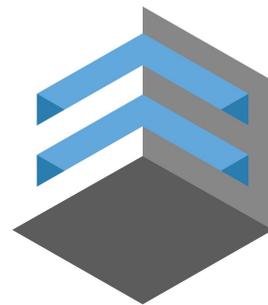


Englist.me



Vocabulary Builder Reference from...

Olga Kitaina: How to alter the perception of mental health care in Russia | TED Talk

https://www.ted.com/talks/olga_kitaina_how_to_alter_the_perception_of_mental_health_care_in_russia

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

stigmatize

v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect

synonym: brand, mark, denounce

(1) **stigmatize** the deviant as criminal, (2) **stigmatize** him as a swindler

She was **stigmatized** by society because she had a child out of wedlock.

devastating

adj. causing a great deal of destruction or damage

synonym: destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

traumatic

adj. relating to or caused by injury, especially emotional injury

synonym: distressing

(1) **traumatic** event, (2) **traumatic** brain injury

The experience was so **traumatic** that it left a lasting impact on the survivor's mental health.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

psychotherapy

n. the treatment of mental or emotional problems by talking with a therapist

(1) field of **psychotherapy**, (2) **psychotherapy** for depression

He took **psychotherapy** to help him deal with his accident trauma.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

resistance

n. the act of defending oneself from an aggressor or refusing to accept something

synonym: opposition, antagonism, defiance

(1) **resistance** movement, (2) **resistance** to insulin

The bill to increase the consumption tax had passed despite much **resistance** from the public.

historic

adj. famous or significant in history, or potentially so

synonym: memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat

The Chinese people have accomplished several **historic**

feats.

union

n. a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together

synonym: alliance, coalition, confederation

(1) bank and credit **unions**, (2) a craft **union**

The trade **union** remained adamant about its demands.

psychiatry

n. the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**

The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

attitude

n. the way you think and feel about someone or something

synonym: mindset, perspective, philosophy

(1) **attitude** toward mistakes, (2) **attitude** control

She had the **attitude** that work was fun.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

reform

n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem

synonym: change, modify, improve

(1) economic **reform**, (2) **reform** movement

The government is proposing a **reform** to the healthcare system to make it more accessible and affordable for all citizens.

psychiatric

adj. of or relating to the treatment or study of mental illness or disorders

synonym : mental, psychological, psychotherapeutic

(1) people with **psychiatric** disorders, (2) **psychiatric** hospital

The **psychiatric** evaluation revealed that the patient had been suffering from anxiety.

specialize

v. to become an expert in a specific career field, study, or business

synonym : narrow down, particularize

(1) **specialize** in child care, (2) **specialize** in market research

The restaurant has chefs who **specialize** in beef.

industrious

adj. hardworking, diligent, and persistent in effort

synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

regulation

n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule

synonym : constraint, restriction, rule

(1) a company **regulation**, (2) **regulation** by the government

The **regulation** approved by Congress was perfunctorily implemented.

procedure

n. a way of doing something, especially the official or well-known way

synonym : action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

incompetence

n. lack of physical or intellectual ability or qualifications to do something successfully or as it should be done

synonym : inability, incapacity, ineptitude

(1) have a feeling of **incompetence**, (2) **incompetence** of urine

Her behavior testified to her **incompetence**.

fraud

n. the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses

synonym : trickery, deceit, blackmail

(1) get money by **fraud**, (2) victim of **fraud**

The police arrested them for committing insurance **fraud**.

scam

n. a clever and dishonest, and often illegal, business scheme; a fraud

synonym : swindle, blackmail, deception

(1) a phishing **scam**, (2) **scam** phone call

That bank employee prevented the older woman from falling for the **scam**.

tarot

n. a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana

synonym : oracle, fortune-telling, divination

(1) **tarot** reading, (2) **tarot** symbols

She consulted a psychic who used **tarot** cards to tell her future.

astrology

n. the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world

synonym : horoscope, star divination, celestial prediction

(1) **astrology** chart, (2) delve into **astrology**

He was fascinated by ancient **astrology** and spent hours studying horoscopes.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym : skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

absence

n. the fact or condition of being away from a place where they are typically anticipated to be

synonym : dearth, scarcity, lack

(1) **absence** from work, (2) a leave of **absence**

Another critical factor of child poverty is the father's **absence**.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym : stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise

The speaker mounted the **platform** and started to speak.

assess

v. to judge or decide the nature or quality of someone or something

synonym : estimate, evaluate, consider

(1) **assess** a tax of 10 pounds, (2) **assess** the quality

Our company needs to **assess** the business impact of climate change.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym : antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym : beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties

He tried to **overcome** a bad reputation and win the election.

despair

n. the feeling that there is no hope and you cannot do anything to improve a difficult situation

synonym : dismay, anguish, misery

(1) **despair** at the future, (2) untold **despair**

His friend's death drove him to **despair**.

hypothesis

n. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

synonym : assumption, conjecture, theory

(1) test my **hypothesis**, (2) a bold **hypothesis**

This evidence supports the big-bang **hypothesis**.

contribute

v. to give something, especially money or goods, to provide or achieve something together with other people

synonym : donate, devote, commit

(1) **contribute** a large sum of money to the fund,

(2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym : bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market

They had formed a friendship **bond**.

partnership

n. the state of a cooperative relationship between people or groups, especially in business

synonym: alliance, participation, cooperation

(1) **partnership** across the Atlantic, (2) establish a **partnership**

The military **partnership** between the two countries created tension in the international community.

diploma

n. a document showing the completion of a course of study or a portion of the education program; a course of study at a college or university

synonym: credential, certificate, degree

(1) university **diploma**, (2) **diploma** thesis

He completed his high school **diploma** via correspondence courses.

undergo

v. to go through something unpleasant or that involves a change

synonym: experience, suffer, endure

(1) **undergo** surgery, (2) **undergo** a decrease

The train has to **undergo** rigorous safety checks.

ethics

n. a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong

synonym: morals, principles, moralities

(1) political **ethics**, (2) **ethics** of journalism

This scripture provides the code of **ethics** for the religion.

priority

n. something that is more important than other things and should be dealt with first

synonym: importance, precedence, primacy

(1) **priority** call, (2) **priority** seating for elderly

Her **priority** is to be a mother.

applicant

n. a person who applies, especially for a job or position; someone who applies for a grant, loan, or other benefits

synonym : candidate, aspirant, contender

(1) potential **applicant**, (2) job **applicant**

The job posting attracted many qualified **applicants**.

algorithm

n. a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation

synonym : logic, method, rule

(1) the RSA **algorithm**, (2) **algorithm** for image processing

We can evaluate the performance of an **algorithm** in terms of computation time.

pro-bono

adj. referring to a service that is provided for free or without charge, often as a form of charitable or philanthropic work

synonym : voluntary, charitable

(1) **pro-bono** project, (2) **pro-bono** legal service

The accountant provided **pro-bono** financial advice to the local charity.

session

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym : conference, gathering

(1) the morning **session**, (2) the court **session**

Parliament is now in **session**.

educational

adj. relating to education or providing knowledge or instruction

synonym : instructional, informative, enlightening

(1) **educational** system, (2) elevate **educational** standards

The museum offers a variety of **educational** programs for children and adults.

afford

v. to have enough money or time to be able to buy or do something

(1) **afford** to buy a new car, (2) **afford** a high travel cost
He cannot **afford** a holiday.

chronic

adj. being long-lasting and recurrent or characterized by long suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

pandemic

n. an outbreak of a disease that affects many people over a very wide area

synonym: outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

catastrophe

n. a sudden event that causes extreme ruin and misfortune

synonym: disaster, calamity, cataclysm

(1) **catastrophe** risk management, (2) avoid climate **catastrophe**

The lack of funds has resulted in a **catastrophe** for our university system.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

stigma

n. a mark of shame or disgrace associated with a particular circumstance, quality, or person

synonym: mark, blemish, disgrace

(1) social **stigma**, (2) **stigma** against obesity

The mental health **stigma** often prevents people from

seeking treatment.

instrument

n. an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym : apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**

This electronic **instrument** is required to undergo periodic inspections to ensure precision.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force

Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

minimize

v. to make something, especially something bad, small or less serious

synonym : diminish, mitigate, belittle

(1) **minimize** a loss, (2) way to **minimize** conflict

I bought a gadget before my trip to help **minimize** stress during the flight.

individual

n. a single person or thing, as distinct from a group

synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

barrier

n. a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

synonym : border, barricade, fence

(1) cost **barrier**, (2) information **barrier**

The police placed a **barrier** across the street to halt traffic.

well-being

n. the state of being happy and healthy and prosperous
synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

unfold

v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown

synonym : open, spread out, expose

(1) **unfold** the story, (2) **unfold** the stroller

The mystery **unfolded** as the detectives gathered more clues.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her

depression

Depression symptoms might include a decrease in appetite and weight loss.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym : concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar

disorder

The doctor prescribed some medicine for the mental **disorder**.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

trillion

n. the number 1,000,000,000,000; a million million

(1) **trillion** cubic feet, (2) many **trillions** of dollars

One light year is nearly 6 **trillion** miles.

awareness

n. the fact or state of knowing something exists and is important

synonym: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym : grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

healing

n. the process of becoming or making somebody or something well again

synonym : recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process

Each ancient tribe has its **healing** traditions.

interconnect

v. to connect similar things

synonym : interlink, connect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

Session 2: Spelling

- | | |
|-----------------------------------|--|
| 1. ta__t reading | <i>n.</i> a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana |
| 2. pro_____nal athlete | <i>adj.</i> having or showing the skill appropriate to a particular job; competent or skillful |
| 3. op_____s the people with force | <i>v.</i> to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people |
| 4. em_____e an opportunity | <i>v.</i> to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection |
| 5. bu____n of disease | <i>n.</i> a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry |
| 6. university di_____a | <i>n.</i> a document showing the completion of a course of study or a portion of the education program; a course of study at a college or university |
| 7. es_____te a fair value | <i>v.</i> to guess or calculate the cost, size, value, etc. of something |
| 8. way to mi_____ze conflict | <i>v.</i> to make something, especially something bad, small or less serious |
| 9. res_____ce movement | <i>n.</i> the act of defending oneself from an aggressor or refusing to accept something |

ANSWERS: 1. tarot, 2. professional, 3. oppress, 4. embrace, 5. burden, 6. diploma, 7. estimate, 8. minimize, 9. resistance

10. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
11. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
12. elevate edu_____al standards *adj.* relating to education or providing knowledge or instruction
13. psy_____ic hospital *adj.* of or relating to the treatment or study of mental illness or disorders
14. musical ins_____nts *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
15. a private ind_____al *n.* a single person or thing, as distinct from a group
16. spe_____ze in market research *v.* to become an expert in a specific career field, study, or business
17. bank and credit un__ns *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
18. as___s the quality *v.* to judge or decide the nature or quality of someone or something
19. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 10. depression, 11. violent, 12. educational, 13. psychiatric, 14. instrument, 15. individual, 16. specialize, 17. union, 18. assess, 19. environment

| | |
|-----------------------------------|---|
| 20. treat this dev_____ng disease | <i>adj.</i> causing a great deal of destruction or damage |
| 21. aw_____ss of my ignorance | <i>n.</i> the fact or state of knowing something exists and is important |
| 22. global b__d market | <i>n.</i> a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money |
| 23. risk of ch_____c disease | <i>adj.</i> being long-lasting and recurrent or characterized by long suffering; habitual |
| 24. tr____a care | <i>n.</i> an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience |
| 25. even more unf_____ely | <i>adv.</i> by bad luck; unluckily |
| 26. ind_____us student | <i>adj.</i> hardworking, diligent, and persistent in effort |
| 27. psy_____ry therapy | <i>n.</i> the branch of medicine concerned with the study, treatment, and prevention of mental illness |
| 28. sti_____ze him as a swindler | <i>v.</i> to accuse, condemn, or openly or formally consider somebody or something as not deserving respect |
| 29. test my hyp_____is | <i>n.</i> a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate |
| 30. ind_____al freedom | <i>n.</i> a single person or thing, as distinct from a group |
| 31. inc_____nce of urine | <i>n.</i> lack of physical or intellectual ability or qualifications to do something successfully or as it should be done |

