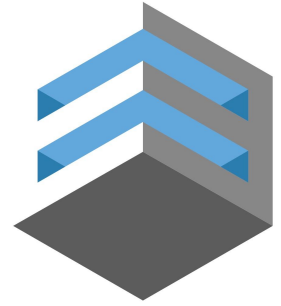


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Vocabulary Builder Reference from...

Cordae: How a "Hi Level" mindset helps you realize your potential | TED Talk

https://www.ted.com/talks/cordae_how_a_hi_level_mindset_helps_you_realize_your_potential

All Words

IMPORTANT

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Session 1: Word List

vast

adj. enormous in size, number, amount, or quantity

synonym : expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

hop

v. to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

synonym : jump, bounce, skip

(1) **hop** on one foot, (2) **hop** from one place to another

The rabbit **hopped** over the fence.

specifically

adv. only associated with or meant for one thing

synonym : especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically**

American customers

This ad campaign is aimed **specifically** at young women.

quote

v. to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

synonym : cite, reference, mention

(1) **quote** a source, (2) **quote** a price

In his speech, he **quoted** a famous philosopher to emphasize his point.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym : pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

acclaim

n. praise or admiration that is expressed publicly; (verb) to praise or admire someone or something publicly

synonym : praise, admiration, welcome

(1) **acclaim** the winner, (2) treated with royal **acclaim**

The actor's performance in the play earned her widespread **acclaim** from the theater community.

renowned

adj. famous and respected for great achievements, qualities, etc.

synonym : noted, prominent, acclaimed

(1) a **renowned** artist, (2) **renowned** as a novelist

This area is **renowned** for its hot springs.

celebrity

n. someone who is well-known, particularly in the entertainment industry

synonym : figure, star, VIP

(1) baseball **celebrity**, (2) **celebrity** known worldwide

The popularity of the show made her an instant **celebrity**.

minus

adj. subtracting or taking away; having a value less than zero

synonym : without, lacking, negative

(1) **minus** sign, (2) **minus** temperature

The recipe calls for four cups of flour **minus** one tablespoon.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to

exhibit a specific quality or appearance

synonym : guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

rap

n. a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

synonym : hip-hop, emceeing, MCing

(1) **rap** music, (2) get a **rap**

The new **rap** album is getting a lot of attention.

mantra

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym : hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym : attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

odds

n. the degree or probability that a particular thing will or will not happen

synonym : chances, likelihoods, probabilities

(1) **odds** in favor, (2) **odds** of business

What are the **odds** that he will survive?

stack

n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

synonym : accumulation, heap, pile

(1) high **stack**, (2) a large **stack** of paper

The earthquake caused a **stack** of lumber to crumble noisily.

unbiased

adj. free from prejudice or favoritism; fair and impartial in judgment and decision-making

synonym : neutral, fair, impartial

(1) **unbiased** opinion, (2) **unbiased** review

The judge has a reputation for being fair and **unbiased** in his rulings.

perspective

n. a confident attitude toward something; a particular style of thinking about something

synonym : viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

decent

adj. satisfactory, acceptable, or good in a general sense

synonym : respectable, honorable, good

(1) yearn for the **decent** living, (2) a **decent** education

He earned a **decent** salary at his job.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym : beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

circumstance

n. the specific conditions or events that surround a particular situation or occurrence

synonym : condition, context, environment

(1) **circumstance** of birth, (2) **circumstance** of injury

She explained the **circumstances** surrounding the accident.

obstacle

n. a thing that blocks one's way or prevents or hinders progress

synonym : hindrance, barrier, block

(1) an **obstacle** to progress, (2) **obstacle** avoidance

The **obstacle** course was challenging but fun.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym : minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

purposeful

adj. having a specific aim or purpose; determined

synonym : determined, resolved, resolute

(1) **purposeful** series of actions, (2) at a **purposeful** pace

She had a **purposeful** look and was determined to complete the task.

instill

v. to impart, introduce, or cause to be absorbed gradually

synonym : implant, ingrain, inculcate

(1) **instill** confidence, (2) **instill** medication into my eye

The teacher attempted to **instill** the importance of hard work in her students.

observation

n. the act or activity of carefully examining or monitoring something or someone

synonym : watching, notice, reflection

(1) class **observation** day, (2) **observation** instrument

In the hospital, she will remain under constant **observation**.

philosophy

n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

synonym: doctrine, attitude, creed

(1) **philosophy** of education, (2) western **philosophy**

Ethics is a branch of **philosophy**.

wavelength

n. the distance between two points in the same phase in consecutive cycles of a wave

(1) **wavelength** of light, (2) long- **wavelength** laser

White color is made up of many different **wavelengths** of light.

regiment

n. a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine

synonym: unit, brigade, battalion

(1) logistics **regiment**, (2) marching **regiment**

The army **regiment** marched in perfect unison during the parade.

scratch

v. to cut or damage the surface of something or the skin with a sharp or pointed object

synonym: claw, rub, scrape

(1) **scratch** off a name, (2) **scratch** my signature

Don't **scratch** your mosquito bites.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

lifetime

n. the duration of someone's life or something's existence;

synonym: lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport

She had lived through two world wars in her **lifetime**.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

destiny

n. the events that will inevitably happen to a particular person or thing in the future

synonym: fate, future, outcome

(1) foreordained **destiny**, (2) **destiny** of the individual

It is said that our **destiny** is written in the stars.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym: ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

graduate

n. a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym: alumna, alum, grad

(1) **graduate** degree program, (2) honor **graduate**

Many employers hire **graduate** trainees to train as managers.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer

immediately

A suspension order from the court is effective **immediately**.

detain

v. to keep someone in official custody; to prevent them from leaving

synonym : hold, keep, detainment

(1) **detain** a terrorist, (2) **detain** for investigation

The police **detained** the suspect for questioning.

