Englist.me

Vocabulary Builder Reference from...

Valérie Courtois: How Indigenous guardians protect the planet and humanity | TED Talk https://www.ted.com/talks/valerie_courtois_how_indig enous_guardians_protect_the_planet_and_humanity



All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

locate

v. to specify or determine the exact position of someone or something

synonym: discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

honor

 high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

synonym: integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my honor that it is true.

colleague

 one of a group of a coworker, especially in a profession or a business synonym: coworker, associate, fellow

collaborate with colleagues,
 former colleague
 decided to seek counseling on the advice of my colleague.

indigenous

adj. someone or something that is native to or occurring naturally in a particular place

synonym: domestic, endemic, primitive

(1) indigenous crop, (2) indigenous peoples

The **indigenous** plants need to be pollinated by local insects.

elect

v. to choose someone for a specific position by voting for them; to decide or choose to do something

synonym: select, choose, prefer

(1) **elect** the school board, (2) **elect** death

Every five years, the provincial governors are **elected**.

parliament

 a legislative body, especially the one that represents the people of a country or state

synonym: congress, assembly, legislature

(1) disband **parliament**, (2) event of a hung **parliament** He was a member of **parliament**.

cabinet

n. a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister

synonym: cupboard, ministry, authority

(1) member of the **cabinet**, (2) the **cabinet** above the sink The prime minister decided to reshuffle his **cabinet** to regain support.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym: sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

attempt

 an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third attempt was far more successful.

fulfill

v. to meet the requirements or expectations; to achieve or realize

synonym: satisfy, complete, accomplish

fulfill a contract, (2) fulfill a lifetime dream
 t was the first time for her, but she fulfilled the role of Priest.

aspiration

 a strong desire to achieve something; the action or process of drawing breath

synonym: ambition, inhalation, intake

(1) no **aspiration** for fame, (2) **aspiration** into the lungs He has an **aspiration** to become a doctor.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

ecology

- the study of the relationships between living organisms, including humans, and their physical environment
- (1) science of **ecology**, (2) the **ecology** of the island Many companies are now enthusiastically embracing the knowledge of **ecology** for sustainable development.

turmoil

 a state of great disturbance, confusion, or uncertainty, often marked by intense activity or strong emotions

synonym: chaos, confusion, disorder

(1) political **turmoil**, (2) the **turmoil** of the war The company experienced financial **turmoil** after the CEO was arrested.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

survival

 the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym: endurance, continuity

(1) survival ability, (2) survival food

He evaluated his chances for **survival** rather pessimistically.

parallel

 adj. being everywhere equidistant and not intersecting; of or relating to the simultaneous performance of multiple operations

synonym: aligned, side-by-side, similar

(1) a parallel case, (2) parallel processing

He walked a road parallel to the railroad.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed I advised him to **adapt** to his new surroundings.

unnatural

adj. not in accordance with the normal or natural order or not normal, typical, or expected

synonym: abnormal, bizarre, artificial

(1) unnatural death, (2) unnatural disaster

The **unnatural** growth of the city has disrupted wildlife habitats.

pace

 the speed at which someone or something moves, or the rate at which something happens or changes

synonym: gait, rate, speed

(1) at your own pace, (2) the runner's pace

The economy is growing at a supercharged **pace**.

homeland

 a place regarded as one's native country or where one belongs

synonym: motherland, native country, fatherland

(1) beloved **homeland**, (2) **homeland** pride

I miss my **homeland** and the familiar sights, sounds, and smells.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) harsh climate, (2) use of harsh chemicals

The prime minister faced harsh criticism.

striking

adj. attractive and distinctive enough to draw notice;exceedingly appealing, frequently in an odd manner

synonym: arresting, astonishing, exceptional

(1) **striking** innovation, (2) **striking** evidence

The two plays have many **striking** parallels.

boreal

adj. relating to the Northern Hemisphere or relating to the northern forests called taiga

synonym: arctic, northern, tundra

(1) **boreal** conifer, (2) **boreal** ecosystem

The **boreal** forest covers vast areas of Canada and Alaska.

extreme

adj. very great in amount or degree

synonym: farthermost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

caribou

 a large North American deer that is found in Arctic and sub-Arctic regions

synonym: reindeer, deer

(1) caribou herd, (2) reintroduce caribou

Caribou migrate long distances across the tundra in search of food.

highway

a main road, especially one connecting major towns or cities

synonym: road, expressway, freeway

(1) highway system, (2) an interstate highway

I'm going to take the **highway** to get to my destination faster.

herd

 a group of animals of the same type that live or are kept together as livestock

synonym: flock, brood, horde

(1) herd of cattle, (2) the common herd

He was riding **herd** on the sheep during the day.

firsthand

adv. from the source; directly; (adjective) received directly from a source

synonym: direct

(1) hear customer's voices **firsthand**, (2) conduct **firsthand** research

The manager tried to hear customers' voices **firsthand**.

devastating

adj. causing a great deal of destruction or damage

synonym: destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most devastating in years.

climate

n. the weather in a particular location averaged over some long period

synonym: atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change **Climate** and weather have an impact on every part of our lifestyles.

biodiversity

- the number and variety of plants and animals that exist in a particular area or the world and make a balanced environment
- (1) **biodiversity** conservation, (2) loss of **biodiversity** The country was instrumental in promoting the **biodiversity** treaty.

lab

 a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) lab instrument, (2) medical lab

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

fundamental

adj. forming an essential base or core from which everything else develops or is affected

synonym: basic, essential, entire

(1) **fundamental** education, (2) **fundamental** rights Human behavior has **fundamental** characteristics.

relation

 the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

mutual

adj. common to or shared by two or more parties

synonym: shared, common, joint

(1) share of a **mutual** fund, (2) **mutual** efforts They cooperated for their **mutual** benefit.

accident

an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

cause an accident, (2) injury in a car accident
 the accident partially destroyed my vehicle.

territory

- n. an area under the control of a ruler or statesynonym: domain, region, realm
- (1) acquire territory, (2) territory in chargeThey incorporated the conquered territory into their nation.

millennium

- a span of 1000 years, or the 1000th anniversary (plural: millennia)
- (1) past **millennium**, (2) **millennium** bottle of wine Our world is in the third **millennium**.

sustained

- adj. lasting for a long time or continuing for a long time without becoming weaker or less intensesynonym: prolonged, extended, continual
- (1) **sustained** economic growth, (2) **sustained** release medication

The company experienced **sustained** growth over the past decade.

harmony

 the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties

synonym: balance, accord, congruence

(1) a **harmony** of colors, (2) break a **harmony** We worked in perfect **harmony**.

