| 8. re__t at a high temperature | <i>v.</i> to take action in response to something |
| 9. phy____ly and mentally | <i>adv.</i> in a way related to a person's body or appearance rather than their mind |
| 10. die su____ly | <i>adv.</i> quickly and unexpectedly |
| 11. ro__t attack against the enemy | <i>n.</i> a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon |

ANSWERS: 1. grief, 2. shard, 3. anonymous, 4. mention, 5. neuroscience, 6. instinct, 7. astonishing, 8. react, 9. physically, 10. suddenly, 11. rocket

12. ex___d a lineup *v.* to increase or to make something greater in size, number, or importance
13. profound religious im_____es *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
14. financial wi___d *n.* a person who is skilled in magic or a particular technical field
15. sp_____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
16. inc_____le amount *adj.* unbelievable; enormous
17. an ill_____ing answer *adj.* making something clear or easy to understand; providing light
18. price of pr_____us metals *adj.* uncommon and extremely valuable
19. man_____ion of a deeper problem *n.* a visible or tangible form of something, especially a particular sign of a disease or condition
20. curious pa_____by *n.* a person who is walking by or happens to be in the vicinity of a particular place or event, often without necessarily being involved in it in any way
21. stubborn dis_____er *n.* a person who does not believe in something, such as a religion or idea
22. c__t members *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

ANSWERS: 12. expand, 13. impulse, 14. wizard, 15. spiritual, 16. incredible, 17. illuminating, 18. precious, 19. manifestation, 20. passerby, 21. disbeliever, 22. cult

23. t_p keyboard with an index finger *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
24. a beautiful sy____ny *n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements
25. imp____nt hair color *adj.* not lasting or enduring; temporary, transitory, or fleeting
26. the ul____te luxury *adj.* furthest or highest in degree or order
27. persuade a dis____er *n.* a person who does not believe in something, such as a religion or idea
28. a tr____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
29. co____e an essay *v.* to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
30. st__c courage *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
31. def____ly become a problem *adv.* without any question and beyond doubt; clearly
32. barren of cr____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 23. tap, 24. symphony, 25. impermanent, 26. ultimate, 27. disbeliever, 28. tradition, 29. compose, 30. stoic, 31. definitely, 32. creative

33. as__ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.
34. at inc_____le speed *adj.* unbelievable; enormous
35. naval ve___ls *n.* a ship or large boat
36. ca_____n text *n.* a title or brief explanation accompanying a photograph, illustration, or other images; a heading or inscription for a chapter, section, or document
37. p__m to the dead *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery
38. moral di_____my *n.* a division or contrast between two things that are or are represented as being opposed or entirely different; a sharp contrast between two opposing and mutually exclusive categories or concepts
39. nuclear ho_____st *n.* the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
40. epi_____ic inheritance *adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity

ANSWERS: 33. aspect, 34. incredible, 35. vessel, 36. caption, 37. poem, 38. dichotomy, 39. holocaust, 40. epigenetic

41. bit_____et ending *adj.* having a mixture of both positive and negative emotions or experiences; simultaneously pleasant and painful
42. a narrative p__m *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery
43. pr_____e a disease *v.* to stimulate or give rise to a particular reaction or have a particular effect
44. obs_____on instrument *n.* the act or activity of carefully examining or monitoring something or someone
45. en_____on the future *v.* to imagine or expect what a situation will be like in the future
46. man_____ion of psychological stress *n.* a visible or tangible form of something, especially a particular sign of a disease or condition
47. psychological di_____my *n.* a division or contrast between two things that are or are represented as being opposed or entirely different; a sharp contrast between two opposing and mutually exclusive categories or concepts
48. a picture fr__e *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
49. ex_____it content *adj.* stated clearly and in detail, leaving no room for confusion or doubt

ANSWERS: 41. bittersweet, 42. poem, 43. provoke, 44. observation, 45. envision, 46. manifestation, 47. dichotomy, 48. frame, 49. explicit

50. aw_____e mental faculty *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
51. car_____ng responsibilities *n.* the act of providing care and support for someone who is ill, disabled, or elderly
52. not nec_____ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
53. bombs fell at ra____m *adj.* made, done, or happening without method, conscious decision, or any regular pattern
54. a nation's right to go____n *v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services
55. a p__t of sorts *n.* a person who writes poetry
56. a court p__t *n.* a person who writes poetry
57. freedom of re_____on *n.* a deep conviction in a supernatural power that controls human destiny
58. marine ra_____w *n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
59. air co_____or *n.* a hallway or passageway, especially one connecting rooms or areas within a building or structure
60. gro_____ing concept *adj.* producing fresh findings; using novel techniques
61. ex-s__u conservation *adj.* short for "situated," meaning located or placed in a particular position or circumstance

ANSWERS: 50. awesome, 51. caregiving, 52. necessarily, 53. random, 54. govern, 55. poet, 56. poet, 57. religion, 58. rainbow, 59. corridor, 60. groundbreaking, 61. situ

62. pr__e number *adj.* main or most important; basic
63. go on lo_____wn *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
64. ex_____it instructions *adj.* stated clearly and in detail, leaving no room for confusion or doubt
65. or____d species *n.* a plant with showy or unusual flowers, typically having either a single, complex flower or a cluster of small flowers, many of which are prized for their beauty and often cultivated as ornamental plants
66. an_____us house *adj.* having no known name, identity, or known source
67. social int_____ion *n.* the quality or state of being predominantly focused on one's inner mental life, feelings, and thoughts rather than on external stimulation and social interaction; a personality trait characterized by shyness, introspection, and a preference for solitary activities
68. di___e intervention *adj.* of, from, or like a god; holy or sacred
69. m_r a proper relationship *v.* to damage or spoil the appearance or surface of something
70. natural phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
71. an in___e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill

ANSWERS: 62. prime, 63. lockdown, 64. explicit, 65. orchid, 66. anonymous, 67. introversion, 68. divine, 69. mar, 70. phenomenon, 71. insane

72. pro_____ty to procrastinate *n.* a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion
73. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
74. wi_____m literature *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
75. va__s activity *n.* the tenth of the twelve cranial nerves, which originates in the brainstem and innervates the throat, heart, and digestive tract; also known as the pneumogastric nerve
76. be_____d by many people *adj.* loved very much
77. flu pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
78. taste se_____on *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
79. telescopic vi_____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
80. in_____t ancestral property *v.* to receive money, property, or a title from someone after they have died
81. sim_____sly affected *adv.* at the same time
82. lose some of my sh_____s *n.* the quality or state of being worried or embarrassed about meeting and speaking to other people

ANSWERS: 72. propensity, 73. amazing, 74. wisdom, 75. vagus, 76. beloved, 77. pandemic, 78. sensation, 79. vision, 80. inherit, 81. simultaneously, 82. shyness

83. a pr_____ly-owned railway
adv. in a private manner; not publicly; secretly
84. import things pr_____ly
adv. in a private manner; not publicly; secretly
85. co_____e my thoughts
v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it
86. walk along a co_____or
n. a hallway or passageway, especially one connecting rooms or areas within a building or structure
87. p__y for rain
v. to make a request or petition to a higher power, especially in the form of a respectful or humble request
88. impaired di_____on
n. the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas
89. global pa_____ic
n. an outbreak of a disease that affects many people over a very wide area
90. exotic plants in a gre_____se
n. a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
91. aggressive in_____ct
n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 83. privately, 84. privately, 85. compose, 86. corridor, 87. pray, 88. digestion, 89. pandemic, 90. greenhouse, 91. instinct

92. deep so___w *n.* a feeling of deep sadness, grief, or regret, especially for something lost or ending
93. a dental cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
94. a ra___m choice *adj.* made, done, or happening without method, conscious decision, or any regular pattern
95. sh____s barrier *n.* the quality or state of being worried or embarrassed about meeting and speaking to other people
96. sh__d of pottery *n.* a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal
97. racial or___n *n.* the first existence or beginning of something
98. provide ac____te information *adj.* correct and exact in all details
99. development of the ne____s system *adj.* worried and anxious about something; relating to the nerves
100. gen____on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
101. distance g_p *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
102. ra____e in all directions *v.* to spread out or emit something, such as light or heat, in all directions

ANSWERS: 92. sorrow, 93. clinic, 94. random, 95. shyness, 96. shard, 97. origin, 98. accurate, 99. nervous, 100. generation, 101. gap, 102. radiate

103. cr____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
104. make ast_____ng gains *adj.* surprising or shocking; difficult to believe
105. poor di_____on *n.* the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas
106. in_____t estate *v.* to receive money, property, or a title from someone after they have died
107. m_d wall *n.* a soft, wet, sticky earth or clay
108. tr___c love stories *adj.* causing great sadness or suffering; very unfortunate
109. the ul_____te goal in life *adj.* furthest or highest in degree or order
110. in_____ly anticipated *adv.* at the beginning; at first
111. h__k into the program *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
112. in-s__u control *adj.* short for "situated," meaning located or placed in a particular position or circumstance
113. the et_____gy of a word *n.* the study of the origin and history of words, including changes in meaning and form over time; the history of a particular word or phrase

ANSWERS: 103. creative, 104. astonishing, 105. digestion, 106. inherit, 107. mud, 108. tragic, 109. ultimate, 110. initially, 111. hack, 112. situ, 113. etymology

114. fun_____al rights *adj.* forming an essential base or core from which everything else develops or is affected
115. emotional di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort
116. travel bu____e *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
117. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
118. li_____ng doubts *adj.* continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave
119. re__t against his way of thinking *v.* to take action in response to something
120. co___l fence *n.* a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
121. raise public aw_____ss *n.* the fact or state of knowing something exists and is important
122. car_____ng process *n.* the act of providing care and support for someone who is ill, disabled, or elderly
123. diagnosed in_____ly as a tumor *adv.* at the beginning; at first
124. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 114. fundamental, 115. distress, 116. bundle, 117. spiritual, 118. lingering, 119. react, 120. corral, 121. awareness, 122. caregiving, 123. initially, 124. emotion

125. b__y emotion *v.* to place a dead body in the ground, grave, or tomb
126. in_____rt behavior *n.* a shy and reticent person
127. say def_____ly *adv.* without any question and beyond doubt; clearly
128. pr_____e a reaction *v.* to stimulate or give rise to a particular reaction or have a particular effect
129. cr__l joke *adj.* feeling or showing pleasure in causing pain or suffering to others
130. psy_____gy of crowd *n.* the scientific study of mind and behavior
131. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
132. whi_____rd marker *n.* a smooth, hard writing surface, typically white, that can be written on with dry-erase markers and easily erased
133. the fr__e of the policy *n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window
134. a prodigious vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
135. ha___n the process *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
136. me_____n name *v.* to speak or write about something or someone briefly

