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Vocabulary Builder from...

Annie Bosler and Don Greene: How to practice effectively...for just about anything | TED Talk

All Words

Session 1: Word List

mast

n. a long pole aboard a boat or ship that holds up the sails

(1) **mast** height, (2) built-up **mast**

The main cabin is located in front of the **mast**.

pirouette

n. a rapid spin of the body on the toes or the front part of the foot, especially performed by a ballet dancer

synonym: gyration, whirl, gyration

(1) perform a **pirouette**, (2) moves into a **pirouette**

She turned a triple **pirouette** on the ice.

instrument

n. an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

synonym: apparatus, tool, device

(1) musical **instruments**, (2) surgical **instruments**

This electronic **instrument** is required to undergo periodic inspections to ensure precision.

repetition

n. the act of doing or saying something many times

synonym: duplication, iteration, recurrence

(1) **repetition** of the word, (2) habitual **repetition**

Repetition is the mother of all learning.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

synonym : self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym : sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

tissue

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

synonym : structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**

The researcher separated the nervous **tissue** for microscopic examinations.

sensory

adj. of or relating to the physical senses

synonym : receptive, sensuous, neural

(1) a **sensory** organ, (2) a child with **sensory** issues

Sharks have highly developed **sensory** systems and are extremely sensitive creatures.

stimulus

n. something that causes growth or arouses action

synonym : incitement, inspiration, motivation

(1) a response to a **stimulus**, (2) economic **stimulus**

This book provides children with ideas and a **stimulus** for outside recreation.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

fatty

adj. containing a lot of fat

synonym : greasy, oily

(1) less **fatty** meat, (2) **fatty** acid

You should keep away from **fatty** foods.

fiber

n. thread or filament used to make a vegetable tissue, mineral material, or textile

synonym : yarn, thread, wool

(1) carbon **fiber**, (2) synthetic **fiber**

We must consume dietary **fiber** to maintain good health.

spinal

adj. of or relating to the spine (= the long bone in the body's back)

(1) **spinal** injury, (2) brain and **spinal** cord

The surgeon carefully confirmed how to remove the tumor to avoid damaging the **spinal** nerves.

cord

n. a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

synonym : wire, cable, string

(1) spinal **cord**, (2) electrical **cord**

Your spinal **cord** is located deep within your body.

axon

n. a long and slender projection of a nerve cell, or neuron, that sends out signals away from the nerve cell

(1) an **axon** of a nerve cell, (2) the **axon** terminals

We are developing a technology to promote the elongation and regeneration of sensory nerve **axons**.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym : surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

myelin

n. a white fatty substance that covers around nerves, helping them to send signals effectively

synonym : medulla

(1) **myelin** encasing the axons, (2) **myelin** protein

Myelin sheath allows electrical impulses to travel quickly and efficiently along the nerve cells.

sheath

n. a close-fitting cover to protect something such as the blade of a knife, sword, or other sharp objects

synonym : covering, case

(1) a sword **sheath**, (2) peripheral nerve **sheath**

He had long suffered from inflammation of a tendon **sheath**.

insulation

n. the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this

synonym : cushioning, covering, nonconductor

(1) additional sound **insulation**, (2) **insulation** board

He installed fiberglass **insulation** in the wall.

electrical

adj. relating to electricity

(1) an **electrical** storm, (2) degree in **electrical** engineering

Actuators convert **electrical** pulses into motion.

cable

n. a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire

synonym : wire, cord, rope

(1) **cable** television, (2) coaxial **cable**

This system uses submarine **cables** to exchange information between continents.

efficiently

adv. in a way that produces maximum output with minimum effort or expense

synonym: expeditiously, skillfully, ably

(1) **efficiently** combined, (2) develop software more **efficiently**

We can resolve support requests quickly and **efficiently** by utilization of AI.

pathway

n. a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling **pathways**

When the first molecule in the **pathway** receives a signal, it activates other molecules.

insulate

v. to protect something by interposing material that prevents heat, noise, electricity, etc.

synonym: isolate, protect, seclude

(1) **insulate** the room from sound, (2) **insulate** electricity

We had our bedroom **insulated** before winter came.

