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# Vocabulary Builder Reference from...

Ayana Elizabeth Johnson: How to find joy in climate action | TED Talk

https://www.ted.com/talks/ayana\_elizabeth\_johnson\_ how\_to\_find\_joy\_in\_climate\_action



# **Advanced Words Only**

#### **IMPORTANT**

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# **Session 1: Word List**

#### gargantuan

adj. of immense size, volume, or magnitude; gigantic synonym: enormous, colossal, mammoth

(1) **gargantuan** size, (2) **gargantuan** appetite
The construction of the **gargantuan** skyscraper was an engineering marvel.

### electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

## industrious

adj. hardworking, diligent, and persistent in effort synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student He was known to be very **industrious** and would often work late into the night.

#### fathom

v. to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water

synonym: comprehend, understand, grasp

(1) **fathom** the depth, (2) **fathom** the mystery

I cannot **fathom** why some people enjoy horror movies.

# terrifying

adj. very frightening or intimidatingsynonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events Large earthquakes often generate **terrifying** tsunamis.

### pivot

 a change in direction or focus, especially in a business or political strategy; a fixed point that supports something that turns or balances

synonym: center point, fulcrum, heart

(1) center- **pivot** irrigation, (2) **pivot** point

The team needed to come up with a **pivot** strategy to turn things around.

# footprint

- n. a mark of a foot, shoe, or animal's foot left on a surface synonym: footmark, imprint, impression
- (1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon footprint.

# superpower

 a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities

*synonym*: great power, empire, hegemony

(1) **superpower** country, (2) **superpower** leader
The ability to fly like a bird is often considered a **superpower** in comic books and movies.

# compost

 a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil

synonym: fertilizer, humus, manure

(1) organic compost, (2) compost pile

You can add coffee grounds and crushed eggshells to your **compost** to improve the pH balance.

#### insulate

v. to protect something by interposing material that prevents heat, noise, electricity, etc.

synonym: isolate, protect, seclude

(1) **insulate** the room from sound, (2) **insulate** electricity We had our bedroom **insulated** before winter came.

burnout

- n. the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking synonym: breakdown, exhaustion, fatigue
- (1) burnout syndrome, (2) mental burnoutHe suffered from job burnout because of hard work.

#### enliven

v. to make something more interesting, active, or appealing; to give life or energy to something, often by adding new or creative elements

synonym: invigorate, animate, stimulate

(1) **enliven** a party, (2) **enliven** a conversation The party music helped **enliven** the atmosphere and get people dancing.

#### obsess

 to fill the mind of someone continually so that one can't think of anything else

*synonym*: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

#### nuanced

adj. characterized by subtle differences in appearance, meaning, sound, etc.

*synonym*: fine, subtle, slight

(1) **nuanced** view, (2) the common but **nuanced** opinion The sommelier can distinguish **nuanced** variance in the

flavor of the wine.

#### frack

v. to inject water and chemicals into the ground at high pressure to fracture the rock and release the gas or oil, especially to extract them

synonym: extract, drill, mine

(1) frack the land, (2) frack multiple wells

The energy company plans to **frack** the shale deposit to extract natural gas.

# regenerative

adj. tending to regrow or restore lost or injured tissuesynonym: rejuvenating, restorative, healing

(1) **regenerative** medicine, (2) **regenerative** therapy The **regenerative** properties of stem cells make them a promising area of research.

# crayon

a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring

synonym: chalk, pastel, (verb) draw

(1) **crayon** drawing, (2) **crayon** her coloring books
The teacher handed out several different colored **crayons** to each student.

quitter

 a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy quitter, (2) serial quitter

He was labeled as a **quitter** after he abandoned the project halfway.

sect

 a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) sect beliefs, (2) secret sect

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The minority **sect** believed in a set of unconventional religious practices.

#### insecure

adj. not firm or firmly fixed; likely to fail or give way, or not assured of safety

synonym: uncertain, unsure, unconfident

(1) an **insecure** future, (2) **insecure** attachment

Children in an unstructured environment often feel insecure.

#### doer

a person who performs or carries out an action or task; a person who is proactive or productive

synonym: actor, performer, achiever

(1) doer of good, (2) can-doer

If you want to succeed in life, you need to be a **doer**, not just a dreamer.

