

# Englist.me



## Vocabulary Builder Reference from...

*Tameka Montgomery: 5 parenting tips for raising resilient, self-reliant kids | TED Talk*

[https://www.ted.com/talks/tameka\\_montgomery\\_5\\_parenting\\_tips\\_for\\_raising\\_resilient\\_self\\_reliant\\_kids](https://www.ted.com/talks/tameka_montgomery_5_parenting_tips_for_raising_resilient_self_reliant_kids)

### All Words

#### IMPORTANT

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## Session 1: Word List

### self-reliant

*adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance

*synonym*: independent, self-sufficient, autonomous

(1) **self-reliant** person, (2) **self-reliant** community

After moving to a new city, she became more **self-reliant** and learned to navigate the streets independently.

### resilient

*adj.* able to withstand or recover quickly from difficult conditions

*synonym*: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

### solver

*n.* a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem

*synonym*: thinker

(1) puzzle- **solver**, (2) linear **solver**

The flow **solver** is validated against the experiment.

### comfort

*n.* a state of physical ease and freedom from pain or constraint

*synonym* : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

## zone

*n.* a specific area, region, or section that is marked off or defined in some way

*synonym* : area, region, territory

(1) time **zone**, (2) **zone** defense

He was reluctant to leave his comfort **zone** and try something new.

## advantage

*n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

*synonym* : benefit, edge, asset

(1) score an **advantage**, (2) take **advantage** of his weak points

One of the main **advantages** of the new product is its increased efficiency.

## instinct

*n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

*synonym* : intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

## shield

*n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

*synonym* : guard, protection, safeguard

(1) a heat **shield**, (2) a **shield** for protecting against a bullet  
Lead is an effective **shield** against X-rays, gamma rays, and other harmful radiation.

## disappointment

*n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

*synonym* : letdown, frustration, discouragement

(1) **disappointment** in the result, (2) **disappointment** with the service

The cancellation of the concert was a huge **disappointment** for the fans.

## esteem

*n.* great respect and approval for or a good opinion of someone

*synonym* : respect, admiration, regard

(1) **esteem** for the other person, (2) boost my self- **esteem**

He is our loyal customer who should be held in high **esteem**.

## praise

*n.* an expression that shows approval and admiration of the achievements or characteristics of someone or something

*synonym* : acclaim, honor, commendation

(1) attain critical **praise**, (2) universal **praise**

The drama series mainly received **praise**.

## indulge

*v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

*synonym* : pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children

She **indulged** in a warm bath after a long day at work.

## attempt

*n.* an act or effort of trying to do something, especially something difficult

*synonym* : endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

## curate

*n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation

*synonym*: minister, caretaker, (verb) arrange

(1) perpetual **curate**, (2) **curate** an art website

The art museum has hired a **curate** to select and display pieces from its collection.

## confidence

*n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

*synonym*: self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

## launch

*v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

*synonym*: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

## stretch

*v.* to make or be capable of making anything longer or broader without hurting or breaking

*synonym*: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

## pandemic

*n.* an outbreak of a disease that affects many people over a very wide area

*synonym*: outbreak

(1) flu **pandemic**, (2) global **pandemic**

They fear a **pandemic** of a new type of virus.

## percentage

*n.* the number, amount, or rate of something, which is usually the amount per hundred

*synonym* : rate, ratio, portion

(1) the **percentage** of the gold content, (2) a high

## percentage

What is the **percentage** of the consumption tax in the United States?

## depression

*n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

*synonym* : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her

## depression

**Depression** symptoms might include a decrease in appetite and weight loss.

## stick

*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

*synonym* : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

## adolescent

*n.* a young person who is in the process of developing from a child into an adult

*synonym* : teen, preadult, youth

(1) **adolescent** girl, (2) pre- **adolescent** children

Timely education about birth control might help reduce **adolescent** pregnancies.

## generation

*n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity

*synonym* : cohort, age group, era

(1) **generation** gap, (2) the **generation** of electricity

The younger **generation** has different values and beliefs than the older one.

## responsible

*adj.* answerable or accountable for something within one's power, control, or management

*synonym*: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym*: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

## characteristic

*n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

*synonym*: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

## convinced

*adj.* completely certain about something; having a strong belief or conviction in a particular religion

*synonym*: confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

## caregiving

*n.* the act of providing care and support for someone who is ill, disabled, or elderly

*synonym*: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities  
She devoted her life to **caregiving**, looking after her aging parents.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## amazing

*adj.* extremely surprising, especially in a way that you like or admire

*synonym*: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

## fulfill

*v.* to meet the requirements or expectations; to achieve or realize

*synonym*: satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

## entrepreneur

*n.* an individual who creates or invests in one or more businesses, especially when this involves taking financial risks

*synonym*: founder, executive

(1) a successful **entrepreneur**, (2) billionaire **entrepreneur**

**Entrepreneurs** willingly accept business risks to achieve success.

## mindset

*n.* the established set of attitudes or fixed ideas held by someone

*synonym*: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus

on fostering an entrepreneurial **mindset** in each individual.

## conclude

*v.* to come to an end or close; to reach a judgment or opinion by reasoning

*synonym*: complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy  
We **concluded** a cease-fire.

## individual

*n.* a single person or thing, as distinct from a group

*synonym*: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

## acumen

*n.* the ability to make sound judgments and quick decisions, especially when it comes to business or financial matters

*synonym*: keenness, insight, sagacity

(1) critical **acumen**, (2) financial **acumen**

His business **acumen** helped him make intelligent investments and grow his portfolio quickly.