superhighway

n. a large, wide road designed for high-speed traffic

synonym: expressway, motorway, artery

(1) six-lane **superhighway**, (2) a tollgate of a **superhighway**

The University provides a wireless Internet **superhighway** to its students.

athlete

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

synonym: player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym: ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

quantity

n. the amount or number of something; magnitude

synonym: abundance, portion, amount

(1) half **quantity**, (2) residual **quantity**

In southward, the average annual water **quantity** increases.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

mastery

n. complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity

synonym: proficiency, aptitude, domination

(1) **mastery** of mathematics, (2) strive for **mastery**

The country finally gained **mastery** over the whole land of its neighbors.

effectiveness

n. the fact or quality of producing the result that is wanted or intended

synonym: efficacy, usefulness, significance

(1) teaching **effectiveness**, (2) **effectiveness** against insomnia

This product is a durable material that combines cost-**effectiveness** and quality.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym: coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

tip

n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

synonym: edge, advice, gratuity

(1) the **tip** of a paintbrush, (2) give the waiter a **tip** .

I will introduce some **tips** on learning English in this class.

minimize

v. to make something, especially something bad, small or less serious

synonym: diminish, mitigate, belittle

(1) **minimize** a loss, (2) way to **minimize** conflict

I bought a gadget before my trip to help **minimize** stress during the flight.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict
Internet traffic volumes have increased significantly with the advent of **smartphones**.

slow-motion

n. an effect in film-making whereby time appears to be slowed down

synonym: turtle's pace, slow-mo

(1) **slow-motion** movie, (2) frame-by-frame **slow-motion**
Baseball umpires often overturn decisions with **slow-motion** replay.

coordination

n. the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

synonym: cooperation, teamwork, collaboration

(1) data **coordination**, (2) loss of muscle **coordination**
Synchronized swimming needs close **coordination** between six performers.

incorrect

adj. not in accordance with fact or truth or not accurate

synonym: unsound, wrong, inaccurate

(1) make an **incorrect** report, (2) an **incorrect** translation
He found my English sentences are **incorrect**.

gradual

adj. happening slowly over a long period of time or distance; not steep or abrupt

synonym: incremental, gradational, piecemeal

(1) a **gradual** process, (2) a **gradual** change

The country experienced a **gradual** increase in population.

frequent

adj. happening constantly

synonym : periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use

His heartaches are less **frequent** now.

allot

v. to give or apportion something, especially a share of something available, to someone

synonym : assign, allocate, apportion

(1) **allot** an important role to him, (2) **allot** shares

I **allot** two hours early in the morning to my study.

elite

adj. belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

synonym : privileged, favored, elect

(1) earn **elite** status, (2) **elite** athlete

Very few educational **elites** go to Oxford or Cambridge.

craft

n. an activity that requires a particular skill in making things with one's hands

synonym : art, skill, workmanship

(1) **craft** arts of Japan, (2) **craft** manufacture

His hometown was where he first acquired the **craft** of wood carving.

divide

v. to separate or cause to separate into parts or groups

synonym : separate, disconnect, split

(1) **divide** the cake into two pieces, (2) **divide** money equally

Can you **divide** 123321 by eleven?

session

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym : conference, gathering

(1) the morning **session**, (2) the court **session**
Parliament is now in **session**.

duration

n. the length of time something lasts or continues
synonym: period, span, course

(1) the **duration** of insurance, (2) short **duration**
The military incarcerated him for the **duration** of the war.

vivid

adj. producing very clear, powerful, and detailed images in the mind
synonym: intense, powerful, dazzling

(1) **vivid** colors, (2) still **vivid** in my memory
She made a **vivid** impression.

reinforce

v. to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger

synonym: strengthen, fortify, support

(1) **reinforce** the military, (2) **reinforce** good behavior
We should **reinforce** the troops at the front line.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit
Having a **physically** healthy physique is essential for a great life.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments**
His **experiments** showed highly positive results.

intermediate

adj. situated between two locations, things, states, etc.; around the middle of a scale of evaluation

synonym: middle, medium, central

(1) **intermediate** sanction, (2) **intermediate** level
Purple is **intermediate** between blue and red.

unravel

v. undo twisted, knitted, or woven threads by separating it
synonym: separate, unknot, ravel

(1) **unravel** a knit, (2) **unravel** a plot

Detectives are still attempting to **unravel** the mystery of his death.

maxim

n. a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

synonym: adage, proverb, aphorism

(1) old **maxim**, (2) act upon a **maxim**

A good **maxim** is never out of season.

