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Vocabulary Builder Reference from...

KC Davis: How to do laundry when you're depressed | TED Talk https://www.ted.com/talks/kc_davis_how_to_do_laun dry_when_you_re_depressed_jan_2022



All Words

IMPORTANT

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Session 1: Word List

suicide	 n. the act of killing yourself intentionally synonym: self-destruction, self-annihilation, felo-de-se (1) commit suicide, (2) suicide attack In an economically prosperous country, most male suicide is due to child support problems.
odd	 <i>adj.</i> strange or unexpected; not divisible by two <i>synonym</i>: strange, bizarre, abnormal (1) in an odd way, (2) odd behavior His grandfather was an odd man.
interior	 n. the inside or inner part of something; the space within the walls of a building synonym: inner, inside, internal
	(1) interior decoration, (2) plenty of interior space
	The painter focused on the moody interiors of abandoned buildings in his work.
influencer	 n. a person or thing that affects or changes someone's or something's behavior, especially a person with the ability to affect potential buyers of a product or service through recommendations on social media synonym: tastemaker, bellwether

	(1) high-profile influencer, (2) influencer marketing
	My team measures the effectiveness of advertising with social media influencers .
therapy	 n. the act of caring for someone through medication, remedial training, etc. synonym: antidote, medicine, treatment
	(1) therapy for a patient, (2) field of gene therapy
	I underwent aversion therapy for my addiction to alcohol.
postpartum	 adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth synonym: afterbirth, postnatal, postdelivery
	(1) postpartum workout, (2) lose postpartum belly fat
	Many women experience postpartum depression after giving birth.
anxiety	<i>n.</i> a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
	synonym: concern, dread, agita
	(1) diagnosis of anxiety disorder, (2) anxiety for knowledge
	She waited for her daughter with anxiety .
meticulous	<i>adj.</i> cautious and precise; paying great attention to detail <i>synonym</i> : careful, precise, thorough
	(1) take meticulous notes, (2) a meticulous carpenter
	She is known for her meticulous attention to detail in her
	work.
rotate	 v. to turn around a central point or axis; to move in a circular path around something
	synonym: turn, revolve, spin
	(1) rotate crops, (2) rotate about the origin
	The Earth rotates on its axis once every 24 hours.

shift	<i>n.</i> a slight transition in position, direction, or trend <i>synonym</i> : transition, change, modification
	(1) Doppler shift , (2) major paradigm shift
	Could you help me shift some furniture?
crew	 <i>n</i>. a group of people who work together, especially on a ship or airplane <i>synonym</i>: team, group, squad
	(1) the film crew , (2) the crew of a fishing boat
	The ship's crew worked hard to repair the damaged sails
	before the next storm hit.
toddler	<i>n.</i> a young child who has recently learned to walk <i>synonym</i> : child, infant, youngster
	(1) an active toddler , (2) toddler in nappy
	A toddler needs constant supervision and firm control.
preschool	<i>adj.</i> relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
	synonym: nursery, kindergarten, daycare
	(1) preschool education, (2) during preschool years
	My old school's preschool program was well-regarded and had an excellent reputation.
lockdown	<i>n.</i> an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
	(1) go on lockdown, (2) lockdown area
	The country's prime minister has decided to implement a
	nationwide lockdown measure.
disappear	v. to cease to exist or be visiblesynonym: fade, evaporate, vanish
	(1) disappear without a trace, (2) disappear after a week
	They watched the train disappear into the distance.

blur	 <i>n</i>. a faint or indistinct image or sound; something that is not clear or distinct; (verb) to become unclear; to lose clear vision <i>synonym</i>: smudge, smear, fuzz
	(1) blur image, (2) motion blur
	The camera's focus was off, and the image was a blur of
	colors and shapes.
breastfeeding	 n. the act of feeding a baby with milk produced by the mother's breasts synonym: nursing, lactation, suckling
	(1) breastfeeding mother, (2) breastfeeding support
	Getting the hang of breastfeeding at first can be challenging, but with patience and practice, it gets easier.
difficulty	<i>n.</i> a condition or state that causes problems <i>synonym</i> : hardship, complication, problem
	 (1) the degree of difficulty, (2) difficulty in breathing He has difficulty exercising because of a back injury sustained in an accident.
meltdown	 n. a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically synonym: collapse, disaster, failure
	(1) meltdown disaster, (2) economic meltdown
	The nuclear meltdown in the country was a disaster with
	far-reaching consequences.
depression	<i>n.</i> a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
	synonym: recession, slump, despair
	(1) the Great Depression , (2) the root problem of her
	depression
	Depression symptoms might include a decrease in appetite

and weight loss.

laundry	 n. the act of washing clothes and linens; a room or area where clothes are washed and ironed synonym: wash, clothes, linen
	(1) send out the laundry, (2) laundry room
	I need to do the laundry before I run out of clean clothes.
pile	 <i>n</i>. a collection of objects positioned one on top of another; a large sum of something, such as money <i>synonym</i>: accumulation, heap, stack
	(1) a sand pile , (2) the height of a pile
	After the party, they had to clean up piles of dirty dishes.
impressive	<i>adj.</i> arousing admiration due to size, quality, or skill <i>synonym</i> : impactful, remarkable, exceptional
	(1) impressive performances, (2) an impressive array of facts
	The budget reduction was an impressive feat for our nation.
decide	 v. to make up someone's mind about something; to come to a conclusion or judgment after considering options synonym: choose, determine, settle
	(1) decide a question, (2) decide on a course of action
	She couldn't decide whether to order the pizza or the pasta
	for dinner.
disaster	 <i>n.</i> an unexpected event or series of events that cause widespread damage, destruction, or loss of life <i>synonym</i>: catastrophe, calamity, tragedy
	(1) global disaster , (2) disaster recovery
	The disaster response team worked around the clock to aid
	those affected by the earthquake.
clutter	<i>n.</i> to fill a room or place with so many items that it becomes messy
	synonym: mess, chaos, jumble

	(1) in a clutter, (2) clear desk clutterHe accused the tenants of leaving clutter and breaking the security camera.
sting	 v. to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick synonym: bite, prick, poke
	(1) sting me on the arm, (2) sting his faceBees sting as a defense mechanism when they feel threatened.
glutton	 <i>n.</i> a person who eats and drinks excessively <i>synonym</i>: pig, hog, gourmand (1) glutton appetite, (2) glutton for work He was called a glorified glutton because he always ate more food than anyone else at the table.
messy	 <i>adj.</i> disorganized and untidy <i>synonym</i>: cluttered, disorganized, untidy (1) messy data, (2) messy handling His messy bedroom is always a source of frustration for his mother.
weird	 <i>adj.</i> extraordinary, unexpected, or difficult to explain <i>synonym</i>: bizarre, creepy, peculiar (1) a weird dress, (2) the state of being weird My computer has been acting weird recently.
tip	 n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services synonym: edge, advice, gratuity
	 (1) the tip of a paintbrush, (2) give the waiter a tip. I will introduce some tips on learning English in this class.

overwhelm	 v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
	synonym: conquer, crush, dominate
	(1) he was overwhelmed with gratitude, (2) overwhelm
	opponents by numbers
	Too much variety may overwhelm and confuse viewers.
brace	 n. a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast synonym: support, clamp, (verb) strengthen
	(1) brace for impact, (2) brace my energies
	She wore a brace on her leg to support her injured ankle.
critic	 n. someone who expresses opinions about the quality of books, music, etc. synonym: pundit, analyst, attacker
	(1) art critic, (2) severe critic
	Advocates for legal reform hear less harsh words from their critics.
entirely	adv. completely synonym: completely, fully, totally
	(1) entirely satisfied with the meal, (2) he was entirely to blame
	Later, his claim was found to be entirely false.
sect	 n. a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream synonym: group, faction, cult
	(1) sect beliefs, (2) secret sect
	The minority sect believed in a set of unconventional
	religious practices.
roll	 v. to move in a particular direction by turning over and over or from side to side

