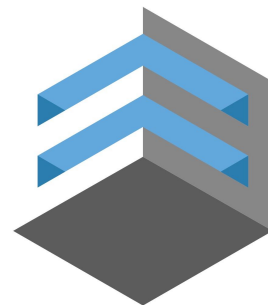


Englist.me

Vocabulary Builder from...

Ryan Heffington: How dance can unleash your inner joy | TED Talk



Advanced Words Only

Session 1: Word List

mitzvah

n. (Judaism) a precept or commandment of the Jewish law
(1) the bar **mitzvah** ceremony, (2) bar **mitzvah** boy
For Jews, a bar **mitzvah** is an important social event.

reconsider

v. to think about a decision or opinion again to
synonym: rethink, review, revisit
(1) **reconsider** the determination, (2) **reconsider** my transfer
He humbly **reconsidered** his conduct.

choreograph

v. to compose a sequence of dance steps, often to music
(1) **choreograph** a stage performance, (2) exquisitely **choreographed**
He had **choreographed** the dance in this play himself.

chandelier

n. a branched decorative light fixture designed to be mounted on ceilings or walls
(1) twinkling **chandelier**, (2) **chandelier-lit** room
This room had a **chandelier** glittering with crystals

rudimentary

adj. relating to basic facts or principles; fundamental
synonym: essential, fundamental, elementary
(1) a **rudimentary** plant, (2) **rudimentary** understanding
He has only a **rudimentary** knowledge of this topic.

stab

v. to cause harm with a sharp, pointed object, such as a knife
synonym:

poke, thrust, jab

(1) **stab** at the enemy with a knife, (2) **stab** in the chest
He was **stabbed** many times with scissors.

cockroach

n. a flat, brown or black, chiefly nocturnal insects
sometimes found in the home

synonym : roach

(1) **cockroach** killer, (2) have a **cockroach** phobia

Cockroaches sometimes cause allergic reactions in humans.

mustache

n. an unshaved growth of hair on the upper lip

synonym : whisker

(1) a gray **mustache**, (2) big **mustache**

The actor's **mustache** has become an icon.

possum

n. a small nocturnal marsupial found in America or
Australia that lives in trees and carries its young in a
skin pocket called a pouch

(1) play **possum**, (2) a full grown **possum**

Marsupials include koalas, **possums**, and kangaroos.

preconceived

adj. (of an idea or opinion) formed beforehand, especially
without evidence for its truth or usefulness

(1) a **preconceived** notion, (2) **preconceived** opinions

We should start a discussion from scratch with no
preconceived ideas.

envision

v. to imagine or expect what a situation will be like in the
future

synonym : anticipate, foresee, picture

(1) **envision** the future, (2) **envision** the project's success

We cannot **envision** her as President.

flourish

v. to grow or develop vigorously or successfully

synonym : boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

stylize

v. to show, do, or represent something according to a particular style, especially a conventional one

synonym: conventionalize

(1) **stylize** the behavior, (2) **stylize** the design

She wore a colorful- **stylized** scarf.

lockdown

n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

(1) go on **lockdown**, (2) **lockdown** area

The country's prime minister has decided to implement a nationwide **lockdown** measure.

unleash

v. to suddenly release a strong force, emotion, etc. that cannot be controlled

synonym: discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

goofy

adj. silly or foolish

synonym: silly, crazy, dopey

(1) wore a **goofy** hat, (2) with a **goofy** expression

He made a **goofy** face as he recalled this morning's events.

disarray

n. the state of disorganization or untidiness in a situation or place; a mental state characterized by a lack of clear and orderly thought and behavior

synonym: chaos, mess, confusion

(1) fall into **disarray**, (2) with her clothes in **disarray** .