suspend

v. to stop something from continuing or being in force or effect, either temporarily or permanently; to hang something freely

synonym : stop, postpone, adjourn

(1) **suspend** a decision, (2) **suspend** fruits from the ceiling

The University **suspended** the most recalcitrant demonstrators.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

horrific

adj. causing horror or disgust; gruesome and terrifying

synonym : terrifying, alarming, shocking

(1) **horrific** experience, (2) **horrific** condition

The accident scene was **horrific**, with bodies and debris scattered everywhere.

grade

n. a particular level of quality, size, importance, etc.

synonym : score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

disrespect

n. an expression of lack of regard or contempt for someone or something

synonym: impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer

His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

mix-tape

n. a collection of songs, usually recorded onto a cassette tape or burned onto a CD, compiled by an individual rather than a record company, and often given to friends or acquaintances as a gift

synonym: playlist, compilation, mix

(1) **mix-tape** playlist, (2) summer **mix-tape**

I made a **mix-tape** of all my favorite songs to listen to on my long road trip.

regress

v. to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate

synonym: retrovert, deteriorate, decline

(1) **regress** to childhood, (2) **regress** in skills

The team's failure to win games has caused them to **regress** in confidence.

brink

n. the point at which something is about to happen; the edge of a steep place

synonym: edge, verge, threshold

(1) **brink** of war, (2) on the **brink**

We were on the **brink** of a financial crisis.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym : coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

insanity

n. the state of being seriously mentally ill; madness

synonym : madness, psychosis, lunacy

(1) sheer **insanity**, (2) alcoholic **insanity**

His behavior became increasingly erratic, leading many to believe he was experiencing a bout of **insanity**.

misfortune

n. an unfortunate event or circumstance; bad luck or trouble

synonym : adversity, calamity, tragedy

(1) economic **misfortune**, (2) a string of **misfortunes**

The flood was a great **misfortune** to the small town causing extensive damage.

triumph

n. a great victory or achievement

synonym : victory, success, conquest

(1) **triumph** of democracy, (2) **triumph** of the spirit

The team's **triumph** in the championship resulted from their hard work and dedication.

fuel

n. a substance that is typically burned to generate heat or energy

synonym : energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**

The **fuel** scarcity most severely impacted the manufacturing sector

motivation

n. the reason or enthusiasm for acting or behaving in a particular way

synonym : inspiration, incentive, reason

(1) understand his **motivation**, (2) **motivation** for a change
A significant amount of **motivation** is required to be a teacher.

chapter

n. a separate section of a written work usually numbered and titled

synonym: section, phase, episode

(1) an introductory **chapter**, (2) **chapter** of a political party
The final **chapter** provides a summary of the discussion.

intentional

adj. done, made or performed with purpose and intent

synonym: deliberate, intended, preplanned

(1) **intentional** destruction of evidence, (2) an **intentional** walk

The law distinguishes between accidental and **intentional** killing.

desire

n. a strong feeling of wanting to have or do something

synonym: ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

excuse

n. a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

synonym: apology, justification, reason

(1) **excuse** for inaction, (2) perfect **excuse**

He quickly fabricated an **excuse** for not attending the

meeting.

accomplished

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

synonym : achieved, finished, completed

(1) **accomplished** at a very early age, (2) **accomplished** goal

She felt **accomplished** after finishing her book.

clap

v. to hit your hands together and make a short and loud noise, mainly to show your approval or praise

synonym : applaud, spat, acclaim

(1) **clap** my hands, (2) **clap** a book shut

We **clapped** along with the singer's song.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym : facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

boost

v. to improve, raise, or increase something

synonym : raise, advance, promote

(1) **boost** the economy, (2) **boost** flexibility

The new service helped **boost** net income by 10%.

transmute

v. to change or convert from one form or substance to another, often in a transformative or profound way

synonym : transform, convert, change

(1) **transmute** energy, (2) **transmute** struggle into growth

Some alchemists believed in the ability to **transmute** base metals into gold.

faith

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

synonym : belief, trust, confidence

(1) religious **faith**, (2) **faith** in government

He kept his robust **faith** in his company.

discipline

n. the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

synonym : training, restraint, field

(1) break **discipline**, (2) rigid **discipline**

He quickly learned the military **discipline**.

lame

adj. having a limp or difficulty walking due to an injury or disability

synonym : cripple, gimp, hobbled

(1) a **lame** older man, (2) **lame** apology

The **lame** horse was unable to race.

noteworthy

adj. deserving of attention, interest, or acclaim; significant or remarkable

synonym : remarkable, significant, notable

(1) **noteworthy** achievement, (2) **noteworthy** event

The artist's latest work received **noteworthy** critical acclaim.

mast

n. a long pole aboard a boat or ship that holds up the sails

(1) **mast** height, (2) built-up **mast**

The main cabin is located in front of the **mast**.

wit

n. the ability to say or write things or ideas in a clever and humorous way

synonym : humor, comedy, funniness

(1) the **wit** of man, (2) full of **wit**

He has the **wit** to keep talking about this topic.

alcohol

n. a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

synonym : booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**

There is a clear association between **alcohol** consumption and cognitive decline.

divine

adj. of, from, or like a god; holy or sacred

synonym : godly, holy, sacred

(1) **divine** intervention, (2) **divine** grace

The view from the mountaintop was truly **divine**.

halt

v. to bring or come to a stop; to force to stop moving or operating

synonym : stop, cease, terminate

(1) **halt** production, (2) **halt** progress

The train came to a **halt** at the station.

vice

n. wrongdoing or wicked behavior; (in the form of vice versa) with the order reversed; (as a prefix) someone with a job immediately below a particular person

synonym : corruption, depravity, evil

(1) virtue and **vice**, (2) **vice-chair** of the committee

Cats hate dogs and **vice versa**.

confession

n. a formal statement in which one admits that they have done something wrong or illegal

synonym : admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith

The prisoner made a full **confession** and admitted to his crime.

cheat

v. to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws

synonym : deceive, swindle, defraud

(1) **cheat** on my taxes, (2) **cheat** in a game

Even though he knew it was wrong, he **cheated** on the exam.

strive

v. to try very hard to do, achieve, or obtain something
synonym : preserve, endure, persist

(1) **strive** hard to get, (2) **strive** for excellence
They **strived** to make their dream come true.