ANSWERS: 125. bury, 126. introvert, 127. definitely, 128. provoke, 129. cruel, 130. psychology, 131. define, 132. whiteboard, 133. frame, 134. vision, 135. hasten, 136. mention

137. pro_____ty for violence *n.* a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion
138. cr__k an eggshell *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
139. for spe_____lly American customers *adv.* only associated with or meant for one thing
140. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
141. pa_____by in the street *n.* a person who is walking by or happens to be in the vicinity of a particular place or event, often without necessarily being involved in it in any way
142. m_r the reputation *v.* to damage or spoil the appearance or surface of something
143. the degree of pu____y *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
144. fun_____al education *adj.* forming an essential base or core from which everything else develops or is affected
145. get ne_____s *adj.* worried and anxious about something; relating to the nerves
146. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 137. propensity, 138. crack, 139. specifically, 140. amazing, 141. passerby, 142. mar, 143. purity, 144. fundamental, 145. nervous, 146. empathy

147. a com_____ate heart *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others
148. perfect ba_____op *n.* a painted or photographed scene or setting that is used as a background for a stage, film, or other performance
149. psy_____gy experiment *n.* the scientific study of mind and behavior
150. va__s stimulation *n.* the tenth of the twelve cranial nerves, which originates in the brainstem and innervates the throat, heart, and digestive tract; also known as the pneumogastric nerve
151. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
152. tr_____it the disease *v.* to send or forward an electronic signal; to pass something from one person or thing to another
153. the gr_____y business *n.* a shop that sells food and other household items
154. nec_____ly true *adv.* in an essential manner; in such a way as could not be otherwise
155. h__k through the jungle *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
156. cultural n__m *n.* something that is regarded as usual, typical, or standard
157. a sy_____ny orchestra *n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

ANSWERS: 147. compassionate, 148. backdrop, 149. psychology, 150. vagus, 151. physically, 152. transmit, 153. grocery, 154. necessarily, 155. hack, 156. norm, 157. symphony

158. French pa____x *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
159. take several inputs sim_____sly *adv.* at the same time
160. qu__e a source *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
161. a bit_____et memory *adj.* having a mixture of both positive and negative emotions or experiences; simultaneously pleasant and painful
162. artificial cr____re *n.* a living being, especially an animal
163. in_____rt personality *n.* a shy and reticent person
164. p__y devoutly *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
165. und_____th the laughter *adv.* under or below something else
166. symbolic me____o *n.* an object or item that serves to remind someone of a person, event, or experience; a keepsake or souvenir
167. vi____n soloist *n.* a four-stringed wooden musical instrument held against the neck and played by passing a bow across the strings
168. pr____us information *adj.* uncommon and extremely valuable

ANSWERS: 158. paradox, 159. simultaneously, 160. quote, 161. bittersweet, 162. creature, 163. introvert, 164. pray, 165. underneath, 166. memento, 167. violin, 168. precious

169. ob____s reasons *adj.* easy to see, discover or understand
170. ra____e an aura *v.* to spread out or emit something, such as light or heat, in all directions
171. aw_____ss of my ignorance *n.* the fact or state of knowing something exists and is important
172. have an aw____e birthday *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
173. do st__c strength training *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
174. fas_____ng story *adj.* extremely interesting
175. et_____gy dictionary *n.* the study of the origin and history of words, including changes in meaning and form over time; the history of a particular word or phrase
176. ra____w after a storm *n.* an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
177. en____on the project's success *v.* to imagine or expect what a situation will be like in the future
178. a co____nt temperature *adj.* happening repeatedly or all the time
179. ha___n the arrival *v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
180. com_____ate leave *adj.* feeling or showing sympathy and concern for the suffering or bad luck of others

ANSWERS: 169. obvious, 170. radiate, 171. awareness, 172. awesome, 173. stoic, 174. fascinating, 175. etymology, 176. rainbow, 177. envision, 178. constant, 179. hasten, 180. compassionate

181. my_____al belief *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
182. go___n a public enterprise *v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services
183. in_____ct directly with customers *v.* to communicate or react with somebody
184. re_____on sociology *n.* a deep conviction in a supernatural power that controls human destiny
185. pi_____ng laughter *adj.* going through something; appearing to notice things about another person that would typically go unnoticed, especially in a way that causes that individual to feel uncomfortable
186. whi_____rd animation *n.* a smooth, hard writing surface, typically white, that can be written on with dry-erase markers and easily erased
187. n__m of action *n.* something that is regarded as usual, typical, or standard
188. legal co_____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
189. or___d garden *n.* a plant with showy or unusual flowers, typically having either a single, complex flower or a cluster of small flowers, many of which are prized for their beauty and often cultivated as ornamental plants

ANSWERS: 181. mystical, 182. govern, 183. interact, 184. religion, 185. piercing, 186. whiteboard, 187. norm, 188. context, 189. orchid

190. ill_____ing light *adj.* making something clear or easy to understand; providing light
191. a person who is unc_____us *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness
192. historical co_____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
193. or____n of information *n.* the first existence or beginning of something
194. run a gr_____y *n.* a shop that sells food and other household items
195. his conclusion was ob_____s *adj.* easy to see, discover or understand
196. a cr__k in a board *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
197. historical he_____ge *n.* the culture and traditions that are passed down from previous generations
198. epi_____ic markers *adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
199. a wi____d at chess *n.* a person who is skilled in magic or a particular technical field
200. nontechnical as____ts of the job *n.* one part or feature of a situation, problem, subject, etc.