	synonym: spin, swirl, wheel
	(1) roll a ball, (2) roll down his cheeks
	He was exhausted and rolled into bed as soon as he got home.
trimester	 n. approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year synonym: quarter, three months, 13 weeks
	(1) second trimester ends, (2) trimester system
	The first trimester of pregnancy is the most crucial for the development of the fetus.
chronic	 adj. being long-lasting and recurrent or characterized by long suffering; habitual synonym: established, regular, constant
	(1) risk of chronic disease, (2) chronic alcohol
	consumption
	Chronic hyperglycemia is a trigger for a variety of serious
	diseases.
autism	<i>n.</i> a developmental disorder characterized by difficulties in social interaction, verbal and nonverbal communication
	(1) high-functioning autism, (2) autism spectrum disorder
	There is no cure for autism, but early intervention and
	therapy can improve outcomes for individuals with the condition.
burnout	 n. the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking synonym: breakdown, exhaustion, fatigue
	(1) burnout syndrome, (2) mental burnout
	He suffered from job burnout because of hard work.
bereavement	<i>n.</i> the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something

	synonym: grief, sorrow, loss
	(1) his sad bereavement, (2) bereavement leave
	She was in a state of bereavement after her mother passed
	away.
struggle	 v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction synonym: toil, strive, compete
	(1) struggle against discrimination, (2) struggle to get the job
	He could not struggle against temptation.
prioritize	 v. to assign a higher level of importance to something compared to other things synonym: rank, order, arrange
	(1) prioritize tasks, (2) prioritize people over cars
	The organization prioritized the needs of the community in
	its decision-making.
presort	v. to sort something in advance, especially mail synonym: classify, categorize, organize
	(1) presort mail, (2) presort media files
	The mail carrier will presort the letters by zip code to expedite delivery.
detergent	 n. a substance used for washing or cleaning, especially one that can remove dirt or stains effectively synonym: soap, cleanser, disinfectant
	(1) detergent solution, (2) laundry detergent
	I use environmentally friendly detergent when I wash my
	clothes and dishes.
afford	 v. to have enough money or time to be able to buy or do something
	(1) afford to buy a new car, (2) afford a high travel cost

He cannot **afford** a holiday.

mildew	 <i>n</i>. a thin, white, or grayish fungus, typically appearing on organic matter or plants that are damp or in a warm place <i>synonym</i>: mold, fungus, rot
	(1) powdery mildew , (2) remove mildew stains The bathroom walls were covered in mildew from the dampness.
wrinkle	 <i>n.</i> a small line or fold in something, especially fabric or the skin of the face; a minor difficulty <i>synonym</i>: crinkle, fold, crumple
	(1) a fine wrinkle on a fabric, (2) a facial wrinkle
	This suit is made of wrinkle-proof material.
nap	<i>n.</i> a short sleep, especially during the day <i>synonym</i> : rest, doze, drowse
	(1) take a nap , (2) daytime nap
	She woke the kids up from their nap .
decision	 n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options
	synonym: choice, determination, judgment
	(1) decision authority, (2) a selfish decision
	She was struggling to make a decision between two job offers.
fatigue	 n. a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress synonym: exhaustion, weariness, tiredness
	(1) fatigue breaking, (2) fatigue caused by overwork
	The metal showed signs of fatigue after being subjected to
	repeated stress.
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burden	 n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry synonym: obligation, duty, load
	(1) carry a burden , (2) burden of disease
	That car has a low environmental burden .
autopilot	 n. a system that automatically controls the operation of an aircraft or spacecraft synonym: self-pilot, self-driving, self-navigating
	(1) autopilot function, (2) aircraft autopilot
	The airplane was on autopilot during the long flight.
ounce	 <i>n.</i> a unit of weight equal to approximately 28 grams (1) ounce weight, (2) have an ounce of confidence One ounce of gold is worth much money.
strength	 n. the quality or state of being physically, or sometimes mentally, strong synonym: resilience, power, muscles
	(1) strength of the economy, (2) muscular strength
	Health and strength are, above all, gold.
unlikely	<i>adj.</i> not probable or likely to happen <i>synonym</i> : doubtful, questionable, far-fetched
	(1) unlikely event, (2) it is unlikely that he would win the game
	The passage of the bill is unlikely .
provider	 <i>n</i>. a person or an organization that supplies somebody with something needed or wanted <i>synonym</i>: supplier
	(1) an information provider , (2) the provider of the family
	People select Internet providers not only in terms of price
	but also in terms of transmission speed.

psychology	<i>n.</i> the scientific study of mind and behavior
	(1) psychology experiment, (2) psychology of crowd
	She had a master's degree in psychology .
improve	v. to make or become better
	synonym: enhance, ameliorate, enrich
	(1) improve a process, (2) improve the test score
	We want to improve ties between our two countries.
intersection	<i>n.</i> a point where two or more roads, lines, etc., cross each other
	synonym: crossroad, junction, hub
	(1) busy intersection , (2) the intersection of coordinate axes
	Take a right turn at the next intersection.
philosophy	 n. the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind synonym: doctrine, attitude, creed
	(1) philosophy of education, (2) western philosophy
	Ethics is a branch of philosophy .
moral	<i>adj.</i> concerned with the principles of what is right and wrong, fairness, honesty, etc.
	synonym: honest, ethical, conscientious
	(1) moral hazard, (2) moral burden
	Ethics deals with moral conduct.
neutral	<i>adj.</i> not helping or assisting either side in a conflict, argument, etc.
	synonym: impartial, uninvolved, halfhearted
	(1) permanently neutral country, (2) neutral colors
	A legislative speaker should always be neutral .
scroll	 n. a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them

	 synonym: manuscript, document, parchment (1) roll up a scroll, (2) scroll through a document The house owner loved the large hanging scroll in the guest room.
aesthetic	<i>adj.</i> connected with the enjoyment or study of beauty <i>synonym</i> : beautiful, artistic, esthetic
	 (1) aesthetic value, (2) aesthetic feeling My aesthetic standards are quite different from hers.
irresponsible	<i>adj.</i> not showing a proper sense of responsibility; not reliable <i>synonym</i> : careless, reckless, thoughtless
	(1) irresponsible actions, (2) irresponsible behavior It was irresponsible of him to drive home after drinking so much alcohol.
immature	<i>adj.</i> not fully developed or grown; not fully mature <i>synonym</i> : young, inexperienced, undeveloped
	(1) an immature youth, (2) developmentally immature
	His immature behavior often gets him into trouble.
closet	 n. a small room or cabinet with a door used for storing things, especially clothes synonym: cabinet, cupboard, locker
	(1) closet full of suits, (2) walk-in closets
	He brushed the suit before hanging it back into the closet .
sift	 v. to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles synonym: filter, go through, sieve
	(1) sift the candidates, (2) sift sand
	The search engine helps sift information.
morality	<i>n.</i> principles of right and evil or good and bad behavior <i>synonym</i> : decency, rectitude, righteousness

	 business morality, (2) sense of morality She found fault with the morality of politicians.
hypothesis	 <i>n</i>. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate <i>synonym</i>: assumption, conjecture, theory
	(1) test my hypothesis , (2) a bold hypothesis
	This evidence supports the big-bang hypothesis .
houseguest	<i>n.</i> a person who is staying as a guest in someone's house <i>synonym</i> : visitor, guest, friend
	(1) houseguest etiquette, (2) have a lot of houseguests
	My houseguest from out of town stayed with us for a week, and it was so much fun showing them around the city.
inspect	 v. to look at someone or something closely, usually to examine their condition or to detect flaws synonym: check, examine, review
	(1) inspect a plant, (2) inspect the enemy's movements
	The employee had to wait outside while police inspected the building.
mention	<i>v.</i> to speak or write about something or someone briefly <i>synonym</i> : reference, allude, cite
	(1) mention name, (2) mention in a report
	I mentioned to him that I had seen his sister at the grocery store earlier that day.
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crib	<i>n</i>. a small, enclosed bed for a baby, typically on rockers<i>synonym</i>: bed, bassinet, cradle
	(1) crib bed, (2) baby crib
	She put the baby in the portable crib for a nap.
representation	<i>n.</i> the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons

	made in appealing or protesting synonym: delegacy, manifestation, expression
	(1) sales representation , (2) binary representation
	A person who has been declared incompetent should have
	legal representation .
liberate	 v. to set free; to release or rescue from captivity or oppression
	synonym: emancipate, release, set free
	(1) liberate people from oppression, (2) liberate potential
	The prisoners were liberated after the war ended.
barrier	 n. a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective synonym: border, barricade, fence
	(1) cost barrier , (2) information barrier
	The police placed a barrier across the street to halt traffic.
confidence	 n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something synonym: self-trust, certainty, belief
	(1) confidence as a teacher, (2) boost my confidence
	Skill and confidence are an unconquered army.
dental	<i>adj.</i> of or relating to teeth <i>synonym</i> : oral, tooth, mouth
	(1) dental hygiene, (2) dental care
	I have a dental appointment at 2 pm to get my teeth cleaned.
hygienist	 n. a person who is trained in the principles of hygiene (= a condition promoting sanitary practices) and the promotion of good health; (also dental hygienist) a person who works with a dentist and whose job is to clean people's teeth to keep them healthy synonym: cleaner, sanitizer, disinfectant
	(1) hygienist profession, (2) certified industrial hygienist