prime

adj. main or most important; basic
synonym : excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister
After a thorough investigation, she has been named as the **prime** suspect.

doubtful

adj. uncertain or unlikely to happen
synonym : uncertain, questionable, unsure

(1) a book of **doubtful** authorship, (2) **doubtful** whether
It is **doubtful** that we will be able to finish the project on time.

naysaying

n. the act or practice of habitually objecting or criticizing; a tendency to be negative, pessimistic, or unsupportive
synonym : doubt, skepticism, criticism

(1) **naysaying** attitude, (2) constant **naysaying**
I ignore the **naysaying** of others and pursue my dreams anyway.

sarcastic

adj. using irony and cutting language to mock, ridicule, or convey contempt; saying the opposite of what is meant in a mocking tone

synonym : mocking, ironic, sardonic

(1) use **sarcastic** language, (2) **sarcastic** sense of humor
Her **sarcastic** remarks made it clear that she wasn't happy with the situation.

remark

n. a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation

synonym : comment, observation, statement

(1) a flattering **remark**, (2) **remark** dripping with bitterness

His candid **remark** at the meeting sparked a lively discussion among the attendees.

Don *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
(1) the **don** of the university, (2) **Don** Giovanni
He could never go against what **Don** Carlos said.

cancel *v.* to decide that a previously scheduled activity will not take place
synonym : abort, invalidate, annul
(1) **cancel** a class, (2) **cancel** a free subscription trial
When customers **cancel** their reservations, they lose the deposit they made.

temporarily *adv.* for a limited time only or not permanently
synonym : for a time
(1) a hut made **temporarily**, (2) **temporarily** suspend the production
Some athletes take anabolic steroids to increase muscle size **temporarily**.

individual *n.* a single person or thing, as distinct from a group
synonym : person, being, self
(1) a private **individual**, (2) **individual** freedom
As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

sophomore *n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field
synonym : second-year student, junior, apprentice
(1) **sophomore** in high school, (2) **sophomore** slump
The university student was now a **sophomore**, having completed their first year of studies.

debut

n. the first public performance of an artist or actor
synonym: introduction, launching, premiere

(1) **debut** on national TV, (2) **debut** performance
The **debut** album of the band was a success.

massive

adj. enormous amount; very heavy and solid
synonym: enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars
The recent economic downturn has resulted in **massive** layoffs.

outdo

v. to do better than someone; to surpass
synonym: excel, surpass, outshine

(1) **outdo** him in trickery, (2) **outdo** the competition
He tried to **outdo** his rival by breaking the world record.

unmotivated

adj. lacking in drive or ambition; not motivated; lacking enthusiasm or interest in something
synonym: uninspired, lazy, lethargic

(1) **unmotivated** to learn, (2) feel **unmotivated**
The company's **unmotivated** employee was let go due to a lack of productivity.

indulge

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

synonym: pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children
She **indulged** in a warm bath after a long day at work.

proverb

n. a short saying that expresses a truth or gives advice based on practical experience

synonym: adage, saying, maxim

(1) a hackneyed **proverb**, (2) ancient **proverb**
The famous **proverb** "actions speak louder than words" reminds us to focus on deeds instead of words.

rocky

adj. full of or abounding in rocks; of, relating to, or made of rock

synonym : stony, boulder-strewn, rough

(1) **rocky** terrain, (2) **rocky** relationship

The **rocky** road made it difficult to drive on.

recipe

n. a set of instructions for preparing a dish, including the ingredients and the method of cooking

synonym : instructions, formula, method

(1) **recipe** book, (2) **recipe** collection

The **recipe** for the cake is passed down from generation to generation in her family.

commitment

n. a promise or firm decision to do something or to behave in a certain way

synonym : burden, obligation, promise

(1) a **commitment** to an alliance, (2) meet his

commitments

His business **commitments** took him to the United States.

honor

n. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality;
(verb) to show respect towards someone

synonym : integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my **honor** that it is true.

sight

n. the ability to see; anything that is seen

synonym : vision, spectacle, view

(1) an unexpected **sight**, (2) dull **sight**

Many famous **sights** are within walking distance.

maximum

adj. the largest or greatest amount or value attainable or attained

synonym : peak, top, highest

(1) **maximum** limit, (2) the **maximum** speed

The **maximum** temperature recorded this summer was higher than average.

guru

n. a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area

synonym: sage, mentor, master

(1) **guru** meditation, (2) spiritual **guru**

He was considered a **guru** in economics and consulted by many leaders.

insure

v. to provide coverage in the event of loss or damage

synonym: protect, guard, safeguard

(1) **insure** my house against fire, (2) **insure** domestic tranquility

I will **insure** my car before I go on a road trip.

anguish

n. severe physical or emotional pain or suffering; distress or mental agony

synonym: distress, torment, agony

(1) **anguish** and pain, (2) emotional **anguish**

She suffered from a deep sense of **anguish** following the loss of her loved one.

bunch

n. a grouping of several similar things which are growing or fastened together

synonym: group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls

One bad apple spoils the whole **bunch**.

what-if

n. a hypothetical situation or scenario that is considered a possible outcome, especially when considering different options or decisions

synonym: scenario, possibility, hypothesis

(1) **what-if** scenario, (2) **what-if** analysis

We played a game of **what-ifs** to prepare for the worst-case

scenario.

