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Vocabulary Builder Reference from...

Sara C. Mednick: How long should your naps be? |

TED Talk

https://www.ted.com/talks/sara_c_mednick_how_long_should_your_naps_be

All Words

IMPORTANT

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Session 1: Word List

gradual

adj. happening slowly over a long period of time or distance; not steep or abrupt

synonym: incremental, gradational, piecemeal

(1) a **gradual** process, (2) a **gradual** change

The country experienced a **gradual** increase in population.

nap

n. a short sleep, especially during the day

synonym: rest, doze, drowse

(1) take a **nap**, (2) daytime **nap**

She woke the kids up from their **nap**.

derail

v. to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

synonym: crash, wreck, thwart

(1) **derail** the recovery, (2) **derail** an argument

The train **derailed** because a cow was standing on the tracks.

approximately

adv. close to a specific number or time but not exactly that number or time

synonym: about, around, roughly

(1) **approximately** 3 feet long, (2) **approximately** same

This trail takes **approximately** 2.5 hours.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

asleep

adj. in a state of sleep

synonym : sleeping, fallen, at rest

(1) **asleep** at the wheel, (2) dead **asleep**

He lay down and fell **asleep** immediately.

temperature

n. the degree of hotness or coldness of a thing or place

synonym : climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric **temperature**

Cities around the world set records for highest **temperatures** this summer.

relax

v. to become or cause someone to become less active or tense and calmer

synonym : soften, comfort, soothe

(1) **relax** a series of muscles, (2) **relax** at home

The rules were **relaxed** after the new executive arrived.

neuron

n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body

synonym : nerve cell

(1) excite the **neurons**, (2) **neuron** cell body

Our body transfers information along each **neuron** using an electrical impulse.

unison

n. occurring or corresponding together, simultaneously, or exactly; (music) two or more sounds or tones at the same pitch or in octaves

synonym : harmony, accord, unanimity

(1) singing in **unison**, (2) clap the hands in **unison**
They saluted in **unison** to the captain.

sweep

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

synonym: clean, clear, brush off

(1) **sweep** up dead leaves, (2) **sweep** a room with a glance
The politician tried to **sweep** the embarrassing incident under the rug.

cortex

n. the outermost layer of an organ, especially the brain

(1) **cortex** cells, (2) visual **cortex** neuron

The cerebral **cortex** consists of six layers.

punctuate

v. to insert punctuation marks (= comma, period, colon, etc.) in the text; to interrupt periodically

synonym: emphasize, accent, mark

(1) **punctuate** a sentence, (2) **punctuate** his talk
Strikes had also **punctuated** the preceding weeks.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym: sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

spindle

n. a rotating shaft that serves as axes for larger rotating parts; (biology) tiny fibers that are seen in cell division

synonym: shaft, axis, mandrel

(1) a **spindle-shaped** muscle, (2) **spindle** cell cancer

A powerful **spindle** motor is required to process these metal parts.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

coordination

n. the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

synonym: cooperation, teamwork, collaboration

(1) data **coordination**, (2) loss of muscle **coordination**

Synchronized swimming needs close **coordination** between six performers.

phase

n. any stage in a series of events, change, or development

synonym: degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

completion

n. the act or process of finishing something that you are doing or making; the state of being finished

synonym: fruition, realization, accomplishment

(1) a **completion** ceremony, (2) scheduled **completion** date

The mayor announced that the renovation of the city hall is now nearing **completion**.

consist

v. to be composed or made up of

synonym: lie in, comprise, exist

(1) **consist** mainly of cells, (2) **consist** only in knowing facts

This examination **consists** of five problems to solve.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

potentiate

v. to increase the effect, likelihood, or power of something, such as a drug or a physiological or biochemical phenomenon

synonym: increase, boost, enhance

(1) **potentiate** the drug, (2) **potentiate** the immune response

The author's war and suffering experience **potentiates** this novel's reality.

strengthen

v. to become stronger or more effective; to make someone or something stronger or more effective

synonym: reinforce, harden, boost

(1) **strengthen** the immune system, (2) **strengthen** a border patrol

Difficulties **strengthen** the mind, as labor does the body.

synapse

n. the fact or state of failing to finish an activity and of stopping using, making, or doing it

(1) **synapse** circuit, (2) end at a **synapse**

Animals transmit nerve impulses through **synapses**.

essential

adj. indispensable; fundamental

synonym: critical, crucial, basic

(1) **essential** amino acid, (2) **essential** commodities of life

Trial and error is an **essential** part of education.

storage

n. the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information

synonym: storehouse, depository, warehousing

(1) a **storage** battery, (2) **storage** at low temperature
We store customer data in cloud **storage**.