Session 2: Spelling

1. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
2. im_____e a process *v.* to make or become better
3. ca__e television *n.* a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire
4. the at_____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
5. fr_____nt absence *adj.* happening constantly
6. high school at_____es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
7. vi__d colors *adj.* producing very clear, powerful, and detailed images in the mind
8. still vi__d in my memory *adj.* producing very clear, powerful, and detailed images in the mind
9. a reckless at_____t *n.* an act or effort of trying to do something, especially something difficult
10. m__t height *n.* a long pole aboard a boat or ship that holds up the sails
11. el__e athlete *adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

ANSWERS: 1. physically, 2. improve, 3. cable, 4. attempt, 5. frequent, 6. athlete, 7. vivid, 8. vivid, 9. attempt, 10. mast, 11. elite

12. at_____te the change to their marriage
13. basic br__n function
14. eff_____ly combined
15. strive for ma_____y
16. act upon a ma__m
17. a sword sh___h
18. musical ins_____nts
19. get ne_____s
20. less fa__y meat
21. pa_____y to understanding
- v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
- adv.* in a way that produces maximum output with minimum effort or expense
- n.* complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity
- n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior
- n.* a close-fitting cover to protect something such as the blade of a knife, sword, or other sharp objects
- n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work
- adj.* worried and anxious about something; relating to the nerves
- adj.* containing a lot of fat
- n.* a track that constitutes or serves as a path; an approach or a way of doing something

ANSWERS: 12. attribute, 13. brain, 14. efficiently, 15. mastery, 16. maxim, 17. sheath, 18. instrument, 19. nervous, 20. fatty, 21. pathway

22. ma_____y of mathematics *n.* complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity
23. ins_____on board *n.* the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this
24. six-lane sup_____way *n.* a large, wide road designed for high-speed traffic
25. sma_____ne addict *n.* a mobile phone that functions as a computer and connects to the Internet
26. eff_____ess against insomnia *n.* the fact or quality of producing the result that is wanted or intended
27. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
28. cr__t arts of Japan *n.* an activity that requires a particular skill in making things with one's hands
29. teaching eff_____ess *n.* the fact or quality of producing the result that is wanted or intended
30. al__t shares *v.* to give or apportion something, especially a share of something available, to someone
31. un_____l a plot *v.* undo twisted, knitted, or woven threads by separating it
32. get con_____nt results *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
33. half qu_____ty *n.* the amount or number of something; magnitude

ANSWERS: 22. mastery, 23. insulation, 24. superhighway, 25. smartphone, 26. effectiveness, 27. distract, 28. craft, 29. effectiveness, 30. allot, 31. unravel, 32. consistent, 33. quantity

34. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
35. electrical c__d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
36. habitual rep_____on *n.* the act of doing or saying something many times
37. old ma__m *n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior
38. w__p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
39. a gr_____l change *adj.* happening slowly over a long period of time or distance; not steep or abrupt
40. my__n protein *n.* a white fatty substance that covers around nerves, helping them to send signals effectively
41. peripheral nerve sh___h *n.* a close-fitting cover to protect something such as the blade of a knife, sword, or other sharp objects
42. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
43. fr_____nt use *adj.* happening constantly
44. rep_____on of the word *n.* the act of doing or saying something many times

ANSWERS: 34. brain, 35. cord, 36. repetition, 37. maxim, 38. wrap, 39. gradual, 40. myelin, 41. sheath, 42. magic, 43. frequent, 44. repetition

45. un_____l a knit *v.* undo twisted, knitted, or woven threads by separating it
46. in_____e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
47. brain and sp____l cord *adj.* of or relating to the spine (= the long bone in the body's back)
48. perform a pi_____te *n.* a rapid spin of the body on the toes or the front part of the foot, especially performed by a ballet dancer
49. sma_____ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
50. sp____l injury *adj.* of or relating to the spine (= the long bone in the body's back)
51. carbon fi__r *n.* thread or filament used to make a vegetable tissue, mineral material, or textile
52. a facial ti____e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
53. al__t an important role to him *v.* to give or apportion something, especially a share of something available, to someone
54. re_____ce the military *v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
55. loss of muscle coo_____ion *n.* the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

