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## Vocabulary Builder Reference from...

*Ben Gran: Why nurses are key to medical innovation | TED Talk*

[https://www.ted.com/talks/ben\\_gran\\_why\\_nurses\\_are\\_key\\_to\\_medical\\_innovation](https://www.ted.com/talks/ben_gran_why_nurses_are_key_to_medical_innovation)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### sect

*n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

*synonym* : group, faction, cult

(1) **sect** beliefs, (2) secret **sect**

The minority **sect** believed in a set of unconventional religious practices.

### opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym* : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

### innovate

*v.* to introduce new methods, ideas, or products

*synonym* : bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

### intern

*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works,

sometimes for free, to get work experience or to fulfill qualification criteria

*synonym* : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

## **aback**

*adv.* to be very surprised or shocked by somebody or something

*synonym* : surprised, astounded, shocked

(1) flat **aback**, (2) **aback** shock

The sudden news of the merger took me **aback**.

## **egotistical**

*n.* having an inflated view of one's abilities or importance; thinking only about yourself

*synonym* : self-centered, self-absorbed, arrogant

(1) **egotistical** person, (2) **egotistical** behavior

He had an **egotistical** attitude and always wanted to be the center of attention.

## **businessperson**

*n.* a person who is engaged in business, typically as an owner or executive

*synonym* : entrepreneur, executive

(1) a young **businessperson**, (2) **businessperson** network

He was a successful **businessperson** and had much experience in the field.

## **physiotherapist**

*n.* a healthcare professional who helps people affected by injury, illness, or disability through movement and exercise, manual therapy, education, and advice

*synonym* : physical therapist, masseur, muscle specialist

(1) a job as a **physiotherapist**, (2) **physiotherapist** treatment

She visits the **physiotherapist** clinic twice weekly to help her recover from her injury.

## burnout

*n.* the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking

*synonym*: breakdown, exhaustion, fatigue

(1) **burnout** syndrome, (2) mental **burnout**

He suffered from job **burnout** because of hard work.

## amuse

*v.* to entertain or divert the mind; to make someone laugh

*synonym*: entertain, delight, divert

(1) **amuse** a baby with a rattle, (2) **amuse** guests

He **amused** himself by playing video games during his free time.

## mundane

*adj.* very ordinary and therefore lacking interest or excitement

*synonym*: ordinary, everyday, prosaic

(1) **mundane** affairs, (2) **mundane** objects

After returning from the war, he had a pretty **mundane** life.

## frontline

*adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy

*synonym*: battlefield, cutting edge

(1) **frontline** health workers, (2) at the **frontline** of the war

Within days, the new aircraft was in **frontline** service.

## penetrate

*v.* to pass into or through something, often by overcoming resistance

*synonym*: pierce, stab, go through

(1) **penetrate** a cell, (2) **penetrate** quickly into the skin

Western ideology slowly **penetrates** through the eastern countries.

## industrious

*adj.* hardworking, diligent, and persistent in effort

*synonym*: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

## iceberg

*n.* a large piece of ice floating in the sea, detached from a glacier

*synonym*: glacier, ice mass, floe

(1) hit an **iceberg**, (2) **iceberg** melting

The ship encountered a series of **icebergs** and had to change its course.

## extracurricular

*adj.* outside the regular curriculum or program of courses

*synonym*: non-academic, non-curricular, outside

(1) **extracurricular** study, (2) **extracurricular** club

He was heavily involved in **extracurricular** activities and was president of the debate club.

## enrich

*v.* to make better or improve in quality by adding something else

*synonym*: enhance, improve, augment

(1) **enrich** a gas with a balloon, (2) **enrich** public services

Reading not only increases knowledge but also **enriches** life.

## infancy

*n.* the state or period of being a baby or very young child

*synonym*: childhood, babyhood, juvenescence

(1) **infancy** stage, (2) in early **infancy**

The technology is still in its **infancy** and has much room for improvement.

## like-minded

*adj.* having the same ideas or interests

*synonym*: simpatico, kindred-spirited, compatible

(1) find a **like-minded** friend, (2) **like-minded** group

They formed a group of **like-minded** individuals who shared a common goal.

## hackathon

*n.* an event in which computer programmers and others involved in software development collaborate intensively on software projects

*synonym*: coding marathon, software sprint

(1) **hackathon** event, (2) **hackathon** competition

The annual **hackathon** attracted a lot of talented programmers from around the world.

## incubator

*n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

*synonym*: hatchery, brooder, nursery

(1) infant **incubator**, (2) business **incubator** program

The eggs were placed in an artificial **incubator** to ensure proper hatching conditions.

## empower

*v.* to give someone the power or authority to do something

*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## intellect

*n.* the ability to think logically and comprehend information, especially at an advanced level

*synonym*: mind, brightness, cleverness

(1) enrich my **intellect**, (2) human **intellect**

Your **intellect** is capable of distinguishing among similar objects.

## prestige

*n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

*synonym*: honor, distinction, reputation

(1) national **prestige**, (2) **prestige** company

The university has great **prestige** in the academic community.

## overwork

*v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to

fatigue, stress, and illness

*synonym*: overdo, overtax, exhaust

(1) die from **overwork**, (2) **overwork** to compensate  
He **overworked** himself and ended up getting sick.

## underpaid

*adj.* paid less than a fair or reasonable wage

*synonym*: undervalued, under-compensated, under-rewarded

(1) **underpaid** mail, (2) **underpaid** position

Many people believe that they are **underpaid** for the work that they do.

## unappreciated

*adj.* not adequately valued or acknowledged

*synonym*: unvalued, undervalued, unrecognized

(1) an **unappreciated** genius, (2) **unappreciated** effort

She felt **unappreciated** for all the hard work she had put in.

## Session 2: Spelling

1. un\_\_\_\_\_id position *adj.* paid less than a fair or reasonable wage
2. ego\_\_\_\_\_al person *n.* having an inflated view of one's abilities or importance; thinking only about yourself
3. die from ov\_\_\_\_\_rk *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
4. in\_\_\_\_n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
5. un\_\_\_\_\_id mail *adj.* paid less than a fair or reasonable wage
6. bu\_\_\_\_\_t syndrome *n.* the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
7. fr\_\_\_\_\_ne health workers *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
8. em\_\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something
9. national pr\_\_\_\_\_ge *n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

ANSWERS: 1. underpaid, 2. egotistical, 3. overwork, 4. intern, 5. underpaid, 6. burnout, 7. frontline, 8. empower, 9. prestige

10. infant in\_\_\_\_\_or *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses
11. a job as a phy\_\_\_\_\_ist *n.* a healthcare professional who helps people affected by injury, illness, or disability through movement and exercise, manual therapy, education, and advice
12. ov\_\_\_\_\_rk to compensate *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
13. ego\_\_\_\_\_al behavior *n.* having an inflated view of one's abilities or importance; thinking only about yourself
14. ic\_\_\_\_\_g melting *n.* a large piece of ice floating in the sea, detached from a glacier
15. pe\_\_\_\_\_te a cell *v.* to pass into or through something, often by overcoming resistance
16. in\_\_\_\_\_te a new method *v.* to introduce new methods, ideas, or products
17. at the fr\_\_\_\_\_ne of the war *adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy
18. mental bu\_\_\_\_\_t *n.* the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking

ANSWERS: 10. incubator, 11. physiotherapist, 12. overwork, 13. egotistical, 14. iceberg, 15. penetrate, 16. innovate, 17. frontline, 18. burnout



19. business in\_\_\_\_\_or program *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses
20. in\_\_\_\_\_te the quality of his life *v.* to introduce new methods, ideas, or products
21. ind\_\_\_\_\_us worker *adj.* hardworking, diligent, and persistent in effort
22. a young bus\_\_\_\_\_son *n.* a person who is engaged in business, typically as an owner or executive
23. ext\_\_\_\_\_lar study *adj.* outside the regular curriculum or program of courses
24. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
25. hit an ic\_\_\_\_\_g *n.* a large piece of ice floating in the sea, detached from a glacier
26. s\_\_t beliefs *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
27. pr\_\_\_\_\_ge company *n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
28. en\_\_\_\_h a gas with a balloon *v.* to make better or improve in quality by adding something else

ANSWERS: 19. incubator, 20. innovate, 21. industrious, 22. businessperson, 23. extracurricular, 24. opportune, 25. iceberg, 26. sect, 27. prestige, 28. enrich

29. find a lik\_\_\_\_\_ed friend *adj.* having the same ideas or interests
30. em\_\_\_\_\_r my life *v.* to give someone the power or authority to do something
31. am\_\_e guests *v.* to entertain or divert the mind; to make someone laugh
32. pe\_\_\_\_\_te quickly into the skin *v.* to pass into or through something, often by overcoming resistance
33. ext\_\_\_\_\_lar club *adj.* outside the regular curriculum or program of courses
34. una\_\_\_\_\_ted effort *adj.* not adequately valued or acknowledged
35. am\_\_e a baby with a rattle *v.* to entertain or divert the mind; to make someone laugh
36. in early in\_\_\_\_\_y *n.* the state or period of being a baby or very young child
37. lik\_\_\_\_\_ed group *adj.* having the same ideas or interests
38. en\_\_h public services *v.* to make better or improve in quality by adding something else
39. phy\_\_\_\_\_ist treatment *n.* a healthcare professional who helps people affected by injury, illness, or disability through movement and exercise, manual therapy, education, and advice
40. enrich my in\_\_\_\_\_ct *n.* the ability to think logically and comprehend information, especially at an advanced level
41. mu\_\_\_\_\_e affairs *adj.* very ordinary and therefore lacking interest or excitement

ANSWERS: 29. like-minded, 30. empower, 31. amuse, 32. penetrate, 33. extracurricular, 34. unappreciated, 35. amuse, 36. infancy, 37. like-minded, 38. enrich, 39. physiotherapist, 40. intellect, 41. mundane

42. ha\_\_\_\_\_on competition *n.* an event in which computer programmers and others involved in software development collaborate intensively on software projects
43. human in\_\_\_\_\_ct *n.* the ability to think logically and comprehend information, especially at an advanced level
44. flat ab\_\_k *adv.* to be very surprised or shocked by somebody or something
45. ind\_\_\_\_\_us student *adj.* hardworking, diligent, and persistent in effort
46. medical in\_\_\_n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
47. mu\_\_\_\_\_e objects *adj.* very ordinary and therefore lacking interest or excitement
48. bus\_\_\_\_\_son network *n.* a person who is engaged in business, typically as an owner or executive
49. ha\_\_\_\_\_on event *n.* an event in which computer programmers and others involved in software development collaborate intensively on software projects
50. secret s\_\_t *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

ANSWERS: 42. hackathon, 43. intellect, 44. aback, 45. industrious, 46. intern, 47. mundane, 48. businessperson, 49. hackathon, 50. sect

51. in\_\_\_\_y stage *n.* the state or period of being a baby or very young child
52. ab\_\_k shock *adv.* to be very surprised or shocked by somebody or something
53. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
54. an una\_\_\_\_\_ted genius *adj.* not adequately valued or acknowledged

ANSWERS: 51. infancy, 52. aback, 53. opportune, 54. unappreciated

## Session 3: Fill in the Blanks

1. She felt \_\_\_\_\_ for all the hard work she had put in.  
*adj.* not adequately valued or acknowledged
2. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.  
*v.* to give someone the power or authority to do something
3. Companies developing self-driving cars consistently \_\_\_\_\_ the emerging technologies.  
*v.* to introduce new methods, ideas, or products
4. The university has great \_\_\_\_\_ in the academic community.  
*n.* respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
5. The technology is still in its \_\_\_\_\_ and has much room for improvement.  
*n.* the state or period of being a baby or very young child
6. After returning from the war, he had a pretty \_\_\_\_\_ life.  
*adj.* very ordinary and therefore lacking interest or excitement
7. Many people believe that they are \_\_\_\_\_ for the work that they do.  
*adj.* paid less than a fair or reasonable wage
8. Within days, the new aircraft was in \_\_\_\_\_ service.  
*adj.* in the most critical or dangerous position; in the military line or part of an army closest to the enemy

ANSWERS: 1. unappreciated, 2. empowered, 3. innovate, 4. prestige, 5. infancy, 6. mundane, 7. underpaid, 8. frontline

9. He was a successful \_\_\_\_\_ and had much experience in the field.  
*n.* a person who is engaged in business, typically as an owner or executive
10. Western ideology slowly \_\_\_\_\_ through the eastern countries.  
*v.* to pass into or through something, often by overcoming resistance
11. Reading not only increases knowledge but also \_\_\_\_\_ life.  
*v.* to make better or improve in quality by adding something else
12. They formed a group of \_\_\_\_\_ individuals who shared a common goal.  
*adj.* having the same ideas or interests
13. The ship encountered a series of \_\_\_\_\_ and had to change its course.  
*n.* a large piece of ice floating in the sea, detached from a glacier
14. He was known to be very \_\_\_\_\_ and would often work late into the night.  
*adj.* hardworking, diligent, and persistent in effort
15. The annual \_\_\_\_\_ attracted a lot of talented programmers from around the world.  
*n.* an event in which computer programmers and others involved in software development collaborate intensively on software projects
16. He suffered from job \_\_\_\_\_ because of hard work.  
*n.* the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
17. The eggs were placed in an artificial \_\_\_\_\_ to ensure proper hatching conditions.  
*n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

ANSWERS: 9. businessperson, 10. penetrates, 11. enriches, 12. like-minded, 13. icebergs, 14. industrious, 15. hackathon, 16. burnout, 17. incubator

18. He \_\_\_\_\_ himself by playing video games during his free time.

*v.* to entertain or divert the mind; to make someone laugh

19. The minority \_\_\_\_\_ believed in a set of unconventional religious practices.

*n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

20. She visits the \_\_\_\_\_ clinic twice weekly to help her recover from her injury.

*n.* a healthcare professional who helps people affected by injury, illness, or disability through movement and exercise, manual therapy, education, and advice

21. The phone rang at the most \_\_\_\_\_ time.

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

22. The navy \_\_\_\_\_ ships of defeated nations.

*v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

23. He had an \_\_\_\_\_ attitude and always wanted to be the center of attention.

*n.* having an inflated view of one's abilities or importance; thinking only about yourself

24. Your \_\_\_\_\_ is capable of distinguishing among similar objects.

*n.* the ability to think logically and comprehend information, especially at an advanced level

ANSWERS: 18. amused, 19. sect, 20. physiotherapist, 21. opportune, 22. interned, 23. egotistical, 24. intellect

25. The sudden news of the merger took me \_\_\_\_\_.

*adv.* to be very surprised or shocked by somebody or something

26. He \_\_\_\_\_ himself and ended up getting sick.

*v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness

27. He was heavily involved in \_\_\_\_\_ activities and was president of the debate club.

*adj.* outside the regular curriculum or program of courses

ANSWERS: 25. aback, 26. overworked, 27. extracurricular