landscape

an expanse of scenery that can be seen in a single view;
 a large area of land, especially in the country and
 relating to its appearance

synonym: geography, terrain, topography

(1) a peaceful **landscape**, (2) **landscape** painting Recent electoral shocks have shaken the political **landscape** in Europe.

insight

 the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**We gained various **insights** by analyzing the vast amount of data owned by the company.

strategy

 a detailed plan of action designed to achieve a long-term or overall goal.

synonym: approach, procedure, scenario

(1) military strategy, (2) develop a strategyOur plan includes a comprehensive marketing strategy.

environment

 the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**Every human is responsible for taking care of the Earth's **environment**.

essential

adj. indispensable; fundamentalsynonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life Trial and error is an **essential** part of education.

heal

- v. to make a wound or injury to become well again synonym: recover, bring around, mend
- (1) **heal** a broken bone, (2) **heal** the hurt mind It will take time for her mental scars to **heal**.

crisis

 a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

synonym: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management

The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

colonize

 to establish a colony in or on a specific place; to settle or occupy in large numbers

synonym: settle, occupy, inhabit

(1) **colonize** planets, (2) **colonize** for cultivation European powers **colonized** much of the Americas in the 16th and 17th centuries.

acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

synonym: accept, agree, declare

(1) **acknowledge** the deed, (2) **acknowledge** his help He never **acknowledged** his fault.

galaxy

 an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity

synonym: star cluster, nebula, star system

(1) elliptic **galaxy**, (2) a **galaxy** of famous actors

The Milky Way **galaxy** has numerous water-bearing planets.

soundtrack

n. the recorded audio that accompanies a movie, television program, or video game

synonym: score, background music, accompaniment

 soundtrack album, (2) a motion picture with a soundtrack

The **soundtrack** to the movie was composed by a famous musician.

behalf

- n. represent; advantage, benefit, the interest of someonesynonym: benefit, advantage, favor
- on behalf of our management, (2) on his own behalf
 gave witness on her behalf.

nation

 a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) nation-state, (2) a seafaring nation

The **nation** of Japan is known for its unique culture and advanced technology.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym: proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully They used a special receiver to **monitor** police radio channels.

conserve

- v. to protect something, especially the natural environment or culture, from change, damage, or destruction
- synonym: preserve, save, maintain
- (1) means to **conserve** energy, (2) **conserve** coal resources

Children must be taught to **conserve** our natural environment.

conduct

- v. to organize and carry out a particular activity synonym: behave, lead, carry on
- (1) **conduct** a background check, (2) **conduct** research Police will **conduct** random breath testing for drunk driving.

salmon

 a type of fish that is commonly found in the North Atlantic and North Pacific oceans

synonym: fish, trout, salmonid

(1) **salmon** fishery, (2) **salmon** migration

Grilled **salmon** is a popular dish at summer barbecues.

moose

 a large deer native to the northern forests of North America and Eurasia

synonym: elk, deer, antelope

(1) **moose** hunting, (2) **moose** population

The antlers of a bull **moose** can grow up to 6 feet in width and weigh over 60 pounds.

equip

 to provide a person or a place with the things that are needed for a particular purpose or activity

synonym: prepare, furnish, provide

(1) **equip** an army, (2) **equip** our children with some special skills

The construction company **equipped** the building with an earthquake-resistant device.

operator

 a person who uses and controls machinery or equipment; a mathematical symbol used to perform calculations

synonym: controller, handler, manipulator

(1) **operator** error, (2) an elevator **operator**

The **operator** of the machine must follow strict safety protocols.

racism

 prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym: prejudice, discrimination, bias

systemic racism,
 research on anti- racism
 school's lack of diversity was a clear indication of the

racism present in the community.

unrelated

adj. having no connection; not belonging to the kinship synonym: irrelevant, unconnected, independent

(1) statistically **unrelated**, (2) an **unrelated** position Excuse me if my question is **unrelated** to the topic.

unfortunately

adv. by bad luck; unluckily

synonym: regrettably, unluckily, alas

(1) **unfortunately** caught in a shower, (2) even more **unfortunately**

The treatments were done but, **unfortunately**, were unsuccessful.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil He is now fighting his **addiction** to drugs.

wildlife

- animals, birds, insects, etc. that grow independently of people and live in natural conditions
- (1) **wildlife** sanctuary, (2) bird and other **wildlife**The conservation area has an abundance of **wildlife**.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties He tried to **overcome** a bad reputation and win the election.

pride

 a feeling of deep pleasure or satisfaction derived from one's achievements

synonym: vanity, conceit, egotism

(1) pride of a company, (2) hide his pride

She took great **pride** in her work, always striving for perfection.

witness

a person who sees something happen, especially a crime or an accident

synonym: onlooker, attestant, bystander

witness of the car accident, (2) a material witness
 The manufacturing industry is witnessing fierce competition.

intergenerational

adj. relating to, involving, or affecting different generations

(1) **intergenerational** conflict, (2) promote **intergenerational** ties

The results of that survey clearly show **intergenerational** differences in attitudes toward LGBTQ.

trauma

 an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic trauma, (2) trauma care

Many civilians have suffered trauma as a result of the war.

colonial

adj. of or relating to a colony (= a territory that is controlled by a more powerful country); to the period of time during which a country or region was a colony

synonym: imperial, immigrant, gregarious

(1) oppressive colonial rule, (2) colonial style

The city has a rich **colonial** history, with many historic buildings and landmarks.

horror

 intense fear or disgust, especially at something shocking or terrifying

synonym: fear, terror, dread

Page 14 / 72

(1) horror movie, (2) horror-struck look

The stories of war crimes filled her with **horror**.

residential

adj. relating to, suitable for, or used for living insynonym: domestic, homely, dwelling

(1) a **residential** district, (2) **residential** property

The city's **residential** area is known for its quiet streets and beautiful homes.

institute

 an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

synonym: academy, university, college

(1) institute a lawsuit, (2) research institutes

This region has many **institutes** offering higher education.

forcibly

adv. done by physical power or violence; against someone's will

synonym: violently, roughly, aggressively

(1) **forcibly** remove, (2) **forcibly** taken into a car

The police officer **forcibly** removed the protesters from the public park.

indoctrinate

v. to teach a person or group of people to accept a set of beliefs uncritically

synonym: brainwash, educate, instruct

(1) **indoctrinate** youth, (2) **indoctrinate** ideology

The government attempted to **indoctrinate** the population with its propaganda.

dominant

adj. more important, influential, or easy to notice than anything else of the same type

synonym: chief, predominant, prevailing

(1) achieve a **dominant** share, (2) **dominant** force Her company soon won a **dominant** market share.

