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Vocabulary Builder Reference from...

Olga Kitaina: How to alter the perception of mental health care in Russia | TED Talk

https://www.ted.com/talks/olga_kitaina_how_to_alter_the_perception_of_mental_health_care_in_russia

Advanced Words Only

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Session 1: Word List

stigmatize

v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

synonym: brand, mark, denounce

(1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

industrious

adj. hardworking, diligent, and persistent in effort

synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

incompetence

n. lack of physical or intellectual ability or qualifications to do something successfully or as it should be done

synonym : inability, incapacity, ineptitude

(1) have a feeling of **incompetence**, (2) **incompetence** of urine

Her behavior testified to her **incompetence**.

tarot

n. a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana

synonym : oracle, fortune-telling, divination

(1) **tarot** reading, (2) **tarot** symbols

She consulted a psychic who used **tarot** cards to tell her future.

astrology

n. the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world

synonym : horoscope, star divination, celestial prediction

(1) **astrology** chart, (2) delve into **astrology**

He was fascinated by ancient **astrology** and spent hours studying horoscopes.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym : outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym : disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate

catastrophe

The lack of funds has resulted in a **catastrophe** for our university system.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym : mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from seeking treatment.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force

Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

well-being

n. the state of being happy and healthy and prosperous

synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym : open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

interconnect

v. to connect similar things

synonym: interlink, connect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

Session 2: Spelling

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|----------------------------------|--|
| 1. cat_____he risk management | <i>n.</i> a sudden event that causes extreme ruin and misfortune |
| 2. the wel_____ng of a nation | <i>n.</i> the state of being happy and healthy and prosperous |
| 3. a sense of wel_____ng | <i>n.</i> the state of being happy and healthy and prosperous |
| 4. have a feeling of inc_____nce | <i>n.</i> lack of physical or intellectual ability or qualifications to do something successfully or as it should be done |
| 5. op_____ne occasion | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 6. psy_____ry therapy | <i>n.</i> the branch of medicine concerned with the study, treatment, and prevention of mental illness |
| 7. avoid climate cat_____he | <i>n.</i> a sudden event that causes extreme ruin and misfortune |
| 8. ta__t reading | <i>n.</i> a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana |
| 9. an op_____ne remark | <i>adj.</i> suitable or happening at a time that is suitable or convenient for a particular purpose |
| 10. social st___a | <i>n.</i> a mark of shame or disgrace associated with a particular circumstance, quality, or person |

ANSWERS: 1. catastrophe, 2. well-being, 3. well-being, 4. incompetence, 5. opportune, 6. psychiatry, 7. catastrophe, 8. tarot, 9. opportune, 10. stigma

- | | |
|---|---|
| 11. ind_____us student | <i>adj.</i> hardworking, diligent, and persistent in effort |
| 12. biological psy_____ry | <i>n.</i> the branch of medicine concerned with the study, treatment, and prevention of mental illness |
| 13. as_____gy chart | <i>n.</i> the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world |
| 14. field of psy_____apy | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 15. ta__t symbols | <i>n.</i> a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana |
| 16. inc_____nce of urine | <i>n.</i> lack of physical or intellectual ability or qualifications to do something successfully or as it should be done |
| 17. human activities int_____ect with the environment | <i>v.</i> to connect similar things |
| 18. st___a against obesity | <i>n.</i> a mark of shame or disgrace associated with a particular circumstance, quality, or person |
| 19. op_____s the people with force | <i>v.</i> to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people |
| 20. directly int_____ect with those systems | <i>v.</i> to connect similar things |

ANSWERS: 11. industrious, 12. psychiatry, 13. astrology, 14. psychotherapy, 15. tarot, 16. incompetence, 17. interconnect, 18. stigma, 19. oppress, 20. interconnect

21. flu pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
22. sti_____ze the deviant as criminal *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
23. global pa_____ic *n.* an outbreak of a disease that affects many people over a very wide area
24. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
25. delve into as_____gy *n.* the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world
26. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
27. sti_____ze him as a swindler *v.* to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
28. psy_____apy for depression *n.* the treatment of mental or emotional problems by talking with a therapist
29. un___d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
30. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

ANSWERS: 21. pandemic, 22. stigmatize, 23. pandemic, 24. oppress, 25. astrology, 26. industrious, 27. stigmatize, 28. psychotherapy, 29. unfold, 30. unfold

ANSWERS:

Session 3: Fill in the Blanks

1. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
 - v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
2. The lack of funds has resulted in a _____ for our university system.
 - n. a sudden event that causes extreme ruin and misfortune
3. He was fascinated by ancient _____ and spent hours studying horoscopes.
 - n. the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world
4. The mystery _____ as the detectives gathered more clues.
 - v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
5. He was known to be very _____ and would often work late into the night.
 - adj. hardworking, diligent, and persistent in effort
6. Her behavior testified to her _____.
 - n. lack of physical or intellectual ability or qualifications to do something successfully or as it should be done
7. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
 - n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

ANSWERS: 1. oppressed, 2. catastrophe, 3. astrology, 4. unfolded, 5. industrious, 6. incompetence, 7. psychiatry

8. Our system can now _____ with other databases.
v. to connect similar things
9. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
10. She consulted a psychic who used _____ cards to tell her future.
n. a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana
11. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
12. The mental health _____ often prevents people from seeking treatment.
n. a mark of shame or disgrace associated with a particular circumstance, quality, or person
13. She was _____ by society because she had a child out of wedlock.
v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
14. He took _____ to help him deal with his accident trauma.
n. the treatment of mental or emotional problems by talking with a therapist
15. They fear a _____ of a new type of virus.
n. an outbreak of a disease that affects many people over a very wide area

ANSWERS: 8. interconnect, 9. opportune, 10. tarot, 11. well-being, 12. stigma, 13. stigmatized, 14. psychotherapy, 15. pandemic