ANSWERS: 20. devastating, 21. awareness, 22. bond, 23. chronic, 24. trauma, 25. unfortunately, 26. industrious, 27. psychiatry, 28. stigmatize, 29. hypothesis, 30. individual, 31. incompetence

- | | |
|---|---|
| 32. part of the he_____g process | <i>n.</i> the process of becoming or making somebody or something well again |
| 33. flu pa_____ic | <i>n.</i> an outbreak of a disease that affects many people over a very wide area |
| 34. field of psy_____apy | <i>n.</i> the treatment of mental or emotional problems by talking with a therapist |
| 35. tr_____ic event | <i>adj.</i> relating to or caused by injury, especially emotional injury |
| 36. the wel_____ng of a nation | <i>n.</i> the state of being happy and healthy and prosperous |
| 37. directly int_____ect with those systems | <i>v.</i> to connect similar things |
| 38. pr_____no legal service | <i>adj.</i> referring to a service that is provided for free or without charge, often as a form of charitable or philanthropic work |
| 39. have dev_____ng effects | <i>adj.</i> causing a great deal of destruction or damage |
| 40. par_____ip across the Atlantic | <i>n.</i> the state of a cooperative relationship between people or groups, especially in business |
| 41. hi_____ic accomplishment | <i>adj.</i> famous or significant in history, or potentially so |
| 42. un_____o surgery | <i>v.</i> to go through something unpleasant or that involves a change |
| 43. the RSA al_____hm | <i>n.</i> a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation |
| 44. field of gene th_____y | <i>n.</i> the act of caring for someone through medication, remedial training, etc. |

ANSWERS: 32. healing, 33. pandemic, 34. psychotherapy, 35. traumatic, 36. well-being, 37. interconnect, 38. pro-bono, 39. devastating, 40. partnership, 41. historic, 42. undergo, 43. algorithm, 44. therapy

45. re___m movement *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
46. unf_____ely caught in a shower *adv.* by bad luck; unluckily
47. ov_____me opponents *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
48. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
49. achieve the hi_____ic feat *adj.* famous or significant in history, or potentially so
50. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
51. strong and co_____ed sales staff *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
52. carry a bu___n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
53. di_____a thesis *n.* a document showing the completion of a course of study or a portion of the education program; a course of study at a college or university
54. information ba_____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

ANSWERS: 45. reform, 46. unfortunately, 47. overcome, 48. procedure, 49. historic, 50. therapy, 51. committed, 52. burden, 53. diploma, 54. barrier

75. people with psy_____ic disorders *adj.* of or relating to the treatment or study of mental illness or disorders
76. establish a par_____ip *n.* the state of a cooperative relationship between people or groups, especially in business
77. pr_____no project *adj.* referring to a service that is provided for free or without charge, often as a form of charitable or philanthropic work
78. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
79. un____d the story *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
80. edu_____al system *adj.* relating to education or providing knowledge or instruction
81. vi_____t incident *adj.* involving or caused by physical force or aggression against someone or something
82. con_____te to society *v.* to give something, especially money or goods, to provide or achieve something together with other people
83. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
84. as____s a tax of 10 pounds *v.* to judge or decide the nature or quality of someone or something

ANSWERS: 75. psychiatric, 76. partnership, 77. pro-bono, 78. cycle, 79. unfold, 80. educational, 81. violent, 82. contribute, 83. oppress, 84. assess

85. tr_____ic brain injury *adj.* relating to or caused by injury, especially emotional injury
86. psy_____gy of crowd *n.* the scientific study of mind and behavior
87. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
88. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
89. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
90. economic re____m *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
91. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
92. biological psy_____ry *n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
93. a craft un__n *n.* a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
94. job ap_____nt *n.* a person who applies, especially for a job or position; someone who applies for a grant, loan, or other benefits

ANSWERS: 85. traumatic, 86. psychology, 87. cycle, 88. disorder, 89. well-being, 90. reform, 91. industrious, 92. psychiatry, 93. union, 94. applicant