Session 2: Spelling

1. mi__s temperature *adj.* subtracting or taking away; having a value less than zero
2. in____e in debauchery *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
3. not____hy event *adj.* deserving of attention, interest, or acclaim; significant or remarkable
4. mean no dis____ct *n.* an expression of lack of regard or contempt for someone or something
5. as___e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
6. long-wav____th laser *n.* the distance between two points in the same phase in consecutive cycles of a wave
7. an ob____le to progress *n.* a thing that blocks one's way or prevents or hinders progress
8. an____h and pain *n.* severe physical or emotional pain or suffering; distress or mental agony
9. summer mi____pe *n.* a collection of songs, usually recorded onto a cassette tape or burned onto a CD, compiled by an individual rather than a record company, and often given to friends or acquaintances as a gift

ANSWERS: 1. minus, 2. indulge, 3. noteworthy, 4. disrespect, 5. assume, 6. wavelength, 7. obstacle, 8. anguish, 9. mix-tape

10. v__e-chair of the committee *n.* wrongdoing or wicked behavior; (in the form of vice versa) with the order reversed; (as a prefix) someone with a job immediately below a particular person
11. g__u meditation *n.* a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
12. spiritual g__u *n.* a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
13. for spe_____lly American customers *adv.* only associated with or meant for one thing
14. religious fa__h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
15. foreordained de_____y *n.* the events that will inevitably happen to a particular person or thing in the future
16. mi_____pe playlist *n.* a collection of songs, usually recorded onto a cassette tape or burned onto a CD, compiled by an individual rather than a record company, and often given to friends or acquaintances as a gift
17. c__p my hands *v.* to hit your hands together and make a short and loud noise, mainly to show your approval or praise

ANSWERS: 10. vice, 11. guru, 12. guru, 13. specifically, 14. faith, 15. destiny, 16. mix-tape, 17. clap

18. h_p on one foot *v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
19. ce_____ty known worldwide *n.* someone who is well-known, particularly in the entertainment industry
20. de___n a terrorist *v.* to keep someone in official custody; to prevent them from leaving
21. ou__o him in trickery *v.* to do better than someone; to surpass
22. ca___l a class *v.* to decide that a previously scheduled activity will not take place
23. h__t production *v.* to bring or come to a stop; to force to stop moving or operating
24. built-up m__t *n.* a long pole aboard a boat or ship that holds up the sails
25. phi_____hy of education *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
26. pr__e number *adj.* main or most important; basic
27. fleshly de___e *n.* a strong feeling of wanting to have or do something
28. st___e for excellence *v.* to try very hard to do, achieve, or obtain something
29. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
30. high st__k *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

ANSWERS: 18. hop, 19. celebrity, 20. detain, 21. outdo, 22. cancel, 23. halt, 24. mast, 25. philosophy, 26. prime, 27. desire, 28. strive, 29. decide, 30. stack

31. so_____re in high school *n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field
32. in___e domestic tranquility *v.* to provide coverage in the event of loss or damage
33. a con_____on of faith *n.* a formal statement in which one admits that they have done something wrong or illegal
34. in_____l confidence *v.* to impart, introduce, or cause to be absorbed gradually
35. students at all gr___e levels *n.* a particular level of quality, size, importance, etc.
36. ma_____e stars *adj.* enormous amount; very heavy and solid
37. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
38. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
39. in_____l medication into my eye *v.* to impart, introduce, or cause to be absorbed gradually
40. c__p a book shut *v.* to hit your hands together and make a short and loud noise, mainly to show your approval or praise
41. ha___ed the incident *v.* to deal with a situation, problem, or strong emotion

ANSWERS: 31. sophomore, 32. insure, 33. confession, 34. instill, 35. grade, 36. massive, 37. overcome, 38. environment, 39. instill, 40. clap, 41. handle

42. v__t majority *adj.* enormous in size, number, amount, or quantity
43. have a ne____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
44. a string of mis_____nes *n.* an unfortunate event or circumstance; bad luck or trouble
45. ro__y relationship *adj.* full of or abounding in rocks; of, relating to, or made of rock
46. ma_____m limit *adj.* the largest or greatest amount or value attainable or attained
47. re___e book *n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking
48. treated with royal ac_____m *n.* praise or admiration that is expressed publicly; (verb) to praise or admire someone or something publicly
49. write him an answer imm_____ly *adv.* now or without delay
50. obs_____on instrument *n.* the act or activity of carefully examining or monitoring something or someone
51. understand his mot_____on *n.* the reason or enthusiasm for acting or behaving in a particular way
52. perfect ex___e *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
53. de__t on national TV *n.* the first public performance of an artist or actor

ANSWERS: 42. vast, 43. negative, 44. misfortune, 45. rocky, 46. maximum, 47. recipe, 48. acclaim, 49. immediately, 50. observation, 51. motivation, 52. excuse, 53. debut

54. the mi____t in an education system *n.* the established set of attitudes or fixed ideas held by someone
55. h__t progress *v.* to bring or come to a stop; to force to stop moving or operating
56. ancient pr____b *n.* a short saying that expresses a truth or gives advice based on practical experience
57. sc____h my signature *v.* to cut or damage the surface of something or the skin with a sharp or pointed object
58. sc____h off a name *v.* to cut or damage the surface of something or the skin with a sharp or pointed object
59. sheer in____ty *n.* the state of being seriously mentally ill; madness
60. me____n name *v.* to speak or write about something or someone briefly
61. baseball ce____ty *n.* someone who is well-known, particularly in the entertainment industry
62. chant the ma____a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
63. D_n Giovanni *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
64. a l__e older man *adj.* having a limp or difficulty walking due to an injury or disability
65. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 54. mindset, 55. halt, 56. proverb, 57. scratch, 58. scratch, 59. insanity, 60. mention, 61. celebrity, 62. mantra, 63. Don, 64. lame, 65. pound

66. western phi_____hy *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
67. o__s of business *n.* the degree or probability that a particular thing will or will not happen
68. su_____d a decision *v.* to stop something from continuing or being in force or effect, either temporarily or permanently; to hang something freely
69. as___e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
70. a com_____nt to an alliance *n.* a promise or firm decision to do something or to behave in a certain way
71. a con_____on of guilt *n.* a formal statement in which one admits that they have done something wrong or illegal
72. wh_____f analysis *n.* a hypothetical situation or scenario that is considered a possible outcome, especially when considering different options or decisions
73. dull si__t *n.* the ability to see; anything that is seen
74. a ne_____ve number *adj.* having the quality of something bad or harmful; expressing refusal
75. ca___l a free subscription trial *v.* to decide that a previously scheduled activity will not take place
76. acc_____hed goal *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something

ANSWERS: 66. philosophy, 67. odds, 68. suspend, 69. assume, 70. commitment, 71. confession, 72. what-if, 73. sight, 74. negative, 75. cancel, 76. accomplished