The country's economic policies have led to political **disarray**.

unfaltering

adj. marked by stability or firm resolution; not shakable

synonym: resolute, firm, steadfast

(1) **unfaltering** commitment, (2) with **unfaltering** steps

He acted on his **unfaltering** beliefs.

whisk

v. to move something somewhere suddenly and quickly

synonym : whip, hasten, wipe

(1) **whisk** flies away, (2) **whisk** people from entrance to exit

Whisk rapidly until egg whites are foamy.

applause

n. a demonstration of approval or praise by clapping the hands together

synonym : clapping, cheering, acclaim

(1) round of **applause**, (2) earn **applause**

The **applause** burst from the audience.

Session 2: Spelling

- | | |
|----------------------------------|---|
| 1. a gray mu____he | <i>n.</i> an unshaved growth of hair on the upper lip |
| 2. en____on the future | <i>v.</i> to imagine or expect what a situation will be like in the future |
| 3. st____e the behavior | <i>v.</i> to show, do, or represent something according to a particular style, especially a conventional one |
| 4. pre____ved opinions | <i>adj.</i> (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness |
| 5. rec____er the determination | <i>v.</i> to think about a decision or opinion again to |
| 6. have a co____ch phobia | <i>n.</i> a flat, brown or black, chiefly nocturnal insects sometimes found in the home |
| 7. cho____ph a stage performance | <i>v.</i> to compose a sequence of dance steps, often to music |
| 8. lo____wn area | <i>n.</i> an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19 |
| 9. round of ap____se | <i>n.</i> a demonstration of approval or praise by clapping the hands together |
| 10. a full grown po____m | <i>n.</i> a small nocturnal marsupial found in America or Australia that lives in trees and carries its young in a skin pocket called a pouch |

ANSWERS: 1. mustache, 2. envision, 3. stylize, 4. preconceived, 5. reconsider, 6. cockroach, 7. choreograph, 8. lockdown, 9. applause, 10. possum

- | | |
|------------------------------------|--|
| 11. with her clothes in di_____ay. | <i>n.</i> the state of disorganization or untidiness in a situation or place; a mental state characterized by a lack of clear and orderly thought and behavior |
| 12. play po____m | <i>n.</i> a small nocturnal marsupial found in America or Australia that lives in trees and carries its young in a skin pocket called a pouch |
| 13. the bar mi_____h ceremony | <i>n.</i> (Judaism) a precept or commandment of the Jewish law |
| 14. cha_____er-lit room | <i>n.</i> a branched decorative light fixture designed to be mounted on ceilings or walls |
| 15. rud_____ry understanding | <i>adj.</i> relating to basic facts or principles; fundamental |
| 16. st_____e the design | <i>v.</i> to show, do, or represent something according to a particular style, especially a conventional one |
| 17. unf_____ng commitment | <i>adj.</i> marked by stability or firm resolution; not shakable |
| 18. twinkling cha_____er | <i>n.</i> a branched decorative light fixture designed to be mounted on ceilings or walls |
| 19. bar mi_____h boy | <i>n.</i> (Judaism) a precept or commandment of the Jewish law |
| 20. a pre_____ved notion | <i>adj.</i> (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness |
| 21. earn ap_____se | <i>n.</i> a demonstration of approval or praise by clapping the hands together |

ANSWERS: 11. disarray, 12. possum, 13. mitzvah, 14. chandelier, 15. rudimentary, 16. stylize, 17. unfaltering, 18. chandelier, 19. mitzvah, 20. preconceived, 21. applause

22. s__b in the chest
v. to cause harm with a sharp, pointed object, such as a knife
23. un____h her anger
v. to suddenly release a strong force, emotion, etc. that cannot be controlled
24. go on lo____wn
n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19
25. fall into di____ay
n. the state of disorganization or untidiness in a situation or place; a mental state characterized by a lack of clear and orderly thought and behavior
26. wh__k people from entrance to exit
v. to move something somewhere suddenly and quickly
27. co____ch killer
n. a flat, brown or black, chiefly nocturnal insects sometimes found in the home
28. s__b at the enemy with a knife
v. to cause harm with a sharp, pointed object, such as a knife
29. a rud____ry plant
adj. relating to basic facts or principles; fundamental
30. fl____sh economically
v. to grow or develop vigorously or successfully
31. ware a go__y hat
adj. silly or foolish
32. with a go__y expression
adj. silly or foolish
33. en____on the project's success
v. to imagine or expect what a situation will be like in the future
34. fl____sh worldwide
v. to grow or develop vigorously or successfully