ANSWERS: 45. unravel, 46. intense, 47. spinal, 48. pirouette, 49. smartphone, 50. spinal, 51. fiber, 52. tissue, 53. allot, 54. reinforce, 55. coordination

56. series of exp_____nts *n.* the scientific test conducted to observe what happens and gain new knowledge
57. a se_____y organ *adj.* of or relating to the physical senses
58. short du_____on *n.* the length of time something lasts or continues
59. develop in_____e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
60. synthetic fi___r *n.* thread or filament used to make a vegetable tissue, mineral material, or textile
61. a response to a st_____us *n.* something that causes growth or arouses action
62. cellular signaling pa_____ys *n.* a track that constitutes or serves as a path; an approach or a way of doing something
63. spinal c___d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
64. frame-by-frame slo_____on *n.* an effect in film-making whereby time appears to be slowed down
65. the court se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
66. fa___y acid *adj.* containing a lot of fat
67. mi_____ze a loss *v.* to make something, especially something bad, small or less serious

ANSWERS: 56. experiment, 57. sensory, 58. duration, 59. intense, 60. fiber, 61. stimulus, 62. pathway, 63. cord, 64. slow-motion, 65. session, 66. fatty, 67. minimize

68. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
69. development of the ne____s system *adj.* worried and anxious about something; relating to the nerves
70. con____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
71. int____ate sanction *adj.* situated between two locations, things, states, etc.; around the middle of a scale of evaluation
72. in____te the room from sound *v.* to protect something by interposing material that prevents heat, noise, electricity, etc.
73. in____te electricity *v.* to protect something by interposing material that prevents heat, noise, electricity, etc.
74. di___e money equally *v.* to separate or cause to separate into parts or groups
75. int____ate level *adj.* situated between two locations, things, states, etc.; around the middle of a scale of evaluation
76. built-up m__t *n.* a long pole aboard a boat or ship that holds up the sails
77. im____e the test score *v.* to make or become better
78. data coo______ion *n.* the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

ANSWERS: 68. magic, 69. nervous, 70. confidence, 71. intermediate, 72. insulate, 73. insulate, 74. divide, 75. intermediate, 76. mast, 77. improve, 78. coordination

79. way to mi_____ze conflict *v.* to make something, especially something bad, small or less serious
80. an ele_____al storm *adj.* relating to electricity
81. an a__n of a nerve cell *n.* a long and slender projection of a nerve cell, or neuron, that sends out signals away from the nerve cell
82. earn el__e status *adj.* belonging to the wealthiest, most potent, best-educated, or best-trained group in a society
83. slo_____on movie *n.* an effect in film-making whereby time appears to be slowed down
84. the du_____on of insurance *n.* the length of time something lasts or continues
85. cr__t manufacture *n.* an activity that requires a particular skill in making things with one's hands
86. di___e the cake into two pieces *v.* to separate or cause to separate into parts or groups
87. re_____ce good behavior *v.* to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
88. moves into a pi_____te *n.* a rapid spin of the body on the toes or the front part of the foot, especially performed by a ballet dancer
89. surgical ins_____nts *n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

ANSWERS: 79. minimize, 80. electrical, 81. axon, 82. elite, 83. slow-motion, 84. duration, 85. craft, 86. divide, 87. reinforce, 88. pirouette, 89. instrument

90. ne___l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
91. an in_____ct translation *adj.* not in accordance with fact or truth or not accurate
92. coaxial ca__e *n.* a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire
93. residual qu_____ty *n.* the amount or number of something; magnitude
94. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
95. a child with se_____y issues *adj.* of or relating to the physical senses
96. boost my con_____ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
97. degree in ele_____al engineering *adj.* relating to electricity
98. my___n encasing the axons *n.* a white fatty substance that covers around nerves, helping them to send signals effectively
99. economic st_____us *n.* something that causes growth or arouses action
100. make an in_____ct report *adj.* not in accordance with fact or truth or not accurate
101. a tollgate of a sup_____way *n.* a large, wide road designed for high-speed traffic
102. develop software more eff_____ly *adv.* in a way that produces maximum output with minimum effort or expense