95. pr____ty seating for elderly *n.* something that is more important than other things and should be dealt with first
96. al_____hm for image processing *n.* a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation
97. af____d to buy a new car *v.* to have enough money or time to be able to buy or do something
98. cost ba____r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
99. as_____gy chart *n.* the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world
100. spe_____ze in child care *v.* to become an expert in a specific career field, study, or business
101. res_____ce to insulin *n.* the act of defending oneself from an aggressor or refusing to accept something
102. es____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
103. un____o a decrease *v.* to go through something unpleasant or that involves a change
104. people with bipolar di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

ANSWERS: 95. priority, 96. algorithm, 97. afford, 98. barrier, 99. astrology, 100. specialize, 101. resistance, 102. estimate, 103. undergo, 104. disorder

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| 105. untold de_____r | <i>n.</i> the feeling that there is no hope and you cannot do anything to improve a difficult situation |
| 106. avoid climate cat_____he | <i>n.</i> a sudden event that causes extreme ruin and misfortune |
| 107. af____d a high travel cost | <i>v.</i> to have enough money or time to be able to buy or do something |
| 108. social st____a | <i>n.</i> a mark of shame or disgrace associated with a particular circumstance, quality, or person |
| 109. certified pro_____nal secretary | <i>adj.</i> having or showing the skill appropriate to a particular job; competent or skillful |
| 110. diagnosis of an_____y disorder | <i>n.</i> a feeling of worry, nervousness, or unease about something that is happening or might happen in the future |
| 111. potential ap_____nt | <i>n.</i> a person who applies, especially for a job or position; someone who applies for a grant, loan, or other benefits |
| 112. surgical ins_____nts | <i>n.</i> an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work |
| 113. raise public aw_____ss | <i>n.</i> the fact or state of knowing something exists and is important |
| 114. an arrival pl_____rm | <i>n.</i> the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed |

ANSWERS: 105. despair, 106. catastrophe, 107. afford, 108. stigma, 109. professional, 110. anxiety, 111. applicant, 112. instrument, 113. awareness, 114. platform

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|---|-------------|---|
| 115. an_____y for knowledge | <i>n.</i> | a feeling of worry, nervousness, or unease about something that is happening or might happen in the future |
| 116. cat_____he risk management | <i>n.</i> | a sudden event that causes extreme ruin and misfortune |
| 117. political et_____s | <i>n.</i> | a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong |
| 118. natural he_____g ability | <i>n.</i> | the process of becoming or making somebody or something well again |
| 119. get money by fr____d | <i>n.</i> | the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses |
| 120. in a co_____ed relationship | <i>adj.</i> | willing to put in a lot of effort, time, and energy into something; firmly believing in something |
| 121. global pa_____ic | <i>n.</i> | an outbreak of a disease that affects many people over a very wide area |
| 122. psy_____gy experiment | <i>n.</i> | the scientific study of mind and behavior |
| 123. ab_____e from work | <i>n.</i> | the fact or condition of being away from a place where they are typically anticipated to be |
| 124. a leave of ab_____e | <i>n.</i> | the fact or condition of being away from a place where they are typically anticipated to be |
| 125. sti_____ze the deviant as criminal | <i>v.</i> | to accuse, condemn, or openly or formally consider somebody or something as not deserving respect |

ANSWERS: 115. anxiety, 116. catastrophe, 117. ethics, 118. healing, 119. fraud, 120. committed, 121. pandemic, 122. psychology, 123. absence, 124. absence, 125. stigmatize

126. un___d the stroller *v.* to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
127. a digital pl_____m for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
128. ch_____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
129. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
130. ov_____me all difficulties *v.* to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
131. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
132. de_____r at the future *n.* the feeling that there is no hope and you cannot do anything to improve a difficult situation
133. at_____de toward mistakes *n.* the way you think and feel about someone or something
134. s__m phone call *n.* a clever and dishonest, and often illegal, business scheme; a fraud
135. victim of fr__d *n.* the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses

ANSWERS: 126. unfold, 127. platform, 128. chronic, 129. opportune, 130. overcome, 131. trauma, 132. despair, 133. attitude, 134. scam, 135. fraud