stabilize

v. to become or cause to become steady or unlikely to give way

synonym: brace, steady, secure

(1) **stabilize** prices, (2) **stabilize** blood sugar levels

The raising of interest rates **stabilizes** the inflation rate.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

prefrontal

adj. in or about the foremost part of the frontal lobe of the brain

(1) **prefrontal** bone, (2) **prefrontal** region

Research shows that damage to the **prefrontal** cortex leads to increased aggression.

largely

adv. virtually entirely; to a large degree

synonym: mainly, chiefly, broadly

(1) **largely** accepted, (2) **largely** mitigate the issue

Nevada is **largely** a desert state.

inhibit

v. to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal

synonym: deter, hinder, impede

(1) **inhibit** desires, (2) **inhibit** tumor growth

Excessive parental interference may **inhibit** children's eagerness to learn.

amygdala

n. one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell

(1) the decline in **amygdala** activity, (2) **amygdala** damage

The **amygdala** has been associated with memories of past emotional events.

cingulate

n. a part of the brain situated in the medial aspect of the cerebral cortex that is an integral part of the limbic system, which is involved with emotion formation and processing, learning, and memory

(1) a posterior **cingulate**, (2) ventral **cingulate** cortex

Researchers found marked differences in the anterior **cingulate** of the brain between species.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

motivation

n. the reason or enthusiasm for acting or behaving in a particular way

synonym: inspiration, incentive, reason

(1) understand his **motivation**, (2) **motivation** for a change

A significant amount of **motivation** is required to be a teacher.

posit

v. to suggest or accept something as fact or as a basis for argument or consideration

synonym: assert, declare, assume

(1) **posit** the existence of life after death, (2) **posit** the premise

We should **posit** several hypotheses to discuss the matter.

combination

n. a collection of things that have been combined; an assemblage of separate parts or qualities

synonym: blend, hybrid, compounding

(1) genic **combinations**, (2) **combination** number

The **combination** to the safe was a secret.

bizarre

adj. very strange or unusual

synonym: abnormal, freaky, outlandish

(1) the story is **bizarre**, (2) **bizarre** behavior

The truth was more **bizarre** than expected.

association

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

synonym: affiliation, collaboration, society

(1) word **associations**, (2) a scholarship **association**

His membership in the **association** provided him with numerous benefits.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

innovative

adj. introducing or using new methods, ideas, etc.

synonym: creative, ingenious, inventive

(1) use of **innovative** technology, (2) stylistically **innovative** works

The Prime Minister stressed the need to create **innovative** industries.

dominate

v. to have or control a lot of power and influence over somebody or something

synonym: govern, rule, prevail

(1) **dominate** possession, (2) **dominate** over the weak

The perspective of his right brain **dominates** his consciousness.

midday

n. noon; twelve o'clock in the middle of the day

synonym: noon, meridian, noontime

(1) **midday** meal, (2) **midday** glare of the sun

We usually have a lunch meeting at **midday**.

evenly

adv. in equal amounts or shares; in a balanced or impartial way

synonym: constantly, smoothly, equally

(1) **evenly** colored, (2) almost **evenly** divided

This product can spread the cement **evenly**.

split

v. to divide, or to make something divide into two or more parts, especially along a particular line

synonym: break, divide, break apart

(1) **split** a bill, (2) **split** a reward equally

Companies often **split** their shares to lower the stock price and encourage investors to buy.

groggy

adj. weak, dizzy, or unable to think or walk well because of illness, intoxication, sleep, or blow

synonym: dizzy, dazed, foggy

(1) still **groggy** from anesthesia, (2) feel **groggy**

We were **groggy** with jet lag.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem **afterward**.

Session 2: Spelling

1. po__t the existence of life after death
v. to suggest or accept something as fact or as a basis for argument or consideration
2. dead as___p
adj. in a state of sleep
3. app_____ely same
adv. close to a specific number or time but not exactly that number or time
4. st_____e at low temperature
n. the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information
5. es_____al commodities of life
adj. indispensable; fundamental
6. clap the hands in un___n
n. occurring or corresponding together, simultaneously, or exactly; (music) two or more sounds or tones at the same pitch or in octaves
7. the atmospheric tem_____re
n. the degree of hotness or coldness of a thing or place
8. a st_____e battery
n. the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information
9. use of inn_____ve technology
adj. introducing or using new methods, ideas, etc.
10. still gr___y from anesthesia
adj. weak, dizzy, or unable to think or walk well because of illness, intoxication, sleep, or blow