## traction

*n.* the action or ability to pull something along a surface without sliding

*synonym*: pulling, friction, suction

(1) increase **traction** on ice, (2) electronic **traction**

His leg was in **traction** for weeks after the accident.

## lens

*n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

*synonym*: glass

(1) a convex **lens**, (2) a **lens** with a wide angle

The photographer took this photo using a telephoto **lens**.



## pause

v. to take a short break from talking or doing something before continuing

*synonym*: halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

## hustle

v. to cause someone to move quickly by pushing them in a rough, aggressive way

*synonym*: bustle, rush, haste

(1) **hustle** on business, (2) **hustle** up money

You must **hustle** and struggle on the court to win an acquittal.

## encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

*synonym*: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

## pitch

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

*synonym*: angle, gradient, slope

(1) make a **pitch** for a new product, (2) a low- **pitched** sound

Her voice gradually increased in **pitch**.

## persevere

v. to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement

*synonym*: persist, endure, continue

(1) **persevere** through hardships, (2) **persevere** in my goals

Even when faced with challenges, it's important to **persevere** and never give up.

## gene

*n.* the fundamental unit of heredity and the sequence of nucleotides in DNA that codes for the creation of RNA or protein.

*synonym* : factor, cistron

(1) **gene** expression, (2) **gene** cloning

A defective **gene** is responsible for the disease.

## genetic

*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes

*synonym* : hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder

Understanding protein folding is a vital step in deciphering the **genetic** code.

## nurture

*v.* to take care of, feed, and protect someone or something while they are growing and developing

*synonym* : boost, cultivate, enable

(1) **nurture** love, (2) **nurture** his talents

Schools should **nurture** children's mutual interest spirit.

## equip

*v.* to provide a person or a place with the things that are needed for a particular purpose or activity

*synonym* : prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

## tenacity

*n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

*synonym* : persistence, determination, perseverance

(1) **tenacity** of purpose, (2) show **tenacity**

Her **tenacity** in pursuing her dreams has inspired many

people.

## **bounce**

*v.* to cause to move up or away after hitting a surface; to spring back

*synonym*: bound, leap, spring

(1) **bounce** across the floor, (2) **bounce** back from failure  
They will **bounce** between various emotional states.

## **rejection**

*n.* the act of refusing to accept, use, or consider someone or something; in medicine, an immunological response that refuses to accept substances or organisms that are recognized as foreign

*synonym*: refusal, denial, repudiation

(1) transplant **rejection**, (2) **rejection** by community  
His proposals were met with **rejection**.

## **strategy**

*n.* a detailed plan of action designed to achieve a long-term or overall goal.

*synonym*: approach, procedure, scenario

(1) military **strategy**, (2) develop a **strategy**  
Our plan includes a comprehensive marketing **strategy**.

## **disrupt**

*v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

*synonym*: interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep  
I'm so sorry to **disrupt** you when you're pretty busy.

## **conventional**

*adj.* based on or following traditional rules, standards, customs, etc.

*synonym*: ancestral, customary, established

(1) a **conventional** style, (2) get a **conventional** loan  
She is very **conventional** in her thoughts.

## **bracelet**

*n.* a piece of jewelry worn around the wrist, often as an ornament or decoration

*synonym* : wristband, bangle, charm bracelet

(1) beaded **bracelet**, (2) charm **bracelet**

She wore a beautiful **bracelet** that her grandmother had given her.

## convince

v. to persuade someone or make someone believe that something is true

*synonym* : persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent  
I am considering what I should do to **convince** him.

## entrepreneurship

n. the process or skill of starting and running a business, particularly a new and innovative one

*synonym* : self-employment, risk-taking

(1) **entrepreneurship** culture, (2) embody **entrepreneurship**

The government is investing in programs to support **entrepreneurship** and small business development.

## shift

n. a slight transition in position, direction, or trend

*synonym* : transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

## chore

n. a routine or tedious task, often related to household or manual labor

*synonym* : task, duty, job

(1) **chore** list, (2) household **chores**

Cleaning the house is a **chore** that only some enjoy.

## exhibit

v. to show something in public for people to enjoy or to provide them with information

*synonym* : display, expose, show

(1) **exhibit** a bad attitude, (2) **exhibit** a great talent

Other technology industries **exhibit** similarly explosive growth.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

## apiece

*adv.* to, from, or by each one of a group

*synonym*: each

(1) one **apiece**, (2) give two dollars **apiece**

These toys are five dollars **apiece**.

## prosperity

*n.* the state of being successful and having the good fortune

*synonym*: affluence, accomplishment, capital

(1) economic **prosperity**, (2) **prosperity** of humankind

This war shattered dreams of peace and **prosperity**.

## desire

*n.* a strong feeling of wanting to have or do something

*synonym*: ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

## entitle

*v.* to give someone the right to have or do something; to give a title to someone or something

*synonym*: allow, permit, enable

(1) **entitle** him to a pension, (2) **entitle** the company to use the logo

The employee was **entitled** to a week of vacation time.

## profound

*adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

*synonym*: deep, unsounded, far-reaching

(1) a **profound** book, (2) the **profound** depths of the sea

My mother's illness had a **profound** impact on us all.