136. a company reg_____on *n.* an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
137. have a feeling of inc_____nce *n.* lack of physical or intellectual ability or qualifications to do something successfully or as it should be done
138. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
139. pr_____ty call *n.* something that is more important than other things and should be dealt with first
140. a phishing s__m *n.* a clever and dishonest, and often illegal, business scheme; a fraud

ANSWERS: 136. regulation, 137. incompetence, 138. depression, 139. priority, 140. scam

Session 3: Fill in the Blanks

1. Government workers cannot _____ to political campaigns.
 - v.* to give something, especially money or goods, to provide or achieve something together with other people

2. We can evaluate the performance of an _____ in terms of computation time.
 - n.* a set of rules or rigorous instructions typically used to solve a specific problem or to perform a computation

3. Our company is strongly _____ to meeting customers' needs.
 - adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something

4. The Chinese people have accomplished several _____ feats.
 - adj.* famous or significant in history, or potentially so

5. The military _____ between the two countries created tension in the international community.
 - n.* the state of a cooperative relationship between people or groups, especially in business

6. That car has a low environmental _____.
 - n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

7. He was fascinated by ancient _____ and spent hours studying horoscopes.
 - n.* the study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world

ANSWERS: 1. contribute, 2. algorithm, 3. committed, 4. historic, 5. partnership, 6. burden, 7. astrology

8. The speaker mounted the _____ and started to speak.
n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
9. We _____ the season's total trade deficit at \$50 billion.
v. to guess or calculate the cost, size, value, etc. of something
10. The police placed a _____ across the street to halt traffic.
n. a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
11. The treatments were done but, _____ were unsuccessful.
adv. by bad luck; unluckily
12. They had formed a friendship _____.
n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
13. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
14. As an _____ he had the right to make his own decisions and live his life as he saw fit.
n. a single person or thing, as distinct from a group
15. They fear a _____ of a new type of virus.
n. an outbreak of a disease that affects many people over a very wide area

ANSWERS: 8. platform, 9. estimated, 10. barrier, 11. unfortunately, 12. bond, 13. opportune, 14. individual, 15. pandemic

16. Many civilians have suffered _____ as a result of the war.
n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
17. That bank employee prevented the older woman from falling for the _____.
n. a clever and dishonest, and often illegal, business scheme; a fraud
18. The train has to _____ rigorous safety checks.
v. to go through something unpleasant or that involves a change
19. He has a _____ demeanor and always presents himself in a polished manner.
adj. having or showing the skill appropriate to a particular job; competent or skillful
20. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
21. He completed his high school _____ via correspondence courses.
n. a document showing the completion of a course of study or a portion of the education program; a course of study at a college or university
22. Her behavior testified to her _____.
n. lack of physical or intellectual ability or qualifications to do something successfully or as it should be done
23. Each ancient tribe has its _____ traditions.
n. the process of becoming or making somebody or something well again

ANSWERS: 16. trauma, 17. scam, 18. undergo, 19. professional, 20. oppressed, 21. diploma, 22. incompetence, 23. healing

24. The _____ approved by Congress was perfunctorily implemented.
n. an official rule made and maintained by a government or some other authority; the act of controlling or directing something according to a rule
25. The government is proposing a _____ to the healthcare system to make it more accessible and affordable for all citizens.
n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
26. Parliament is now in _____.
n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
27. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
28. The mystery _____ as the detectives gathered more clues.
v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
29. This scripture provides the code of _____ for the religion.
n. a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong
30. The _____ evaluation revealed that the patient had been suffering from anxiety.
adj. of or relating to the treatment or study of mental illness or disorders
31. The protesters became _____ when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something

ANSWERS: 24. regulation, 25. reform, 26. session, 27. industrious, 28. unfolded, 29. ethics, 30. psychiatric, 31. violent

32. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
33. This typhoon was the most _____ in years.
- adj.* causing a great deal of destruction or damage
34. She had the _____ that work was fun.
- n.* the way you think and feel about someone or something
35. _____ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
36. She waited for her daughter with _____.
- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
37. There has been a gradual but steady rise in environmental _____.
- n.* the fact or state of knowing something exists and is important
38. The accountant provided _____ financial advice to the local charity.
- adj.* referring to a service that is provided for free or without charge, often as a form of charitable or philanthropic work
39. _____ hyperglycemia is a trigger for a variety of serious diseases.
- adj.* being long-lasting and recurrent or characterized by long suffering; habitual
40. The pilot and flight attendant ran through the check-out _____.
- n.* a way of doing something, especially the official or well-known way