healing

 the process of becoming or making somebody or something well again

synonym: recovery, recuperation, convalescence

(1) natural **healing** ability, (2) part of the **healing** process Each ancient tribe has its **healing** traditions.

nurture

v. to take care of, feed, and protect someone or something while they are growing and developing

synonym: boost, cultivate, enable

nurture love, (2) nurture his talents
 Schools should nurture children's mutual interest spirit.

countless

adj. too numerous to be counted or very manysynonym: innumerable, myriad, numerous

(1) **countless** hours, (2) answer **countless** questions There are **countless** methods for dealing with stress.

mention

- v. to speak or write about something or someone briefly synonym: reference, allude, cite
- (1) **mention** name, (2) **mention** in a report I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

grief

- n. a very great sadness, especially when somebody diessynonym: anguish, desperation, dismay
- (1) have **grief** and sorrow, (2) a lot of **grief** Each person has a unique **grief** experience.

incarceration

- n. the state of being confined in prison or jailsynonym: confinement, imprisonment, detention
- mass incarceration, (2) incarceration rates
 The judge sentenced him to five years of incarceration for embezzlement.

well-being

n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

improvisation

- n. the act of making something up on the spot or creating or performing something without preparationsynonym: spontaneity, ad-lib, extemporization
- (1) **improvisation** on stage, (2) jazz **improvisation** He created a beautiful piece of music using only **improvisation**.

physically

- adv. in a way related to a person's body or appearance rather than their mind
- (1) **physically** and mentally, (2) stay **physically** fit Having a **physically** healthy physique is essential for a great life.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

colon

- n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
- (1) **colon** examination, (2) the **colon** at the end of the sentence

Consumption of vegetables may aid in the prevention of **colon** cancer.

individual

- n. a single person or thing, as distinct from a group synonym: person, being, self
- (1) a private individual, (2) individual freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

vibrant

adj. full of energy, life, and enthusiasm

synonym: animated, dynamic, deep

(1) a city **vibrant** with life, (2) variety of **vibrant** colors A **vibrant** private sector is crucial for economic growth.

continent

one of the earth's large landmasses; (adjective)
 abstaining from your feelings, especially your desire to have sex

synonym: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion Flight across the **continent** was a daring adventure in its day.

stretch

 to make or be capable of making anything longer or broader without hurting or breaking

synonym: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

intact

adj. undamaged and complete

synonym: flawless, unchanged, entire

(1) intact brain, (2) intact forestland

Despite the scandals, his reputation remained **intact**.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym: maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

wolverine

- n. a carnivorous mammal native to the Arctic and sub-Arctic regions of North America and Eurasiasynonym: glutton, devil bear, skunk bear
- (1) **wolverine** habitat, (2) reintroduction of **wolverine**The **wolverine** population has declined in many areas due to habitat loss and human activity.

lynx

 a wild cat with tufted ears, native to Eurasia and North America

synonym: feline, wildcat, bobcat

(1) **lynx** habitat, (2) **lynx** population

The Siberian **lynx** is a solitary hunter native to the boreal forests.

songbird

- n. a bird with a musical call, such as a blackbird or thrushsynonym: songster
- (1) migratory **songbird**, (2) tropical **songbird**Federal law protects the majority of **songbirds**.

medicinal

adj. of or relating to the treatment or cure of disease *synonym*: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**The **medicinal** properties of this herb have been known to help with various ailments.

threaten

 to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national

security

Various artificially induced causes are **threatening** our ecosystem.

ambitious

adj. having a great desire to attain achievement, power, or wealth

synonym: enterprising, challenging, earnest

(1) achieve **ambitious** goals, (2) with an **ambitious** eye Their company has been in business for a short time but has **ambitious** goals.

partnership

n. the state of a cooperative relationship between people or groups, especially in business

synonym: alliance, participation, cooperation

(1) **partnership** across the Atlantic, (2) establish a **partnership**

The military **partnership** between the two countries created tension in the international community.

crown

 a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones

synonym: tiara, headdress, royalty

(1) the imperial **crown**, (2) the **crown** and throne The bishop bestowed the golden **crown** on the king.

government

 the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding The federal **government** is planning to increase taxes for the next fiscal year.

span

 the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym: interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**He slightly modified the **span** of training because it was just before a match.

seal

v. to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed

synonym: enclose, shut, close

(1) seal a hole, (2) a fur seal

He **sealed** the letter with hot wax.

watershed

 an area of land that separates rivers that flow to different seas or drainage basins

synonym: divide, separator, boundary

(1) the hydrology of a **watershed**, (2) **watershed** conservation

Watershed management strategies aim to reduce pollution and protect water resources.

beluga

a type of whale found mainly in Arctic and sub-Arctic waters

synonym: white whale, sea canary, beluga sturgeon

(1) beluga sturgeon, (2) beluga caviar

Beluga whales are known for their distinctive white color and vocalizations.

polar

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

synonym: opposing, contrary, contrasting

(1) polar bears, (2) polar regions

Polar animals are graceful and efficient swimmers.

carbon

- a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
- (1) carbon dioxide, (2) carbon emission

Trees absorb **carbon** dioxide and give off oxygen.

storehouse

- n. a large building or room used for storing goodssynonym: warehouse, depository, repository
- (1) **storehouse** supplies, (2) **storehouse** inventory

 The security of a **storehouse** is essential to prevent theft or damage to the stored items.

terrestrial

- adj. of or relating to the Earth; relating to or inhabiting the land or the ground as opposed to the sea or airsynonym: earthy, earthborn, telluric
- (1) **terrestrial** planets, (2) **terrestrial** heat **Terrestrial** longitude is measured in degrees east or west of the Prime Meridian.

ecosystem

- all the plants and living creatures in an area and the way they affect each other and the environment
- (1) marine **ecosystem**, (2) change the **ecosystem**Human conservation efforts often fail unexpectedly because they disturb the balance of the **ecosystem**.

capture

v. to catch a person or an animal and confine them in an area which they cannot escape

synonym: catch, arrest, imprison

(1) **capture** a glimpse, (2) **capture** customers' hearts I was able to **capture** the moment on film.

insure

- v. to provide coverage in the event of loss or damage synonym: protect, guard, safeguard
- (1) **insure** my house against fire, (2) **insure** domestic tranquility

I will **insure** my car before I go on a road trip.

organic

adj. of or derived from biological substance; producing plants and animals for food and other items without the use of synthetic chemicals

synonym:

biological

(1) **organic** soils, (2) eat **organic** food

The kidney is an **organic** component of the body.

decompose

v. to break down or cause to break down over time into simpler substances or elements

synonym: break down, rot, spoil

(1) **decompose** matter, (2) **decompose** into simpler molecules

After the earthquake, many of the buildings in the city were left in ruins and began to **decompose**.