ANSWERS: 190. illuminating, 191. unconscious, 192. context, 193. origin, 194. grocery, 195. obvious, 196. crack, 197. heritage, 198. epigenetic, 199. wizard, 200. aspect

201. a signal of di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort
202. z__m lens *v.* to move along very quickly; (noun) the act of rising upward into the air
203. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
204. designed spe_____lly for men *adv.* only associated with or meant for one thing
205. take a qu_____on *n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker
206. at_____t community *n.* a person who denies or disbelieves the existence of a deity or deities
207. a small me_____o *n.* an object or item that serves to remind someone of a person, event, or experience; a keepsake or souvenir
208. tr____c death *adj.* causing great sadness or suffering; very unfortunate
209. at____e to nature *v.* to make receptive or aware; to bring into harmony or alignment
210. a combative im_____e *n.* a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
211. und_____th the surface of the water *adv.* under or below something else

ANSWERS: 201. distress, 202. zoom, 203. clinic, 204. specifically, 205. quotation, 206. atheist, 207. memento, 208. tragic, 209. attune, 210. impulse, 211. underneath

212. social media ca_____n
n. a title or brief explanation accompanying a photograph, illustration, or other images; a heading or inscription for a chapter, section, or document
213. fight vi___l infections
adj. relating to or caused by a virus
214. ex_____e our options
v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
215. sh_____r a world record
v. to break suddenly into many pieces
216. afraid to show em_____n
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
217. ex___d agricultural output
v. to increase or to make something greater in size, number, or importance
218. sh_____r the plate
v. to break suddenly into many pieces
219. g__e absently out a window
v. to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
220. li_____ng illness
adj. continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave
221. su_____ly attacked by an enemy
adv. quickly and unexpectedly
222. double qu_____on marks
n. a group of words taken from a text or speech and repeated by someone other than the original author or speaker

ANSWERS: 212. caption, 213. viral, 214. explore, 215. shatter, 216. emotion, 217. expand, 218. shatter, 219. gaze, 220. lingering, 221. suddenly, 222. quotation

223. at_____t belief *n.* a person who denies or disbelieves the existence of a deity or deities
224. emissions of gre_____se gases *n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in
225. go in____e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
226. lo_____wn area *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
227. he_____ge site *n.* the culture and traditions that are passed down from previous generations
228. c__t's practices *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
229. my_____al intuition *adj.* relating to or characterized by spiritual powers; beyond ordinary understanding
230. ecology and evo_____ary biology *adj.* relating to or denoting how living things develop or change from earlier forms
231. c__m manner *adj.* not excited, angry, or nervous; free from wind, large waves
232. ex_____e the world *v.* to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
233. in_____ct with one another *v.* to communicate or react with somebody

ANSWERS: 223. atheist, 224. greenhouse, 225. insane, 226. lockdown, 227. heritage, 228. cult, 229. mystical, 230. evolutionary, 231. calm, 232. explore, 233. interact

234. emotional fr_____ty *n.* the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
235. se_____ss slaughter *adj.* lacking meaning, purpose, or reason; without sense or sensibility; foolish or irrational
236. a craft un__n *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
237. detect a vi__l code *adj.* relating to or caused by a virus
238. t_p a new market *v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
239. fr_____ty of life *n.* the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
240. m_d volcano *n.* a soft, wet, sticky earth or clay
241. int_____ion as a personality trait *n.* the quality or state of being predominantly focused on one's inner mental life, feelings, and thoughts rather than on external stimulation and social interaction; a personality trait characterized by shyness, introspection, and a preference for solitary activities
242. a cr__l and unusual punishment *adj.* feeling or showing pleasure in causing pain or suffering to others

ANSWERS: 234. fragility, 235. senseless, 236. union, 237. viral, 238. tap, 239. fragility, 240. mud, 241. introversion, 242. cruel

243. di___e grace *adj.* of, from, or like a god; holy or sacred
244. g__e steadily at his face *v.* to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
245. be____d author *adj.* loved very much
246. gr____e with each other *v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
247. the branch of neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
248. the g_p between ideal and reality *n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
249. blood ve___ls *n.* a ship or large boat
250. gr____e with problem *v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
251. z__m in on a photo *v.* to move along very quickly; (noun) the act of rising upward into the air
252. deputy pr__e minister *adj.* main or most important; basic
253. sc____r around the internet *v.* to cause to separate and go in different directions
254. tr____it information *v.* to send or forward an electronic signal; to pass something from one person or thing to another

ANSWERS: 243. divine, 244. gaze, 245. beloved, 246. grapple, 247. neuroscience, 248. gap, 249. vessel, 250. grapple, 251. zoom, 252. prime, 253. scatter, 254. transmit

255. cy_____l worldview *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
256. ba_____op of poverty *n.* a painted or photographed scene or setting that is used as a background for a stage, film, or other performance
257. at___e myself to the rhythm *v.* to make receptive or aware; to bring into harmony or alignment
258. cy_____l remarks *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
259. church ba_____nt *n.* a room or a part of a building that is partly or entirely below ground level
260. sc_____r seeds *v.* to cause to separate and go in different directions
261. a co_____nt wind *adj.* happening repeatedly or all the time
262. c__m sea *adj.* not excited, angry, or nervous; free from wind, large waves
263. enclose in a co____l *n.* a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
264. gro_____ing settlement *adj.* producing fresh findings; using novel techniques
265. high pu___y *n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature
266. unc_____us bias *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