ANSWERS: 1. posit, 2. asleep, 3. approximately, 4. storage, 5. essential, 6. unison, 7. temperature, 8. storage, 9. innovative, 10. groggy

11. po__t the premise *v.* to suggest or accept something as fact or as a basis for argument or consideration
12. improve co_____ve function *adj.* of or relating to mental processes of understanding
13. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
14. a scholarship ass_____on *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
15. go there af_____rd *adv.* after the time mentioned
16. sw__p up dead leaves *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
17. enter on the last ph__e *n.* any stage in a series of events, change, or development
18. a gr_____l process *adj.* happening slowly over a long period of time or distance; not steep or abrupt
19. sp__t a reward equally *v.* to divide, or to make something divide into two or more parts, especially along a particular line
20. data coo_____ion *n.* the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively
21. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else

ANSWERS: 11. posit, 12. cognitive, 13. associate, 14. association, 15. afterward, 16. sweep, 17. phase, 18. gradual, 19. split, 20. coordination, 21. associate

22. mi___y glare of the sun *n.* noon; twelve o'clock in the middle of the day
23. re__x at home *v.* to become or cause someone to become less active or tense and calmer
24. feel gr___y *adj.* weak, dizzy, or unable to think or walk well because of illness, intoxication, sleep, or blow
25. daytime n_p *n.* a short sleep, especially during the day
26. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
27. re__x a series of muscles *v.* to become or cause someone to become less active or tense and calmer
28. almost ev___y divided *adv.* in equal amounts or shares; in a balanced or impartial way
29. stylistically inn_____ve works *adj.* introducing or using new methods, ideas, etc.
30. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
31. the decline in am_____la activity *n.* one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
32. end at a sy_____e *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it
33. de___l the recovery *v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

ANSWERS: 22. midday, 23. relax, 24. groggy, 25. nap, 26. emotion, 27. relax, 28. evenly, 29. innovative, 30. roll, 31. amygdala, 32. synapse, 33. derail

34. a posterior ci_____te *n.* a part of the brain situated in the medial aspect of the cerebral cortex that is an integral part of the limbic system, which is involved with emotion formation and processing, learning, and memory
35. co_____t only in knowing facts *v.* to be composed or made up of
36. pre_____al bone *adj.* in or about the foremost part of the frontal lobe of the brain
37. mi____y meal *n.* noon; twelve o'clock in the middle of the day
38. a few years af_____rd *adv.* after the time mentioned
39. genic com_____ons *n.* a collection of things that have been combined; an assemblage of separate parts or qualities
40. word ass_____ons *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
41. in_____t desires *v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal
42. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
43. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

ANSWERS: 34. cingulate, 35. consist, 36. prefrontal, 37. midday, 38. afterward, 39. combination, 40. association, 41. inhibit, 42. roll, 43. cycle

44. str_____en the immune system *v.* to become stronger or more effective; to make someone or something stronger or more effective
45. understand his mot_____on *n.* the reason or enthusiasm for acting or behaving in a particular way
46. la_____y mitigate the issue *adv.* virtually entirely; to a large degree
47. visual co____x neuron *n.* the outermost layer of an organ, especially the brain
48. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
49. co_____t mainly of cells *v.* to be composed or made up of
50. de____l an argument *v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
51. in_____t tumor growth *v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal
52. two-ph__e structure *n.* any stage in a series of events, change, or development
53. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
54. ev____y colored *adv.* in equal amounts or shares; in a balanced or impartial way
55. pot_____te the drug *v.* to increase the effect, likelihood, or power of something, such as a drug or a physiological or biochemical phenomenon

ANSWERS: 44. strengthen, 45. motivation, 46. largely, 47. cortex, 48. cycle, 49. consist, 50. derail, 51. inhibit, 52. phase, 53. emotion, 54. evenly, 55. potentiate

56. pot_____te the immune response *v.* to increase the effect, likelihood, or power of something, such as a drug or a physiological or biochemical phenomenon
57. pu_____te a sentence *v.* to insert punctuation marks (= comma, period, colon, etc.) in the text; to interrupt periodically
58. loss of muscle coo_____ion *n.* the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively
59. a sp_____e-shaped muscle *n.* a rotating shaft that serves as axes for larger rotating parts; (biology) tiny fibers that are seen in cell division
60. pu_____te his talk *v.* to insert punctuation marks (= comma, period, colon, etc.) in the text; to interrupt periodically
61. as___p at the wheel *adj.* in a state of sleep
62. basic br___n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
63. sp___t a bill *v.* to divide, or to make something divide into two or more parts, especially along a particular line
64. mot_____on for a change *n.* the reason or enthusiasm for acting or behaving in a particular way
65. a com_____on ceremony *n.* the act or process of finishing something that you are doing or making; the state of being finished