soil

- n. the top layer of Earth in which plants grow synonym: earth, ground, mud
- (1) **soils** retentive of moisture, (2) parched **soil Soil** moisture is another significant component controlling soil respiration.

tropical

adj. originating in, located in, or characteristic of the tropicssynonym: equatorial, tropic

(1) **tropical** cyclones, (2) **tropical** islands **Tropical** storm Marco is making his way along the coast of Florida.

hectare

- n. a unit of area equal to 10,000 square meters
- (1) **hectare** land, (2) housing per **hectare**The farm spans over 100 **hectares** of land.

equivalent

- n. having the same value, quality, meaning, purpose, etc.synonym: equal, counterpart, match
- (1) **equivalent** amounts, (2) **equivalent** in meaning The European Central Bank is Europe's **equivalent** of the Federal Reserve.

greenhouse

 a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in synonym: conservatory

(1) exotic plants in a **greenhouse**, (2) emissions of **greenhouse** gases

The **greenhouse** effect is a phenomenon that happens naturally.

emission

- n. the act of production or sending out gas, heat, light, etc.synonym: emanation, radiation, discharge
- (1) global **emissions** of greenhouse gases, (2) the **emission** of light

There are five distinct **emissions** at five unique wavelengths.

nickel

 a silver-white metallic element with the symbol Ni, used in many alloys and as a coin; a United States coin worth one-twentieth of a dollar

synonym: metal, coin, alloy

(1) **nickel** ore, (2) **nickel** plate

The **nickel** in my pocket jingled as I walked.

bay

a part of the coast that is partially enclosed by land; a compartment or section of a ship or building

synonym: inlet, cove, gulf

(1) bay area, (2) the mouth of a bay

She walked along the **bay** and collected shells.

consent

permission or agreement to do something, especially given by somebody in authority

synonym: approval, authorization, concession

(1) **consent** for surgery, (2) give silent **consent**

She gave her **consent** to the company's proposal.

adverse

adj. unfavorable or harmfulsynonym: hostile, detrimental, unfavorable

(1) adverse circumstances, (2) adverse reaction

The **adverse** weather conditions forced us to cancel the outdoor event.

maximum

adj. the largest or greatest amount or value attainable or attained

synonym: peak, top, highest

(1) maximum limit, (2) the maximum speed

The **maximum** temperature recorded this summer was higher than average.

giant

adj. enormous; much bigger or more important than similar items usually are

synonym: big, gigantic, huge

(1) giant trees, (2) giant tech company

The **giant** jets gradually dominate the world's airlines.

ripple

 a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

synonym: wave, undulation, fluctuation

a ripple of laughter,
 ripple in the water
 Many businesses felt the ripple effect of the economy's

decline.

tradition

 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

contribute

- v. to give something, especially money or goods, to provide or achieve something together with other people
 synonym: donate, devote, commit
- (1) **contribute** a large sum of money to the fund,
- (2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

specifically

adv. only associated with or meant for one thingsynonym: especially, particularly, notably

(1) designed **specifically** for men, (2) for **specifically** American customers

This ad campaign is aimed **specifically** at young women.

uplift

 the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits

synonym: upthrust, upheaval, (verb) raise

(1) uplift mountains, (2) uplift my spirit

The **uplift** in the stock market has been a relief to investors.

vision

 the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

a prodigious vision,
 telescopic vision
 difficult for me because of my poor vision.

deserve

v. to be worthy of or entitled to something, especially something good or valuable

synonym: merit, earn, justify

(1) deserve respect, (2) deserve this prize

The employee **deserved** the promotion for their hard work and dedication.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

ancestor

- n. a person from whom one is descended; a forefathersynonym: forebear, forefather, progenitor
- (1) ancestor language, (2) earliest human ancestorMy remote ancestor immigrated to the United States from

Page 26 / 72

Ireland in the 1800s.

blend

- v. to mix or combine two or more substances synonym: combine, mix, intermingle
- (1) **blend** all the elements, (2) **blend** milk and cream The toad altered its appearance to better **blend** in with its new environments.

modern

adj. of or belonging to the present time or recent times synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society Their headquarters are in a **modern** skyscraper.

Session 2: Spelling

share my in____ts

5. st___ng innovation

8. a ri e of laughter

natural he___g ability

means to co ve energy

res____le for a customer service

research on anti-ra m

3.

4.

6.

7.

9.

1. do____nt force adj. more important, influential, or easy to notice than anything else of the same type

2. hi___y system n. a main road, especially one connecting major towns or cities

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

adj. attractive and distinctive enough to draw notice; exceedingly appealing, frequently in an odd manner

n. the process of becoming or making somebody or something well again

v. to protect something, especially the natural environment or culture, from change, damage, or destruction

 a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind

adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 1. dominant, 2. highway, 3. insight, 4. racism, 5. striking, 6. healing, 7. conserve, 8. ripple, 9. responsible

ANSWERS: 10. ambitious, 11. crisis, 12. highway, 13. organic, 14. biodiversity, 15. parliament, 16. nation, 17. equip, 18. crown

19. tr rm an education system to change in outward structure or looks; ν. 20. th___en a healthy relationship to utter intentions of injury or ν. punishment against someone 21. tr___a care an emotional wound or shock often has n. long-lasting effects caused by a highly upsetting or shocking experience 22. statistically un____ed adj. having no connection; not belonging to the kinship 23. the tu I of the war a state of great disturbance, confusion, or uncertainty, often marked by intense activity or strong emotions the quality of being wise, or the ability to 24. wi m literature n. use your knowledge and experience to make sensible decisions 25. share of a mu I fund adj. common to or shared by two or more parties 26. wi fe sanctuary animals, birds, insects, etc. that grow n. independently of people and live in natural conditions 27. imp____ion on stage the act of making something up on the n. spot or creating or performing something without preparation the entire length of something, such as 28. the s__n of a bird's wings n. time or space from beginning to end; the amount of space that something covers 29. a seafaring na___n a large organized community of people living in a particular country or region

ANSWERS: 19. transform, 20. threaten, 21. trauma, 22. unrelated, 23. turmoil, 24. wisdom, 25. mutual, 26. wildlife, 27. improvisation, 28. span, 29. nation

and having a particular culture

30. he e land a unit of area equal to 10,000 square n. meters 31. a prodigious vi___n the ability to think about or see the future with imagination and intelligence; the faculty of being able to see 32. the average life s__n the entire length of something, such as n. time or space from beginning to end; the amount of space that something covers 33. tr___al cyclones adj. originating in, located in, or characteristic of the tropics 34. hear customer's voices fi nd adv. from the source; directly; (adjective) received directly from a source 35. de____e this prize to be worthy of or entitled to something, ν. especially something good or valuable 36. a profound in____t the ability to gain an accurate and deep n. understanding of people or situations; an accurate and deep understanding of what something is like to choose someone for a specific 37. el t the school board ν. position by voting for them; to decide or choose to do something 38. su ed release medication adj. lasting for a long time or continuing for a long time without becoming weaker or less intense a bird with a musical call, such as a 39. tropical so____rd blackbird or thrush 40. in t in stocks to put money, effort, time, etc. into ν. something to make a profit or achieve a