ANSWERS: 255. cynical, 256. backdrop, 257. attune, 258. cynical, 259. basement, 260. scatter, 261. constant, 262. calm, 263. corral, 264. groundbreaking, 265. purity, 266. unconscious

267. su_____e a blizzard *v.* to live or exist despite a dangerous event or period
268. cr_____re of habit *n.* a living being, especially an animal
269. the gen_____on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
270. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
271. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
272. the ho_____st museum *n.* the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
273. bu___e of papers *n.* a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
274. bank and credit un__ns *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
275. imp_____nt tattoo *adj.* not lasting or enduring; temporary, transitory, or fleeting
276. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something

ANSWERS: 267. survive, 268. creature, 269. generation, 270. empathy, 271. tradition, 272. holocaust, 273. bundle, 274. union, 275. impermanent, 276. define

277. historical phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
278. ac_____te measurements *adj.* correct and exact in all details
279. se_____ss terror attack *adj.* lacking meaning, purpose, or reason; without sense or sensibility; foolish or irrational
280. qu__e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
281. the evo_____ary process *adj.* relating to or denoting how living things develop or change from earlier forms
282. the pa_____x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
283. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
284. a fountain of wi_____m *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
285. play the vi_____n *n.* a four-stringed wooden musical instrument held against the neck and played by passing a bow across the strings
286. ro_____t fuel *n.* a large tube-shaped object that moves very first by a stream of gases let out behind it, used for space travel or as a weapon

ANSWERS: 277. phenomenon, 278. accurate, 279. senseless, 280. quote, 281. evolutionary, 282. paradox, 283. survive, 284. wisdom, 285. violin, 286. rocket

287. completely fas_____ng to me *adj.* extremely interesting
288. pi_____ng pain *adj.* going through something; appearing to notice things about another person that would typically go unnoticed, especially in a way that causes that individual to feel uncomfortable
289. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
290. so___w for sin *n.* a feeling of deep sadness, grief, or regret, especially for something lost or ending
291. cause a widespread se_____on *n.* a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement
292. b__y in the earth *v.* to place a dead body in the ground, grave, or tomb
293. four ba_____nt floor *n.* a room or a part of a building that is partly or entirely below ground level
294. class obs_____on day *n.* the act or activity of carefully examining or monitoring something or someone

ANSWERS: 287. fascinating, 288. piercing, 289. grief, 290. sorrow, 291. sensation, 292. bury, 293. basement, 294. observation

Session 3: Fill in the Blanks

1. The _____ smell of smoke clung to his clothes even after he left the campfire.
adj. continuing for a long time; persistent; remaining in a place or situation for longer than is usual or necessary; unwilling to leave
2. It is important to _____ yourself to your customers' needs to provide the best service possible.
v. to make receptive or aware; to bring into harmony or alignment
3. The photo album was filled with _____ from their trip around the world.
n. an object or item that serves to remind someone of a person, event, or experience; a keepsake or souvenir
4. The museum houses a _____ collection of Celtic artifacts.
adj. extremely interesting
5. He was known for his _____ demeanor, never showing emotion or weakness.
adj. calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
6. She was mesmerized by the _____ colors.
n. an arch of colors in the sky caused by the refraction and dispersion of sunlight through rain
7. His _____ for lying caused him to lose many friends.
n. a natural inclination, preference, or tendency toward a particular activity, behavior, or opinion

ANSWERS: 1. lingering, 2. attune, 3. mementos, 4. fascinating, 5. stoic, 6. rainbow's, 7. propensity

8. Many people are working together to close the gender ____.
- n.* a conspicuous disparity or difference separates something such as a figure, people, their opinions, situation, etc.
9. We cannot afford to squander _____ time.
- adj.* uncommon and extremely valuable
10. A _____ scream filled the room.
- adj.* going through something; appearing to notice things about another person that would typically go unnoticed, especially in a way that causes that individual to feel uncomfortable
11. Parents often _____ their characteristics to their children.
- v.* to send or forward an electronic signal; to pass something from one person or thing to another
12. The _____ events of the war left many families torn apart.
- adj.* causing great sadness or suffering; very unfortunate
13. After a thorough investigation, she has been named as the _____ suspect.
- adj.* main or most important; basic
14. He needed to _____ with structural reforms to improve the company's revenue.
- v.* to make a strenuous effort to solve a problem; to engage in a close fight or conflict without weapons
15. Higher _____ requires additional equipment and energy.
- n.* the state of being undiluted or unmixed with anything else; the state of being free from immorality, especially of a sexual nature

ANSWERS: 8. gap, 9. precious, 10. piercing, 11. transmit, 12. tragic, 13. prime, 14. grapple, 15. purity

16. The trade _____ remained adamant about its demands.
- n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
17. Our university is famous for its professors, who are well-versed in behavioral _____.
- n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
18. The deep sea _____ was unlike anything the scientists had ever seen before.
- n.* a living being, especially an animal
19. The _____ between good and evil is common in literature and philosophy.
- n.* a division or contrast between two things that are or are represented as being opposed or entirely different; a sharp contrast between two opposing and mutually exclusive categories or concepts
20. _____ research has opened up new possibilities for the treatment of certain diseases.
- adj.* relating to changes in gene expression that are not caused by alterations in the underlying DNA sequence but rather by modifications to the structure of DNA or proteins that regulate gene activity
21. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.
- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