## helpless

*adj.* unable to take care of oneself or to do things without help

*synonym* : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

## cripple

*v.* to cause severe damage or injury that greatly impairs someone's ability to function or move; to weaken or undermine

*synonym* : disable, impair, paralyze

(1) **cripple** economy, (2) **cripple** opposition

The injury was severe enough to **cripple** the athlete's chances of playing again this season.

## bullet

*n.* a metal projectile that is shot from a gun

*synonym* : projectile, slug, shot

(1) **bullet** wound, (2) **bullet** train

The stray **bullet** went through the window and hit the wall.

## bludgeon

*v.* to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation

*synonym* : strike, beat, pummel

(1) **bludgeon** a person into agreeing, (2) **bludgeon** to death

The attacker used a heavy object to try and **bludgeon** the victim.

## necessity

*n.* the state or fact of being needed; anything indispensable

*synonym* : need, essentiality, prerequisite

(1) in great **necessity**, (2) the **necessity** of the concrete measure

He emphasized the **necessity** of immediate action.

## surround

*v.* to be all around something or somebody

*synonym* : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

## luxury

*n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things

*synonym*: extravagance, indulgence, opulence

(1) get into the **luxury** car market, (2) **luxury** hotel

His anti- **luxury** practices were quite strict.

## graduate

*n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

*synonym*: alumna, alum, grad

(1) **graduate** degree program, (2) honor **graduate**

Many employers hire **graduate** trainees to train as managers.

## motivate

*v.* to make someone want to do something, especially something that requires tremendous work and effort

*synonym*: boost, encourage, inspire

(1) **motivate** the students, (2) all ability to **motivate**

The ability to **motivate** people is a priceless asset.

## delight

*n.* a feeling of great pleasure or happiness

*synonym*: pleasure, joy, satisfaction

(1) a tremor of **delight**, (2) with **delight**

The **delight** on the child's faces when they received the toy was priceless.

## lifelong

*adj.* lasting for the whole of someone's life

*synonym*: enduring, eternal, permanent

(1) **lifelong** career, (2) **lifelong** commitment

He had a **lifelong** love of reading and spent hours daily with a book.

## opposed

*adj.* being completely different from something or disagreeing strongly with something

*synonym*: anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

## award

*n.* a prize or other mark of recognition given in honor of an achievement

*synonym*: prize, honor, accolade

(1) **award** ceremony, (2) participation **award**

He won the **award** for best actor at the film festival.

## superhero

*n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

(1) **superhero** movies, (2) **superhero** comics

Superman is a classic **superhero** known for his superhuman strength and flying ability.

## logo

*n.* a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials

*synonym*: emblem, symbol, crest

(1) **logo** design, (2) brand **logo**

The company's **logo** was on the side of the building.

## squelch

*v.* to make a sucking sound like that made by walking heavily through mud; to suppress or silence something completely; to crush or quash something, especially through force or authority

*synonym*: squish, slosh, splash

(1) **squelch** a rumor, (2) **squelch** a rebellion

She had to **squelch** her anger before she spoke to her boss about the issue.

## discovery

*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

*synonym*: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the



century

Her research team made an important **discovery**.

## environment

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym*: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## occasion

*n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

*synonym*: event, time, occurrence

(1) a glad **occasion**, (2) as **occasion** demands

She wore her best dress for the special **occasion**.

## Session 2: Spelling

1. li\_\_\_\_ng commitment *adj.* lasting for the whole of someone's life
2. eq\_\_p an army *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
3. pro\_\_\_\_\_ty of humankind *n.* the state of being successful and having the good fortune
4. sel\_\_\_\_\_ant community *adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
5. charm br\_\_\_\_et *n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
6. con\_\_\_\_\_ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
7. hu\_\_\_e up money *v.* to cause someone to move quickly by pushing them in a rough, aggressive way
8. give two dollars ap\_\_\_e *adv.* to, from, or by each one of a group
9. brand l\_\_o *n.* a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials
10. bl\_\_\_\_\_on to death *v.* to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation

ANSWERS: 1. lifelong, 2. equip, 3. prosperity, 4. self-reliant, 5. bracelet, 6. confidence, 7. hustle, 8. apiece, 9. logo, 10. bludgeon

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|--|----|--|
| 11. a stone wall su_____nds the palace | v. | to be all around something or somebody   |
| 12. increase tr_____on on ice          | n. | the action or ability to pull something along a surface without sliding  |
| 13. di_____t sleep                     | v. | to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance  |
| 14. en_____ge a sense of affinity      | v. | to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do          |
| 15. transplant re_____on               | n. | the act of refusing to accept, use, or consider someone or something; in medicine, an immunological response that refuses to accept substances or organisms that are recognized as foreign |
| 16. ex_____t a great talent            | v. | to show something in public for people to enjoy or to provide them with information  |
| 17. bu_____t train                     | n. | a metal projectile that is shot from a gun   |
| 18. co_____t level                     | n. | a state of physical ease and freedom from pain or constraint   |
| 19. the Great Dep_____on               | n. | a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market  |

ANSWERS: 11. surround, 12. traction, 13. disrupt, 14. encourage, 15. rejection, 16. exhibit, 17. bullet, 18. comfort, 19. depression

20. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
21. boost my con\_\_\_\_\_ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
22. a private ind\_\_\_\_\_al *n.* a single person or thing, as distinct from a group
23. have ge\_\_\_\_\_c testing *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
24. score an ad\_\_\_\_\_ge *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
25. bu\_\_\_\_t wound *n.* a metal projectile that is shot from a gun
26. bl\_\_\_\_\_on a person into agreeing *v.* to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation
27. res\_\_\_\_\_le action *adj.* answerable or accountable for something within one's power, control, or management
28. eq\_\_p our children with some special skills *v.* to provide a person or a place with the things that are needed for a particular purpose or activity
29. fu\_\_\_\_\_l a contract *v.* to meet the requirements or expectations; to achieve or realize
30. chaotic env\_\_\_\_\_nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 20. opportune, 21. confidence, 22. individual, 23. genetic, 24. advantage, 25. bullet, 26. bludgeon, 27. responsible, 28. equip, 29. fulfill, 30. environment

31. ex\_\_\_\_\_t a bad attitude      *v.* to show something in public for people to enjoy or to provide them with information
32. de\_\_\_\_\_on authority      *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
33. the ne\_\_\_\_\_ty of the concrete measure      *n.* the state or fact of being needed; anything indispensable
34. dis\_\_\_\_\_ent with the service      *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
35. he\_\_\_\_\_ss victims      *adj.* unable to take care of oneself or to do things without help
36. env\_\_\_\_\_nt affairs      *n.* the natural world such as air, water, and land in which humans, animals, and plants live
37. he\_\_\_\_\_ss baby      *adj.* unable to take care of oneself or to do things without help
38. cu\_\_\_\_\_e an art website      *n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
39. l\_\_o design      *n.* a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials

ANSWERS: 31. exhibit, 32. decision, 33. necessity, 34. disappointment, 35. helpless, 36. environment, 37. helpless, 38. curate, 39. logo

40. pe\_\_\_\_\_re in my goals      *v.* to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
41. the great di\_\_\_\_\_ry of the century      *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
42. a low-pi\_\_hed sound      *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
43. ind\_\_\_\_\_al freedom      *n.* a single person or thing, as distinct from a group
44. the at\_\_\_\_\_t to rescue the hostages      *n.* an act or effort of trying to do something, especially something difficult
45. co\_\_\_\_\_ce her to go with us      *v.* to persuade someone or make someone believe that something is true
46. re\_\_\_\_\_nt population      *adj.* able to withstand or recover quickly from difficult conditions
47. all ability to mo\_\_\_\_\_te      *v.* to make someone want to do something, especially something that requires tremendous work and effort
48. a scientific di\_\_\_\_\_ry      *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 40. persevere, 41. discovery, 42. pitch, 43. individual, 44. attempt, 45. convince, 46. resilient, 47. motivate, 48. discovery

49. a ge\_\_\_\_c disorder *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
50. de\_\_\_e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
51. a selfish de\_\_\_\_\_on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
52. boost my self-es\_\_\_m *n.* great respect and approval for or a good opinion of someone
53. su\_\_\_\_\_ro movies *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
54. car\_\_\_\_\_ng responsibilities *n.* the act of providing care and support for someone who is ill, disabled, or elderly
55. global pa\_\_\_\_\_ic *n.* an outbreak of a disease that affects many people over a very wide area
56. the per\_\_\_\_\_ge of the gold content *n.* the number, amount, or rate of something, which is usually the amount per hundred
57. electronic tr\_\_\_\_\_on *n.* the action or ability to pull something along a surface without sliding
58. beaded br\_\_\_\_\_et *n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
59. household ch\_\_\_es *n.* a routine or tedious task, often related to household or manual labor
60. a sh\_\_\_d for protecting against a bullet *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves

ANSWERS: 49. genetic, 50. decide, 51. decision, 52. esteem, 53. superhero, 54. caregiving, 55. pandemic, 56. percentage, 57. traction, 58. bracelet, 59. chore, 60. shield

61. te\_\_\_\_ty of purpose *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
62. co\_\_\_\_\_ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
63. st\_\_\_\_h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
64. a tremor of de\_\_\_\_t *n.* a feeling of great pleasure or happiness
65. gr\_\_\_\_te degree program *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
66. participation aw\_\_d *n.* a prize or other mark of recognition given in honor of an achievement
67. fleshly de\_\_\_e *n.* a strong feeling of wanting to have or do something
68. cr\_\_\_\_\_e economy *v.* to cause severe damage or injury that greatly impairs someone's ability to function or move; to weaken or undermine
69. g\_\_e expression *n.* the fundamental unit of heredity and the sequence of nucleotides in DNA that codes for the creation of RNA or protein.
70. Doppler sh\_\_t *n.* a slight transition in position, direction, or trend

ANSWERS: 61. tenacity, 62. convinced, 63. stretch, 64. delight, 65. graduate, 66. award, 67. desire, 68. cripple, 69. gene, 70. shift



71. en\_\_\_\_\_e him to a pension *v.* to give someone the right to have or do something; to give a title to someone or something
72. car\_\_\_\_\_ng process *n.* the act of providing care and support for someone who is ill, disabled, or elderly
73. gen\_\_\_\_\_on gap *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
74. flu pa\_\_\_\_\_ic *n.* an outbreak of a disease that affects many people over a very wide area
75. honor gr\_\_\_\_\_te *n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
76. absolutely op\_\_\_\_\_d to abortion *adj.* being completely different from something or disagreeing strongly with something
77. g\_\_e cloning *n.* the fundamental unit of heredity and the sequence of nucleotides in DNA that codes for the creation of RNA or protein.
78. a glad oc\_\_\_\_\_on *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
79. z\_\_e defense *n.* a specific area, region, or section that is marked off or defined in some way
80. cr\_\_\_\_\_e opposition *v.* to cause severe damage or injury that greatly impairs someone's ability to function or move; to weaken or undermine