	The dental hygienist cleaned my teeth and gave me tips on improving my oral hygiene.
rely	 v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
	synonym: depend, count, lean
	(1) rely on convenience stores, (2) rely entirely on him
	Babies heavily rely on others for food.
disposable	<i>adj.</i> designed to be used once and then thrown away <i>synonym</i> : throwaway, single-use, expendable
	 (1) total disposable income, (2) disposable camera I prefer using disposable razors because they are more convenient.
toothbrush	<i>n.</i> a small brush with a handle used for cleaning the teeth <i>synonym</i> : brush, scrubber, cleaner
	(1) toothbrush stand, (2) power toothbrush
	My toothbrush with end-rounded bristles is excellent for
	gently cleaning my teeth and gums.
floss	<i>n.</i> a thin thread or cord used to clean the spaces between the teeth
	synonym: thread, yarn, string
	(1) candy floss , (2) dental floss
	Be sure to use a clean section of floss for each tooth to avoid
	spreading bacteria.
rinse	 v. to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash synonym: wash out, flush, irrigate
	(1) rinse out your mouth, (2) rinse the shampoo
	Please rinse the soap off of those dishes well.

prescription	 n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient synonym: directive, instruction, order
	 (1) prescription drugs, (2) fill the prescription I need to refill my prescription for allergy medication at the pharmacy.
toothpaste	 <i>n</i>. a paste or gel used for cleaning the teeth and freshening the breath <i>synonym</i>: paste, gel, dentifrice
	(1) toothpaste hygiene product, (2) toothpaste tube
	I always use mint-flavored toothpaste to refresh my mouth in
	the morning and at night.
component	 n. one of several parts that combines with others to form something bigger synonym: element, part, factor
	(1) key component , (2) spare components for cars
	The researchers try to discover a common component in all
	types of successful organizations.
hygiene	 n. the practice of maintaining cleanliness in the home and person to prevent illness synonym: cleanliness, health, sanitation
	(1) hygiene practices, (2) public hygiene
	Good hygiene is important for preventing the spread of
	illness.
routine	 n. a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program synonym: habit, custom, procedure
	(1) routine business, (2) a built-in diagnostic routine
	She studies gardening on a routine basis.
straight	<i>adj.</i> extending or moving in one direction without bending or curving; having no deviations

	synonym: linear, honest, consecutive(1) a straight line, (2) straight for two months
	He was sick for five straight days.
onesie	<i>n.</i> a one-piece garment for an infant or small child, typically consisting of a shirt and pants or shorts that are connected
	(1) onesie outfit, (2) an animal onesie
	The newborn baby looked adorable in her pink onesie with a
	cartoon rabbit on the front.
fleece	 a soft, thick, and fluffy layer of fiber that forms the coat of a sheep or similar animal; (verb) to shear the wool from a sheep or similar woolly animal synonym: wool, fur, pelt
	(1) fleece material, (2) fluffy fleece
	She wore a fleece jacket to stay warm in the chilly weather.
pajama	n. a pair of loose pants with a matching top, worn for sleeping or lounging
	synonym: nightgown, nightdress
	(1) care pajama , (2) pajama pants
	My little sister loves to have pajama parties with her friends on the weekends.
underwear	<i>n.</i> clothes worn next to the skin under outer clothes <i>synonym</i> : undergarments, lingerie, innerwear
	(1) underwear clothing, (2) men's underwear
	I want to buy new winter underwear because mine have
	holes in them.
athletics	 n. the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking synonym: sports, physical activity, exercise
	(1) high school athletics , (2) professional athletics

She excelled in **athletics** during high school and went on to compete at the collegiate level.

toss	to throw something carelessly with a light motion <i>monym</i> : throw, sway	
	(1) toss a coin, (2) toss the bottle into a trash can	
	It would be best if you tossed out all those old magazines.	
bin	<i>n.</i> a container, usually that has a lid and used for waste <i>synonym</i> : container, trunk, garbage can	
	(1) a waste bin , (2) mail bin	
	You can open the overhead bin after landing.	
unfold	 v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown synonym: open, spread out, expose 	
	(1) unfold the story, (2) unfold the stroller	
	The mystery unfolded as the detectives gathered more clues.	
motto	<i>n.</i> a phrase or slogan that expresses a guiding principle or goal	
	synonym: slogan, catchphrase, phrase	
	(1) the motto for safe traffic, (2) company motto	
	The company's motto is "Innovation and Service," which is	
	reflected in its products and customer support.	
permit	 v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization synonym: allow, authorize, concede 	
	(1) permit application, (2) work permit	
	The teacher will not permit any students to leave the classroom early.	

shortcut	 an alternative route shorter or quicker than the usual one 		
	synonym: bypass, cutoff, alternative		
	(1) take a shortcut , (2) keyboard shortcuts		
	There is no shortcut to success.		
replace	<i>v.</i> to take the place of something <i>synonym</i> : substitute, supersede, displace		
	(1) replace one word with another, (2) replace a phone		
	Eventually, the new design will replace all older models.		
deserve	 v. to be worthy of or entitled to something, especially something good or valuable synonym: merit, earn, justify 		
	(1) deserve respect, (2) deserve this prize		
	The employee deserved the promotion for their hard work		
	and dedication.		
compassion	<i>n.</i> a strong feeling of sympathy and sadness for another's suffering or bad luck		
	synonym: pity, empathy, understanding		
	(1) feel compassion for the poor, (2) have compassion toward the accident		
	His infinite love and compassion for everyone never weary.		
grab	 v. to take hold of something or someone suddenly with a hand, especially in a violent way synonym: clutch, snatch, grasp 		
	(1) grab an audience, (2) grab an opportunity		
	Shall we grab a bite to eat?		
wipe	 v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid 		
	synonym: clean, brush, swab		
	(1) Wipe off dirt, (2) wipe with water		

Please **wipe** your sweat with this towel.

norm	<i>n.</i> something that is regarded as usual, typical, or standard <i>synonym</i> : criterion, mean, standard			
	(1) norm of action, (2) cultural norm			
	The systems we have developed has accepted as industry			
	norms.			
depressed	adj. sad and without any hope			
	synonym: despondent, despairing, sad			
	(1) depressed feeling, (2) the market is depressed			
	After his mother died, he got depressed .			
gallon	n. a unit for measuring volume, in the US, it is equal to about 3.79 liters, and in the UK, Canada, and other countries, it is equal to about 4.55 liters			
	(1) 5- gallon square can, (2) ten- gallon hat			
	The imperial gallon was standardized legally by the British			
	Empire.			
seal	 v. to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed synonym: enclose, shut, close 			
	(1) seal a hole, (2) a fur seal			
	He sealed the letter with hot wax.			
bug	 <i>n.</i> any tiny insect; a fault or defect in a computer program, system, or machine <i>synonym</i>: insect, bacterium, microbe 			
	(1) bug bites, (2) number of bug fixes			
	I found a stink bug crawling across the ceiling.			
sanitary	 adj. clean and hygienic; of or relating to the promotion of health through cleanliness synonym: hygienic, clean, germ-free 			
	(1) due to sanitary reasons, (2) adopt sanitary measures			