#### retrofit

v. to put a new component or accessory into a machine that did not initially have it when manufactured

synonym: backfit, reconstruct, recycle

(1) **retrofit** an electronic system, (2) **retrofit** applications A **retrofit** may involve putting in new door jambs.

#### nerd

 a person who is very interested in and knowledgeable about a particular subject such as computers, mathematics, chess, etc.

synonym: geek, techie, wonk

(1) a computer **nerd**, (2) **nerd** neck

He was, by nature, a cyber **nerd**.

#### helm

n. the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boatsynonym: steering, control, direction

(1) helm of a ship, (2) steer the helm

The ship's captain took the **helm** and charted a course through the stormy waters.

### expansive

adj. large or wide in extent or scope; friendly and open and willing to talk

*synonym*: large, extensive, vast

(1) with an **expansive** spirit, (2) **expansive** ocean views The company has an **expansive** network of offices and locations around the world.

#### unburdened

adj. not weighed down by burden or worry; free from responsibility or obligation; unencumbered

synonym: relieved, free

(1) **unburdened** by guilt, (2) **unburdened** soul She felt **unburdened** after letting go of all her negative emotions.

#### distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't distract me while I'm studying.

# ingenuity

 the quality of inventing things or solving problems in clever new ways

synonym: creativity, invention, originality

(1) the infinite **ingenuity** of man, (2) abound in **ingenuity** Creativity and **ingenuity** are often brought about by extreme concentration.

#### intertwine

- $\nu$ . to twist together or become twisted together
- synonym: interweave, interlace, entwine
- (1) intertwine thread, (2) intertwine story

The vines **intertwine** to form a thick canopy overhead.

#### demolish

v. to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something

synonym: destroy, wreck, level

(1) **demolish** a myth, (2) **demolish** a bridge
The city decided to **demolish** the old, unsafe building and build a new one.

#### societal

adj. relating to society or social relationships synonym: social, communal, cultural

(1) **societal** norms, (2) **societal** expectations

The **societal** pressure to conform is strong in this community.

#### devote

v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose

synonym: commit, dedicate, apply

(1) **devote** all of my energies, (2) **devote** my own life He **devoted** himself to studying the history of ancient civilizations.

#### innumerable

adj. too many to be counted

synonym: many, infinite, countless

(1) **innumerable** stars, (2) give **innumerable** interviews We have overcome **innumerable** difficulties since our founding.

#### centimeter

- n. a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
- (1) **centimeter** measurement, (2) thirty **centimeters** tall The room was only one **centimeter** wider than the piano, making it a tight fit.

#### catastrophe

- n. a sudden event that causes extreme ruin and misfortunesynonym: disaster, calamity, cataclysm
- (1) catastrophe risk management, (2) avoid climate catastrophe

The lack of funds has resulted in a **catastrophe** for our university system.

avert

v. to prevent something dangerous or undesirable from happening

synonym: discourage, prevent, deter

(1) avert disaster, (2) avert a strike

The dam systematically releases large amounts of water to avert flooding during the rainy season

# **Session 2: Spelling**

| <ol> <li>desh a myt</li> </ol> | h |
|--------------------------------|---|
|--------------------------------|---|

- 2. so al norms
- 3. reg\_\_\_\_ive therapy
- 4. ind\_\_\_\_us worker
- 5. unb\_\_\_\_ed by guilt
- 6. abound in in\_\_\_\_ty
- 7. di\_\_\_ct attention from the real issue
- 8. avoid climate cat\_\_\_\_he
- 9. d\_\_r of good
- 10. int\_\_\_\_ne story
- 11. he is ob\_\_\_sed with the fear

- v. to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something
- adj. relating to society or social relationships
- adj. tending to regrow or restore lost or injured tissue
- adj. hardworking, diligent, and persistent in effort
- adj. not weighed down by burden or worry;free from responsibility or obligation;unencumbered
- the quality of inventing things or solving problems in clever new ways
- to draw someone's attention away from what they are trying to do
- n. a sudden event that causes extreme ruin and misfortune
- a person who performs or carries out an action or task; a person who is proactive or productive
- v. to twist together or become twisted together
- v. to fill the mind of someone continually so that one can't think of anything else