ANSWERS: 71. entitle, 72. caregiving, 73. generation, 74. pandemic, 75. graduate, 76. opposed, 77. gene, 78. occasion, 79. zone, 80. cripple

81. sq\_\_\_\_h a rumor v. to make a sucking sound like that made by walking heavily through mud; to suppress or silence something completely; to crush or quash something, especially through force or authority
82. universal pr\_\_\_\_e n. an expression that shows approval and admiration of the achievements or characteristics of someone or something
83. co\_\_\_\_de that he is healthy v. to come to an end or close; to reach a judgment or opinion by reasoning
84. make a pi\_\_h for a new product n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
85. la\_\_\_\_h a big attack v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
86. the most am\_\_\_\_g feeling adj. extremely surprising, especially in a way that you like or admire
87. nu\_\_\_\_e his talents v. to take care of, feed, and protect someone or something while they are growing and developing
88. in\_\_\_\_e in debauchery v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

ANSWERS: 81. squelch, 82. praise, 83. conclude, 84. pitch, 85. launch, 86. amazing, 87. nurture, 88. indulge

89. bo\_\_\_e across the floor      *v.* to cause to move up or away after hitting a surface; to spring back
90. critical ac\_\_\_n      *n.* the ability to make sound judgments and quick decisions, especially when it comes to business or financial matters
91. linear so\_\_\_r      *n.* a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem
92. with de\_\_\_\_t      *n.* a feeling of great pleasure or happiness
93. in\_\_\_\_ct for self-preservation      *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
94. pa\_\_e a moment      *v.* to take a short break from talking or doing something before continuing
95. show te\_\_\_\_ty      *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
96. major paradigm sh\_\_t      *n.* a slight transition in position, direction, or trend
97. li\_\_\_\_ng career      *adj.* lasting for the whole of someone's life
98. pre-ado\_\_\_\_nt children      *n.* a young person who is in the process of developing from a child into an adult
99. get into the lu\_\_\_y car market      *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things

ANSWERS: 89. bounce, 90. acumen, 91. solver, 92. delight, 93. instinct, 94. pause, 95. tenacity, 96. shift, 97. lifelong, 98. adolescent, 99. luxury

100. ent\_\_\_\_\_hip culture      *n.* the process or skill of starting and running a business, particularly a new and innovative one
101. st\_\_\_\_\_h along the coast      *v.* to make or be capable of making anything longer or broader without hurting or breaking
102. la\_\_\_\_\_h a spaceship into orbit      *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
103. my friend's cha\_\_\_\_\_tic laugh      *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
104. time z\_\_\_e      *n.* a specific area, region, or section that is marked off or defined in some way
105. financial ac\_\_\_\_\_n      *n.* the ability to make sound judgments and quick decisions, especially when it comes to business or financial matters
106. en\_\_\_\_\_ge antisocial behavior      *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
107. words of co\_\_\_\_\_t      *n.* a state of physical ease and freedom from pain or constraint
108. res\_\_\_\_\_le for a customer service      *adj.* answerable or accountable for something within one's power, control, or management

ANSWERS: 100. entrepreneurship, 101. stretch, 102. launch, 103. characteristic, 104. zone, 105. acumen, 106. encourage, 107. comfort, 108. responsible

109. pa\_\_e for a reaction      *v.* to take a short break from talking or doing something before continuing
110. a pr\_\_\_\_nd book      *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
111. bo\_\_\_e back from failure      *v.* to cause to move up or away after hitting a surface; to spring back
112. two op\_\_\_\_d characters      *adj.* being completely different from something or disagreeing strongly with something
113. perpetual cu\_\_\_e      *n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
114. nu\_\_\_\_e love      *v.* to take care of, feed, and protect someone or something while they are growing and developing
115. en\_\_\_\_e the company to use the logo      *v.* to give someone the right to have or do something; to give a title to someone or something
116. hu\_\_\_e on business      *v.* to cause someone to move quickly by pushing them in a rough, aggressive way
117. take ad\_\_\_\_ge of his weak points      *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

ANSWERS: 109. pause, 110. profound, 111. bounce, 112. opposed, 113. curate, 114. nurture, 115. entitle, 116. hustle, 117. advantage

118. ch\_\_e list *n.* a routine or tedious task, often related to household or manual labor
119. as oc\_\_\_\_on demands *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
120. in great ne\_\_\_\_ty *n.* the state or fact of being needed; anything indispensable
121. unsatisfied de\_\_\_e *n.* a strong feeling of wanting to have or do something
122. the root problem of her dep\_\_\_\_on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
123. develop a st\_\_\_\_gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
124. co\_\_\_\_ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
125. the gen\_\_\_\_on of electricity *n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
126. a l\_\_s with a wide angle *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

ANSWERS: 118. chore, 119. occasion, 120. necessity, 121. desire, 122. depression, 123. strategy, 124. convinced, 125. generation, 126. lens

127. the pr\_\_\_\_nd depths of the sea      *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
128. aw\_\_d ceremony      *n.* a prize or other mark of recognition given in honor of an achievement
129. es\_\_\_m for the other person      *n.* great respect and approval for or a good opinion of someone
130. de\_\_\_e a question      *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
131. fu\_\_\_\_\_l a lifetime dream      *v.* to meet the requirements or expectations; to achieve or realize
132. embody ent\_\_\_\_\_hip      *n.* the process or skill of starting and running a business, particularly a new and innovative one
133. sq\_\_\_\_\_h a rebellion      *v.* to make a sucking sound like that made by walking heavily through mud; to suppress or silence something completely; to crush or quash something, especially through force or authority
134. the mi\_\_\_\_\_t in an education system      *n.* the established set of attitudes or fixed ideas held by someone
135. a heat sh\_\_\_d      *n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
136. get a con\_\_\_\_\_nal loan      *adj.* based on or following traditional rules, standards, customs, etc.