	The public restrooms were equipped with automatic flushers and hand sanitizer to maintain high sanitary conditions.		
environment	 n. the natural world such as air, water, and land in which humans, animals, and plants live synonym: atmosphere, surroundings, climate 		
	(1) environment affairs, (2) chaotic environment		
	Every human is responsible for taking care of the Earth's		
	environment.		
genius	 n. someone who has exceptional intellectual ability and originality 		
	synonym: brilliance, brainiac, acumen		
	(1) a person of genius , (2) a genius for music		
	Mozart was a musical genius .		
embrace	 v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection synonym: grasp, hold tightly, accept 		
	(1) embrace an opportunity, (2) a warm embrace		
	The woods embrace the house.		
exhibit	 v. to show something in public for people to enjoy or to provide them with information synonym: display, expose, show 		
	(1) exhibit a bad attitude, (2) exhibit a great talent		
	Other technology industries exhibit similarly explosive growth.		
mind-blowing	<i>adj.</i> extremely impressive in a way that affects someone's mind or emotions		
	synonym: amazing, incredible, shocking		
	 mind-blowing discovery, (2) a mind-blowing horror story 		
	The mind-blowing effects of the psychedelic drug were		

	unlike anything he had ever experienced.
creative	 adj. relating to or involving the use of skill and original and unusual ideas to create something synonym: imaginative, innovative, inventive
	(1) creative writing, (2) barren of creative spirit
	All the supervisor has to do is assign tasks that make his
	subordinates more creative .
treatment	 n. the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness. synonym: remedy, antidote, medicine
	(1) first-aid treatment, (2) treatment by diet
	The primary purpose of the treatment is pain relief.
shifting	adj. constantly changing or moving synonym: unfirm, shifty, fluctuating
	(1) shifting balance, (2) continuously shifting landscape
	Trends in the fashion industry are so shifting that it is challenging to keep up with them.
external	 adj. belonging to or situated outside of someone or something synonym: outside, exterior, foreign
	(1) external factors, (2) external commerce
	When a company discloses information to the market, an
	external auditor verifies them.
measurement	<i>n.</i> the act or process of finding something's size, quantity, or degree
	synonym: calculation, dimensions, size
	(1) chest measurement, (2) a precise measurement
	The measurement error of this industrial machine is less
	than one micrometer.

regardless

adv. not paying attention or considering something or someone even if the situation is bad or there are difficulties

synonym: anyhow, nevertheless, still

(1) **regardless** of the difficulties, (2) **regardless** tread People can pick out superior products **regardless** of the quality of the advertising.

Session 2: Spelling

1.	rI down his cheeks	v.	to move in a particular direction by turning over and over or from side to side
2.	posum workout	adj.	occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
3.	int a plant	v.	to look at someone or something closely, usually to examine their condition or to detect flaws
4.	fae caused by overwork	n.	a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
5.	deon authority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
6.	an impve array of facts	adj.	arousing admiration due to size, quality, or skill
7.	toosh stand	n.	a small brush with a handle used for cleaning the teeth
8.	ry on convenience stores	v.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

ANSWERS: 1. roll, 2. postpartum, 3. inspect, 4. fatigue, 5. decision, 6. impressive, 7. toothbrush, 8. rely

9. Doppler sht	n.	a slight transition in position, direction, or trend
10. nm of action	n.	something that is regarded as usual, typical, or standard
11. take a shut	n.	an alternative route shorter or quicker than the usual one
12. key cont	n.	one of several parts that combines with others to form something bigger
13. exal commerce	adj.	belonging to or situated outside of someone or something
14. go on lown	n.	an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
15. und the stroller	v.	to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
16. information bar	n.	a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
17. ree one word with another	ν.	to take the place of something
18. thy for a patient	n.	the act of caring for someone through medication, remedial training, etc.
19. high-functioning aum	n.	a developmental disorder characterized by difficulties in social interaction, verbal and nonverbal communication

ANSWERS: 9. shift, 10. norm, 11. shortcut, 12. component, 13. external, 14. lockdown, 15. unfold, 16. barrier, 17. replace, 18. therapy, 19. autism

20. aeic value	adj.	connected with the enjoyment or study of beauty
21. 5-gan square can	n.	a unit for measuring volume, in the US, it is equal to about 3.79 liters, and in the UK, Canada, and other countries, it is equal to about 4.55 liters
22. enly satisfied with the meal	adv.	completely
23. dier recovery	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
24. st beliefs	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
25. during prol years	adj.	relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
26. cost bar	n.	a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
27. one outfit	n.	a one-piece garment for an infant or small child, typically consisting of a shirt and pants or shorts that are connected
28. a person of ges	n.	someone who has exceptional intellectual ability and originality
29. a wed dress	adj.	extraordinary, unexpected, or difficult to explain

ANSWERS: 20. aesthetic, 21. gallon, 22. entirely, 23. disaster, 24. sect, 25. preschool, 26. barrier, 27. onesie, 28. genius, 29. weird

30. binary repion	n.	the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting
31. envnt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live
32. the cw of a fishing boat	n.	a group of people who work together, especially on a ship or airplane
33. regss tread	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties
34. commit sue	n.	the act of killing yourself intentionally
35. mol hazard	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.
36. trer system	n.	approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
37. stg his face	v.	to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
38. field of gene thy	n.	the act of caring for someone through medication, remedial training, etc.
39. second trer ends	n.	approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

ANSWERS: 30. representation, 31. environment, 32. crew, 33. regardless, 34. suicide, 35. moral, 36. trimester, 37. sting, 38. therapy, 39. trimester

40.	developmentally imre	adj.	not fully developed or grown; not fully mature
41.	roll up a scl	n.	a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
42.	sl a hole	v.	to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
43.	hyst profession	n.	a person who is trained in the principles of hygiene (= a condition promoting sanitary practices) and the promotion of good health; (also dental hygienist) a person who works with a dentist and whose job is to clean people's teeth to keep them healthy
44.	mail b_n	n.	a container, usually that has a lid and used for waste
45.	we with water	ν.	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
46.	prt mail	v.	to sort something in advance, especially mail
47.	a stht line	adj.	extending or moving in one direction without bending or curving; having no deviations
48.	western phihy	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

ANSWERS: 40. immature, 41. scroll, 42. seal, 43. hygienist, 44. bin, 45. wipe, 46. presort, 47. straight, 48. philosophy

49.	severe crc	n.	someone who expresses opinions about the quality of books, music, etc.
50.	a fine wre on a fabric	n.	a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
51.	chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
52.	in a clr	n.	to fill a room or place with so many items that it becomes messy
53.	the t_p of a paintbrush	n.	the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
54.	scl through a document	n.	a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
55.	diagnosis of any disorder	n.	a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
56.	global dier	n.	an unexpected event or series of events that cause widespread damage, destruction, or loss of life
57.	roe crops	v.	to turn around a central point or axis; to move in a circular path around something
58.	aum spectrum disorder	n.	a developmental disorder characterized by difficulties in social interaction, verbal and nonverbal communication

ANSWERS: 49. critic, 50. wrinkle, 51. environment, 52. clutter, 53. tip, 54. scroll, 55. anxiety, 56. disaster, 57. rotate, 58. autism

59.	ten-gan hat	n.	a unit for measuring volume, in the US, it is equal to about 3.79 liters, and in the UK, Canada, and other countries, it is equal to about 4.55 liters
60.	secret st	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
61.	sense of moty	n.	principles of right and evil or good and bad behavior
62.	a warm eme	v.	to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
63.	preion drugs	n.	a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
64.	the Great Depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
65.	a sand pe	n.	a collection of objects positioned one on top of another; a large sum of something, such as money
66.	busy intion	n.	a point where two or more roads, lines, etc., cross each other
67.	mining discovery	adj.	extremely impressive in a way that affects someone's mind or emotions

ANSWERS: 59. gallon, 60. sect, 61. morality, 62. embrace, 63. prescription, 64. depression, 65. pile, 66. intersection, 67. mind-blowing

68.	fle material	n.	a soft, thick, and fluffy layer of fiber that forms the coat of a sheep or similar animal; (verb) to shear the wool from a sheep or similar woolly animal
69.	roe business	n.	a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
70.	have an oue of confidence	n.	a unit of weight equal to approximately 28 grams
71.	prt media files	v.	to sort something in advance, especially mail
72.	afd to buy a new car	v.	to have enough money or time to be able to buy or do something
73.	adopt sary measures	adj.	clean and hygienic; of or relating to the promotion of health through cleanliness
74.	tor in nappy	n.	a young child who has recently learned to walk
75.	fae breaking	n.	a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
76.	conce as a teacher	n.	the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
77.	barren of crve spirit	adj.	relating to or involving the use of skill and original and unusual ideas to create something
78.	care paa	n.	a pair of loose pants with a matching top, worn for sleeping or lounging