77. v__t desert *adj.* enormous in size, number, amount, or quantity
78. de___n for investigation *v.* to keep someone in official custody; to prevent them from leaving
79. mot_____on for a change *n.* the reason or enthusiasm for acting or behaving in a particular way
80. honor gr_____te *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
81. o__s in favor *n.* the degree or probability that a particular thing will or will not happen
82. flexible mi_____t *n.* the established set of attitudes or fixed ideas held by someone
83. a bu__h of schoolgirls *n.* a grouping of several similar things which are growing or fastened together
84. a re_____ed artist *adj.* famous and respected for great achievements, qualities, etc.
85. wav_____th of light *n.* the distance between two points in the same phase in consecutive cycles of a wave
86. ac_____m the winner *n.* praise or admiration that is expressed publicly; (verb) to praise or admire someone or something publicly
87. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
88. alcoholic in_____ty *n.* the state of being seriously mentally ill; madness

ANSWERS: 77. vast, 78. detain, 79. motivation, 80. graduate, 81. odds, 82. mindset, 83. bunch, 84. renowned, 85. wavelength, 86. acclaim, 87. decide, 88. insanity

89. ou__o the competition *v.* to do better than someone; to surpass
90. acc_____hed at a very early age *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
91. severe cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
92. full of w_t *n.* the ability to say or write things or ideas in a clever and humorous way
93. a hackneyed pr____b *n.* a short saying that expresses a truth or gives advice based on practical experience
94. tr_____te energy *v.* to change or convert from one form or substance to another, often in a transformative or profound way
95. art cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
96. qu__e a source *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
97. the d_n of the university *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
98. h_p from one place to another *v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.
99. do_____ul whether *adj.* uncertain or unlikely to happen

ANSWERS: 89. outdo, 90. accomplished, 91. critic, 92. wit, 93. proverb, 94. transmute, 95. critic, 96. quote, 97. Don, 98. hop, 99. doubtful

100. deputy pr__e minister *adj.* main or most important; basic
101. gr____te degree program *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
102. a prodigious vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
103. ho__r our ancestors *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
104. use sa_____ic language *adj.* using irony and cutting language to mock, ridicule, or convey contempt; saying the opposite of what is meant in a mocking tone
105. su____d fruits from the ceiling *v.* to stop something from continuing or being in force or effect, either temporarily or permanently; to hang something freely
106. ho____ic condition *adj.* causing horror or disgust; gruesome and terrifying
107. rigid dis_____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
108. class obs_____on day *n.* the act or activity of carefully examining or monitoring something or someone

ANSWERS: 100. prime, 101. graduate, 102. vision, 103. honor, 104. sarcastic, 105. suspend, 106. horrific, 107. discipline, 108. observation

109. emotional an_____h *n.* severe physical or emotional pain or suffering; distress or mental agony
110. tr_____te struggle into growth *v.* to change or convert from one form or substance to another, often in a transformative or profound way
111. int_____al destruction of evidence *adj.* done, made or performed with purpose and intent
112. re_____s to childhood *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
113. di___e grace *adj.* of, from, or like a god; holy or sacred
114. ro__y terrain *adj.* full of or abounding in rocks; of, relating to, or made of rock
115. smokeless f__l *n.* a substance that is typically burned to generate heat or energy
116. ma_____e amounts *adj.* enormous amount; very heavy and solid
117. m__t height *n.* a long pole aboard a boat or ship that holds up the sails
118. virtue and v__e *n.* wrongdoing or wicked behavior; (in the form of vice versa) with the order reversed; (as a prefix) someone with a job immediately below a particular person
119. cir_____nce of injury *n.* the specific conditions or events that surround a particular situation or occurrence
120. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 109. anguish, 110. transmute, 111. intentional, 112. regress, 113. divine, 114. rocky, 115. fuel, 116. massive, 117. mast, 118. vice, 119. circumstance, 120. background

121. re_____e a prisoner *v.* to set free or allow to escape from confinement
122. unsatisfied de___e *n.* a strong feeling of wanting to have or do something
123. yearn for the de___t living *adj.* satisfactory, acceptable, or good in a general sense
124. ind_____al freedom *n.* a single person or thing, as distinct from a group
125. wh_____f scenario *n.* a hypothetical situation or scenario that is considered a possible outcome, especially when considering different options or decisions
126. a per_____ve view *n.* a confident attitude toward something; a particular style of thinking about something
127. the w_t of man *n.* the ability to say or write things or ideas in a clever and humorous way
128. qu__e a price *v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services
129. at a pur_____ul pace *adj.* having a specific aim or purpose; determined
130. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion
131. st___e hard to get *v.* to try very hard to do, achieve, or obtain something
132. a book of do_____ul authorship *adj.* uncertain or unlikely to happen

ANSWERS: 121. release, 122. desire, 123. decent, 124. individual, 125. what-if, 126. perspective, 127. wit, 128. quote, 129. purposeful, 130. handle, 131. strive, 132. doubtful

133. on the br__k *n.* the point at which something is about to happen; the edge of a steep place
134. a flattering re___k *n.* a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation
135. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
136. diluted al_____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
137. the ma_____m speed *adj.* the largest or greatest amount or value attainable or attained
138. an unexpected si__t *n.* the ability to see; anything that is seen
139. li_____me benefits *n.* the duration of someone's life or something's existence;
140. in_____e children *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
141. de__t performance *n.* the first public performance of an artist or actor
142. telescopic vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
143. ho_____ic experience *adj.* causing horror or disgust; gruesome and terrifying

ANSWERS: 133. brink, 134. remark, 135. pound, 136. alcohol, 137. maximum, 138. sight, 139. lifetime, 140. indulge, 141. debut, 142. vision, 143. horrific

144. fa__h in government *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
145. re___e collection *n.* a set of instructions for preparing a dish, including the ingredients and the method of cooking
146. br__k of war *n.* the point at which something is about to happen; the edge of a steep place
147. ov_____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
148. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
149. get a r_p *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
150. biomass f__l *n.* a substance that is typically burned to generate heat or energy
151. di___e intervention *adj.* of, from, or like a god; holy or sacred
152. constant na_____ng *n.* the act or practice of habitually objecting or criticizing; a tendency to be negative, pessimistic, or unsupportive