ANSWERS: 16. union, 17. neuroscience, 18. creature, 19. dichotomy, 20. Epigenetic, 21. tradition

22. Overeating can lead to discomfort and slower _____.
- n.* the process of breaking down food in the body into smaller, more usable components, typically involving enzymes and other bodily processes; the process of assimilating, understanding, or absorbing information or ideas
23. This train departed later than _____ scheduled.
- adv.* at the beginning; at first
24. Each person has a unique _____ experience.
- n.* a very great sadness, especially when somebody dies
25. The hunter's approach _____ the geese.
- v.* to cause to separate and go in different directions
26. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
- adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
27. How did he _____ to your idea?
- v.* to take action in response to something
28. The systems we have developed has accepted as industry _____.
- n.* something that is regarded as usual, typical, or standard
29. Her behavior _____ a quarrel between the couple.
- v.* to stimulate or give rise to a particular reaction or have a particular effect
30. She closed her eyes and _____ for strength to overcome difficult times.
- v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request

ANSWERS: 22. digestion, 23. initially, 24. grief, 25. scattered, 26. spiritual, 27. react, 28. norms, 29. provoked, 30. prayed

31. He finally overcame his _____.

- n.* the quality or state of being worried or embarrassed about meeting and speaking to other people

32. The artist used a _____ of glass to create intricate designs on her sculptures.

- n.* a small, sharp piece of something that has been broken, especially a material like glass, pottery, or metal

33. Her excessive demands drove me _____.

- adj.* extremely stupid, crazy, or dangerous; mentally ill

34. He was a _____ at solving complex mathematical equations.

- n.* a person who is skilled in magic or a particular technical field

35. The dictator was known for his _____ and oppressive regime.

- adj.* feeling or showing pleasure in causing pain or suffering to others

36. Let's brainstorm ideas on the _____ for the new project.

- n.* a smooth, hard writing surface, typically white, that can be written on with dry-erase markers and easily erased

37. Underground rivers flow over a _____ layer that is impervious to water.

- n.* a room or a part of a building that is partly or entirely below ground level

38. The _____ effect is a phenomenon that happens naturally.

- n.* a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

39. She is a talented _____ who has been recognized for her work.

- n.* a person who writes poetry

ANSWERS: 31. shyness, 32. shard, 33. insane, 34. wizard, 35. cruel, 36. whiteboard, 37. basement, 38. greenhouse, 39. poet

40. Driving is difficult for me because of my poor _____.
- n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
41. He included a _____ from the book in his essay.
- n.* a group of words taken from a text or speech and repeated by someone other than the original author or speaker
42. The farmer used a high _____ to keep the cattle from wandering off.
- n.* a pen or enclosure for livestock, especially cattle or horses; an area surrounded by a fence
43. There are various hypotheses concerning the _____ of life.
- n.* the first existence or beginning of something
44. There has been a gradual but steady rise in environmental _____.
- n.* the fact or state of knowing something exists and is important
45. To expand the company, we must ____ new human resources.
- v.* to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
46. After his death, his sons _____ his business.
- v.* to receive money, property, or a title from someone after they have died
47. The frequent performances of the _____ prove its popularity.
- n.* a long musical composition in Western classical music for orchestra, usually with three or four main parts called movements

ANSWERS: 40. vision, 41. quotation, 42. corral, 43. origin, 44. awareness, 45. tap, 46. inherited, 47. symphony

48. I am here to save my _____.

adj. loved very much

49. _____ is also necessary to understand history.

n. the ability to share another person's feelings or experiences by imagining that person's situation

50. Having a _____ healthy physique is essential for a great life.

adv. in a way related to a person's body or appearance rather than their mind

51. She devoted her life to _____ looking after her aging parents.

n. the act of providing care and support for someone who is ill, disabled, or elderly

52. Melanoma in _____ is considered the earliest stage of melanoma and has a high cure rate with appropriate treatment.

adj. short for "situated," meaning located or placed in a particular position or circumstance

53. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

54. The graduation ceremony was _____ as the students said goodbye to their classmates and teachers.

adj. having a mixture of both positive and negative emotions or experiences; simultaneously pleasant and painful

55. We cannot _____ her as President.

v. to imagine or expect what a situation will be like in the future

ANSWERS: 48. beloved, 49. Empathy, 50. physically, 51. caregiving, 52. situ, 53. amazing, 54. bittersweet, 55. envision

56. She holds a _____ on Tuesday mornings.

- n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition

57. The detective looked for fingerprints on the window _____.

- n.* a strong border or structure of the wood, metal, etc. that surrounds something such as a picture, door, or window

58. A great _____ is a fountain forever overflowing with the waters of wisdom and delight.

- n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

59. It's important to understand the _____ of a situation before making a decision.

- n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

60. I _____ to him that I had seen his sister at the grocery store earlier that day.

- v.* to speak or write about something or someone briefly

61. The view from the mountaintop was truly _____.

- adj.* of, from, or like a god; holy or sacred

62. The _____ leader promised his followers that they would achieve enlightenment if they followed his teachings.

- n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

63. The lecture was _____ and gave me a new perspective on the topic.

- adj.* making something clear or easy to understand; providing light

ANSWERS: 56. clinic, 57. frame, 58. poem, 59. context, 60. mentioned, 61. divine, 62. cult, 63. illuminating