ANSWERS: 68. fleece, 69. routine, 70. ounce, 71. presort, 72. afford, 73. sanitary, 74. toddler, 75. fatigue, 76. confidence, 77. creative, 78. pajama

79. the state of being wed	adj.	extraordinary, unexpected, or difficult to explain
80. toote hygiene product	n.	a paste or gel used for cleaning the teeth and freshening the breath
81. oue weight	n.	a unit of weight equal to approximately 28 grams
82. clt full of suits	n.	a small room or cabinet with a door used for storing things, especially clothes
83. shng balance	adj.	constantly changing or moving
84. diar after a week	v.	to cease to exist or be visible
85. the film cw	n.	a group of people who work together, especially on a ship or airplane
86. dental fls	n.	a thin thread or cord used to clean the spaces between the teeth
87. ts a coin	v.	to throw something carelessly with a light motion
88. clear desk clr	n.	to fill a room or place with so many items that it becomes messy
89. the market is deed	adj.	sad and without any hope
90. b_g bites	n.	any tiny insect; a fault or defect in a computer program, system, or machine
91. r_l a ball	v.	to move in a particular direction by turning over and over or from side to side
92. crve writing	adj.	relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 79. weird, 80. toothpaste, 81. ounce, 82. closet, 83. shifting, 84. disappear, 85. crew, 86. floss, 87. toss, 88. clutter, 89. depressed, 90. bug, 91. roll, 92. creative

93. stth of the economy	n.	the quality or state of being physically, or sometimes mentally, strong
94. risk of chc disease	adj.	being long-lasting and recurrent or characterized by long suffering; habitual
95. ovIm opponents by numbers	ν.	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
96. bun of disease	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
97. a bold hypis	n.	a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
98. but syndrome	n.	the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
99. br image	n.	a faint or indistinct image or sound; something that is not clear or distinct; (verb) to become unclear; to lose clear vision
100. ry entirely on him	v.	to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
101. regss of the difficulties	adv.	not paying attention or considering something or someone even if the situation is bad or there are difficulties
102. inor decoration	n.	the inside or inner part of something; the space within the walls of a building

ANSWERS: 93. strength, 94. chronic, 95. overwhelm, 96. burden, 97. hypothesis, 98. burnout, 99. blur, 100. rely, 101. regardless, 102. interior

103. have a lot of housts	n.	a person who is staying as a guest in someone's house
104. difty in breathing	n.	a condition or state that causes problems
105. st the candidates	v.	to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
106. impve performances	adj.	arousing admiration due to size, quality, or skill
107. int the enemy's movements	v.	to look at someone or something closely, usually to examine their condition or to detect flaws
108. continuously shng landscape	adj.	constantly changing or moving
109. afd a high travel cost	ν.	to have enough money or time to be able to buy or do something
110. toote tube	n.	a paste or gel used for cleaning the teeth and freshening the breath
111. an information prer	n.	a person or an organization that supplies somebody with something needed or wanted
112. o_d behavior	adj.	strange or unexpected; not divisible by two
113. due to sary reasons	adj.	clean and hygienic; of or relating to the promotion of health through cleanliness
114. spare conts for cars	n.	one of several parts that combines with others to form something bigger
115. dee a question	v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 103. houseguest, 104. difficulty, 105. sift, 106. impressive, 107. inspect, 108. shifting, 109. afford, 110. toothpaste, 111. provider, 112. odd, 113. sanitary, 114. component, 115. decide

116. daytime n_p	n.	a short sleep, especially during the day
117. fluffy fle	n.	a soft, thick, and fluffy layer of fiber that forms the coat of a sheep or similar animal; (verb) to shear the wool from a sheep or similar woolly animal
118. bre for impact	n.	a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
119. men in a report	v.	to speak or write about something or someone briefly
120. stle to get the job	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
121. cultural nm	n.	something that is regarded as usual, typical, or standard
122. number of b_g fixes	n.	any tiny insect; a fault or defect in a computer program, system, or machine
123. it is unly that he would win the game	adj.	not probable or likely to happen
124. dee on a course of action	v.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
125. lite people from oppression	v.	to set free; to release or rescue from captivity or oppression
126. stg me on the arm	v.	to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick

ANSWERS: 116. nap, 117. fleece, 118. brace, 119. mention, 120. struggle, 121. norm, 122. bug, 123. unlikely, 124. decide, 125. liberate, 126. sting

127. give the waiter a t_p.	n.	the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
128. men name	v.	to speak or write about something or someone briefly
129. candy fls	n.	a thin thread or cord used to clean the spaces between the teeth
130. mol burden	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.
131. his sad bernt	n.	the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
132. the prer of the family	n.	a person or an organization that supplies somebody with something needed or wanted
133. rie the shampoo	v.	to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash
134. carry a bun	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
135. muscular stth	n.	the quality or state of being physically, or sometimes mentally, strong
136. ext a great talent	v.	to show something in public for people to enjoy or to provide them with information

ANSWERS: 127. tip, 128. mention, 129. floss, 130. moral, 131. bereavement, 132. provider, 133. rinse, 134. burden, 135. strength, 136. exhibit

137. lown area	n.	an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
138. an active tor	n.	a young child who has recently learned to walk
139. disle camera	adj.	designed to be used once and then thrown away
140. exal factors	adj.	belonging to or situated outside of someone or something
141. auot function	n.	a system that automatically controls the operation of an aircraft or spacecraft
142. economic mewn	n.	a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically
143. bernt leave	n.	the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
144. psygy of crowd	n.	the scientific study of mind and behavior
145. ime a process	v.	to make or become better
146. keyboard shuts	n.	an alternative route shorter or quicker than the usual one
147. prize people over cars	v.	to assign a higher level of importance to something compared to other things
148. high-profile infer	n.	a person or thing that affects or changes someone's or something's behavior, especially a person with the ability to affect potential buyers of a product or service through recommendations on social media

ANSWERS: 137. lockdown, 138. toddler, 139. disposable, 140. external, 141. autopilot, 142. meltdown, 143. bereavement, 144. psychology, 145. improve, 146. shortcut, 147. prioritize, 148. influencer

149. sales repion	n.	the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting
150. phihy of education	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
151. breing support	n.	the act of feeding a baby with milk produced by the mother's breasts
152. dent solution	n.	a substance used for washing or cleaning, especially one that can remove dirt or stains effectively
153. ree a phone	<i>v</i> .	to take the place of something
154. high school atcs	n.	the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
155. hye practices	n.	the practice of maintaining cleanliness in the home and person to prevent illness
156. infer marketing	n.	a person or thing that affects or changes someone's or something's behavior, especially a person with the ability to affect potential buyers of a product or service through recommendations on social media
157. pet application	v.	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

ANSWERS: 149. representation, 150. philosophy, 151. breastfeeding, 152. detergent, 153. replace, 154. athletics, 155. hygiene, 156. influencer, 157. permit

158. sue attack	n.	the act of killing yourself intentionally
159. prol education	adj.	relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
160. deed feeling	adj.	sad and without any hope
161. breing mother	n.	the act of feeding a baby with milk produced by the mother's breasts
162. irrble actions	adj.	not showing a proper sense of responsibility; not reliable
163. an imre youth	adj.	not fully developed or grown; not fully mature
164. professional atcs	n.	the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking
165. art crc	n.	someone who expresses opinions about the quality of books, music, etc.
166. total disle income	adj.	designed to be used once and then thrown away
167. eme an opportunity	v.	to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
168. walk-in clts	n.	a small room or cabinet with a door used for storing things, especially clothes
169. take metus notes	adj.	cautious and precise; paying great attention to detail

ANSWERS: 158. suicide, 159. preschool, 160. depressed, 161. breastfeeding, 162. irresponsible, 163. immature, 164. athletics, 165. critic, 166. disposable, 167. embrace, 168. closet, 169. meticulous