ANSWERS: 144. faith, 145. recipe, 146. brink, 147. overcome, 148. encourage, 149. rap, 150. fuel, 151. divine, 152. naysaying

153. womanly ho__r *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
154. de____y of the individual *n.* the events that will inevitably happen to a particular person or thing in the future
155. a criminal bac____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
156. not____hy achievement *adj.* deserving of attention, interest, or acclaim; significant or remarkable
157. ob____le avoidance *n.* a thing that blocks one's way or prevents or hinders progress
158. re___k dripping with bitterness *n.* a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation
159. tr____h of democracy *n.* a great victory or achievement
160. cir____nce of birth *n.* the specific conditions or events that surround a particular situation or occurrence
161. unm____ed to learn *adj.* lacking in drive or ambition; not motivated; lacking enthusiasm or interest in something
162. re____e CO2 into the air *v.* to set free or allow to escape from confinement

ANSWERS: 153. honor, 154. destiny, 155. background, 156. noteworthy, 157. obstacle, 158. remark, 159. triumph, 160. circumstance, 161. unmotivated, 162. release

163. ex___e for inaction *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
164. an int_____al walk *adj.* done, made or performed with purpose and intent
165. na_____ng attitude *n.* the act or practice of habitually objecting or criticizing; a tendency to be negative, pessimistic, or unsupportive
166. stop drinking al_____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
167. meet his com_____nts *n.* a promise or firm decision to do something or to behave in a certain way
168. r_p music *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
169. designed spe_____lly for men *adv.* only associated with or meant for one thing
170. a de___t education *adj.* satisfactory, acceptable, or good in a general sense
171. easy qu_____r *n.* a person who gives up easily or does not have the determination to finish what they have started
172. logistics re_____nt *n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine

ANSWERS: 163. excuse, 164. intentional, 165. naysaying, 166. alcohol, 167. commitment, 168. rap, 169. specifically, 170. decent, 171. quitter, 172. regiment

173. tr____h of the spirit *n.* a great victory or achievement
174. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
175. a private ind_____al *n.* a single person or thing, as distinct from a group
176. economic mis_____ne *n.* an unfortunate event or circumstance; bad luck or trouble
177. feel unm_____ed *adj.* lacking in drive or ambition; not motivated; lacking enthusiasm or interest in something
178. sa_____ic sense of humor *adj.* using irony and cutting language to mock, ridicule, or convey contempt; saying the opposite of what is meant in a mocking tone
179. un_____ed review *adj.* free from prejudice or favoritism; fair and impartial in judgment and decision-making
180. ch__t in a game *v.* to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
181. pur_____ul series of actions *adj.* having a specific aim or purpose; determined
182. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
183. dis_____ct for a customer *n.* an expression of lack of regard or contempt for someone or something
184. re_____ed as a novelist *adj.* famous and respected for great achievements, qualities, etc.

ANSWERS: 173. triumph, 174. environment, 175. individual, 176. misfortune, 177. unmotivated, 178. sarcastic, 179. unbiased, 180. cheat, 181. purposeful, 182. grade, 183. disrespect, 184. renowned

185. a bu__h of trees *n.* a grouping of several similar things which are growing or fastened together
186. serial qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started
187. so____re slump *n.* a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field
188. the per____ve of the battle *n.* a confident attitude toward something; a particular style of thinking about something
189. campaign ma____a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
190. in____e my house against fire *v.* to provide coverage in the event of loss or damage
191. break dis____ne *n.* the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence
192. bo__t the economy *v.* to improve, raise, or increase something
193. en____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
194. marching re____nt *n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine

ANSWERS: 185. bunch, 186. quitter, 187. sophomore, 188. perspective, 189. mantra, 190. insure, 191. discipline, 192. boost, 193. encourage, 194. regiment

195. an introductory ch____r *n.* a separate section of a written work usually numbered and titled
196. tem_____ly suspend the production *adv.* for a limited time only or not permanently
197. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
198. imm_____ly recall a product *adv.* now or without delay
199. un_____ed opinion *adj.* free from prejudice or favoritism; fair and impartial in judgment and decision-making
200. l__e apology *adj.* having a limp or difficulty walking due to an injury or disability
201. a hut made tem_____ly *adv.* for a limited time only or not permanently
202. ch__t on my taxes *v.* to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
203. re_____s in skills *v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
204. a large st__k of paper *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
205. bo__t flexibility *v.* to improve, raise, or increase something
206. me_____n in a report *v.* to speak or write about something or someone briefly

ANSWERS: 195. chapter, 196. temporarily, 197. lifetime, 198. immediately, 199. unbiased, 200. lame, 201. temporarily, 202. cheat, 203. regress, 204. stack, 205. boost, 206. mention

207. mi__s sign

adj. subtracting or taking away; having a value less than zero

208. ch____r of a political party

n. a separate section of a written work usually numbered and titled

ANSWERS: 207. minus, 208. chapter

Session 3: Fill in the Blanks

1. The earthquake caused a _____ of lumber to crumble noisily.
n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
2. It is _____ that we will be able to finish the project on time.
adj. uncertain or unlikely to happen
3. She suffered from a deep sense of _____ following the loss of her loved one.
n. severe physical or emotional pain or suffering; distress or mental agony
4. Low sexual _____ typically correlates with low testosterone levels.
n. a strong feeling of wanting to have or do something
5. We were on the _____ of a financial crisis.
n. the point at which something is about to happen; the edge of a steep place
6. She _____ in a warm bath after a long day at work.
v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
7. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
n. the established set of attitudes or fixed ideas held by someone
8. The university student was now a _____ having completed their first year of studies.
n. a student in their second year of college or high school; used more broadly to refer to someone who is experienced in a particular activity or field

ANSWERS: 1. stack, 2. doubtful, 3. anguish, 4. desire, 5. brink, 6. indulged, 7. mindset, 8. sophomore,