ANSWERS: 30. hectare, 31. vision, 32. span, 33. tropical, 34. firsthand, 35. deserve, 36. insight, 37. elect, 38. sustained, 39. songbird, 40. invest

result

- v. to supply enough of what somebody or something needs to survive or exist; to accept as valid
- an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

ANSWERS: 41. relation, 42. witness, 43. acknowledge, 44. evolve, 45. addiction, 46. government, 47. harsh, 48. planet, 49. sustain, 50. trauma

50. psychic tr a

51.	ovme all difficulties	<i>v</i> .	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
52.	teral heat	adj.	of or relating to the Earth; relating to or inhabiting the land or the ground as opposed to the sea or air
53.	unal disaster	adj.	not in accordance with the normal or natural order or not normal, typical, or expected
54.	a lot of grf	n.	a very great sadness, especially when somebody dies
55.	pre-mon agricultural society	adj.	of or belonging to the present time or recent times
56.	coal swimming pool	adj.	belonging to or used by a group rather than individuals; for common use
57.	adt as needed	<i>v</i> .	to make fit for or change to suit a new purpose or environment
58.	int capital	ν.	to put money, effort, time, etc. into something to make a profit or achieve a result
59.	medical I_b	n.	a workplace for the conduct of scientific research; a laboratory
60.	the ecy of the island	n.	the study of the relationships between living organisms, including humans, and their physical environment
61.	tery in charge	n.	an area under the control of a ruler or state
62.	Ix population	n.	a wild cat with tufted ears, native to Eurasia and North America

ANSWERS: 51. overcome, 52. terrestrial, 53. unnatural, 54. grief, 55. modern, 56. communal, 57. adapt, 58. invest, 59. lab, 60. ecology, 61. territory, 62. lynx

Vocab-Builder Ref from "Valérie Courtois: How Indigenous guardians protect the planet and humanity | TED Talk" (144 words)

ANSWERS: 72. improvisation, 73. pride, 74. accident, 75. specifically, 76. turmoil, 77. biodiversity, 78. landscape, 79. equip, 80. essential, 81. evolve

ANSWERS: 82. ecology, 83. forcibly, 84. wisdom, 85. colleague, 86. colon, 87. communal, 88. climate, 89. incarceration, 90. countless, 91. salmon, 92. boreal

taiga

93. bea caviar	n.	a type of whale found mainly in Arctic and sub-Arctic waters
94. men name	v.	to speak or write about something or someone briefly
95. equnt amounts	n.	having the same value, quality, meaning, purpose, etc.
96. aspon into the lungs	n.	a strong desire to achieve something; the action or process of drawing breath
97. loe a tumor	<i>v</i> .	to specify or determine the exact position of someone or something
98. treat this devng disease	adj.	causing a great deal of destruction or damage
99. ine domestic tranquility	<i>v</i> .	to provide coverage in the event of loss or damage
100. stose supplies	n.	a large building or room used for storing goods
101. a tron of a culture	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
102. ovme opponents	v.	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
103. indus peoples	adj.	someone or something that is native to or occurring naturally in a particular place
104. funal rights	adj.	forming an essential base or core from which everything else develops or is affected

ANSWERS: 93. beluga, 94. mention, 95. equivalent, 96. aspiration, 97. locate, 98. devastating, 99. insure, 100. storehouse, 101. tradition, 102. overcome, 103. indigenous, 104. fundamental

ANSWERS: 105. healing, 106. adapt, 107. planet, 108. crown, 109. greenhouse, 110. unnatural, 111. terrestrial, 112. harmony, 113. sustain, 114. heal

ν.

well again

114. h I the hurt mind

to make a wound or injury to become

115. meal chemistry	adj.	of or relating to the treatment or cure of disease
116. loe a missing pet	<i>v</i> .	to specify or determine the exact position of someone or something
117. b_y area	n.	a part of the coast that is partially enclosed by land; a compartment or section of a ship or building
118. ine my house against fire	<i>v</i> .	to provide coverage in the event of loss or damage
119. foly taken into a car	adv.	done by physical power or violence; against someone's will
120. por bears	adj.	relating to, or close to, the North or South Pole; characterized by complete opposites
121. conte to society	ν.	to give something, especially money or goods, to provide or achieve something together with other people
122. collaborate with coues	n.	one of a group of a coworker, especially in a profession or a business
123. indus crop	adj.	someone or something that is native to or occurring naturally in a particular place
124. resle action	adj.	answerable or accountable for something within one's power, control, or management
125. the hydrology of a waed	n.	an area of land that separates rivers that flow to different seas or drainage basins
126. emissions of grese gases	n.	a building with walls and roof made chiefly of transparent material, such as glass, for growing plants in

ANSWERS: 115. medicinal, 116. locate, 117. bay, 118. insure, 119. forcibly, 120. polar, 121. contribute, 122. colleague, 123. indigenous, 124. responsible, 125. watershed, 126. greenhouse

127. cau herd	n.	a large North American deer that is found in Arctic and sub-Arctic regions
128. inte a lawsuit	n.	an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
129. a city vit with life	adj.	full of energy, life, and enthusiasm
130. have devng effects	adj.	causing a great deal of destruction or damage
131. designed spelly for men	adv.	only associated with or meant for one thing
132. reintroduce cau	n.	a large North American deer that is found in Arctic and sub-Arctic regions
133. souck album	n.	the recorded audio that accompanies a movie, television program, or video game
134. sual ability	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
135. resal property	adj.	relating to, suitable for, or used for living in
136. chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
137. bld all the elements	<i>v</i> .	to mix or combine two or more substances
138. cont urinary diversion	n.	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

ANSWERS: 127. caribou, 128. institute, 129. vibrant, 130. devastating, 131. specifically, 132. caribou, 133. soundtrack, 134. survival, 135. residential, 136. environment, 137. blend, 138. continent