ANSWERS: 56. potentiate, 57. punctuate, 58. coordination, 59. spindle, 60. punctuate, 61. asleep, 62. brain, 63. split, 64. motivation, 65. completion

66. sp_____e cell cancer *n.* a rotating shaft that serves as axes for larger rotating parts; (biology) tiny fibers that are seen in cell division
67. extreme tem_____res *n.* the degree of hotness or coldness of a thing or place
68. am_____la damage *n.* one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell
69. ne____l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
70. st_____ze blood sugar levels *v.* to become or cause to become steady or unlikely to give way
71. com_____on number *n.* a collection of things that have been combined; an assemblage of separate parts or qualities
72. em_____al health *adj.* relating to people's feelings
73. st_____ze prices *v.* to become or cause to become steady or unlikely to give way
74. ventral ci_____te cortex *n.* a part of the brain situated in the medial aspect of the cerebral cortex that is an integral part of the limbic system, which is involved with emotion formation and processing, learning, and memory
75. pre_____al region *adj.* in or about the foremost part of the frontal lobe of the brain
76. sw__p a room with a glance *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

ANSWERS: 66. spindle, 67. temperature, 68. amygdala, 69. neural, 70. stabilize, 71. combination, 72. emotional, 73. stabilize, 74. cingulate, 75. prefrontal, 76. sweep

77. excite the ne___ns *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
78. em_____al distress *adj.* relating to people's feelings
79. str_____en a border patrol *v.* to become stronger or more effective; to make someone or something stronger or more effective
80. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
81. ne___n cell body *n.* a cell that is specialized to carry information within the brain and between the brain and other parts of the body
82. singing in un___n *n.* occurring or corresponding together, simultaneously, or exactly; (music) two or more sounds or tones at the same pitch or in octaves
83. bi_____e behavior *adj.* very strange or unusual
84. the story is bi_____e *adj.* very strange or unusual
85. a gr_____l change *adj.* happening slowly over a long period of time or distance; not steep or abrupt
86. take a n_p *n.* a short sleep, especially during the day
87. scheduled com_____on date *n.* the act or process of finishing something that you are doing or making; the state of being finished

ANSWERS: 77. neuron, 78. emotional, 79. strengthen, 80. brain, 81. neuron, 82. unison, 83. bizarre, 84. bizarre, 85. gradual, 86. nap, 87. completion

88. es_____al amino acid *adj.* indispensable; fundamental
89. do_____te over the weak *v.* to have or control a lot of power and influence over somebody or something
90. ne____l networks in AI *adj.* of or relating to a nerve or the nervous system that includes the brain
91. do_____te possession *v.* to have or control a lot of power and influence over somebody or something
92. co____x cells *n.* the outermost layer of an organ, especially the brain
93. app_____ely 3 feet long *adv.* close to a specific number or time but not exactly that number or time
94. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
95. la_____y accepted *adv.* virtually entirely; to a large degree
96. sy_____e circuit *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it

ANSWERS: 88. essential, 89. dominate, 90. neural, 91. dominate, 92. cortex, 93. approximately, 94. cognitive, 95. largely, 96. synapse

Session 3: Fill in the Blanks

1. Difficulties _____ the mind, as labor does the body.
 - v.* to become stronger or more effective; to make someone or something stronger or more effective

2. His membership in the _____ provided him with numerous benefits.
 - n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

3. The cerebral _____ consists of six layers.
 - n.* the outermost layer of an organ, especially the brain

4. The era of the industrial revolution was a crucial _____ of history.
 - n.* any stage in a series of events, change, or development

5. Researchers found marked differences in the anterior _____ of the brain between species.
 - n.* a part of the brain situated in the medial aspect of the cerebral cortex that is an integral part of the limbic system, which is involved with emotion formation and processing, learning, and memory

6. The _____ has been associated with memories of past emotional events.
 - n.* one of two parts of the almond-shaped neural structure that are linked to emotions, especially fear and pleasure, memory, and the sense of smell

7. Cities around the world set records for highest _____ this summer.
 - n.* the degree of hotness or coldness of a thing or place

ANSWERS: 1. strengthen, 2. association, 3. cortex, 4. phase, 5. cingulate, 6. amygdala, 7. temperatures