9. She felt _____ after finishing her book.

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

10. I made a _____ of all my favorite songs to listen to on my long road trip.

n. a collection of songs, usually recorded onto a cassette tape or burned onto a CD, compiled by an individual rather than a record company, and often given to friends or acquaintances as a gift

11. We played a game of _____ to prepare for the worst-case scenario.

n. a hypothetical situation or scenario that is considered a possible outcome, especially when considering different options or decisions

12. I _____ to him that I had seen his sister at the grocery store earlier that day.

v. to speak or write about something or someone briefly

13. His business _____ took him to the United States.

n. a promise or firm decision to do something or to behave in a certain way

14. The main cabin is located in front of the _____.

n. a long pole aboard a boat or ship that holds up the sails

15. The _____ for the cake is passed down from generation to generation in her family.

n. a set of instructions for preparing a dish, including the ingredients and the method of cooking

16. He earned a _____ salary at his job.

adj. satisfactory, acceptable, or good in a general sense

ANSWERS: 9. accomplished, 10. mix-tape, 11. what-ifs, 12. mentioned, 13. commitments, 14. mast, 15. recipe, 16. decent

17. She explained the _____ surrounding the accident.
n. the specific conditions or events that surround a particular situation or occurrence
18. We all should learn how to _____ stress.
v. to deal with a situation, problem, or strong emotion
19. His behavior became increasingly erratic, leading many to believe he was experiencing a bout of _____.
n. the state of being seriously mentally ill; madness
20. His father's death changed his whole _____ on life.
n. a confident attitude toward something; a particular style of thinking about something
21. The animal rights group worked to _____ the dolphins back into the wild.
v. to set free or allow to escape from confinement
22. The _____ album of the band was a success.
n. the first public performance of an artist or actor
23. Some athletes take anabolic steroids to increase muscle size _____.
adv. for a limited time only or not permanently
24. The police _____ the suspect for questioning.
v. to keep someone in official custody; to prevent them from leaving
25. Some alchemists believed in the ability to _____ base metals into gold.
v. to change or convert from one form or substance to another, often in a transformative or profound way

ANSWERS: 17. circumstances, 18. handle, 19. insanity, 20. perspective, 21. release, 22. debut, 23. temporarily, 24. detained, 25. transmute

26. The _____ horse was unable to race.

adj. having a limp or difficulty walking due to an injury or disability

27. The team's _____ in the championship resulted from their hard work and dedication.

n. a great victory or achievement

28. The final _____ provides a summary of the discussion.

n. a separate section of a written work usually numbered and titled

29. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

30. They _____ customers with a premium for loyal patronage.

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

31. The accident scene was _____ with bodies and debris scattered everywhere.

adj. causing horror or disgust; gruesome and terrifying

32. The view from the mountaintop was truly _____.

adj. of, from, or like a god; holy or sacred

33. The famous _____ "actions speak louder than words" reminds us to focus on deeds instead of words.

n. a short saying that expresses a truth or gives advice based on practical experience

ANSWERS: 26. lame, 27. triumph, 28. chapter, 29. decide, 30. encouraged, 31. horrific, 32. divine, 33. proverb

34. The car's front bumper cost fifteen hundred _____.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
35. He could never go against what ____ Carlos said.
- n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
36. This ad campaign is aimed _____ at young women.
- adv.* only associated with or meant for one thing
37. The flood was a great _____ to the small town causing extensive damage.
- n.* an unfortunate event or circumstance; bad luck or trouble
38. As an _____ he had the right to make his own decisions and live his life as he saw fit.
- n.* a single person or thing, as distinct from a group
39. The _____ course was challenging but fun.
- n.* a thing that blocks one's way or prevents or hinders progress
40. The University _____ the most recalcitrant demonstrators.
- v.* to stop something from continuing or being in force or effect, either temporarily or permanently; to hang something freely
41. Departments may set requirements for a higher _____ point average.
- n.* a particular level of quality, size, importance, etc.
42. The recent economic downturn has resulted in _____ layoffs.
- adj.* enormous amount; very heavy and solid

ANSWERS: 34. pounds, 35. Don, 36. specifically, 37. misfortune, 38. individual, 39. obstacle, 40. suspended, 41. grade, 42. massive

43. She had a _____ look and was determined to complete the task.
adj. having a specific aim or purpose; determined
44. He quickly fabricated an _____ for not attending the meeting.
n. a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
45. Every human is responsible for taking care of the Earth's _____.
n. the natural world such as air, water, and land in which humans, animals, and plants live
46. He was considered a _____ in economics and consulted by many leaders.
n. a spiritual teacher or leader, notably in Hindu and Sikh traditions; a person who has knowledge and expertise in a particular area
47. A significant amount of _____ is required to be a teacher.
n. the reason or enthusiasm for acting or behaving in a particular way
48. A suspension order from the court is effective _____.
adv. now or without delay
49. The teacher attempted to _____ the importance of hard work in her students.
v. to impart, introduce, or cause to be absorbed gradually
50. It is said that our _____ is written in the stars.
n. the events that will inevitably happen to a particular person or thing in the future
51. In the hospital, she will remain under constant _____.
n. the act or activity of carefully examining or monitoring something or someone

ANSWERS: 43. purposeful, 44. excuse, 45. environment, 46. guru, 47. motivation, 48. immediately, 49. instill, 50. destiny, 51. observation

52. The actor's performance in the play earned her widespread _____ from the theater community.
- n.* praise or admiration that is expressed publicly; (verb) to praise or admire someone or something publicly
53. He has the ____ to keep talking about this topic.
- n.* the ability to say or write things or ideas in a clever and humorous way
54. The new service helped _____ net income by 10%.
- v.* to improve, raise, or increase something
55. Advocates for legal reform hear less harsh words from their _____.
- n.* someone who expresses opinions about the quality of books, music, etc.
56. The following example _____ that the capacity of each battery is the same.
- v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
57. The army _____ marched in perfect unison during the parade.
- n.* a large military unit, usually consisting of several battalions and commanded by a colonel or higher-ranking officer; a strict or organized system or routine
58. We _____ along with the singer's song.
- v.* to hit your hands together and make a short and loud noise, mainly to show your approval or praise
59. After a thorough investigation, she has been named as the _____ suspect.
- adj.* main or most important; basic

ANSWERS: 52. acclaim, 53. wit, 54. boost, 55. critics, 56. assumes, 57. regiment, 58. clapped, 59. prime

60. The rabbit _____ over the fence.

- v.* to jump lightly and quickly on one foot or both feet; to move rapidly from one place to another; to travel using an aircraft, bus, etc.