64. Nerve _____ cross a synapse through the action of neurotransmitters.
n. a sudden strong and unreflective wish or need to do something; the electrical discharge that travels along a nerve fiber
65. Many _____ survivors still suffer from the trauma they experienced during that time.
n. the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
66. The _____ of his anxiety was evident in his shaking hands.
n. a visible or tangible form of something, especially a particular sign of a disease or condition
67. _____ dropping wears away the stone.
adj. happening repeatedly or all the time
68. He has produced _____ research on the subject.
adj. producing fresh findings; using novel techniques
69. The _____ launch platform is visible from this hill.
n. a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon
70. The ____ of the swamp made it difficult to walk through the field.
n. a soft, wet, sticky earth or clay
71. I will go to the _____ store to buy food for dinner.
n. a shop that sells food and other household items

ANSWERS: 64. impulses, 65. holocaust, 66. manifestation, 67. Constant, 68. groundbreaking, 69. rocket, 70. mud, 71. grocery

72. Her husband's death _____ her life entirely.
- v. to break suddenly into many pieces
73. The management must _____ strategies to increase office security.
- v. to travel to or penetrate an area or a country to learn about it; to thoroughly examine a subject or a possibility to learn more about it
74. The youngster was _____ at by the beast.
- v. to stare at something or someone for an extended time, usually out of surprise or adoration, or because you are thinking about something else
75. The younger _____ has different values and beliefs than the older one.
- n. all the people born and living at about the same time, regarded collectively; the production of heat or electricity
76. The study of _____ helps us to understand the origins of words.
- n. the study of the origin and history of words, including changes in meaning and form over time; the history of a particular word or phrase
77. The death of her best friend filled her with _____.
- n. a feeling of deep sadness, grief, or regret, especially for something lost or ending
78. His professional experience includes all _____ of media production.
- n. one part or feature of a situation, problem, subject, etc.
79. The lush green forest provided a picturesque _____ for the photo shoot.
- n. a painted or photographed scene or setting that is used as a background for a stage, film, or other performance

ANSWERS: 72. shattered, 73. explore, 74. gazed, 75. generation, 76. etymology, 77. sorrow, 78. aspects, 79. backdrop

80. The _____ nature of life should remind us to cherish every moment.
adj. not lasting or enduring; temporary, transitory, or fleeting
81. The _____ of the glass required careful handling during shipping.
n. the quality of being easily broken, damaged, or destroyed; the state of being delicate or vulnerable
82. He should _____ more with his colleagues.
v. to communicate or react with somebody
83. This ad campaign is aimed _____ at young women.
adv. only associated with or meant for one thing
84. Two students answered the teacher's question _____.
adv. at the same time
85. Her response revealed _____ idiocy.
adj. unbelievable; enormous
86. The paper is _____ worth reading thoroughly.
adv. without any question and beyond doubt; clearly
87. She was an _____ without any belief in a higher power.
n. a person who denies or disbelieves the existence of a deity or deities
88. They hope to _____ their business worldwide.
v. to increase or to make something greater in size, number, or importance
89. The country's prime minister has decided to implement a nationwide _____ measure.
n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

ANSWERS: 80. impermanent, 81. fragility, 82. interact, 83. specifically, 84. simultaneously, 85. incredible, 86. definitely, 87. atheist, 88. expand, 89. lockdown

90. The cello is a member of the _____ family.

n. a four-stringed wooden musical instrument held against the neck and played by passing a bow across the strings

91. He was very _____ and didn't believe anything anyone said unless he saw evidence for himself.

adj. believing that people are motivated by self-interest; distrustful of human sincerity or integrity

92. If you apply this ointment, you may feel a mild burning _____.

n. a feeling associated with stimulation of a sense organ or with a specific body condition; a general feeling of interest and excitement

93. There is a lot of _____ nature and food in Hawaii.

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

94. There is plenty of space to _____ everyone.

v. to place a dead body in the ground, grave, or tomb

95. The news of her sudden death was _____ to everyone who knew her.

adj. surprising or shocking; difficult to believe

96. Being an _____ is not a weakness, and it's just a different way of interacting with the world.

n. a shy and reticent person

97. These birds can only _____ in temperate climates.

v. to live or exist despite a dangerous event or period

ANSWERS: 90. violin, 91. cynical, 92. sensation, 93. awesome, 94. bury, 95. astonishing, 96. introvert, 97. survive

98. The _____ of the city is reflected in its architecture.
- n.* the culture and traditions that are passed down from previous generations
99. The police officer questioned the _____ for any information they had about the suspect
- n.* a person who is walking by or happens to be in the vicinity of a particular place or event, often without necessarily being involved in it in any way
100. I need to _____ my speed to finish the race on time.
- v.* to move or act quickly; to cause or encourage something to happen sooner or more rapidly; to accelerate or speed up
101. Roads _____ from the famous building in the center of the city.
- v.* to spread out or emit something, such as light or heat, in all directions
102. The community greatly respected and sought after the older adult's _____.
- n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions
103. She didn't enjoy attending parties or large gatherings due to her _____.
- n.* the quality or state of being predominantly focused on one's inner mental life, feelings, and thoughts rather than on external stimulation and social interaction; a personality trait characterized by shyness, introspection, and a preference for solitary activities
104. In his speech, he _____ a famous philosopher to emphasize his point.
- v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

ANSWERS: 98. heritage, 99. passerby, 100. hasten, 101. radiate, 102. wisdom, 103. introversion, 104. quoted