ANSWERS: 127. profound, 128. award, 129. esteem, 130. decide, 131. fulfill, 132. entrepreneurship, 133. squelch, 134. mindset, 135. shield, 136. conventional

137. flexible mi\_\_\_\_t *n.* the established set of attitudes or fixed ideas held by someone
138. lu\_\_\_\_y hotel *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
139. sel\_\_\_\_ant person *adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
140. ado\_\_\_\_nt girl *n.* a young person who is in the process of developing from a child into an adult
141. su\_\_\_\_ro comics *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
142. aggressive in\_\_\_\_ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
143. co\_\_\_\_ce an opponent *v.* to persuade someone or make someone believe that something is true
144. in\_\_\_\_e children *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
145. a convex l\_\_s *n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

ANSWERS: 137. mindset, 138. luxury, 139. self-reliant, 140. adolescent, 141. superhero, 142. instinct, 143. convince, 144. indulge, 145. lens



146. a con\_\_\_\_\_nal style *adj.* based on or following traditional rules, standards, customs, etc.
147. dis\_\_\_\_\_ent in the result *n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes
148. puzzle-so\_\_\_\_r *n.* a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem
149. military st\_\_\_\_\_gy *n.* a detailed plan of action designed to achieve a long-term or overall goal.
150. a high per\_\_\_\_\_ge *n.* the number, amount, or rate of something, which is usually the amount per hundred
151. am\_\_\_\_\_g advances *adj.* extremely surprising, especially in a way that you like or admire
152. a successful ent\_\_\_\_\_eur *n.* an individual who creates or invests in one or more businesses, especially when this involves taking financial risks
153. attain critical pr\_\_\_\_e *n.* an expression that shows approval and admiration of the achievements or characteristics of someone or something
154. re\_\_\_\_\_on by community *n.* the act of refusing to accept, use, or consider someone or something; in medicine, an immunological response that refuses to accept substances or organisms that are recognized as foreign

ANSWERS: 146. conventional, 147. disappointment, 148. solver, 149. strategy, 150. percentage, 151. amazing, 152. entrepreneur, 153. praise, 154. rejection

155. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
156. economic pro\_\_\_\_\_ty *n.* the state of being successful and having the good fortune
157. di\_\_\_\_\_t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
158. su\_\_\_\_\_nd a town *v.* to be all around something or somebody
159. one ap\_\_\_\_\_e *adv.* to, from, or by each one of a group
160. a hard and re\_\_\_\_\_nt steel *adj.* able to withstand or recover quickly from difficult conditions
161. st\_\_k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
162. mo\_\_\_\_\_te the students *v.* to make someone want to do something, especially something that requires tremendous work and effort
163. pe\_\_\_\_\_re through hardships *v.* to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
164. billionaire ent\_\_\_\_\_eur *n.* an individual who creates or invests in one or more businesses, especially when this involves taking financial risks

ANSWERS: 155. opportune, 156. prosperity, 157. disrupt, 158. surround, 159. apiece, 160. resilient, 161. stick, 162. motivate, 163. persevere, 164. entrepreneur

165. a reckless at\_\_\_\_\_t                      *n.* an act or effort of trying to do something, especially something difficult
166. fire st\_\_k                                      *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
167. stripes cha\_\_\_\_\_tic of the zebra                      *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
168. co\_\_\_\_\_de a meeting                      *v.* to come to an end or close; to reach a judgment or opinion by reasoning

ANSWERS: 165. attempt, 166. stick, 167. characteristic, 168. conclude

## Session 3: Fill in the Blanks

1. Lead is an effective \_\_\_\_\_ against X-rays, gamma rays, and other harmful radiation.
  - n.* a protective covering or structure, especially in the past, that soldiers held in front of their bodies to protect themselves
  
2. The flow \_\_\_\_\_ is validated against the experiment.
  - n.* a thinker who finds an answer to a problem or a difficult situation; a piece of software or the algorithm that solves a mathematical problem
  
3. She wore a beautiful \_\_\_\_\_ that her grandmother had given her.
  - n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
  
4. She had to \_\_\_\_\_ her anger before she spoke to her boss about the issue.
  - v.* to make a sucking sound like that made by walking heavily through mud; to suppress or silence something completely; to crush or quash something, especially through force or authority
  
5. The younger \_\_\_\_\_ has different values and beliefs than the older one.
  - n.* all the people born and living at about the same time, regarded collectively; the production of heat or electricity
  
6. He had a \_\_\_\_\_ love of reading and spent hours daily with a book.
  - adj.* lasting for the whole of someone's life
  
7. The third \_\_\_\_\_ was far more successful.
  - n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 1. shield, 2. solver, 3. bracelet, 4. squelch, 5. generation, 6. lifelong, 7. attempt