139. ade circumstances	adj.	unfavorable or harmful
140. ade reaction	adj.	unfavorable or harmful
141. cae customers' hearts	<i>v</i> .	to catch a person or an animal and confine them in an area which they cannot escape
142. a peaceful lape	n.	an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
143. change the ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment
144. men in a report	<i>v</i> .	to speak or write about something or someone briefly
145. the runner's pe	n.	the speed at which someone or something moves, or the rate at which something happens or changes
146. housing per hee	n.	a unit of area equal to 10,000 square meters
147. the mam speed	adj.	the largest or greatest amount or value attainable or attained
148. on bef of our management	n.	represent; advantage, benefit, the interest of someone
149. a cold cle	n.	the weather in a particular location averaged over some long period
150. hor our ancestors	n.	high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 139. adverse, 140. adverse, 141. capture, 142. landscape, 143. ecosystem, 144. mention, 145. pace, 146. hectare, 147. maximum, 148. behalf, 149. climate, 150. honor

151. mo	e population	n.	a large deer native to the northern forests of North America and Eurasia
152. por	regions	adj.	relating to, or close to, the North or South Pole; characterized by complete opposites
153. a ga_	y of famous actors	n.	an independent group of stars, interstellar gas, dark matter, etc., in the universe, bound together by gravity
154. bird a	nd other wife	n.	animals, birds, insects, etc. that grow independently of people and live in natural conditions
155. in	t forestland	adj.	undamaged and complete
156. the at	t to rescue the hostages	n.	an act or effort of trying to do something, especially something difficult
157. mil	um bottle of wine	n.	a span of 1000 years, or the 1000th anniversary (plural: millennia)
158. past r	milum	n.	a span of 1000 years, or the 1000th anniversary (plural: millennia)
159. the co	on at the end of the nce	n.	the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
160. su	_al food	n.	the state of continuing to exist or live, frequently in the face of difficulty or danger
161. wi	s of the car accident	n.	a person who sees something happen,

ANSWERS: 151. moose, 152. polar, 153. galaxy, 154. wildlife, 155. intact, 156. attempt, 157. millennium, 158. millennium, 159. colon, 160. survival, 161. witness

especially a crime or an accident

170. ind____ate youth

v. to teach a person or group of people to accept a set of beliefs uncritically

171. a fur s | I

172. telescopic vi n

- v. to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
- the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 162. extreme, 163. blend, 164. attempt, 165. intergenerational, 166. watershed, 167. nurture, 168. decompose, 169. nickel, 170. indoctrinate, 171. seal, 172. vision

ANSWERS: 173. government, 174. relation, 175. strategy, 176. cabinet, 177. soundtrack, 178. conduct, 179. galaxy, 180. cabinet, 181. homeland, 182. aspiration

the action or process of drawing breath

 a person who uses and controls machinery or equipment; a mathematical symbol used to perform calculations

ANSWERS: 183. struggle, 184. bay, 185. capture, 186. incarceration, 187. well-being, 188. parliament, 189. colonial, 190. addiction, 191. transform, 192. operator

193. mor the data carefully	v.	to observe, check, and track the progress or quality of something over a period of time
194. establish a parip	n.	the state of a cooperative relationship between people or groups, especially in business
195. dee respect	<i>v</i> .	to be worthy of or entitled to something, especially something good or valuable
196. gi_t trees	adj.	enormous; much bigger or more important than similar items usually are
197. a private indal	n.	a single person or thing, as distinct from a group
198. hor-struck look	n.	intense fear or disgust, especially at something shocking or terrifying
199. hond pride	n.	a place regarded as one's native country or where one belongs
200. womanly hor	n.	high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
201. coze for cultivation	<i>v</i> .	to establish a colony in or on a specific place; to settle or occupy in large numbers
202. mor an exam	v.	to observe, check, and track the progress or quality of something over a period of time
203. cove coal resources	<i>v</i> .	to protect something, especially the natural environment or culture, from

ANSWERS: 193. monitor, 194. partnership, 195. deserve, 196. giant, 197. individual, 198. horror, 199. homeland, 200. honor, 201. colonize, 202. monitor, 203. conserve

change, damage, or destruction

204. hor movie	n.	intense fear or disgust, especially at something shocking or terrifying
205. the common hd	n.	a group of animals of the same type that live or are kept together as livestock
206. acquire tery	n.	an area under the control of a ruler or state
207. migratory sord	n.	a bird with a musical call, such as a blackbird or thrush
208. sth a story	<i>v</i> .	to make or be capable of making anything longer or broader without hurting or breaking
209. even more unfely	adv.	by bad luck; unluckily
210. global emons of greenhouse gases	n.	the act of production or sending out gas, heat, light, etc.
211. wone habitat	n.	a carnivorous mammal native to the Arctic and sub-Arctic regions of North America and Eurasia
212. dee a question	<i>v</i> .	to make up someone's mind about something; to come to a conclusion or judgment after considering options
213. a sense of welng	n.	the state of being happy and healthy and prosperous
214. I_b instrument	n.	a workplace for the conduct of scientific research; a laboratory
215. give silent cot	n.	permission or agreement to do something, especially given by somebody in authority

ANSWERS: 204. horror, 205. herd, 206. territory, 207. songbird, 208. stretch, 209. unfortunately, 210. emission, 211. wolverine, 212. decide, 213. well-being, 214. lab, 215. consent

216. achieve a dont share	adj.	more important, influential, or easy to notice than anything else of the same type
217. Ix habitat	n.	a wild cat with tufted ears, native to Eurasia and North America
218. achieve amus goals	adj.	having a great desire to attain achievement, power, or wealth
219. phyly and mentally	adv.	in a way related to a person's body or appearance rather than their mind
220. fuI a contract	<i>v</i> .	to meet the requirements or expectations; to achieve or realize
221. conduct find research	adv.	from the source; directly; (adjective) received directly from a source
222. san fishery	n.	a type of fish that is commonly found in the North Atlantic and North Pacific oceans
223. stose inventory	n.	a large building or room used for storing goods
224. at your own pe	n.	the speed at which someone or something moves, or the rate at which something happens or changes
225. stay phyly fit	adv.	in a way related to a person's body or appearance rather than their mind
226. sls retentive of moisture	n.	the top layer of Earth in which plants grow
227. an uned position	adj.	having no connection; not belonging to the kinship
228. anor language	n.	a person from whom one is descended; a forefather

ANSWERS: 216. dominant, 217. lynx, 218. ambitious, 219. physically, 220. fulfill, 221. firsthand, 222. salmon, 223. storehouse, 224. pace, 225. physically, 226. soil, 227. unrelated, 228. ancestor

- 229. ca___n dioxide
- 230. nu____e his talents
- 231. on his own be___f
- 232. ma____m limit
- 233. pr_e of a company
- 234. break a ha____y
- 235. mo e hunting
- 236. st___ng evidence
- 237. up t my spirit
- 238. eat or___c food