ANSWERS: 22. stab, 23. unleash, 24. lockdown, 25. disarray, 26. whisk, 27. cockroach, 28. stab, 29. rudimentary, 30. flourish, 31. goofy, 32. goofy, 33. envision, 34. flourish

35. wh__k flies away *v.* to move something somewhere suddenly and quickly
36. exquisitely cho_____phed *v.* to compose a sequence of dance steps, often to music
37. rec_____er my transfer *v.* to think about a decision or opinion again to
38. un_____h a hound *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
39. with unf_____ng steps *adj.* marked by stability or firm resolution; not shakable
40. big mu_____he *n.* an unshaved growth of hair on the upper lip

ANSWERS: 35. whisk, 36. choreograph, 37. reconsider, 38. unleash, 39. unfaltering, 40. mustache

Session 3: Fill in the Blanks

1. The country's economic policies have led to political _____.
n. the state of disorganization or untidiness in a situation or place; a mental state characterized by a lack of clear and orderly thought and behavior
2. This room had a _____ glittering with crystals
n. a branched decorative light fixture designed to be mounted on ceilings or walls
3. For Jews, a bar _____ is an important social event.
n. (Judaism) a precept or commandment of the Jewish law
4. He had _____ the dance in this play himself.
v. to compose a sequence of dance steps, often to music
5. The _____ burst from the audience.
n. a demonstration of approval or praise by clapping the hands together
6. The general was still reluctant to _____ his troops in pursuit of an enemy.
v. to suddenly release a strong force, emotion, etc. that cannot be controlled
7. He was _____ many times with scissors.
v. to cause harm with a sharp, pointed object, such as a knife
8. Marsupials include koalas, _____ and kangaroos.
n. a small nocturnal marsupial found in America or Australia that lives in trees and carries its young in a skin pocket called a pouch
9. The country's prime minister has decided to implement a nationwide _____ measure.
n. an emergency policy for people, communities, or a country to stay where they are, usually due to specific risks, such as COVID-19

ANSWERS: 1. disarray, 2. chandelier, 3. mitzvah, 4. choreographed, 5. applause, 6. unleash, 7. stabbed, 8. possums, 9. lockdown

10. He has only a _____ knowledge of this topic.

adj. relating to basic facts or principles; fundamental

11. _____ rapidly until egg whites are foamy.

v. to move something somewhere suddenly and quickly

12. She wore a colorful-_____ scarf.

v. to show, do, or represent something according to a particular style, especially a conventional one

13. We should start a discussion from scratch with no _____ ideas.

adj. (of an idea or opinion) formed beforehand, especially without evidence for its truth or usefulness

14. The Ottoman Empire _____ for over five centuries.

v. to grow or develop vigorously or successfully

15. He acted on his _____ beliefs.

adj. marked by stability or firm resolution; not shakable

16. He made a _____ face as he recalled this morning's events.

adj. silly or foolish

17. The actor's _____ has become an icon.

n. an unshaved growth of hair on the upper lip

18. _____ sometimes cause allergic reactions in humans.

n. a flat, brown or black, chiefly nocturnal insects sometimes found in the home

ANSWERS: 10. rudimentary, 11. Whisk, 12. stylized, 13. preconceived, 14. flourished, 15. unfaltering, 16. goofy, 17. mustache, 18. Cockroaches

19. He humbly _____ his conduct.

v. to think about a decision or opinion again to

20. We cannot _____ her as President.

v. to imagine or expect what a situation will be like in the future

ANSWERS: 19. reconsidered, 20. envision