8. Research shows that damage to the _____ cortex leads to increased aggression.
adj. in or about the foremost part of the frontal lobe of the brain
9. Animals transmit nerve impulses through _____.
n. the fact or state of failing to finish an activity and of stopping using, making, or doing it
10. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
11. Our body transfers information along each _____ using an electrical impulse.
n. a cell that is specialized to carry information within the brain and between the brain and other parts of the body
12. The train _____ because a cow was standing on the tracks.
v. to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally
13. A powerful _____ motor is required to process these metal parts.
n. a rotating shaft that serves as axes for larger rotating parts; (biology) tiny fibers that are seen in cell division
14. He lay down and fell _____ immediately.
adj. in a state of sleep
15. He was exhausted and _____ into bed as soon as he got home.
v. to move in a particular direction by turning over and over or from side to side

ANSWERS: 8. prefrontal, 9. synapses, 10. brain, 11. neuron, 12. derailed, 13. spindle, 14. asleep, 15. rolled

16. His _____ faculties were getting worse because of a lack of sleep.

adj. of or relating to mental processes of understanding

17. Nevada is _____ a desert state.

adv. virtually entirely; to a large degree

18. The food chain causes a material _____.

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

19. The author's war and suffering experience _____ this novel's reality.

v. to increase the effect, likelihood, or power of something, such as a drug or a physiological or biochemical phenomenon

20. The truth was more _____ than expected.

adj. very strange or unusual

21. The politician tried to _____ the embarrassing incident under the rug.

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

22. The perspective of his right brain _____ his consciousness.

v. to have or control a lot of power and influence over somebody or something

23. We should _____ several hypotheses to discuss the matter.

v. to suggest or accept something as fact or as a basis for argument or consideration

24. This examination _____ of five problems to solve.

v. to be composed or made up of

ANSWERS: 16. cognitive, 17. largely, 18. cycle, 19. potentiates, 20. bizarre, 21. sweep, 22. dominates, 23. posit, 24. consists

25. The raising of interest rates _____ the inflation rate.
v. to become or cause to become steady or unlikely to give way
26. There was a disturbance of _____ function.
adj. of or relating to a nerve or the nervous system that includes the brain
27. Trial and error is an _____ part of education.
adj. indispensable; fundamental
28. The majority of consumers _____ this brand with quality.
v. to mentally connect someone or something with someone or something else
29. This product can spread the cement _____.
adv. in equal amounts or shares; in a balanced or impartial way
30. The mayor announced that the renovation of the city hall is now nearing _____.
n. the act or process of finishing something that you are doing or making; the state of being finished
31. We usually have a lunch meeting at _____.
n. noon; twelve o'clock in the middle of the day
32. A significant amount of _____ is required to be a teacher.
n. the reason or enthusiasm for acting or behaving in a particular way
33. We will explain the countermeasure concerning this problem _____.
adv. after the time mentioned

ANSWERS: 25. stabilizes, 26. neural, 27. essential, 28. associate, 29. evenly, 30. completion, 31. midday, 32. motivation, 33. afterward

34. Strikes had also _____ the preceding weeks.

- v.* to insert punctuation marks (= comma, period, colon, etc.) in the text; to interrupt periodically

35. The Prime Minister stressed the need to create _____ industries.

- adj.* introducing or using new methods, ideas, etc.

36. Synchronized swimming needs close _____ between six performers.

- n.* the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

37. She woke the kids up from their ____.

- n.* a short sleep, especially during the day

38. Excessive parental interference may _____ children's eagerness to learn.

- v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal

39. We store customer data in cloud _____.

- n.* the act or process of putting in and keeping something in a particular place for use in the future; an electronic memory device that can store information

40. They saluted in _____ to the captain.

- n.* occurring or corresponding together, simultaneously, or exactly; (music) two or more sounds or tones at the same pitch or in octaves

41. This trail takes _____ 2.5 hours.

- adv.* close to a specific number or time but not exactly that number or time

ANSWERS: 34. punctuated, 35. innovative, 36. coordination, 37. nap, 38. inhibit, 39. storage, 40. unison, 41. approximately

42. The country experienced a _____ increase in population.

adj. happening slowly over a long period of time or distance; not steep or abrupt

43. Human _____ responses vary widely depending on the society to which they belong.

adj. relating to people's feelings

44. Companies often _____ their shares to lower the stock price and encourage investors to buy.

v. to divide, or to make something divide into two or more parts, especially along a particular line

45. The rules were _____ after the new executive arrived.

v. to become or cause someone to become less active or tense and calmer

46. The _____ to the safe was a secret.

n. a collection of things that have been combined; an assemblage of separate parts or qualities

47. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

48. We were _____ with jet lag.

adj. weak, dizzy, or unable to think or walk well because of illness, intoxication, sleep, or blow

ANSWERS: 42. gradual, 43. emotional, 44. split, 45. relaxed, 46. combination, 47. emotions, 48. groggy