- a chemical element that can be found in pure form as diamond or graphite, and it is also an essential part of coal and oil and is found in all plants and animals
- v. to take care of, feed, and protect someone or something while they are growing and developing
- n. represent; advantage, benefit, the interest of someone
- adj. the largest or greatest amount or value attainable or attained
- a feeling of deep pleasure or satisfaction derived from one's achievements
- n. the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties
- n. a large deer native to the northern forests of North America and Eurasia
- adj. attractive and distinctive enough to draw notice; exceedingly appealing, frequently in an odd manner
- the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
- adj. of or derived from biological substance; producing plants and animals for food and other items without the use of synthetic chemicals

ANSWERS: 229. carbon, 230. nurture, 231. behalf, 232. maximum, 233. pride, 234. harmony, 235. moose, 236. striking, 237. uplift, 238. organic

239. int brain	adj.	undamaged and complete
240. conte a large sum of money to the fund	<i>v</i> .	to give something, especially money or goods, to provide or achieve something together with other people
241. have grf and sorrow	n.	a very great sadness, especially when somebody dies
242. promote intnal ties	adj.	relating to, involving, or affecting different generations
243. indal freedom	n.	a single person or thing, as distinct from a group
244. the inland of a cont	n.	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
245. bol ecosystem	adj.	relating to the Northern Hemisphere or relating to the northern forests called taiga
246. traditional meal	adj.	of or relating to the treatment or cure of disease
247. dee on a course of action	v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
248. cot for surgery	n.	permission or agreement to do something, especially given by somebody in authority
249. nil plate	n.	a silver-white metallic element with the symbol Ni, used in many alloys and as a coin; a United States coin worth one-twentieth of a dollar

ANSWERS: 239. intact, 240. contribute, 241. grief, 242. intergenerational, 243. individual, 244. continent, 245. boreal, 246. medicinal, 247. decide, 248. consent, 249. nickel

250. cot research	<i>v</i> .	to organize and carry out a particular activity
251. variety of vit colors	adj.	full of energy, life, and enthusiasm
252. muI efforts	adj.	common to or shared by two or more parties
253. hl a broken bone	<i>v</i> .	to make a wound or injury to become well again
254. military stgy	n.	a detailed plan of action designed to achieve a long-term or overall goal.
255. reintroduction of wone	n.	a carnivorous mammal native to the Arctic and sub-Arctic regions of North America and Eurasia
256. sued economic growth	adj.	lasting for a long time or continuing for a long time without becoming weaker or less intense
257. git tech company	adj.	enormous; much bigger or more important than similar items usually are
258. cause an acnt	n.	an unfortunate event, especially one causing damage or injury
259. upt mountains	n.	the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
260. funal education	adj.	forming an essential base or core from which everything else develops or is affected
261. a resal district	adj.	relating to, suitable for, or used for living in
262. th en national security	<i>v</i> .	to utter intentions of injury or

ANSWERS: 250. conduct, 251. vibrant, 252. mutual, 253. heal, 254. strategy, 255. wolverine, 256. sustained, 257. giant, 258. accident, 259. uplift, 260. fundamental, 261. residential, 262. threaten

punishment against someone

ANSWERS: 263. struggle, 264. carbon, 265. operator, 266. countless, 267. extreme, 268. racism, 269. partnership, 270. beluga, 271. colonial

272.	unfely caught in a shower	adv.	by bad luck; unluckily
273.	coze planets	<i>v</i> .	to establish a colony in or on a specific place; to settle or occupy in large numbers
274.	indate ideology	<i>v</i> .	to teach a person or group of people to accept a set of beliefs uncritically
275.	earliest human anor	n.	a person from whom one is descended; a forefather
276.	marine ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment
277.	rie in the water	n.	a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
278.	mon poetry	adj.	of or belonging to the present time or recent times
279.	tral islands	adj.	originating in, located in, or characteristic of the tropics
280.	equnt in meaning	n.	having the same value, quality, meaning, purpose, etc.
281.	financial crs	n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
282.	sth along the coast	v.	to make or be capable of making anything longer or broader without hurting or breaking
283.	elt death	<i>v</i> .	to choose someone for a specific position by voting for them; to decide or choose to do something

ANSWERS: 272. unfortunately, 273. colonize, 274. indoctrinate, 275. ancestor, 276. ecosystem, 277. ripple, 278. modern, 279. tropical, 280. equivalent, 281. crisis, 282. stretch, 283. elect

- 284. parched s | I
- 285. against tr____on
- 286. s la hole
- 287. the em____on of light
- 288. fu____I a lifetime dream

- n. the top layer of Earth in which plants grow
- a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
- v. to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
- n. the act of production or sending out gas, heat, light, etc.
- v. to meet the requirements or expectations; to achieve or realize

ANSWERS: 284. soil, 285. tradition, 286. seal, 287. emission, 288. fulfill

Session 3: Fill in the Blanks

1. n.	Grilled is a popular dish at summer barbecues. a type of fish that is commonly found in the North Atlantic and North Pacific oceans
	The treatments were done but, were unsuccessful. by bad luck; unluckily
3. n.	He was riding on the sheep during the day. a group of animals of the same type that live or are kept together as livestock
4. n.	The in the stock market has been a relief to investors. the process of raising land to a higher elevation, or the result of this process; (verb) fill with high spirits
	The city's area is known for its quiet streets and beautiful homes. relating to, suitable for, or used for living in
6. v.	He could not against temptation. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
	This ad campaign is aimed at young women. only associated with or meant for one thing
8. n.	I claim on my that it is true. high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
	SWERS: 1. salmon, 2. unfortunately, 3. herd, 4. uplift, 5. residential, 6. struggle, 7. cifically, 8. honor

32	The plants need to be pollinated by local insects.
	someone or something that is native to or occurring naturally in a particular place
33.	I was able to the moment on film.
v.	to catch a person or an animal and confine them in an area which they cannot escape
34.	The population has declined in many areas due to habitat loss and human activity.
n.	a carnivorous mammal native to the Arctic and sub-Arctic regions of North America and Eurasia
35.	Her company soon won a market share.
adj	more important, influential, or easy to notice than anything else of the same type
36.	The security of a is essential to prevent theft or damage to the stored items.
n.	a large building or room used for storing goods
37.	European powers much of the Americas in the 16th and 17th centuries.
v.	to establish a colony in or on a specific place; to settle or occupy in large numbers
38.	The toad altered its appearance to better in with its new environments.
<i>v</i> .	to mix or combine two or more substances
39.	He created a beautiful piece of music using only
n.	the act of making something up on the spot or creating or performing something without preparation
	SWERS: 32. indigenous, 33. capture, 34. wolverine, 35. dominant, 36. storehouse, colonized, 38. blend, 39. improvisation