ANSWERS: 90. neural, 91. incorrect, 92. cable, 93. quantity, 94. wrap, 95. sensory, 96. confidence, 97. electrical, 98. myelin, 99. stimulus, 100. incorrect, 101. superhighway, 102. efficiently

103. give the waiter a t_p. *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
104. become a professional at____e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
105. the morning se____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
106. a gr____l process *adj.* happening slowly over a long period of time or distance; not steep or abrupt
107. additional sound ins____on *n.* the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this
108. exp____nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
109. loss of muscle ti____e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
110. the a__n terminals *n.* a long and slender projection of a nerve cell, or neuron, that sends out signals away from the nerve cell
111. the t_p of a paintbrush *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

ANSWERS: 103. tip, 104. athlete, 105. session, 106. gradual, 107. insulation, 108. experiment, 109. tissue, 110. axon, 111. tip

112. di_____ct attention from the real issue
v. to draw someone's attention away from what they are trying to do
113. do on a con_____nt basis
adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.
114. at_____te directly to sales
v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
115. ne____l networks in AI
adj. of or relating to a nerve or the nervous system that includes the brain
116. phy_____ly and mentally
adv. in a way related to a person's body or appearance rather than their mind

ANSWERS: 112. distract, 113. consistent, 114. attribute, 115. neural, 116. physically

Session 3: Fill in the Blanks

1. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

2. Parliament is now in _____.
n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

3. You should keep away from _____ foods.
adj. containing a lot of fat

4. She made a _____ impression.
adj. producing very clear, powerful, and detailed images in the mind

5. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge

6. I _____ two hours early in the morning to my study.
v. to give or apportion something, especially a share of something available, to someone

7. The military incarcerated him for the _____ of the war.
n. the length of time something lasts or continues

8. The country experienced a _____ increase in population.
adj. happening slowly over a long period of time or distance; not steep or abrupt

ANSWERS: 1. brain, 2. session, 3. fatty, 4. vivid, 5. experiments, 6. allot, 7. duration, 8. gradual

9. The researcher separated the nervous _____ for microscopic examinations.
n. an ensemble of similar cells of the animal or plant that together carry out a specific function
10. _____ sheath allows electrical impulses to travel quickly and efficiently along the nerve cells.
n. a white fatty substance that covers around nerves, helping them to send signals effectively
11. He found my English sentences are _____.
adj. not in accordance with fact or truth or not accurate
12. We had our bedroom _____ before winter came.
v. to protect something by interposing material that prevents heat, noise, electricity, etc.
13. The University provides a wireless Internet _____ to its students.
n. a large, wide road designed for high-speed traffic
14. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
15. The third _____ was far more successful.
n. an act or effort of trying to do something, especially something difficult
16. Synchronized swimming needs close _____ between six performers.
n. the act of making all the people involved in a plan or activity work together effectively; the ability to control different parts of the body effectively

ANSWERS: 9. tissue, 10. Myelin, 11. incorrect, 12. insulated, 13. superhighway, 14. physically, 15. attempt, 16. coordination

17. He had long suffered from inflammation of a tendon _____.

n. a close-fitting cover to protect something such as the blade of a knife, sword, or other sharp objects

18. Very few educational _____ go to Oxford or Cambridge.

adj. belonging to the wealthiest, most potent, best-educated, or best-trained group in a society

19. I bought a gadget before my trip to help _____ stress during the flight.

v. to make something, especially something bad, small or less serious

20. He performed _____ tricks with sophisticated moves.

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

21. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

22. Baseball umpires often overturn decisions with _____ replay.

n. an effect in film-making whereby time appears to be slowed down

23. That statement by the prime minister drew _____ international criticism.

adj. (especially of a feeling) very strong; extremely sharp or severe

24. You are not _____ in your behavior.

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

25. There was a disturbance of _____ function.

adj. of or relating to a nerve or the nervous system that includes the brain

ANSWERS: 17. sheath, 18. elites, 19. minimize, 20. magic, 21. distract, 22. slow-motion, 23. intense, 24. consistent, 25. neural