170. mewn disaster	n.	a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically
171. men's unar	n.	clothes worn next to the skin under outer clothes
172. a ges for music	n.	someone who has exceptional intellectual ability and originality
173. a fur sl	v.	to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
174. major paradigm sht	n.	a slight transition in position, direction, or trend
175. mental but	n.	the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
176. power toosh	n.	a small brush with a handle used for cleaning the teeth
177. gln appetite	n.	a person who eats and drinks excessively
178. first-aid trnt	n.	the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
179. st sand	ν.	to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles

ANSWERS: 170. meltdown, 171. underwear, 172. genius, 173. seal, 174. shift, 175. burnout, 176. toothbrush, 177. glutton, 178. treatment, 179. sift

180. mey data	adj.	disorganized and untidy
181. cb bed	n.	a small, enclosed bed for a baby, typically on rockers
182. lose posum belly fat	adj.	occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
183. company moo	n.	a phrase or slogan that expresses a guiding principle or goal
184. powdery miw	n.	a thin, white, or grayish fungus, typically appearing on organic matter or plants that are damp or in a warm place
185. paa pants	n.	a pair of loose pants with a matching top, worn for sleeping or lounging
186. lay room	n.	the act of washing clothes and linens; a room or area where clothes are washed and ironed
187. motion br	n.	a faint or indistinct image or sound; something that is not clear or distinct; (verb) to become unclear; to lose clear vision
188. chest meant	n.	the act or process of finding something's size, quantity, or degree
189. bre my energies	n.	a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
190. unly event	adj.	not probable or likely to happen

ANSWERS: 180. messy, 181. crib, 182. postpartum, 183. motto, 184. mildew, 185. pajama, 186. laundry, 187. blur, 188. measurement, 189. brace, 190. unlikely

191. have comon toward the accident	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
192. baby cb	n.	a small, enclosed bed for a baby, typically on rockers
193. ext a bad attitude	v.	to show something in public for people to enjoy or to provide them with information
194. ts the bottle into a trash can	v.	to throw something carelessly with a light motion
195. diar without a trace	ν.	to cease to exist or be visible
196. a metus carpenter	adj.	cautious and precise; paying great attention to detail
197. prize tasks	v.	to assign a higher level of importance to something compared to other things
198. he was ovImed with gratitude	v.	to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
199. gln for work	n.	a person who eats and drinks excessively
200. trnt by diet	n.	the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
201. rie out your mouth	v.	to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash
202. dee this prize	v.	to be worthy of or entitled to something, especially something good or valuable

ANSWERS: 191. compassion, 192. crib, 193. exhibit, 194. toss, 195. disappear, 196. meticulous, 197. prioritize, 198. overwhelm, 199. glutton, 200. treatment, 201. rinse, 202. deserve

203. the degree of difty	<i>n.</i> a condition or state that causes problems
204. a mining horror story	<i>adj.</i> extremely impressive in a way that affects someone's mind or emotions
205. lite potential	 v. to set free; to release or rescue from captivity or oppression
206. boost my conce	<i>n.</i> the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
207. und the story	 v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
208 howas on ly to blamo	adv. completely
208. he was enly to blame	
208. The was enty to blame 209. the root problem of her depon	
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209. the root problem of her depon	 n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market n. a container, usually that has a lid and
209. the root problem of her depon 210. a waste b_n	 n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market n. a container, usually that has a lid and used for waste n. a feeling of worry, nervousness, or unease about something that is
209. the root problem of her depon 210. a waste b_n 211. any for knowledge	 n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market n. a container, usually that has a lid and used for waste n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future adj. not showing a proper sense of
209. the root problem of her depon 210. a waste b_n 211. any for knowledge 212. irrble behavior	 n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market n. a container, usually that has a lid and used for waste n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future adj. not showing a proper sense of responsibility; not reliable n. the inside or inner part of something;

ANSWERS: 203. difficulty, 204. mind-blowing, 205. liberate, 206. confidence, 207. unfold, 208. entirely, 209. depression, 210. bin, 211. anxiety, 212. irresponsible, 213. interior, 214. psychology

215. del hygiene	adj.	of or relating to teeth
216. send out the lay	n.	the act of washing clothes and linens; a room or area where clothes are washed and ironed
217. roe about the origin	v.	to turn around a central point or axis; to move in a circular path around something
218. a selfish deon	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
219. gb an opportunity	v.	to take hold of something or someone suddenly with a hand, especially in a violent way
220. a precise meant	n.	the act or process of finding something's size, quantity, or degree
221. houst etiquette	n.	a person who is staying as a guest in someone's house
222. take a n_p	n.	a short sleep, especially during the day
223. a facial wre	n.	a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
224. chc alcohol consumption	adj.	being long-lasting and recurrent or characterized by long suffering; habitual
225. mey handling	adj.	disorganized and untidy
226. del care	adj.	of or relating to teeth
227. stht for two months	adj.	extending or moving in one direction without bending or curving; having no deviations

ANSWERS: 215. dental, 216. laundry, 217. rotate, 218. decision, 219. grab, 220. measurement, 221. houseguest, 222. nap, 223. wrinkle, 224. chronic, 225. messy, 226. dental, 227. straight

228. the intion of coordinate axes	n.	a point where two or more roads, lines, etc., cross each other
229. laundry dent	n.	a substance used for washing or cleaning, especially one that can remove dirt or stains effectively
230. public hye	n.	the practice of maintaining cleanliness in the home and person to prevent illness
231. stle against discrimination	v.	to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
232. neI colors	adj.	not helping or assisting either side in a conflict, argument, etc.
233. aeic feeling	adj.	connected with the enjoyment or study of beauty
234. ime the test score	ν.	to make or become better
235. gb an audience	v.	to take hold of something or someone suddenly with a hand, especially in a violent way
236. unar clothing	n.	clothes worn next to the skin under outer clothes
237. in an o_d way	adj.	strange or unexpected; not divisible by two
238. remove miw stains	n.	a thin, white, or grayish fungus, typically appearing on organic matter or plants that are damp or in a warm place
239. We off dirt	ν.	to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid

ANSWERS: 228. intersection, 229. detergent, 230. hygiene, 231. struggle, 232. neutral, 233. aesthetic, 234. improve, 235. grab, 236. underwear, 237. odd, 238. mildew, 239. wipe

240. the height of a pe	n.	a collection of objects positioned one on top of another; a large sum of something, such as money
241. permanently nel country	adj.	not helping or assisting either side in a conflict, argument, etc.
242. work pet	v.	to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
243. an animal one	n.	a one-piece garment for an infant or small child, typically consisting of a shirt and pants or shorts that are connected
244. certified industrial hyst	n.	a person who is trained in the principles of hygiene (= a condition promoting sanitary practices) and the promotion of good health; (also dental hygienist) a person who works with a dentist and whose job is to clean people's teeth to keep them healthy
245. dee respect	ν.	to be worthy of or entitled to something, especially something good or valuable
246. business moty	n.	principles of right and evil or good and bad behavior
247. test my hypis	n.	a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
248. fill the preion	n.	a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

ANSWERS: 240. pile, 241. neutral, 242. permit, 243. onesie, 244. hygienist, 245. deserve, 246. morality, 247. hypothesis, 248. prescription

249. feel comon for the poor	n.	a strong feeling of sympathy and sadness for another's suffering or bad luck
250. aircraft auot	n.	a system that automatically controls the operation of an aircraft or spacecraft
251. the moo for safe traffic	n.	a phrase or slogan that expresses a guiding principle or goal
252. a built-in diagnostic roe	n.	a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

ANSWERS: 249. compassion, 250. autopilot, 251. motto, 252. routine

Session 3: Fill in the Blanks

- 1. The mail carrier will ______ the letters by zip code to expedite delivery.
- v. to sort something in advance, especially mail
- 2. The nuclear ______ in the country was a disaster with far-reaching consequences.
 - *n.* a severe overheating of the core of a nuclear reactor resulting in the core melting and radiation escaping; a situation in which something fails or weakens suddenly or dramatically
- 3. She waited for her daughter with _____.
- *n*. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
- 4. She was in a state of ______ after her mother passed away.
- *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
- 5. This evidence supports the big-bang _____.
- *n*. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
- 6. The ship's _____ worked hard to repair the damaged sails before the next storm hit.
- *n.* a group of people who work together, especially on a ship or airplane
- 7. I want to buy new winter _____ because mine have holes in them.
- *n.* clothes worn next to the skin under outer clothes

ANSWERS: 1. presort, 2. meltdown, 3. anxiety, 4. bereavement, 5. hypothesis, 6. crew, 7. underwear

- 8. The metal showed signs of ______ after being subjected to repeated stress.
- *n.* a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
- 9. ______ symptoms might include a decrease in appetite and weight loss.
- *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
- 10. The public restrooms were equipped with automatic flushers and hand sanitizer to maintain high ______ conditions.
- *adj.* clean and hygienic; of or relating to the promotion of health through cleanliness
- 11. A legislative speaker should always be _____.
- *adj.* not helping or assisting either side in a conflict, argument, etc.
- 12. He has ______ exercising because of a back injury sustained in an accident.
- *n.* a condition or state that causes problems
- 13. I need to refill my ______ for allergy medication at the pharmacy.
- *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
- 14. I underwent aversion _____ for my addiction to alcohol.
- *n.* the act of caring for someone through medication, remedial training, etc.
- 15. Health and _____ are, above all, gold.
- *n.* the quality or state of being physically, or sometimes mentally, strong

ANSWERS: 8. fatigue, 9. Depression, 10. sanitary, 11. neutral, 12. difficulty, 13. prescription, 14. therapy, 15. strength

- 16. I will introduce some _____ on learning English in this class.
- *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
- 17. The camera's focus was off, and the image was a _____ of colors and shapes.
- *n*. a faint or indistinct image or sound; something that is not clear or distinct; (verb) to become unclear; to lose clear vision
- 18. He cannot _____ a holiday.
- v. to have enough money or time to be able to buy or do something
- 19. Many women experience ______ depression after giving birth.
- *adj.* occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth
- 20. The employee ______ the promotion for their hard work and dedication.
- v. to be worthy of or entitled to something, especially something good or valuable
- 21. She woke the kids up from their ____.
- *n.* a short sleep, especially during the day
- 22. Could you help me _____ some furniture?
- *n.* a slight transition in position, direction, or trend
- 23. All the supervisor has to do is assign tasks that make his subordinates more
- *adj.* relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 16. tips, 17. blur, 18. afford, 19. postpartum, 20. deserved, 21. nap, 22. shift, 23. creative

- 24. When a company discloses information to the market, an _____ auditor verifies them.
 - *adj.* belonging to or situated outside of someone or something
- 25. After his mother died, he got _____.
- *adj.* sad and without any hope
- 26. My computer has been acting _____ recently.
 - adj. extraordinary, unexpected, or difficult to explain
- 27. I have a ______ appointment at 2 pm to get my teeth cleaned.
- *adj.* of or relating to teeth
- 28. This suit is made of _____ material.
- *n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
- 29. People can pick out superior products ______ of the quality of the advertising.
- *adv.* not paying attention or considering something or someone even if the situation is bad or there are difficulties
- 30. Be sure to use a clean section of _____ for each tooth to avoid spreading bacteria.
- *n.* a thin thread or cord used to clean the spaces between the teeth
- 31. Good ______ is important for preventing the spread of illness.
- *n.* the practice of maintaining cleanliness in the home and person to prevent illness

ANSWERS: 24. external, 25. depressed, 26. weird, 27. dental, 28. wrinkle-proof, 29. regardless, 30. floss, 31. hygiene

- 32. He suffered from job _____ because of hard work.
 - *n.* the state of being exceedingly exhausted or unwell, either physically or mentally, as a result of overworking
- 33. The ______ error of this industrial machine is less than one micrometer.
- *n.* the act or process of finding something's size, quantity, or degree
- 34. She put the baby in the portable _____ for a nap.
- *n.* a small, enclosed bed for a baby, typically on rockers
- 35. His infinite love and ______ for everyone never weary.
- *n.* a strong feeling of sympathy and sadness for another's suffering or bad luck
- 36. My ______ standards are quite different from hers.
- adj. connected with the enjoyment or study of beauty
- 37. She was struggling to make a _____ between two job offers.
- *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
- 38. The ______ response team worked around the clock to aid those affected by the earthquake.
- *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
- 39. We want to ______ ties between our two countries.
- v. to make or become better
- 40. He could not _____ against temptation.
 - *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

ANSWERS: 32. burnout, 33. measurement, 34. crib, 35. compassion, 36. aesthetic, 37. decision, 38. disaster, 39. improve, 40. struggle

- 41. She studies gardening on a _____ basis.
- *n*. a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
- 42. The researchers try to discover a common _____ in all types of successful organizations.
- *n.* one of several parts that combines with others to form something bigger
- 43. My team measures the effectiveness of advertising with social media
- *n.* a person or thing that affects or changes someone's or something's behavior, especially a person with the ability to affect potential buyers of a product or service through recommendations on social media
- 44. Trends in the fashion industry are so ______ that it is challenging to keep up with them.
- adj. constantly changing or moving
- 45. His _____ bedroom is always a source of frustration for his mother.
- *adj.* disorganized and untidy
- 46. My ______ with end-rounded bristles is excellent for gently cleaning my teeth and gums.
- *n.* a small brush with a handle used for cleaning the teeth
- 47. I use environmentally friendly ______ when I wash my clothes and dishes.
 - *n.* a substance used for washing or cleaning, especially one that can remove dirt or stains effectively
- 48. There is no _____ to success.
- *n.* an alternative route shorter or quicker than the usual one

ANSWERS: 41. routine, 42. component, 43. influencers, 44. shifting, 45. messy, 46. toothbrush, 47. detergent, 48. shortcut

- 49. It was ______ of him to drive home after drinking so much alcohol.
 - adj. not showing a proper sense of responsibility; not reliable
- 50. My old school's ______ program was well-regarded and had an excellent reputation.
- *adj.* relating to or denoting the period before a child begins primary school; (noun) the activities or education provided during this time
- 51. The systems we have developed has accepted as industry _____.
- *n.* something that is regarded as usual, typical, or standard
- 52. The first ______ of pregnancy is the most crucial for the development of the fetus.
 - *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
- 53. Skill and ______ are an unconquered army.
- *n*. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
- 54. Other technology industries ______ similarly explosive growth.
 - *v.* to show something in public for people to enjoy or to provide them with information
- 55. The minority _____ believed in a set of unconventional religious practices.
- *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
- 56. In an economically prosperous country, most male _____ is due to child support problems.
- *n.* the act of killing yourself intentionally

ANSWERS: 49. irresponsible, 50. preschool, 51. norms, 52. trimester, 53. confidence, 54. exhibit, 55. sect, 56. suicide

- 57. The ______ effects of the psychedelic drug were unlike anything he had ever experienced.
- *adj.* extremely impressive in a way that affects someone's mind or emotions
- 58. Take a right turn at the next _____.
- *n.* a point where two or more roads, lines, etc., cross each other
- 59. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
- *n.* a phrase or slogan that expresses a guiding principle or goal
- 60. You can open the overhead _____ after landing.
- *n.* a container, usually that has a lid and used for waste
- 61. People select Internet ______ not only in terms of price but also in terms of transmission speed.
- *n.* a person or an organization that supplies somebody with something needed or wanted
- 62. The airplane was on _____ during the long flight.
- *n.* a system that automatically controls the operation of an aircraft or spacecraft
- 63. He brushed the suit before hanging it back into the _____.
- *n.* a small room or cabinet with a door used for storing things, especially clothes
- 64. I _______ to him that I had seen his sister at the grocery store earlier that day.
- *v*. to speak or write about something or someone briefly
- 65. She excelled in ______ during high school and went on to compete at the collegiate level.
- *n.* the physical activities or sports that involve physical exertion and competition, such as running, jumping, throwing, or walking

ANSWERS: 57. mind-blowing, 58. intersection, 59. motto, 60. bin, 61. providers, 62. autopilot, 63. closet, 64. mentioned, 65. athletics

- 66. The dental ______ cleaned my teeth and gave me tips on improving my oral hygiene.
 - *n*. a person who is trained in the principles of hygiene (= a condition promoting sanitary practices) and the promotion of good health; (also dental hygienist) a person who works with a dentist and whose job is to clean people's teeth to keep them healthy
- 67. My ______ from out of town stayed with us for a week, and it was so much fun showing them around the city.
- *n.* a person who is staying as a guest in someone's house
- 68. His grandfather was an ____ man.
 - *adj.* strange or unexpected; not divisible by two
- 69. She wore a _____ jacket to stay warm in the chilly weather.
- *n*. a soft, thick, and fluffy layer of fiber that forms the coat of a sheep or similar animal; (verb) to shear the wool from a sheep or similar woolly animal
- 70. He accused the tenants of leaving _____ and breaking the security camera.
- *n.* to fill a room or place with so many items that it becomes messy
- 71. Shall we _____ a bite to eat?
- v. to take hold of something or someone suddenly with a hand, especially in a violent way
- 72. He was called a glorified ______ because he always ate more food than anyone else at the table.
- *n.* a person who eats and drinks excessively
- 73. The prisoners were ______ after the war ended.
- *v.* to set free; to release or rescue from captivity or oppression

ANSWERS: 66. hygienist, 67. houseguest, 68. odd, 69. fleece, 70. clutter, 71. grab, 72. glutton, 73. liberated

- 74. I always use mint-flavored ______ to refresh my mouth in the morning and at night.
- *n.* a paste or gel used for cleaning the teeth and freshening the breath
- 75. The newborn baby looked adorable in her pink _____ with a cartoon rabbit on the front.
- *n.* a one-piece garment for an infant or small child, typically consisting of a shirt and pants or shorts that are connected
- 76. The budget reduction was an ______ feat for our nation.
- adj. arousing admiration due to size, quality, or skill
- 77. That car has a low environmental _____.
- *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
- 78. One _____ of gold is worth much money.
- *n.* a unit of weight equal to approximately 28 grams
- 79. Babies heavily _____ on others for food.
 - *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
- 80. He was exhausted and _____ into bed as soon as he got home.
- *v.* to move in a particular direction by turning over and over or from side to side
- 81. My little sister loves to have _____ parties with her friends on the weekends.
- *n.* a pair of loose pants with a matching top, worn for sleeping or lounging

ANSWERS: 74. toothpaste, 75. onesie, 76. impressive, 77. burden, 78. ounce, 79. rely, 80. rolled, 81. pajama

- 82. She couldn't ______ whether to order the pizza or the pasta for dinner.
 - v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
- 83. There is no cure for ______ but early intervention and therapy can improve outcomes for individuals with the condition.
- *n.* a developmental disorder characterized by difficulties in social interaction, verbal and nonverbal communication
- 84. He was sick for five _____ days.
- *adj.* extending or moving in one direction without bending or curving; having no deviations
- 85. Please _____ your sweat with this towel.
- v. to clean or dry something by rubbing with a piece of cloth or paper or one's hand and removing dirt, food, or liquid
- 86. The mystery ______ as the detectives gathered more clues.
- v. to open up or spread out something that is folded or rolled up; to reveal or disclose something that was previously hidden or unknown
- 87. Ethics deals with _____ conduct.
- *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
- 88. I found a stink ____ crawling across the ceiling.
- *n.* any tiny insect; a fault or defect in a computer program, system, or machine
- 89. Please _____ the soap off of those dishes well.
- *v.* to wash off soap or remaining dirt with clean water; to gargle your mouth and throat with mouthwash

ANSWERS: 82. decide, 83. autism, 84. straight, 85. wipe, 86. unfolded, 87. moral, 88. bug, 89. rinse

- 90. After the party, they had to clean up _____ of dirty dishes.
- *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
- 91. The house owner loved the large hanging _____ in the guest room.
- *n.* a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
- 92. She had a master's degree in _____.
- *n.* the scientific study of mind and behavior
- 93. They watched the train _____ into the distance.
 - *v.* to cease to exist or be visible
- 94. The search engine helps _____ information.
- *v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
- 95. Eventually, the new design will _____ all older models.
 - *v*. to take the place of something
- 96. She wore a _____ on her leg to support her injured ankle.
- *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
- 97. She is known for her ______ attention to detail in her work.

adj. cautious and precise; paying great attention to detail

98. Later, his claim was found to be ______ false.

adv. completely

ANSWERS: 90. piles, 91. scroll, 92. psychology, 93. disappear, 94. sift, 95. replace, 96. brace, 97. meticulous, 98. entirely

99. Mozart was a musical _____.

- *n.* someone who has exceptional intellectual ability and originality
- 100. The imperial ______ was standardized legally by the British Empire.
- *n*. a unit for measuring volume, in the US, it is equal to about 3.79 liters, and in the UK, Canada, and other countries, it is equal to about 4.55 liters
- 101. Bees _____ as a defense mechanism when they feel threatened.
- *v.* to cause a sharp, painful sensation or injury with a poison, venom, or other substance or by a physical action such as a bite or prick
- 102. The passage of the bill is _____.
- *adj.* not probable or likely to happen
- 103. She found fault with the _____ of politicians.
- *n.* principles of right and evil or good and bad behavior
- 104. A person who has been declared incompetent should have legal
- *n.* the act of speaking, acting, or being present on behalf of someone officially; a statement of facts and reasons made in appealing or protesting
- 105. It would be best if you _____ out all those old magazines.
- v. to throw something carelessly with a light motion
- 106. Getting the hang of ______ at first can be challenging, but with patience and practice, it gets easier.
- *n.* the act of feeding a baby with milk produced by the mother's breasts

ANSWERS: 99. genius, 100. gallon, 101. sting, 102. unlikely, 103. morality, 104. representation, 105. tossed, 106. breastfeeding

- 107. His ______ behavior often gets him into trouble.
- *adj.* not fully developed or grown; not fully mature
- 108. The painter focused on the moody ______ of abandoned buildings in his work.
- *n.* the inside or inner part of something; the space within the walls of a building
- 109. The police placed a _____ across the street to halt traffic.
- *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
- 110. Ethics is a branch of _____.
- *n.* the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
- 111. The teacher will not _____ any students to leave the classroom early.
- v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
- 112. The bathroom walls were covered in _____ from the dampness.
- *n.* a thin, white, or grayish fungus, typically appearing on organic matter or plants that are damp or in a warm place
- 113. The country's prime minister has decided to implement a nationwide ______ measure.
- *n.* an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
- 114. I need to do the _____ before I run out of clean clothes.
- *n.* the act of washing clothes and linens; a room or area where clothes are washed and ironed

ANSWERS: 107. immature, 108. interiors, 109. barrier, 110. philosophy, 111. permit, 112. mildew, 113. lockdown, 114. laundry

- 115. He _____ the letter with hot wax.
- *v.* to close or fasten an envelope, etc. securely; (noun) a large marine mammal that chiefly lives in cold regions and comes on shore to breed
- 116. _____ hyperglycemia is a trigger for a variety of serious diseases.
- *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
- 117. The Earth ______ on its axis once every 24 hours.
- *v.* to turn around a central point or axis; to move in a circular path around something
- 118. Advocates for legal reform hear less harsh words from their _____.
- *n.* someone who expresses opinions about the quality of books, music, etc.
- 119. The primary purpose of the _____ is pain relief.
- *n.* the way in which someone deals with or behaves towards someone or something; medical care provided to a patient for an injury or illness.
- 120. Too much variety may _____ and confuse viewers.
- v. to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
- 121. The organization ______ the needs of the community in its decision-making.
- v. to assign a higher level of importance to something compared to other things
- 122. I prefer using ______ razors because they are more convenient.
- adj. designed to be used once and then thrown away

ANSWERS: 115. sealed, 116. Chronic, 117. rotates, 118. critics, 119. treatment, 120. overwhelm, 121. prioritized, 122. disposable

- 123. The employee had to wait outside while police ______ the building.
 - *v.* to look at someone or something closely, usually to examine their condition or to detect flaws
- 124. A ______ needs constant supervision and firm control.
- *n.* a young child who has recently learned to walk
- 125. Every human is responsible for taking care of the Earth's _____.
- *n.* the natural world such as air, water, and land in which humans, animals, and plants live
- 126. The woods _____ the house.
 - *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

ANSWERS: 123. inspected, 124. toddler, 125. environment, 126. embrace