ANSWERS: 1. demolish, 2. societal, 3. regenerative, 4. industrious, 5. unburdened, 6. ingenuity, 7. distract, 8. catastrophe, 9. doer, 10. intertwine, 11. obsess

| 12. | an inre future               | adj. | not firm or firmly fixed; likely to fail or give way, or not assured of safety  |
|-----|------------------------------|------|---|
| 13. | elfy a manufacturing process | ν.   | to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something  |
| 14. | super leader                 | n.   | a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities |
| 15. | exve ocean views             | adj. | large or wide in extent or scope; friendly and open and willing to talk   |
| 16. | fam the mystery              | ν.   | to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water  |
| 17. | frk multiple wells           | ν.   | to inject water and chemicals into the ground at high pressure to fracture the rock and release the gas or oil, especially to extract them  |
| 18. | the common but nud opinion   | adj. | characterized by subtle differences in appearance, meaning, sound, etc.   |
| 19. | nd neck                      | n.   | a person who is very interested in and<br>knowledgeable about a particular<br>subject such as computers,<br>mathematics, chess, etc.  |
| 20. | desh a bridge                | v.   | to completely destroy or tear down a building, structure, or other entity; to ruin or eliminate the effectiveness or power of something   |
|     |                              |      |   |

ANSWERS: 12. insecure, 13. electrify, 14. superpower, 15. expansive, 16. fathom, 17. frack, 18. nuanced, 19. nerd, 20. demolish

| 21. | nud view            | adj.       | characterized by subtle differences in appearance, meaning, sound, etc.   |
|-----|---------------------|------------|---|
| 22. | terng events        | adj.       | very frightening or intimidating  |
| 23. | dict public opinion | <i>v</i> . | to draw someone's attention away from what they are trying to do  |
| 24. | secret st           | n.         | a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream   |
| 25. | inte electricity    | ν.         | to protect something by interposing material that prevents heat, noise, electricity, etc.   |
| 26. | super country       | n.         | a country or nation that has significant global influence or formidable military, economic, or technological strength; a supernatural ability or force capable of extraordinary feats or feats beyond normal human capabilities |
| 27. | but syndrome        | n.         | the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking   |
| 28. | obs over her weight | <i>v</i> . | to fill the mind of someone continually so that one can't think of anything else  |
| 29. | soal expectations   | adj.       | relating to society or social relationships   |
| 30. | terng experience    | adj.       | very frightening or intimidating  |
| 31. | organic cot         | n.         | a mixture of organic matter, such as<br>food scraps, yard waste, and manure,<br>that is allowed to decompose and is<br>used as fertilizer for plants and garden<br>soil   |

ANSWERS: 21. nuanced, 22. terrifying, 23. distract, 24. sect, 25. insulate, 26. superpower, 27. burnout, 28. obsess, 29. societal, 30. terrifying, 31. compost

| 32. | h_m of a ship             | n.         | the wheel or other mechanism used to<br>steer a ship or boat; the person in<br>control or command of a ship or boat                                   |
|-----|---------------------------|------------|---|
| 33. | garan appetite            | adj.       | of immense size, volume, or magnitude; gigantic   |
| 34. | regive medicine           | adj.       | tending to regrow or restore lost or injured tissue   |
| 35. | reit an electronic system | <i>v</i> . | to put a new component or accessory into a machine that did not initially have it when manufactured   |
| 36. | serial qur                | n.         | a person who gives up easily or does<br>not have the determination to finish<br>what they have started  |
| 37. | center-pit irrigation     | n.         | a change in direction or focus,<br>especially in a business or political<br>strategy; a fixed point that supports<br>something that turns or balances |
| 38. | enn a conversation        | v.         | to make something more interesting, active, or appealing; to give life or energy to something, often by adding new or creative elements               |
| 39. | unbed soul                | adj.       | not weighed down by burden or worry; free from responsibility or obligation; unencumbered   |
| 40. | dee all of my energies    | v.         | to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose  |
| 41. | fam the depth             | ν.         | to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water  |

ANSWERS: 32. helm, 33. gargantuan, 34. regenerative, 35. retrofit, 36. quitter, 37. pivot, 38. enliven, 39. unburdened, 40. devote, 41. fathom

| 42. | the infinite inty of man             | n.         | the quality of inventing things or solving problems in clever new ways  |
|-----|--------------------------------------|------------|---|
| 43. | inte the room from sound             | <i>v</i> . | to protect something by interposing material that prevents heat, noise, electricity, etc.   |
| 44. | innle stars                          | adj.       | too many to be counted  |
| 45. | cathe risk management                | n.         | a sudden event that causes extreme ruin and misfortune  |
| 46. | avt disaster                         | v.         | to prevent something dangerous or undesirable from happening  |
| 47. | mental but                           | n.         | the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking   |
| 48. | cot pile                             | n.         | a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil   |
| 49. | intne thread                         | <i>v</i> . | to twist together or become twisted together  |
| 50. | the fonts of an earlier civilization | n.         | a mark of a foot, shoe, or animal's foot left on a surface  |
| 51. | give innle interviews                | adj.       | too many to be counted  |
| 52. | crn her coloring books               | n.         | a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring |
|     |                                      |            |   |

ANSWERS: 42. ingenuity, 43. insulate, 44. innumerable, 45. catastrophe, 46. avert, 47. burnout, 48. compost, 49. intertwine, 50. footprint, 51. innumerable, 52. crayon

53. fo nts in the snow a mark of a foot, shoe, or animal's foot n. left on a surface 54. s t beliefs a group of people who follow a n. particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream 55. thirty cen\_\_\_\_ers tall a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter to make something more interesting, 56. en\_\_\_n a party active, or appealing; to give life or energy to something, often by adding new or creative elements 57. de\_\_\_e my own life to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose 58. pi t point a change in direction or focus, n. especially in a business or political strategy; a fixed point that supports something that turns or balances 59. fr k the land to inject water and chemicals into the ν. ground at high pressure to fracture the rock and release the gas or oil, especially to extract them 60. re\_\_\_\_it applications to put a new component or accessory into a machine that did not initially have it when manufactured to prevent something dangerous or 61. av ta strike ν. undesirable from happening

ANSWERS: 53. footprint, 54. sect, 55. centimeter, 56. enliven, 57. devote, 58. pivot, 59. frack, 60. retrofit, 61. avert

| 62. | elfy the audience | v.   | to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something  |
|-----|-------------------|------|---|
| 63. | inre attachment   | adj. | not firm or firmly fixed; likely to fail or give way, or not assured of safety  |
| 64. | easy qur          | n.   | a person who gives up easily or does<br>not have the determination to finish<br>what they have started  |
| 65. | can-dr            | n.   | a person who performs or carries out an action or task; a person who is proactive or productive   |
| 66. | garan size        | adj. | of immense size, volume, or magnitude; gigantic   |
| 67. | indus student     | adj. | hardworking, diligent, and persistent in effort   |
| 68. | crn drawing       | n.   | a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring |
| 69. | cener measurement | n.   | a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter  |
| 70. | a computer nd     | n.   | a person who is very interested in and knowledgeable about a particular subject such as computers, mathematics, chess, etc.   |

ANSWERS: 62. electrify, 63. insecure, 64. quitter, 65. doer, 66. gargantuan, 67. industrious, 68. crayon, 69. centimeter, 70. nerd

- 71. with an ex\_\_\_\_ve spirit
- 72. steer the h\_m

- adj. large or wide in extent or scope; friendly and open and willing to talk
- n. the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boat

ANSWERS: 71. expansive, 72. helm

# **Session 3: Fill in the Blanks**

| 1.         | The room was only one wider than the piano, making it a tight fit.  |
|------------|---|
| n.         | a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter                  |
| 2.         | A may involve putting in new door jambs.  |
| <i>v</i> . | to put a new component or accessory into a machine that did not initially have it when manufactured           |
| 3.         | He's utterly with his promotion.  |
| v.         | to fill the mind of someone continually so that one can't think of anything else                              |
| 4.         | He was known to be very and would often work late into the night.   |
| adj        | hardworking, diligent, and persistent in effort   |
| 5.         | He suffered from job because of hard work.  |
| n.         | the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking |
| 6.         | Children in an unstructured environment often feel  |
| adj        | not firm or firmly fixed; likely to fail or give way, or not assured of safety                                |
| 7.         | He was labeled as a after he abandoned the project halfway.   |
| n.         | a person who gives up easily or does not have the determination to finish what they have started              |
| 8.         | The ship's captain took the and charted a course through the stormy waters.                                   |
| n.         | the wheel or other mechanism used to steer a ship or boat; the person in control or command of a ship or boat |
|            | SWERS: 1. centimeter, 2. retrofit, 3. obsessed, 4. industrious, 5. burnout, 6. ecure, 7. quitter, 8. helm     |

| 9.  | We choose transportation that has a smaller carbon  |
|-----|---|
| n.  | a mark of a foot, shoe, or animal's foot left on a surface  |
| 10. | The properties of stem cells make them a promising area of research.  |
| adj | tending to regrow or restore lost or injured tissue   |
| 11. | The minority believed in a set of unconventional religious practices.   |
| n.  | a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream   |
| 12. | He was, by nature, a cyber  |
| n.  | a person who is very interested in and knowledgeable about a particular subject such as computers, mathematics, chess, etc.   |
| 13. | You can add coffee grounds and crushed eggshells to your to improve the pH balance.   |
| n.  | a mixture of organic matter, such as food scraps, yard waste, and manure, that is allowed to decompose and is used as fertilizer for plants and garden soil   |
| 14. | The product developed through years of research continues to the market.  |
| v.  | to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something  |
| 15. | The company has an network of offices and locations around the world.   |
| adj | large or wide in extent or scope; friendly and open and willing to talk   |
| 16. | The teacher handed out several different colored to each student.   |
| n.  | a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring |
|     | SWERS: 9. footprint, 10. regenerative, 11. sect, 12. nerd, 13. compost, 14. ctrify, 15. expansive, 16. crayons  |

| 17. The team needed to come up with a strategy to turn things around.  |
|--|
| <ul> <li>a change in direction or focus, especially in a business or political strategy; a<br/>fixed point that supports something that turns or balances</li> </ul> |
| 18. He himself to studying the history of ancient civilizations.   |
| v. to commit or dedicate oneself or one's time, effort, or energy to a particular task or purpose  |
| 19. We had our bedroom before winter came.   |
| v. to protect something by interposing material that prevents heat, noise, electricity, etc.   |
| 20. The construction of the skyscraper was an engineering marvel.  |
| adj. of immense size, volume, or magnitude; gigantic   |
| 21. Creativity and are often brought about by extreme concentration.   |
| n. the quality of inventing things or solving problems in clever new ways  |
| 22. If you want to succeed in life, you need to be a not just a dreamer.   |
| <ul> <li>a person who performs or carries out an action or task; a person who is<br/>proactive or productive</li> </ul>  |
| 23. Large earthquakes often generate tsunamis.   |
| adj. very frightening or intimidating  |
| 24. I cannot why some people enjoy horror movies.  |
| v. to understand or comprehend (a difficult or complex problem or situation); to measure the depth of water  |
| ANSWERS: 17. pivot, 18. devoted, 19. insulated, 20. gargantuan, 21. ingenuity, 22. doer, 23. terrifying, 24. fathom  |

ANSWERS: 25. frack, 26. enliven, 27. societal, 28. nuanced, 29. avert, 30. catastrophe, 31. demolish, 32. superpower

| 33. We  | e have overcome                   | difficulties since our founding.                         |
|---------|-----------------------------------|--|
| adj. to | oo many to be count               | ed   |
| 34. Ple | ease don't                        | me while I'm studying.                                   |
| v. to   | o draw someone's at               | tention away from what they are trying to do             |
| 35. Sh  | e felt a                          | fter letting go of all her negative emotions.            |
| •       | ot weighed down by<br>nencumbered | burden or worry; free from responsibility or obligation; |
| 36. Th  | e vines                           | to form a thick canopy overhead.                         |
| v. to   | twist together or be              | ecome twisted together                                   |

ANSWERS: 33. innumerable, 34. distract, 35. unburdened, 36. intertwine