8. They will \_\_\_\_\_ between various emotional states.
- v. to cause to move up or away after hitting a surface; to spring back
9. \_\_\_\_\_ willingly accept business risks to achieve success.
- n. an individual who creates or invests in one or more businesses, especially when this involves taking financial risks
10. The company's \_\_\_\_\_ was on the side of the building.
- n. a symbol or design that represents a company, organization, or product used on packaging, advertisements, and other materials
11. We \_\_\_\_\_ a cease-fire.
- v. to come to an end or close; to reach a judgment or opinion by reasoning
12. Skill and \_\_\_\_\_ are an unconquered army.
- n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
13. The man \_\_\_\_\_ before opening the door.
- v. to take a short break from talking or doing something before continuing
14. When faced with a dangerous situation, his initial \_\_\_\_\_ was to flee.
- n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
15. She was struggling to make a \_\_\_\_\_ between two job offers.
- n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 8. bounce, 9. Entrepreneurs, 10. logo, 11. concluded, 12. confidence, 13. paused, 14. instinct, 15. decision

16. She \_\_\_\_\_ in a warm bath after a long day at work.

- v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

17. Bananas have their \_\_\_\_\_ taste and odor.

- n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

18. What is the \_\_\_\_\_ of the consumption tax in the United States?

- n.* the number, amount, or rate of something, which is usually the amount per hundred

19. He was reluctant to leave his comfort \_\_\_\_\_ and try something new.

- n.* a specific area, region, or section that is marked off or defined in some way

20. Other technology industries \_\_\_\_\_ similarly explosive growth.

- v.* to show something in public for people to enjoy or to provide them with information

21. The photographer took this photo using a telephoto \_\_\_\_\_.

- n.* a transparent optical device with curved sides, used in an optical instrument that makes objects seem larger, smaller, clearer, etc.; (metaphor) the basic thoughts or mindsets through which someone sees or understands the environment or situation

22. Some herds have been observed to \_\_\_\_\_ hundreds of kilometers.

- v.* to make or be capable of making anything longer or broader without hurting or breaking

23. My mother's illness had a \_\_\_\_\_ impact on us all.

- adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

ANSWERS: 16. indulged, 17. characteristic, 18. percentage, 19. zone, 20. exhibit, 21. lens, 22. stretch, 23. profound

24. She devoted her life to \_\_\_\_\_ looking after her aging parents.  
*n.* the act of providing care and support for someone who is ill, disabled, or elderly
25. Low sexual \_\_\_\_\_ typically correlates with low testosterone levels.  
*n.* a strong feeling of wanting to have or do something
26. Every human is responsible for taking care of the Earth's \_\_\_\_\_.  
*n.* the natural world such as air, water, and land in which humans, animals, and plants live
27. The drama series mainly received \_\_\_\_\_.  
*n.* an expression that shows approval and admiration of the achievements or characteristics of someone or something
28. The \_\_\_\_\_ on the child's faces when they received the toy was priceless.  
*n.* a feeling of great pleasure or happiness
29. Her voice gradually increased in \_\_\_\_\_.  
*n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
30. You \_\_\_\_\_ a bill in the change machine, and the coins pop out.  
*v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
31. This war shattered dreams of peace and \_\_\_\_\_.  
*n.* the state of being successful and having the good fortune

ANSWERS: 24. caregiving, 25. desire, 26. environment, 27. praise, 28. delight, 29. pitch, 30. stick, 31. prosperity

32. Understanding protein folding is a vital step in deciphering the \_\_\_\_\_ code.  
*adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
33. She is very \_\_\_\_\_ in her thoughts.  
*adj.* based on or following traditional rules, standards, customs, etc.
34. The art museum has hired a \_\_\_\_\_ to select and display pieces from its collection.  
*n.* a clergyman who is in charge of a parish; a person in charge of a museum, gallery, or church, responsible for the care and display of its collections and exhibitions; (verb) to carefully select, organize, and maintain items in a collection, exhibition, or presentation
35. His proposals were met with \_\_\_\_\_.  
*n.* the act of refusing to accept, use, or consider someone or something; in medicine, an immunological response that refuses to accept substances or organisms that are recognized as foreign
36. These toys are five dollars \_\_\_\_\_.  
*adv.* to, from, or by each one of a group
37. His anti-\_\_\_\_\_ practices were quite strict.  
*n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
38. The ability to \_\_\_\_\_ people is a priceless asset.  
*v.* to make someone want to do something, especially something that requires tremendous work and effort
39. A defective \_\_\_\_\_ is responsible for the disease.  
*n.* the fundamental unit of heredity and the sequence of nucleotides in DNA that codes for the creation of RNA or protein.

ANSWERS: 32. genetic, 33. conventional, 34. curate, 35. rejection, 36. apiece, 37. luxury, 38. motivate, 39. gene



40. Even when faced with challenges, it's important to \_\_\_\_\_ and never give up.
- v.* to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
41. Timely education about birth control might help reduce \_\_\_\_\_ pregnancies.
- n.* a young person who is in the process of developing from a child into an adult
42. You must \_\_\_\_\_ and struggle on the court to win an acquittal.
- v.* to cause someone to move quickly by pushing them in a rough, aggressive way
43. The construction company \_\_\_\_\_ the building with an earthquake-resistant device.
- v.* to provide a person or a place with the things that are needed for a particular purpose or activity
44. \_\_\_\_\_ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
45. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.
- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
46. I am considering what I should do to \_\_\_\_\_ him.
- v.* to persuade someone or make someone believe that something is true
47. The golfer recorded an \_\_\_\_\_ distance.
- adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 40. persevere, 41. adolescent, 42. hustle, 43. equipped, 44. Depression, 45. decide, 46. convince, 47. amazing