61. Driving is difficult for me because of my poor _____.

- n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

62. In his speech, he _____ a famous philosopher to emphasize his point.

- v.* to repeat or reproduce the words or statement of someone else, often acknowledging the source; to give an estimated cost or price for goods or services

63. There is a clear association between _____ consumption and cognitive decline.

- n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

64. She repeated her personal _____ to herself to stay motivated.

- n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

65. I ignore the _____ of others and pursue my dreams anyway.

- n.* the act or practice of habitually objecting or criticizing; a tendency to be negative, pessimistic, or unsupportive

66. A _____ audience viewed the broadcast.

- adj.* enormous in size, number, amount, or quantity

67. The company's _____ employee was let go due to a lack of productivity.

- adj.* lacking in drive or ambition; not motivated; lacking enthusiasm or interest in something

ANSWERS: 60. hopped, 61. vision, 62. quoted, 63. alcohol, 64. mantra, 65. naysaying, 66. vast, 67. unmotivated

68. Ethics is a branch of _____.

- n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

69. He kept his robust _____ in his company.

- n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

70. The law distinguishes between accidental and _____ killing.

- adj.* done, made or performed with purpose and intent

71. Many employers hire _____ trainees to train as managers.

- n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

72. What are the _____ that he will survive?

- n.* the degree or probability that a particular thing will or will not happen

73. The prisoner made a full _____ and admitted to his crime.

- n.* a formal statement in which one admits that they have done something wrong or illegal

74. Cats hate dogs and _____ versa.

- n.* wrongdoing or wicked behavior; (in the form of vice versa) with the order reversed; (as a prefix) someone with a job immediately below a particular person

75. The train came to a _____ at the station.

- v.* to bring or come to a stop; to force to stop moving or operating

ANSWERS: 68. philosophy, 69. faith, 70. intentional, 71. graduate, 72. odds, 73. confession, 74. vice, 75. halt

76. The team's failure to win games has caused them to _____ in confidence.
- v.* to move or develop backward; to return to an earlier or less advanced state or condition; to decline or deteriorate
77. Many famous _____ are within walking distance.
- n.* the ability to see; anything that is seen
78. I claim on my _____ that it is true.
- n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
79. The new _____ album is getting a lot of attention.
- n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
80. I will _____ my car before I go on a road trip.
- v.* to provide coverage in the event of loss or damage
81. The popularity of the show made her an instant _____.
- n.* someone who is well-known, particularly in the entertainment industry
82. He tried to _____ a bad reputation and win the election.
- v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
83. One bad apple spoils the whole _____.
- n.* a grouping of several similar things which are growing or fastened together
84. His candid _____ at the meeting sparked a lively discussion among the attendees.
- n.* a comment or observation, or something said or written about a particular subject or situation; (verb) to give a spoken statement on a particular subject or situation

ANSWERS: 76. regress, 77. sights, 78. honor, 79. rap, 80. insure, 81. celebrity, 82. overcome, 83. bunch, 84. remark

85. The _____ scarcity most severely impacted the manufacturing sector
n. a substance that is typically burned to generate heat or energy
86. The recipe calls for four cups of flour _____ one tablespoon.
adj. subtracting or taking away; having a value less than zero
87. She had lived through two world wars in her _____.
n. the duration of someone's life or something's existence;
88. The _____ temperature recorded this summer was higher than average.
adj. the largest or greatest amount or value attainable or attained
89. Don't _____ your mosquito bites.
v. to cut or damage the surface of something or the skin with a sharp or pointed object
90. The movie has received almost universally _____ criticism.
adj. having the quality of something bad or harmful; expressing refusal
91. The company's hiring criteria emphasize personality, not a person's _____.
n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
92. Her _____ remarks made it clear that she wasn't happy with the situation.
adj. using irony and cutting language to mock, ridicule, or convey contempt; saying the opposite of what is meant in a mocking tone

ANSWERS: 85. fuel, 86. minus, 87. lifetime, 88. maximum, 89. scratch, 90. negative, 91. background, 92. sarcastic

93. The _____ road made it difficult to drive on.

adj. full of or abounding in rocks; of, relating to, or made of rock

94. This area is _____ for its hot springs.

adj. famous and respected for great achievements, qualities, etc.

95. He tried to _____ his rival by breaking the world record.

v. to do better than someone; to surpass

96. He quickly learned the military _____.

n. the practice of training people to obey rules or a code of behavior, using and punishments if these are broken; a region of activity, knowledge, or influence

97. Even though he knew it was wrong, he _____ on the exam.

v. to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws

98. He was labeled as a _____ after he abandoned the project halfway.

n. a person who gives up easily or does not have the determination to finish what they have started

99. His _____ behavior towards his elders earned him a stern warning from his parents.

n. an expression of lack of regard or contempt for someone or something

100. White color is made up of many different _____ of light.

n. the distance between two points in the same phase in consecutive cycles of a wave

ANSWERS: 93. rocky, 94. renowned, 95. outdo, 96. discipline, 97. cheated, 98. quitter, 99. disrespectful, 100. wavelengths

101. The artist's latest work received _____ critical acclaim.

adj. deserving of attention, interest, or acclaim; significant or remarkable

102. When customers _____ their reservations, they lose the deposit they made.

v. to decide that a previously scheduled activity will not take place

103. They _____ to make their dream come true.

v. to try very hard to do, achieve, or obtain something

104. The judge has a reputation for being fair and _____ in his rulings.

adj. free from prejudice or favoritism; fair and impartial in judgment and decision-making

ANSWERS: 101. noteworthy, 102. cancel, 103. strived, 104. unbiased