Vocab-Bu	uilder Ref from "Valérie Courtois: How Indigenous guardians protect the planet and humanity TED Talk" (144 words)
40	whales are known for their distinctive white color and vocalizations.
n.	a type of whale found mainly in Arctic and sub-Arctic waters
41. I	t was the first time for her, but she the role of Priest.
v.	to meet the requirements or expectations; to achieve or realize
	The Chinese word for comprises two characters, one for danger and the other for opportunity.
n.	a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
43.	The federal is planning to increase taxes for the next fiscal year.
n.	the group of people with authority to control a country or state
44. \$	Some herds have been observed to hundreds of kilometers.
ν.	to make or be capable of making anything longer or broader without hurting or breaking
45. ľ	Many businesses felt the effect of the economy's decline.
n.	a small wave on the surface of a liquid, typically caused by an object falling into it or a slight wind
46.	The two plays have many parallels.
adj.	attractive and distinctive enough to draw notice; exceedingly appealing, frequently in an odd manner
47.	The partially destroyed my vehicle.
n.	an unfortunate event, especially one causing damage or injury
	SWERS: 40. Beluga, 41. fulfilled, 42. crisis, 43. government, 44. stretch, 45. ripple, striking, 47. accident

	ly remote immigrated to the United States from Ireland in the 1800s.
	a person from whom one is descended; a forefather he Prime Minister will pay a courtesy visit to the Nobel laureate's
	a workplace for the conduct of scientific research; a laboratory
	longitude is measured in degrees east or west of the Prime leridian.
	of or relating to the Earth; relating to or inhabiting the land or the ground as opposed to the sea or air
	heir company has been in business for a short time but has goals.
	having a great desire to attain achievement, power, or wealth
	he police officer removed the protesters from the public park. done by physical power or violence; against someone's will
	he manager tried to hear customers' voices
	from the source; directly; (adjective) received directly from a source
	private sector is crucial for economic growth. full of energy, life, and enthusiasm
72. FI	light across the was a daring adventure in its day.
	one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
	he community greatly respected and sought after the older adult's the quality of being wise, or the ability to use your knowledge and experience to
	make sensible decisions
	VERS: 65. ancestor, 66. lab, 67. Terrestrial, 68. ambitious, 69. forcibly, 70. and, 71. vibrant, 72. continent, 73. wisdom

ocab-l	Builder Ref from "Valérie Courtois: How Indigenous guardians protect the planet and humanity TED Talk" (144 words
82.	I to him that I had seen his sister at the grocery store earlier that day.
<i>v</i> .	to speak or write about something or someone briefly
83.	Federal law protects the majority of
n.	a bird with a musical call, such as a blackbird or thrush
84.	Schools should children's mutual interest spirit.
v.	to take care of, feed, and protect someone or something while they are growing and developing
85.	I'm going to take the to get to my destination faster.
n.	a main road, especially one connecting major towns or cities
86.	Our world is in the third
n.	a span of 1000 years, or the 1000th anniversary (plural: millennia)
87.	She gave her to the company's proposal.
n.	permission or agreement to do something, especially given by somebody in authority
88.	The military between the two countries created tension in the international community.
n.	the state of a cooperative relationship between people or groups, especially in business
89.	The company experienced financial after the CEO was arrested.
n.	a state of great disturbance, confusion, or uncertainty, often marked by intense activity or strong emotions
	SWERS: 82. mentioned, 83. songbirds, 84. nurture, 85. highway, 86. millennium, consent, 88. partnership, 89. turmoil

90. We are responsible for the care and of all our employees.
n. the state of being happy and healthy and prosperous
91. The antlers of a bull can grow up to 6 feet in width and weigh over 60 pounds.
n. a large deer native to the northern forests of North America and Eurasia
92. The of the machine must follow strict safety protocols.
 a person who uses and controls machinery or equipment; a mathematical symbol used to perform calculations
93. They cooperated for their benefit.
adj. common to or shared by two or more parties
94. Government workers cannot to political campaigns.
v. to give something, especially money or goods, to provide or achieve something together with other people
95. Consumption of vegetables may aid in the prevention of cancer.
n. the punctuation mark (:) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
96. The Siberian is a solitary hunter native to the boreal forests.
n. a wild cat with tufted ears, native to Eurasia and North America
97. The prime minister faced criticism.
adj. severe and unkind; extremely tough and unpleasant to inhabit
ANSWERS: 90. well-being, 91. moose, 92. operator, 93. mutual, 94. contribute, 95. colon, 96. lynx, 97. harsh

98. He	was a member of
	legislative body, especially the one that represents the people of a country or rate
99. The	e jets gradually dominate the world's airlines.
adj. er	normous; much bigger or more important than similar items usually are
100. Hu	uman behavior has characteristics.
	orming an essential base or core from which everything else develops or is frected
	e gained various by analyzing the vast amount of data owned by the mpany.
	ne ability to gain an accurate and deep understanding of people or situations; in accurate and deep understanding of what something is like
102. Pc	olice will random breath testing for drunk driving.
v. to	organize and carry out a particular activity
103. Ev	very human is responsible for taking care of the Earth's
	ne natural world such as air, water, and land in which humans, animals, and lants live
104. He	e walked a road to the railroad.
-	eing everywhere equidistant and not intersecting; of or relating to the multaneous performance of multiple operations
105. Ea	ach person has a unique experience.
n. a	very great sadness, especially when somebody dies
	ERS: 98. parliament, 99. giant, 100. fundamental, 101. insights, 102. conduct, nvironment, 104. parallel, 105. grief

ANSWERS: 122. wildlife, 123. intact, 124. Tropical, 125. carbon, 126. unnatural, 127. monitor, 128. physically, 129. essential, 130. sealed

131. It is a in many families to have a big Thanksgiving dinner with all their relatives.
 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
132. The employee the promotion for their hard work and dedication.
v. to be worthy of or entitled to something, especially something good or valuable
133. The government should view children as national assets and actively in them.
v. to put money, effort, time, etc. into something to make a profit or achieve a result
134. The temperature recorded this summer was higher than average.
adj. the largest or greatest amount or value attainable or attained
135 and weather have an impact on every part of our lifestyles.
n. the weather in a particular location averaged over some long period
136 elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
137. Each ancient tribe has its traditions.
n. the process of becoming or making somebody or something well again
138. The city has a rich history, with many historic buildings and landmarks.
adj. of or relating to a colony (= a territory that is controlled by a more powerful country); to the period of time during which a country or region was a colony
ANSWERS: 131. tradition, 132. deserved, 133. invest, 134. maximum, 135. Climate, 136. Communal, 137. healing, 138. colonial