ANSWERS: 32. psychology, 33. devastating, 34. attitude, 35. Depression, 36. anxiety, 37. awareness, 38. pro-bono, 39. Chronic, 40. procedure

41. The police arrested them for committing insurance _____.
- n.* the crime of gaining money or financial benefits by deceiving people; a person who makes deceitful pretenses
42. The restaurant has chefs who _____ in beef.
- v.* to become an expert in a specific career field, study, or business
43. Another critical factor of child poverty is the father's _____.
- n.* the fact or condition of being away from a place where they are typically anticipated to be
44. He cannot _____ a holiday.
- v.* to have enough money or time to be able to buy or do something
45. The experience was so _____ that it left a lasting impact on the survivor's mental health.
- adj.* relating to or caused by injury, especially emotional injury
46. The field of _____ is constantly evolving, with new treatments and approaches being developed all the time.
- n.* the branch of medicine concerned with the study, treatment, and prevention of mental illness
47. This evidence supports the big-bang _____.
- n.* a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
48. I underwent aversion _____ for my addiction to alcohol.
- n.* the act of caring for someone through medication, remedial training, etc.

ANSWERS: 41. fraud, 42. specialize, 43. absence, 44. afford, 45. traumatic, 46. psychiatry, 47. hypothesis, 48. therapy

49. He tried to _____ a bad reputation and win the election.
- v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
50. She consulted a psychic who used _____ cards to tell her future.
- n. a deck of cards used for divination or fortune-telling, typically consisting of 78 cards and divided into the major and minor arcana
51. This electronic _____ is required to undergo periodic inspections to ensure precision.
- n. an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
52. Our company needs to _____ the business impact of climate change.
- v. to judge or decide the nature or quality of someone or something
53. He took _____ to help him deal with his accident trauma.
- n. the treatment of mental or emotional problems by talking with a therapist
54. Her _____ is to be a mother.
- n. something that is more important than other things and should be dealt with first
55. The food chain causes a material _____.
- n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
56. One light year is nearly 6 _____ miles.
- n. the number 1,000,000,000,000; a million million

ANSWERS: 49. overcome, 50. tarot, 51. instrument, 52. assess, 53. psychotherapy, 54. priority, 55. cycle, 56. trillion

57. The trade _____ remained adamant about its demands.
n. a group of employees who have banded together to advocate for their rights and better their working conditions; the act or the state of joining together or being joined together
58. She was _____ by society because she had a child out of wedlock.
v. to accuse, condemn, or openly or formally consider somebody or something as not deserving respect
59. The bill to increase the consumption tax had passed despite much _____ from the public.
n. the act of defending oneself from an aggressor or refusing to accept something
60. The mental health _____ often prevents people from seeking treatment.
n. a mark of shame or disgrace associated with a particular circumstance, quality, or person
61. His friend's death drove him to _____.
n. the feeling that there is no hope and you cannot do anything to improve a difficult situation
62. Every human is responsible for taking care of the Earth's _____.
n. the natural world such as air, water, and land in which humans, animals, and plants live
63. The lack of funds has resulted in a _____ for our university system.
n. a sudden event that causes extreme ruin and misfortune
64. The museum offers a variety of _____ programs for children and adults.
adj. relating to education or providing knowledge or instruction

ANSWERS: 57. union, 58. stigmatized, 59. resistance, 60. stigma, 61. despair, 62. environment, 63. catastrophe, 64. educational

65. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
66. The doctor prescribed some medicine for the mental _____.
n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
67. The woods _____ the house.
v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
68. The job posting attracted many qualified _____.
n. a person who applies, especially for a job or position; someone who applies for a grant, loan, or other benefits
69. Our system can now _____ with other databases.
v. to connect similar things
70. I bought a gadget before my trip to help _____ stress during the flight.
v. to make something, especially something bad, small or less serious

ANSWERS: 65. well-being, 66. disorder, 67. embrace, 68. applicants, 69. interconnect, 70. minimize