48. The injury was severe enough to \_\_\_\_\_ the athlete's chances of playing again this season.
- v.* to cause severe damage or injury that greatly impairs someone's ability to function or move; to weaken or undermine
49. The employee was \_\_\_\_\_ to a week of vacation time.
- v.* to give someone the right to have or do something; to give a title to someone or something
50. He is our loyal customer who should be held in high \_\_\_\_\_.
- n.* great respect and approval for or a good opinion of someone
51. The attacker used a heavy object to try and \_\_\_\_\_ the victim.
- v.* to strike or hit someone repeatedly with a heavy object, often resulting in severe injury or death; to force or coerce by using threats or intimidation
52. One of the main \_\_\_\_\_ of the new product is its increased efficiency.
- n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
53. His leg was in \_\_\_\_\_ for weeks after the accident.
- n.* the action or ability to pull something along a surface without sliding
54. She's a \_\_\_\_\_ pet owner who ensures her dog gets enough exercise and a healthy diet.
- adj.* answerable or accountable for something within one's power, control, or management
55. She wore her best dress for the special \_\_\_\_\_.
- n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

ANSWERS: 48. cripple, 49. entitled, 50. esteem, 51. bludgeon, 52. advantages, 53. traction, 54. responsible, 55. occasion

56. He won the \_\_\_\_\_ for best actor at the film festival.

*n.* a prize or other mark of recognition given in honor of an achievement

57. I'm so sorry to \_\_\_\_\_ you when you're pretty busy.

*v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

58. She is a \_\_\_\_\_ person and has always bounced back from setbacks.

*adj.* able to withstand or recover quickly from difficult conditions

59. Schools should \_\_\_\_\_ children's mutual interest spirit.

*v.* to take care of, feed, and protect someone or something while they are growing and developing

60. Could you help me \_\_\_\_\_ some furniture?

*n.* a slight transition in position, direction, or trend

61. On three sides, mountains \_\_\_\_\_ the settlement.

*v.* to be all around something or somebody

62. He emphasized the \_\_\_\_\_ of immediate action.

*n.* the state or fact of being needed; anything indispensable

63. They \_\_\_\_\_ customers with a premium for loyal patronage.

*v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

64. Our plan includes a comprehensive marketing \_\_\_\_\_.

*n.* a detailed plan of action designed to achieve a long-term or overall goal.

ANSWERS: 56. award, 57. disrupt, 58. resilient, 59. nurture, 60. shift, 61. surround, 62. necessity, 63. encouraged, 64. strategy

65. After moving to a new city, she became more \_\_\_\_\_ and learned to navigate the streets independently.  
*adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
66. Her research team made an important \_\_\_\_\_.  
*n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
67. As an \_\_\_\_\_ he had the right to make his own decisions and live his life as he saw fit.  
*n.* a single person or thing, as distinct from a group
68. The company is set to \_\_\_\_\_ its new product line next month.  
*v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
69. The phone rang at the most \_\_\_\_\_ time.  
*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
70. He found \_\_\_\_\_ in the warm embrace of his loved ones.  
*n.* a state of physical ease and freedom from pain or constraint
71. I'm strongly \_\_\_\_\_ to that plan.  
*adj.* being completely different from something or disagreeing strongly with something
72. Cleaning the house is a \_\_\_\_\_ that only some enjoy.  
*n.* a routine or tedious task, often related to household or manual labor

ANSWERS: 65. self-reliant, 66. discovery, 67. individual, 68. launch, 69. opportune, 70. comfort, 71. opposed, 72. chore

73. They fear a \_\_\_\_\_ of a new type of virus.

*n.* an outbreak of a disease that affects many people over a very wide area

74. The government is investing in programs to support \_\_\_\_\_ and small business development.

*n.* the process or skill of starting and running a business, particularly a new and innovative one

75. I feel so \_\_\_\_\_ without you.

*adj.* unable to take care of oneself or to do things without help

76. The cancellation of the concert was a huge \_\_\_\_\_ for the fans.

*n.* the feeling of sadness, frustration, or dissatisfaction that arises when something does not live up to one's expectations or hopes

77. Countries whose goal is economic development often focus on fostering an entrepreneurial \_\_\_\_\_ in each individual.

*n.* the established set of attitudes or fixed ideas held by someone

78. Many employers hire \_\_\_\_\_ trainees to train as managers.

*n.* a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

79. It was the first time for her, but she \_\_\_\_\_ the role of Priest.

*v.* to meet the requirements or expectations; to achieve or realize

80. Her \_\_\_\_\_ in pursuing her dreams has inspired many people.

*n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

ANSWERS: 73. pandemic, 74. entrepreneurship, 75. helpless, 76. disappointment, 77. mindset, 78. graduate, 79. fulfilled, 80. tenacity

81. The public is \_\_\_\_\_ that the prime minister has committed fraud.

*adj.* completely certain about something; having a strong belief or conviction in a particular religion

82. His business \_\_\_\_\_ helped him make intelligent investments and grow his portfolio quickly.

*n.* the ability to make sound judgments and quick decisions, especially when it comes to business or financial matters

83. Superman is a classic \_\_\_\_\_ known for his superhuman strength and flying ability.

*n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

84. The stray \_\_\_\_\_ went through the window and hit the wall.

*n.* a metal projectile that is shot from a gun

ANSWERS: 81. convinced, 82. acumen, 83. superhero, 84. bullet