105. The _____ arrived in port the following day.

n. a ship or large boat

106. The _____ nerve connects the brain to many different organs in the body.

n. the tenth of the twelve cranial nerves, which originates in the brainstem and innervates the throat, heart, and digestive tract; also known as the pneumogastric nerve

107. She received several _____ calls.

adj. having no known name, identity, or known source

108. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

109. To find drunk drivers, police conduct _____ tests.

adj. made, done, or happening without method, conscious decision, or any regular pattern

110. The _____ on the photograph helped to explain the image's content.

n. a title or brief explanation accompanying a photograph, illustration, or other images; a heading or inscription for a chapter, section, or document

111. There are _____ differences between the two wine-producing regions.

adj. easy to see, discover or understand

112. I know his _____ habit that he touches his face when he lies.

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

ANSWERS: 105. vessel, 106. vagus, 107. anonymous, 108. creative, 109. random, 110. caption, 111. obvious, 112. unconscious

113. There are many theories to explain this _____.

- n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

114. The _____ act of violence left the community in shock and mourning.

- adj.* lacking meaning, purpose, or reason; without sense or sensibility; foolish or irrational

115. He suffers from _____ breakdowns.

- adj.* worried and anxious about something; relating to the nerves

116. The couple _____ exchanged their vows before the ceremony began.

- adv.* in a private manner; not publicly; secretly

117. This accident was something that happened _____.

- adv.* in an essential manner; in such a way as could not be otherwise

118. This device can more accurately detect _____ pathogens.

- adj.* relating to or caused by a virus

119. The regulations _____ medical malpractice claims are rigorous.

- v.* to legally control and direct a country, city, group of people, etc. and be responsible for introducing new laws, organizing and maintaining public services

120. Who answers _____ knows little.

- adv.* quickly and unexpectedly

121. She had a master's degree in _____.

- n.* the scientific study of mind and behavior

ANSWERS: 113. paradox, 114. senseless, 115. nervous, 116. privately, 117. necessarily, 118. viral, 119. governing, 120. suddenly, 121. psychology

122. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

123. To advance this discussion, we must _____ "success" rigorously.

v. to state or explain precisely the nature, scope, or meaning of something

124. _____ algorithms can find ways to optimize that humans do not anticipate.

adj. relating to or denoting how living things develop or change from earlier forms

125. The official transcript contains _____ academic records.

adj. correct and exact in all details

126. She has been in great _____ since she was heartbroken.

n. a feeling of great worry, sadness, pain, or discomfort

127. The structure is _____ of three main components.

v. to write music, poetry, or formal writing; to constitute or make up a whole, or a specified part of it

128. The penny fell _____ the piano.

adv. under or below something else

129. He _____ back in time to the soccer game.

v. to move along very quickly; (noun) the act of rising upward into the air

130. It was the first time in a long time that I felt truly _____ and at peace.

adj. not excited, angry, or nervous; free from wind, large waves

ANSWERS: 122. emotions, 123. define, 124. Evolutionary, 125. accurate, 126. distress, 127. composed, 128. underneath, 129. zoomed, 130. calm

131. My father has a serious and _____ personality.
adj. feeling or showing sympathy and concern for the suffering or bad luck of others
132. The movie had an _____ sex scene that some viewers might find offensive.
adj. stated clearly and in detail, leaving no room for confusion or doubt
133. I tied up the _____ of newspapers and took them to the recycling center.
n. a group of things that are tied or wrapped together; a large amount or quantity of something; a package or parcel of things
134. In the hospital, she will remain under constant _____.
n. the act or activity of carefully examining or monitoring something or someone
135. He that would eat the kernel must _____ the nut.
v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
136. While meditating, he had a _____ experience and felt a sense of unity with the universe.
adj. relating to or characterized by spiritual powers; beyond ordinary understanding
137. This blog offers a variety of tips for _____ everyday life.
v. to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
138. Human behavior has _____ characteristics.
adj. forming an essential base or core from which everything else develops or is affected

ANSWERS: 131. compassionate, 132. explicit, 133. bundle, 134. observation, 135. crack, 136. mystical, 137. hacking, 138. fundamental

139. Despite the evidence, she remained a _____ in the theory of evolution.

n. a person who does not believe in something, such as a religion or idea

140. When faced with a dangerous situation, his initial _____ was to flee.

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

141. The long _____ was filled with people rushing to get to their rooms before the meeting began.

n. a hallway or passageway, especially one connecting rooms or areas within a building or structure

142. Management must take _____ responsibility for the accident.

adj. furthest or highest in degree or order

143. The _____ blooms were so delicate and beautiful.

n. a plant with showy or unusual flowers, typically having either a single, complex flower or a cluster of small flowers, many of which are prized for their beauty and often cultivated as ornamental plants

144. The scratches on the car _____ its otherwise perfect appearance.

v. to damage or spoil the appearance or surface of something

145. A rainbow is a natural _____.

n. something that exists and can be perceptible, especially one that is not fully understood

146. Their _____ strictly prohibits them from drinking or gambling.

n. a deep conviction in a supernatural power that controls human destiny

ANSWERS: 139. disbeliever, 140. instinct, 141. corridor, 142. ultimate, 143. orchid, 144. marred, 145. phenomenon, 146. religion

147. They fear a _____ of a new type of virus.

n. an outbreak of a disease that affects many people over a very wide area

ANSWERS: 147. pandemic