26. _____ is the mother of all learning.
n. the act of doing or saying something many times
27. We can resolve support requests quickly and _____ by utilization of AI.
adv. in a way that produces maximum output with minimum effort or expense
28. Skill and _____ are an unconquered army.
n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
29. This book provides children with ideas and a _____ for outside recreation.
n. something that causes growth or arouses action
30. We should _____ the troops at the front line.
v. to strengthen or support something, especially by adding another material to it; to make emotion, idea, etc. stronger
31. _____ the bandage tightly around the injured arm.
v. to cover or enclose something entirely with paper, cloth, or other material
32. He suffers from _____ breakdowns.
adj. worried and anxious about something; relating to the nerves
33. His hometown was where he first acquired the _____ of wood carving.
n. an activity that requires a particular skill in making things with one's hands
34. His dream is to become an Olympic _____.
n. a person who competes in one or more sports that involve physical strength, speed, or endurance

ANSWERS: 26. Repetition, 27. efficiently, 28. confidence, 29. stimulus, 30. reinforce, 31. Wrap, 32. nervous, 33. craft, 34. athlete

35. He _____ the disappointing results to the economic downturn.

- v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

36. Actuators convert _____ pulses into motion.

- adj.* relating to electricity

37. Purple is _____ between blue and red.

- adj.* situated between two locations, things, states, etc.; around the middle of a scale of evaluation

38. We are developing a technology to promote the elongation and regeneration of sensory nerve _____.

- n.* a long and slender projection of a nerve cell, or neuron, that sends out signals away from the nerve cell

39. When the first molecule in the _____ receives a signal, it activates other molecules.

- n.* a track that constitutes or serves as a path; an approach or a way of doing something

40. This product is a durable material that combines cost-_____ and quality.

- n.* the fact or quality of producing the result that is wanted or intended

41. The main cabin is located in front of the _____.

- n.* a long pole aboard a boat or ship that holds up the sails

42. His heartaches are less _____ now.

- adj.* happening constantly

ANSWERS: 35. attributes, 36. electrical, 37. intermediate, 38. axons, 39. pathway, 40. effectiveness, 41. mast, 42. frequent

43. Your spinal _____ is located deep within your body.

n. a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

44. Sharks have highly developed _____ systems and are extremely sensitive creatures.

adj. of or relating to the physical senses

45. We must consume dietary _____ to maintain good health.

n. thread or filament used to make a vegetable tissue, mineral material, or textile

46. We want to _____ ties between our two countries.

v. to make or become better

47. In southward, the average annual water _____ increases.

n. the amount or number of something; magnitude

48. She turned a triple _____ on the ice.

n. a rapid spin of the body on the toes or the front part of the foot, especially performed by a ballet dancer

49. Internet traffic volumes have increased significantly with the advent of _____.

n. a mobile phone that functions as a computer and connects to the Internet

50. This system uses submarine _____ to exchange information between continents.

n. a set of wires covered by plastic or rubber that carries electricity, phone signals, etc.; a solid thick rope made of twisted hemp or steel wire

ANSWERS: 43. cord, 44. sensory, 45. fiber, 46. improve, 47. quantity, 48. pirouette, 49. smartphones, 50. cables

51. The country finally gained _____ over the whole land of its neighbors.

- n.* complete control or power of something to dominate or defeat; great skill or knowledge in a particular subject or activity

52. I will introduce some _____ on learning English in this class.

- n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

53. Detectives are still attempting to _____ the mystery of his death.

- v.* undo twisted, knitted, or woven threads by separating it

54. This electronic _____ is required to undergo periodic inspections to ensure precision.

- n.* an object used to make musical sounds, such as a piano, guitar, or drum; a tool or device used for a specific activity, particularly in specialist or scientific work

55. He installed fiberglass _____ in the wall.

- n.* the act or process of covering something to stop heat, sound, electricity, etc. from passing through; the materials used for this

56. The surgeon carefully confirmed how to remove the tumor to avoid damaging the _____ nerves.

- adj.* of or relating to the spine (= the long bone in the body's back)

57. A good _____ is never out of season.

- n.* a well-known phrase that expresses a general or fundamental truth, principle, or rule for behavior

58. Can you _____ 123321 by eleven?

- v.* to separate or cause to separate into parts or groups

ANSWERS: 51. mastery, 52. tips, 53. unravel, 54. instrument, 55. insulation, 56. spinal, 57. maxim, 58. divide

ANSWERS: